

## Rehabilitation in adults with complex psychosis and related severe mental health conditions Committee Meeting 6 – Day 1

**Date:** 28<sup>th</sup> February 2019

**Location** U4/5, RCOG, London

**Minutes:** final

<b>Committee members present:</b>	
Gillian Baird	Present for items 1 – 10
Helen Killaspy	Present for items 1 – 10
Jonathan Mitchell	Present for items 1 – 10
Melissa Scott	Present for items 1 – 10
Belinda Garnett	Present for items 1 – 10
David Shiers	Present for items 1 – 10
Sridevi Kalidindi	Present for items 1 – 10
Jason Read	Present for items 1 – 10
Helen Bennett	Present for items 1 – 10
Beth Hendry	Present for items 1 – 10
Shamarel Odusanya	Present for items 1 – 10
Katharine Barrett	Present for items 1 – 10
Faye Wilson	Present for items 1 – 10
Tom Craig	Present for items 1 – 10
James Lee	Present for items 1 – 10
Victoria Hulstrom	Present for items 1 – 10
James Trevelyan	Present for items 1 – 10
Eugene Reilly	Present for items 1 – 10

<b>In attendance:</b>		
Hilary Eadon	NGA Guideline Lead	Present for items 1 – 10
Rachel Marshall	NGA Guideline Lead	Present for items 1 – 10
Anuja Pandey	NGA Systematic Reviewer	Present for items 1 – 10
Alec Martin	NGA Systematic Reviewer	Present for items 1 – 10
Nathan Bromham	NGA Senior Systematic Reviewer	Present for items 1 – 10 (via VC)
Beth Whittaker	NGA Project Manager	Present for items 1 – 10

Matthew Prettyjohns	NGA Health Economist	Present for items 1 – 10 (via VC)
Steve Pilling	NGA Clinical Advisor	Present for items 1 – 10
Nick Staples	NICE Guideline Commissioning Manager	Present for items 1 – 10
<b>Observers:</b>		
N/A		

<b>Apologies:</b>	
Aghesa Martin	NGA Information Scientist

<b>1. Welcome and objectives for the meeting</b>				
<p>The Chair welcomed the Committee members and attendees to day 1 of the 6<sup>th</sup> Guideline Committee meeting on Rehabilitation in adults with complex psychosis.</p> <p>The Chair informed the Guideline Committee (GC) that apologies had been received. These are noted above.</p> <p>The Chair introduced the GC to the new Guideline Lead, Rachel Marshall.</p> <p>The GC checked and approved the NICE Minutes and Actions &amp; Decisions Log from the 5<sup>th</sup> Guideline Committee meeting.</p> <p>The Chair outlined the objectives of the meeting.</p>				
<b>2. Confirmation of matter under discussion, and declarations of interest</b>				
<p>The Chair reiterated the importance of the NICE conflict of interest policy given.</p> <p>The Guideline Lead, Hilary Eadon, explained that since HK and TC had a number of declarations of interests, they would no longer be allowed to be topic group leads or lead on discussion in making new recommendations.</p> <p>The Chair asked everyone to verbally declare any interests. One new interest was declared by DS.</p>				
Name	Role with NICE	Declarations of Interest, date declared	Type of interest	Decision taken
David Shiers	Committee member	Chair of trial steering group: WORTH trial- The feasibility of a walking intervention	Direct, financial	Declare and Participate

		<p>to increase activity and reduce sedentary behaviour in people with serious mental illness PI Suzanne McDonough Ulster University – funding agency = Cross-border Healthcare Intervention Trials In Ireland Network (CHITIN) cross-border partnership between the Public Health Agency in Northern Ireland and the Health Research Board in the Republic of Ireland.</p> <p>My role is honorary and will cover my incurred travel/accommodation costs for attending meetings.</p>		<p>Agreed by: GL Feb 2019</p> <p>Rationale: Rationale: Specific to guideline but trial will still be ongoing when guideline published so unlikely to impact on recommendations</p>
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The interests register for this guideline has been updated.

### 3 – 6. Morning Presentations

**Item 3:** The Chair informed the GC that with the end of the financial year approaching, they must send any outstanding expenses claim forms before the end of March.

**Item 4:** Hilary presented the NICE Editor’s edits made to recommendations for RQ4.2 – interventions valued by people with complex psychosis and families.

The committee discussed the edits and made some amendments.

**Item 5:** Hilary presented the NICE Editor’s edits made to recommendations for RQ5.4 – effective interventions improving engagement in healthy living.

The committee discussed the edits and made some amendments.

**Item 6:** Hilary presented the NICE Editor’s edits made to recommendations for RQ5.5 – effective interventions improving engagement in addressing substance misuse.

The committee discussed the edits and made some amendments.

### **7 – 9. Afternoon Presentations**

**Item 7:** Nathan Bromham, Senior Systematic Reviewer, presented protocol 1.3 for discussion: What coexisting medical, neurodevelopmental, cognitive and mental health conditions need to be considered when forming a rehabilitation plan for people with complex psychosis?

The committee discussed the protocol and made some amendments.

**Item 8:** Anuja Pandey, Systematic Reviewer, presented Evidence Review for question 5.1: What interventions specific to rehabilitation are effective for people with complex psychosis and related severe mental health conditions to improve their activities of daily living?

Anuja presented the evidence found. The committee discussed this evidence and the related guidelines and drafted recommendations based on this.

**Item 9:** The Chair asked the lay members and service users whether they had any questions regarding the discussion throughout the day.

### **10. Any other Business**

There was no other business to discuss.

The Chair reminded the GC members of the date of the next meeting

**Date of next meeting:** 1<sup>st</sup> March 2019

**Location of next meeting:** RCOG, London