

Mental Wellbeing at Work Committee Meeting 6

Date: 9th February 2021

Location: Zoom (Virtual Meeting)

Minutes: Final

Committee members present:	
Alan Maryon-Davis (Chair)	Present for all items
Chris Bojke (Core Member)	Present for all items
Jakki Cowley (Core Member)	Present for all items
Gail Findlay (Core Member)	Present for all items
Sarah Newsam (Core Member)	Present for all items
Graham Rushbrook (Core Member)	Present for all items
Richard Watt (Core Member)	Present for all items
Jane West (Core Member)	Present for items 1-5
Sarah Murphy (Topic Expert)	Present for items 1-5
Nam Nguyen (Topic Expert)	Present for all items
Robert Woollen (Topic Expert)	Present for all items
Lorna Young (Topic Expert)	Present for all items
Stef Abrar (Public Health England Topic Adviser)	Present for all items

In attendance:		
Keona Bennett	Administrator, Public Health Guidelines	Present for all items
Lise Elliott	Programme Manager, Public Health Guidelines	Present for all items
Lucinda Evans	Meetings in Public Coordinator	Present for all items
James Jagroo	Senior Technical Analyst, Public Health Guidelines	Present for all items
Sarah Matthews	Technical Analyst, Public Health Guidelines	Present for all items
Hugh McGuire	Technical Adviser, Public Health Guidelines	Present for all items
Annette Mead	Senior Medical Editor	Present for items 7-10

Adam O'Keefe	Project Manager, Public Health Guidelines	Present for all items
Lesley Owen	Senior Health Economic Adviser	Present for items 6-10
Nick Staples	Guideline Commissioning Manager	Present for all items
Bryn White	Project Manager, Public Health Guidelines	Present for all items
Sarah Willett	Associate Director, Public Health Guidelines	Present for items 1-5
Erin Baker	Research Assistant, York Health Economics Consortium	Present for items 9-10

Expert Witnesses:

Robert Vondy	Head of Stress Policy, Health & Safety Executive	Present for item 6
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NICE Observers:

Maria Pitan	Project Manager, Corporate Office
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Apologies:

Craig Cook	Core Member
Rob Allan	Topic Expert Member
Louise Thomson	Topic Expert Member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the Public Health Advisory Committee (PHAC) 6 meeting on Mental Wellbeing at Work. The Chair reminded all participants of the protocols in place for NICE virtual meetings.

The Chair informed the Committee that apologies had been received. These are noted above. He advised that the meeting was quorate.

The Chair outlined the objectives of the meeting, to present evidence reviews of Review Question 4 - Universal individual level approaches, Review Question 6 - Intervention barriers and facilitators and to hear expert testimony.

3. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Mental wellbeing at work guideline update.

The Chair asked everyone to verbally declare any new interests that are not listed in the registry.

There were no new interests declared. The Chair also advised that interests previously declared did not prevent the meeting taking place.

4. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of PHAC 5.

The Committee then agreed that the minutes were a true and accurate account of the meeting.

5. Review Question 4 – Evidence reviews for universal individual level approaches

The Chair introduced Hugh McGuire, Technical Adviser who presented the evidence on universal individual approaches. The Committee discussed the evidence and suggested draft recommendations.

6. Expert testimony

- **Rob Vondy, Head of Stress Policy, Health & Safety Executive**

Hugh McGuire introduced Rob Vondy who gave a presentation on prevention and management of work-related stress and mental ill health.

The committee were then offered the opportunity to ask any questions concerning Rob Vondy's presentation.

7. Review Question 6 - Intervention barriers and facilitators

The Chair introduced James Jagroo, Senior Technical Analyst who presented evidence identified on intervention barriers and facilitators. The Committee discussed the evidence and suggested draft recommendations.

8. Health economics update

The Chair introduced Erin Barker of York Health Economic Consortium (YHEC) who provided an update on modelling case studies.

9. Next steps

Hugh McGuire outlined next steps and proposals for the next PHAC meeting.

10. Summary of the day

The Chair summarised the discussions, thanked all participants and confirmed the next PHAC meeting will take place on 22nd & 23rd March 2021.