

## Mental Wellbeing at Work Committee Meeting 7

**Date:** 4<sup>th</sup> May 2021

**Location:** Zoom (Virtual Meeting)

**Minutes:** Final

<b>Committee members present:</b>	
Alan Maryon-Davis (Chair)	Present for all items
Chris Bojke (Core Member)	Present for items 1-7
Jakki Cowley (Core Lay Member)	Present for all items
Gail Findlay (Core Member)	Present for all items
Graham Rushbrook (Core Member)	Present for items 1-8
Richard Watt (Core Member)	Present for items 1-8
Jane West (Core Member)	Present for all items
Sarah Murphy (Topic Expert)	Present for items 1-7
Nam Nguyen (Topic Expert)	Present for items 1-5
Lorna Young (Topic Expert)	Present for all items
Stef Abrar (Public Health England Topic Adviser)	Present for items 3-9

<b>In attendance:</b>		
Keona Bennett	Administrator, Public Health Guidelines	Present for all items
Chris Carmona	Technical Adviser, Public Health Guidelines	Present for all items
Sarah Matthews	Technical Analyst, Public Health Guidelines	Present for all items
Hugh McGuire	Technical Adviser, Public Health Guidelines	Present for all items
Adam O'Keefe	Project Manager, Public Health Guidelines	Present for all items
Lesley Owen	Senior Health Economic Adviser, NICE	Present for all items
Nick Staples	Guideline Commissioning Manager	Present for all items
Bryn White	Project Manager, Public Health Guidelines	Present for all items
Sarah Willett	Associate Director, Public Health Guidelines	Present for items 6-9

<b>Expert Witnesses:</b>	
Professor Guy Daly	Coventry University/Mental Health Productivity Pilot
Tatum Matharu	West Midlands Combined Authority/ Mental Health Productivity Pilot

<b>Apologies:</b>	
Craig Cook	Core Member
Sarah Newsam	Core Member
Rob Allan	Topic Expert Member
Louise Thomson	Topic Expert Member
Robert Woollen	Topic Expert Member

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the Public Health Advisory Committee (PHAC) 7 meeting on Mental Wellbeing at Work. The Chair reminded all participants of the protocols in place for NICE virtual meetings.

There were no members of the public present at this meeting.

The Chair informed the Committee that apologies had been received. These are noted above. He advised that the meeting was quorate.

The Chair outlined the objectives of the meeting, to hear expert testimony from Professor Guy Daly and Tatum Matharu from the Mental Health Productivity Pilot (MHPP) and to present the remaining evidence reviews of review question 4 - universal individual level approaches.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Mental wellbeing at work guideline update.

The Chair then asked everyone to verbally declare any new interests that are not listed in the registry.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Nick Staples	Guideline Commissioning Manager, NICE	Part-time Massage Therapist, 4 <sup>th</sup> May 2021	Direct-financial	Will not take part in discussion specifically about massage interventions and will declare

				during quality assurance meetings on this topic.
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The Chair advised that the interests declared above and previously declared did not prevent the meeting from taking place.

### 3. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of PHAC 6.

The Committee then agreed that the minutes were a true and accurate account of the meeting, minutes recorded as confirmed.

### 4. Expert testimony

- **Professor Guy Daly and Tatum Matharu, Mental Health Productivity Pilot (MHPP)**

Hugh McGuire introduced Professor Guy Daly and Tatum Matharu who gave a presentation on insights and learnings from the MHPP.

The committee were then offered the opportunity to ask any questions concerning the presentation.

### 5. Review Question 4 – Quantitative evidence review for universal individual level approaches

The Chair introduced Sarah Matthews who presented the remaining quantitative evidence on universal individual approaches. The Committee discussed the evidence and suggested draft recommendations.

### 6. Review Question 4 – Qualitative evidence review for universal individual level approaches

The Chair introduced James Jagroo who presented the qualitative evidence on universal individual approaches. The Committee discussed the evidence and suggested draft recommendations.

**7. Review Question 4 – Universal individual-level interventions draft recommendations**

The Committee discussed the presented evidence further and suggested draft recommendations.

Sarah Murphy departed the meeting at around 15:00 at which point the Chair announced the meeting was no longer quorate. All discussions after this point were provisional and it was acknowledged these would need to be validated at PHAC 8.

**8. Uber court case discussion**

Hugh McGuire presented an overview of the Uber court case and led a discussion with the Committee around the impacts on the wider gig economy.

**9. Summary of the day**

The Chair summarised the discussions, thanking everyone for their participation and confirmed the next PHAC meeting will take place the following day, Wednesday 5<sup>th</sup> May 2021.

