

Safe prescribing and withdrawal management Committee meeting 6

Date: 29 06 2020 (1000 – 1300)

Location: Virtual Meeting: MS Teams

Minutes: Final

Committee members present:	
Kelly: Deirdre (Chair)	(Present for notes 1 – 6)
Stannard: Cathy (Topic adviser)	(Present for notes 1 – 6)
Buitendach: Mark	(Present for notes 1 – 6)
Davies: Emma	(Present for notes 1 – 6)
Ellis: Benjamin	(Present for notes 1 – 6)
Foell: Jens	(Present for notes 1 – 6)
Montagu: Luke	(Present for notes 1 – 6)
Trewern: Louise	(Present for notes 1 – 6)
Watson: Caroline	(Present for notes 1 – 6)

In attendance:		
Carville: Serena	NGC, Associate Director, Guideline Lead	(Present for notes 1 – 6)
Diaz: Tamara	NGC, Project Manager	(Present for notes 1 – 6)
Terrazas-Cruz: Emily	NGC, Senior Research Fellow	(Present for notes 1 – 6)
Vasileiou: Melina	NGC, Research Fellow	(Present for notes 1 – 6)
Keir: Caroline	NICE, Guideline Commissioning Manager	(Present for notes 1 – 6)

Observers:	
None	
Apologies:	
None	
Cooptees:	
None	

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 6th meeting of the safe prescribing and withdrawal management guideline committee and thanked them for their participation.

The Chair informed the Committee that no apologies had been received.

The Chair outlined the objectives of the meeting, which included: presenting the evidence review on Patient Information, discussing the evidence and drafting recommendations in this area.

2. Declarations of interest

The Chair invited Committee members to verbally declare any new conflicts that would have arisen following their recruitment. All new declarations are noted below along with the decision taken during the meeting:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
LM	Lay member	Attended meetings of Cross Party Group for Prescribed Drug Dependence 15/5 – 26/6 2020	Non-financial	Declare and participate
		Featured in Times newspaper article describing personal withdrawal experience. (8/6/2020)	Non-financial	Declare and participate
		Member of research team for project within University of Roehampton considering costs of unnecessary prescribing of medicines associated with dependence and withdrawal (March 2020)	Non-financial	Declare and participate
		Member of project team scoping project for APPG for Prescribed Drug Dependence to specify helpline, website and support services for patients affected by prescribed drug dependence (April 2020)	Non-financial	Declare and participate

DK	Chair	Recently started role at the NHS Blood and Transplant 01/07/2020	Non-financial	Declare and participate
BE	Pain Consultant	Leading group at Versus Arthritis (part of role there) on work funded by NHS England to develop a suite of decision support tools for people with back pain, shoulder pain, hip pain and knee pain to use in their consultations with health professionals	Non-financial	Declare and participate
CW	General Practitioner	I am employed for one session/week by RCGP as Clinical Champion for Healthcare in Secure Environments (this is reimbursed to my employer, Northamptonshire Healthcare NHS Foundation Trust). I am responsible for facilitating the Spotlight Project for Healthcare in Secure Environments. The aims of the project are to improve the consistency of safe clinical practice in secure settings and to raise the profile of prison and IRC healthcare. Educational resources and links include those relating to safe prescribing in the secure setting. April 2019	Financial	Declare and participate
		I have received expenses incurred in the production of RCGP Safer Prescribing in Prisons (2 nd Edition published Jan 2019) of which I am one of three co-authors. 2018	Financial	Declare and participate

		I received a charitable donation from Charles Whitbread, former High Sheriff of Bedford, to support the production of patient information for residents at HMP Bedford (posters and postcards) about assisted withdrawal from gabapentinoids and about the dangers of NPS (spice) when taken with prescribed medicines. This one-off donation was paid to Ms Nicola Morgan for her work copyrighting, graphic designing and producing the posters and postcard production. 11/06/2019	Financial	Declare and participate
		I am one of three authors of RCGP Safer Prescribing in Prisons (2 nd Edition, Jan2019)	Non-financial	Declare and participate
		I have written abbreviated guidance on Safer Prescribing in Prisons as part of the RCGP Spotlight on Healthcare in Secure Environments Toolkit (07/2019)	Non-financial	Declare and participate
		I have been appointed RCGP Clinical Champion for Healthcare in Secure Environments and responsible for facilitating the RCGP Spotlight Project (see above) (04/2019)	Non-financial	Declare and participate
		I am East of England Representative on RCGP Secure Environments Group (2015)	Non-financial	Declare and participate
		I have spoken at RCPsych QNPMHS event, CDAO, NHS England Midlands and East Meeting and at local training sessions about Safer Prescribing in Prisons publication (03/2019)	Non-financial	Declare and participate

		I have spoken at RCGP 7 th Health and Justice Summit about the work of the Spotlight Project which includes safer prescribing (09/2019)	Non-financial	Declare and participate
		I have produced information for patients in Secure Settings about pain (06/2019)	Non-financial	Declare and participate
		I have produced educational resources for prison officers about assisted withdrawal from gabapentinoids (11/2019)	Non-financial	Declare and participate
		I have produced a poster for RCGP conference and RCGP 7 th Health and Justice Summit about collaborative production of patient information relating to gabapentinoids safe assisted withdrawal in prison (09/2019)	Non-financial	Declare and participate
		I drafted an Appendix on Secure Environments for PHE Dependence and withdrawal associated with some prescribed medicines (09/2019)	Non-financial	Declare and participate
		I led a workshop about multi-disciplinary management of persistent pain in prison and presented at a plenary about Safer Prescribing in Prisons at 6 th Health and Justice Summit (01/2019)	Non-financial	Declare and participate
		I have produced a modified SOP on Assisted withdrawal of gabapentinoids for NHFT Secured Environments and introduced a 'whole prison approach' to safer prescribing of gabapentinoids (03/2019)	Non-financial	Declare and participate
		I was a member of the Task and Finish Group for NHSE Health and Justice review of primary care service specification in prisons and IRCs (2018)	Non-financial	Declare and participate

		I attended a task and finish workshop contributing to production of Health and Justice Mental Health Services: Safer use of mental health medicines (01/2017)	Non-financial	Declare and participate
		I have written RCGP COVID-19 GUIDANCE for Healthcare in Secure Environments (03/2020)	Non-financial	Declare and participate
		I have written RCGP COVID-19 Guidance for patients in secure environments (05/2020)	Non-financial	Declare and participate
		I am in the COVID-19 NHSEI Health and Justice clinical cell (03/2020)	Non-financial	Declare and participate
		I have presented in two webinars with RCPsych QNPMHS/CCQI – COVID-19 guidance and coming in/release from prison during COVID-19 (04/2020)	Non-financial	Declare and participate
		My brother, Alexander R Watson is a director at Weber Shandwick working on global communications (not UK) for Novartis (2018)	Indirect	Declare and participate
LT	Lay member	I did the guest editorial in British Journal of Pain (06/2020)	Non-financial	Declare and participate
		I am writing a weekly blog for the Live Well With Pain Website (03/2020)	Non-financial	Declare and participate
		Appeared In Physiotherapy Pain Association Webinar (06/2020)	Non-financial	Declare and participate
		Appeared in Therapy Live 2020 Webinar (06/2020)	Non-financial	Declare and participate
		Became Temp Acting Chair of British Pain Society Patient Voice Committee (19/06/2020)	Non-financial	Declare and participate
		Article In Ramblers GB Newsletter	Non-financial	Declare and participate

	Appeared on BBC Radio Devon during early Covid19 lockdown (03/2020)	Non-financial	Declare and participate
	Reviewed Patient Program for Energise Health & provided forward quote (03/2020)	Non-financial	Declare and participate
The Chair and a senior member of the Developer's team noted that the interests declared did not prevent attendees from fully participating in the meeting.			
3. Qualitative methods			
A presentation was delivered to the committee on reviewing qualitative research, critical appraisal and linking evidence to recommendations.			
4. Evidence review			
Melina Vasileiou and Richard Clubbe presented the evidence review for the clinical question on, Patient Information and support. There was no economic evidence for this question. The committee considered and discussed the evidence.			
5. Future meetings and next steps			
Serena Carville advised that details related to future meeting dates, times and virtual platforms will be circulated and agreed by email. Committee members were also asked to provide feedback on their experience during virtual meetings and will be contacted by email in this regard.			
6. Any other business			
There being no further business the meeting ended at 1300.			

Date of next meeting: 07 August 2020

Location of next meeting: Zoom Virtual Meeting Platform