

# Economic plan

This plan identifies the areas prioritised for economic modelling. The final analysis may differ from those described below. The rationale for any differences will be explained in the guideline.

## 1 Guideline

Safe prescribing

## 2 List of modelling questions

<b>Review questions by scope area</b>	<b>What are the most clinically and cost-effective pharmacological and non-pharmacological strategies, for example tapered withdrawal or education and support, for the safe withdrawal of prescribed medicines associated with dependence or withdrawal symptoms?</b>
Population	Adults who had been using benzodiazepine for over 3 months and are unable to quit their usage by themselves
Interventions and comparators considered for inclusion	<ul style="list-style-type: none"> <li>• Group cognitive behavioural (CBT) therapy plus tapering off</li> <li>• Tapering off alone</li> <li>• Usual care</li> </ul>
Perspective	NHS and personal social services
Outcomes	QALY
Type of analysis	Cost-utility analysis
Modelling software	Excel
Issues to note	