



Evidence reviews - October 2021

Evidence review

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The following documents contain the evidence that was used to develop the 2021 recommendations:

- [Information, education and support for people with ME/CFS and their families and carers](#)
- [Information, education and support for health and social care professionals](#)
- [Accessing health and social care services](#)
- [Identifying and diagnosing ME/CFS](#)
- [Management strategies before diagnosis](#)
- [Pharmacological interventions](#)
- [Non-pharmacological management of ME/CFS](#)
- [Management of ME/CFS](#)
- [Multidisciplinary care](#)
- [Monitoring and reviewing people with ME/CFS](#)

Appendices

- [Involving children and young people](#)
- [Involving adults with severe ME/CFS symptoms](#)
- [Expert testimonies](#)

[Methods](#)