

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

School-based interventions: health promotion and mental well-being

2 Introduction

2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards, published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

3 This quality standard

This quality standard is expected to publish in February 2019.

3.1 Population and topic to be covered

This quality standard will cover interventions within primary and secondary schools to promote health and mental wellbeing of children and young people.

3.2 Key development sources (NICE and NICE-accredited sources)

Guidance that may be used as a primary source

- [Social and emotional wellbeing: early years](#) (2012) NICE guideline PH40
- [Physical activity for children and young people](#) (2009) NICE guideline PH17
- [Social and emotional wellbeing in secondary education](#) (2009) NICE guideline PH20
- [Social and emotional wellbeing in primary education](#) (2008) NICE guideline PH12

Recommendations relating to school based interventions are included in other [NICE guidance](#) and may be included in NICE-accredited sources. Where relevant these will be considered as development sources.

Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- British Psychological Society (2017) [Briefing paper: Children and young people's mental health \(CYPMH\): Schools and colleges](#)
- Department of Health and Social Care (2017) [Transforming children and young people's mental health provision: a green paper](#)
- Institute for Public Policy Research (2016) [Education, Education, Mental Health: Supporting secondary schools to play a central role in early intervention mental health services](#)
- National Children's Bureau (2016) [A whole school framework for emotional wellbeing and mental health](#)

- Public Health England (2016) [Healthy child programme 0 to 19: health visitor and school nurse commissioning](#)
- Department of Health and Social Care (2014) [Improving children and young people's health](#)
- Department of Health and Social Care (2014) [School nursing: public health services](#)
- NHS England (2014) [NHS Five Year Forward View](#)
- Public Health England (2014) [Supporting public health: children, young people and families](#)

3.3 Related NICE quality standards

In March 2012, the Department of Health and Social Care referred a library of quality standard topics for the NHS to NICE for development.

This quality standard will be developed in the context of all topics in the NICE [library of quality standards](#). School-based interventions: health promotion and mental well-being may cover a wide range of conditions and diseases.

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

4 Existing indicators

- Department of Health and Social Care [Public Health Outcomes Framework 2016 to 2019](#). 1.03 Pupil absence
- Department of Health and Social Care [Public Health Outcomes Framework 2016 to 2019](#). 1.05 16-18 year olds not in education, employment or training

5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).

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