

# Birch bark extract for treating epidermolysis bullosa

Information for the public

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[www.nice.org.uk](http://www.nice.org.uk)

Birch bark extract (Filsuvez) is available on the NHS as a possible treatment for partial thickness wounds associated with dystrophic and junctional epidermolysis bullosa in people aged 6 months and over.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. See [our webpage on making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

The [NHS webpage on epidermolysis bullosa](#) may be a good place to find out more.

These organisations can give you advice and support:

- [DEBRA – The Butterfly Skin Charity](#), 01344 771961
- [Genetic Alliance UK](#), 0300 124 0441

You can also get support from your local [Healthwatch](#).

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