

**Lymphoedema update** GCOM 1 – minutes.

Lymphoedema: prevention and management in people with early, locally advanced, and advanced breast cancer (update) – committee meeting 1 minutes

**Date:** 3/5/2024

**Location:** Virtual

**Minutes:** Confirmed

<b>Committee members present:</b>		
Rakesh Heer	Chair	Present for items 1 -8
Yolande Borthwick	Lymphoedema expert	Present for items 1 -7
Nicola Day	Physiotherapist	Present for items 1 - 8
Joanne Fields	Clinical Nurse Specialist	Present for items 1 - 8
Janet Harris	Lay Member	Present for items 1 - 8
Claire Kelly	Clinical Oncologist	Present for items 1 -7
Tamsin Sargeant	Lay Member	Present for items 1 - 8
Hannah Seabrook	Clinical Psychologist	Present for items 1 - 8
Anita Sharma	General Practitioner	Present for items 1 - 8
Katie Riches	Lymphoedema expert	Present for items 1 -4, 6 - 8
Vimal Gokani	Plastic Surgeon	Present for items 1 - 8
Kai Yuen Wong	Plastic Surgeon	Present for items 1 - 8

<b>In attendance:</b>		
Omnia Bilal	Technical Analyst	Present for items 1 - 8
Chris Carmona	Technical Adviser	Present for items 1 - 8
Victoria Carter	Adoption & Implementation Manager	Present for items 1-3, 5 - 8
Lindsay Claxton	Health Economics Adviser	Present for items 1 - 8
Gareth Haman	Senior Guidance Content Designer	Present for items 1 - 8
Deb Hunter	Project Manager	Present for items 1 - 8
Alfredo Mariani	Senior Health Economist	Present for items 1 - 8
Adam Storrow	Resource Impact	Present for items 1 - 8
Ahmed Yosef	Technical Analyst	Present for items 1 - 8

<b>Apologies:</b>	
Kathryn Rigby	Breast Surgeon

## Lymphoedema update GCOM 1 – minutes.

Jean Ryan	Programme Manager
Katherine Saxby	Medicines Adviser
Daniel Tuvey	Senior Information Specialist

### 1. Welcome and objectives for the meeting

The Chair (RH) welcomed the committee members and NICE attendees to the first committee meeting for the Lymphoedema update to NICE guidelines:

- Early and locally advanced breast cancer: diagnosis and management guideline.
- Advanced breast cancer guideline

RH informed attendees that apologies had been received as noted above.

RH asked all committee members to verbally declare any interests. No new interests were declared.

### 2. Meeting Aims

RH introduced Chris Carmona (CC) Technical Adviser, who presented the aims of today's meetings and an explanation of methods used for the review.

CC then invited questions from the committee.

RH thanked CC for his presentation and the committee for their input.

### 3. Presentation of clinical evidence

RH introduced NICE Technical Analysts Omnia Bilal (OB) and Ahmed Yosef (AY) who presented the clinical evidence of the non-pharmacological management of lymphoedema for the review question: *In people who have, or have had, breast cancer and have lymphoedema, what non-pharmacological strategies are effective and cost-effective, for managing it?*

The presentation of evidence continued after a short comfort break.

RH thanked OB and AY for their presentation.

### 4. Presentation of Health Economics

RH introduced NICE Senior Health Economist Alfredo Mariani (AM) who presented the health economic evidence for the non-pharmacological management of lymphoedema.

RH thanked (AM) for his presentation and the committee for their input.

## **Lymphoedema update GCOM 1 – minutes.**

### **5. Introduction in Recommendation drafting**

Following a lunch break, RH introduced NICE Senior Guidance Content Designer Gareth Hamen (GH) who gave a presentation of the NICE methods for drafting recommendations.

GH then invited comments and questions from the committee.

RH thanked GH for his presentation and the committee for their input.

### **6 & 7. Discussion of draft recommendations**

The NICE team led a discussion of the draft recommendations with the committee, which continued after a short comfort break.

Draft recommendations were agreed.

RH thanked all for their input.

### **8. AOB, Summary and next steps**

RH gave the committee an overview of the next steps for the guideline, and thanked the committee for their contributions, summarised the main actions from the day and asked for items of any other business. As there was no further business to discuss, RH brought the meeting to a close.

**Date of next meeting:** 21/06/2024

**Location of next meeting:** Virtual