

# UroLift for treating lower urinary tract symptoms of benign prostatic hyperplasia

Information for the public

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[www.nice.org.uk](http://www.nice.org.uk)

NICE has said UroLift can be used in the NHS. It is used to treat lower urinary tract symptoms caused by an enlarged prostate in people with benign prostatic hyperplasia.

UroLift uses implants to hold the enlarged prostate away from the urethra so that it is not blocked. This relieves symptoms (such as difficulty urinating) and improves quality of life.

UroLift can be used instead of the standard treatments TURP (transurethral resection of the prostate) and HoLEP (holmium laser enucleation of the prostate). It is for people aged 50 and older with a prostate of 30 ml to 80 ml. The procedure is minimally invasive, so open surgery is not needed and it does not affect sexual function. It can usually be done without an overnight stay in hospital.

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