

Thyroid Disease Committee meeting 1

Date: 11/01/2018

Location: NGC Boardroom, Royal College of Physicians

Minutes: Final

Committee members present:	
Sarah Fishburn (SF)	(Present for notes 1 – 4)
Kristien Boelaert (KrB)	(Present for notes 1 – 4)
Anh Tran (AT)	(Present for notes 1 – 4)
Renee Hoenderkamp (RH)	(Present for notes 3.5 – 4)
Bijay Vaidya (BV)	(Present for notes 1 – 4)
Simon Pearce (SP)	(Present for notes 1 – 4)
Timothy Cheetham (TC)	(Present for notes 1 – 4)
Annette Furley (AF)	(Present for notes 1 – 4)
Mary Newton (MN)	(Present for notes 1 – 4)
Jean Munday (JM)	(Present for notes 1 – 4)

In attendance:		
Carlos Sharpin (CS)	Associate Director/Guideline Lead	(Present for notes 1 – 4)
Dalia Dawoud (DD)	Senior Health Economist	(Present for notes 1 – 4)
Shama Mahammed (SM)	Health Economist	(Present for notes 1 – 4)
James Gilbert (JG)	Senior Research Fellow	(Present for notes 1 – 4)
Joseph Runicles (JR)	Information Specialist	(Present for notes 1 – 4)
Katie Broomfield (KB)	Document Editor/Process Assistant	(Present for notes 1 – 4)
Melina Vasileiou (MV)	Research Fellow	(Present for notes 1 – 4)
Ben Doak (BD)	Guideline Commissioning Manager	(Present for notes 1 – 4)
Jill Peacock (observer)	Guideline Coordinator	(Present for notes 1 – 4)
Mark Rasburn	Patient Involvement Programme Manager	(Present for notes 1 – 4)

Apologies:

Renuka Dias	Guideline Committee
Philip Newland-Jones	Guideline Committee

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the first meeting on Thyroid Disease. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting.

Introductions**2. Confirmation of matter under discussion, and declarations of interest**

The Chair asked everyone to verbally declare any interests that have arisen since application. The following new interests were received for this committee meeting:

Committee Declarations of Interest			
N.B. The Chair and Committee members were recruited to this guideline using NICE DOI policy published Sept 2014.			
Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
KB	Senior Editor for Endocrine Connections (2014-) and BMC Endocrine Disorders (2017-)	Direct Non-financial Specific	No action other than the process of open declaration
	Editorial Board Member of Lancet Diabetes & Endocrinology (2015-), Thyroid (2013-), Journal of Endocrine Investigation (2014-)	Direct Non-financial Specific	No action other than the process of open declaration
	Society for Endocrinology Clinical Committee Member (2018-)	Direct Non-financial Specific	No action other than the process of open declaration
	American Thyroid Association Research Committee Member (2018-)	Direct Non-financial Specific	No action other than the process of open declaration

	NCRI Thyroid Subgroup Committee Member	Direct Non-financial Specific	No action other than the process of open declaration
	Clinical Advisor to the British Thyroid Foundation answering patient queries	Direct Non-financial Specific	No action other than the process of open declaration
	Member of the Working Panel for the RCOG/BTA Green Top Guideline: Thyroid Disease in Pregnancy	Direct Non-financial Non-specific	No action other than the process of open declaration
	Co-investigator on DAVIAD trial of immunological treatment for Graves' Disease (first in man trial)	Indirect Financial Specific	No action other than the process of open declaration
	Co-investigator on NIHR/HTA funded ELATION trial (Ultrasound Elastography in the diagnosis of thyroid malignancy)	Indirect Financial Specific	No action other than the process of open declaration
	Co-investigator on MRC/EME funded TABLET trial (Efficacy and mechanism of T4 treatment on pregnancy and neonatal outcome in women with thyroid antibodies)	Indirect Financial Non-specific	No action other than the process of open declaration
	Co-investigator on MRC DPFS Project Grant (Adjuvant Rituximab – a potential cure for the young patient with Graves' hyperthyroidism)	Indirect Financial Specific	No action other than the process of open declaration
	Facilitator on Society for Endocrinology Clinical Update Course (2017, 2018)	Direct Non-financial Non-specific	No action other than the process of open declaration
	Lead for National Training Scheme for Use of Radioiodine in Benign Thyroid Diseases	Direct Non-financial Specific	No action other than the process of open declaration
	Several original research and review publications as well as book chapters in the field of thyroid diseases.	Direct Non-financial Specific	No action other than the process of open declaration
	Recruited a patient for Apitope study. Department only received payment, no personal payment. NGC note: Apitope is a clinical stage biotech company developing potential first-in-class antigen-specific immunotherapeutics targeting the immunological basis of autoimmune diseases.	Indirect Financial Non-specific	No action other than the process of open declaration

	Paper to be submitted to JCI Insight on homozygous loss-of-function mutations in the SLC26A7 gene cause goitrous congenital hypothyroidism	Direct Non-financial Non-specific	No action other than the process of open declaration
TC	Chief Investigator in two trials involving thyrotoxicosis, one is finishing and one is ongoing (MRC). Adjuvant Rituximab - a potential treatment for the young patient with Graves' hyperthyroidism. MRC Reference: MR/N006607/. IRAS ID Number:185463 A randomised study of two anti-thyroid drug treatment regimens in young people with thyrotoxicosis. ISRCTN82088322. Clinicaltrials.gov number: NCT01436994	Indirect Financial Specific	No action other than the process of open declaration
	Chair of the Joint Standing Committee (JSC) on Screening for Congenital Hypothyroidism (CHT) - a key aim of this committee is to provide strategic advice and guidance to the NBS Screening Programme to promote and support continuous quality improvement in the CHT programme.	Direct Non-financial Specific	No action other than the process of open declaration
	<u>Publications on paediatric thyroid disease:</u> Editorial for thyroid disease in childhood about inadequacy of thyrotoxicosis treatments in young people. Chapter this year on autoimmune endocrine disease including thyroid problems for a textbook. Chapter this year on congenital hypothyroidism for a textbook.	Direct Non-financial Specific	No action other than the process of open declaration
	Still answers queries directed to the BTF, no finance involved. No longer a trustee of the BTF.	Direct Non-financial Specific	No action other than the process of open declaration
RH	Undertakes some private GP work	Direct Financial Specific	No action other than the process of open declaration

	BBC Radio London's resident GP, answering a wide variety of calls. A payment will be received.	Direct Financial Non-specific	No action other than the process of open declaration
	GP for the Daily Express.	Direct Financial Non-specific	No action other than the process of open declaration
MN	Runs the Cambridge BTF local support group	Direct Non-financial Non-specific	No action other than the process of open declaration
	In the past 12 months (now finished) MN has been a member of the Eastern Academic Health Science Network Patient Safety Collaborative Steering Group. An honorarium has been paid for this.	Direct Financial Non-specific	No action other than the process of open declaration
	Drug trial funded by Apitope Ltd (already discussed with Tamara Diaz), and advised on a Patient Information leaflet. No personal payment. BTF received payment for this.	Indirect Financial Specific	No action other than the process of open declaration
SP	Commentary on TRUST Trial in BMJ-EBM which is about to be published.	Direct Non-financial Specific	No action other than the process of open declaration
	Answer queries for the BTF but no formal affiliation.	Direct Non-financial Specific	No action other than the process of open declaration
	Associate Editor of European Thyroid Journal.	Direct Non-financial Specific	No action other than the process of open declaration
AT	Contributing to a brief patient information leaflet on thyroid disease in pregnancy with the British Thyroid Foundation. This is not a formal publication and there is no commercial financial interest.	Direct Non-financial Non-specific	No action other than the process of open declaration
VB	Past chair of the Thyroid Eye Disease Charitable Trust (TEDct), trustee of TEDct.	Direct Non-financial Non-specific	No action other than the process of open declaration
	Previous member of Clinical Committee, Society for Endocrinology.	Direct Non-financial Specific	No action other than the process of open declaration

	Convenor, Thyroid strand of Society for Endocrinology clinical update	Direct Non-financial Specific	No action other than the process of open declaration
	Joint chief editor of Thyroid Research Journal.	Direct Financial Specific	No action other than the process of open declaration
	Several publications relating to thyroid disease including a systematic review on hypothyroidism in pregnancy (https://www.ncbi.nlm.nih.gov/pubmed/29325223?report=docsum&format=text)	Direct Non-financial Non-specific?	No action other than the process of open declaration
	Participation as an investigator in the Apitope study, funded by a commercial company.	Indirect Financial Specific	No action other than the process of open declaration
BD	Member of the RCOG Green Top Guideline Committee: Thyroid Disease in Pregnancy.	Direct Non-financial Non-specific	No action other than the process of open declaration

3. Presentations and discussion

- 3.1 CS gave a presentation on the NICE policy on declaring and dealing with conflicts of interest.
- 3.2 CS gave a presentation on the NGC and working practices.
- 3.3 BD gave a presentation on the role of the Guideline Commissioning Manager and working with NICE.
- 3.4 MR gave a presentation on the NICE Patient Involvement Programme.
- 3.5 JR gave a presentation on the role of the Information Specialist.
- 3.6 JG gave a presentation on the role of the Research Fellow.
- 3.7 SM gave a presentation on the role of the Health Economist.
- 3.8 KrB gave a presentation on the guideline scope.
- 3.9 JG led a discussion on the draft protocol for managing hypothyroidism.
- 3.10 JG led a discussion on the draft protocol for managing non-malignant thyroid enlargement.

4. Any other business

The group discussed next steps and agreed action points.

Date of next meeting: 09/03/2018

Location of next meeting: Boardroom, Royal College of Physicians