

Economic plan

This plan identifies the areas prioritised for economic modelling. The final analysis may differ from those described below. The rationale for any differences will be explained in the guideline.

1 Guideline

Tinnitus: assessment and management

2 List of modelling questions

Review question by scope area	What is the clinical and cost effectiveness of psychological therapies for tinnitus, including cognitive behavioural therapy and mindfulness?
Population	Adults (>18) with tinnitus-related distress
Interventions and comparators considered for inclusion	<ul style="list-style-type: none"> • Digital CBT • Group CBT sessions • Individual CBT sessions • Group mindfulness based cognitive therapy • Group acceptance and commitment therapy
Perspective	Interventions with health outcomes in the NHS setting (UK NHS and PSS costs)
Outcomes	Costs and Quality Adjusted Life Years (QALYs)
Type of analysis	Cost comparison with threshold analysis
Issues to note	<ul style="list-style-type: none"> • Children and young people were not considered due to an absence of clinical evidence in this population