



Evidence reviews – August 2018

Evidence review

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The following documents contain the evidence that was used to develop the recommendations:

- [Evidence discussion for sections 1.1 and 1.2](#)
- [Evidence review 1](#): Providing information on health and wellbeing
- [Evidence review 2](#): Offering advice or education to promote health and wellbeing
- [Evidence review 3](#): Offering behavioural support to promote health and wellbeing
- [Evidence review 4](#): Signposting and referral to other services and support
- [Appendix B](#): Search strategies
- [Appendix K](#): Excluded studies
- [Appendix M](#): Expert testimony
- [Recommendations for research: in detail](#)