



# Evidence reviews – March 2022

Evidence review

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The following documents contain the evidence that was used to develop the recommendations:

- [Organisational universal-level approaches](#)
- [Manager interventions](#)
- [Targeted organisational-level approaches](#)
- [Universal individual-level approaches](#)
- [Targeted individual-level approaches](#)
- [Barriers and facilitators to the implementation and delivery of interventions to improve and protect mental wellbeing at work](#)
- [Expert testimony](#)
- [Economic modelling for interventions to prevent poor, promote positive and improve mental wellbeing](#)