

**Lymphoedema update** GCOM 2 – minutes.

Lymphoedema: prevention and management in people with early, locally advanced, and advanced breast cancer (update) – committee meeting 2 minutes

**Date:** 21/6/2024

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Rakesh Heer	Chair	Present for items 1 -5
Nicola Day	Physiotherapist	Present for items 1 -5
Joanne Fields	Clinical Nurse Specialist	Present for items 1 -5
Janet Harris	Lay Member	Present for items 1 -5
Claire Kelly	Clinical Oncologist	Present for items 1 -5
Kathryn Rigby	Breast Surgeon	Present for items 1 -5
Tamsin Sargeant	Lay Member	Present for items 1 -5
Hannah Seabrook	Clinical Psychologist	Present for items 1 -5
Katie Riches	Lymphoedema expert	Present for items 1 -5
Vimal Gokani	Plastic Surgeon	Present for items 1 -5
Kai Yuen Wong	Plastic Surgeon	Present for items 1 -5

<b>In attendance:</b>		
Omnia Bilal	Technical Analyst	Present for items 1 -5
Chris Carmona	Technical Adviser	Present for items 1 -5
Victoria Carter	Adoption & Implementation Manager	Present for items 1 -5
Gareth Haman	Senior Guidance Content Designer	Present for items 1 -5
Deb Hunter	Project Manager	Present for items 1 -5
Alfredo Mariani	Senior Health Economist	Present for items 1 -5
Adam Storrow	Resource Impact	Present for items 1 -5
Ahmed Yosef	Technical Analyst	Present for items 1 -5

<b>Apologies:</b>	
Yolande Borthwick	Lymphoedema expert
Anita Sharma	General Practitioner
Lindsay Claxton	Health Economics Adviser
Katherine Saxby	Medicines Adviser

## Lymphoedema update GCOM 2 – minutes.

Daniel Tuvey

Senior Information Specialist

### 1. Welcome and objectives for the meeting

The Chair (RH) welcomed the committee members and NICE attendees to the second committee meeting for the Lymphoedema update to NICE guidelines:

- Early and locally advanced breast cancer: diagnosis and management guideline.
- Advanced breast cancer guideline

RH informed attendees that apologies had been received as noted above.

RH asked all committee members to verbally declare any interests. No new interests were declared.

### 2. Revisit Recommendations from GCOM 1

RH introduced Omnia Bilal (OB) Technical Analyst, who revisited the recommendations drafted at GCOM 1 and discussed equality considerations.

OB then invited discussion from the committee and recommendations were redrafted.

RH thanked OB for her presentation and the committee for their input.

### 3. Presentation of clinical evidence

After a short comfort break RH introduced NICE Technical Analyst Ahmed Yosef (AY) who presented the clinical evidence of the non-pharmacological strategies for the review question: *In people who have, or have had, breast cancer and have lymphoedema, what non-pharmacological strategies are effective and cost-effective, for preventing it?*

RH thanked AY for their presentation.

### 4. Discussion and drafting recommendations

RH facilitated a discussion of the evidence with the committee and NICE team, and drafted recommendations including equality considerations.

Draft recommendations were agreed.

RH thanked all for their input.

### 8. AOB, Summary and next steps

**Lymphoedema update** GCOM 2 – minutes.

RH gave the committee an overview of the next steps for the guideline, and thanked the committee for their contributions, and asked for items of any other business. As there was no further business to discuss, RH brought the meeting to a close.

**Date of next meeting:** 19/09/2024

**Location of next meeting:** Virtual