



Endorsed resource – Low mood: Help or support in the NHS i- THRIVE Grid’ and ‘Low mood: Support outside the NHS i- THRIVE Grid

Implementation support

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The [Anna Freud National Centre for Children and Families](#) and [The Tavistock and Portman NHS Foundation Trust](#) have produced [patient decision aids](#) that support the implementation of recommendations in the [NICE guideline on depression in children and young people](#). These tools should be used by a trained healthcare professional, in consultation with a patient.

Disclaimer

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