

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 29

Date: 27/04/2021

Location: Video-conference

Minutes: Final

Committee members present:	
Peter Barry (Chair)	(Present for notes 1 – 4)
Ilora Finlay (Vice-Chair)	(Present for notes 1 – 4)
Michael Beadsworth	(Present for notes 3a – 4)
Joanne Bond-Kendall	(Present for notes 1 – 4)
Saran Bonser	(Present for notes 1 – 4)
Sally Burch	(Present for notes 1 – 4)
Chris Burton	(Present for notes 1 – 4)
Tony Crouch	(Present for notes 1 – 4)
Jo Daniels	(Present for notes 3a – 4)
Dorinda Jack	(Present for notes 1 – 4)
Nicola Kidby	(Present for notes 1 – 4)
Caroline Kingdon	(Present for notes 1 – 4)
Adam Lowe	(Present for notes 1 – 4)
Gabrielle Murphy	(Present for notes 1 – 4 but stepped out for decision-making on GET)
Luis Nacul	(Present for notes 3a – 4 but stepped out for decision-making on GET)
Susan Watson	(Present for notes 1 – 4)
William Weir	(Present for notes 1 – 4)

In attendance:

Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 4)
Melina Vasileiou	NGC Senior Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Sarah Catchpole	NICE Senior Medical Editor	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)
Ian Mather	NICE Business Analyst	(Present for notes 1 – 4)

Apologies:

Theo Anbu	Consultant General Paediatrician and lead for Paediatric CFS/ME, Alder Hey Children’s NHS Foundation Trust, Liverpool
Jennifer McIntosh	Senior Specialist Dietician, Mill Lodge CAMHS, Leeds and York Partnership NHS Foundation Trust
Alan Stanton	Consultant Community Paediatrician, University Hospitals, Birmingham

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the twenty ninth meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received for this meeting. These are noted above.

2. Declarations of interest

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. There were no new interests to be declared. The Chair and a senior member of the Developer’s team noted that previous interests declared meant that Luis Nacul and Gabrielle Murphy would step out for decision-making on GET.

3. Presentations, questions and discussion

a) Karin VanBart and Melina Vasileiou presented the post-exertional malaise re-

analysis for the lightning process and other non-pharmacological interventions. The committee discussed and reviewed the recommendations.

- b) Karin VanBart and Melina Vasileiou presented the post-exertional malaise re-analysis for graded exercise therapy and other exercise therapies. The committee discussed and reviewed the recommendations.

4. Any other business

None.

Date of next meeting: 29/04/21