

Inducing and maintaining normothermia using temperature modulation devices to improve outcomes after stroke or subarachnoid haemorrhage

Information for the public

Published: 28 July 2021

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This procedure can only be done as part of a research study. This is because there is not enough evidence to be sure how well it works or how safe it is.

Your healthcare professional should talk to you about the research.

When blood flow to the brain is suddenly interrupted by a blockage (ischaemia) or bleeding (haemorrhage), brain cells are damaged. This may result in a high body temperature, which can further damage brain cells. In this procedure, a temperature modulation device cools the body using pads placed on the skin or tubes put into the body. This gradually brings the body temperature within a normal range (normothermia) and keeps it there. The aim is to reduce brain damage and improve neurological outcomes.

The [NHS website](#) may have information on your condition and treatment options.

Is this procedure right for me?

You should be included in [making decisions about your care](#).

Your healthcare professionals should explain the risks and benefits of this procedure and how it is done. They should discuss your options and listen carefully to your views and concerns. They should offer you more information about the procedure. Your family or carers can be involved if you want or need them to be.

You will be asked to decide whether you agree (consent) to have the procedure. Find out more about [giving consent to treatment on the NHS website](#).

Some questions to think about

- How many appointments will I need?
- What are the possible benefits? How likely am I to get them?
- What are the risks or side effects? How likely are they?
- Will I have to stay in hospital?
- What happens if it does not work or something goes wrong?
- What happens if I do not want the procedure?
- Are other treatments available?

More information

- [NICE's information on interventional procedures guidance](#) explains what an interventional procedure is and how we assess it.
- [NICE's information on interventional procedures recommendations](#) explains what only in research means.

ISBN: 978-1-4731-4200-8