



Evidence reviews – December 2021

Evidence review

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The following documents contain the evidence that was used to develop the recommendations:

- [Community information strategies](#)
- [Risk factors for pelvic floor dysfunction](#)
- [Coexisting long-term conditions and pelvic floor dysfunction](#)
- [Prediction tools for pelvic floor dysfunction](#)
- [Lifestyle factors for the prevention of pelvic floor dysfunction](#)
- [Pelvic floor muscle training for the prevention of pelvic floor dysfunction](#)
- [Information provision related to the management of pelvic floor dysfunction \(people's views and experiences\)](#)
- [Information provision about management of pelvic floor dysfunction \(most effective ways\)](#)
- [Assessment in non-specialist care](#)
- [Weight loss interventions](#)
- [Dietary factors for the management of symptoms](#)
- [Physical activity for the management of symptoms](#)
- [Pelvic floor muscle training for the management of symptoms](#)
- [Physical devices for the management of pelvic floor dysfunction](#)
- [Psychological therapy for women with pelvic floor dysfunction](#)
- [Behavioural approaches to the management of symptoms](#)
- [Pharmacological management](#)
- [Community-based multidisciplinary teams](#)