

## Behaviour change: digital and mobile health interventions

**NICE guideline: acknowledgements**

*NICE guideline NG183*

*Authors and contributors*

*October 2020*

*Commissioned by the National Institute for  
Health and Care Excellence*



## **Disclaimer**

The recommendations in this guideline represent the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, professionals are expected to take this guideline fully into account, alongside the individual needs, preferences and values of their patients or service users. The recommendations in this guideline are not mandatory and the guideline does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient, in consultation with the patient and, where appropriate, their carer or guardian.

Local commissioners and providers have a responsibility to enable the guideline to be applied when individual health professionals and their patients or service users wish to use it. They should do so in the context of local and national priorities for funding and developing services, and in light of their duties to have due regard to the need to eliminate unlawful discrimination, to advance equality of opportunity and to reduce health inequalities. Nothing in this guideline should be interpreted in a way that would be inconsistent with compliance with those duties.

NICE guidelines cover health and care in England. Decisions on how they apply in other UK countries are made by ministers in the [Welsh Government](#), [Scottish Government](#), and [Northern Ireland Executive](#). All NICE guidance is subject to regular review and may be updated or withdrawn.

## **Copyright**

© NICE 2020. All rights reserved. Subject to [Notice of rights](#).

# Contents

<b>1</b>	<b>Guideline developers .....</b>	<b>5</b>
1.1	Members of the NICE guideline committee:.....	5
1.2	Members of the Public Health Guideline Development Team:.....	5
1.3	Colleagues from York Health Economics Consortium:.....	5
<b>2</b>	<b>Acknowledgements.....</b>	<b>7</b>

# 1 Guideline developers

## 1.1 Members of the NICE guideline committee:

Name	Role
Ralph Bagge	Principal Consultant (Chair)
Ian Basnett	Public Health Director
Ray Canham	Lay member
Sally Cartwright	Consultant in Public Health
Barry Causer	Head of Strategic Commissioning – Public Health
Tim Chadborn	Public Health England Topic Adviser
Grace Hampson	Health Economist
Raymond Jankowski	National Lead for Healthcare, Public Health
Jane Leaman	Consultant in Public Health
Rosie McEachan	Health Psychologist/Behavioural Scientist
Felix Naughton	Health Psychologist/Senior Lecturer
Chris Owen	Programme Lead
Chris Packham	Associate Medical Director (Vice Chair)
Toby Prevost	Professor of Complex Clinical Trials and Statistics
Ysabella Rozetta-Hawkings	Lay member
Stephen Sutton	Professor of Behavioural Science
Lucy Yardley	Professor of Health Psychology

## 1.2 Members of the Public Health Guideline Development Team:

Name	Role
Andrea Heath	Information Specialist
Catrin Austin	Technical Analyst (from June 2019 until July 2020)
Danielle Conroy	Project Manager
Lise Elliott	Programme Manager
Rachel Kettle	Technical Adviser (until October 2018)
Roberta Richey	Technical Adviser (from October 2018)
Elina Simou	Technical Analyst (from March 2019 until November 2019)
Rachel Walsh	Technical Analyst (until July 2019)
Sarah Willett	Associate Director

## 1.3 Colleagues from York Health Economics Consortium:

Cost effectiveness review undertaken by YHEC, University of York with input from the committee and NICE team.

<b>Name</b>	<b>Role</b>
Chris Bartlett	Cost-effectiveness
Elizabeth Bell	Economic modelling
Julie Glanville	Cost-effectiveness
Hayden Holmes	Economic modelling

## 2 Acknowledgements

The development of this guideline was greatly assisted by the following people:

- Dr Beth Bell (York St John University) who provided expert testimony on harms and negative consequences of digital and mobile health interventions.
- Professor Katherine Brown (University of Hertfordshire) who provided expert testimony on equality of access and suitability in population groups.
- Dr Gavin Doherty (Trinity College Dublin) who provided expert testimony on uptake, engagement and people with mental health conditions.
- Professor Colin Espie (University of Oxford) who provided expert testimony on harms in specific populations and scaling up digital interventions.
- Professor Michael Trenell (NIHR Innovation Observatory, Newcastle University) who provided expert testimony on developing and implementing digital and mobile health interventions.