

Rehabilitation in adults with complex psychosis and related severe mental health conditions Committee Meeting 4

Date: 7th December 2018

Location U4/5, RCOG, London

Minutes: final

Committee members present:	
Gillian Baird	Present for items 1 – 13
Helen Killaspy	Present for items 1 – 13
Jonathan Mitchell	Present for items 1 – 13
Melissa Scott	Present for items 1 – 13
Belinda Garnett	Present for items 1 – 13
David Shiers	Present for items 1 – 13
Sridevi Kalidindi	Present for items 1 – 13
Jason Read	Present for items 1 – 13
Helen Bennett	Present for items 1 – 13
Eugene Reilly	Present for items 1 – 13
Victoria Hulstrom	Present for items 1 – 11
James Trevelyan	Present for items 1 – 13
Katharine Barrett	Present for items 1 – 13
Faye Wilson	Present for items 1 – 13
Tom Craig	Present for items 1 – 13

In attendance:		
Hilary Eadon	NGA Guideline Lead	Present for items 1 – 13
Anuja Pandey	NGA Systematic Reviewer	Present for items 1 – 13
Alec Martin	NGA Systematic Reviewer	Present for items 1 – 13
Nathan Bromham	NGA Senior Systematic Reviewer	Present for items 1 – 13 (via VC)
Agnesa Martin	NGA Information Scientist	Present for items 1 – 13
Beth Whittaker	NGA Project Manager	Present for items 1 – 13
Matthew Prettyjohns	NGA Health Economist	Present for items 1 – 13 (via VC)
Ben Purchase	NGA Health Economist	Present for items 1 – 6

Nick Staples	NICE Guideline Commissioning Manager	Present for items 5 – 13
Observers:		
Laura Austin		Present for items 1 – 13

Apologies:	
Beth Hendry	Committee Member
Shamarel Odusanya	Committee Member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 4th Guideline Committee meeting on Rehabilitation in adults with complex psychosis.

The Chair informed the Guideline Committee (GC) that apologies had been received. These are noted above.

The GC checked and approved the NICE Minutes and Actions & Decisions Log from the 3rd Guideline Committee meeting.

The Chair outlined the objectives of the meeting.

2. Confirmation of matter under discussion, and declarations of interest

The Chair reiterated the importance of the NICE conflict of interest policy given.

The Chair asked everyone to verbally declare any interests. ten new interests were declared by DS, TC and HB.

Name	Role with NICE	Declarations of Interest, date declared	Type of interest	Decision taken
David Shiers	Committee member	Co-applicant on research application to NIHR (bid 200433) - "Lifestyle intervention for young people meeting the criteria for at-risk mental states (ARMS): a randomized	Direct, non-financial	Declare and Participate Agreed by: GL Dec 2018 Rationale: Not specific to guideline (relates to at-risk mental states)

		<p>controlled feasibility trial" Lead PI Dr Rebekah Carney Uni of Manchester.</p> <p>Bid for £248,973.60; anticipated completion if successful Sept 2021</p> <p>02/12/2018</p>		
David Shiers	Committee member	<p>Co-applicant on research application to NIHR PGfAR (bid 200621) The SWITCH (SWitching Interventions To Control Hyperglycaemia) programme: Development of a training programme, pragmatic randomised controlled trial with inbuilt pilot study and process evaluation of switching high-risk antipsychotics in Severe Mental Illness (SMI) and diabetes mellitus. Lead PI Saeed Farooq (£2.400,000) anticipated completion if successful Dec 2024</p> <p>02/12/2018</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Dec 2018</p> <p>Rationale: Specific to guideline but trial will still be ongoing when guideline published so unlikely to impact on recommendations</p>
David Shiers	Committee member	<p>Presentation on physical health of people with SMI at the Yorkshire & Humber Academic Health Science Network meeting – Wakefield.</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Dec 2018</p> <p>Rationale: Specific to guideline but presentation doesn't focus on rehabilitation so</p>

		No fee; travel + accommodation expenses to be reimbursed. 02/12/2018		unlikely to impact on development of recommendations .
David Shiers	Committee member	Member of WHO Guideline Development Group - Guidelines for the management of physical health conditions in adults with severe mental disorders. Geneva: World 02/12/2018	Direct, non-financial	Declare and Participate Agreed by: GL Dec 2018 Rationale: Specific to guideline and likely to provide useful information on other organisations approach to this topic so not a conflict.
David Shiers	Committee member	Presentation on physical health of people with SMI – CPD Seminar Autumn 2018 Programme - North Staffordshire Combined Healthcare NHS Trust. No fee; travel costs to be reimbursed. 02/12/2018	Direct, non-financial	Declare and Participate Agreed by: GL Dec 2018 Rationale: Specific to guideline but presentation doesn't focus on rehabilitation so unlikely to impact on development of recommendations.
David Shiers	Committee member	Co-applicant on research application to NIHR (bid 200510) – Development and early testing of SPIRIT: (Schizophrenia Prediction of Resistance to Treatment) - a clinical tool to predict treatment resistance to anti-psychotics treatment in First Episode	Direct, financial	Declare and Participate Agreed by: GL Dec 2018 Rationale: Not specific to guideline (relates to first episode schizophrenia)

		Schizophrenia. Lead PI Saeed Farooq. Bid for £149,632.00; anticipated completion if successful January 2021 02/12/2018		
Tom Craig	Committee Member	Talk on the World Association of Social Psychiatry FAST programme at Pacific Rim Conference, Burma. Travel and accommodation paid by Sanofi 06/12/2018	Direct, financial	Declare and Participate Agreed by: Guideline Lead December 2018 Rationale: Not specific to the guideline.
Tom Craig	Committee Member	Talk on AVATAR therapy, 'New Technologies in mental health' Hospital Beatriz Angelo, Lisbon 06/12/2018	Direct – non-financial	Declare and Participate Agreed by: Guideline Lead December 2018 Rationale: Not specific to the guideline.
Tom Craig	Committee Member	Talk on AVATAR Therapy at DGPPN Congress, Berlin 06/12/2018	Direct – non-financial	Declare and Participate Agreed by: Guideline Lead December 2018 Rationale: Not specific to the guideline.
Helen Bennett	Committee Member	Attendance on behalf of Hafal and involvement in developing a charter for Europe for individuals with severe and enduring mental	Direct, financial	Declare and Participate Agreed by: Rationale: The charter is not about rehabilitation so not specific to guideline

		<p>health problems (psychosis) to go to the European Parliament.</p> <p>07/12/2018</p>		
<p>The interests register for this guideline has been updated.</p>				
<p>3 -8. Morning Presentations</p>				
<p>Item 3: Alec Martin, Systematic Reviewer, delivered a presentation on qualitative studies.</p> <p>Item 4: Sridevi Kalidindi, committee member, delivered a presentation on National Bench-marking data for rehabilitation to help with RQ2.1 – What is the effectiveness of rehabilitation services compared with standard care?</p> <p>The committee discussed what messages we should take from this data.</p> <p>Item 5: Hilary Eadon, Guideline Lead, presented the list of review questions with expected dates for when the protocols and Evidence Reviews will be presented. Hilary also explained the possibility of a new question.</p> <p>Item 6: Anuja Pandey, Systematic Reviewer, presented protocol 1.2 for discussion: What co-existing medical, social (including family, cultural and ethnicity), communication, neurodevelopmental, cognitive or mental health problems pose barriers for people with complex psychosis and related severe mental health conditions in accessing rehabilitation services?</p> <p>The committee discussed the protocol and made some amendments.</p> <p>Item 7: Anuja Pandey, Systematic Reviewer, presented protocol 3.1 for discussion: What principles should guide adjustment to standard treatments in the management of the underlying psychosis in people using rehabilitation services?</p> <p>The committee discussed the protocol and made some amendments.</p> <p>Item 8: Gillian Baird explained the possibility of an additional question that would help split up RQ1.2. The new question would be 1.3 – What coexisting medical, neurodevelopmental, cognitive and mental health conditions need to be considered when forming a rehabilitation plan for people with complex psychosis?</p>				
<p>9 – 12. Afternoon Presentations</p>				

Item 9: Alec Martin presented protocol 4.1 for discussion: what is the best way of involving people with complex psychosis and related severe mental health conditions, and their families and carers, in planning their care collaboratively with practitioners and providers?

The committee discussed the protocol and made some amendments.

Item 10: The topic group for RQ2.3, Helen Killaspy, Eugene, Melissa and Belinda Garnet, delivered a presentation on their draft rehabilitation pathway.

The committee discussed the pathway and made some suggestions.

Item 11: The Chair asked the lay members and service users whether they had any questions regarding the discussion throughout the day.

Item 12: Alec Martin presented Evidence Review question 4.2: What rehabilitation approaches, care, support and treatment are valued by people with complex psychosis and related severe mental health conditions, and by their families and carers?

Alec presented the evidence found. The committee discussed this evidence and drafted 4 recommendations based on this.

13. Any other Business

There was no other business to discuss.

The Chair reminded the GC members of the date of the next meeting

Date of next meeting: 18th January 2018

Location of next meeting: RCOG, London