

## Chronic pain Committee meeting 7

**Date:** 15/10/2018

**Location:** Laurie Landeau Room, Academy of Medical Sciences, 41 Portland Place

**Minutes:** Confirmed

<b>Committee members present:</b>	
Polly Ashworth (PA)	(Present for notes 1 – 5)
Chris Barker (CB)	(Present for notes 1 – 5)
Ian Bernstein (IB)	(Present for notes 1 – 5)
Diarmuid Denny (DD)	(Present for notes 1 – 5)
Benjamin Ellis (BE)	(Present for notes 1 – 5)
Jens Foell (JF)	(Present for notes 1 – 5)
Roger Knaggs (RK)	(Present for notes 1 – 5)
Nick Kosky (NK)	(Present for notes 1 – 5)
Candida McCabe (CM)	(Present for notes 1 – 5)
Catherine Stannard (CS)	(Present for notes 1 – 5)
John Tetlow (JT)	(Present for notes 1 – 5)

<b>In attendance:</b>		
Rebecca Boffa (RB)	Senior Research Fellow, NGC	(Present for notes 1 – 5)
Katie Broomfield (KB)	Project Manager, NGC	(Present for notes 1 – 5)
Serena Carville (SC)	Guideline Lead, NGC	(Present for notes 1 – 5)
Emma Cowles (EC)	Senior Health Economist, NGC	(Present for notes 1 – 5)
Catherine McEvoy (CME)	Guideline Commissioning Manager, NICE	(Present for notes 4.3 – 5)
Maria Smyth (MS)	Senior Research Fellow, NGC	(Present for notes 1 – 5)
Kyann Zhang (KZ)	Health Economist, NGC	(Present for notes 1 – 5)

<b>Apologies:</b>	
Amanda Hendry (AH)	Committee member
Lucy Ryan (LR)	Committee member
Colin Wilkinson (CW)	Committee member

## 1. Welcome and objectives for the meeting

NK welcomed the Committee members and attendees to the seventh meeting of the Chronic pain guideline. The Committee members and attendees introduced themselves.

NK informed the Committee that apologies had been received. These are noted above.

NK outlined the objectives of the meeting.

## Introductions

## 2. Confirmation of matter under discussion, and declarations of interest

The DOI register was made available to NK. NK reviewed the DOI register and deemed that two committee members had DOIs that were in conflict with the agenda topics and clinical questions under discussion at this meeting:

- CS (Cathy Stannard): Withdraw from item 4.3 discussion of pharmacological management committee discussion document.
- RK (Roger Knaggs): Withdraw from item 4.3 discussion of pharmacological management committee discussion document.

NK asked everyone to verbally declare any interests that have arisen since application. The following new interests were received for this committee meeting:

### Committee Declarations of Interest

N.B. The Committee members were recruited to this guideline using NICE DOI policy published April 2018.

Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
CB	Running workshop for CRPS UK at their conference. The session covered the updated CRPS UK guidelines and how the NHS pain service in the northwest manages CRPS in the long term. The workshop covered what good CRPS services might look like for the delegates in their locality. Expenses only covered; no honorarium received.	Direct non-financial non-specific	No action other than the process of open declaration
IB	I have accepted a request from the BMJ to act as a reviewer for	Direct non-financial non-	No action other than the process of

	manuscript entitled "Guideline care for low back pain: can we deliver?"	specific	open declaration
DD	Sponsorship from my (already declared) NIHR CLAHRC fellowship to attend IASP conference in Boston to display two poster abstracts on physiotherapy and opioids, and people's confidence in managing their condition. Sponsorship included payment of conference fees, travel and accommodation. No salary.	Direct non-financial specific	No action other than the process of open declaration
BE	Quoted in Daily Mail article about nutrition and arthritis  Article published - Ali N, Ellis B, Woolf A, Hamilton A, Fenton KA. Developing partnerships and a whole-system approach for the prevention of musculoskeletal conditions in England. Public Health Panorama. 2018 Sep; 4(3): 271–490  Article published - Norton S Ellis B, Santana Suárez B, Schwank S, Fitzpatrick R, Price A, Galloway J. Validation of the Musculoskeletal Health Questionnaire in inflammatory arthritis: a psychometric evaluation. Rheumatology (Oxford). 2018 Aug 10.	Direct non-financial non-specific  Direct non-financial non-specific  Direct non-financial non-specific	No action other than the process of open declaration  No action other than the process of open declaration  No action other than the process of open declaration
JF	Service teaching: I teach "Assessment and management of pain in the frail elderly" as part of the study day "Geriatric bootcamp", Imperial College NHS Trust and NW London community services No fee, no honorarium, this is a study day.  Media interview ARTE (French/German TV channel) about opioid prescribing and poverty in the UK	Direct non-financial non-specific  Direct non-financial non-specific	No action other than the process of open declaration  No action other than the process of open declaration
CMC	Invited oral presentation on: "Complex Regional Pain Syndrome: complex pain rehabilitation". Unmet Needs in Neuropathic Pain Congress. Bergamo, Italy. October 2018.  Invited oral presentation on: Pain.	Direct non-financial non-specific  Direct non-	No action other than the process of open declaration  No action other than the process of

	<p>How we experience, how it works and why it matters. St Benedict's School, Ealing, London. Sept. 2018.</p> <p>Publication. Brun C. Mercier C, Grieve S, Palmer S, Bailey J, McCabe CS. Sensory disturbances induced by sensorimotor conflicts are higher in complex regional pain syndrome and fibromyalgia compared to arthritis and healthy subjects, and positively relate to pain intensity. Eu. J Pain 2018.</p> <p>Member of the HEE/NIHR ICA Programme Pre-doctoral Clinical Academic Fellowship Scheme review panel</p>	<p>financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p>	<p>open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
CS	<p>Lecture World Congress on Pain. Opioid risk mitigation in the UK</p> <p>Association of Anaesthetists ASM Lecture Challenging drugs: long term opioid use</p> <p>Association of Anaesthetists ASM Lecture Opioids for Everyone</p> <p>Interview ARTE TV Aspects of pain and pain prescribing</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>Partial exclusion</p> <p>Partial exclusion</p> <p>No action other than the process of open declaration</p>
JT	<p>Presenting at the Royal College of Occupational Therapists Clinical Forum Pain Networking day</p>	<p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p>

NICE DOI policy classifications are:

- Direct financial specific
- Direct financial non-specific
- Direct non-financial specific
- Direct non-financial non-specific
- Indirect financial specific
- Indirect financial non-specific

### 3. Minutes of the last meeting

The committee reviewed the minutes from the last meeting and agreed that they were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

#### **4. Presentations and discussion**

- 4.1 MC presented the clinical evidence for pain management programmes.
- 4.2 KZ presented the economic evidence for pain management programmes.
- 4.3 RB led a discussion on the committee discussion document for pharmacological management.
- 4.4 MC led a discussion on the draft protocols for psychological, social and biological factors.
- 4.5 KZ gave an update on health economics.

#### **5. Any other business**

The group discussed next steps and agreed action points.

**Date of next meeting:** 29/11/2018

**Location of next meeting:** NGC Boardroom, Royal College of Physicians