

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 9

Date: 10/12/2019

Location: Holiday Inn London Regents Park

Minutes: Confirmed

Committee members present:	
Peter Barry (Chair)	(Present for notes 1 – 4)
Ilora Finlay (Vice-Chair)	(Present for notes 1 – 4)
Theo Anbu	(Present for notes 1 – 4)
Joanne Bond-Kendall	(Present for notes 1 – 4)
Saran Bonser	(Present for notes 1 – 4)
Michael Beadsworth	(Present for notes 1 – 4)
Sally Burch	(Present for notes 1 – 4)
Chris Burton	(Present for notes 1 – 4)
Tony Crouch	(Present for notes 1 – 4)
Jo Daniels	(Present for notes 1 – 4)
Dorinda Jack	(Present for notes 1 – 4)
Nicola Kidby	(Present for notes 1 – 4)
Caroline Kingdon	(Present for notes 1 – 4)
Adam Lowe	(Present for notes 1 – 4)
Jennifer McIntosh	(Present for notes 1 – 4)
Gabrielle Murphy	(Present for notes 1 – 3a)
Alan Stanton	(Present for notes 1 – 4)
Susan Watson	(Present for notes 1 – 4)
William Weir	(Present for notes 1 – 4)
Charles Shepherd (co-optee)	(Present for notes 1 – 4)

In attendance:		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Richard Clubbe	NGC Research Fellow	(Present for notes 1 – 4)

Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Maria Smyth	NGC Senior Research Fellow	(Present for notes 1 – 4)
Karin VanBart	NGC Trainee Systematic Reviewer	(Present for notes 1 – 4)
Melina Vasileiou	NGC Research Fellow	(Present for notes 1 – 4)
David Wonderling	NGC Head of Health Economics	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)

Apologies:

Luis Nacul	GP
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1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the ninth meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:

- Non-pharmacological interventions

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Caroline Kingdon	Research Nurse, London School of Hygiene and Tropical Medicine	Submitted to the Nursing Times (under review, not published): Kingdon, C; Nacul, L. Empowering the healthcare	Direct Non-financial	No action taken.

		professional visiting a patient severely affected by ME/CFS – a compassion in practice approach, 2019.		
		Trustee for the M.E. Trust.	Indirect	No action taken.
Charles Shepherd	Honorary Medical adviser, ME Association	Providing background information and doing interviews for a series of educational videos on ME/CFS that are being made by an independent production company and are being financed by an award from the Wellcome Trust.	Direct Non-financial	No action taken.

The Chair and a senior member of the Developer’s team noted that previous interests declared prevented Gabrielle Murphy from participating in discussions on recommendations for non-pharmacological interventions. GM was present during discussions but did not participate in discussion or decision making; and withdrew from the room when the non-pharmacological interventions recommendations were drafted.

3. Presentations, questions and discussion

- a) The committee reviewed the draft recommendations for the non-pharmacological interventions evidence review.
- b) The committee amended the draft recommendations for the non-pharmacological

interventions evidence review.
4. Any other business
None.

Date of next meeting: 11/12/2019

Location of next meeting: Holiday Inn, Regents Park