



Evidence reviews – December 2018

Evidence review

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In December 2018 we reviewed the evidence for post-traumatic stress disorder in the following areas:

- [Psychological, psychosocial and other non-pharmacological interventions for the prevention of PTSD in children](#)
- [Psychological, psychosocial and other non-pharmacological interventions for the treatment of PTSD in children and young people](#)
- [Psychological, psychosocial and other non-pharmacological interventions for the prevention of PTSD in adults](#)
- [Psychological, psychosocial and other non-pharmacological interventions for the treatment of PTSD in adults](#)
- [Pharmacological interventions for the prevention and treatment of PTSD in children](#)
- [Pharmacological interventions for the prevention and treatment of PTSD in adults](#)
- [Psychological and psychosocial interventions for family members of people at risk of, or with, PTSD](#)
- [Principles of care](#)
- [Organisation and delivery of care for people with PTSD](#)
- [Care pathways for adults, children and young people with PTSD](#)

See the [guideline scope](#) for more information about why we decided to update the guideline.