2024 exceptional surveillance of suspected cancer: recognition and referral (NICE guideline NG12)

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Surveillance proposal

We will update the section on ovarian cancer in the NICE guideline on suspected cancer.

The NICE guideline on suspected cancer was developed in 2015 and covers identifying children, young people and adults with symptoms that could be caused by cancer. It includes recommendations on the symptoms and signs that warrant investigation and referral for suspected cancer. The guideline updated recommendations on suspected cancer pathway referrals in line with <u>NHS England's standard on faster diagnosis of cancer</u> in 2023. It underwent exceptional reviews in 2021, 2022 and 2024 and a surveillance review in 2020 (see <u>supporting evidence</u>). The original guideline used a greater than or equal to 3% positive predictive value (PPV) as a symptom threshold for referral or investigation. However, there are exceptions to this threshold for children, young people, and certain tests.

The NHS England (NHSE) National Cancer Programme (NCP) has conducted a series of tumour site reviews for various cancers including ovarian cancer to identify opportunities for improving earlier diagnosis. These tumour site reviews include an examination of the NICE guideline and other relevant guidance, a search of scientific literature, as well as input from clinical experts and stakeholders. Each tumour site review concludes with a summary of findings and suggestions.

The purpose of this exceptional review is to examine the impact on the ovarian cancer recommendations in the NICE guideline through the assessment of NHSE NCP tumour site review for ovarian cancer and other relevant intelligence.

Methods

The exceptional surveillance process consisted of:

- Reviewing findings from NHSE NCP tumour site review against NICE's guideline on suspected cancer.
- Considering relevant information from previous surveillance reviews of the guideline.
- Considering the evidence used to develop the guideline in 2015.

- Examining related NICE guidance and quality standards.
- Examining the NICE event tracker for relevant ongoing and published events.
- Assessing the new evidence and information, including intelligence collated from NICE enquires, against current recommendations to determine whether or not to update sections of the guideline.

For further details about the process and the possible update decisions that are available, see ensuring that published guidelines are current and accurate in developing NICE guidelines: the manual.

Information considered in this exceptional surveillance review

Ovarian cancer

The ovarian cancer recommendations in NICE's guideline on suspected cancer were derived from <u>NICE's guideline on ovarian cancer</u>. The related recommendations have not been updated since 2011. NICE's guideline on ovarian cancer underwent an <u>exceptional surveillance review in 2017</u>, after considering all the evidence and views of topic experts, a decision was made that no update was necessary. In October 2023, <u>recommendation 1.1.1.1</u> and <u>recommendation 1.1.2.3</u> were updated in line with <u>NHS England's standard on faster diagnosis of cancer</u> (see the <u>guideline's update information</u>). NICE also has a <u>clinical knowledge summary (CKS) on managing a woman with suspected ovarian cancer</u>, last revised in May and August 2023 (see the <u>changes for the CKS</u>). The summary in this CKS is largely based on the NICE guidelines on suspected cancer and ovarian cancer. We identified an ongoing study, <u>ROCKeTS</u>, a UK-based phase 3 prospective study aiming to identify and validate diagnostic tests for estimating ovarian cancer probability in symptomatic women.

Impact assessment of the NHSE NCP tumour site review against recommendations in NICE's guideline on suspected cancer

NHSE NCP	NICE	Impact
The NHSE NCP tumour site	Recommendations 1.5.1 to 1.5.9 state	We propose
review suggests that current	that 'lf serum CA125 is 35 IU/ml or	to update
evidence shows that CA125 has	greater, arrange an ultrasound scan of	relevant
a significantly higher PPV	the abdomen and pelvis'.	sections on
(10.1% versus 0.81%) than	Concerns were raised in the 2020	CA125
initially estimated in the NICE	surveillance review about limiting	threshold
quideline. Additionally, the	ultrasound scans to women with	and age
test's PPV varies considerably	elevated CA125, potentially leading to	specific
depending on the patient's age	missed early tumour detections.	PPVs in
(Funston et al. 2020 and	However, no new relevant evidence	NICE's
Funston et al. 2021).	supporting that concern was found at	guidelines
The retrospective cohort study	the time.	on
in the UK (Funston et al. 2020),	During the guideline development, the	suspected
analysed data from electronic	guideline development group (GDG)	
health records and included	reviewed the combination of raised	cancer
50,870 women who underwent	serum CA125 levels and sequential	based on
the CA125 test. The study	ultrasound of the abdomen. There was	the
indicated that the included	no direct evidence comparing serum	examination
population was assumed to be	CA125, morphological ultrasound and	of the new
symptomatic because CA125	pelvic examination in women with	evidence.
testing in UK primary care is	symptoms in primary care. Indirect	Wealse
usually carried out for	evidence came from systematic reviews	proposo the
individuals with symptoms.	of these tests in secondary care or in	propose the
Among the 50,780 women	screening studies. Due to the	further
tested, 456 (0.9%) had ovarian	differences in case mix between these	explore the
cancer, and 1,321 (2.6%) had	settings, it is likely that the tests	
non-ovarian cancer. For women	performed differently in each setting.	and utility
with CA125 levels \geq 35 U/ml:	The GDG indicated that serum CA125	of dual and
3.4% of those aged <50 years	and sequential ultrasound reduce the	concurrent
had ovarian cancer, while 15.2%	number of women who would be	screenina
of those aged \geq 50 years had	referred, although a greater proportion	with CA125
ovarian cancer. Additionally,	of symptomatic women would be	and
20.4% of those aged \geq 50 years	directed to the right pathway more	ultrasound,
with CA125 levels \geq 35 U/ml had	promptly. While adopting a sequential	whether it

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NHSE NCP	NICE	Impact	
non-ovarian cancer. A CA125 value of 53 U/ml corresponded			
value of 53 U/ml corresponded to a 3% probability of ovarian cancer and overall, this varied by age. Age specific values of CA125 were 104 U/ml in 40 year old women and 32 U/ml in 70 year old women. The limitation of the study includes not considering potential confounding factors influencing CA125 levels, such as race and smoking. The further retrospective cohort study (Funston et al. 2021) using cancer registry data (n=456) aimed to examine the CA125 test to diagnosis interval, and the stage of ovarian cancer at diagnosis, in women with normal (<35 U/ml) and abnormal (≥35 U/ml) CA125 levels. Those with abnormal CA125 levels had a median test to diagnosis interval of 35 days, while it was 64 days for those with normal CA125 levels. Women with normal CA125 levels tended to have indolent tumours and were more frequently diagnosed at an early stage of the disease. The study concluded that, despite the longer intervals between testing and diagnosis in women with normal CA125 levels, it remains uncertain whether	strategy as recommended means that some women with ovarian cancer would be missed in the first instance, the view of the GDG was that this was a sensible and pragmatic decision as those women whose symptoms persist would subsequently reattend and be referred. The health economic modelling identified that serum CA125 was the most cost-effective first test as opposed to ultrasound or ultrasound and serum CA125 in combination. It was recognised that there would be an impact on health service resources and women tested due to the low prevalence of ovarian cancer in the symptomatic patient group. Equally, it was felt that to ensure symptomatic women were placed along the correct pathway as soon as possible, it could only be achieved using such a sequential testing strategy.	improves diagnosis or reduces mortality rates associated with ovarian cancer. We will continue to monitor the ROCkeTS study and will assess its impact when it is published.	

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NHSE NCP	NICE	Impact
employing more sensitive		
testing approaches that could		
expedite diagnosis would lead		
to earlier stage diagnosis of		
ovarian cancer.		
The NHSE NCP tumour site		
review suggests that NICE		
update the recommendations		
on ovarian cancer by adopting		
dual testing (CA125 and		
ultrasound concurrently) and		
introducing age specific CA125		
thresholds in primary care. The		
NHSE NCP tumour site review		
did not provide evidence		
supporting the concurrent use		
of CA125 and ultrasound in		
symptomatic women.		

Equalities

No equalities issues were identified during the surveillance process.

Overall decision

We propose to update the CA125 threshold and age specific PPVs for ovarian cancer in NICE's guidelines on suspected cancer and ovarian cancer. We will also continue to monitor the ROCkeTS study and will assess its impact when it is published.

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