

**Alcohol: School-based interventions (update) Committee meeting**
**Date:** 18/10/2018

**Location:** London

**Minutes:** Final

<b>Committee members present:</b>		
David Croisdale-Appleby (Chair)		(Present for notes 1– 13)
Janis Baird (Vice-Chair)		(Present for notes 1– 12)
Joanne Boyd (Topic expert)		(Present for notes 1– 13)
Ross Cowan (Lay member)		(Present for notes 1– 13)
Hiten Dodhia		(Present for notes 1– 13)
Rose Durban		(Present for notes 1– 13)
Eileen Kaner		(Present for notes 1– 13)
Patrick Saunders		(Present for notes 1– 13)
Jeremy Segrott (Topic Expert)		(Present for notes 1– 13)
Jasmine Murphy		(Present for notes 1– 13)
Dorothy Newbury-Birch (Topic Expert)		(Present for notes 1– 13)
Kirsty Blenkins (PHE topic advisor)		(Present for notes 1– 13)
Sallyann Sutton (Co-opted member)		(Present for notes 1– 13)

<b>In attendance:</b>		
Hugh McGuire	Technical Adviser, NICE	(Present for notes 1– 13)
Sarah Boyce	Technical Analyst, NICE	(Present for notes 1– 13)
Lise Elliott	Programme Manager, NICE	(Present for notes 1– 13)
Danielle Conroy	Project Manager, NICE	(Present for notes 1– 13)
Sarah Willett	Associate Director, NICE	(Present for notes 1– 13)
Lesley Owen	Health Economic Adviser, NICE	(Present for notes 1– 13)
Nick Staples	Guideline Commissioning Manager	(Present for notes 8 – 13)
Leonie Gregson	Digital Editor, NICE	(Present for note 7 only)
Aase Villadsen	Expert witness	(Present for notes 7– 13)
GJ Melendez	Expert witness	(Present for notes 7– 13)
Jonathan Baggaley	Expert witness	(Present for notes 10 – 13)

## PHAC 5 minutes

<b>Observers:</b>	
Aedin McSloy	NICE
Lucie Collinson	NICE
Shreya Shukla	NICE
Anna Sparshatt	NICE
<b>Apologies:</b>	
Vivienne Evans	Topic expert
<b>1. Welcome, apologies and objectives for the meeting</b>	
<p>The Chair welcomed the Committee members and attendees to meeting 5 on Alcohol: school based interventions update.</p> <p>1 member of the public asked to observe the meeting and was introduced to the meeting, following declarations of interests by committee members.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none"><li>• Discuss the qualitative evidence</li><li>• Discuss the quantitative evidence</li><li>• Hear expert testimony to cover gaps in the evidence</li></ul>	
<b>Introductions</b>	
<b>2. Confirmation of matter under discussion, and declarations of interest</b>	
<p>The Chair confirmed that for the purpose of managing conflicts of interest, the matter under discussion was Alcohol: school-based interventions.</p> <p>The Chair asked everyone to verbally declare any interests that have arisen since the last meeting, or were not included in the distributed DOI registry.</p> <p>None were declared</p>	
<b>3. Minutes of the Previous Meeting</b>	
<p>The meeting agreed that the minutes were a fair representation of the previous meetings business.</p>	
<b>4. Qualitative review: presentation and discussion of findings</b>	

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The Chair introduced Sarah Boyce, Technical Analyst at NICE who presented the evidence review of acceptability of universal school-based alcohol interventions.

The qualitative findings for RQ 1.1, 1.2 and 1.3 included the challenges for delivering alcohol interventions, who should deliver them and how they should be delivered.

Sarah presented the qualitative evidence for targeted school-based interventions and the Committee had the opportunity to discuss the findings.

### **5. Presentation of all quantitative evidence**

Sarah Boyce presented a summary of the quantitative evidence and led the discussion on the findings for universal school-based interventions, outside classroom interventions and multi-component interventions.

### **6. Discussion**

The Committee discussed what recommendations they would make if they were to make a recommendation offering school-based interventions.

It was considered that a whole school approach was important and clear signposting to appropriate screening tools, resources and interventions would be helpful.

The Committee discussion included what interventions appeared to work, how and who should deliver them, whether there should be a parental component and the importance of provider training.

The Committee were mindful of the change of technology, culture and environment since the date of some of the studies and suggested draft recs including areas for future research.

### **7. NICE Pathways**

The Chair introduced Leonie Gregson, Senior Digital Editor at NICE who provided an introduction to NICE Pathways and asked for volunteers to provide input and review the draft pathway during consultation. There would be another chance to review the pathway before publication.

The NICE team agreed to pass on the member details to Leonie to arrange the teleconference.

The Chair thanks Leonie for her contribution to the meeting.

### **8. Expert Testimony**

The Chair introduced Dr Aase Villaden, Centre for Longitudinal Studies, who gave expert testimony to cover the gap in evidence of age at first drink and age at first

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experience of drunkenness.

Aase gave a presentation on the findings of the age 14 survey on “Risky behaviours: prevalence in adolescence” from the Millennium Cohort Study. This included information on age of first trying alcohol and binge drinking by gender, age and country.

### **9. Discussion**

The Committee were given the opportunity to ask questions and discuss the findings.

The Committee considered the evidence, including the predictors of binge drinking at age 14, in relation to making recommendations.

It was agreed that Aase would provide more information regarding schools and will include these figures in her report.

The Chair thanked Aase for her contribution to the meeting.

### **10. Expert testimony 2**

The Chair introduced Dr GJ Melendez-Torres, DECIPHer at Cardiff University who gave expert testimony to cover the gap in evidence on adverse effects.

GJ gave a presentation on adverse effects and pathways to harm in relation to public health interventions. This included dark logic models and two key types of harm: paradoxical effects and harmful externalities for the Committee to consider.

The Committee were given the opportunity to ask questions and discuss the findings.

The Committee considered the evidence in relation to making recommendations including contextual gaps, risk and the possibility that focused interventions could open mechanism for harm and what works in a universal setting may not give the same results in a targeted population.

The Chair thanked GJ for his contribution to the meeting.

### **11. Expert testimony 3**

The Chair introduced Jonathan Baggaley, Chief Executive at PSHE Association, who gave expert testimony to provide information on the forthcoming changes for mandatory Health Education as part of PSHE.

Jonathan outlined the PHSE Association’s priorities for statutory PHSE education. If passed guidance could be available for schools to deliver from Summer 2019.

Jonathan presented the key principles of PSHE (Personal, Social and Health

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Education) including what is effective and how this could relate to alcohol education in primary and secondary schools.

### **12. Discussion**

The Committee considered the testimony in relation to making recommendations.

The Committee discussed possible areas for research, potential resource impact, the school environment and how alcohol education could be delivered and quality assessed.

The Chair thanked Jonathan for his contribution to the meeting.

### **13. Summary of the day and plan for day 2**

The Chair recapped what had been discussed and outlined the schedule for the next meeting.

**Date of next meeting:** 19/10/2018

**Location of next meeting:** Prince of Wales Suite, NICE Offices, London