

Safe prescribing and withdrawal management Committee meeting 9

Date: 10 November 2020

Location: Virtual Meeting: Zoom platform

Minutes: Final

Committee members present:		
Kelly: Deirdre (Chair)		(Present for notes 1 – 7)
Stannard: Cathy (Topic adviser)		(Present for notes 1 – 7)
Buitendach: Mark		(Present for notes 1 – 7)
Davies: Emma		(Present for notes 1 – 7)
Ellis: Benjamin		(Present for notes 1 – 7)
Finch: Emily		(Present for notes 1 – 4)
Foell: Jens		(Present for notes 1 – 7)
Montagu: Luke		(Present for notes 1 – 7)
Trewern: Louise		(Present for notes 1 – 7)
Ramanuj: Parashar		(Present for notes 1 – 7)
Montagu: Luke		(Present for notes 1 – 7)
In attendance:		
Carville: Serena	NGC, Associate Director, Guideline Lead	(Present for notes 1 – 7)
Clubbe: Richard	NGC, Research Fellow	(Present for notes 1 – 7)
Diaz: Tamara	NGC, Project Manager	(Present for notes 1 – 7)
Mariani: Alfredo	NGC, Health Economist	(Present for notes 1 – 7)
Terrazas-Cruz: Emily	NGC, Senior Research Fellow	(Present for notes 1 – 7)
Vasileiou: Melina	NGC, Research Fellow	(Present for notes 1 – 7)
Keir: Caroline	NICE, Guideline Commissioning Manager	(Present for notes 1 – 7)
Cooptees:		
Andre Geel		(Present for notes 1 – 7)
Observers:		
McBride: Judith	NICE, Editor	(Present for notes 1 – 4)
Mather: Ian	NICE, Business Analyst	(Present for notes 1 – 7)
Apologies:		
Caroline Watson		

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 9th meeting of the safe prescribing and withdrawal management guideline committee and thanked them for their participation. Committee members

The Chair outlined the objectives of the meeting, which included: presenting the evidence for the following questions:

- What are the most clinically and cost effective pharmacological and non-pharmacological strategies, for example tapered withdrawal or education and support, for the safe withdrawal of prescribed medicines associated with

2. Declarations of interest

The Chair invited Committee members to verbally declare any new conflicts that would have arisen since the last meeting. All new declarations have been listed below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
LM	Patient Advocate	Attended meeting of APPG for Prescribed Drug Dependence	Non-financial personal interests	Declare and participate
		Attended Zoom meeting with NHSE on topic of prescribed drug dependence services	Non-financial personal interests	Declare and participate
		Contributed to development of patient needs analysis relating to prescribed drug dependence	Non-financial personal interests	Declare and participate
		Contributed to APPG secretariat discussions regarding overprescribing of gabapentinoids and possible media article	Non-financial personal interests	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared at previous meetings did not prevent attendees from fully participating in the meeting.

3. Minutes of the previous meeting
The committee agreed that the minutes of GC 08 were an accurate record of the previous virtual meeting.
4. Evidence review: withdrawal interventions: Benzodiazepines, Z drugs, Mixed drugs
Ben Mayer and Alfredo Mariani presented the clinical and economic evidence review for the following question: What are the most clinically and cost effective pharmacological and non-pharmacological strategies, for example tapered withdrawal or education and support, for the safe withdrawal of prescribed medicines associated with dependence or withdrawal symptoms?
5. Evidence discussion
The committee discussed the evidence and drafted recommendations on all drug classes presented over the past two meetings (Opioids, Benzodiazepines, Z drugs and mixed drugs). The draft summary of the committee’s discussion, linking the evidence to the recommendations will be completed and circulated for the committee’s review at a later meeting.
6. Health economics
Alfredo Mariani, discussed the economic priorities with the committee and the following members volunteered to contribute to the guideline’s economic subgroup: Dr. Parashar Ramanuj, Mr. Luke Montagu and Mr. Andre Geel.
7. Any other business
There being no further business the meeting ended at 1530.

Date of next meeting: 07 December 2020

Location of next meeting: Zoom Virtual Meeting Platform