

#### 4.0.03 DOC Cmte minutes

### Post-traumatic stress disorder (PTSD) (update) Committee meeting 7

**Date:** 7<sup>th</sup> September

**Location:** RCOG, London

**Minutes:** Final

<b>Committee members present:</b>	
Steve Hajioff, Chair (SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 6)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL)	(Present for notes 1 – 6)
Neil Greenberg (NGb) (until 16.25)	(Present for notes 1 – 5)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK)	(Present for notes 1 – 6)
Jonathan Leach (JL) (until 13.00)	(Present for notes 1 – 5)
Richard Meiser-Stedman (RMS)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
David Trickey (DT)	(Present for notes 1 – 6)
Victoria Touzel (VT)	(Present for notes 1 – 6)

#### 4.0.03 DOC Cmte minutes

<b>In attendance:</b>		
Clifford Middleton (CM)	NICE Guidelines Commissioning Manager	(Present for notes 1 – 6)
Jade Fortune (JF)	NICE Field Team	(Present for notes 1 – 6)
Anne Carty (AC)	NGA Project Manager	(Present for notes 1 – 6)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Ifigeneia Mavranouzouli (IM)	NGA Senior Health Economist	(Present for notes 1– 6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1 – 6)
Lisa Boardman (LB)	NGA Guideline Lead	(Present for notes 1 – 6)
Sadia Janjua (SJ)	NGA Systematic Reviewer	(Present for notes 1 – 6)

<b>Apologies:</b>	
Gita Bhutaini	Committee member
Patrice Carter	NGA Systematic Reviewer
Emma Seymour (ES)	NGA Systematic Reviewer

<b>1. Welcome and objectives for the meeting</b>
<p>The Chair welcomed the Committee members and attendees to the seventh meeting for the post-traumatic stress disorder (PTSD) guideline update.</p> <p>The Chair informed the Committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none"><li>• presentation of a draft plan for upcoming meetings</li><li>• presentation for the evidence and drafting recommendations for psychological interventions for adults with PTSD excluding trauma-focused CBT</li></ul>
<b>2. Confirmation of matter under discussion, and declarations of interest</b>
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.</p>

#### 4.0.03 DOC Cmte minutes

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest	Type of interest	Decision taken
Neil Greenberg	Professor of Defence Mental Health, King's College London	Previously declared on 15th September 2016 Director/owner of March on Stress Ltd (www.marchonstress.com), a small company that provides training to organisations to improve their staff's psychological resilience to traumatic and non-traumatic stress; the company also provides clinical services for non-psychotic mental health conditions. Part of the provision is for TRiM (trauma risk management) training.	Personal, financial specific	No participation in drafting recommendations about TRiM (or competitor interventions if any evidence is identified in relation to TRiM)
Jonathan Leach	General Practitioner, Davenal House Surgery	Joint honorary secretary of the Royal College of GPs	Personal, financial non-specific	No further action

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee confirmed that minutes were a true and accurate account of the meeting.

### 4. Presentations

The Chair introduced LB to the Committee who presented the draft plan for the upcoming meetings. LB took questions from the group. The Chair introduced OMV to the Committee who presented the evidence for psychological interventions for adults with PTSD excluding trauma-focused CBT. OMV took questions from the group.

The Chair introduced AC to the Committee who presented information on video conferencing. AC took questions from the group.

#### 4.0.03 DOC Cmte minutes

<b>5. Questions and discussion</b>
The Committee discussed the the evidence presented for for psychological, psychosocial and other non-pharmacological prevention of PTSD in adults and made recommendations.
<b>6. Any other business</b>
The Chair reminded the committee that the next meeting would be held on 24 and 25 October at the RCOG

**Date of next meeting:** 24 & 25/10/2017

**Location of next meeting:** RCOG, London