

Post-traumatic stress disorder (PTSD) (update) Committee meeting 5

Date: 06/06/17 – 07/06/17

Location: RCOG, London

Minutes: Final

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 6)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL) (until 15.10 on day 1 only)	(Present for notes 1 – 5)
Neil Greenberg (NGb) (all day on day 1, pm only on day 2)	(Present for notes 1 – 6)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK) (until 15.45 on day 1, all day on day 2)	(Present for notes 1 – 6)
Jonathan Leach (JL) (until 15.45 on day 1, am only on day 2)	(Present for notes 1 – 5)
Andy Pike (AP) (until 10.45 on day 1 only)	(Present for notes 1 – 3)
Richard Meiser-Stedman (RMS)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
Victoria Touzel (VT) (day 2 only)	(Present for notes 4 – 6)
David Trickey (DT) (day 1 only)	(Present for notes 1 – 5)

In attendance:		
Clifford Middleton (from 10.15 on day 2 only)	NICE Guidelines Commissioning Manager	(Present for notes 4 – 6)
Anne Carty (AC) (day 1 10.00 – 12.00, 15.00 – 17.00, day 2 until 11.00)	NGA Project Manager	(Present for notes 1 – 5)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Moira Mugglestone (MM)	NGA Director of Methodology and Guideline Lead	(Present for notes 1 – 6)
Ifigeneia Mavranouzouli (IM) (day 2 only)	NGA Senior Health Economist	(Present for notes 4 – 6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1 – 6)
Emma Seymour (ES)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Fionnuala O'Brien (FOB) (covering for AC) (day 2 from 11.00)	NGA Project Manager	(Present for notes 4 – 6)
Lisa Boardman (LB) (am only on day 1, all day on day 2)	NGA Guideline Lead	(Present for notes 1 – 6)

Apologies:	
Sadia Janjua (SJ)	NGA Systematic Reviewer

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the fifth meeting for the post-traumatic stress disorder (PTSD) guideline update.</p> <p>The Chair informed the Committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none"> • presenting the evidence for psychological, psychosocial and other non-pharmacological treatment and prevention for PTSD in children and young people • revisiting the evidence already presented on pharmacological treatment and

prevention of PTSD in children and young people

- planning the health economic modelling.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Neil Greenberg	Professor of Defence Mental Health, King's College London	Previously declared on 15th September 2016 Director/owner of March on Stress Ltd (www.marchonstress.com), a small company that provides training to organisations to improve their staff's psychological resilience to traumatic and non-traumatic stress; the company also provides clinical services for non-psychotic mental health conditions. Part of the provision is for TRiM (trauma risk management) training.	Personal, financial specific	No participation in drafting recommendations about TRiM (or competitor interventions if any evidence is identified in relation to TRiM)
Cornelius Katona	Medical Director, Helen Bamber Foundation	Organisation receives research funding for clinical trial work in narrative exposure therapy and compassionate mind therapy.	Non-personal, financial, specific	Declare and participate
David Trickey	Consultant Clinical Psychologist, Anna Freud National Centre for Children and Families	Organisation received funding to provide evidence-based interventions for PTSD.	Non-personal, financial, specific	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

4. Presentations

The Chair introduced ES to the Committee who presented a reminder of the evidence already presented on pharmacological treatment for PTSD in children and young people. ES also presented the evidence found for psychological, psychosocial and other non-pharmacological treatment for children and young people with PTSD. ES took questions from the group.

The Chair introduced IM to the Committee who presented the health economic evidence for psychological, psychosocial and other non-pharmacological treatment for children and young people with PTSD. IM took questions from the group.

The Chair introduced FOB to the Committee who gave a presentation on the updated expenses policy. FOB took questions from the group.

The Chair introduced OMV to the Committee who presented a reminder of the evidence found for pharmacological prevention of PTSD in children and young people and the evidence found for psychological, psychosocial and other non-pharmacological prevention of PTSD in children and young people. OMV took questions from the group.

5. Questions and discussion

The Committee discussed all the evidence on the treatment and prevention of PTSD in children and young people, including recapping of evidence presented at previous meetings and drafted recommendations based on this evidence.

The Committee discussed potential further work with children and young people with PTSD.

The Committee discussed the potential for health economic modelling related to the guideline review questions.

6. Any other business

AP resigned from the Committee.

The Chair reminded the committee that the next meeting would be held on 18 July

2017 at the RCOG.

Date of next meeting: 18/07/17

Location of next meeting: RCOG, London