

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## Medical technologies evaluation programme

### Equality impact assessment: Topic selection and scoping

#### MT443 Sleepio for adults with poor sleep

The impact on equality has been assessed during this evaluation according to the principles of the [NICE Equality scheme](#).

**1.** Have any potential equality issues been identified during the development of the topic briefing note or during selection, and, if so, what are they?

Yes in the MIB the following equality considerations was identified:

Sleepio can only be used by people who have regular and reliable access to the website. The Sleepio app is currently only available for iOS mobile devices.

**2.** What is the preliminary view as to what extent these potential equality issues need addressing by the committee?

The Committee need to be made aware of it, as they routinely are, before making their considerations

**3.** Has any change to the draft scope been agreed to highlight potential equality issues?

Additional equality issues/considerations have been identified regarding its potential unsuitability to people with visual or cognitive impairment, problems with manual dexterity or learning disabilities. For those with limited English language skills and who are hard of hearing.

Sleepio can be used in pregnant women who are contraindicated for hypnotic medication.

**4.** Have any additional stakeholders related to potential equality issues been identified during the scoping process, and, if so, have changes to the stakeholder list been made?

No

**Approved by Associate Director:** Chris Chesters

**Date:** 23/11/2020