



Evidence review - January 2020

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The following document contains the evidence that was used to develop these recommendations:

[Identifying carers as defined by the Care Act 2014](#)

[Providing information and advice about caring to carers in the UK](#)

[Assessment of carers as defined by the Care Act 2014](#)

[Work, education and training](#)

[Providing training for carers to provide practical support](#)

[Providing practical support for adult carers](#)

[Providing psychological and emotional support to adult carers](#)

[Support needs of adult carers who are caring for people at the end of life](#)

[Supporting carers during changes to the caring role](#)