

Hypertension in pregnancy: risk of recurrence of hypertensive disorders of pregnancy

Advise women with antihypertensive disorders of pregnancy that the overall risk of recurrence in future pregnancies is approximately 1 in 5

Prevalence of hypertensive disorder in a future pregnancy	Any hypertension in pregnancy	Pre-eclampsia	Gestational hypertension
Any hypertension	Approximately 21% (1 in 5 women)	Approximately 20% (1 in 5 women)	Approximately 22% (1 in 5 women)
Pre-eclampsia	Approximately 14% (1 in 7 women)	Up to approximately 16% (1 in 6 women) If birth was at 28 to 34 weeks: approximately 33% (1 in 3 women) If birth was at 34 to 37 weeks: approximately 23% (1 in 4 women)	Approximately 7% (1 in 14 women)
Gestational hypertension	Approximately 9% (1 in 11 women)	Approximately 6% to 12% (up to 1 in 8 women)	Approximately 11% to 15% (up to 1 in 7 women)
Chronic hypertension	Not applicable	Approximately 2% (up to 1 in 50 women)	Approximately 3% (up to 1 in 34 women)



For pre-eclampsia, no evidence was identified for women who gave birth at less than 28 weeks, but the committee for the 2010 guideline (NICE guideline CG107) agreed that the risk was likely to be at least as high, if not higher, than that for women who gave birth between 28 and 34 weeks.