

## Rheumatoid arthritis (update) committee meeting

**Date:** 07/11/2016

**Location:** Boardroom, NGC, 180 Great Portland Street, London W1W 5QZ

**Minutes:** Confirmed

<b>Committee members present:</b>	
Stephen Ward (SW, Chair)	(Present for notes 1–4c)
Ann Bevan (ABe)	(Present for notes 1–5)
Ailsa Bosworth (ABo)	(Present for notes 1–5)
Vicky Chamberlain (VC)	(Present for notes 1–5)
Jennie Jones (JJ)	(Present for notes 1–5)
Bruce Kirkham (BK)	(Present for notes 1–5)
Hilary McKee (HM)	(Present for notes 1–5)
Frank McKenna (FMK)	(Present for notes 4b–5)
Anupama Nandagudi (AN)	(Present for notes 1–5)
Benjamin Parker (BPa)	(Present for notes 1–5)
Heidi Siddle (HS)	(Present for notes 1–5)
Louise Warburton (LW)	(Present for notes 1–5)

<b>In attendance:</b>		
Jane Lynn (JL)	Business-Analyst, Resource Impact Team, NICE	(Present for notes 1–5)
Alex Allen (AA)	Research Fellow, NGC	(Present for notes 1–5)
Serena Carville (SC)	Guideline Lead/Associate Director, NGC	(Present for notes 1–5)
Meredith Faust (MF)	Document Editor / Process Assistant, NGC	(Present for notes 1–5)

Lefteris Floros (LF)	Health Economist, NGC	(Present for notes 1–5)
Ben Pordes (BPo)	Acting Senior Project Manager, NGC	(Present for notes 1–5)
Jacqui Real (JR)	Senior Research Fellow, NGC	(Present for notes 1–5)

<b>Observers:</b>
None

<b>Apologies:</b>	
Caroline Keir (CK)	Guidelines Commissioning Manager, NICE
Joanna Ashe (JA)	Senior Information Specialist, NGC

### 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the second meeting on Rheumatoid Arthritis. The committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

### 2. Declarations of interest

The Chair asked everyone to declare verbally any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Bruce Kirkham	Consultant Rheumatologist, Guy's & St Thomas' NHS Foundation Trust	Participant at 2016 American College of Rheumatology Meeting. AbbVie Limited paid airfare, registration and hotel expenses.	Personal, financial, non-specific	Declare and participate
Anupama Nandagudi	Consultant Rheumatologist, Basildon and Thurrock University Hospital NHS Trust	IMS market research: use of biologics in RA (£75; reimbursed)	Personal, non-financial, non-specific	Declare and participate

Anupama Nandagudi	Consultant Rheumatologist, Basildon and Thurrock University Hospital NHS Trust	Genactis market research: RA treatment especially biologics (£200; reimbursed)	Personal, non-financial, specific	Declare and participate
Anupama Nandagudi	Consultant Rheumatologist, Basildon and Thurrock University Hospital NHS Trust	Market research: Ankylosing spondylitis (AS), Lupus (~£100)	Personal, financial, non-specific	Declare and participate
Heidi Siddle	Principal Podiatrist, Leeds Teaching Hospitals NHS Trust	Invited to lead a breakout workshop on podiatry at the 2017 UK GRAPPA workshop on Friday 27 January 2017. Meeting sponsored by Janssen UK.	Personal, non-financial, non-specific	Declare and participate
Louise Warburton	GP with special interest in Musculoskeletal Medicine, Telford Musculoskeletal Service	Speaking at the NAPC's Best Practice conference on low back pain. 19–20 October in Birmingham.  The organisers provide travel expenses only.	Personal, non-financial, non-specific	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of the last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. There were no amendments.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations and discussion

- a) JR presented the evidence for the review question 'What is the clinical and cost effectiveness of analgesics?' for the Committee's review.
- b) JR presented the protocol for the review question "In adults with rheumatoid arthritis, what sequence of single and combined conventional DMARDs is most clinically and cost effective?" for the Committee's review and input. JR

presented the corticosteroid protocols in RA for the Committee's review and input.

c) JR presented the following corticosteroid in RA protocols for the GC's review:

- Long-term use
- Short-term use (remission induction)
- Short-term use (flares)

d) JL presented the NICE Resource Impact process.

e) JR presented the proposed review question list for the Committee's review and input.

f) LF presented the health economics prioritisation for the Committee's review and input.

#### **5. Any other business**

The Committee did not raise any other business.

**Date of next meeting:** 19/12/2016

**Location of next meeting:** Boardroom, National Guideline Centre, 5th Floor,  
180 Great Portland St, London W1W 5QZ