

Depression in adults: treatment and management

Appendix U2.12: Text from CG90 Appendix 19b that has been deleted

NICE Guideline

Appendices

May 2018

Disclaimer

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

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Appendix 19b: Psychological and psychosocial clinical evidence forest plots

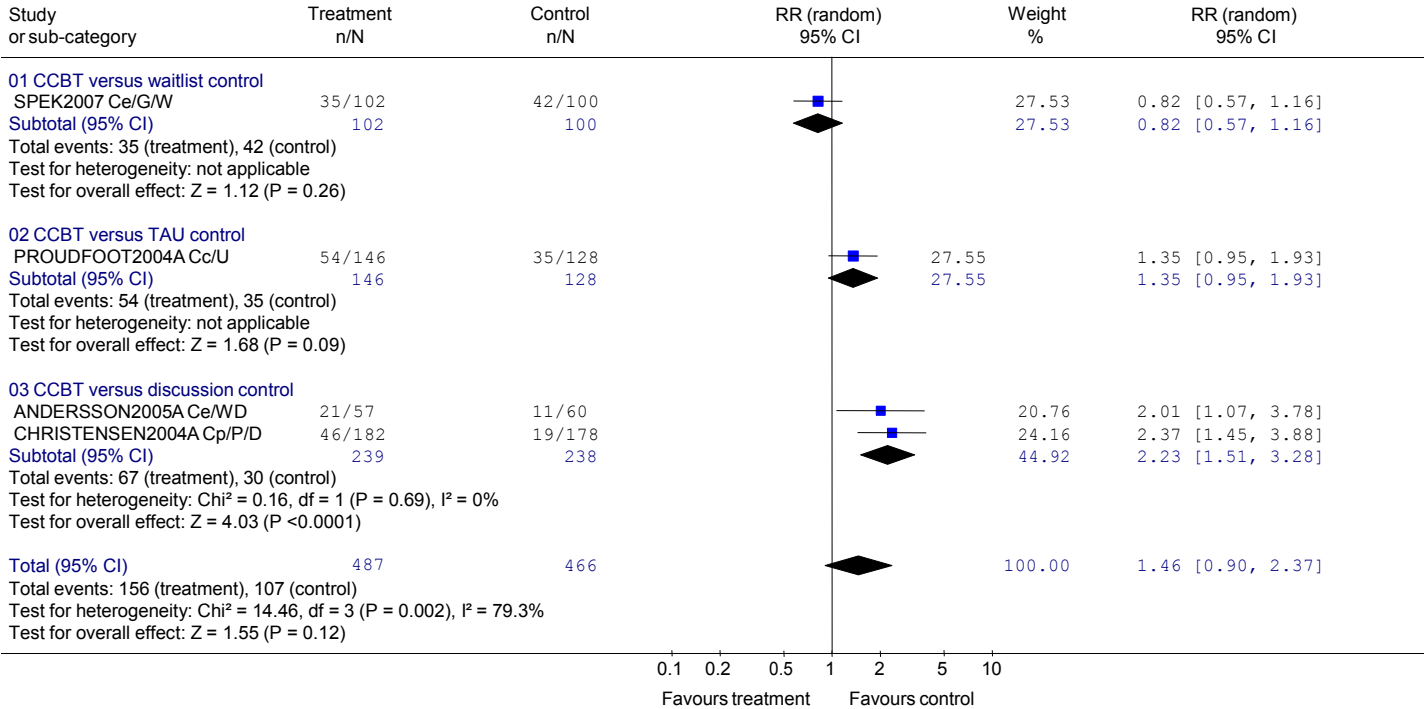
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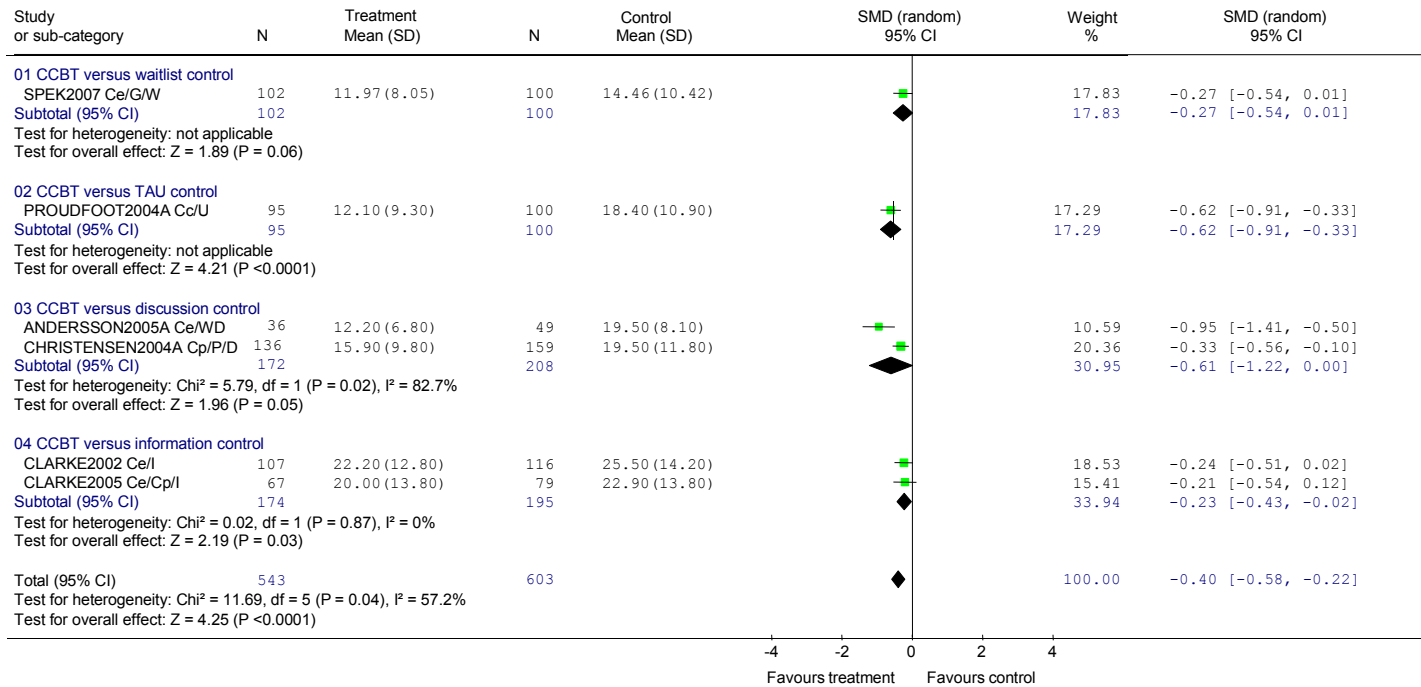
LOW-INTENSITY INTERVENTIONS

Computerised cognitive behavioural therapy (CCBT)

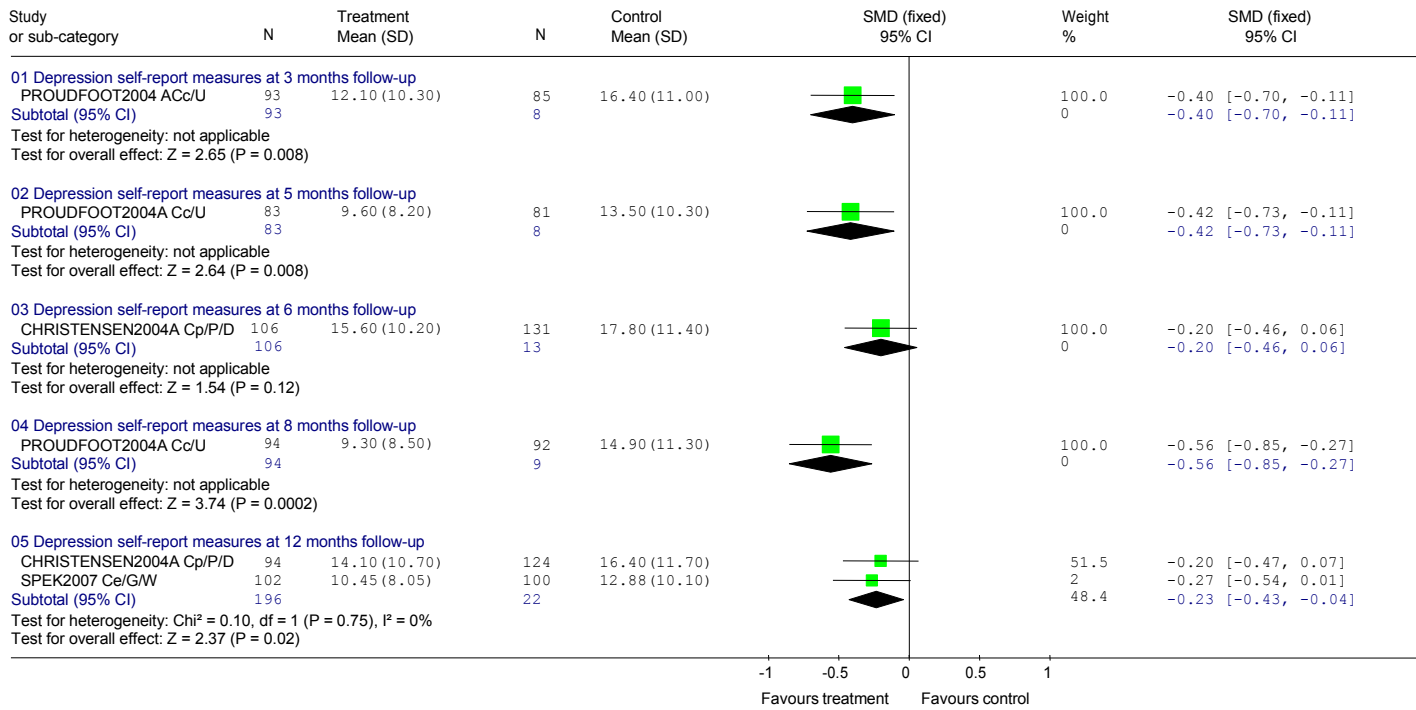
Review: CCBT01
 Comparison: 01 CCBT versus control
 Outcome: 01 Leaving the study early for any reason



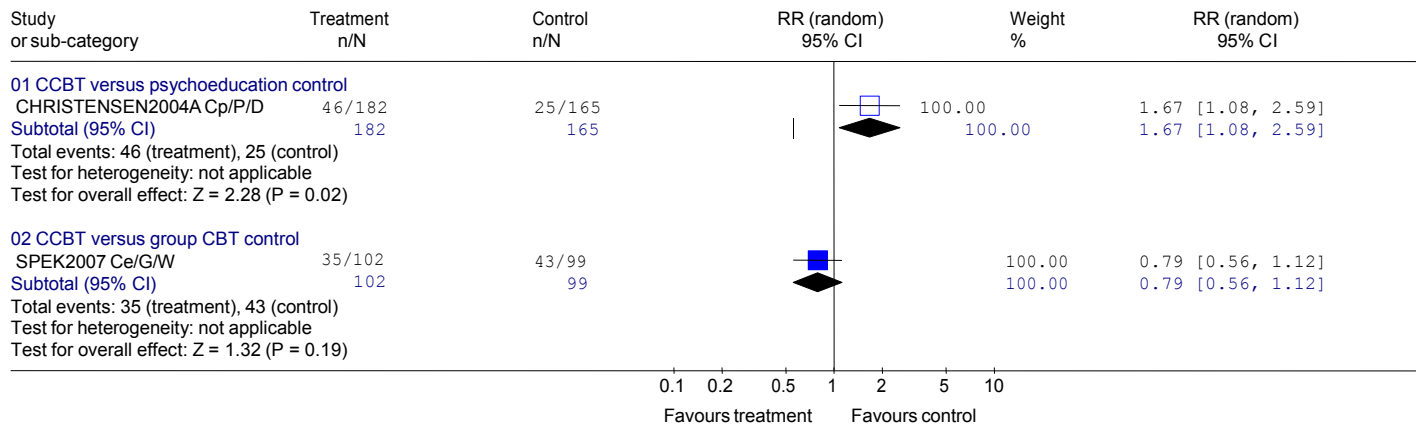
Review: CCBT02
 Comparison: 01 CCBT versus control
 Outcome: 02 Depression self-report measures at endpoint



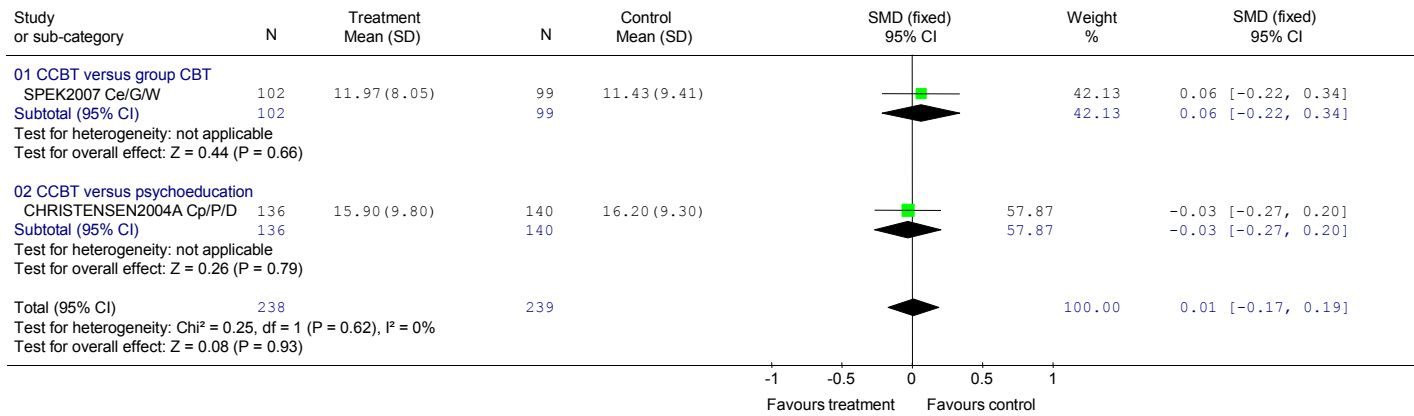
Review: CCBT03
 Comparison: 01 CCBT versus control
 Outcome: 03 Depression self-report measures at follow-up



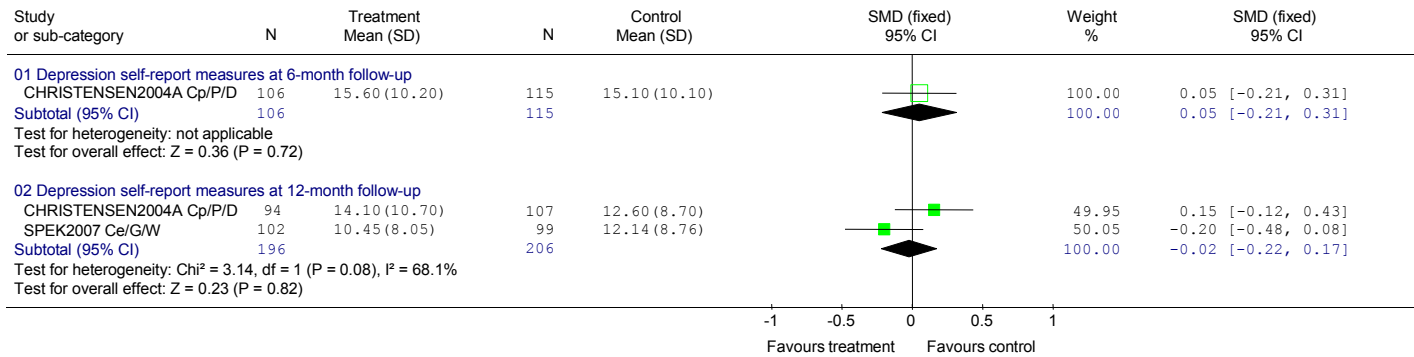
Review: CCBT04
 Comparison: 02 CCBT versus active control
 Outcome: 01 Leaving the study early for any reason



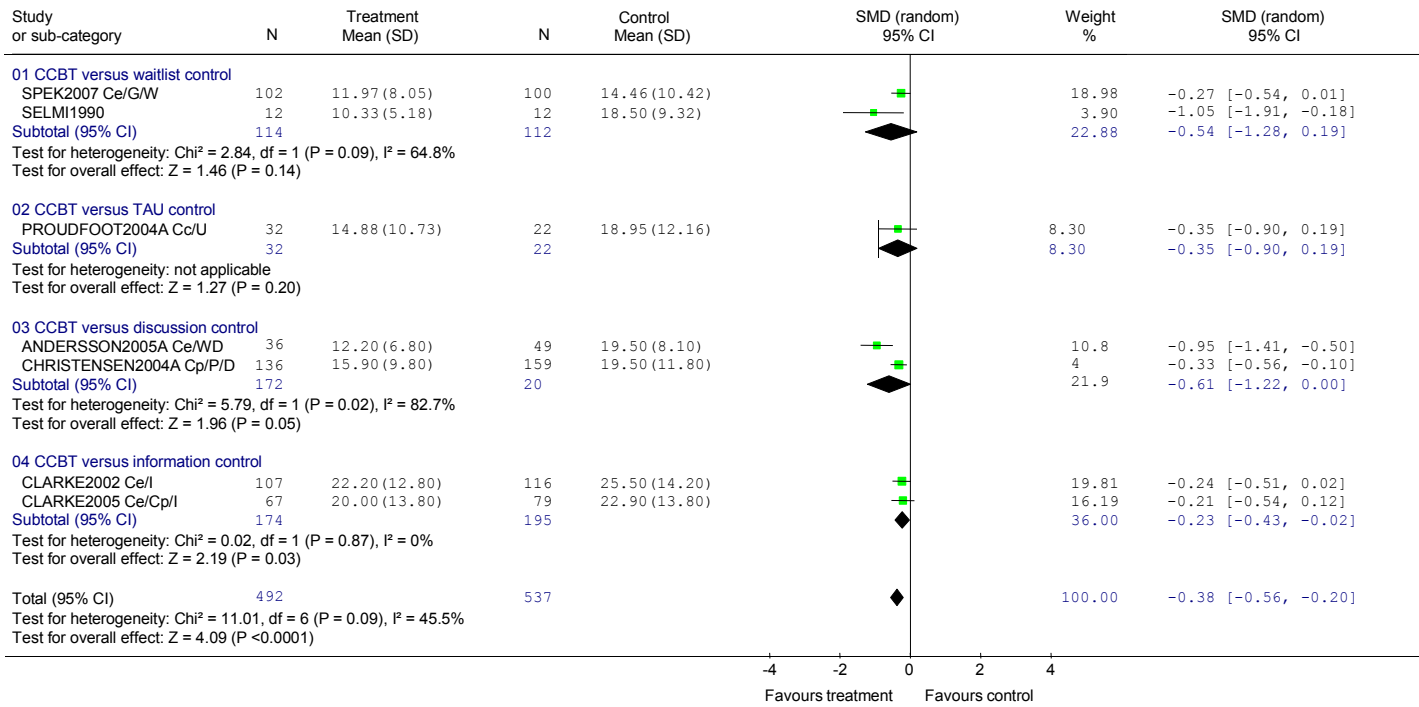
Review: CCBT05
 Comparison: 02 CCBT versus active control
 Outcome: 02 Depression self-report measures at endpoint



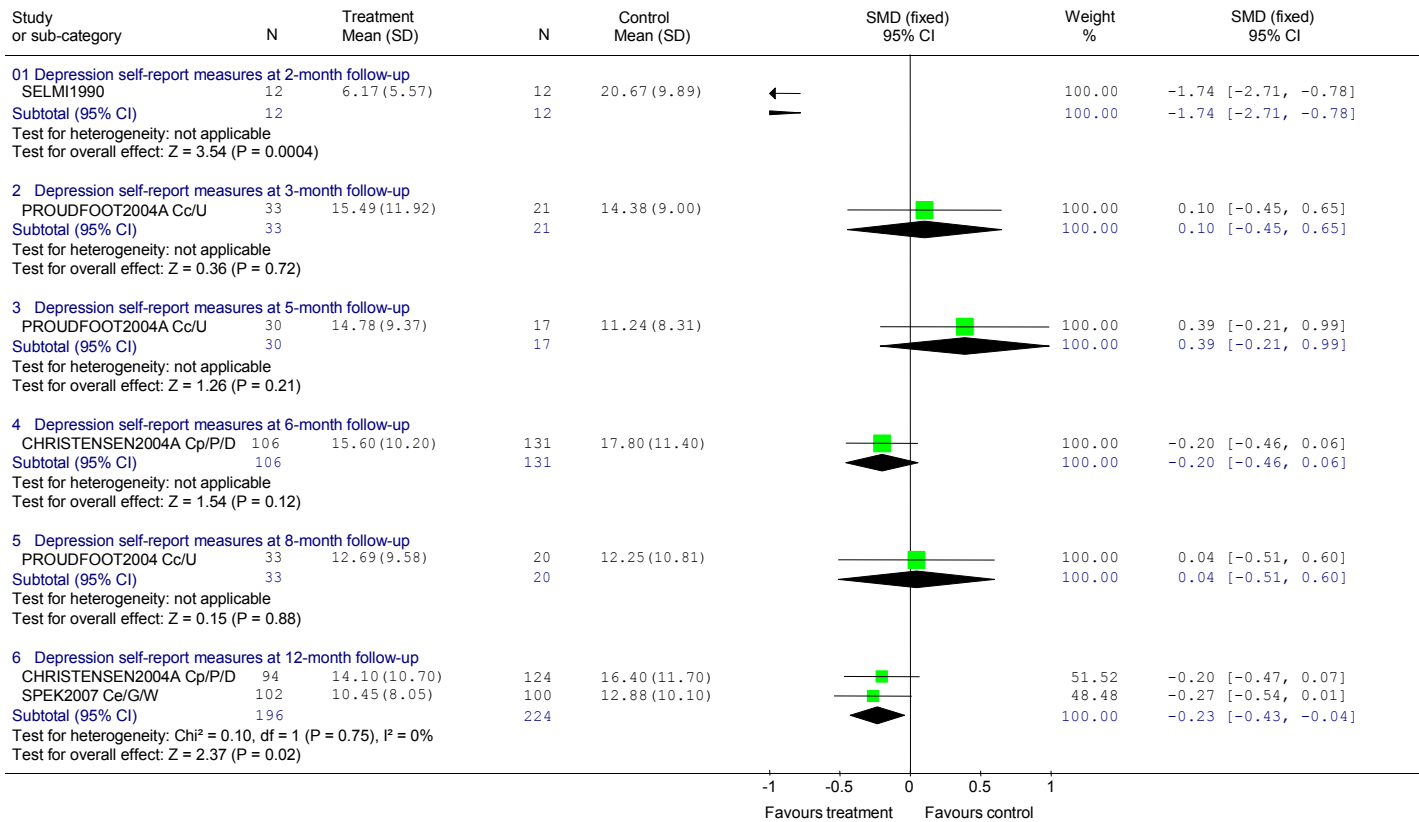
Review: CCBT06
 Comparison: 02 CCBT versus active control – psychoeducation
 Outcome: 03 Depression self-report measures at follow-up



Review: CCBT07
 Comparison: 06 Sub-analysis: PROUDFOOT2004A depressed-sample only
 Outcome: 01 Depression self-report measures at endpoint

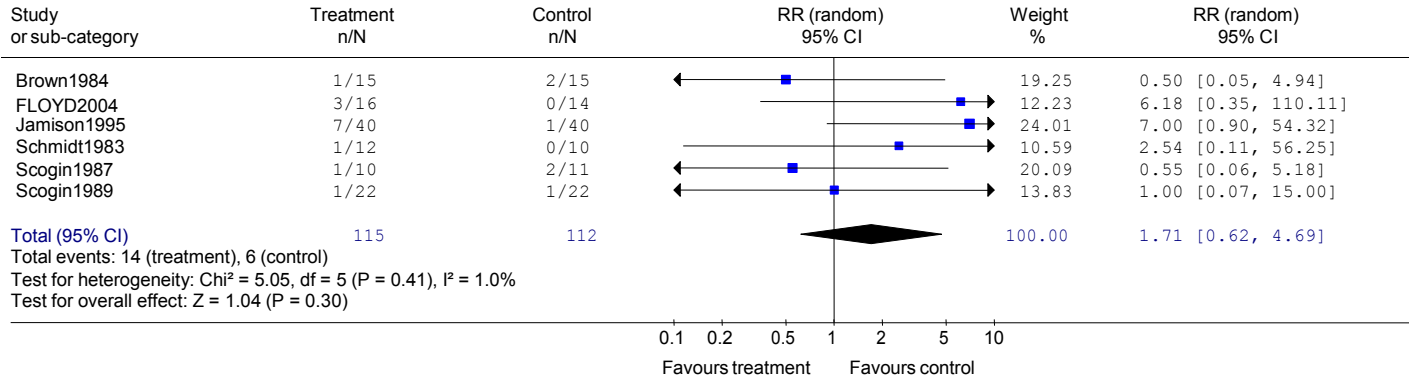


Review: CCBT08
 Comparison: 06 Sub-analysis: PROUDFOOT2004 depressed-sample only
 Outcome: 02 Depression self-report measures at follow-up

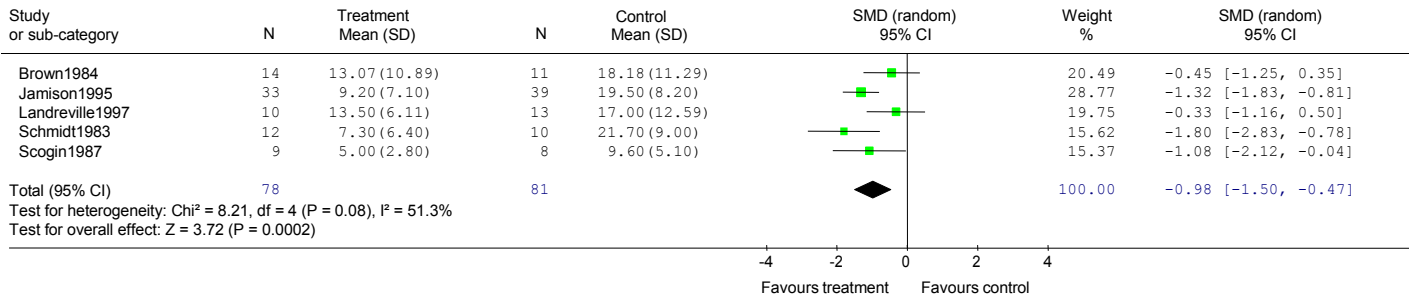


Guided self-help

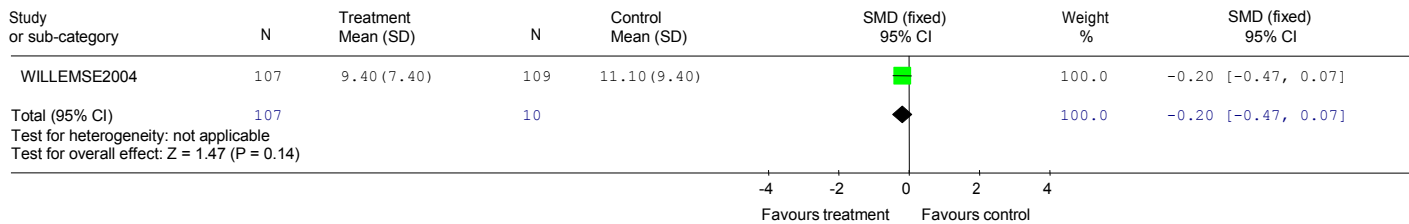
Review: GSH01
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 01 Leaving the study early for any reason



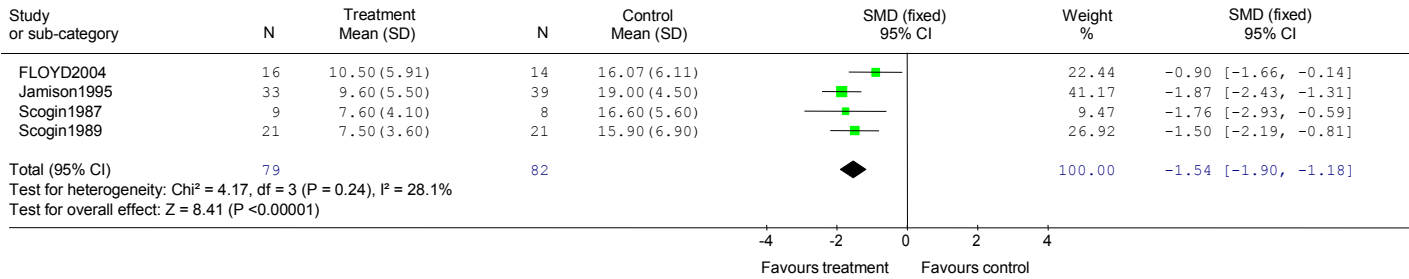
Review: GSH02
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



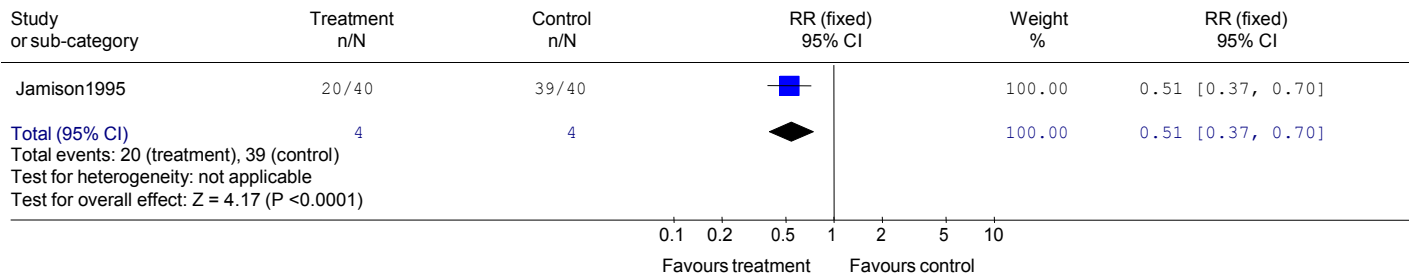
Review: GSH03
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 03 Self-report depression measure (CES-D) at 12-month follow-up



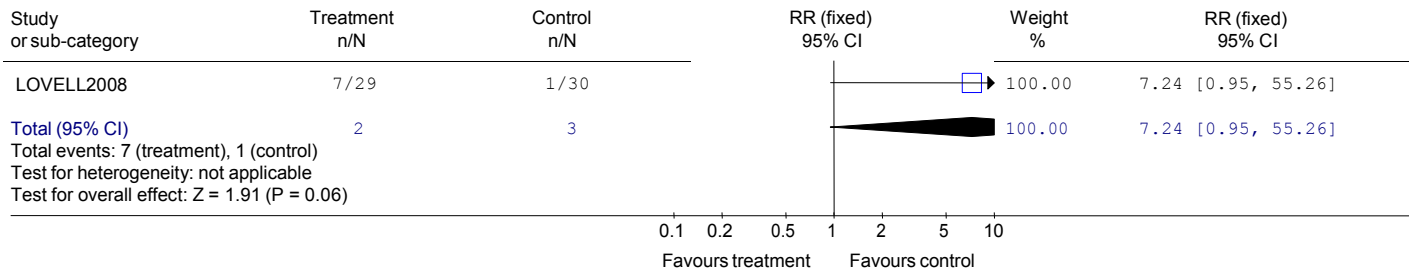
Review: GSH04
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 04 Clinician depression measure (HRSD) at endpoint



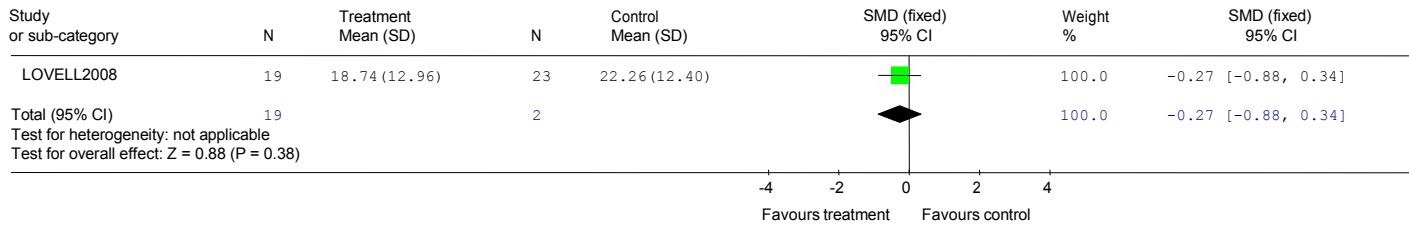
Review: GSH05
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 05 Non-response (as measured by HRSD <=12)



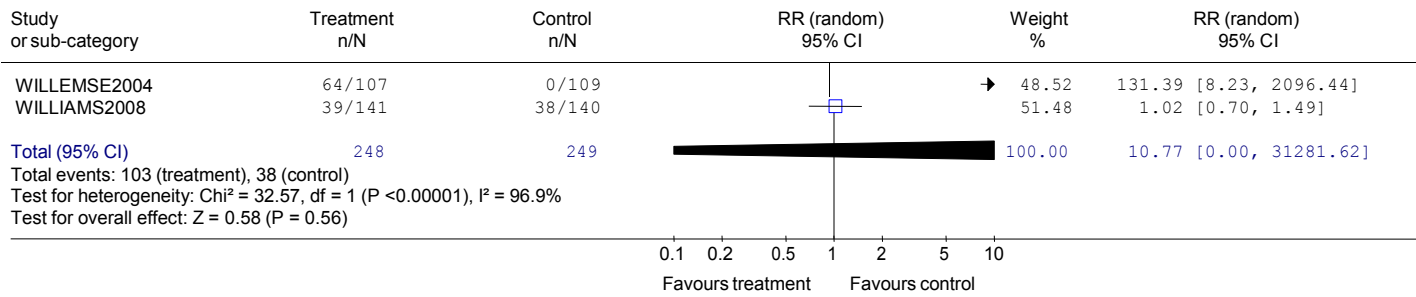
Review: GSH06
 Comparison: 02 Individual GSH (with support) versus TAU
 Outcome: 01 Leaving the study early for any reason



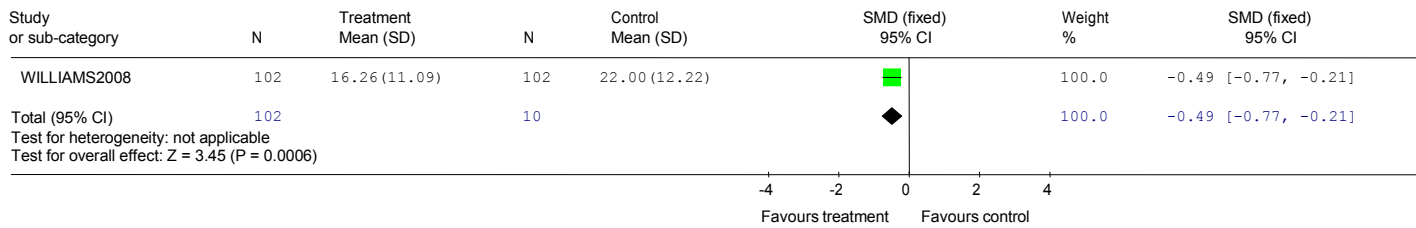
Review: GSH07
 Comparison: 02 Individual GSH (with support) versus TAU
 Outcome: 02 Self-report depression measures (BDI) at endpoint



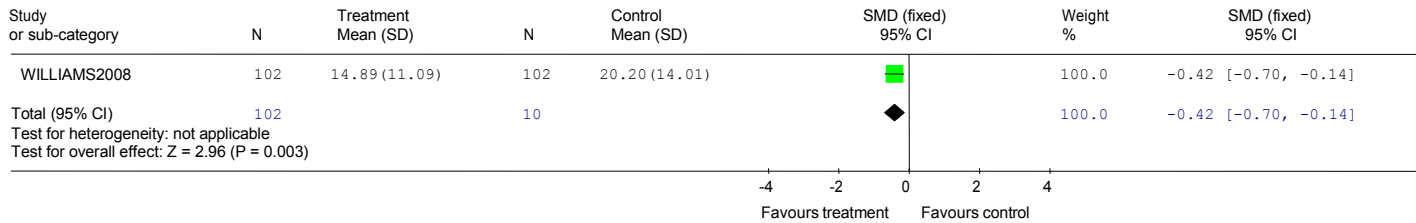
Review: GSH08
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 01 Leaving the study early for any reason



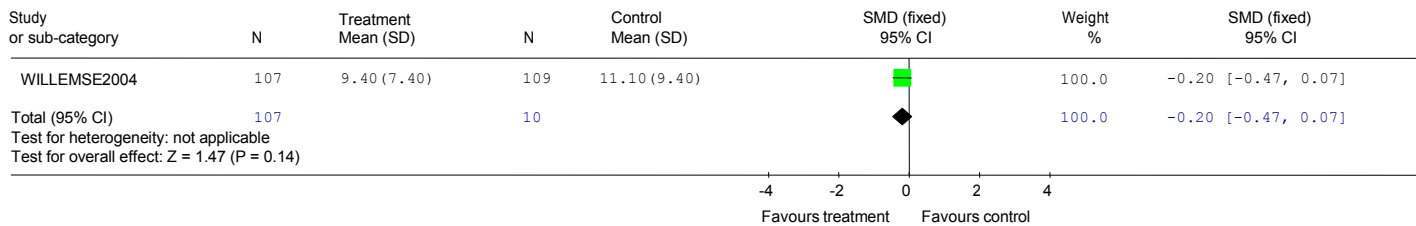
Review: GSH09
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 02 Self-report depression measures (BDI) at endpoint



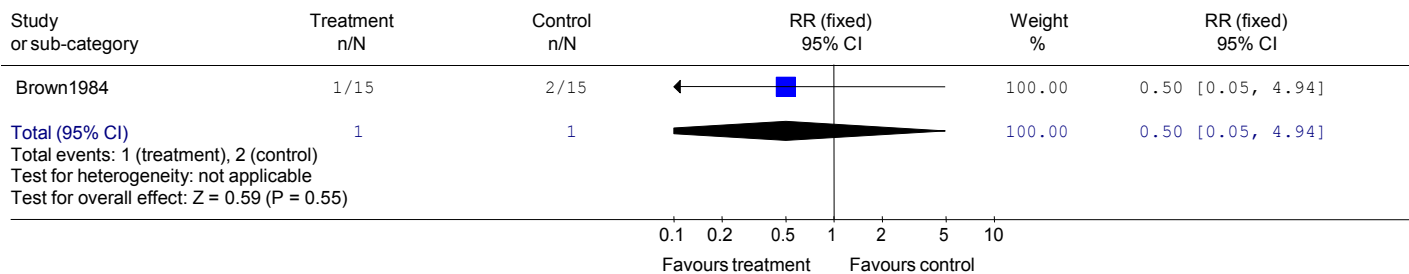
Review: GSH10
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 03 Self-report depression measures (BDI) at 12-month follow-up



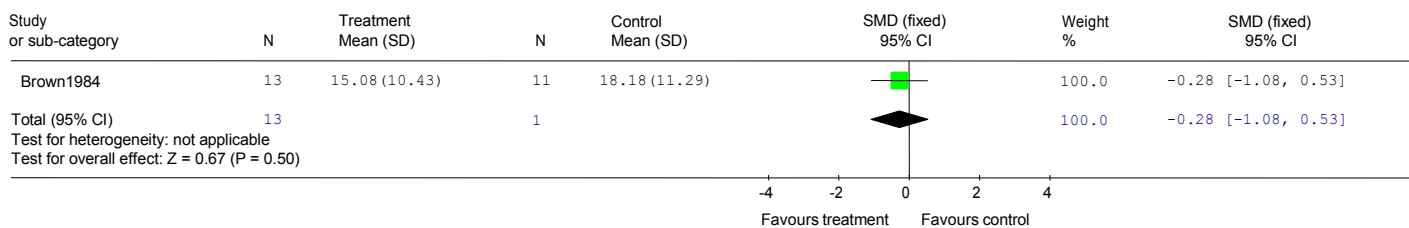
Review: GSH11
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 04 Self-report depression measure (CES-D) at 12-month follow-up



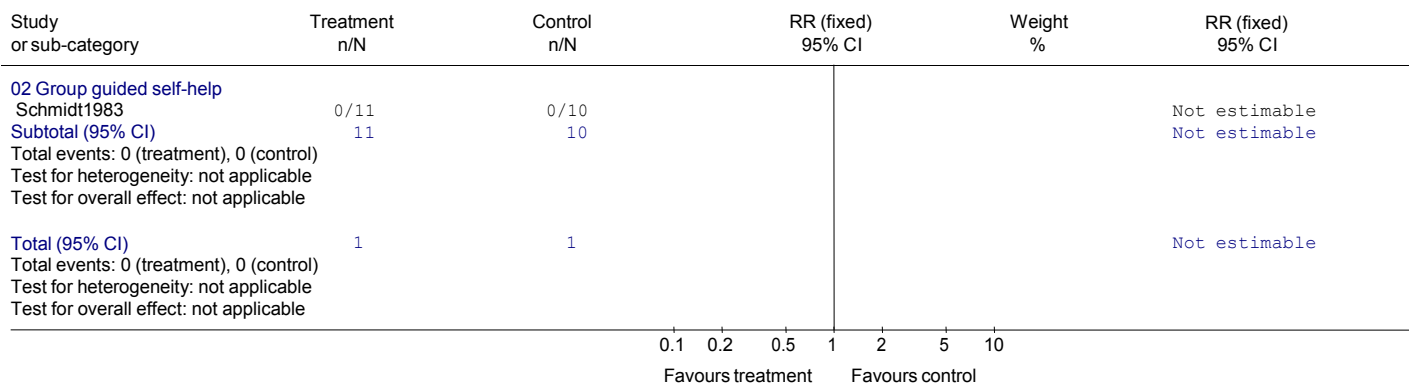
Review: GSH12
 Comparison: 04 Individual GSH (with support) versus waitlist control
 Outcome: 01 Leaving the study early for any reason



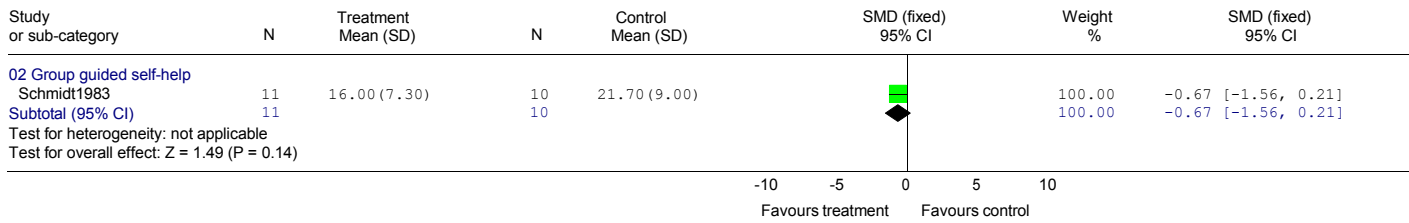
Review: GSH13
 Comparison: 04 Individual GSH (with support) versus waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



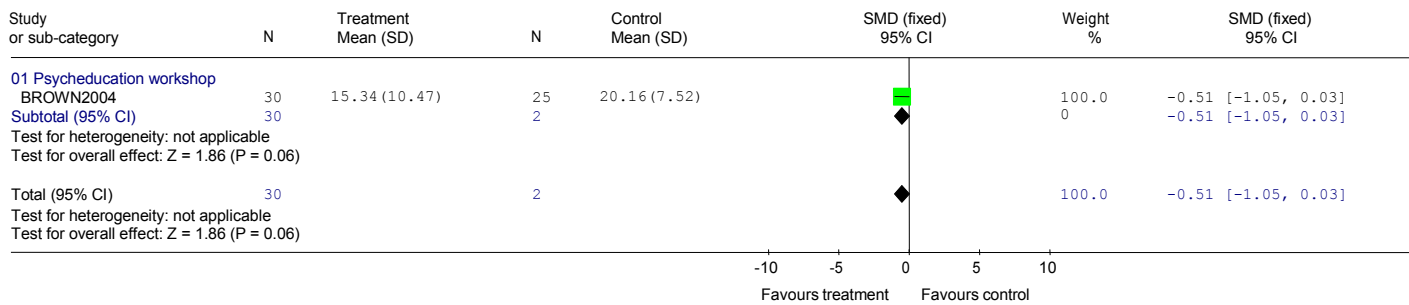
Review: GSH14
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 01 Leaving the study early for any reason



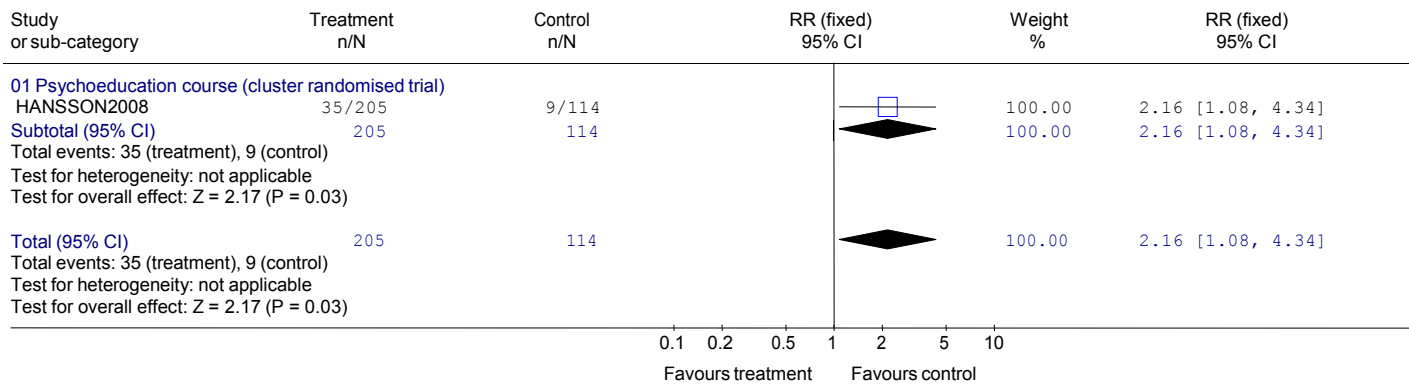
Review: GSH15
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



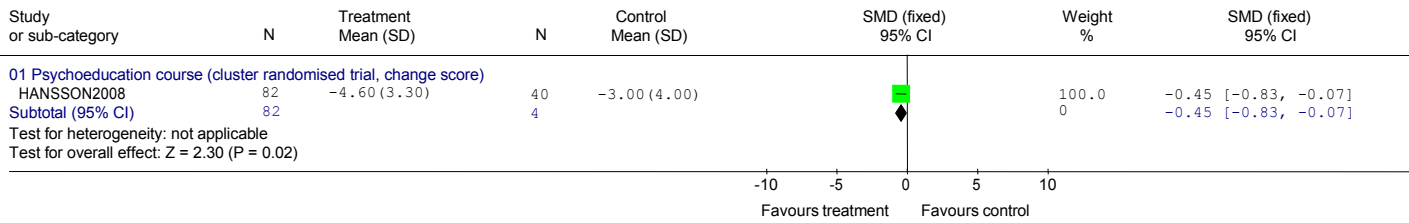
Review: GSH16
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 04 Self-report depression measures (BDI) at 3-month follow-up



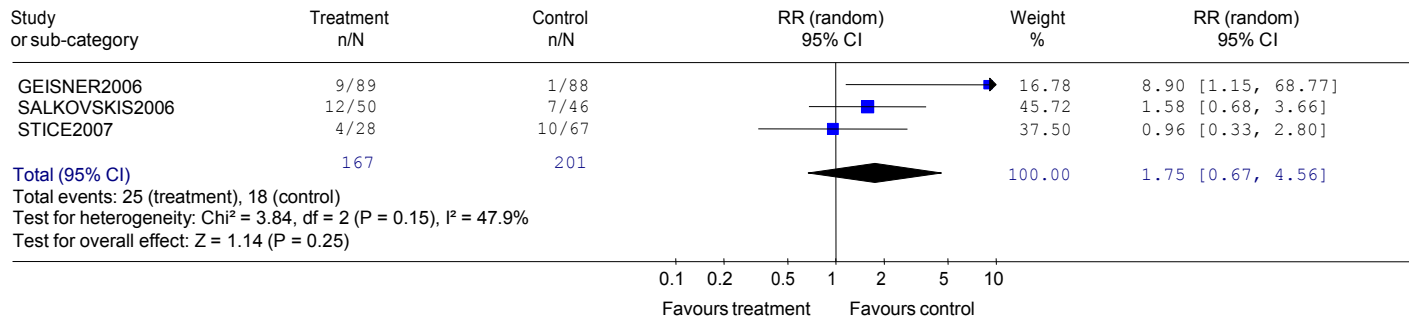
Review: GSH17
 Comparison: 06 Group GSH versus TAU
 Outcome: 01 Leaving the study early for any reason



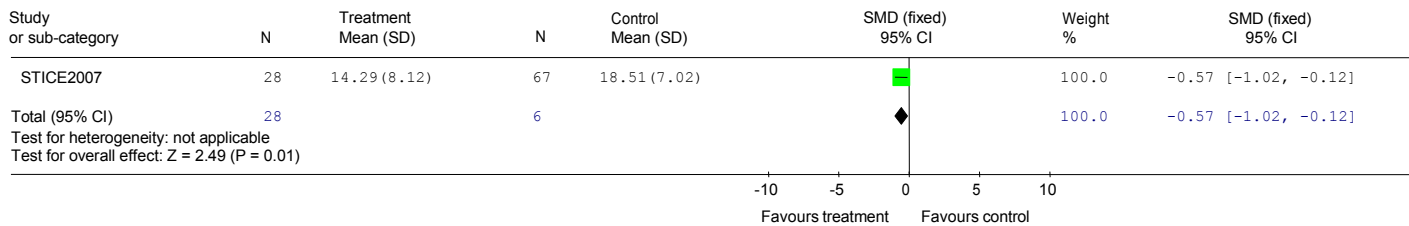
Review: GSH18
 Comparison: 06 Group GSH versus TAU
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



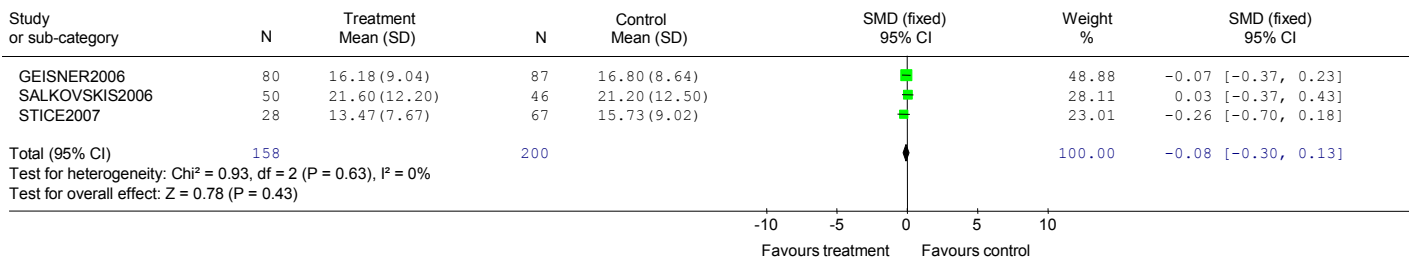
Review: GSH19
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 01 Leaving the study early for any reason



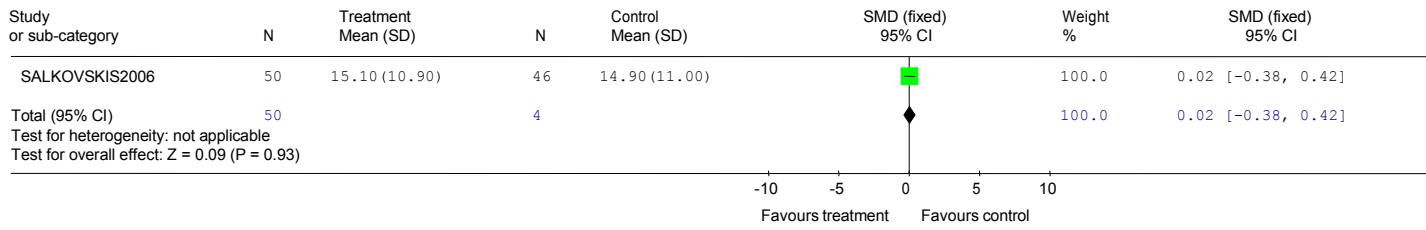
Review: GSH20
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 02 Self-report depression measure (BDI) at endpoint



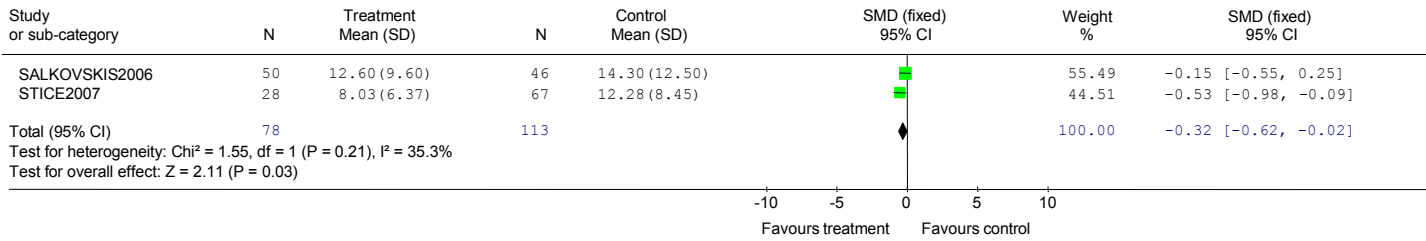
Review: GSH21
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 03 Self-report depression measures (BDI) at 1-month follow-up



Review: GSH22
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 04 Self-report depression measures (BDI) at 3-month follow-up

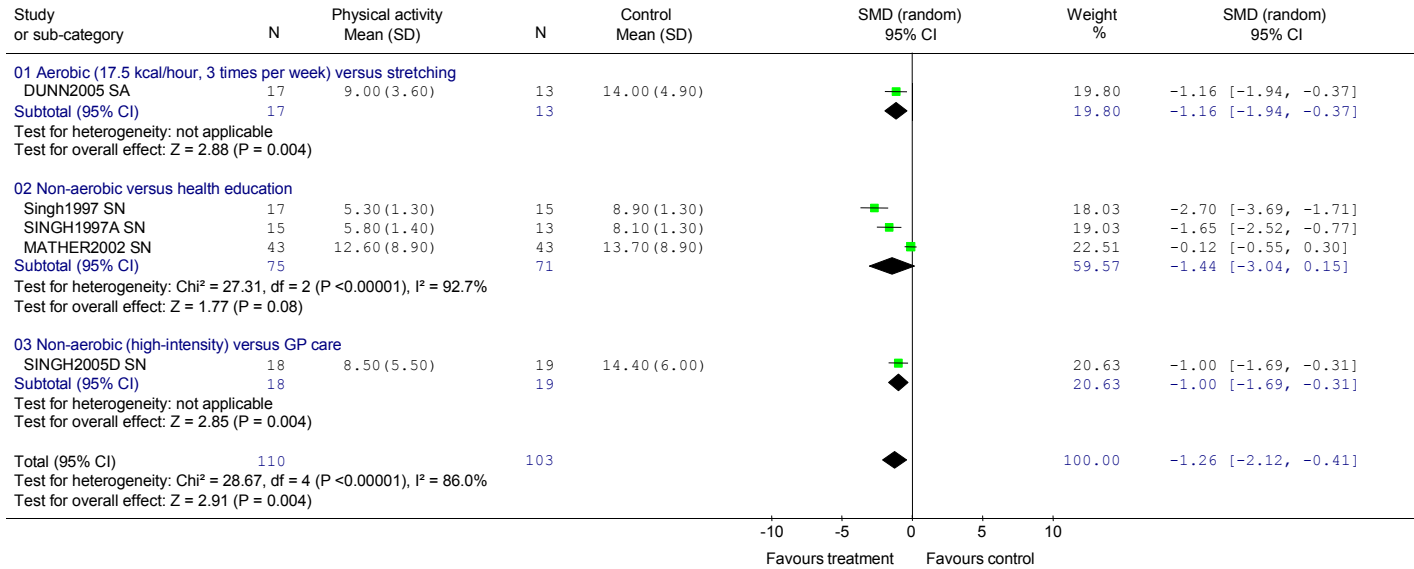


Review: GSH23
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 05 Self-report depression measures (BDI) at 6-month follow-up

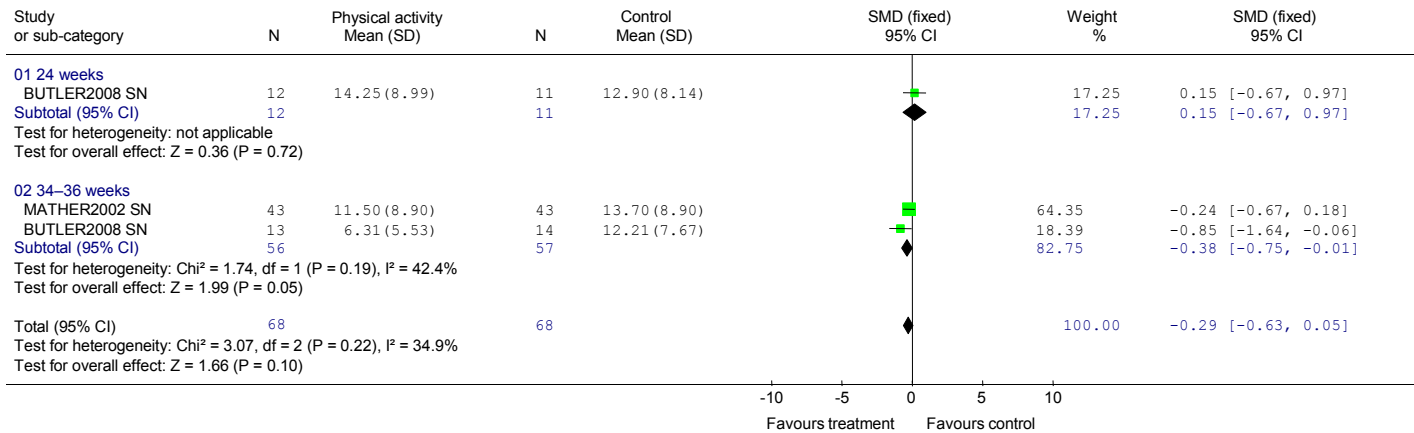


Physical activity

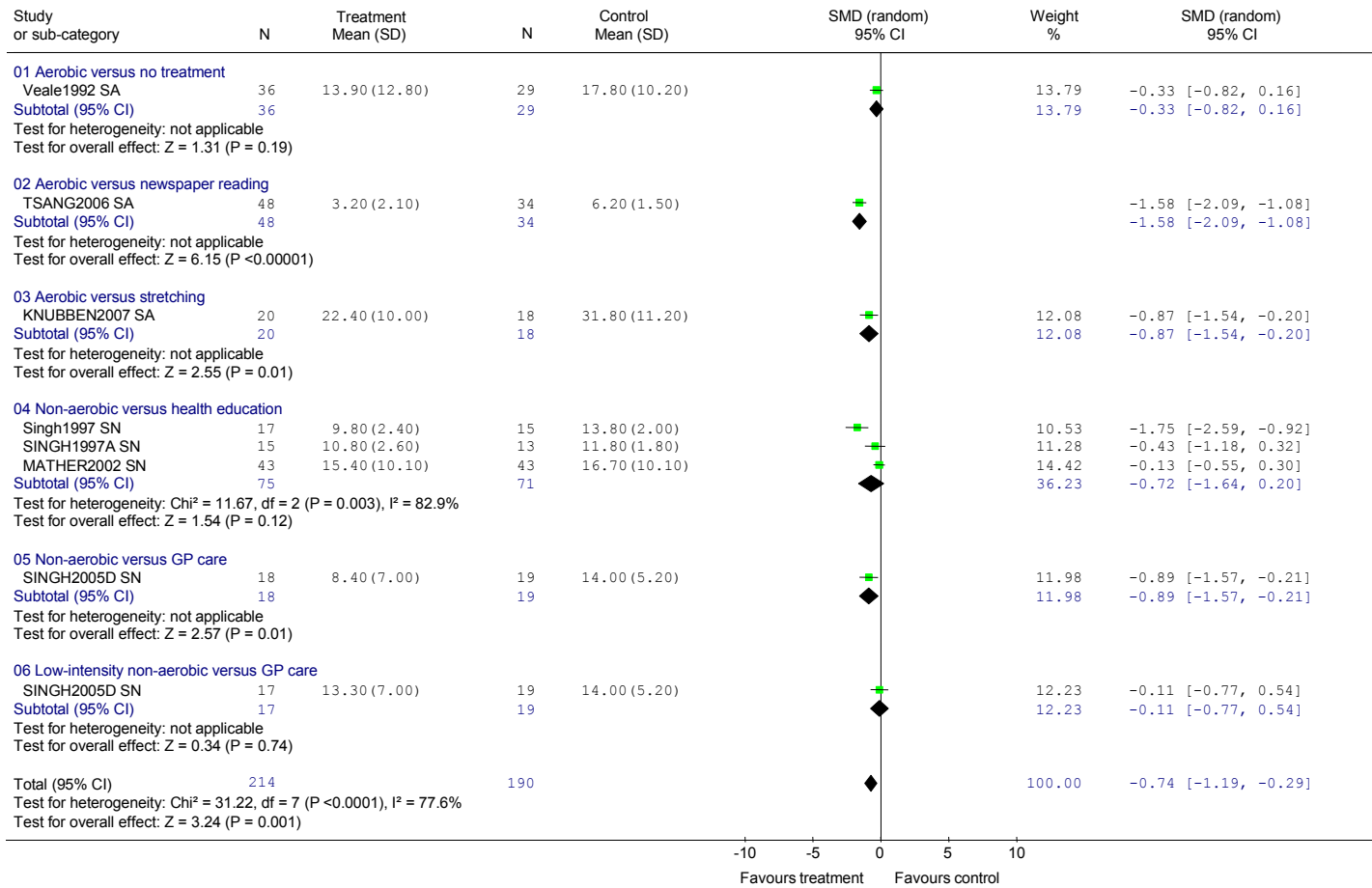
Review: PA01
 Comparison: 10 Physical activity versus no physical activity control (edited data)
 Outcome: 01 Supervised (clinician-rated mean depression scores at endpoint)



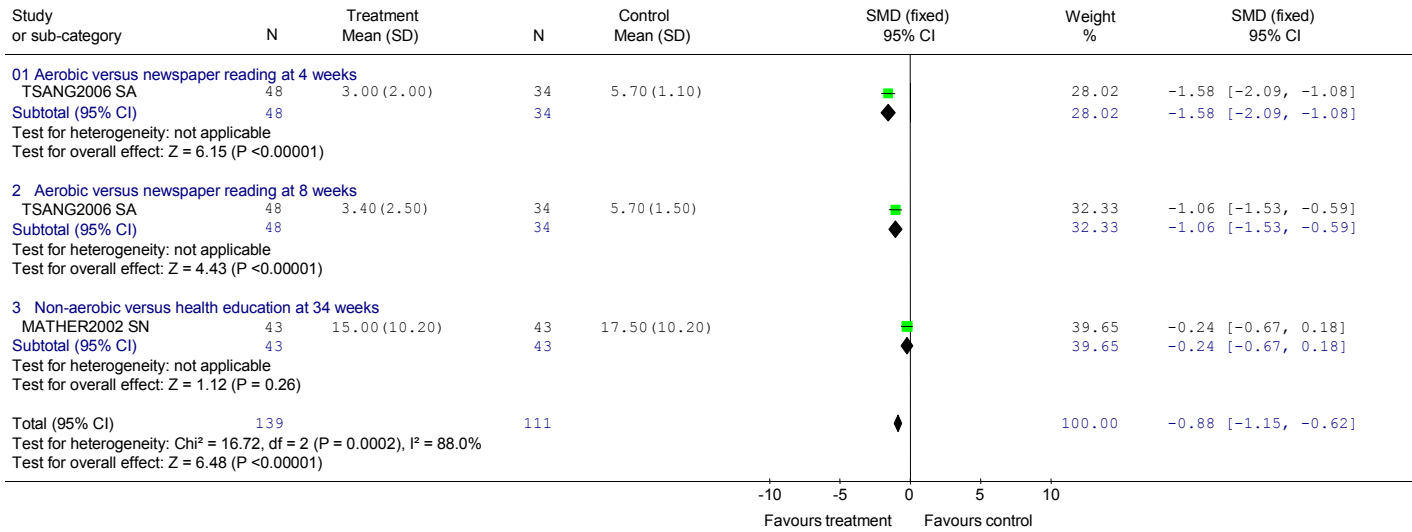
Review: PA02
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 02 Supervised non-aerobic versus health education (clinician-rated depression scores at follow-up)



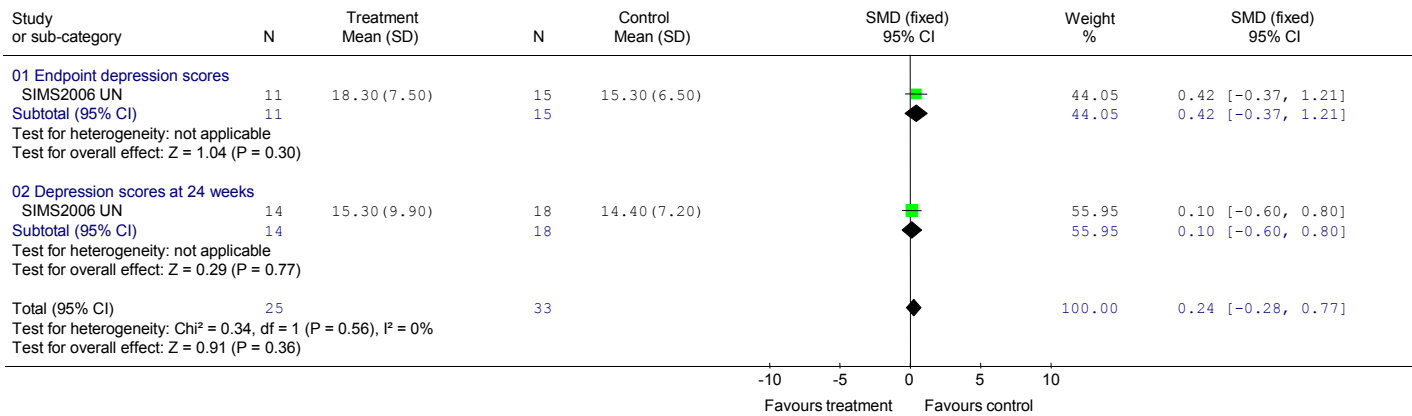
Review: PA03
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 03 Supervised (self-rated mean depression scores at endpoint)



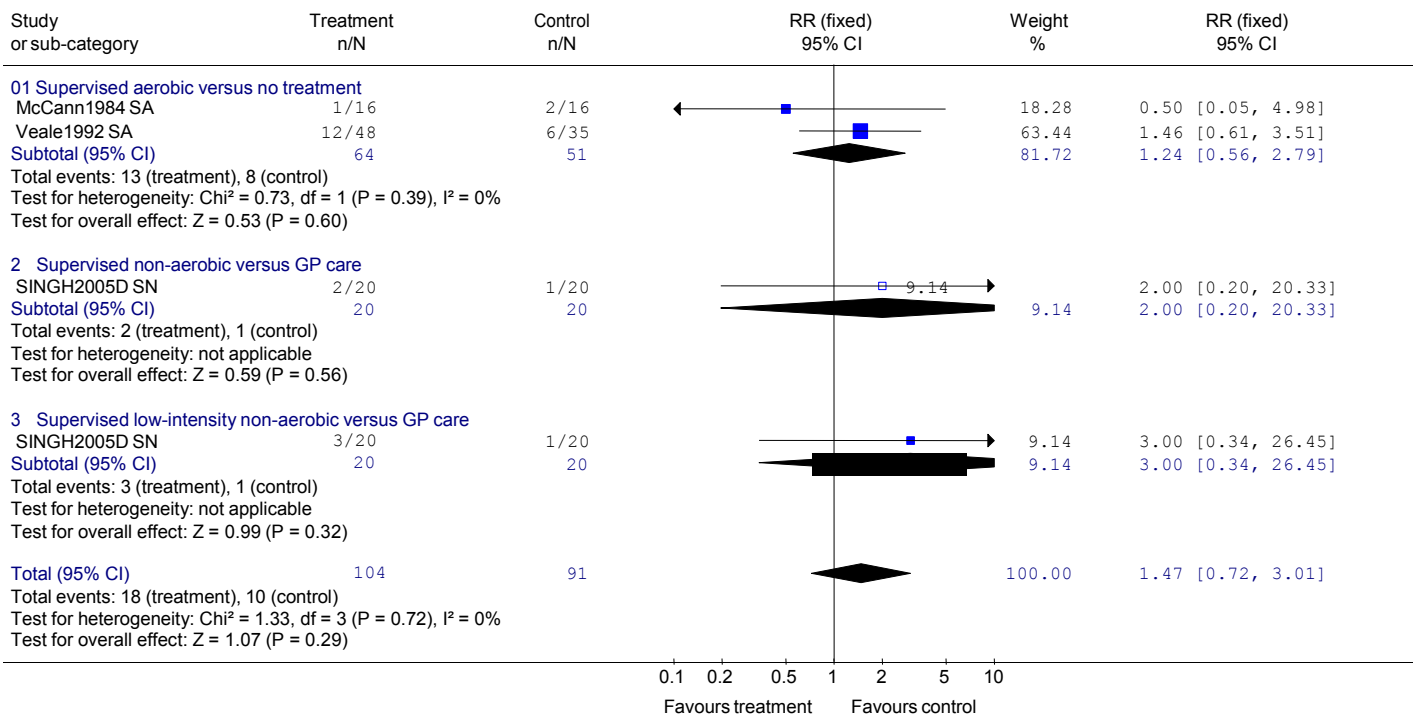
Review: PA04
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 05 Supervised (self-rated depression scores at follow-up)



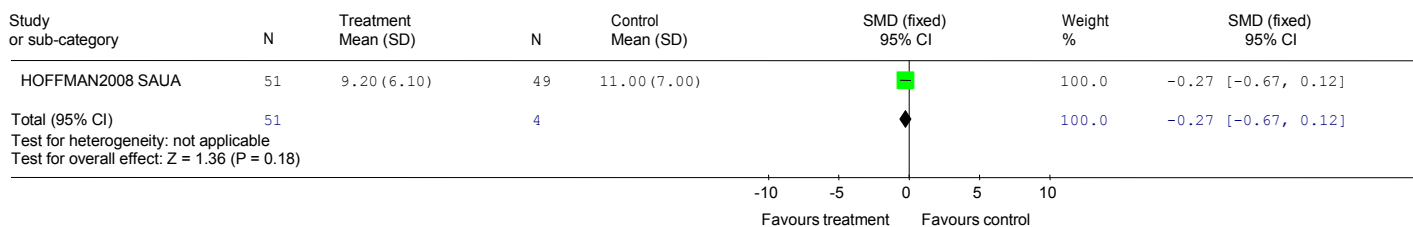
Review: PA05
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 06 Unsupervised non-aerobic versus advice control (self-rated endpoint depression scores)



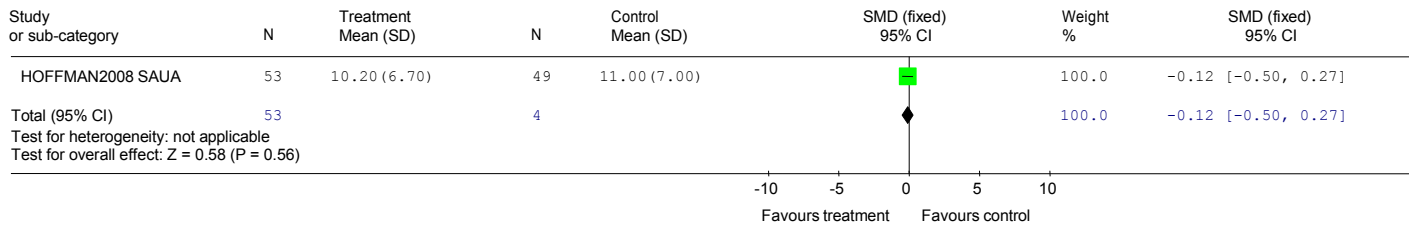
Review: PA06
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 07 N leaving treatment for any reason



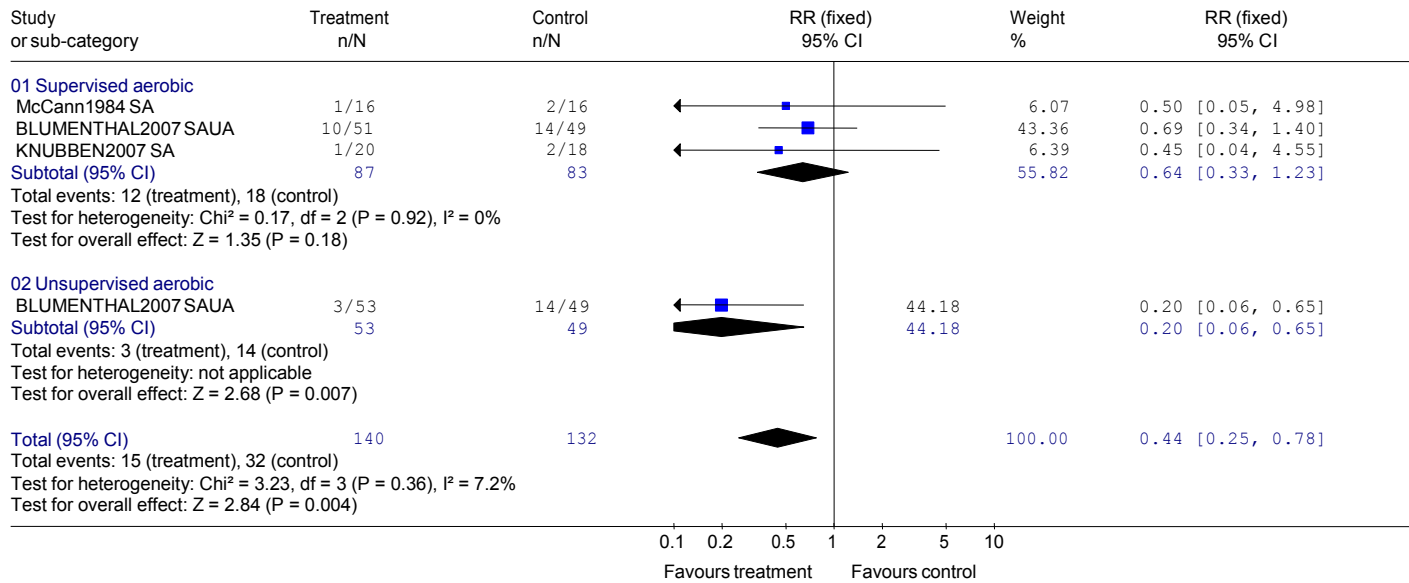
Review: PA07
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



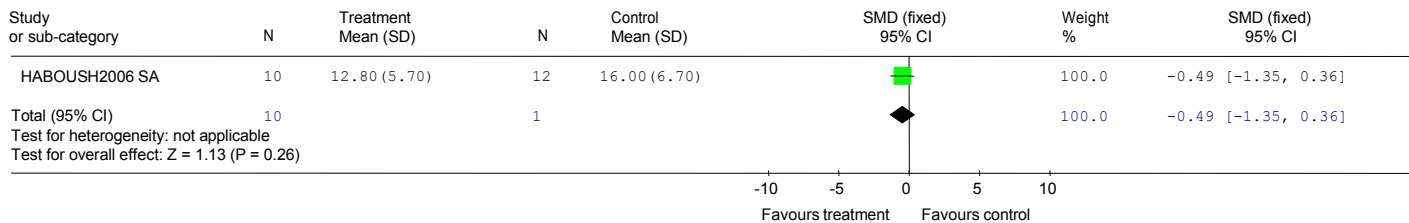
Review: PA08
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 03 Unsupervised aerobic (clinician-rated endpoint depression scores)



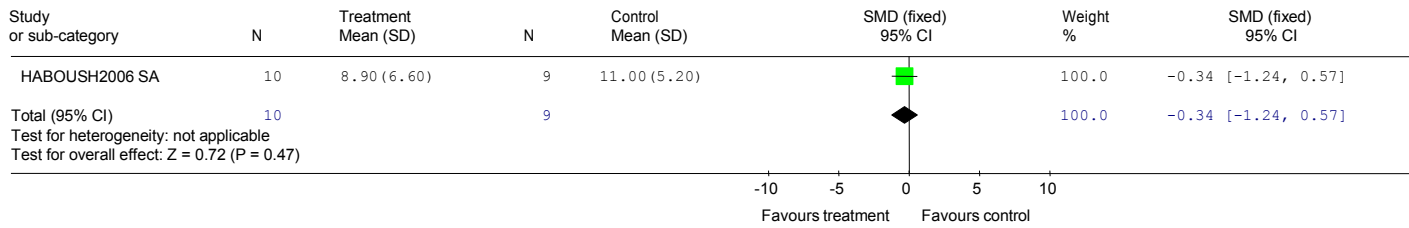
Review: PA09
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 05 N leaving treatment for any reason



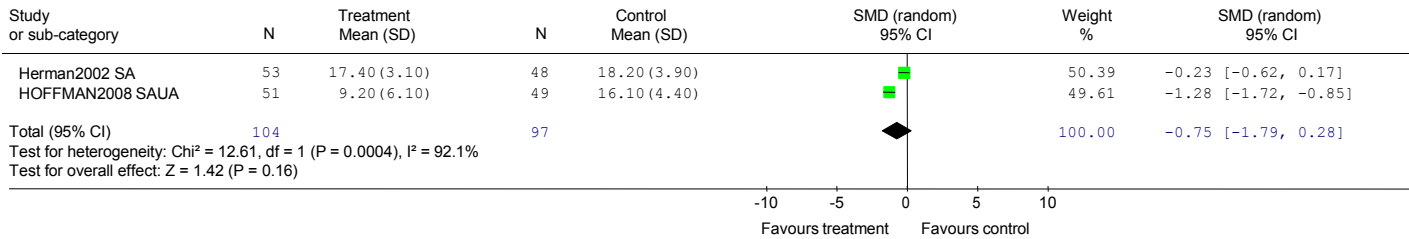
Review: PA10
 Comparison: 03 Physical activity versus waitlist
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



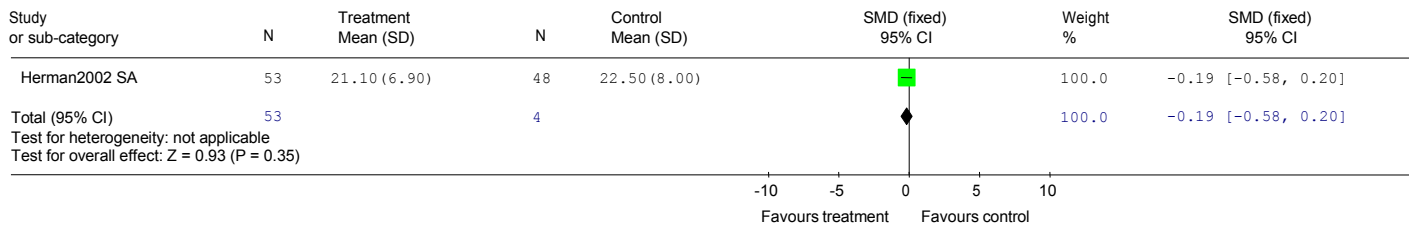
Review: PA11
 Comparison: 03 Physical activity versus waitlist
 Outcome: 02 Supervised aerobic (clinician-rated depression scores at 12 weeks)



Review: PA12
 Comparison: 04 Physical activity versus sertraline
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



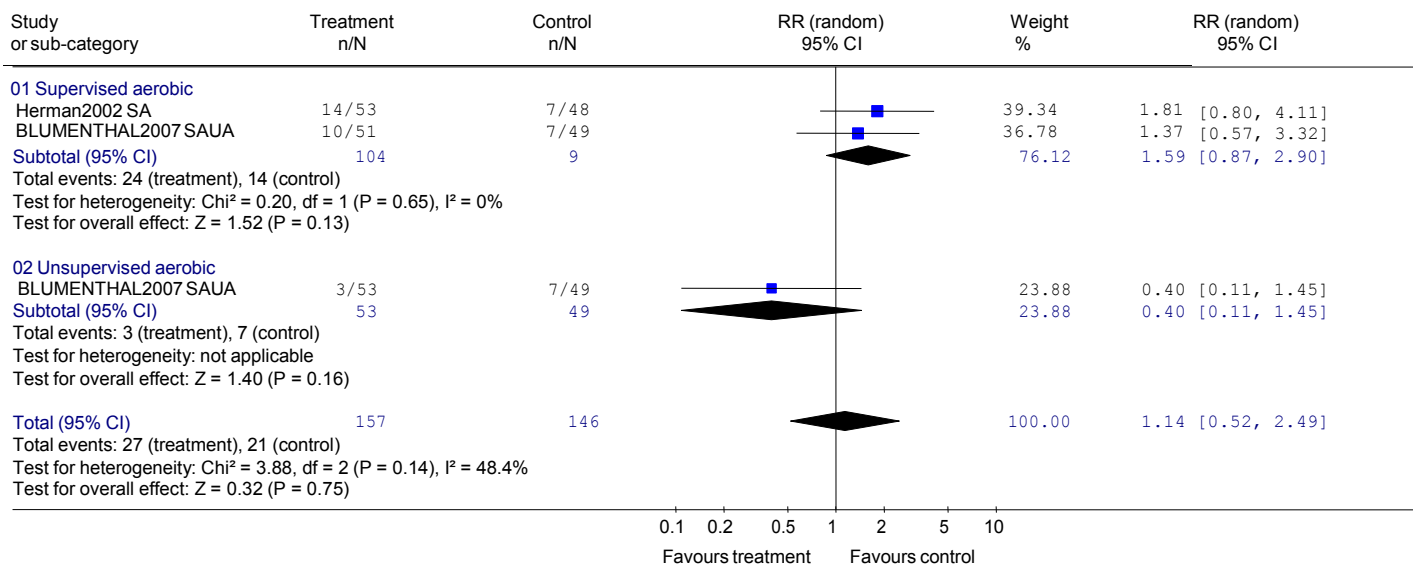
Review: PA13
 Comparison: 04 Physical activity versus sertraline
 Outcome: 03 Supervised aerobic (self-rated endpoint depression scores)



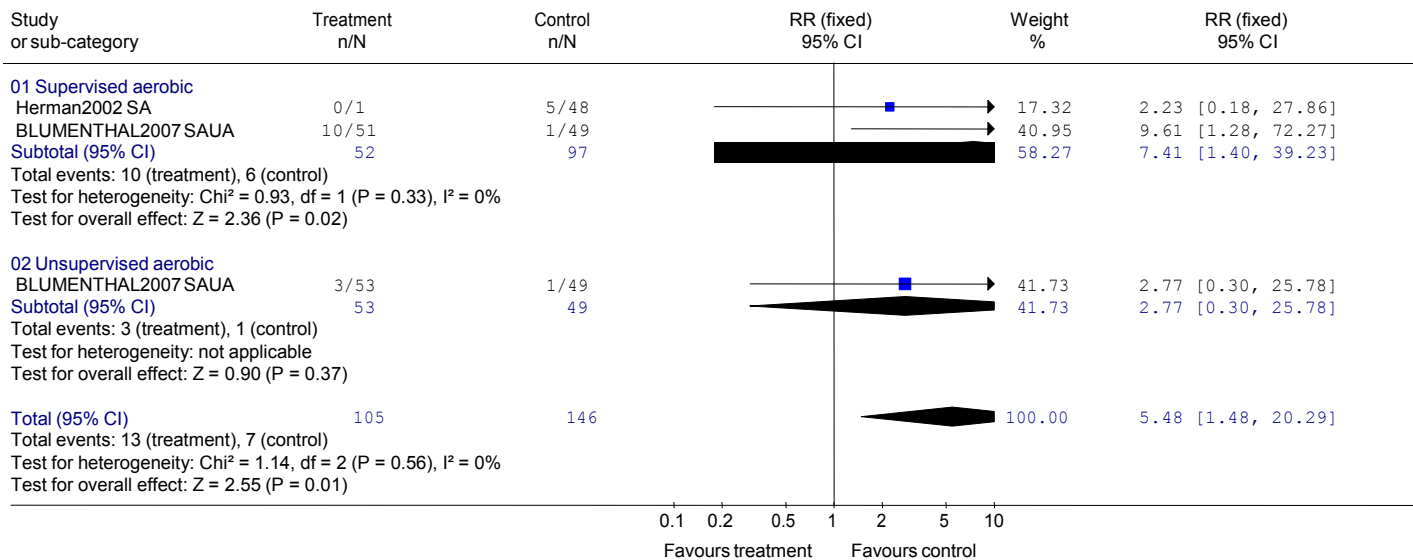
Review: PA14
 Comparison: 04 Physical activity versus sertraline
 Outcome: 04 Unsupervised aerobic (clinician-rated endpoint depression scores)



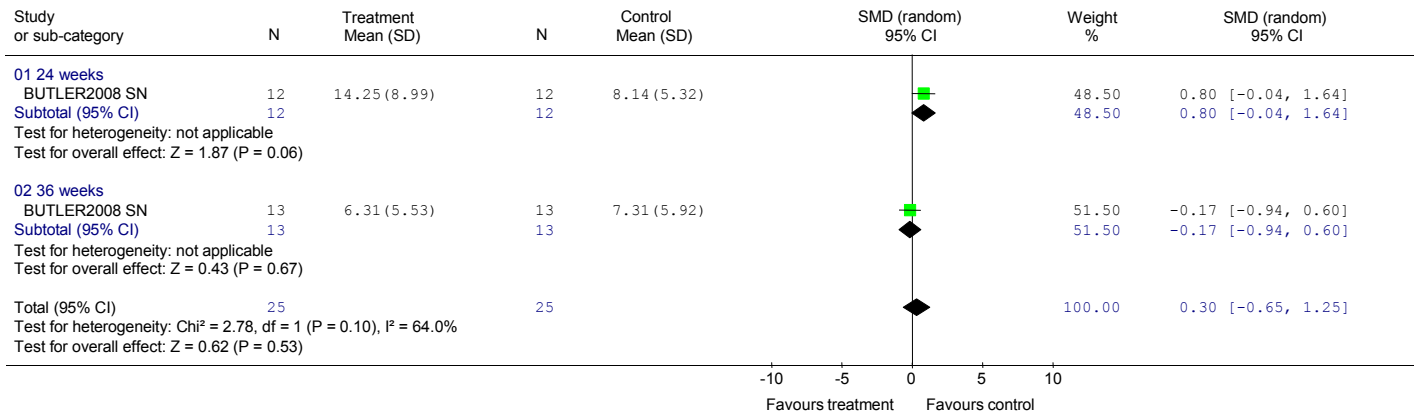
Review: PA15
 Comparison: 04 Physical activity versus sertraline
 Outcome: 06 N leaving treatment for any reason



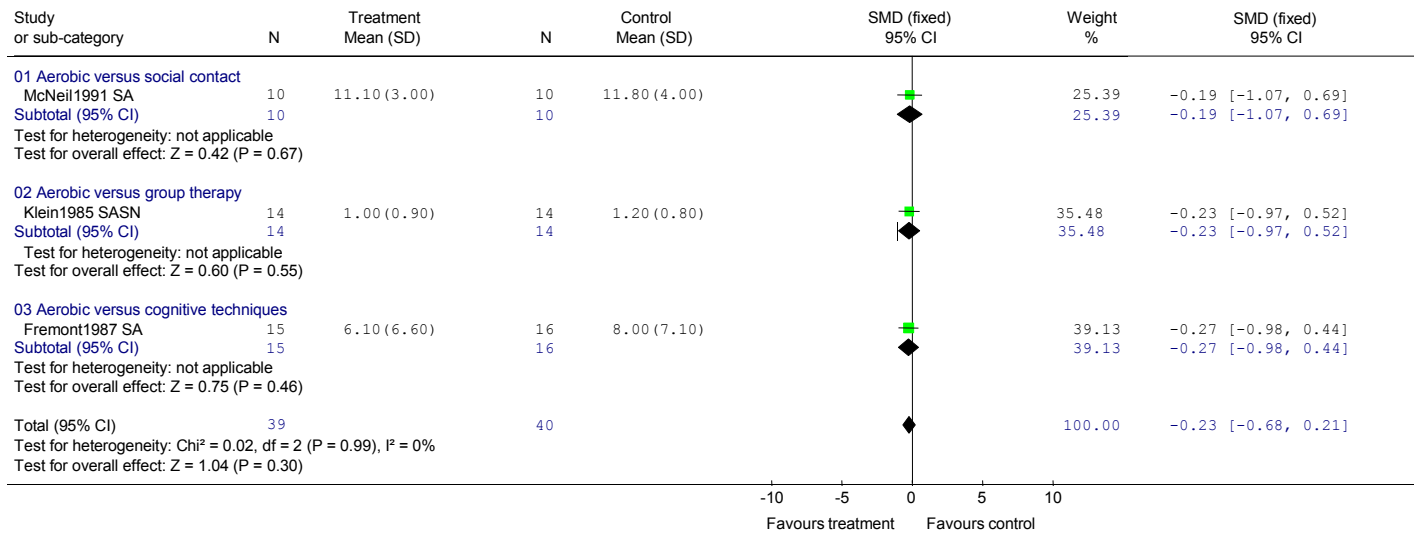
Review: PA16
 Comparison: 04 Physical activity versus sertraline
 Outcome: 07 N leaving treatment due to side effects



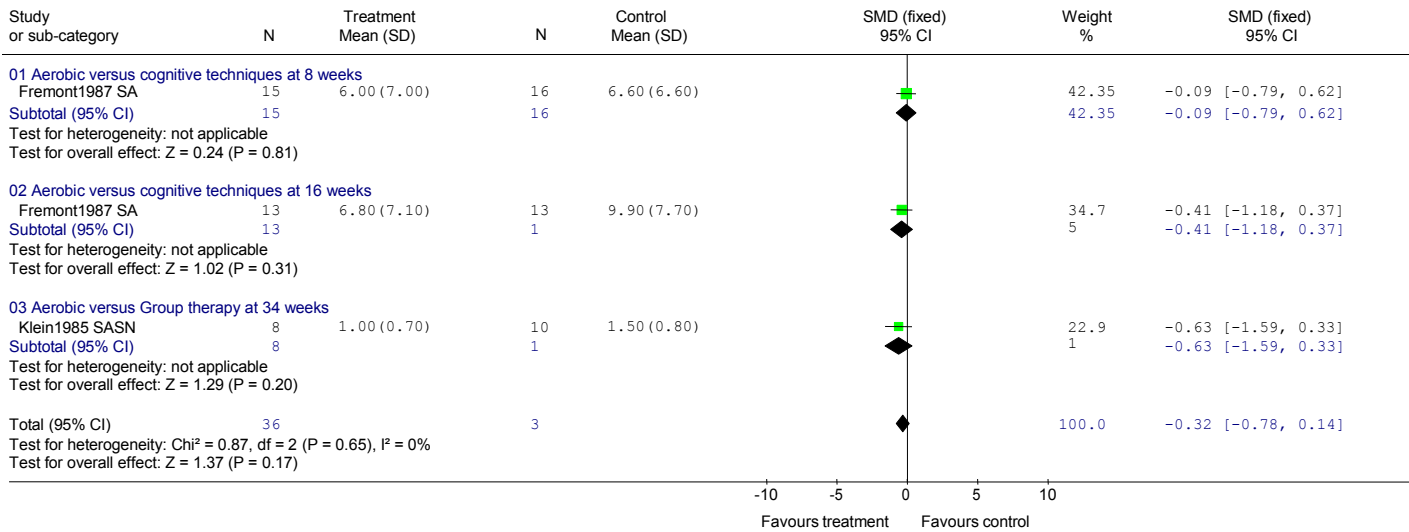
Review: PA17
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 01 Supervised non-aerobic versus hypnosis (clinician-rated depression scores at follow-up)



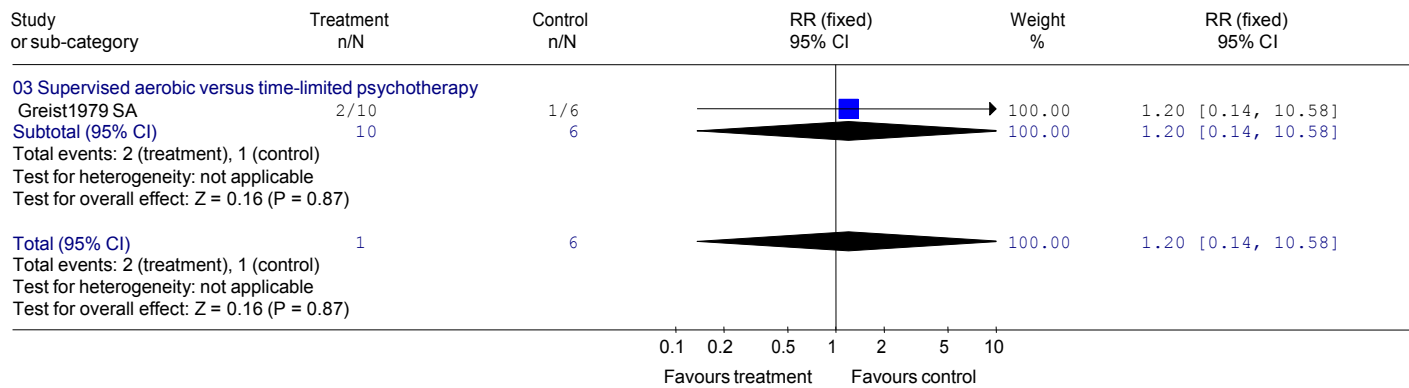
Review: PA18
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 02 Supervised (self-rated endpoint depression scores)



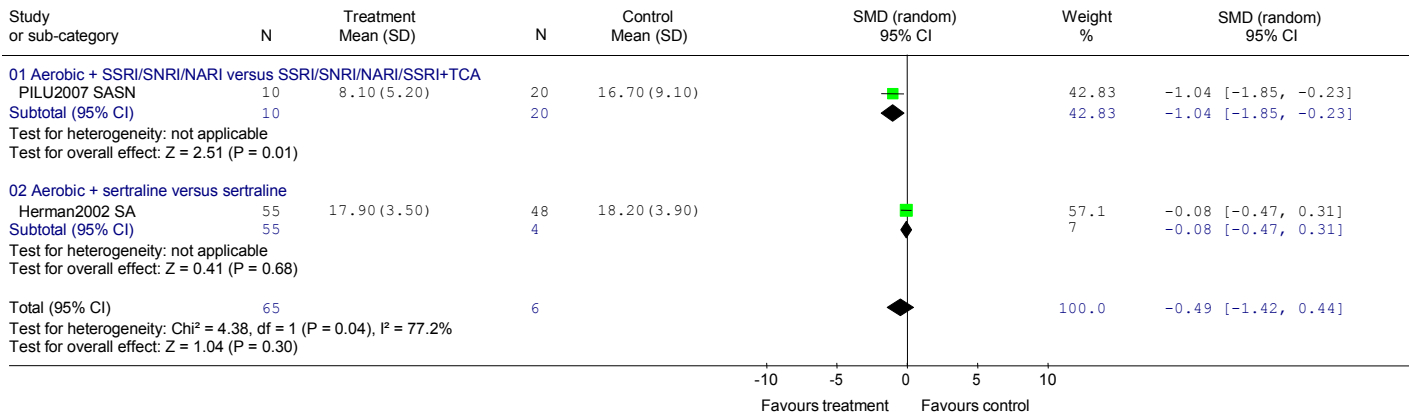
Review: PA19
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 03 Supervised (self-rated depression scores at follow-up)



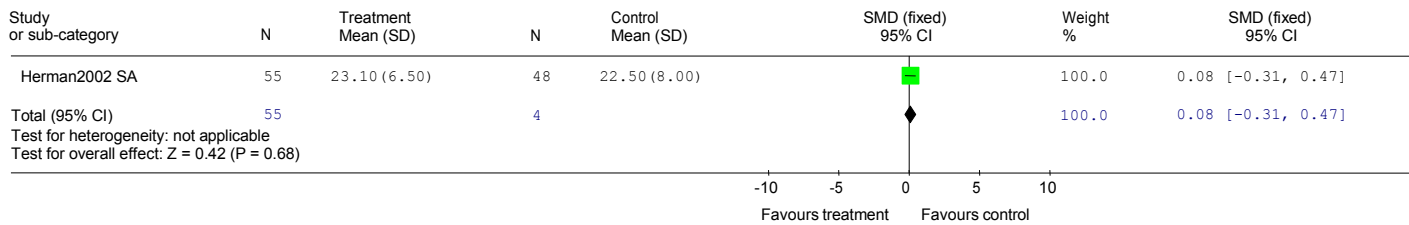
Review: PA20
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 04 N leaving treatment early for any reason



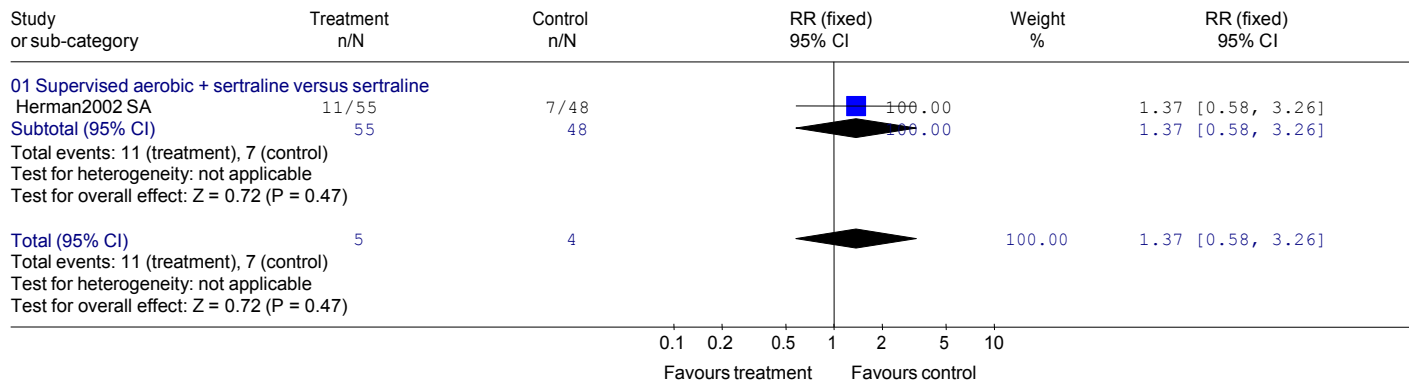
Review: PA21
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 01 Supervised physical activity + pharmacotherapies versus pharmacotherapies (C-R endpoint depression scores)



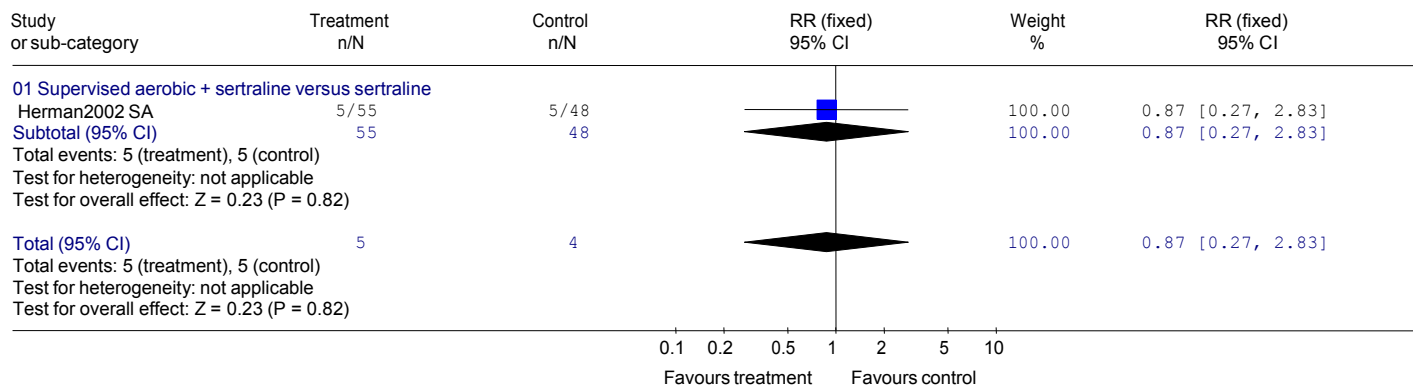
Review: PA22
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 02 Supervised aerobic + sertraline versus sertraline (S-R endpoint depression scores)



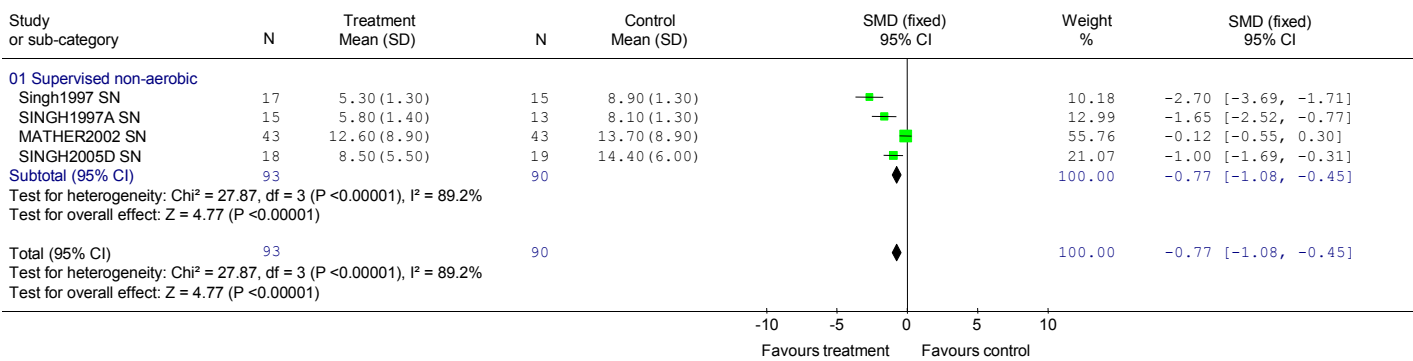
Review: PA23
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 03 N leaving treatment for any reason



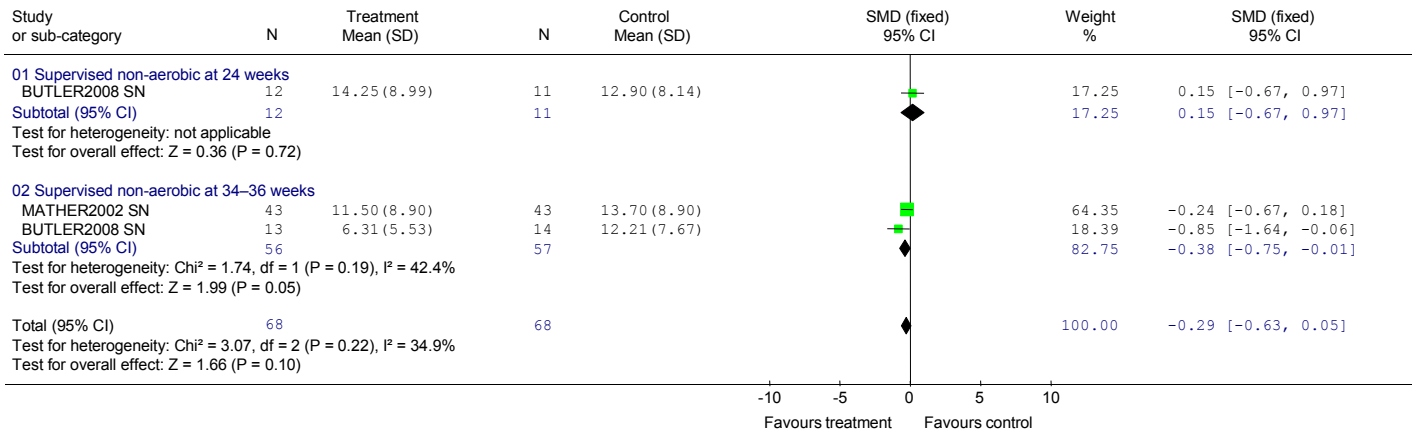
Review: PA24
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 04 N leaving treatment due to side effects



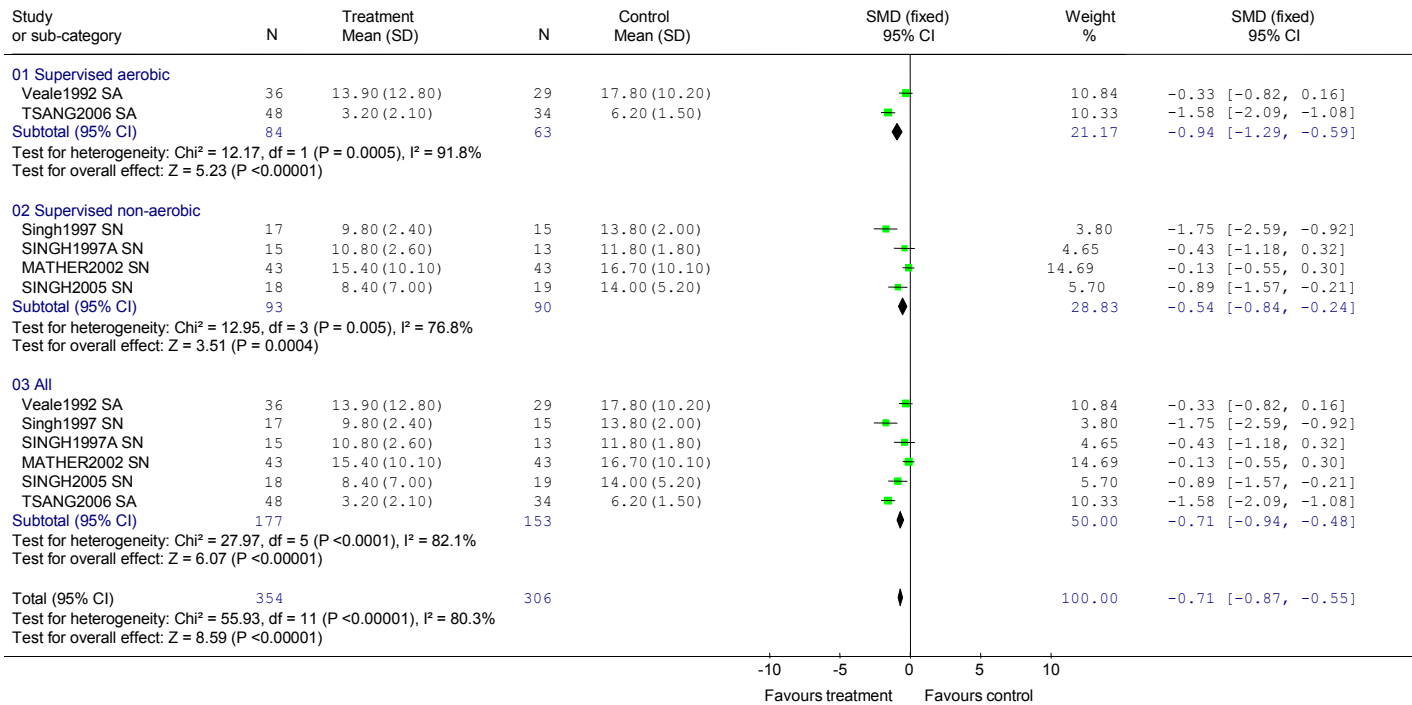
Review: PA25
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 01 Clinician-rated endpoint scores



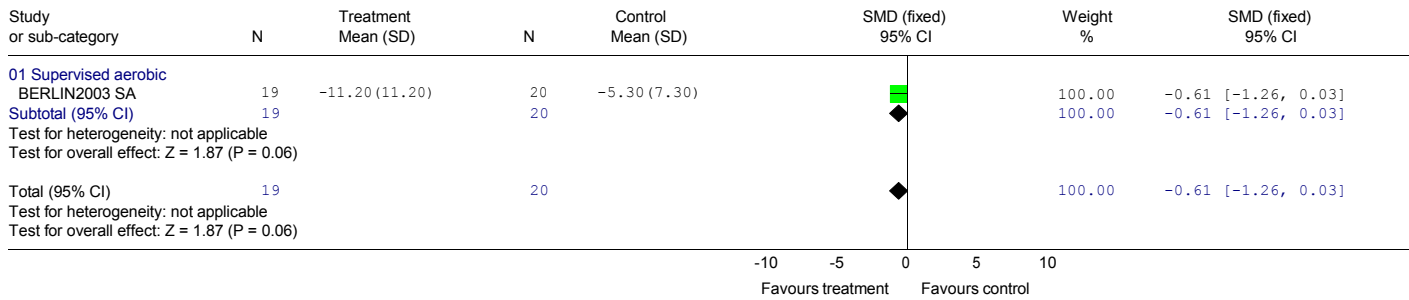
Review: PA26
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 02 Clinician-rated depression scores at follow up



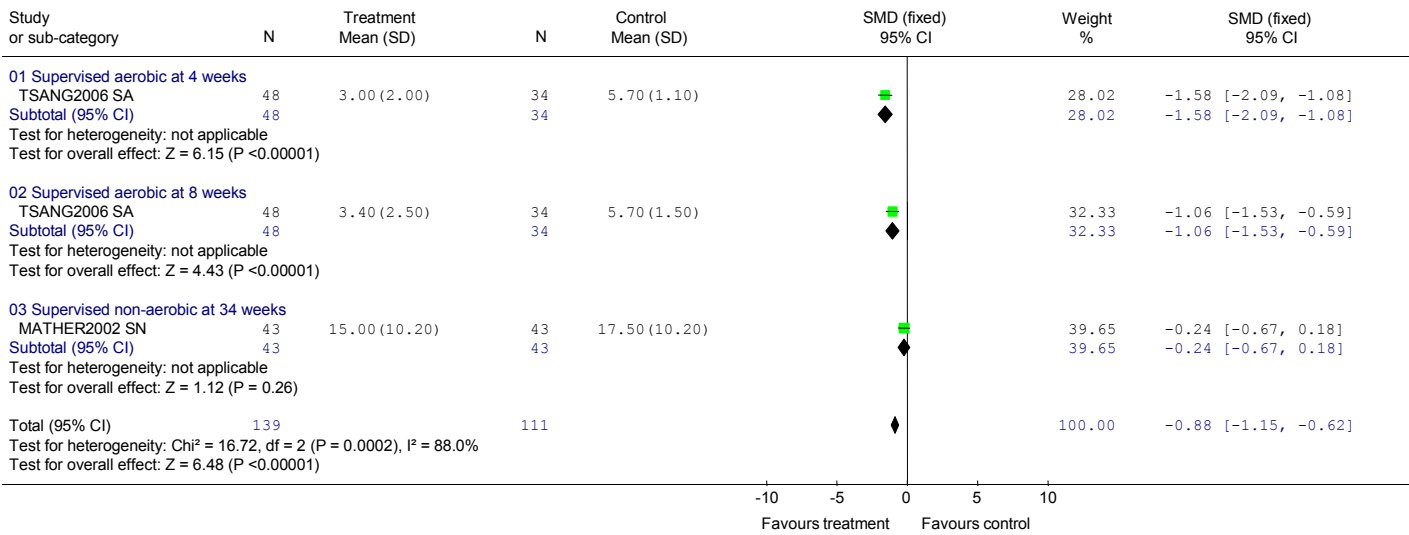
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 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 03 Self-rated endpoint scores



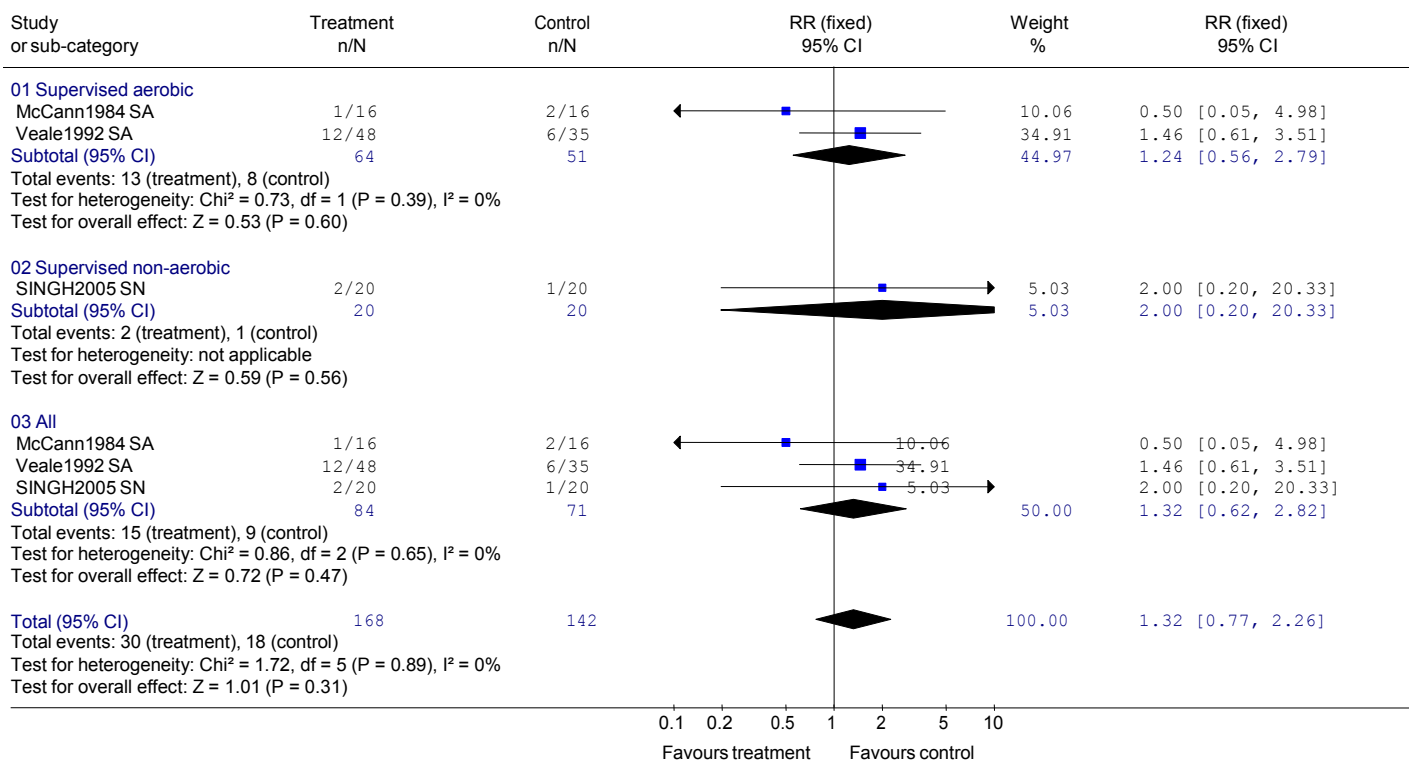
Review: PA28
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 04 Self-rated depression change scores



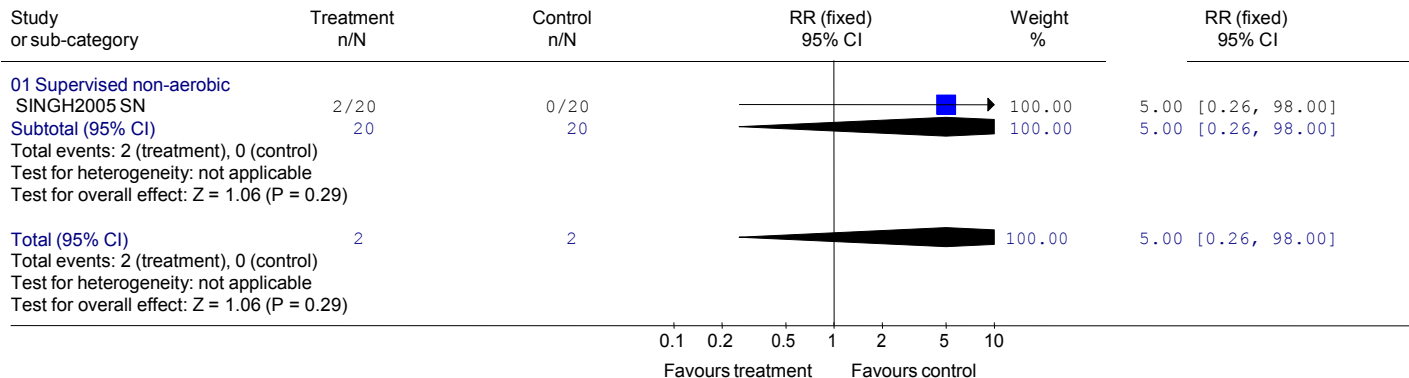
Review: PA29
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 05 Self-rated depression scores at follow up



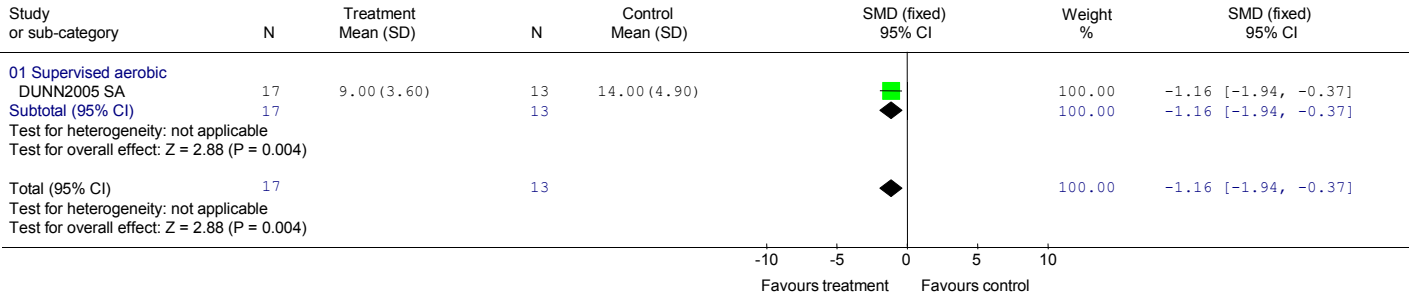
Review: PA30
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 06 N leaving treatment for any reason



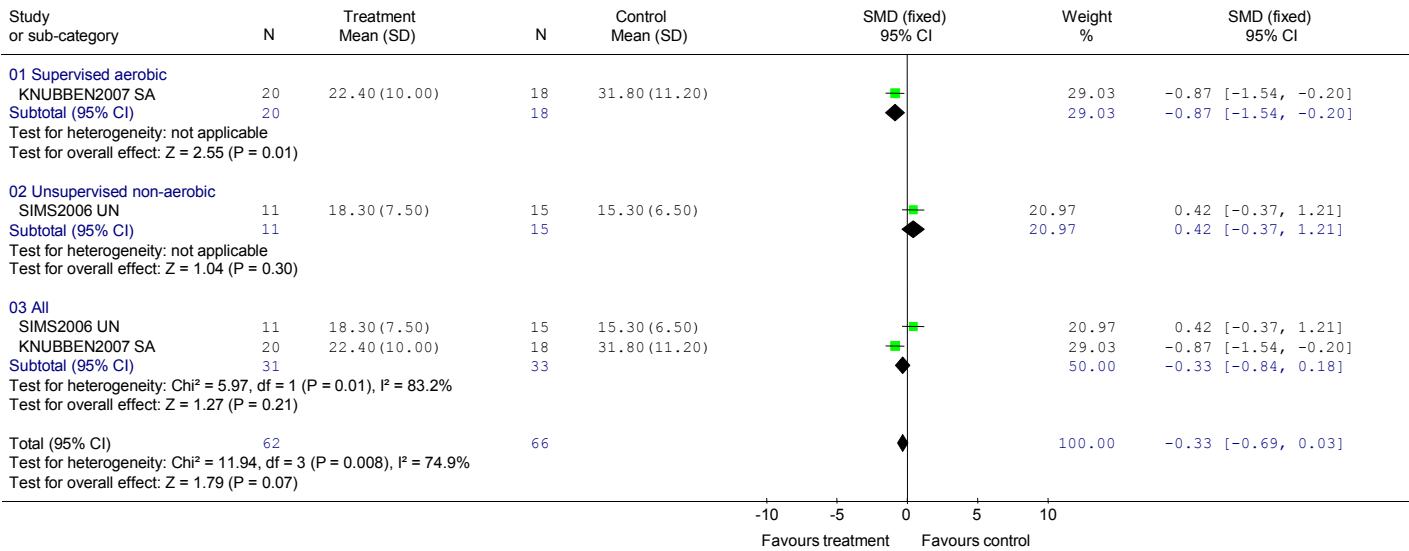
Review: PA31
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 07 N leaving treatment due to side effects



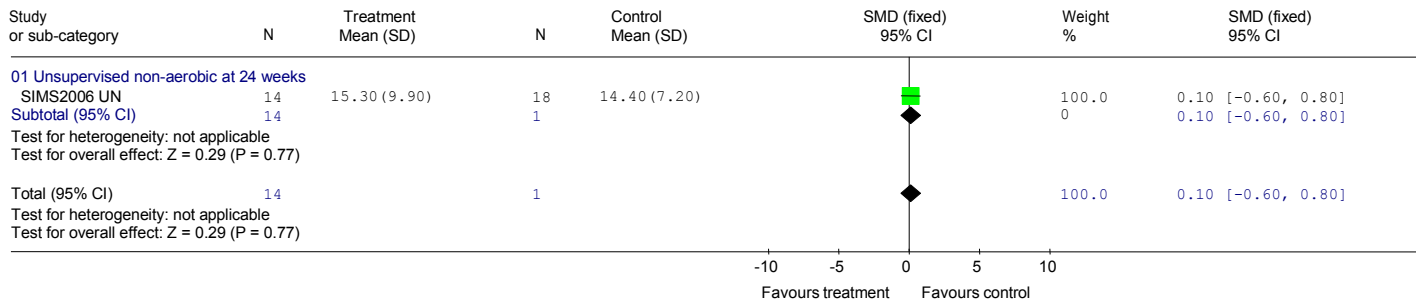
Review: PA32
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 01 Clinician-rated endpoint scores



Review: PA33
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 02 Self-rated endpoint scores



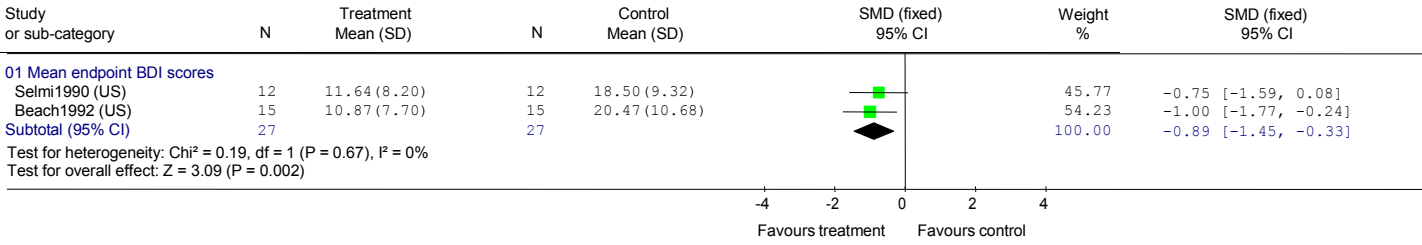
Review: PA34
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 03 Self-rated depression scores at follow up



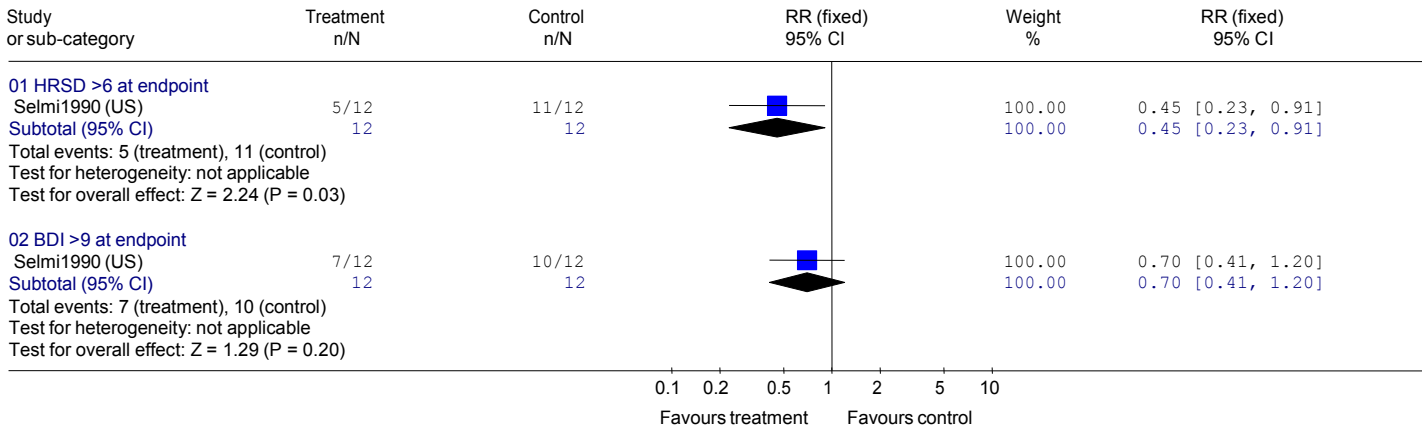
HIGH-INTENSITY INTERVENTIONS

Cognitive behavioural therapies

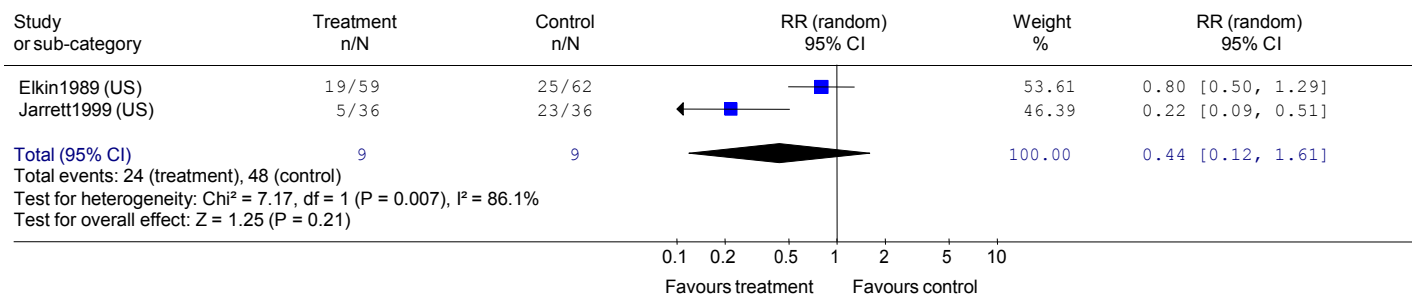
Review: CBT01
 Comparison: 01 Cognitive behavioural therapies versus waitlist control
 Outcome: 04 Depression scores: continuous measures at endpoint



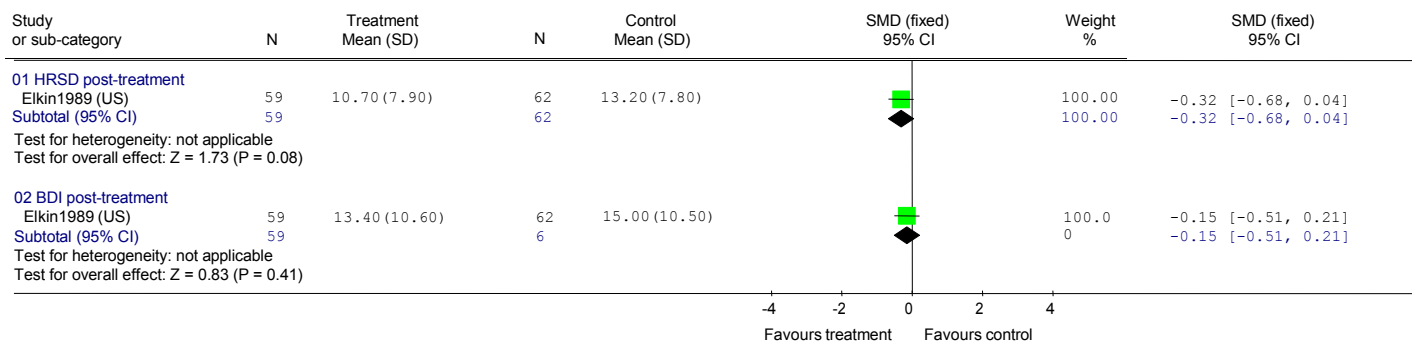
Review: CBT02
 Comparison: 01 Cognitive behavioural therapies versus waitlist control
 Outcome: 05 Depression scores: dichotomous outcomes



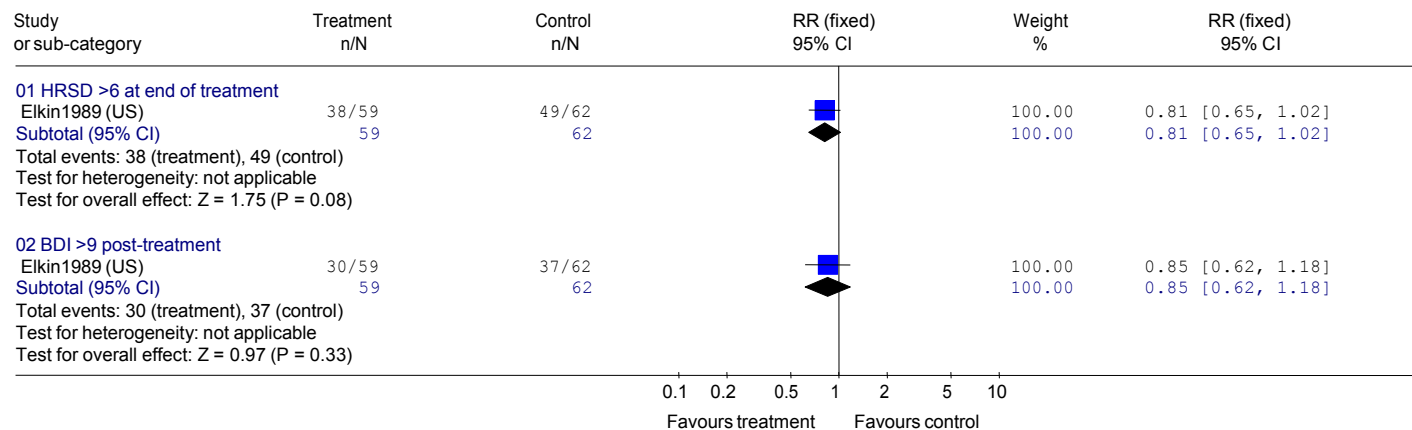
Review: CBT03
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 01 Leaving the study early



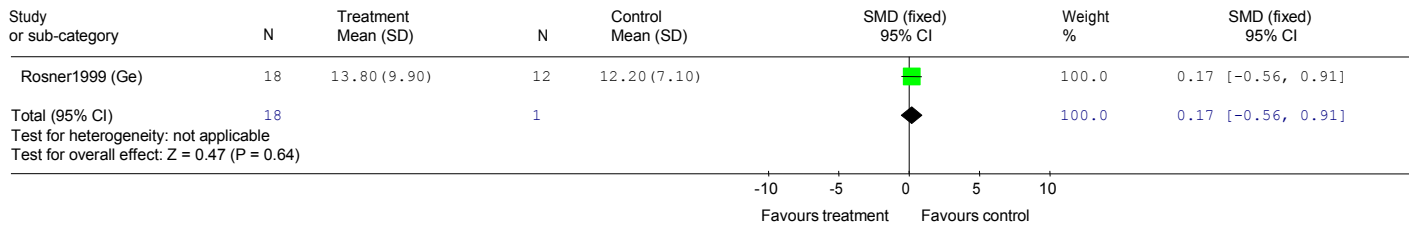
Review: CBT04
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 02 Depression scores: continuous measures



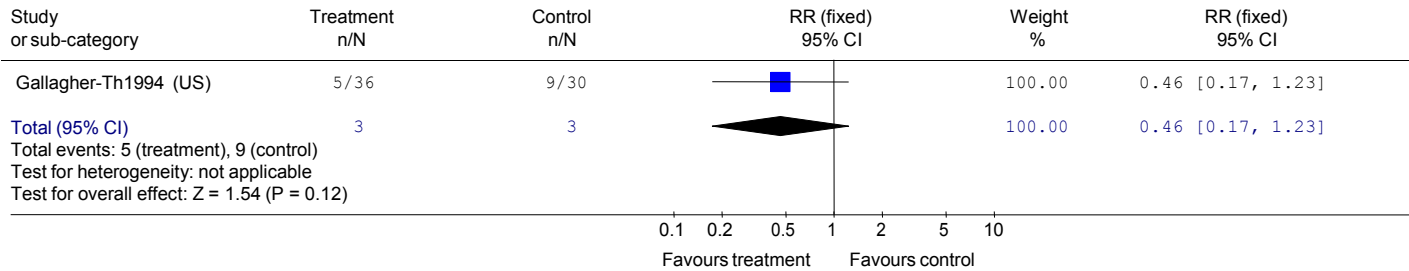
Review: CBT05
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 03 Depression scores: dichotomous outcomes



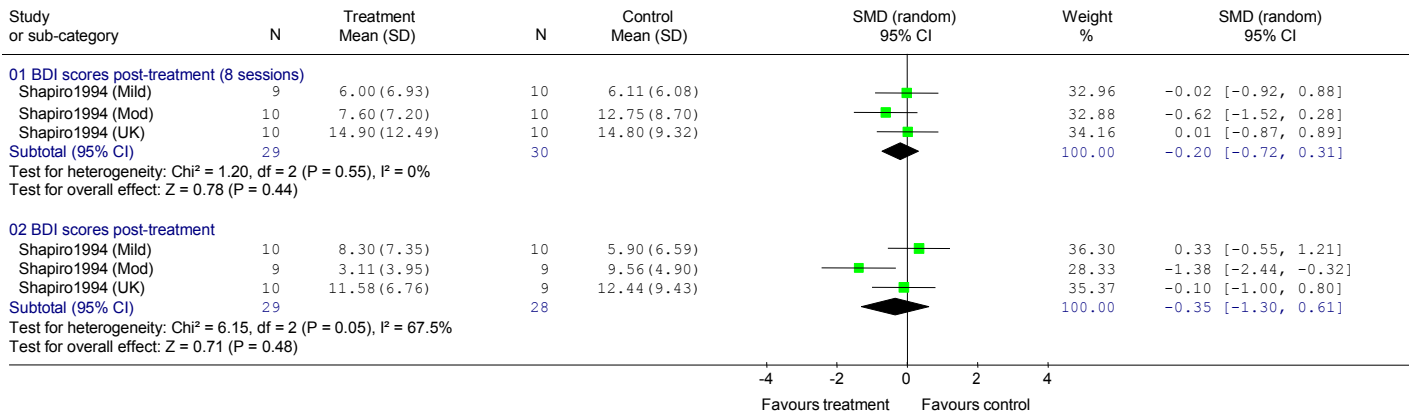
Review: CBT06
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 01 CBT versus Gestalt: BDI scores post-treatment



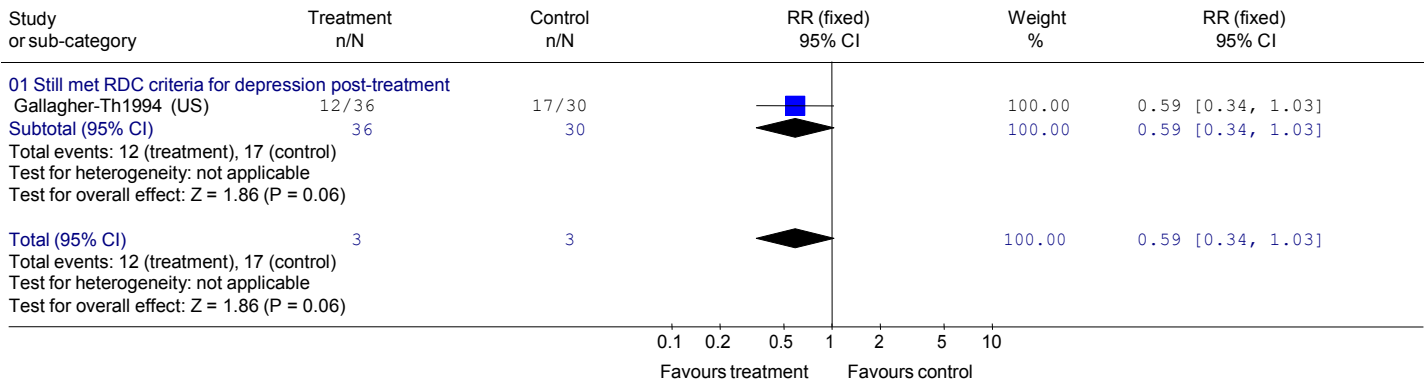
Review: CBT07
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 02 Leaving the study early



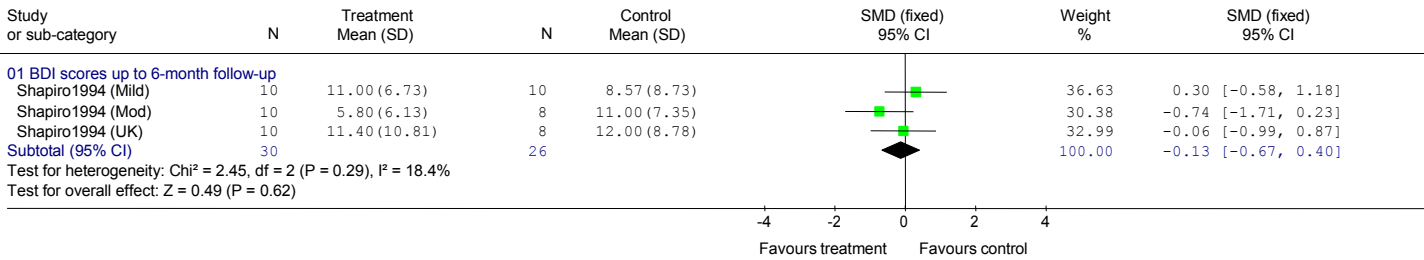
Review: CBT08
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 03 Depression scores: continuous measures



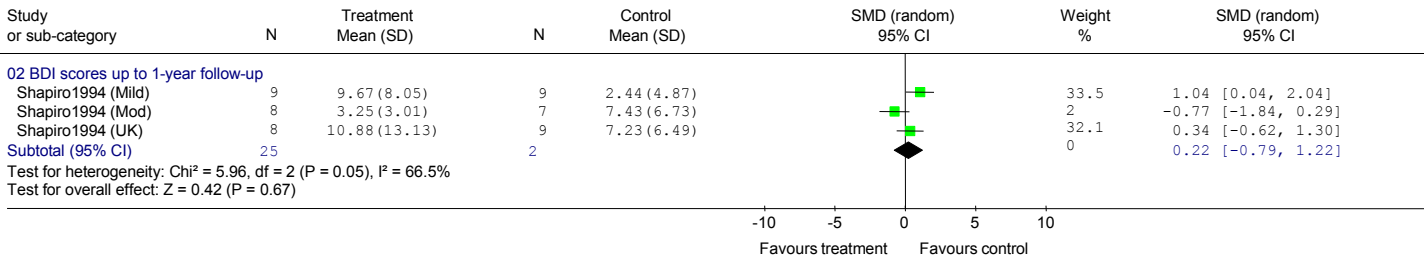
Review: CBT09
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 04 Depression scores: dichotomous outcomes



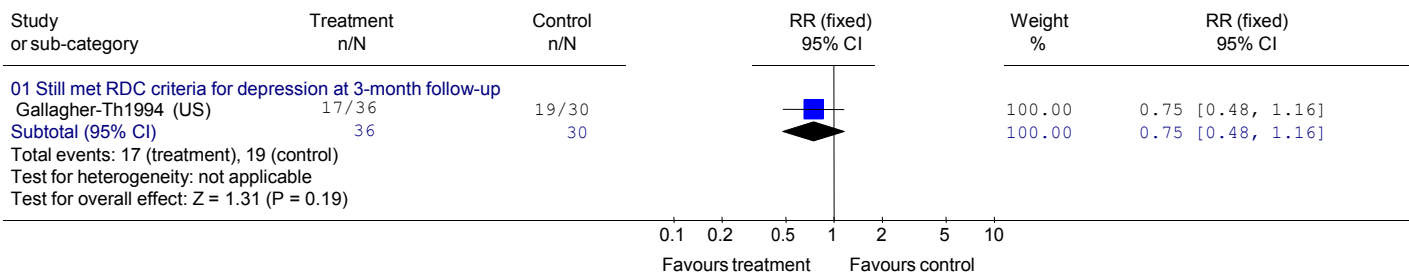
Review: CBT10
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 05 Depression scores: continuous measures at follow-up



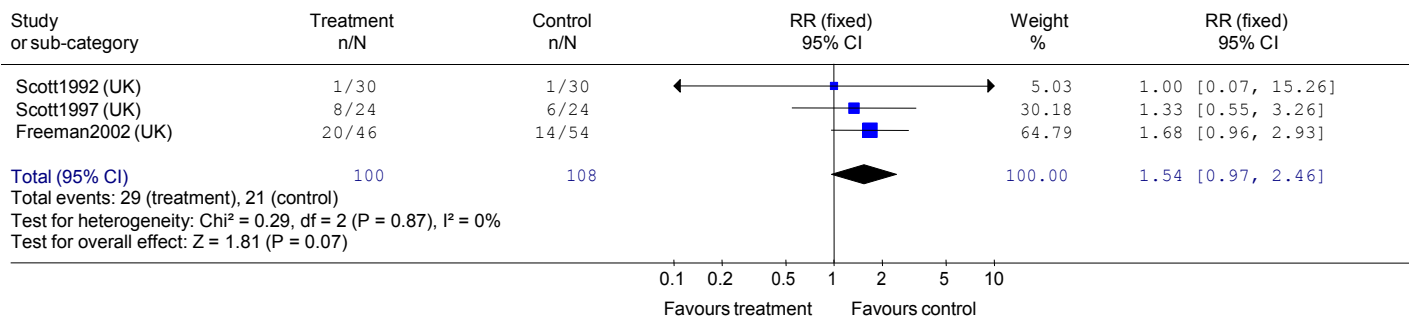
Review: CBT11
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 06 Depression scores: continuous measures at follow-up



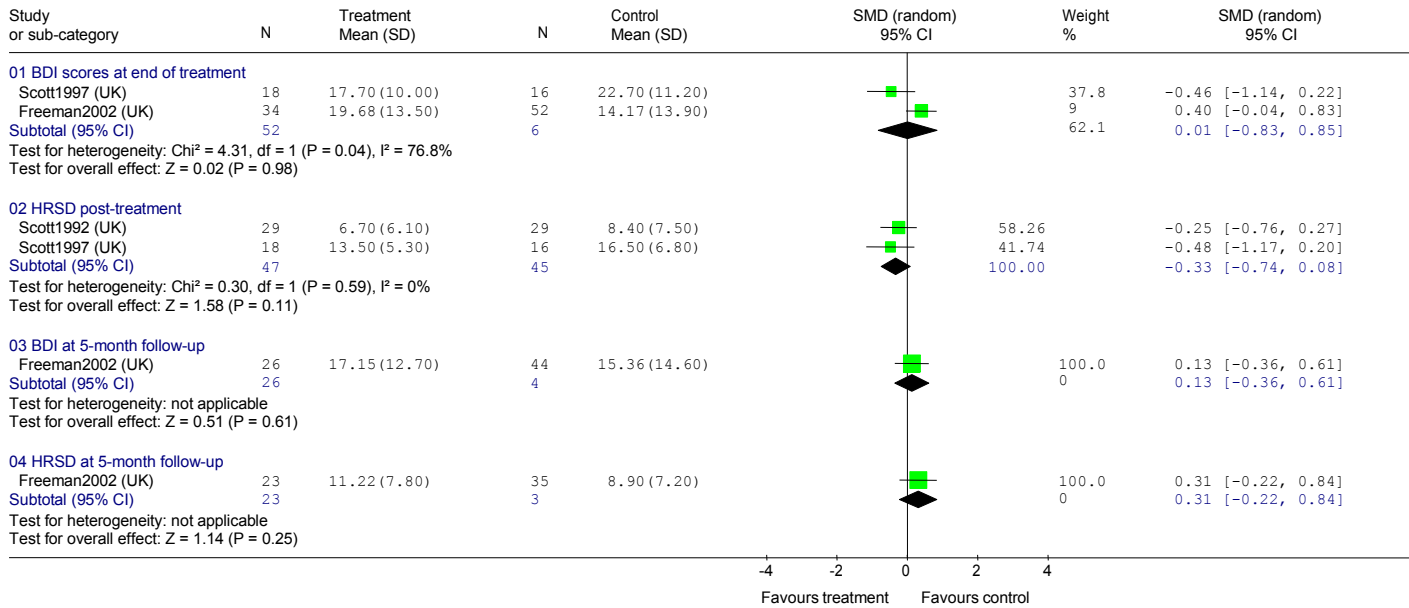
Review: CBT12
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 07 Depression scores: dichotomous measures at follow-up



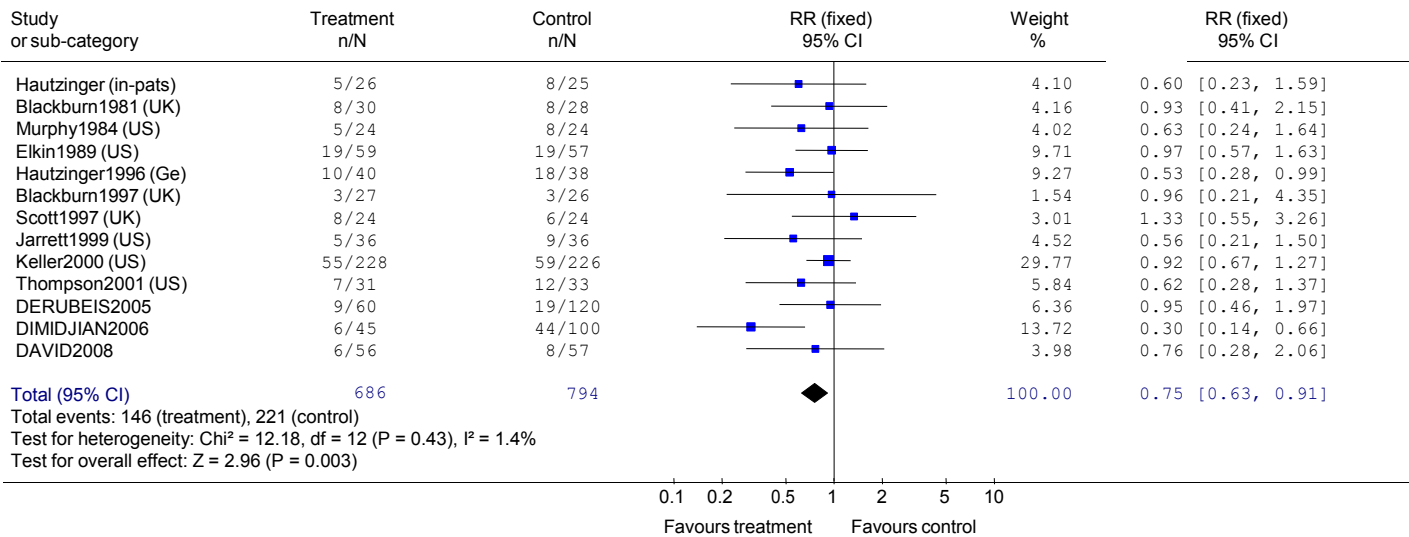
Review: CBT13
 Comparison: 04 Cognitive behavioural therapies (primary care) versus GP care
 Outcome: 01 Leaving the study early



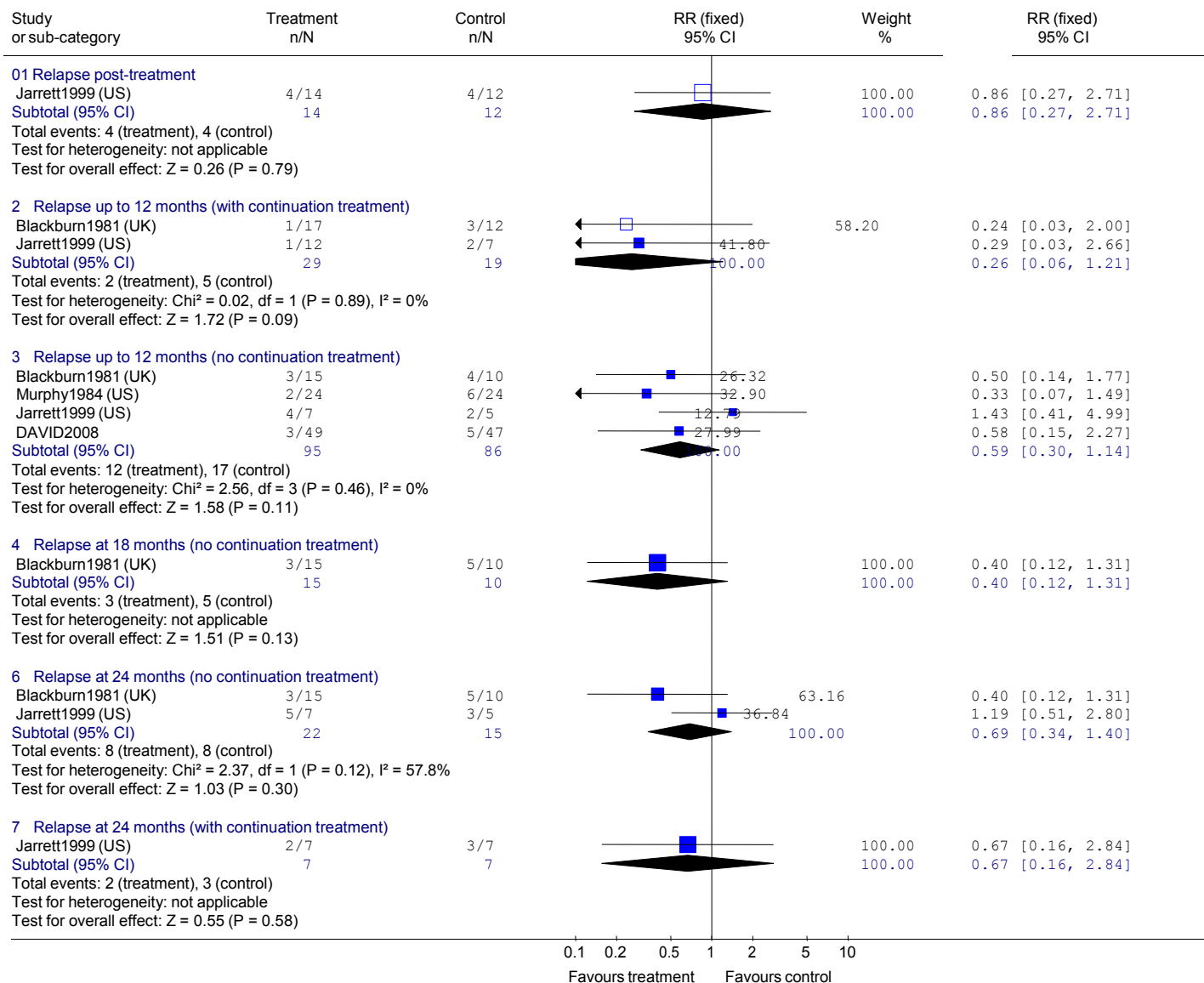
Review: CBT14
 Comparison: 04 Cognitive behavioural therapies (primary care) versus GP care
 Outcome: 02 Depression scores: continuous measures



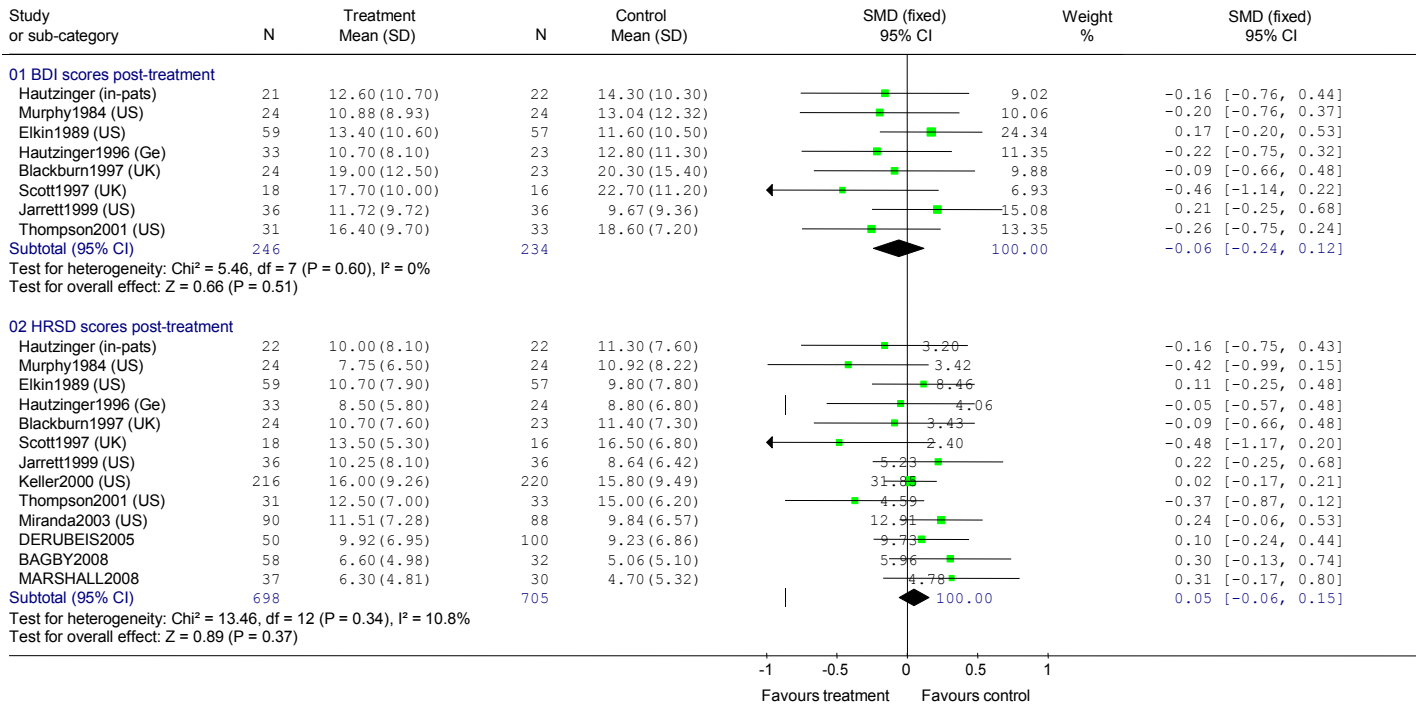
Review: CBT15
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 01 Leaving the study early



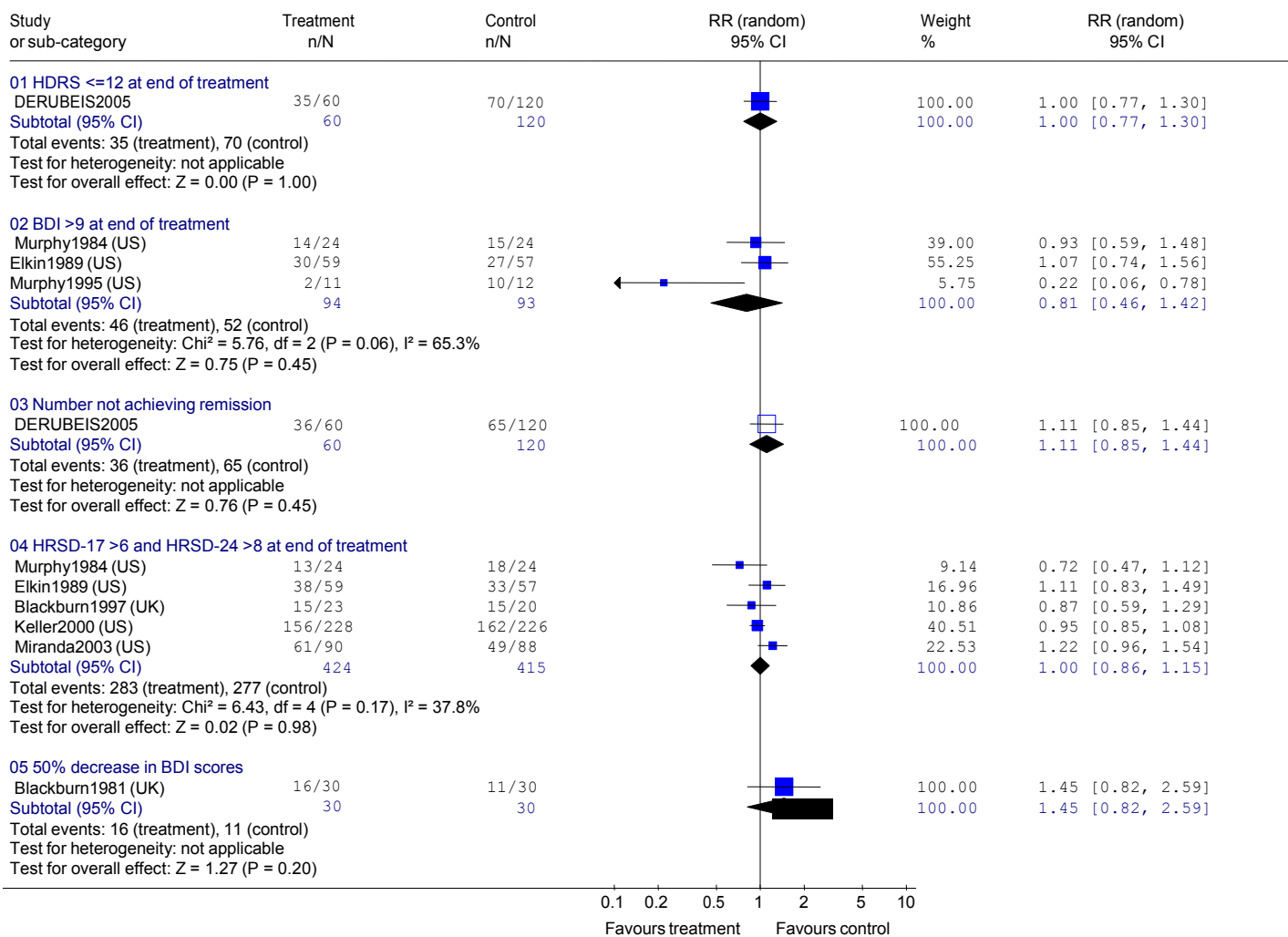
Review: CBT16
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 02 Relapse



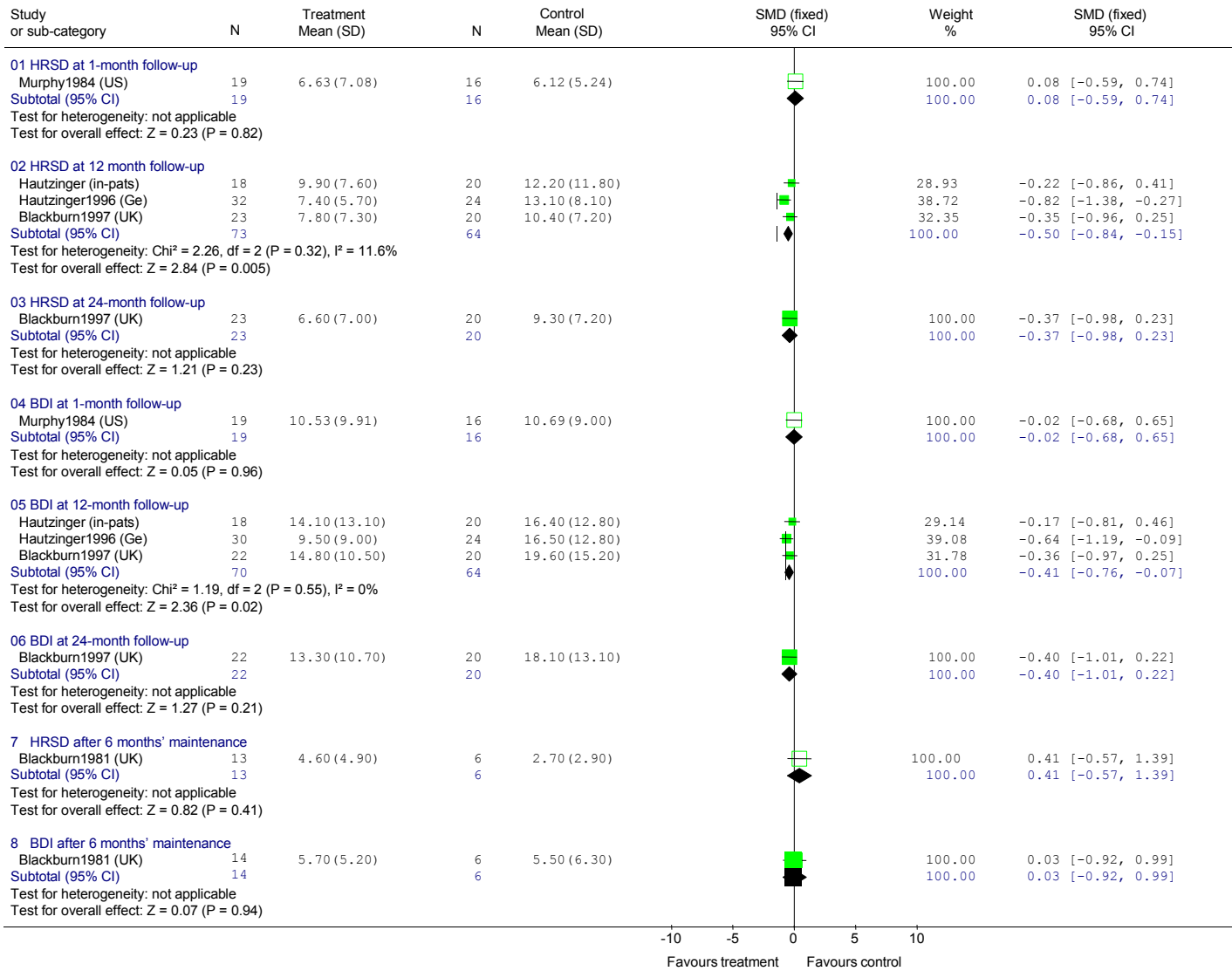
Review: CBT17
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 03 Depression scores: continous measures post-treatment



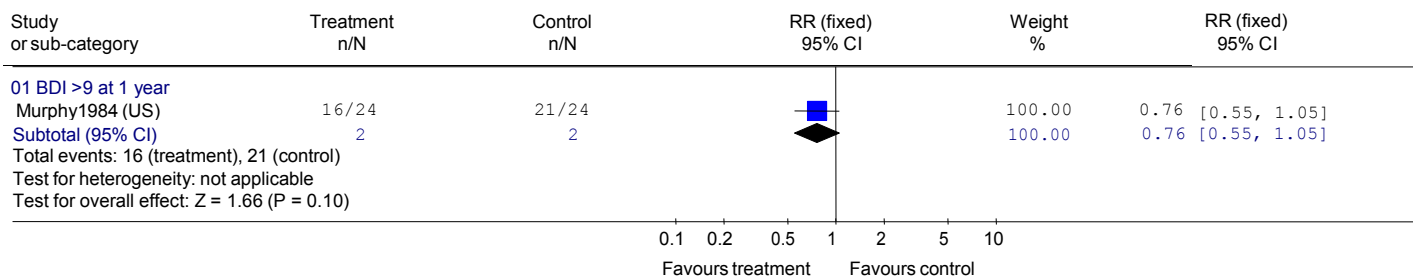
Review: CBT18
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 04 Depression scores: dichotomous outcomes



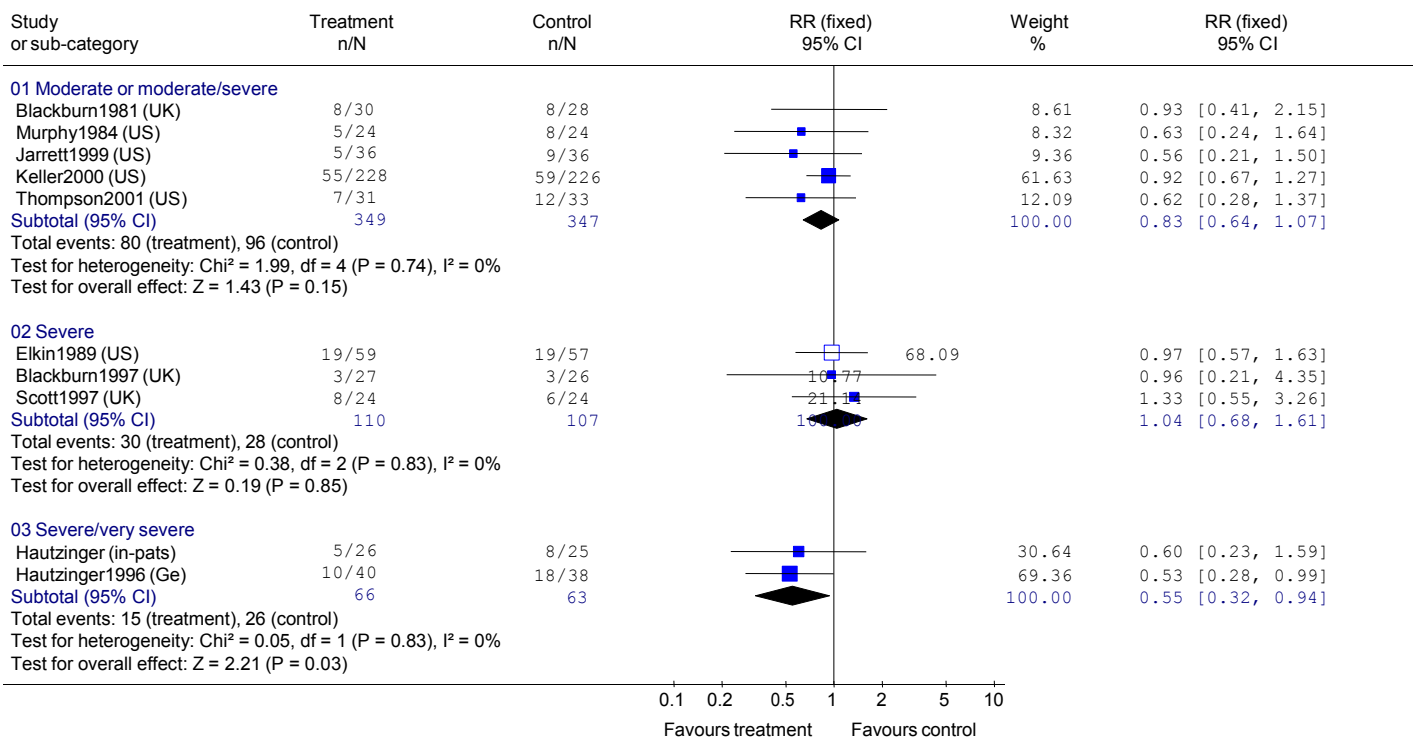
Review: CBT19
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 05 Depression scores: continuous measures at follow-up



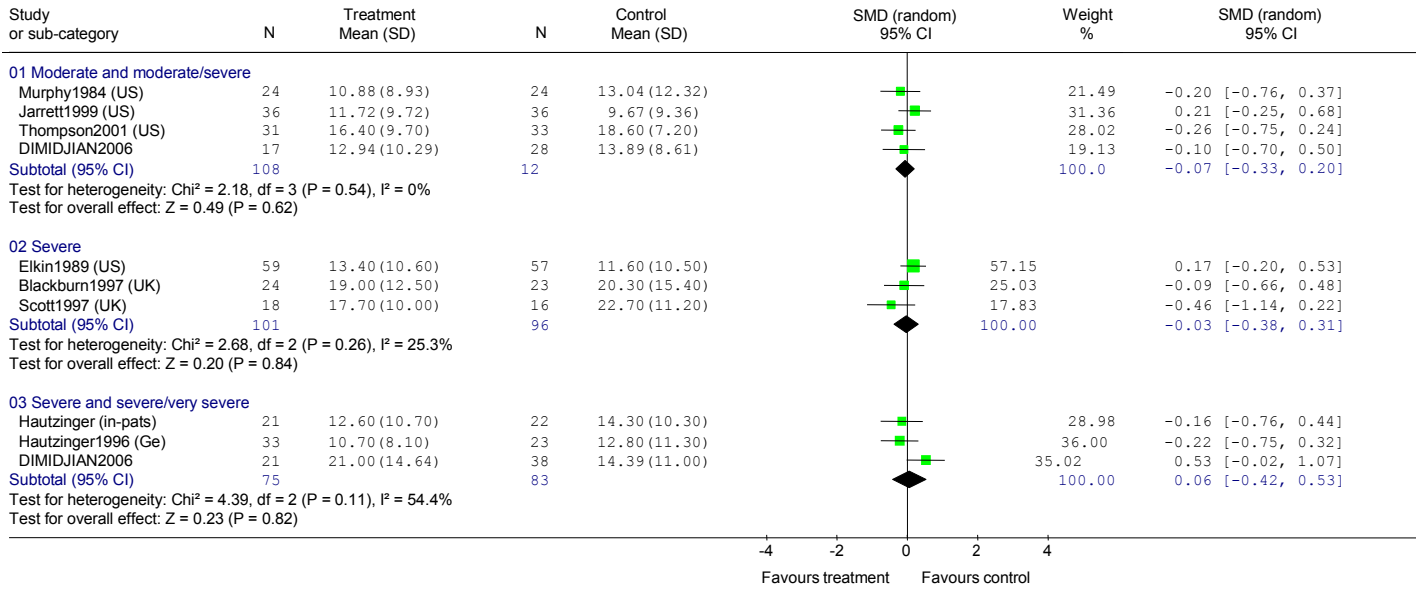
Review: CBT20
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes at follow-up



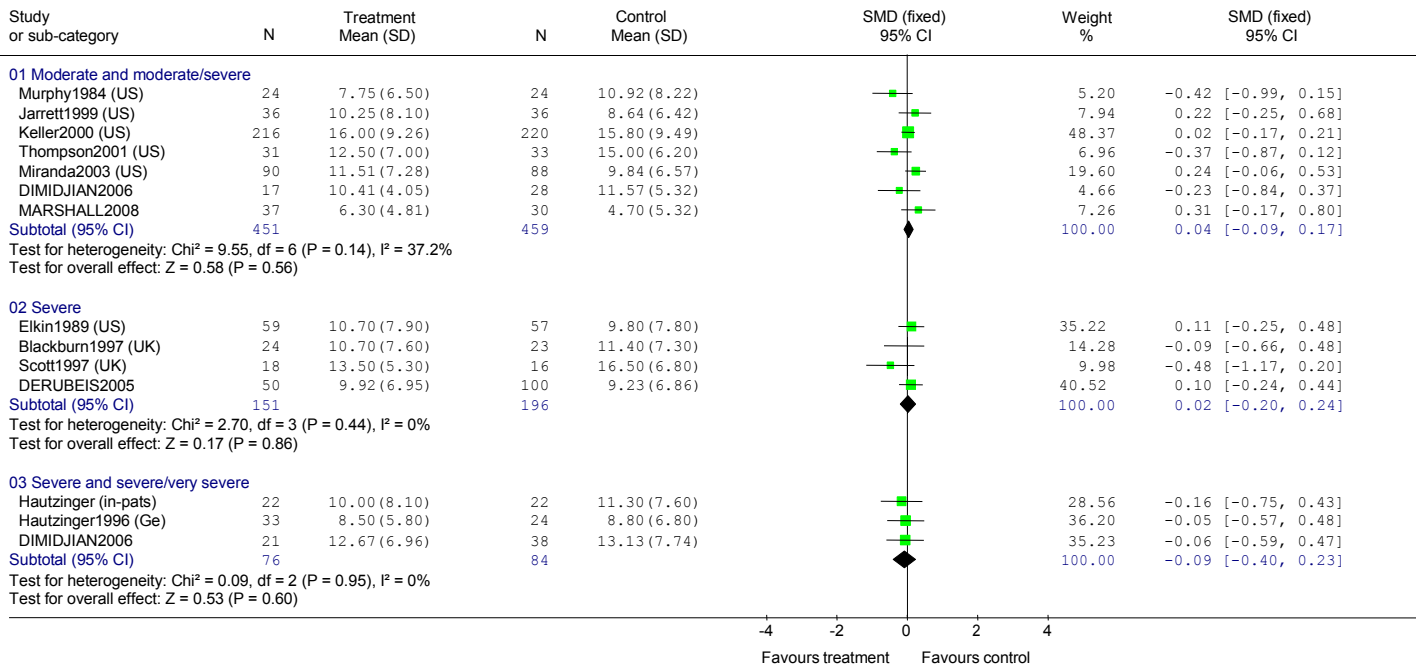
Review: CBT21
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 01 Leaving the study early



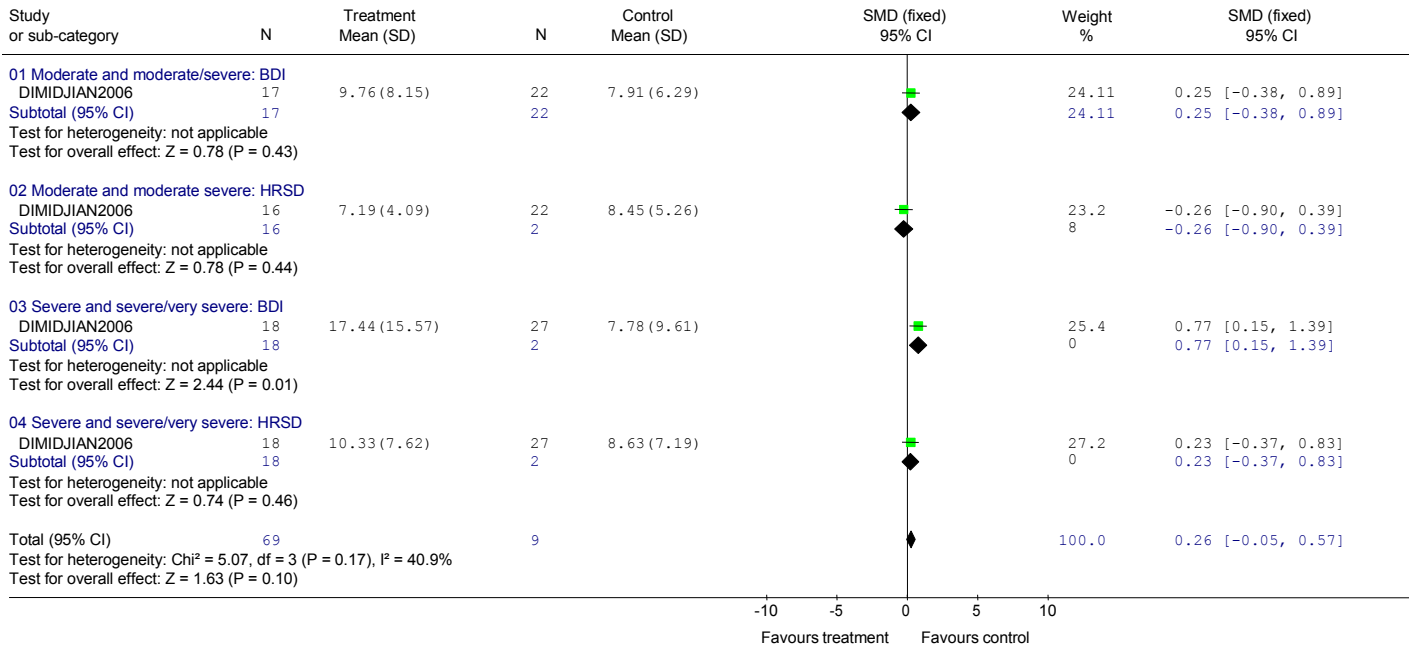
Review: CBT22
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 02 Depression scores: continous measures post-treatment – BDI



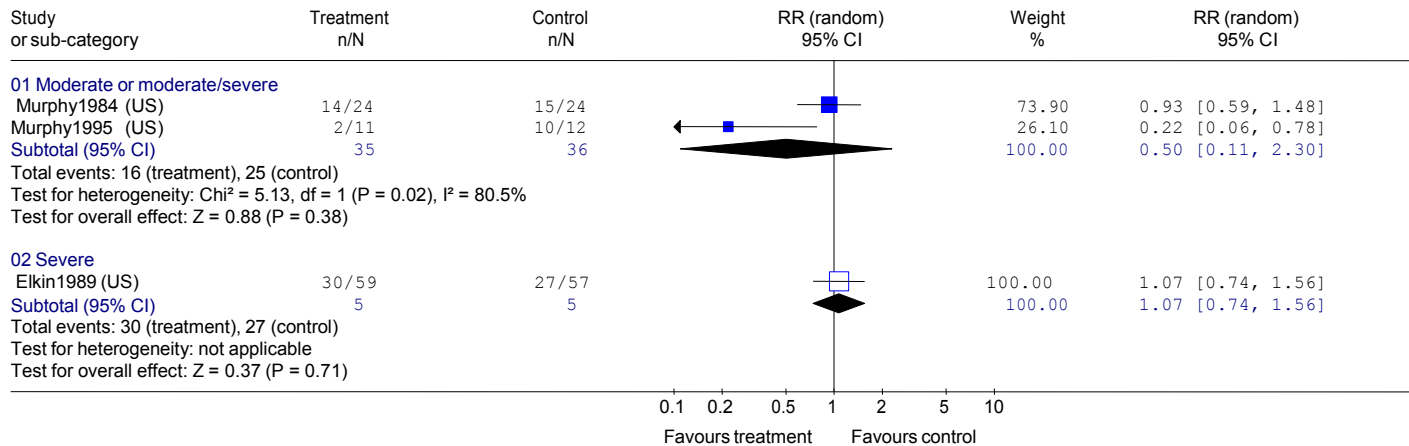
Review: CBT23
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 03 Depression scores: continous measures post-treatment – HRSD



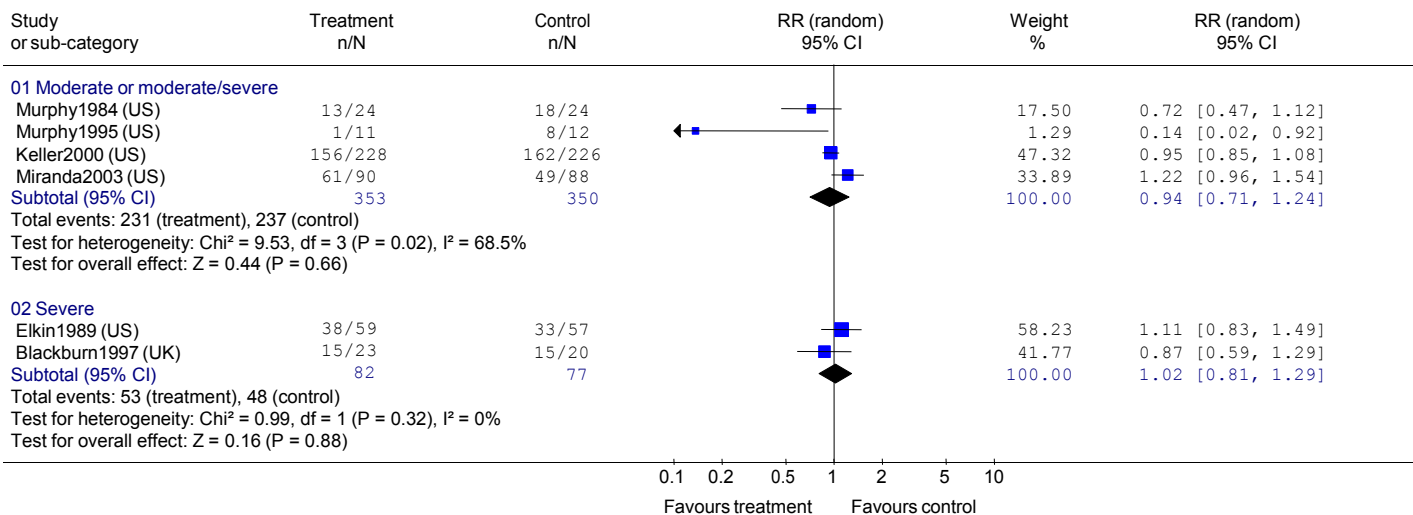
Review: CBT24
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 04 Depression scores: continuous measures at follow-up (16 weeks)



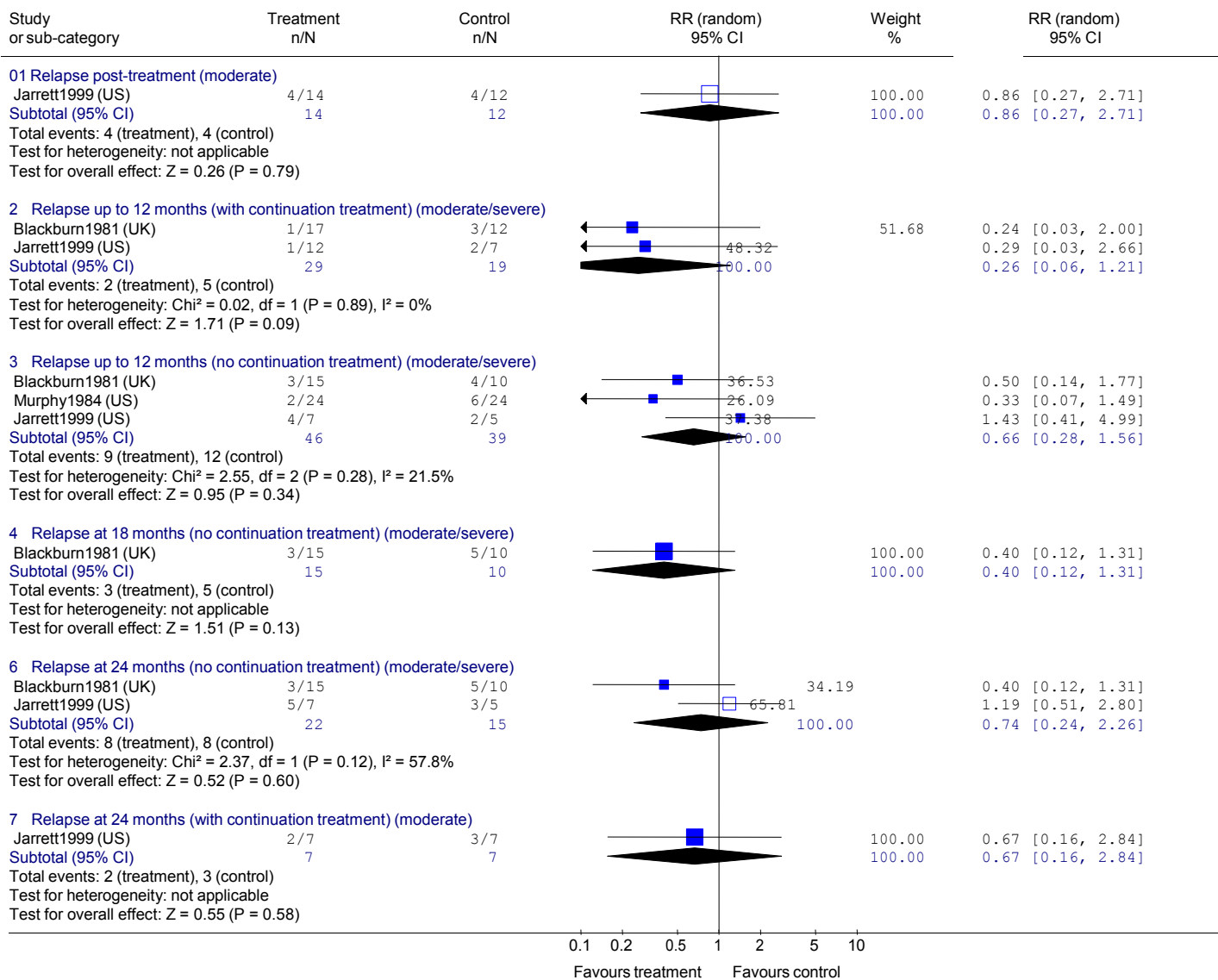
Review: CBT25
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 05 Depression scores: dichotomous outcomes by severity – BDI



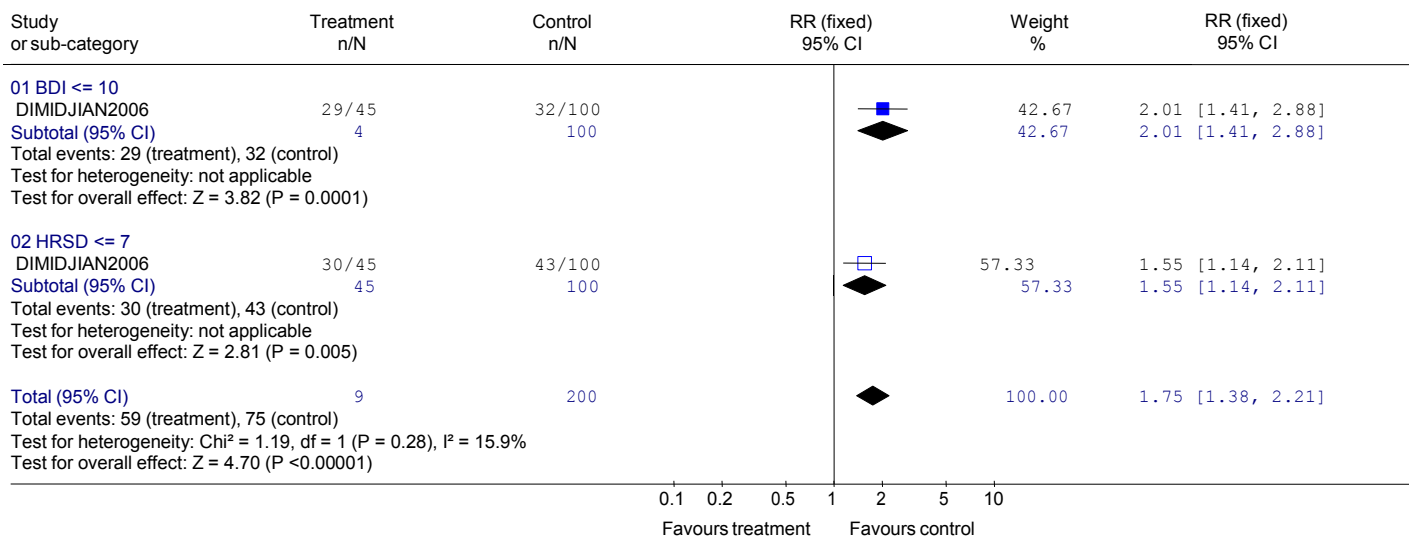
Review: CBT26
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 06 Depression scores: dichotomous outcomes by severity – HRSD



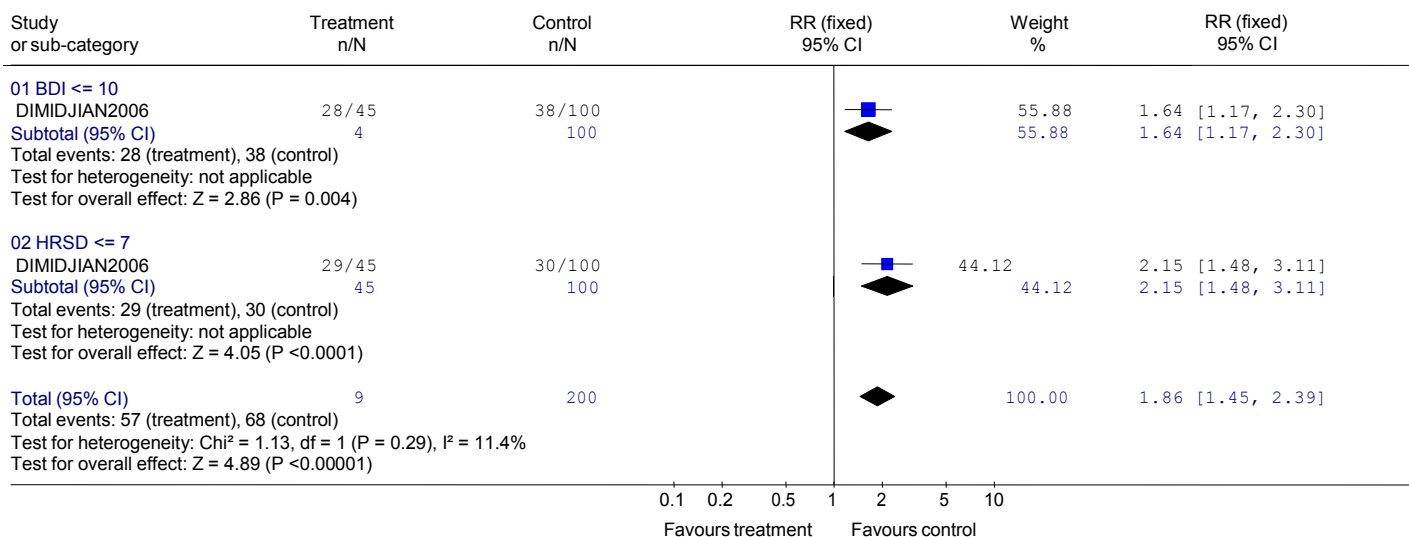
Review: CBT27
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 07 Relapse



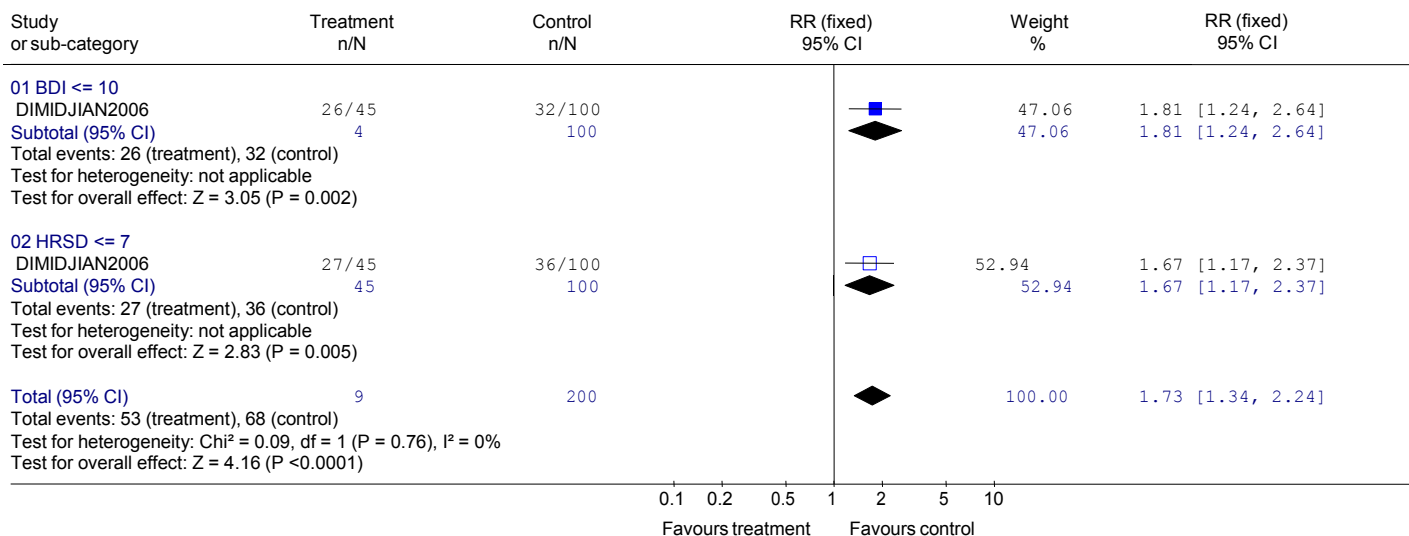
Review: CBT28
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 08 Number not achieving remission – severely depressed



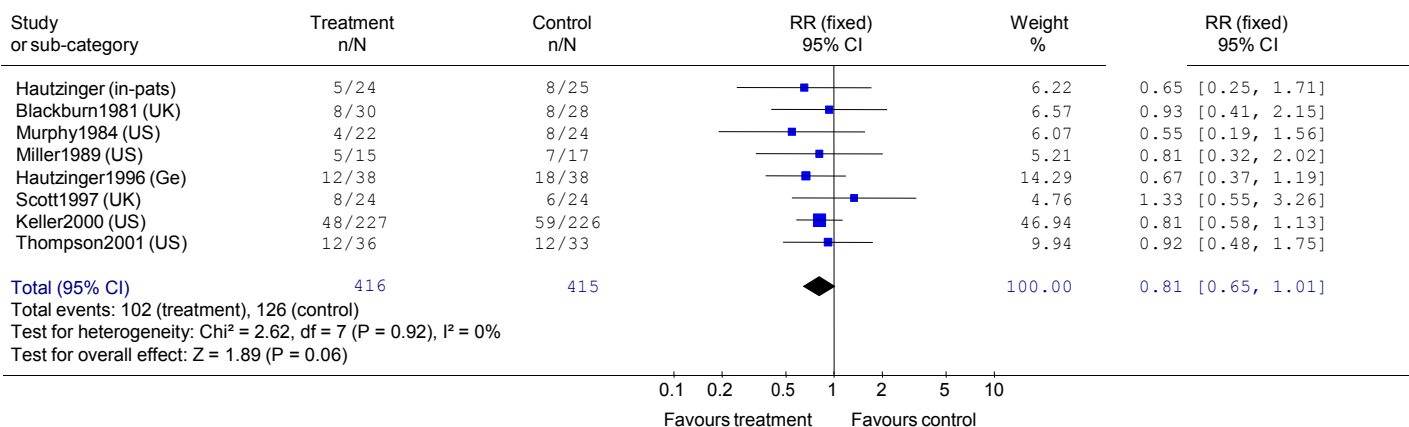
Review: CBT29
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 09 Number not achieving remission – less severely depressed



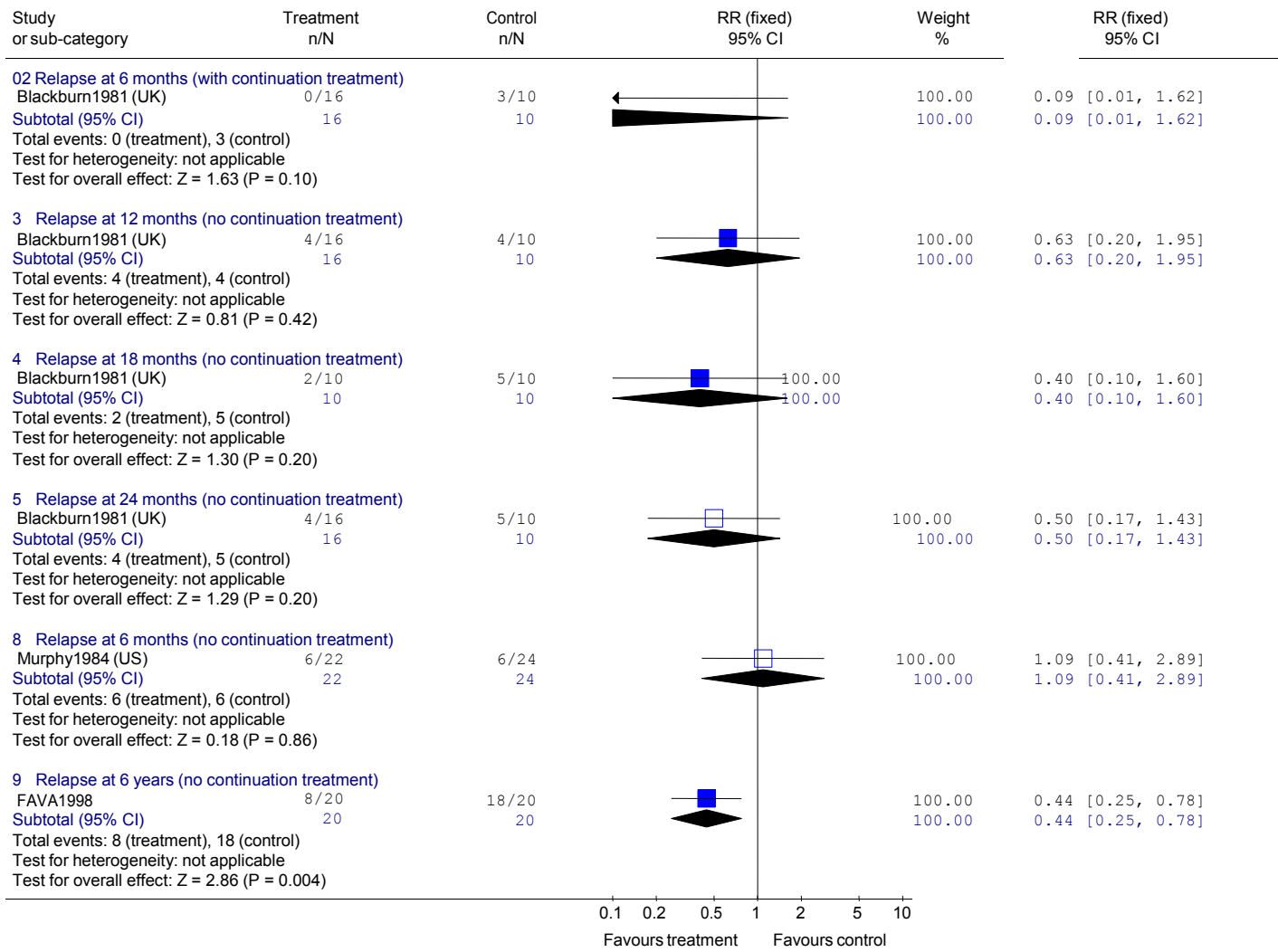
Review: CBT30
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 10 Number not achieving response – less severely depressed



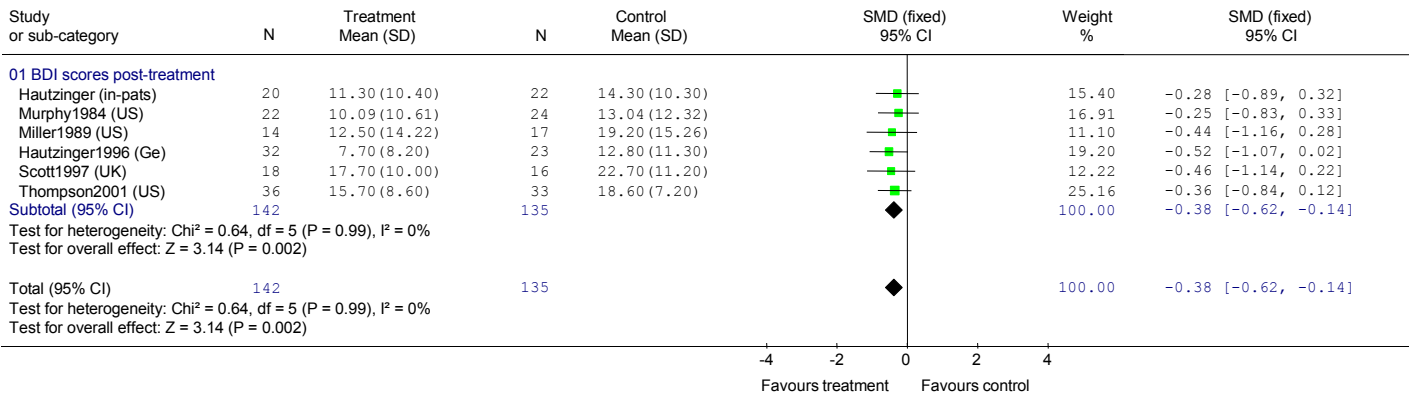
Review: CBT31
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 01 Leaving the study early



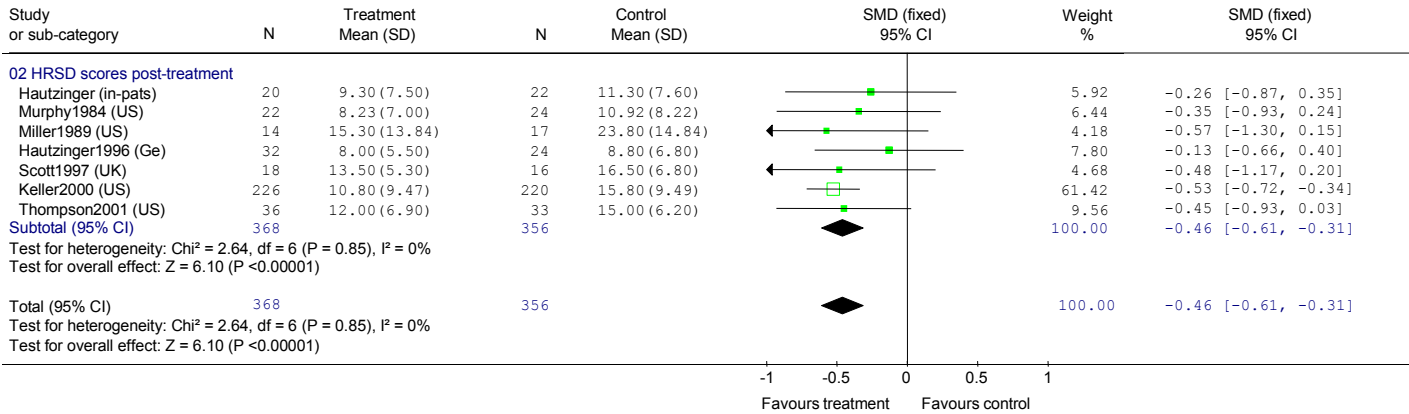
Review: CBT32
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 02 Relapse



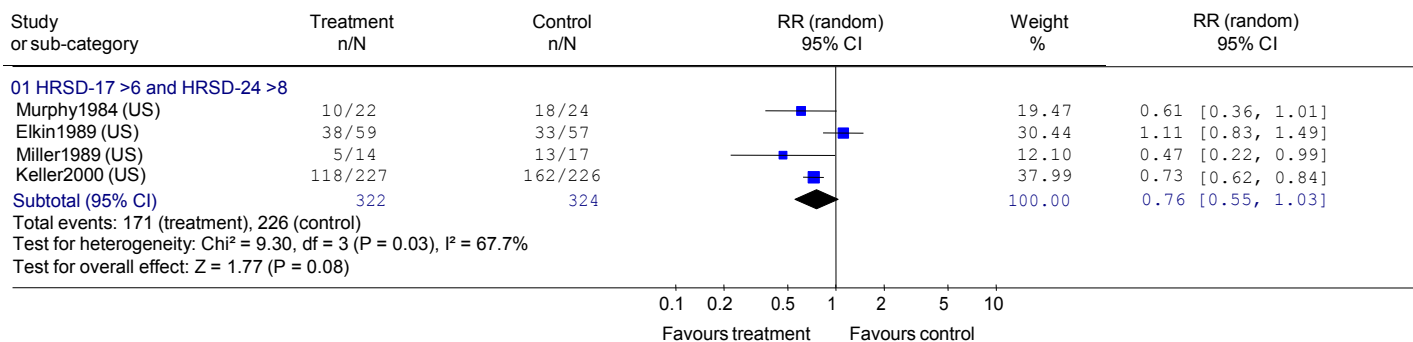
Review: CBT33
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 03 Depression scores: continuous measures post-treatment



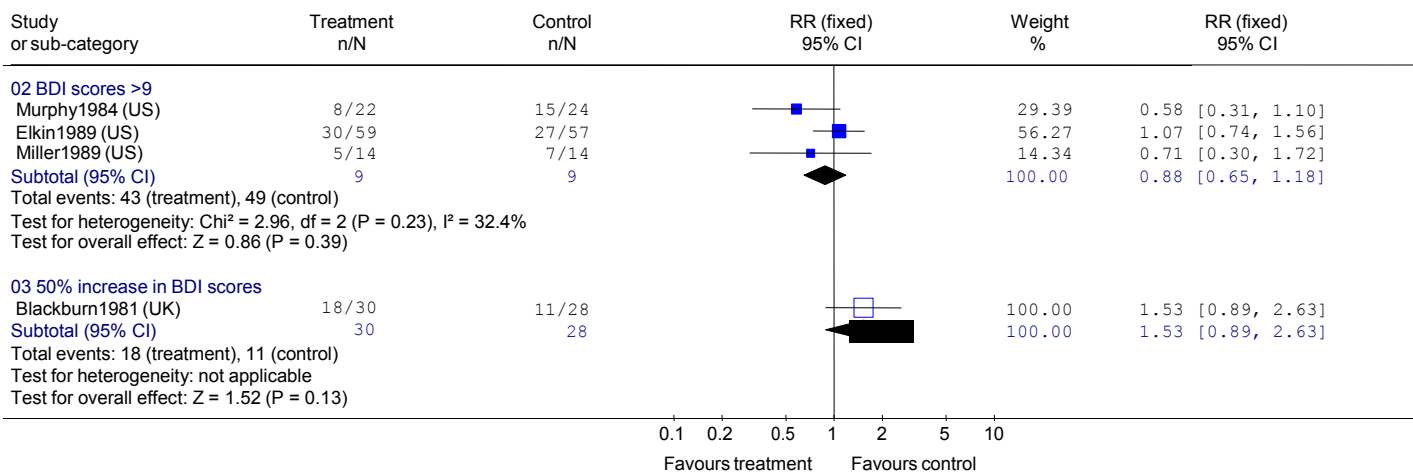
Review: CBT34
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 04 Depression scores: continuous measures post-treatment



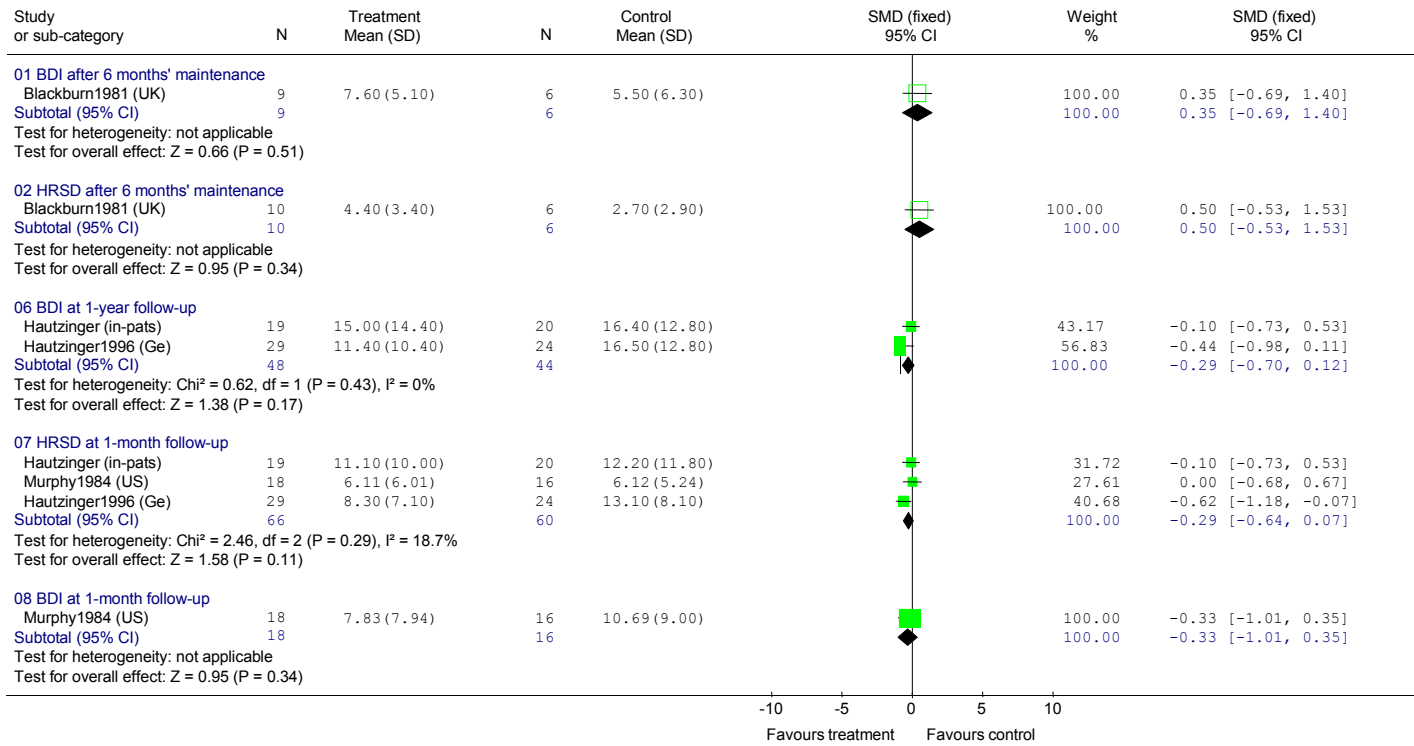
Review: CBT35
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment



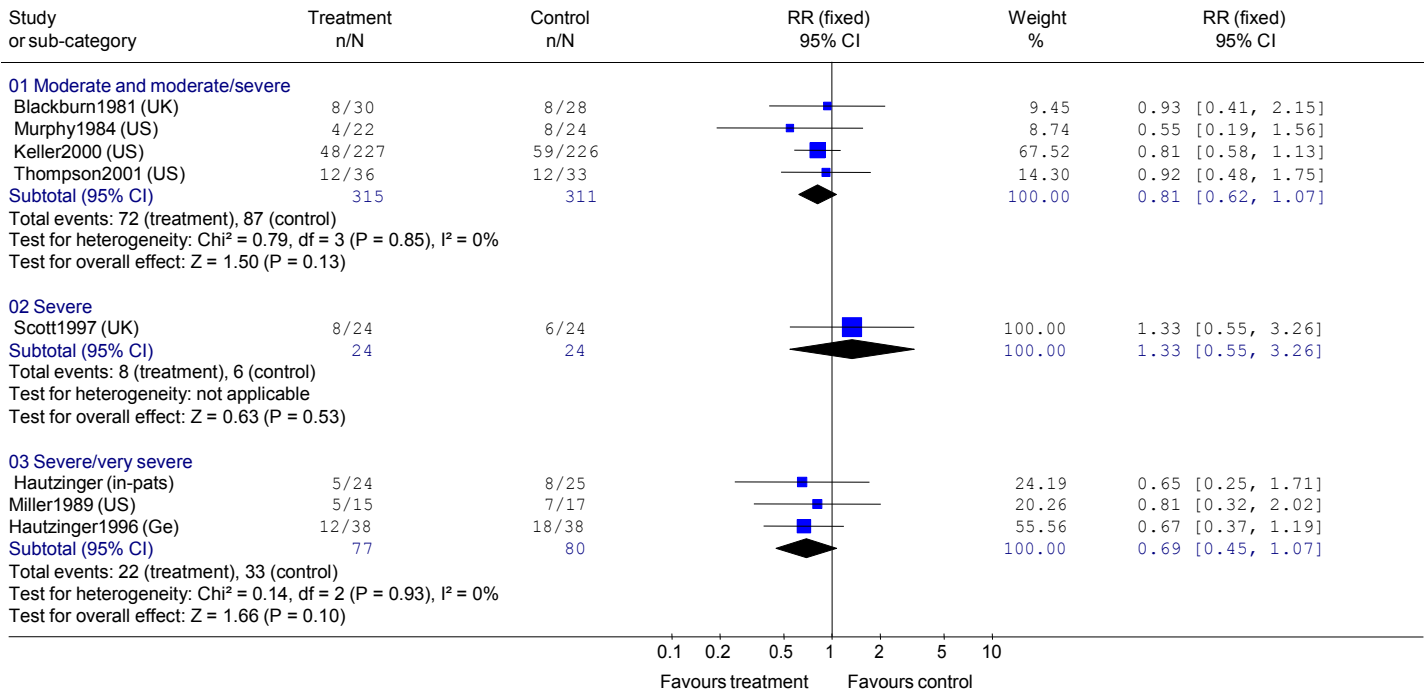
Review: CBT36
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment



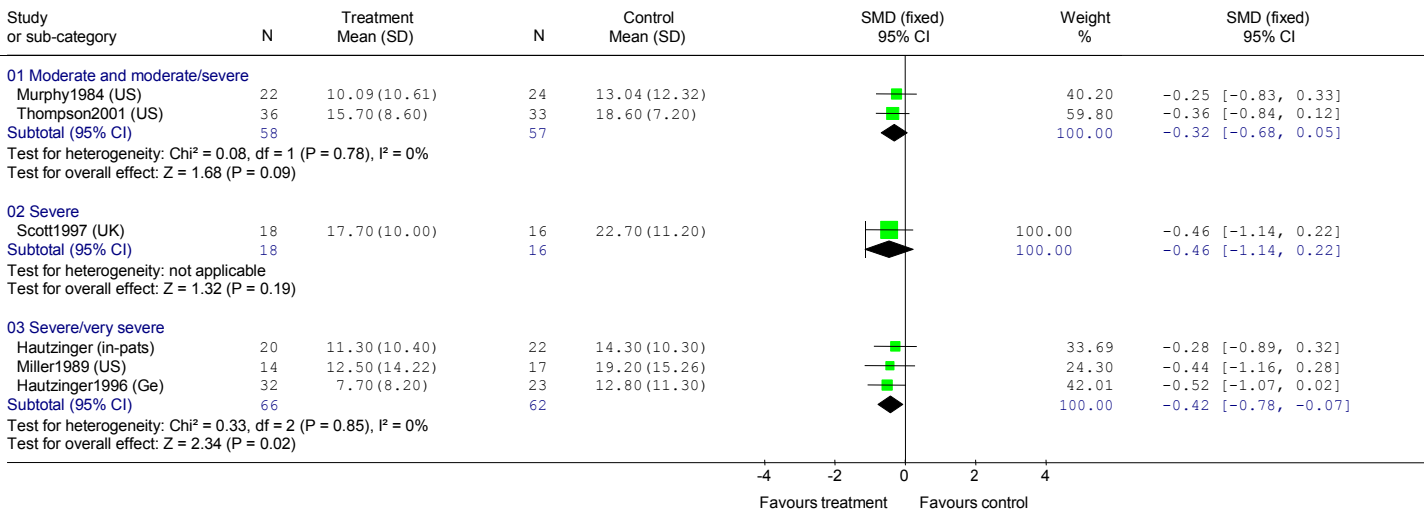
Review: CBT37
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 07 Depression scores: continuous measures at follow-up



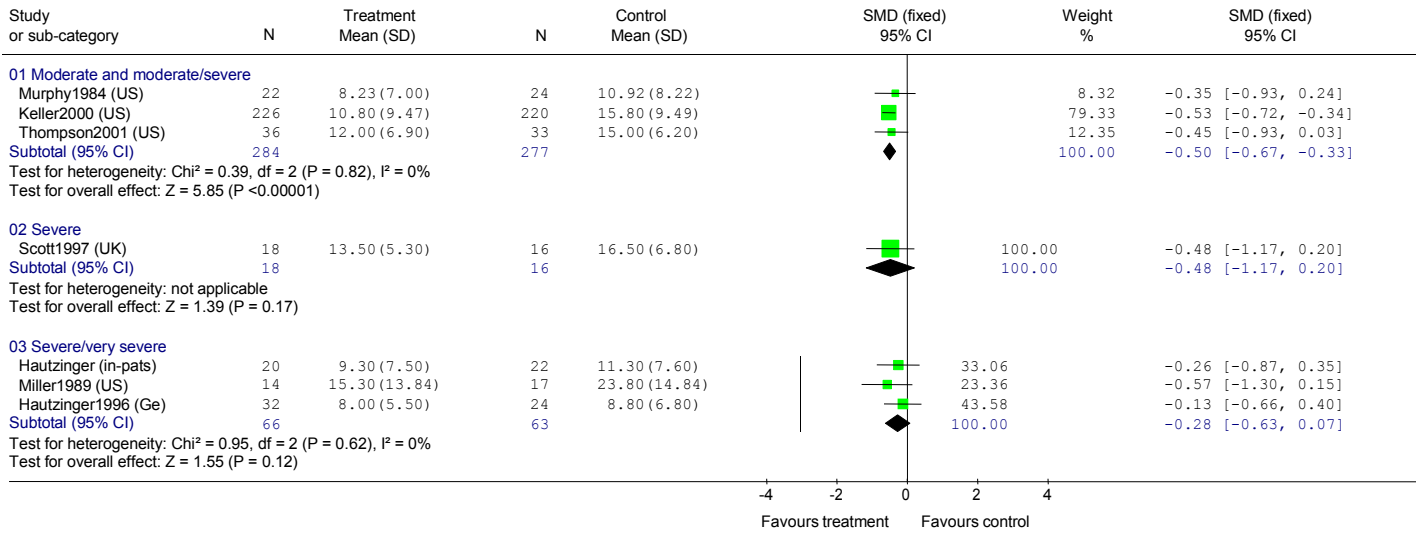
Review: CBT38
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 01 Leaving the study early



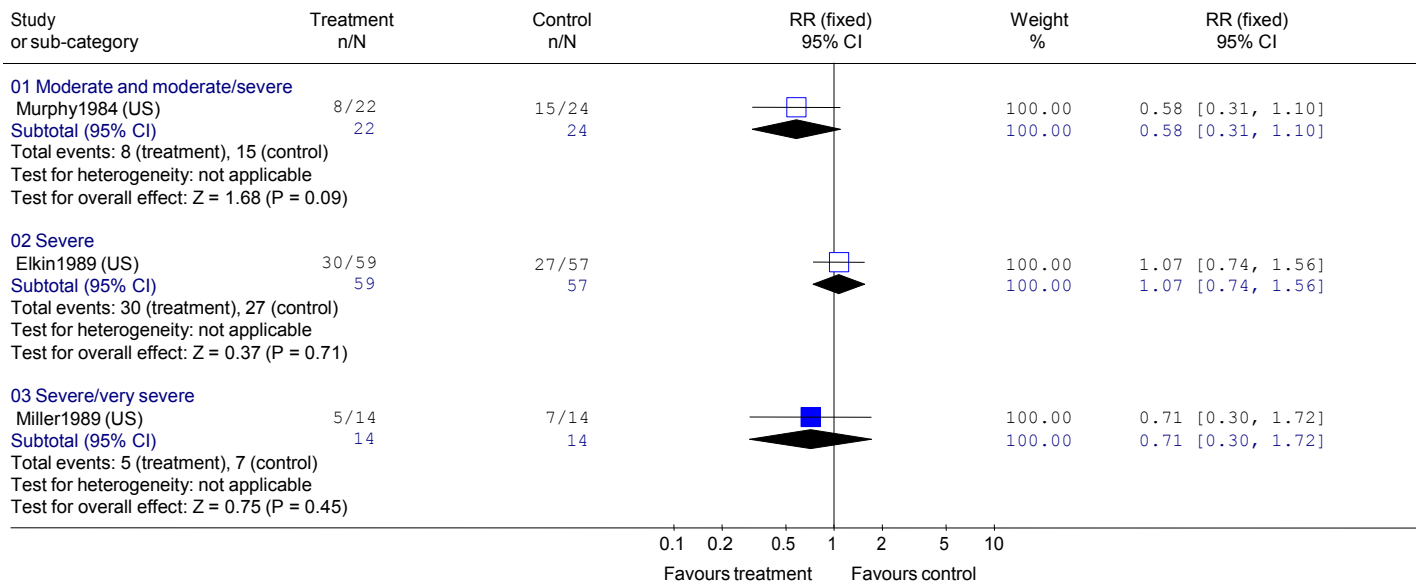
Review: CBT39
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 02 Depression scores: continuous measures post-treatment - BDI



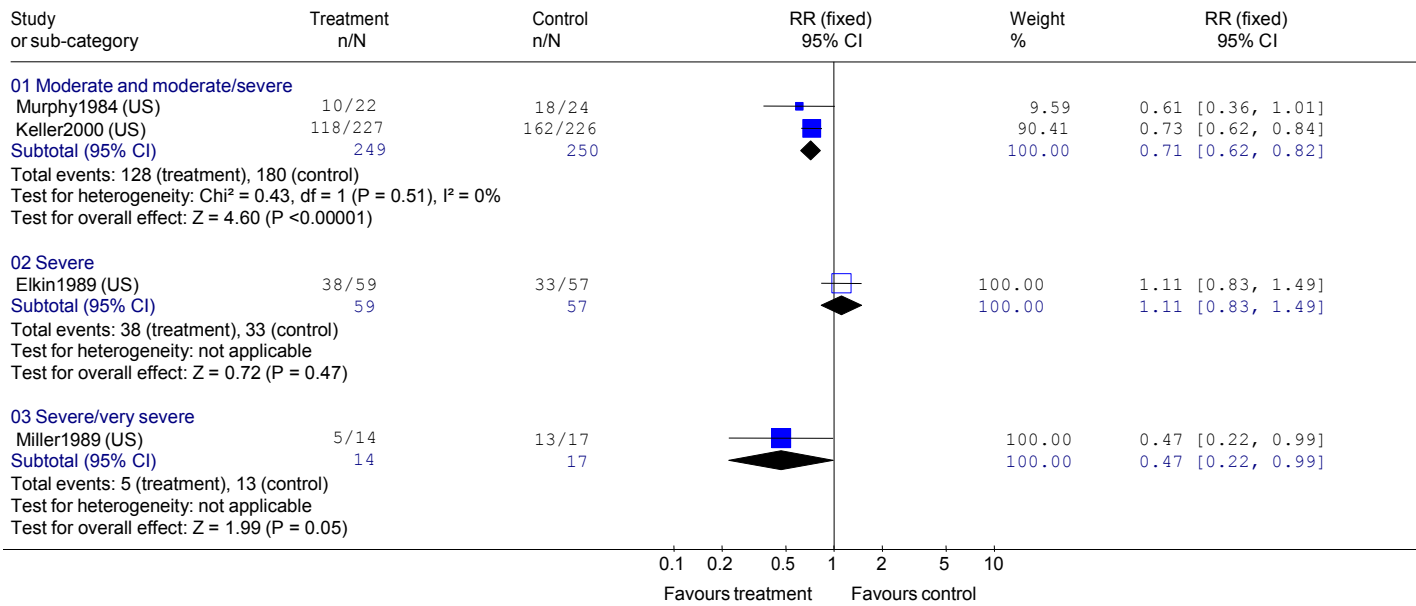
Review: CBT40
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 03 Depression scores: continuous measures post-treatment – HRSD



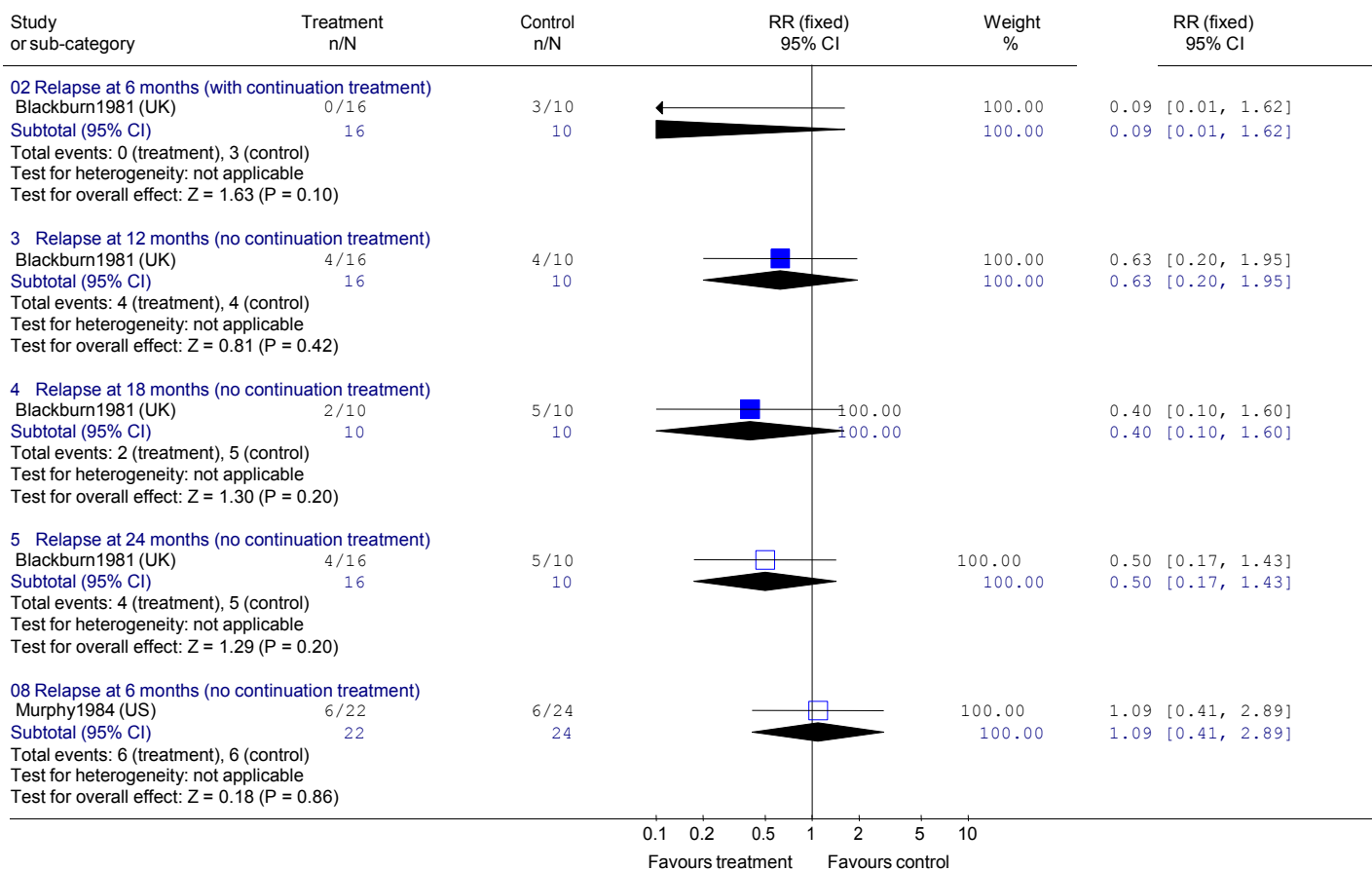
Review: CBT41
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 04 Depression scores: dichotomous outcomes post-treatment – BDI



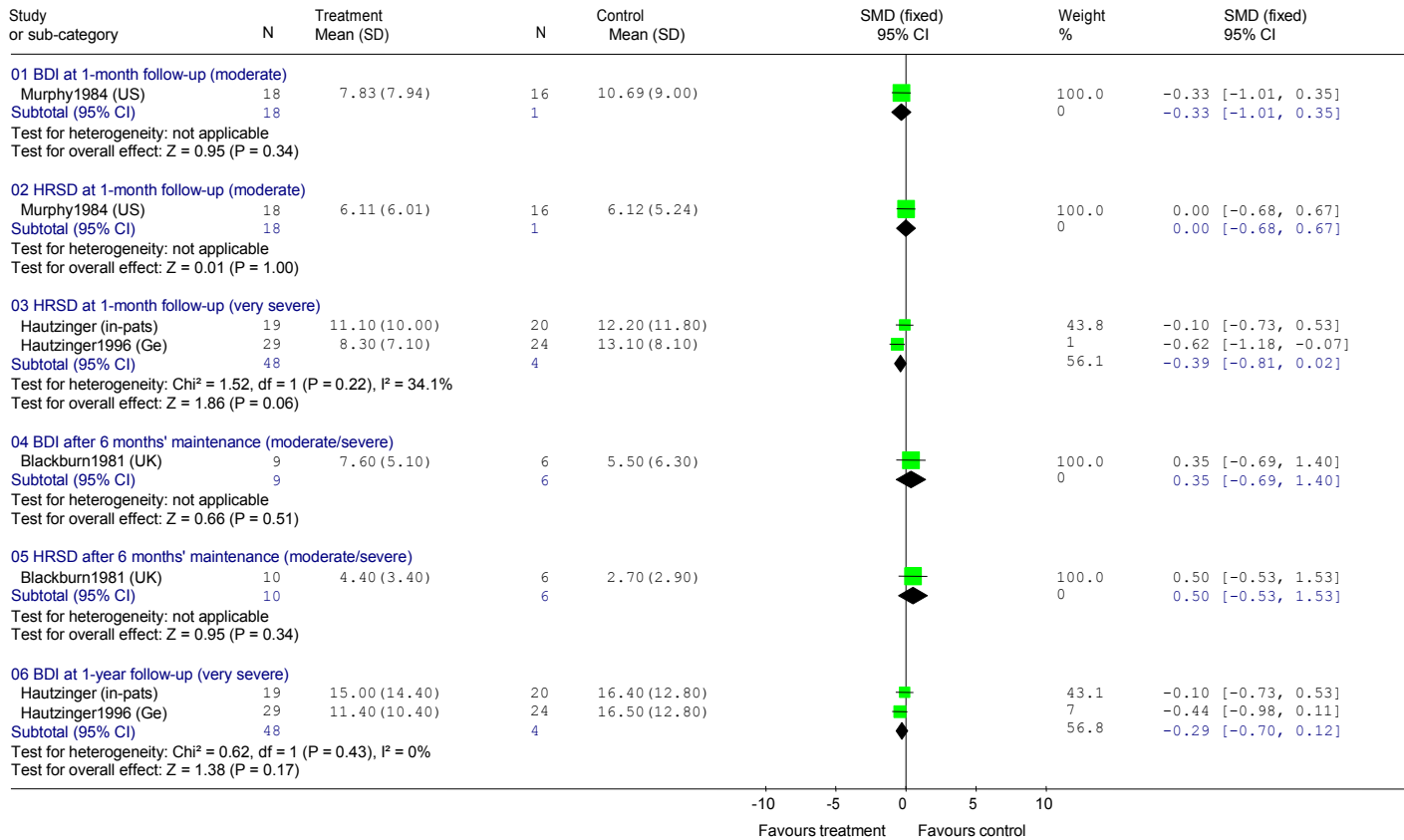
Review: CBT42
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment – HRSD



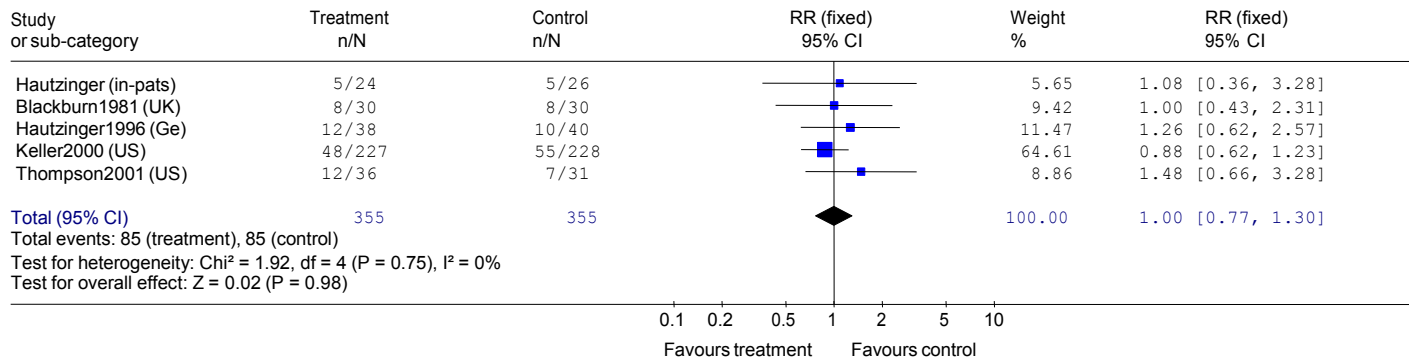
Review: CBT43
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 06 Relapse (moderate/severe)



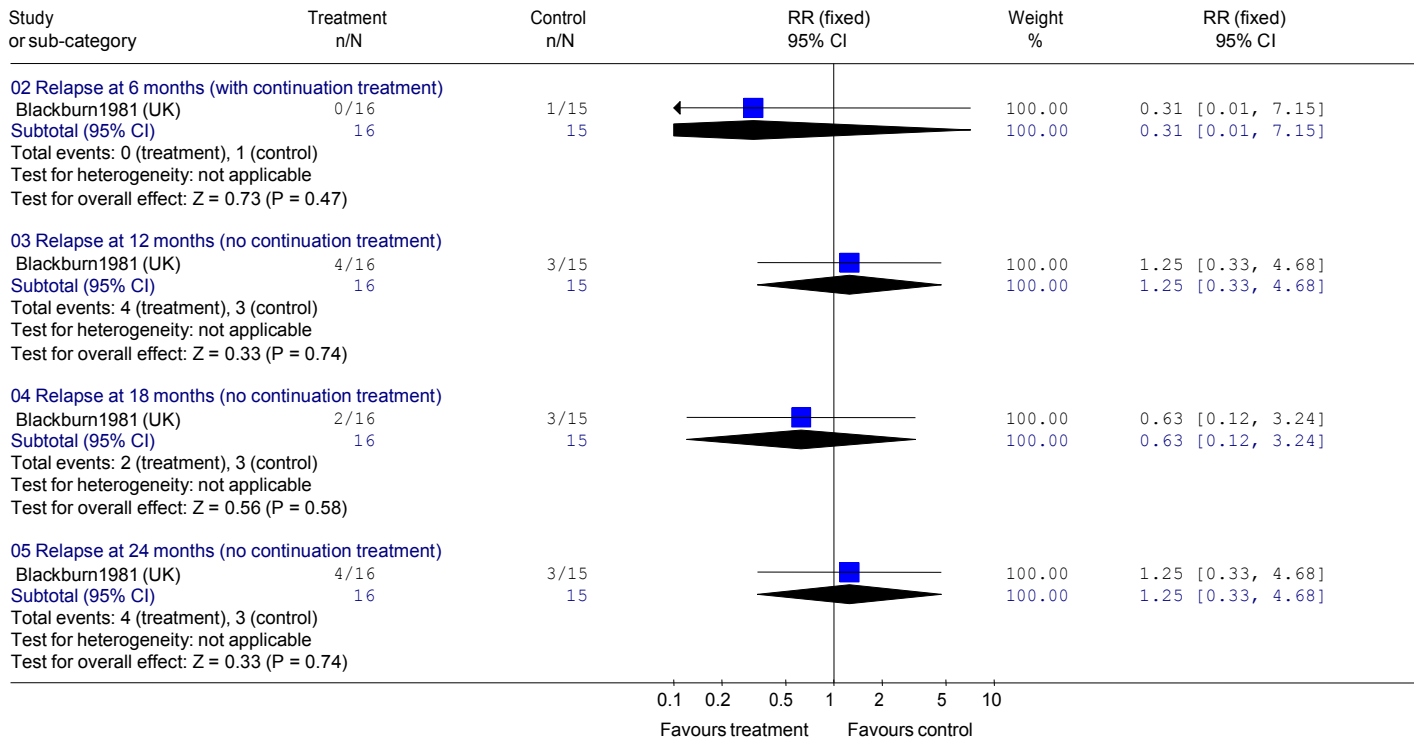
Review: CBT44
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 07 Depression scores: continuous measures at follow-up



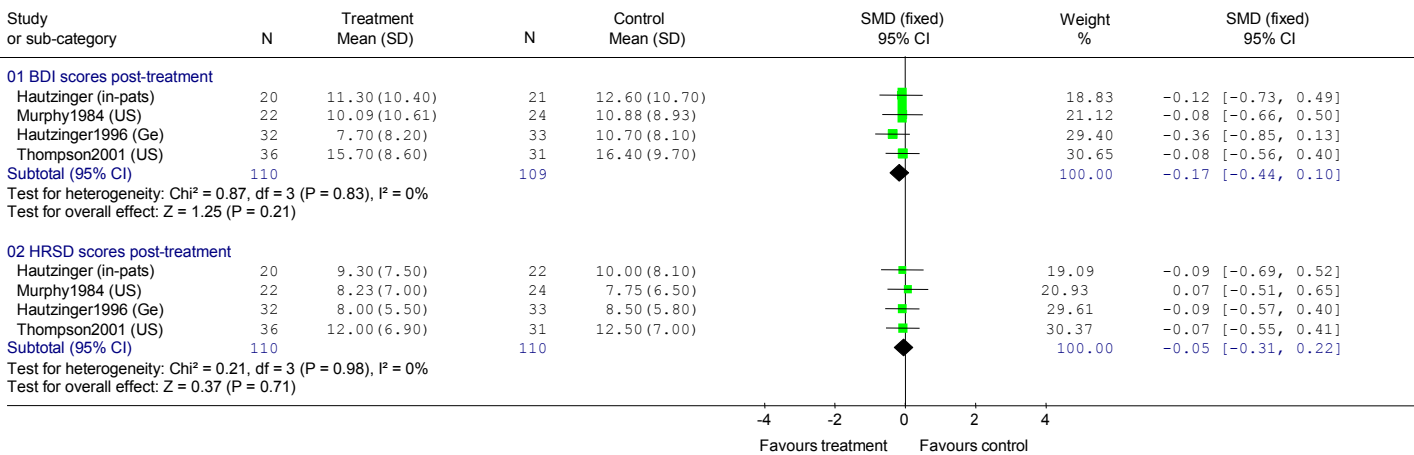
Review: CBT45
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 01 Leaving the study early



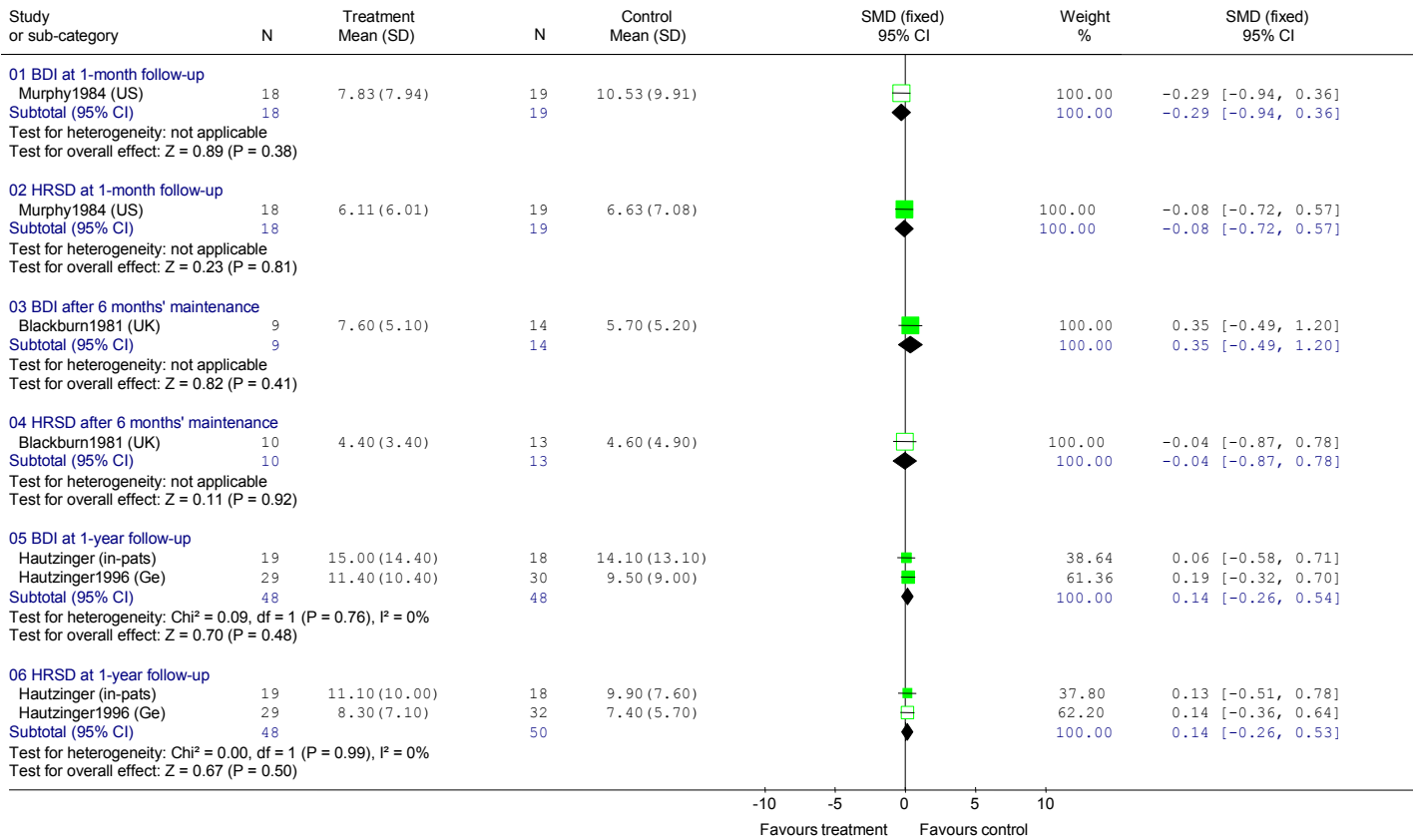
Review: CBT46
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 02 Relapse



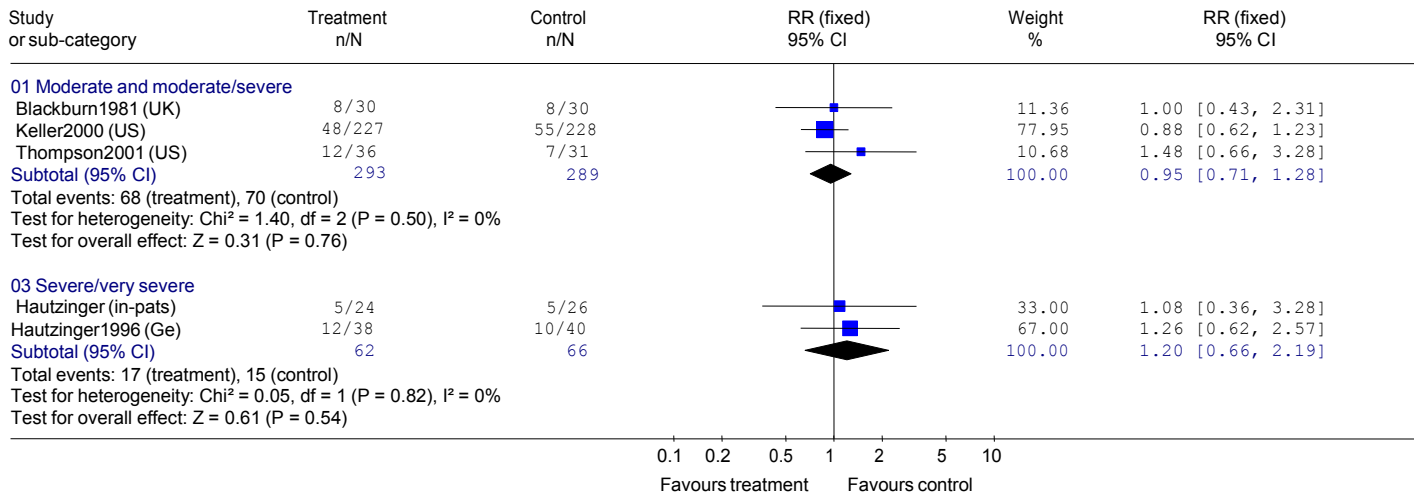
Review: CBT47
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 03 Depression scores: continuous measures post-treatment



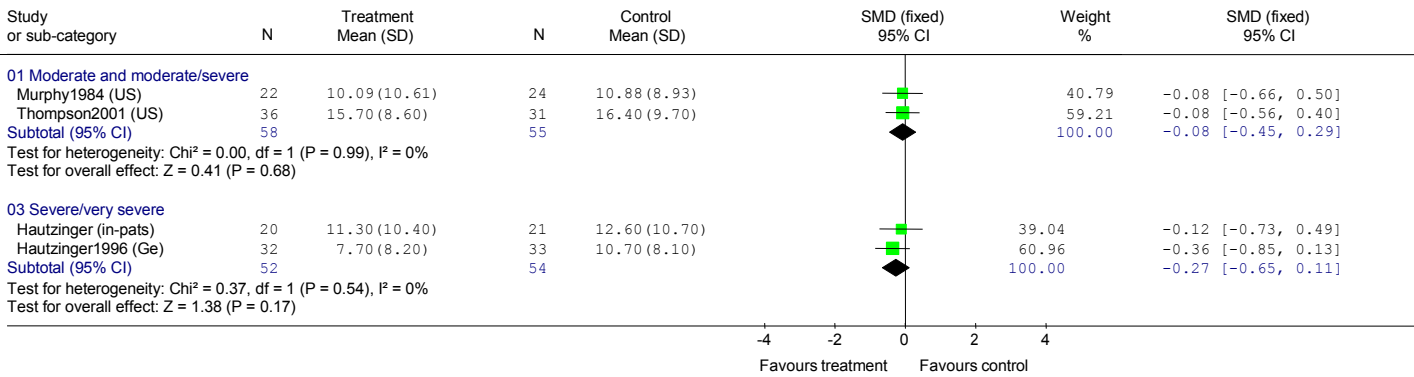
Review: CBT48
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 04 Depression scores: continuous data at follow-up



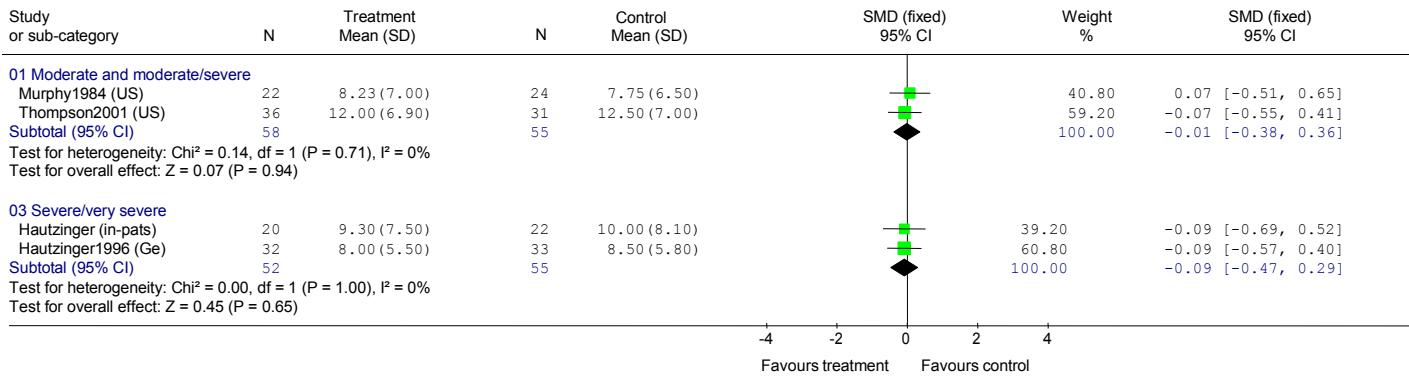
Review: CBT49
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 01 Leaving the study early



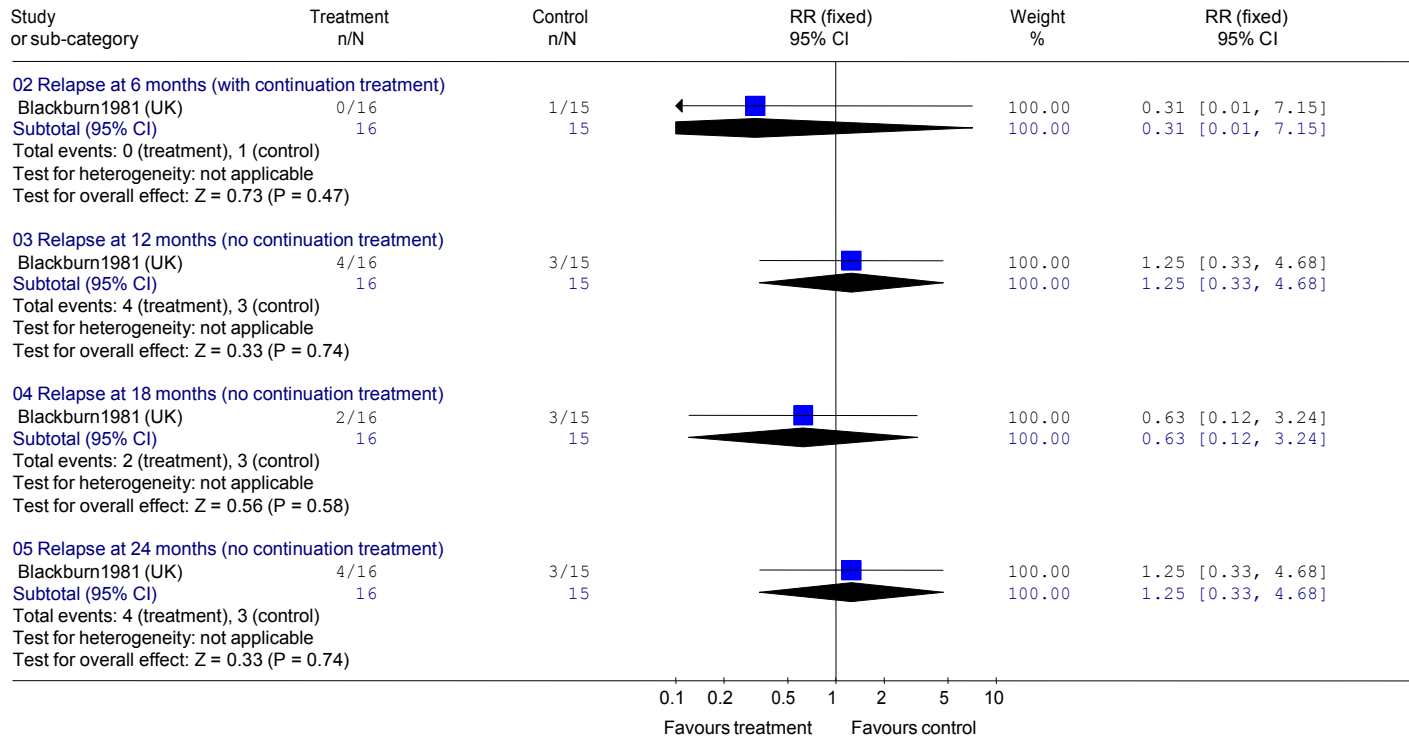
Review: CBT50
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 02 Depression scores: continuous measures post-treatment – BDI



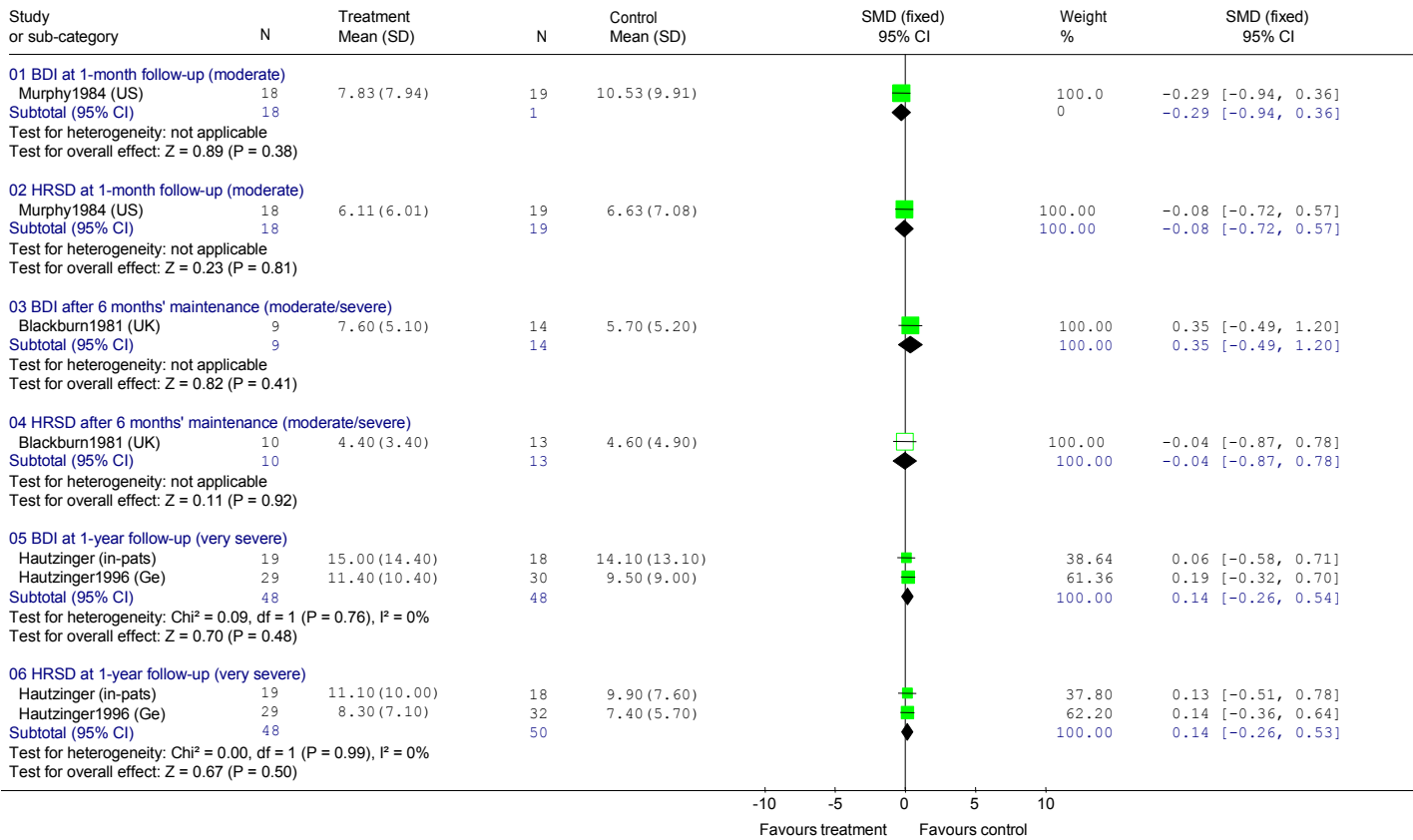
Review: CBT51
 Comparison: 10 Sub 06: cognitive behavioural therapies + ADs versus cognitive behavioural therapies by severity
 Outcome: 03 Depression scores: continuous measures post-treatment – HRSD



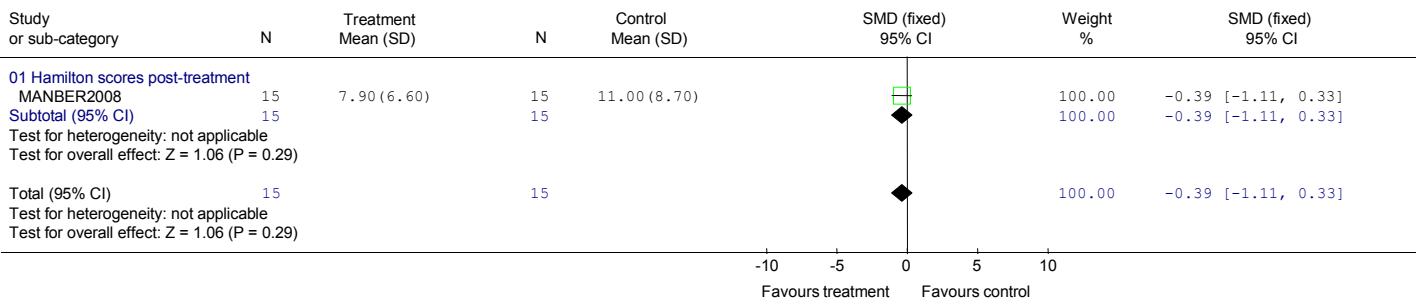
Review: CBT52
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 04 Relapse (moderate)



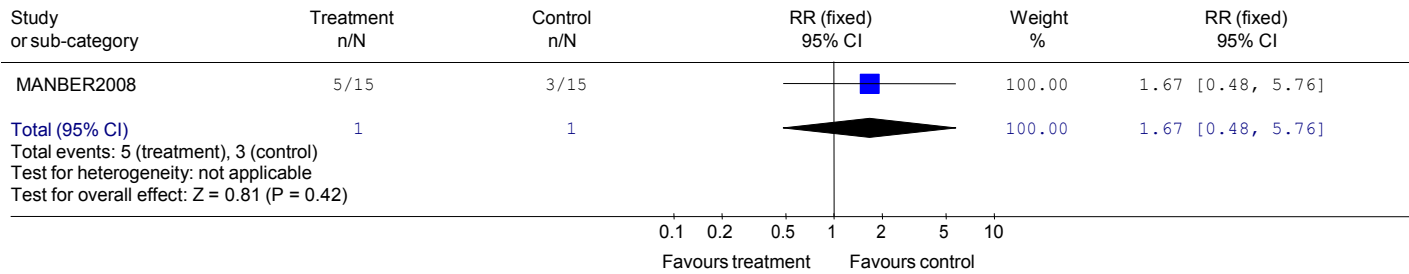
Review: CBT53
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 05 Depression scores: continuous data at follow-up



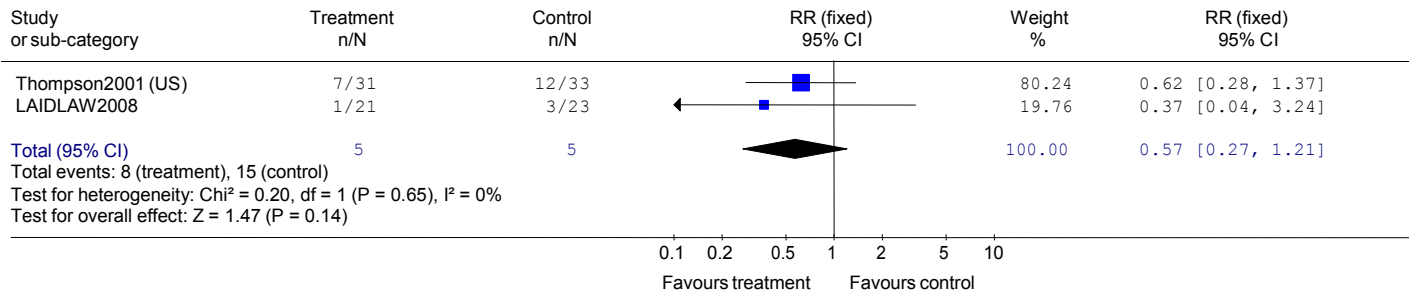
Review: CBT54
 Comparison: 11 Cognitive therapies (for insomnia) + antidepressants versus non-directive interventions (quasi-desensitisation for insomnia) + antidepressants
 Outcome: 01 Depression scores: continuous measures post-treatment



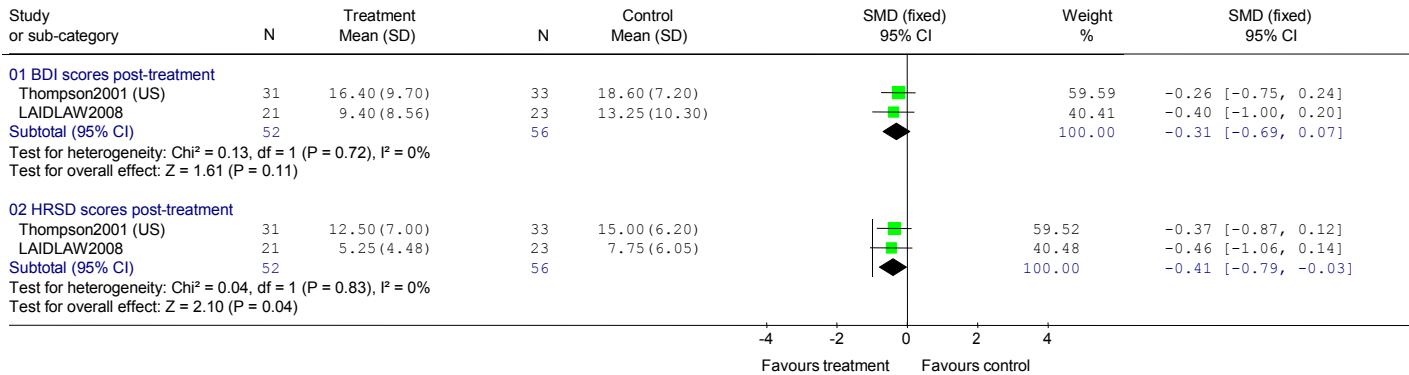
Review: CBT55
 Comparison: 11 Cognitive therapies (for insomnia) + antidepressants versus non-directive interventions (quasi-desensitisation for insomnia) + antidepressants
 Outcome: 02 Leaving study early



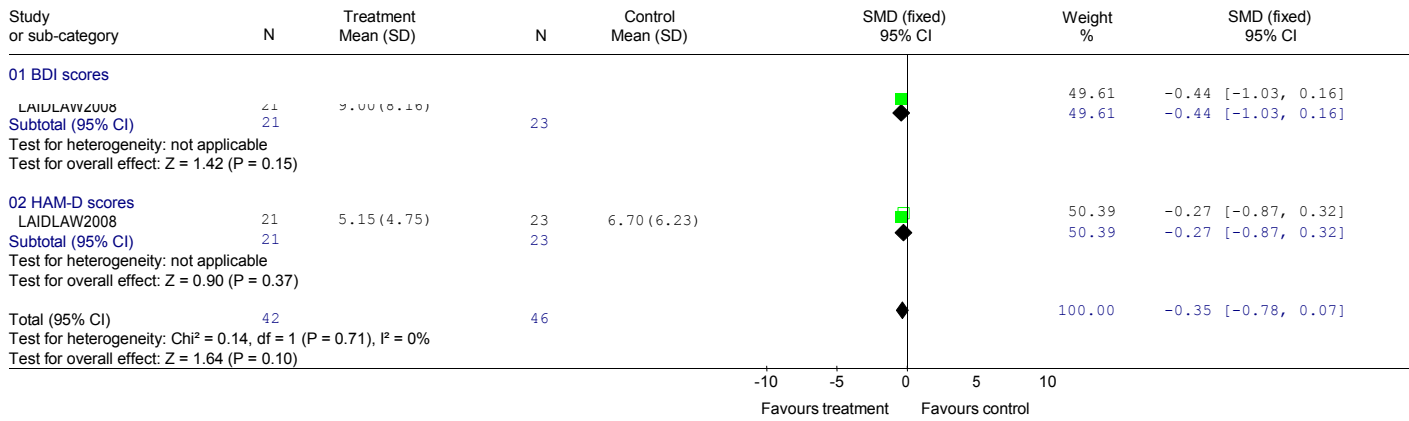
Review: CBT56
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 01 CBT versus TAU/antidepressants: leaving the study early for any reason



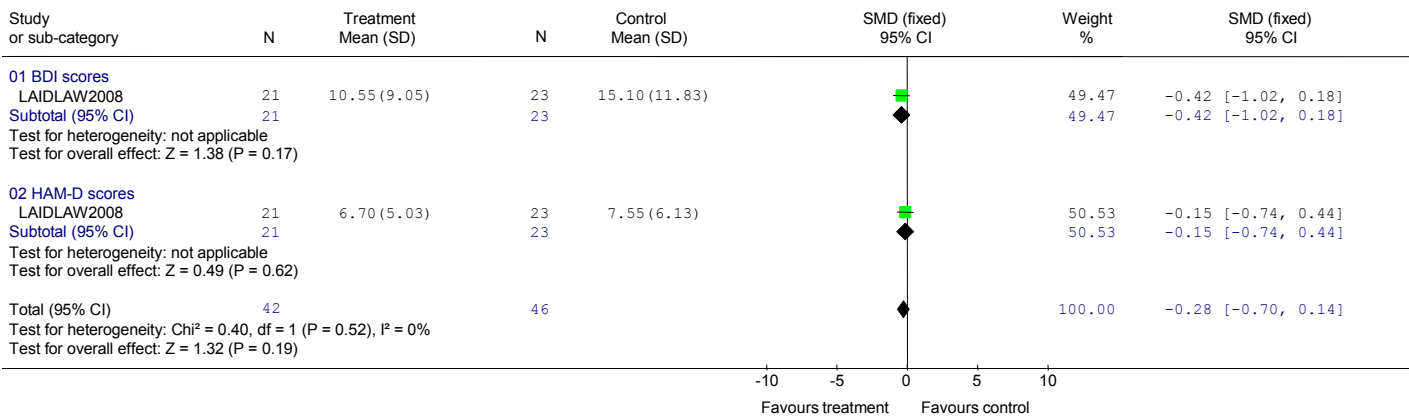
Review: CBT57
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 02 CBT versus TAU/antidepressants: depression scores: continuous measures post-treatment



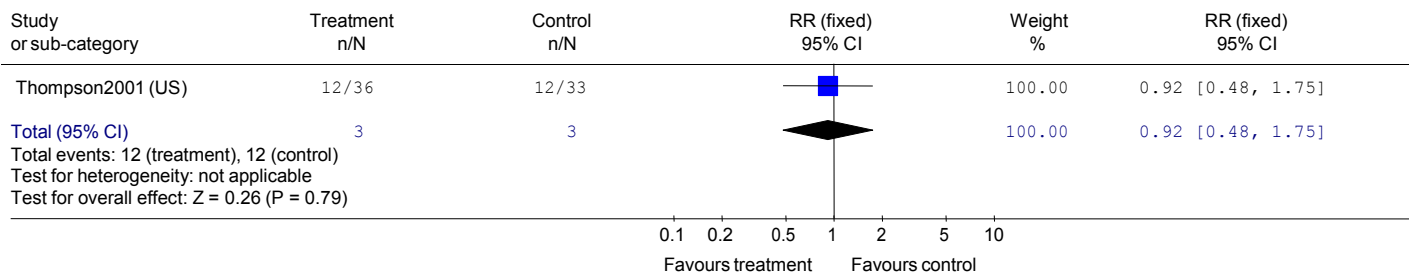
Review: CBT58
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 03 CBT versus TAU/antidepressants: depression scores: continuous measures at 3-month follow-up



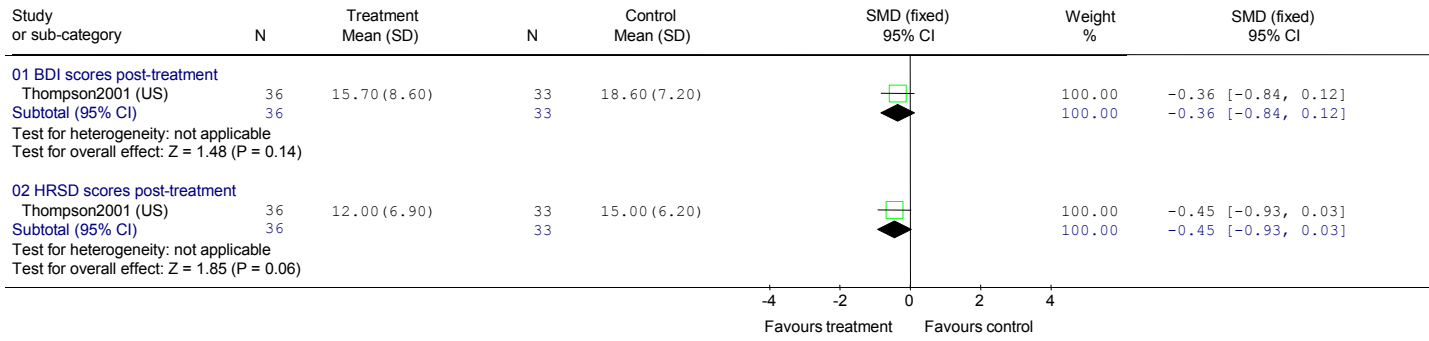
Review: CBT59
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 04 CBT versus TAU/antidepressants: depression scores: continuous measures at 6-month follow-up



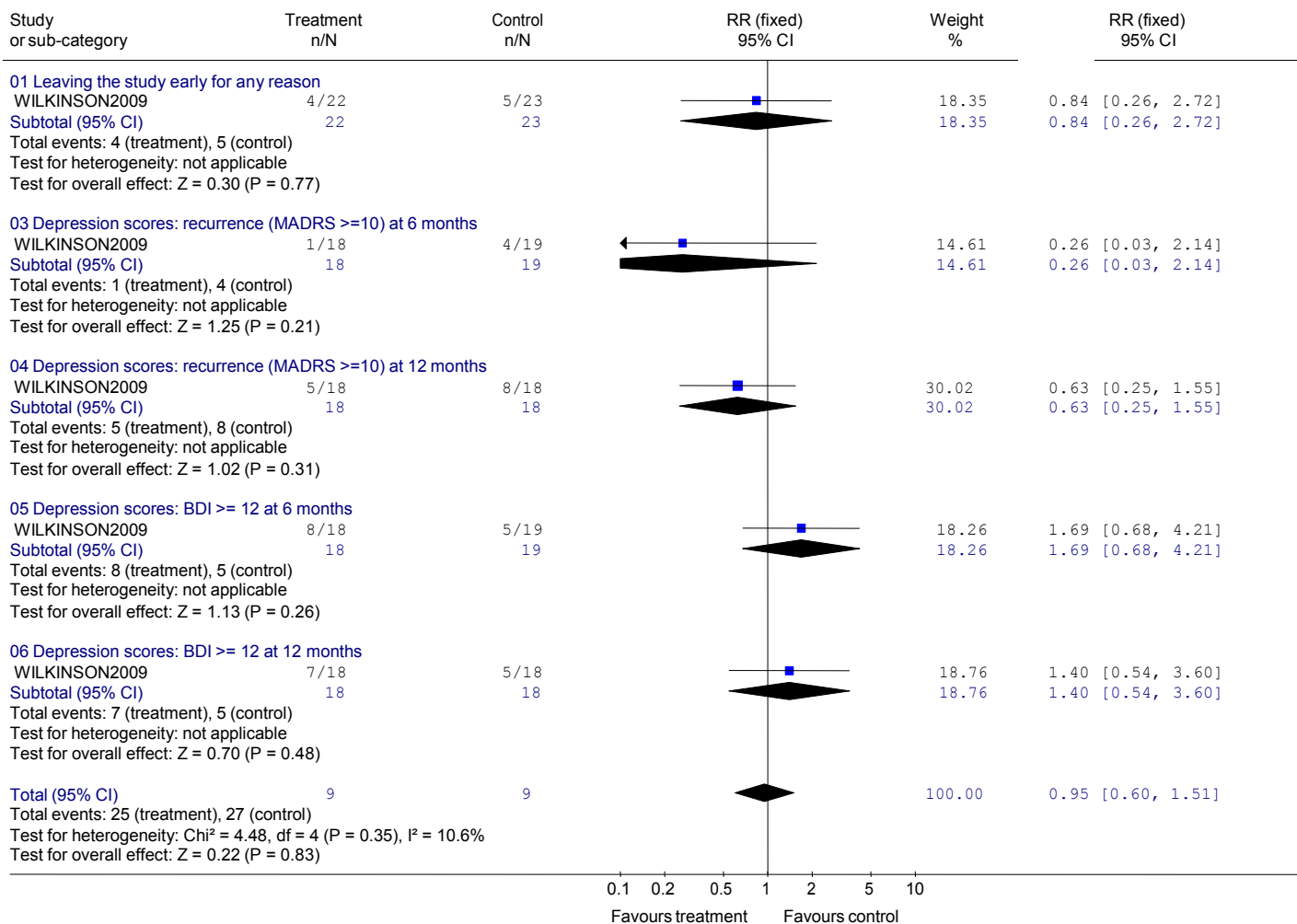
Review: CBT60
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 06 CBT + antidepressants versus antidepressants: leaving the study early for any reason



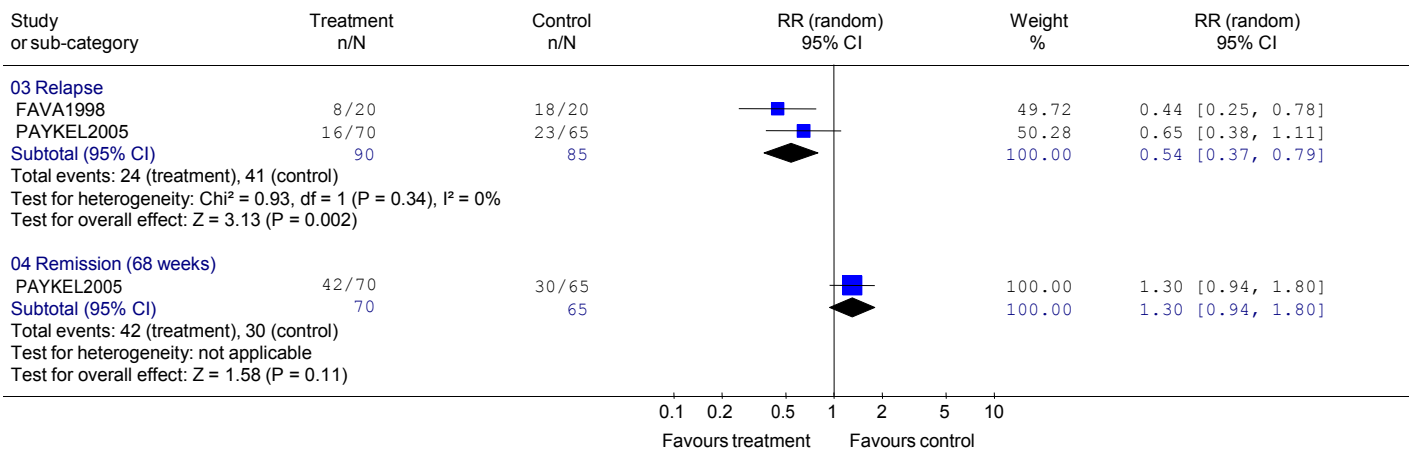
Review: CBT61
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 07 CBT + antidepressants versus antidepressants: depression scores: continuous measures post-treatment



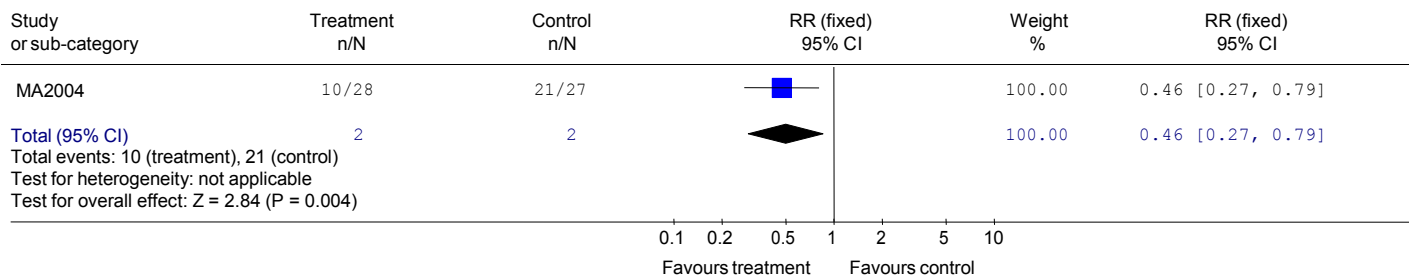
Review: CBT62
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 08 Group CBT + antidepressants versus antidepressants: leaving the study early for any reason



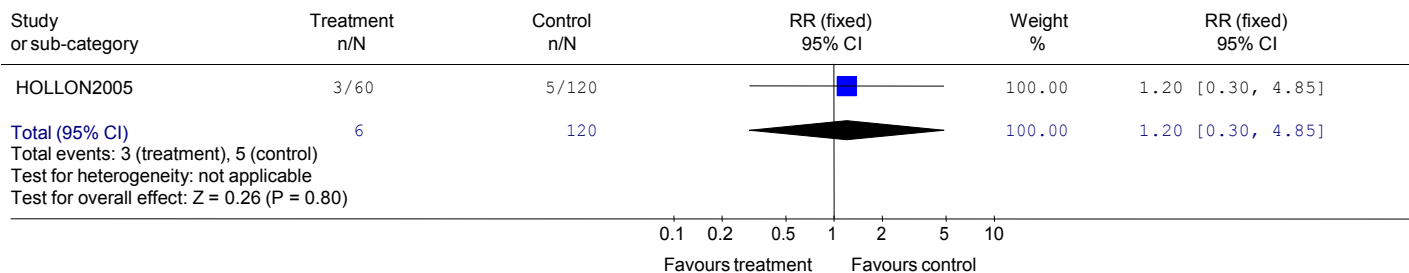
Review: CBT63
 Comparison: 13 Relapse prevention studies: cognitive behavioural therapies versus placebo and clinical management
 Outcome: 01 Depression scores: dichotomous outcomes



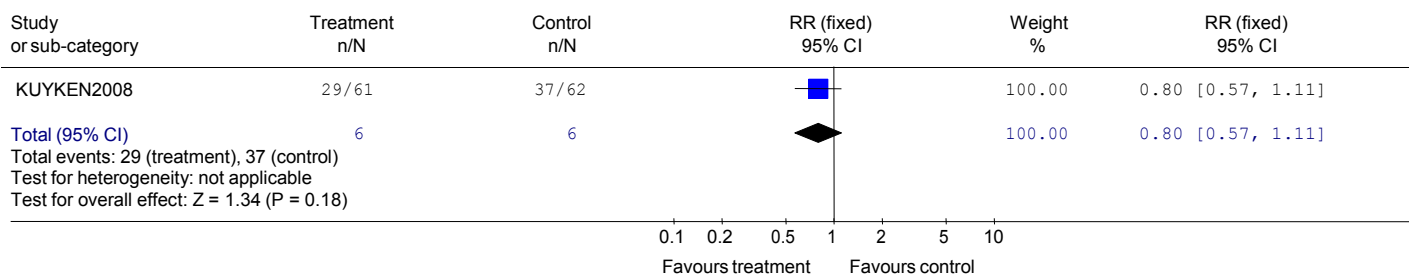
Review: CBT64
 Comparison: 13 Relapse prevention studies: cognitive behavioural therapies versus placebo and clinical management
 Outcome: 02 Relapse: number of patients with >=3 episodes



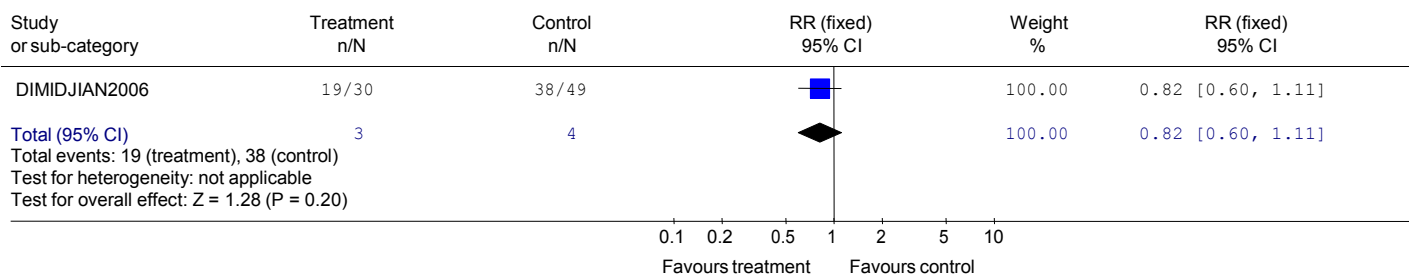
Review: CBT65
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 01 Leaving study early



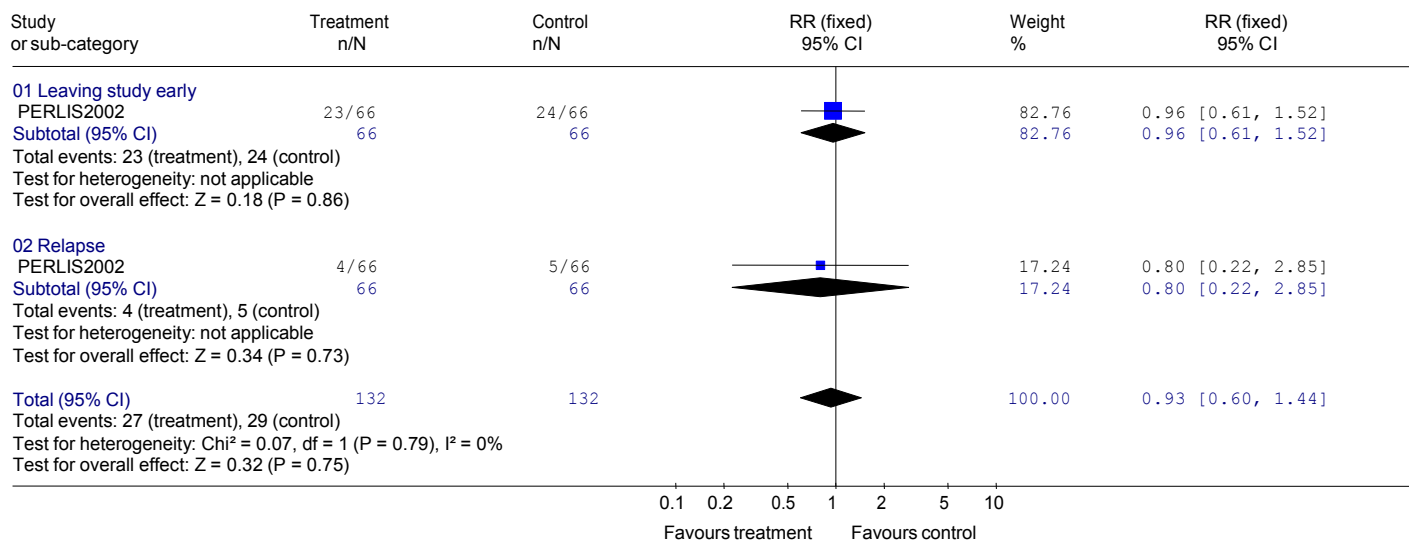
Review: CBT66
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 02 Relapse



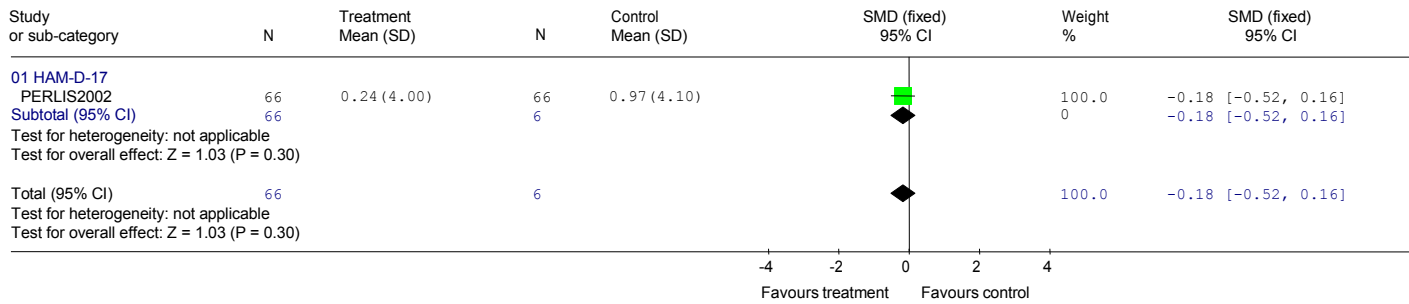
Review: CBT67
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 03 Relapse at 1 year



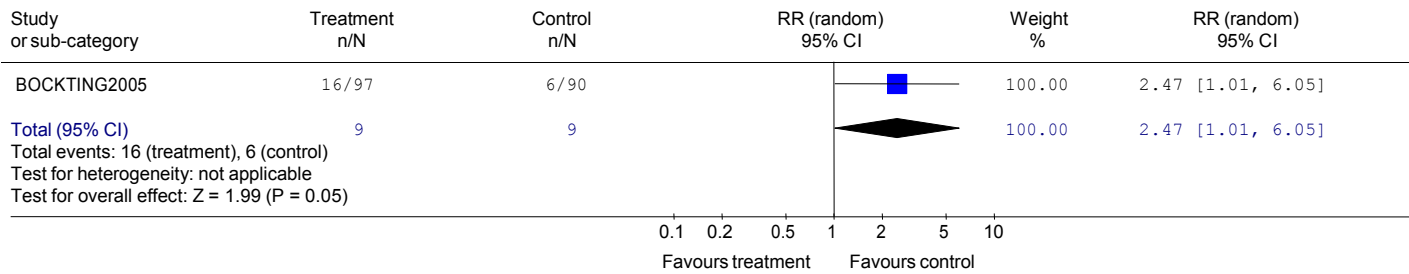
Review: CBT68
 Comparison: 15 Relapse prevention studies: cognitive behavioural therapies + antidepressants versus antidepressants
 Outcome: 01 Depression scores: dichotomous outcomes



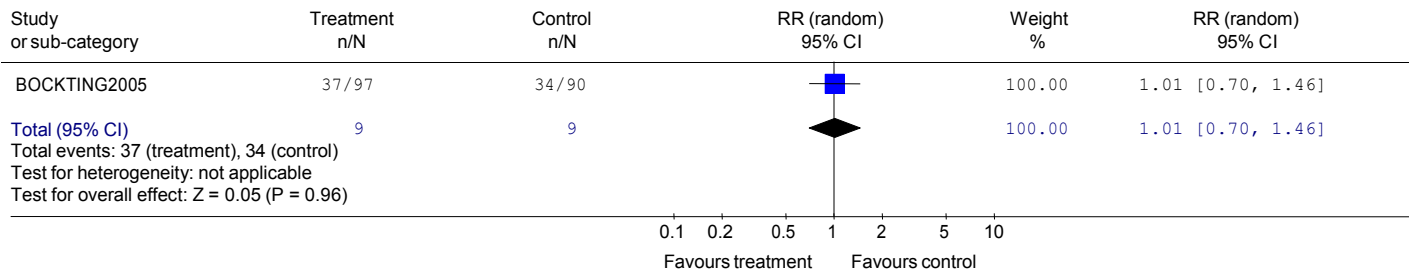
Review: CBT69
 Comparison: 15 Relapse prevention studies: cognitive behavioural therapies + antidepressants versus antidepressants
 Outcome: 02 Depression scores: continuous outcomes



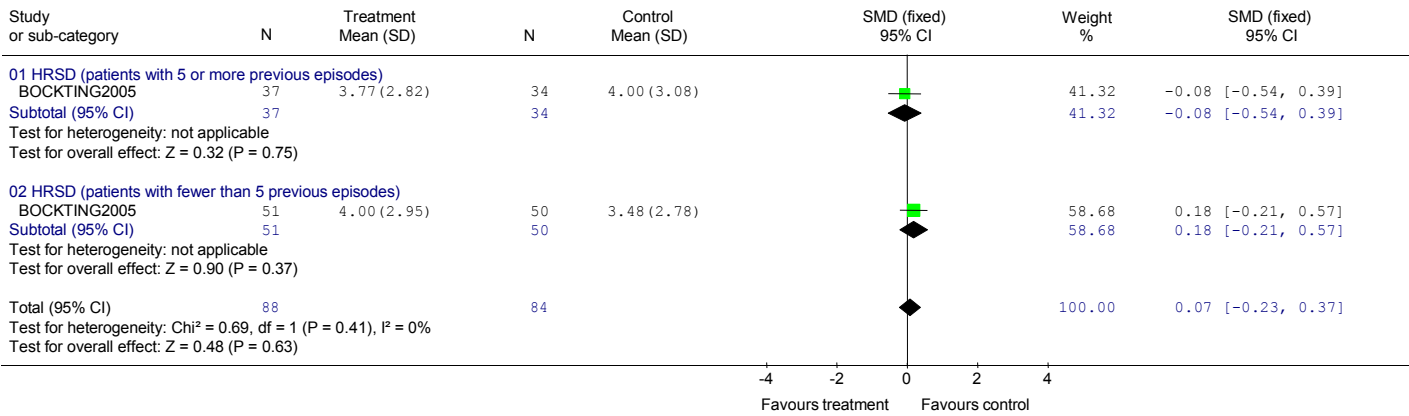
Review: CBT70
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 01 Leaving the study early



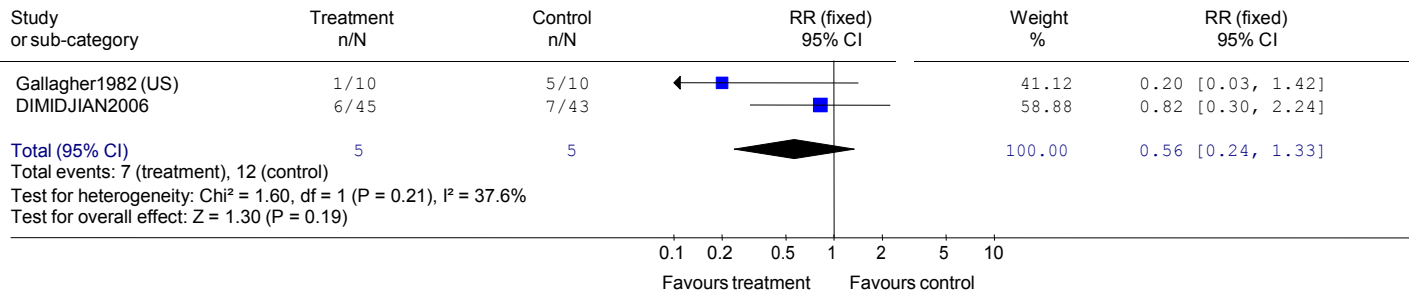
Review: CBT71
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 02 Relapse



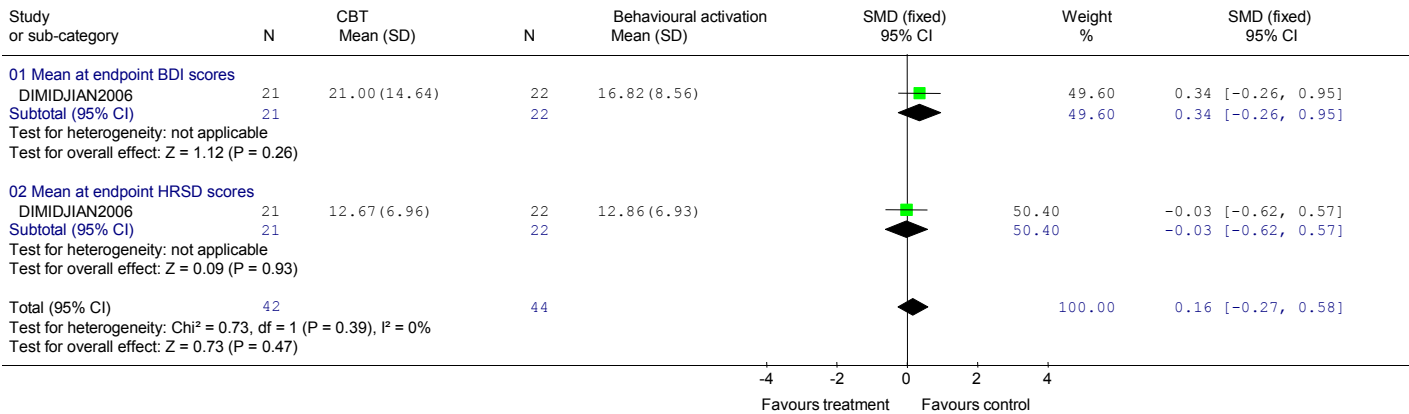
Review: CBT72
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 03 Depression scores: continuous outcomes



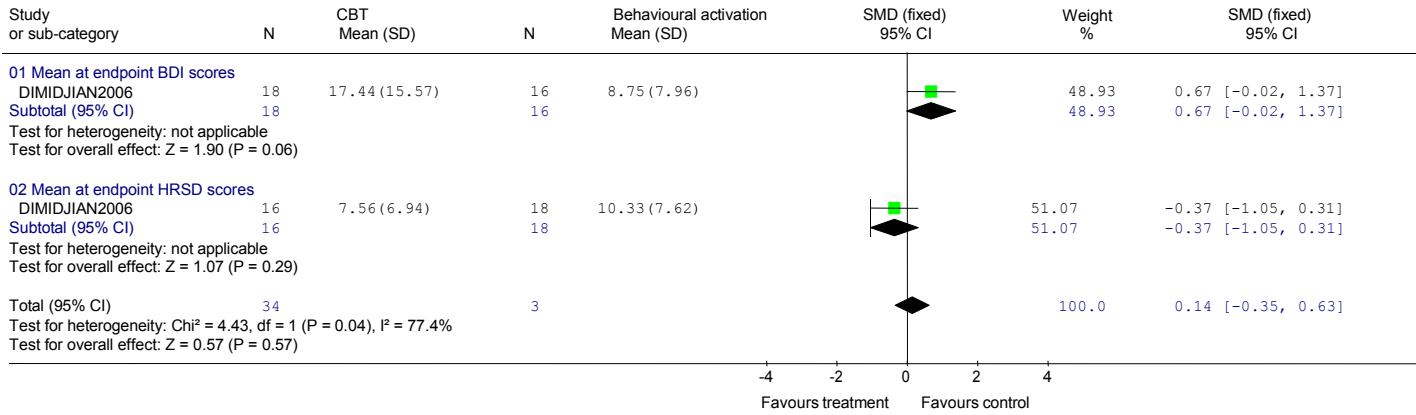
Review: CBT73
 Comparison: 17 CBT versus behavioural activation
 Outcome: 01 Leaving study early



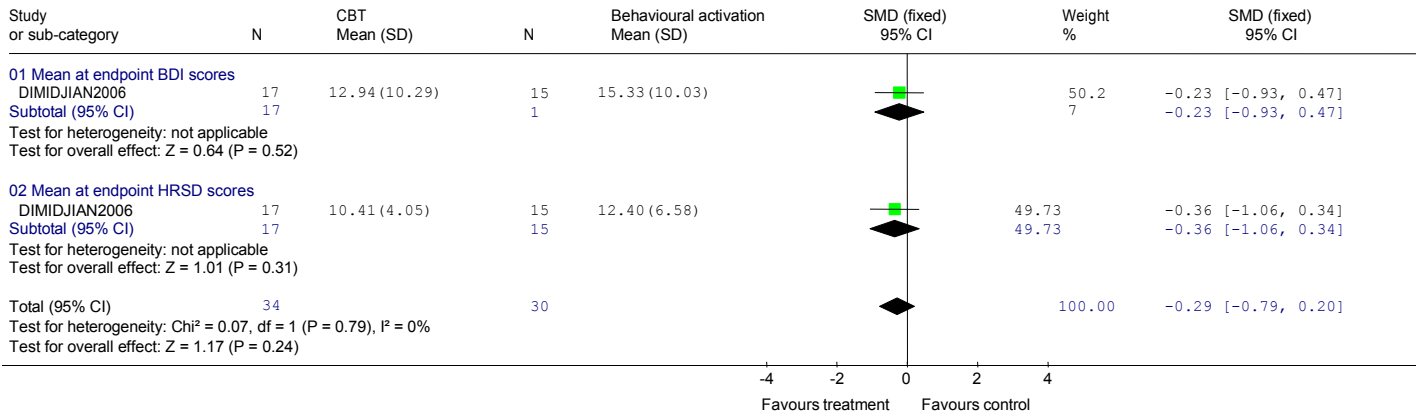
Review: CBT74
 Comparison: 17 CBT versus behavioural activation
 Outcome: 02 Depression scores: continuous measures at endpoint (high severity) 8 weeks



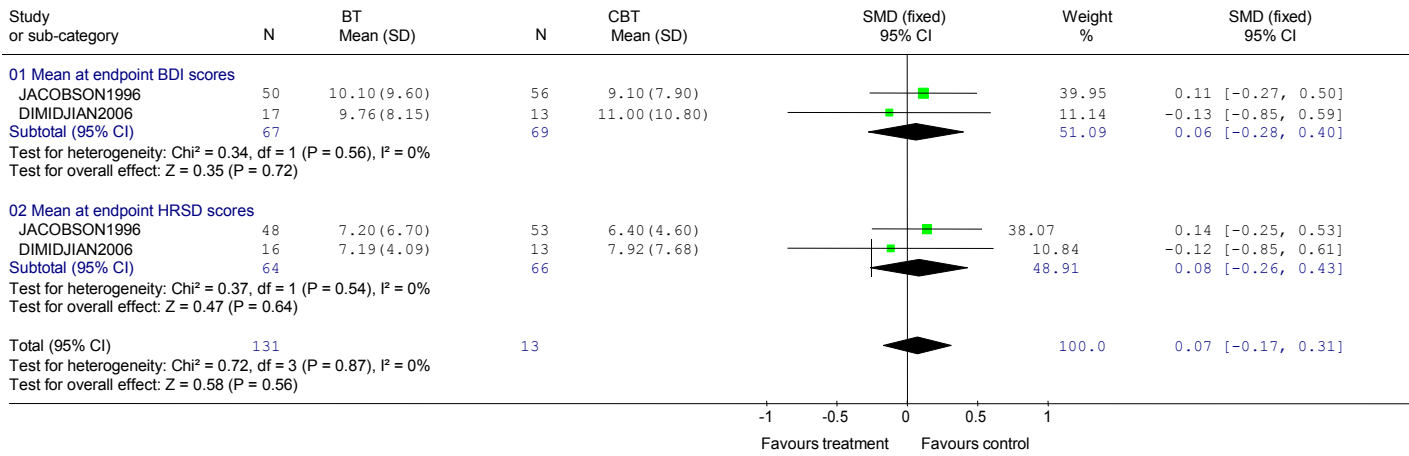
Review: CBT75
 Comparison: 17 CBT versus behavioural activation
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 16 weeks



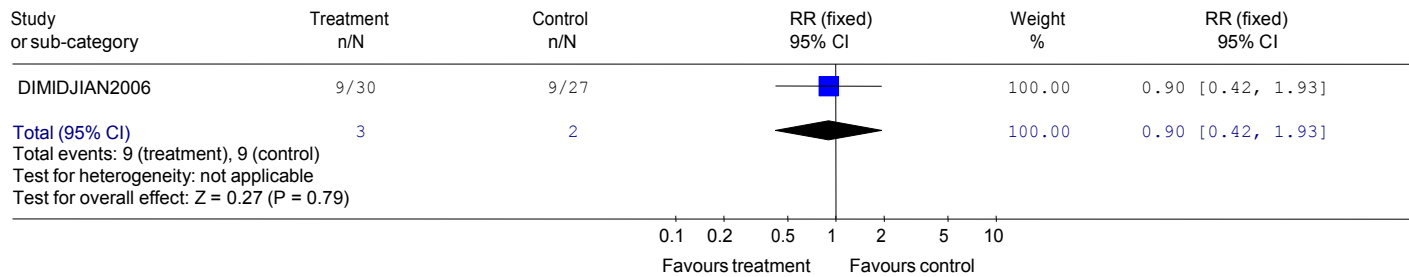
Review: CBT76
 Comparison: 17 CBT versus behavioural activation
 Outcome: 05 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks



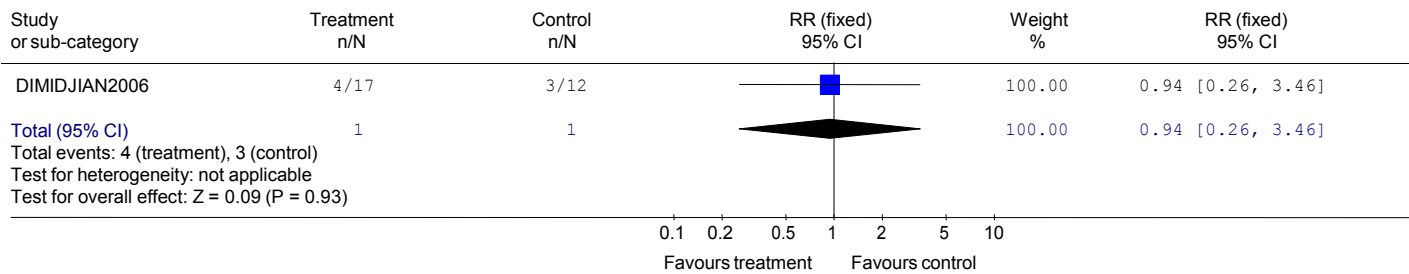
Review: CBT77
 Comparison: 17 CBT versus behavioural activation
 Outcome: 06 Depression scores: continuous measures at endpoint (moderate severity) 16 weeks



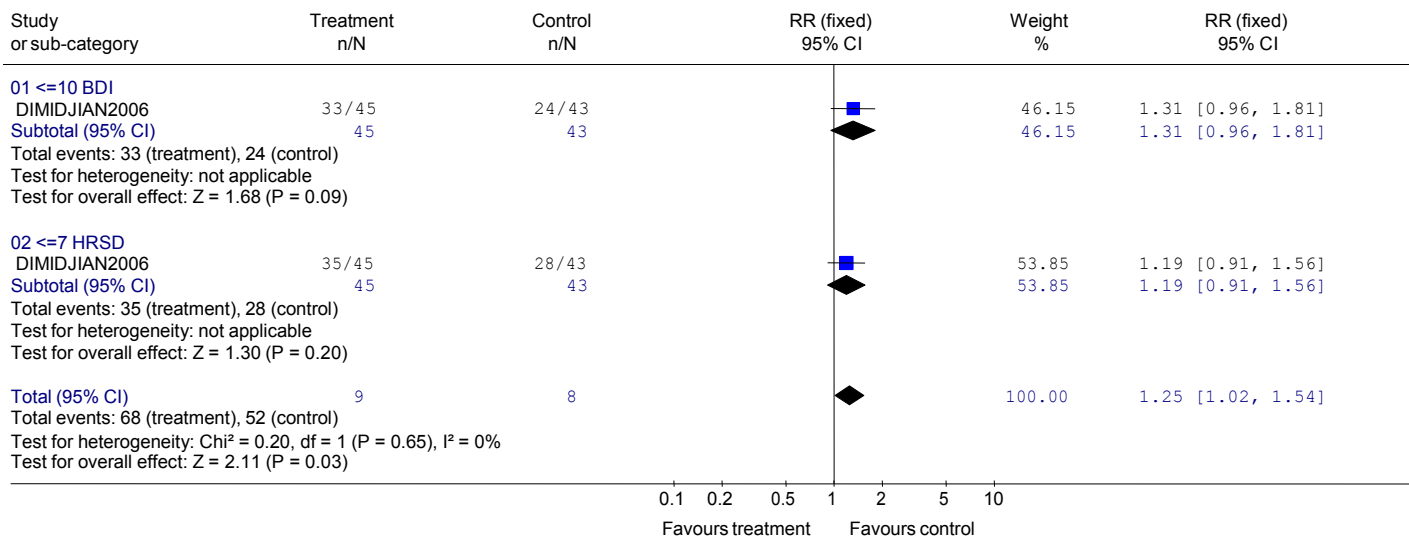
Review: CBT78
 Comparison: 17 CBT versus behavioural activation
 Outcome: 07 Relapse at 1 year



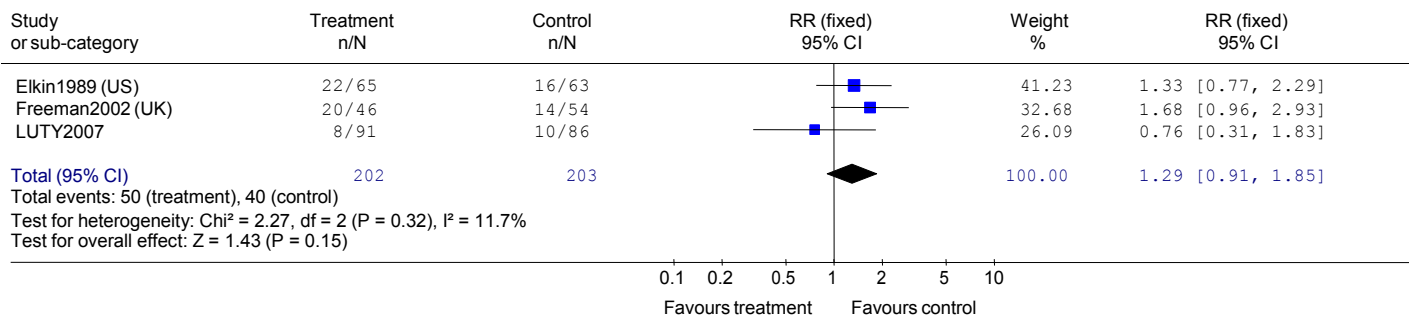
Review: CBT79
 Comparison: 17 CBT versus behavioural activation
 Outcome: 08 Recurrence at 2 years



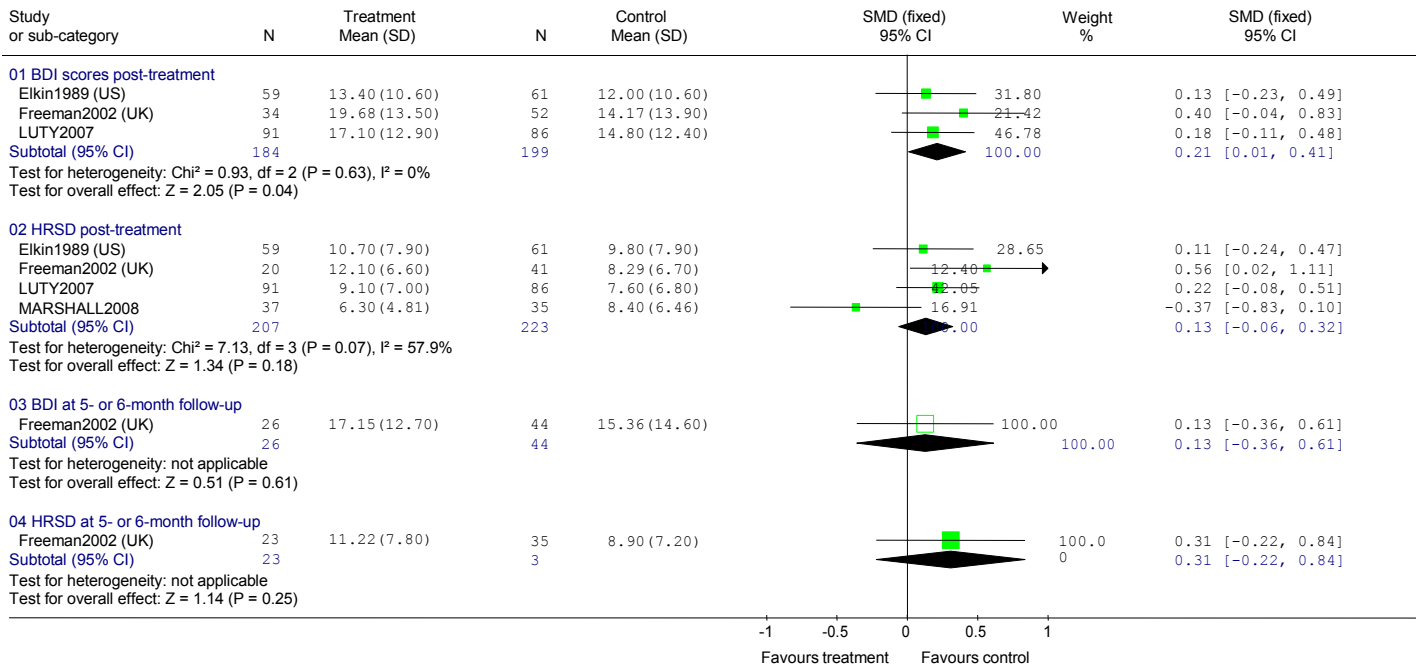
Review: CBT80
 Comparison: 17 CBT versus behavioural activation
 Outcome: 09 Number not achieving remission



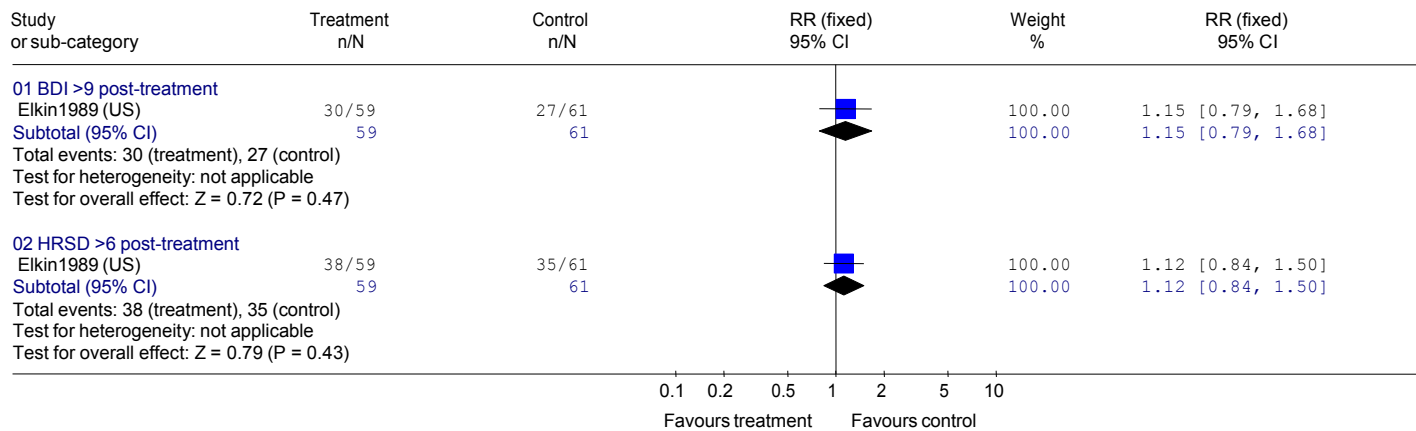
Review: CBT81
 Comparison: 18 CBT versus IPT
 Outcome: 01 Leaving the study early



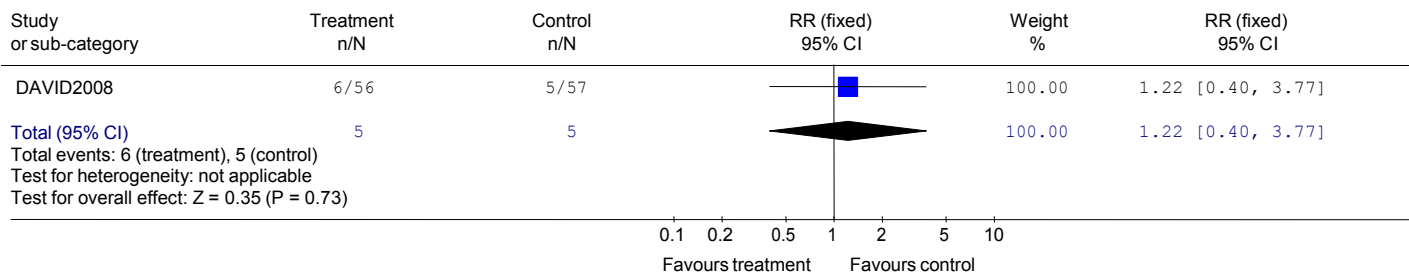
Review: CBT82
 Comparison: 18 CBT versus IPT
 Outcome: 02 Depression scores: continuous measures



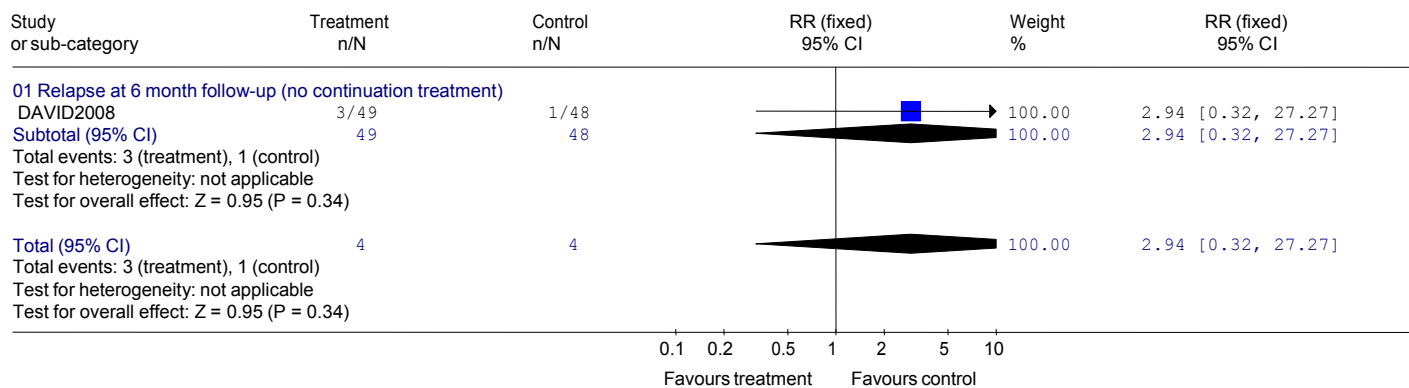
Review: CBT83
 Comparison: 18 CBT versus IPT
 Outcome: 03 Depression scores: dichotomous outcomes



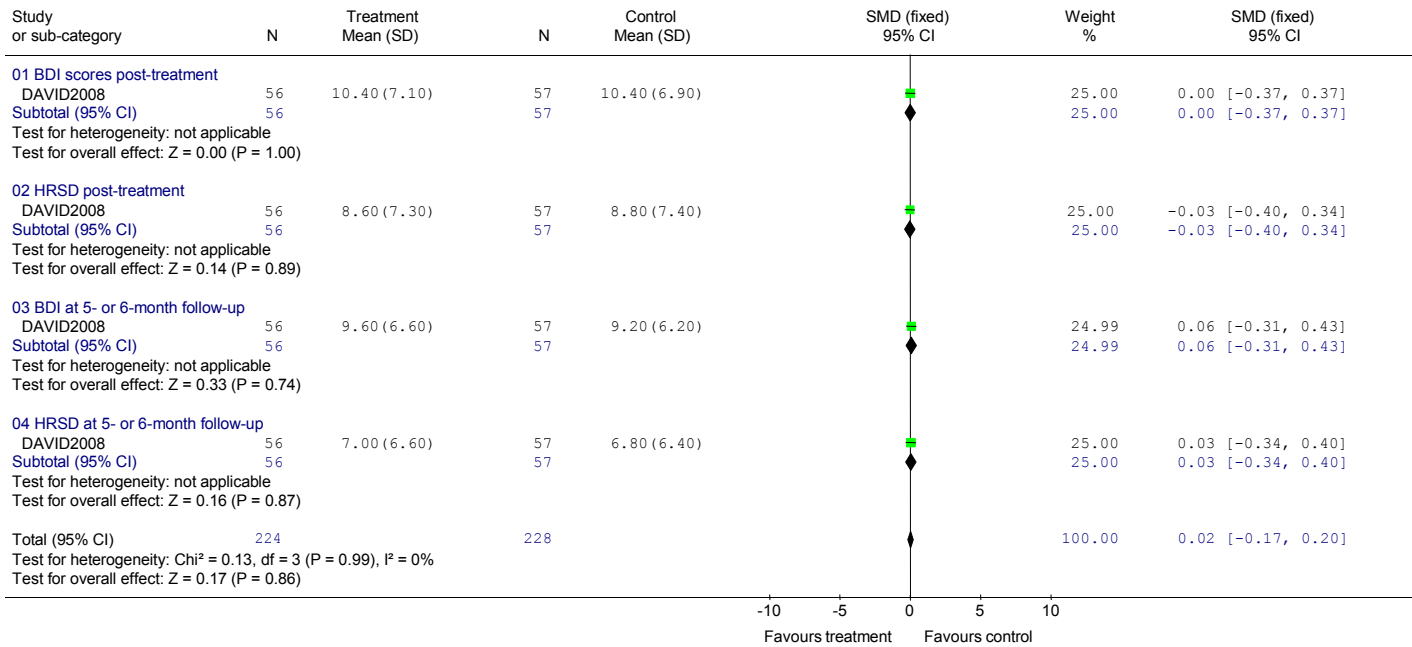
Review: CBT84
 Comparison: 19 CBT versus REBT
 Outcome: 01 Leaving study early



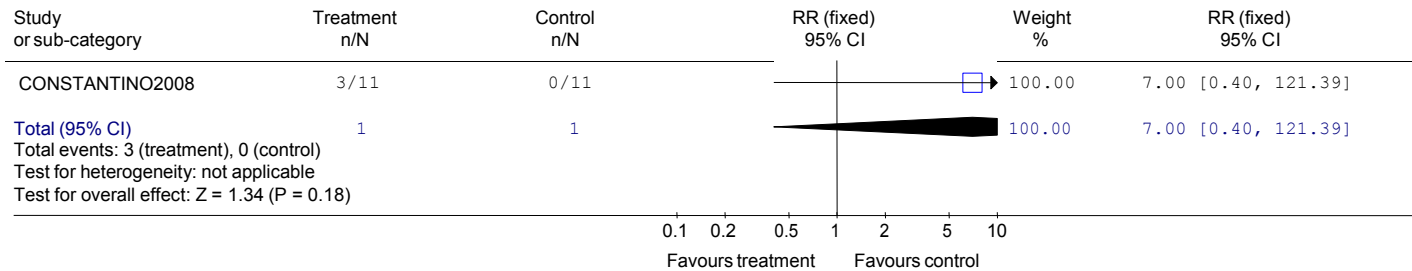
Review: CBT85
 Comparison: 19 CBT versus REBT
 Outcome: 02 Relapse



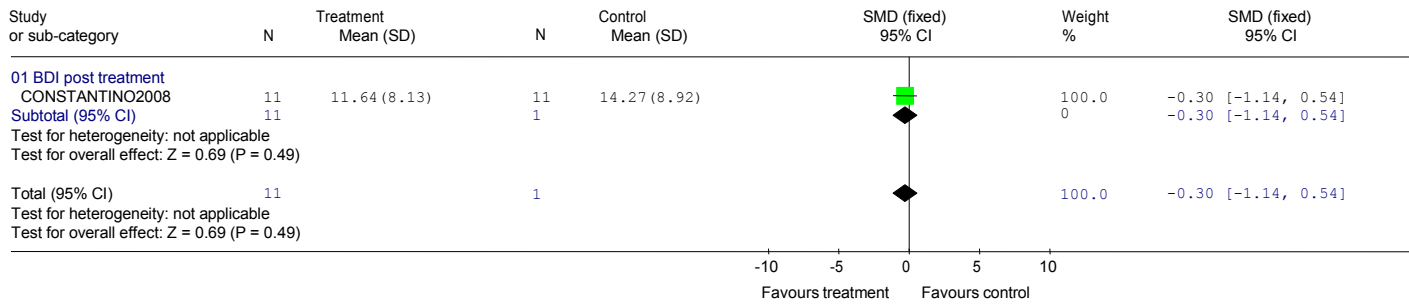
Review: CBT86
 Comparison: 19 CBT versus REBT
 Outcome: 03 Depression scores: continuous measures



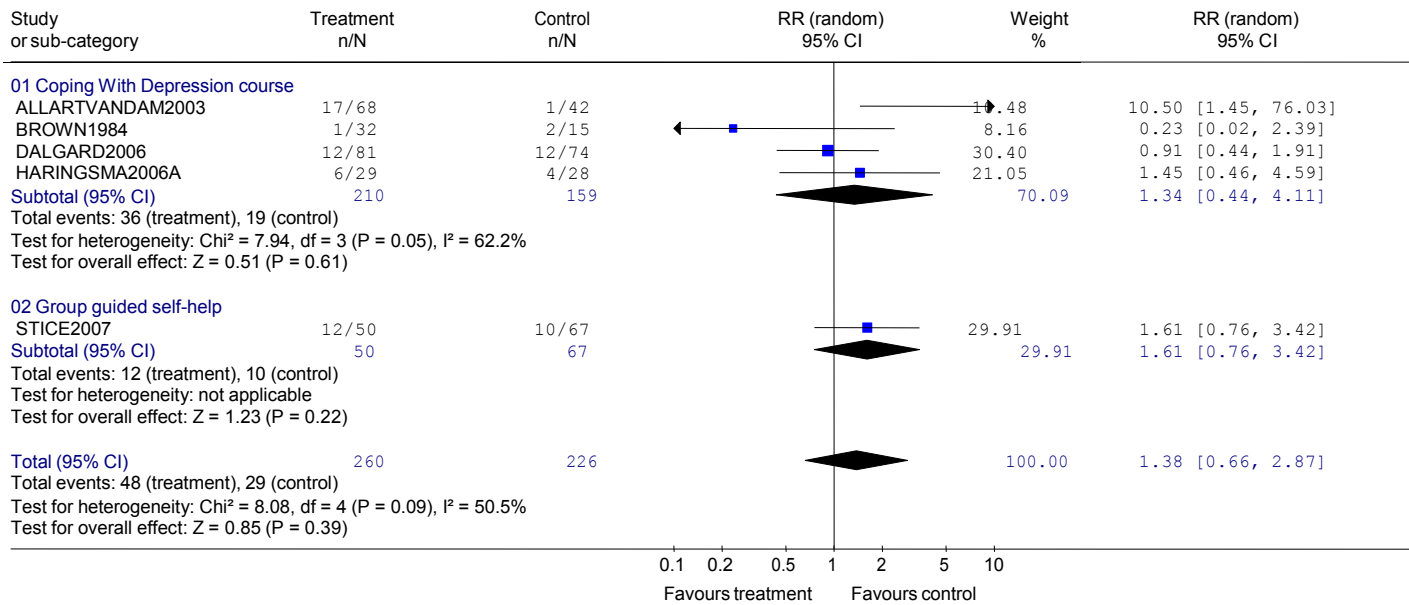
Review: CBT87
 Comparison: 20 CBT versus integrative CT
 Outcome: 01 Leaving study early



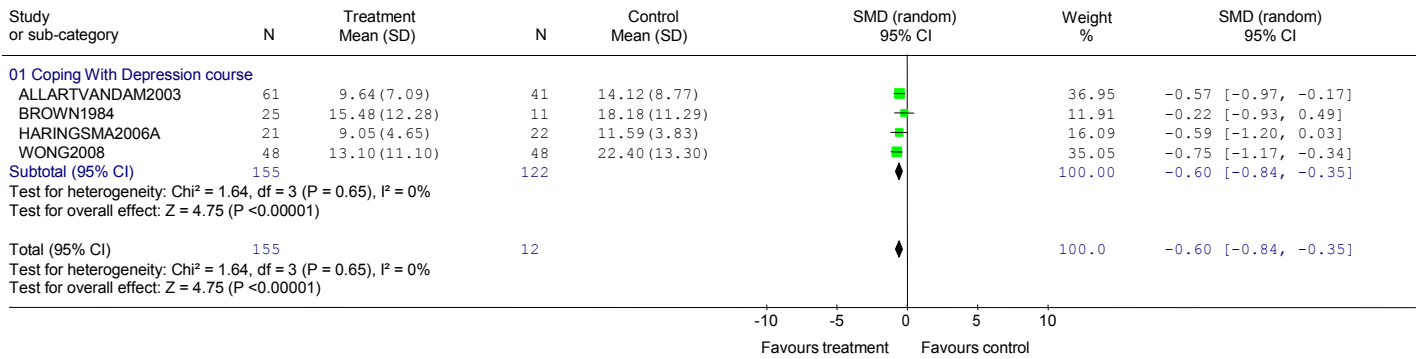
Review: CBT88
 Comparison: 20 CBT versus integrative CT
 Outcome: 02 Depression scores: continuous measures



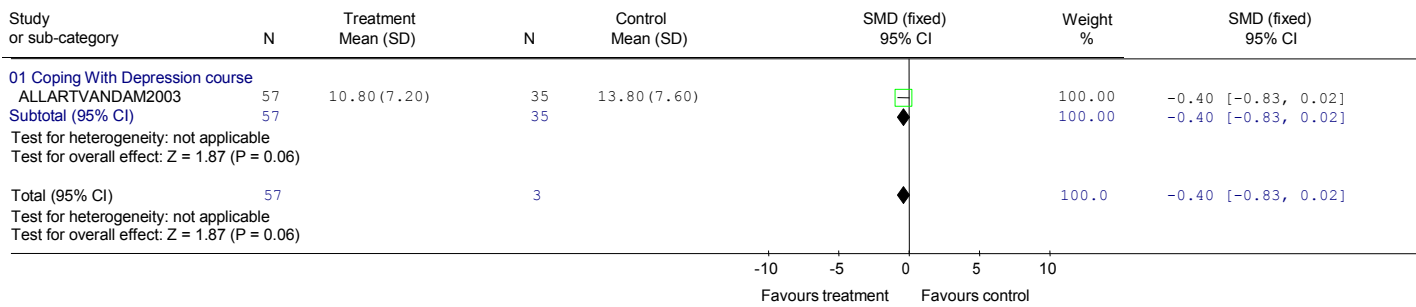
Review: CBT89
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 01 Leaving the study early for any reason



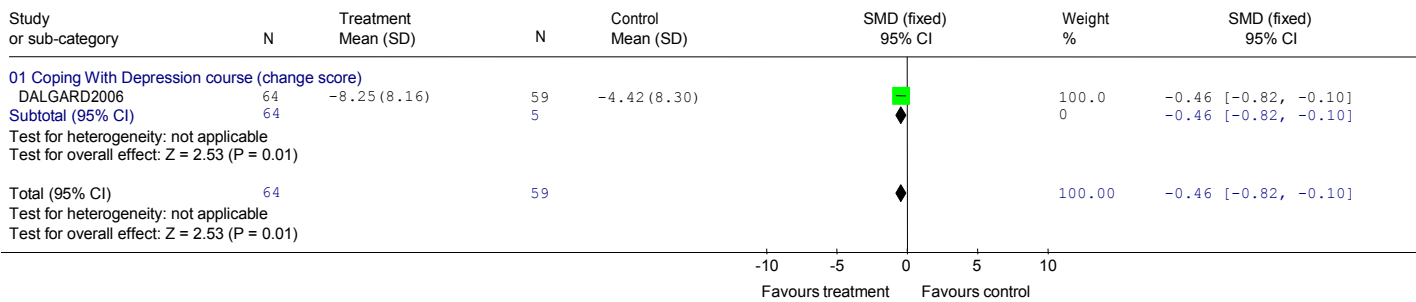
Review: CBT90
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



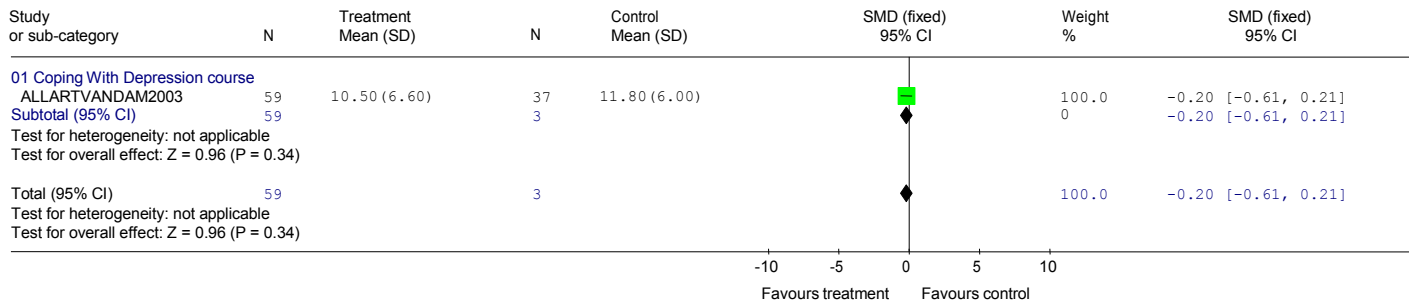
Review: CBT91
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 03 Self-report depression measures (BDI) at 6-month follow-up



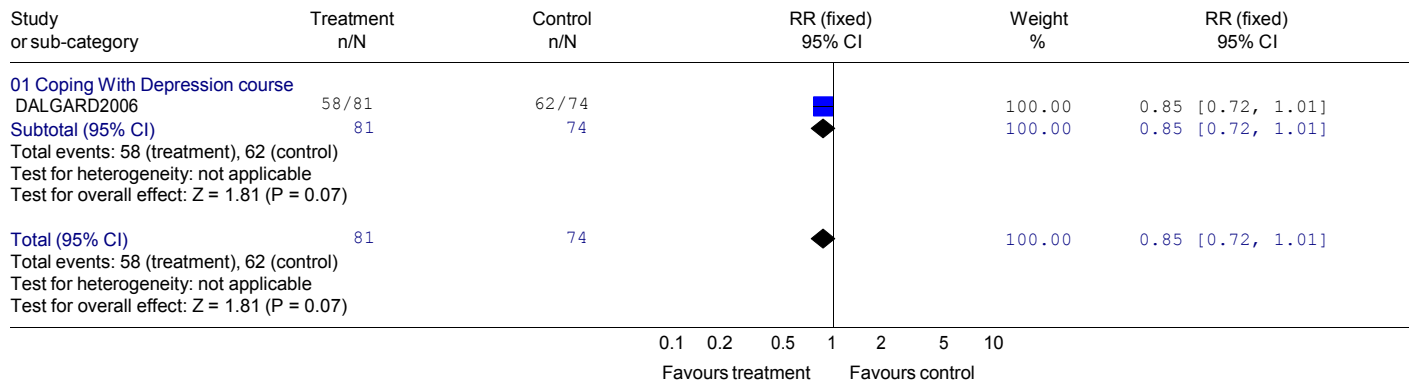
Review: CBT92
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 04 Self-report depression measures (BDI) change scores at 6-month follow-up



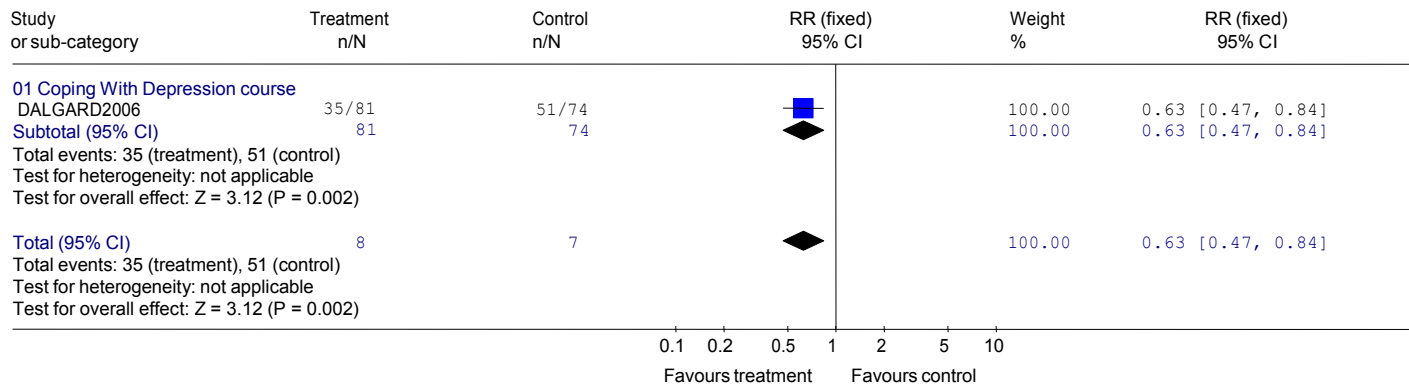
Review: CBT93
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 05 Self-report depression measures (BDI) at 12-month follow-up



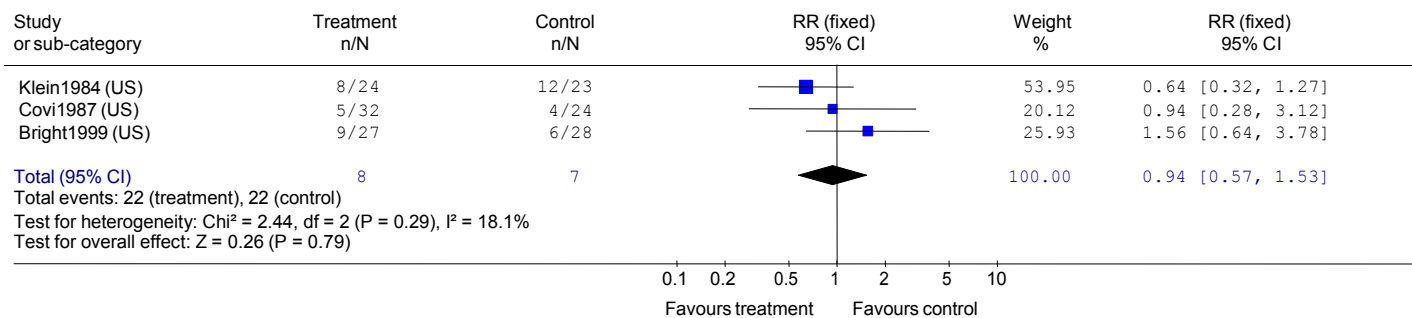
Review: CBT94
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 06 Non-remission (as measured by BDI <10)



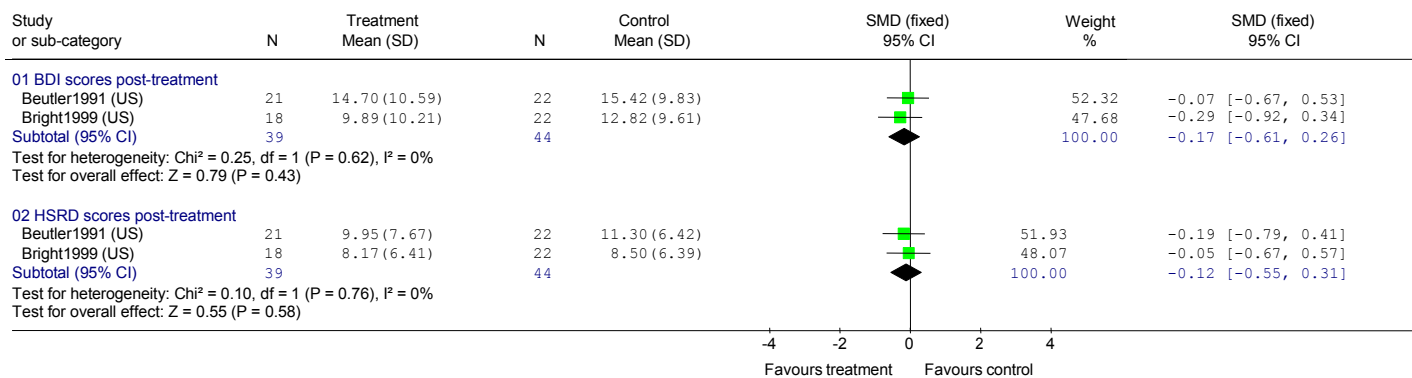
Review: CBT95
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 07 Non-response (as measured by improvement of 6 points or more on BDI)



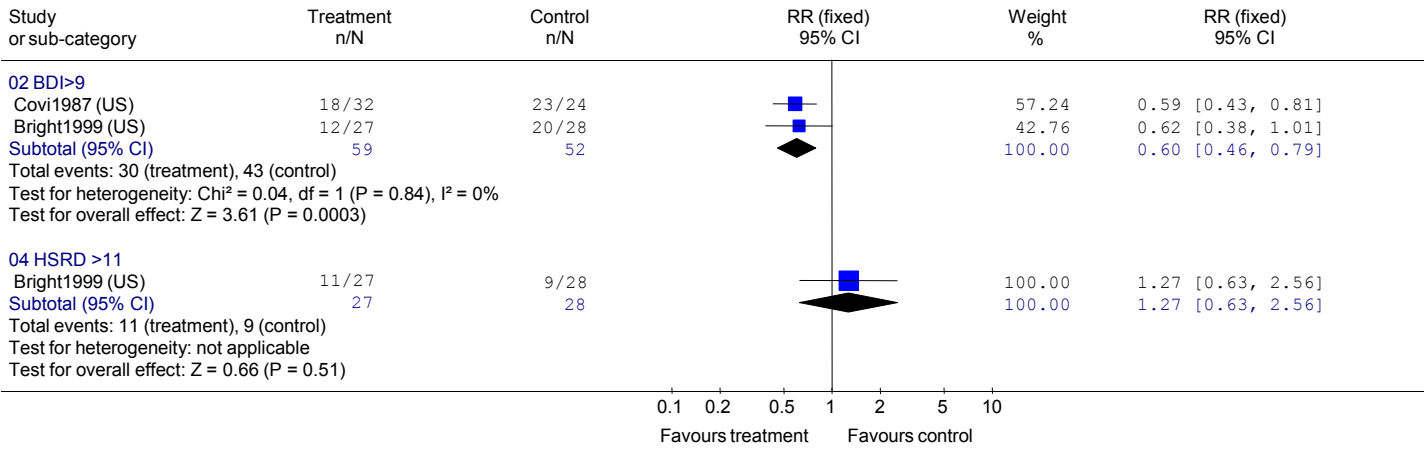
Review: CBT96
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 01 Leaving the study early



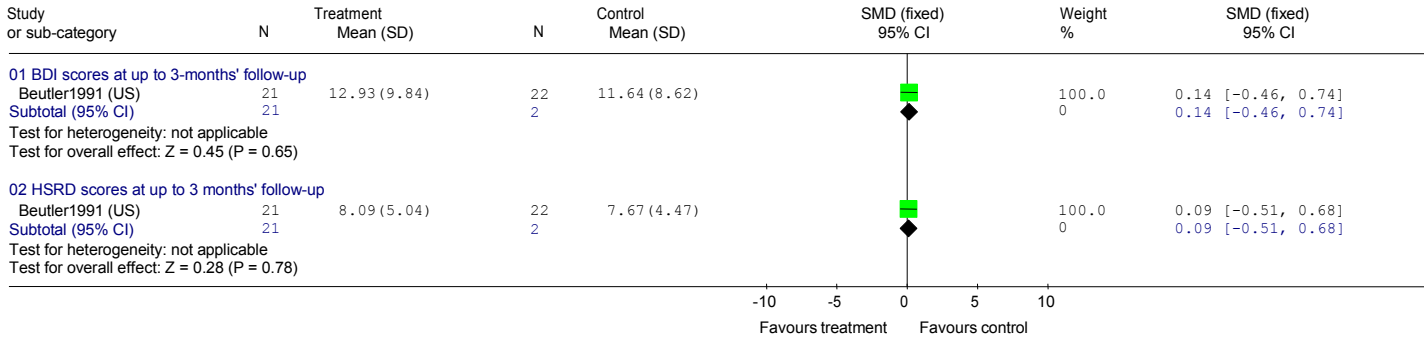
Review: CBT97
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 02 Depression scores: continuous measures post-treatment



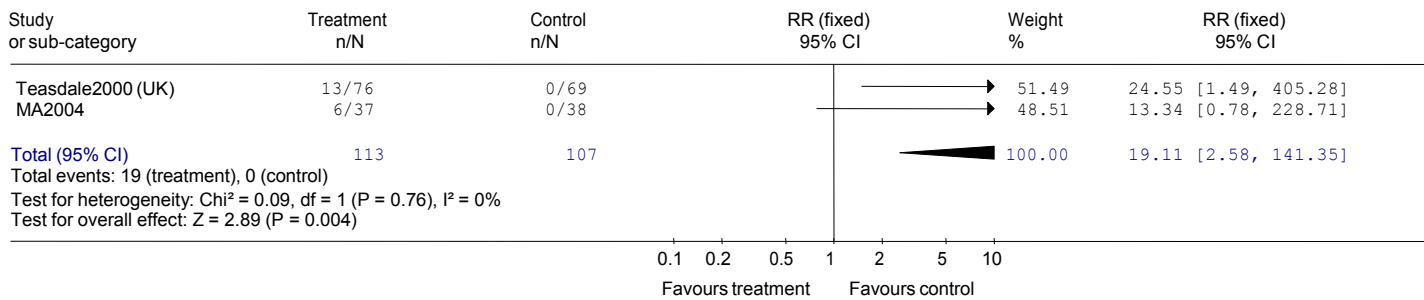
Review: CBT98
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



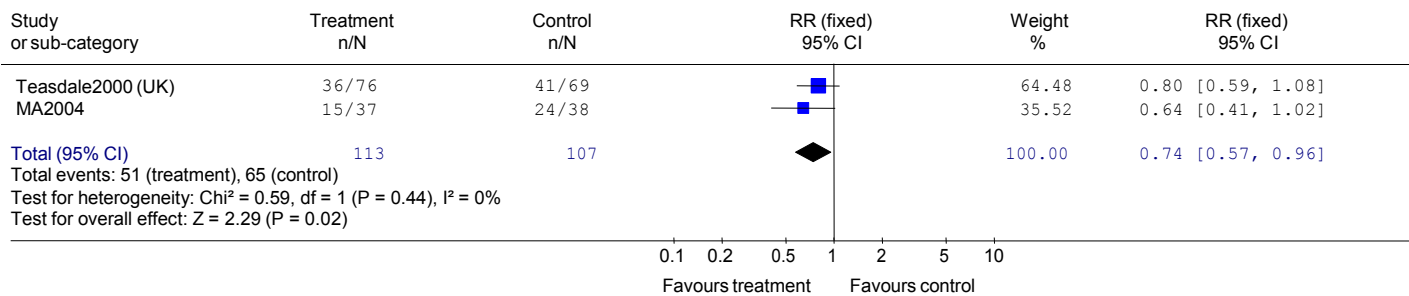
Review: CBT99
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 04 Depression scores: continuous measures at follow-up



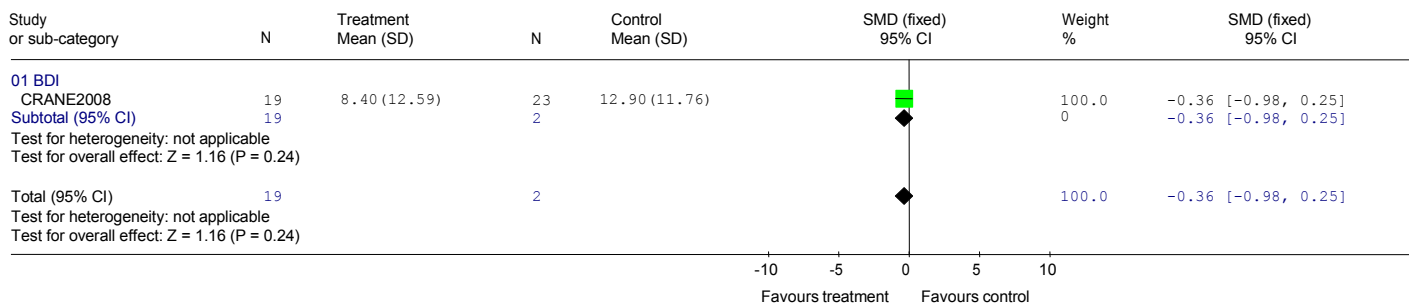
Review: CBT100
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 01 Group CBT + GP care versus GP care: leaving study early



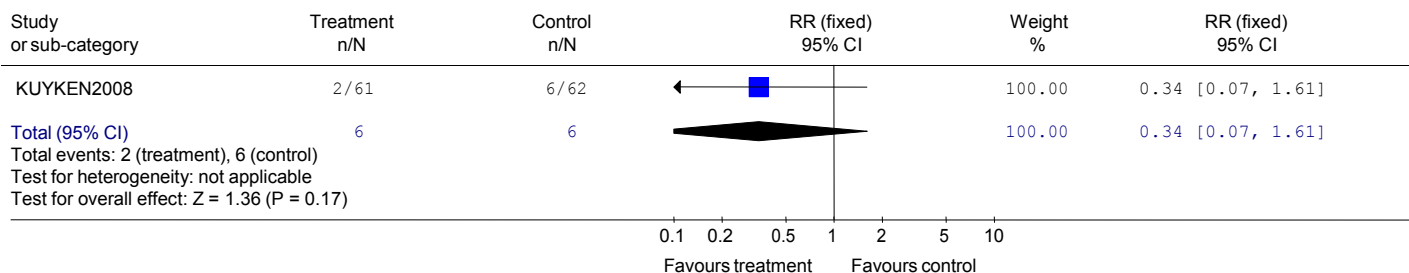
Review: CBT101
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 02 Group CBT + GP care versus GP care: relapse



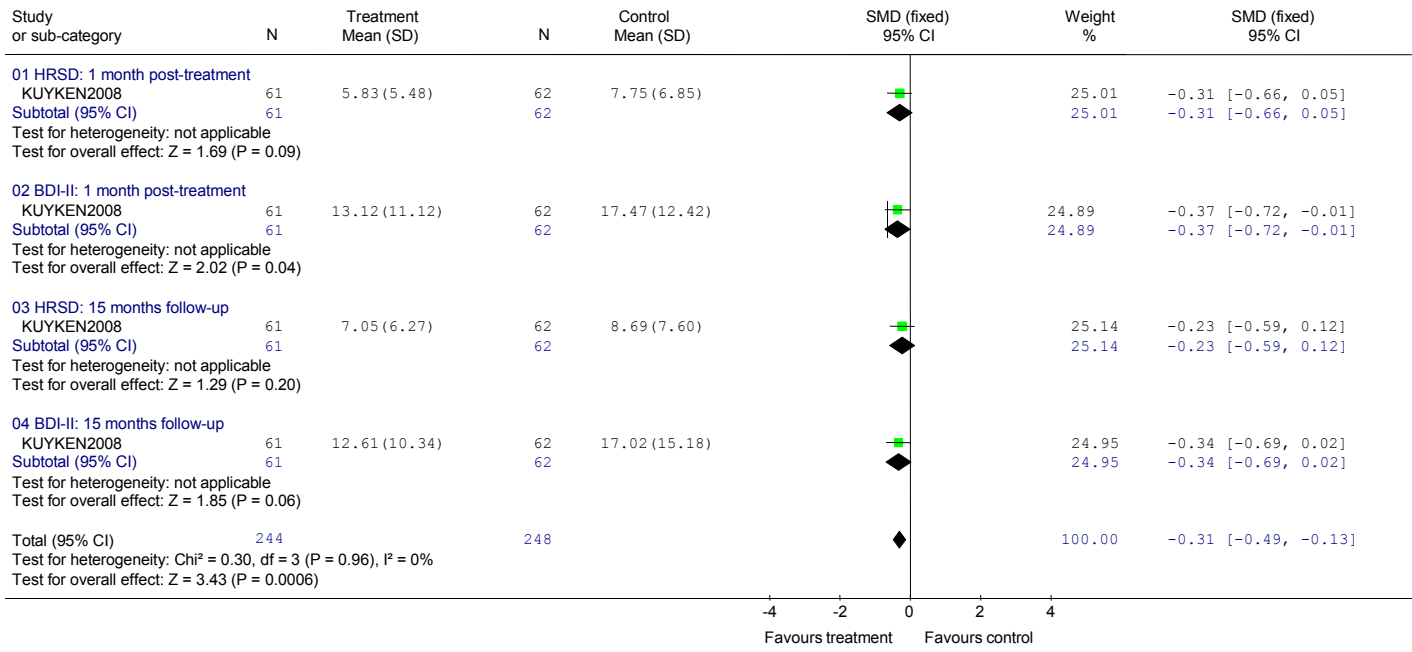
Review: CBT102
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 03 CBT versus wait list control: depression scores: continuous measures at 1-month follow-up



Review: CBT103
 Comparison: 24 Group CBT: relapse prevention – mindfulness versus antidepressants
 Outcome: 01 Leaving the study early

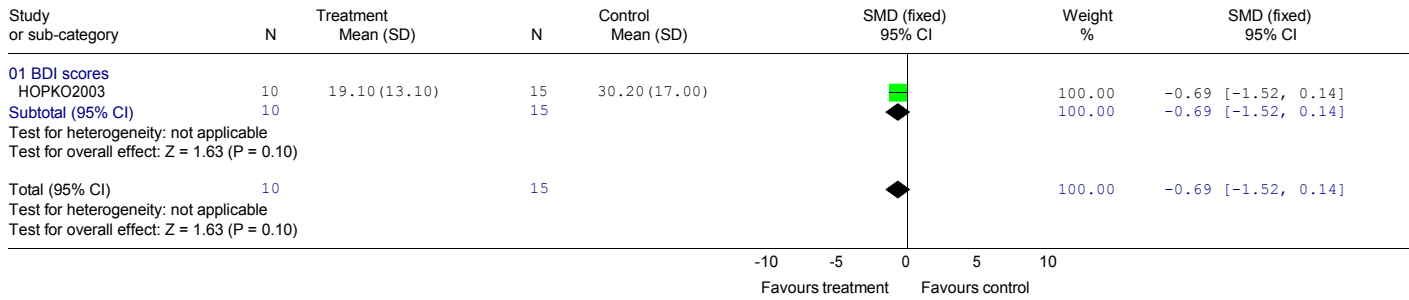


Review: CBTT104
 Comparison: 24 Group CBT: relapse prevention – mindfulness versus antidepressants
 Outcome: 02 Depression scores: continuous measures

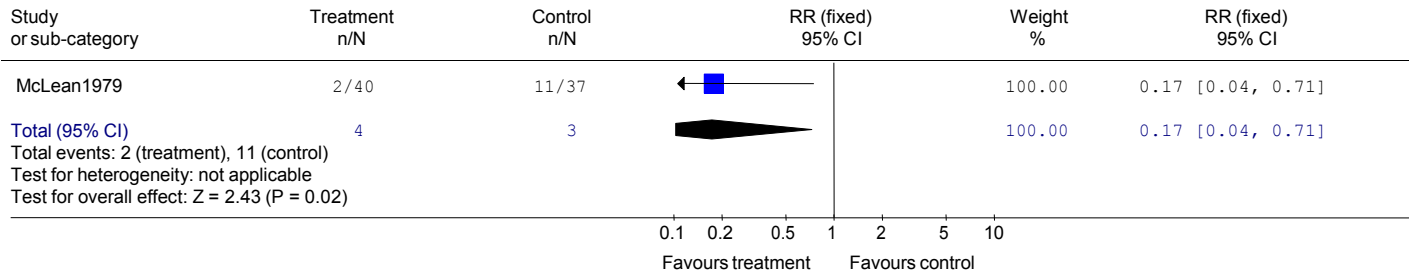


Behavioural activation

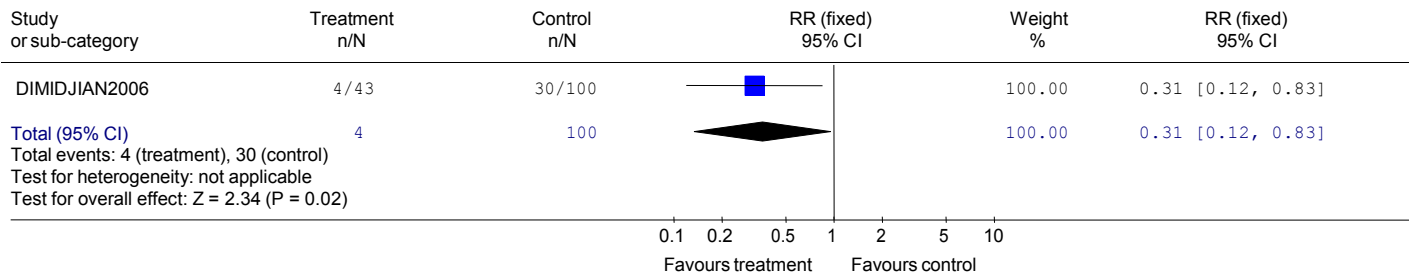
Review: BA01
 Comparison: 01 Behavioural activation versus supportive psychotherapy
 Outcome: 01 Depression scores: continuous measures at post-treatment 2 weeks



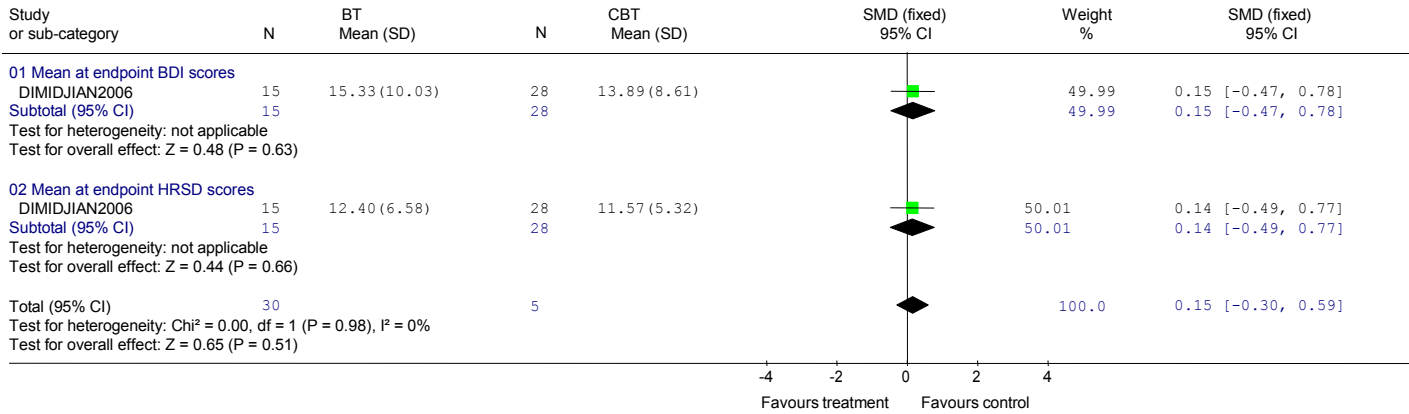
Review: BA02
 Comparison: 01 Behavioural activation versus supportive psychotherapy
 Outcome: 02 Leaving study early



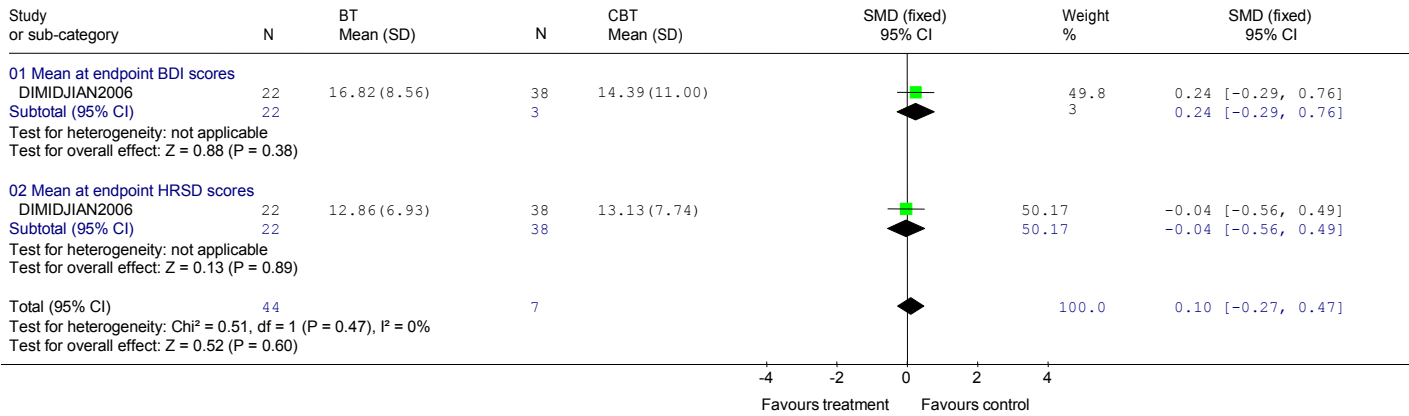
Review: BA03
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 01 Leaving study early



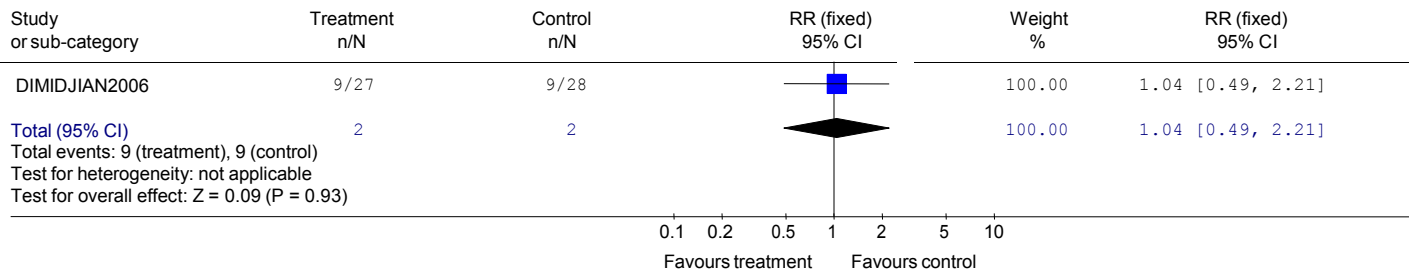
Review: BA04
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks



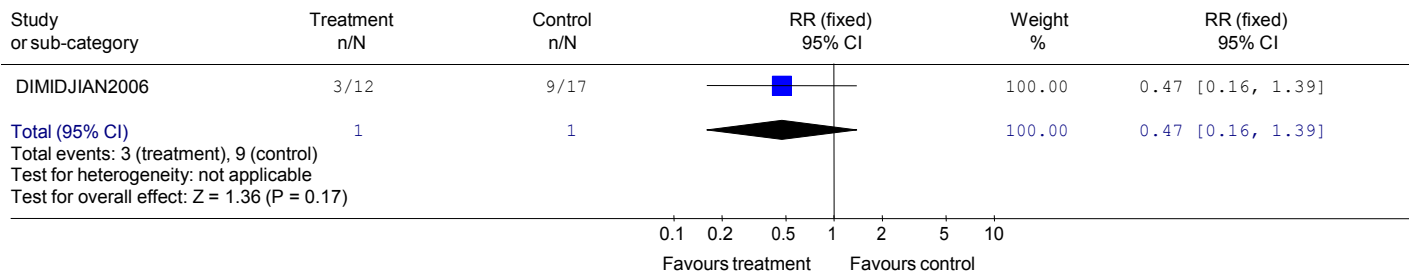
Review: BA05
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks



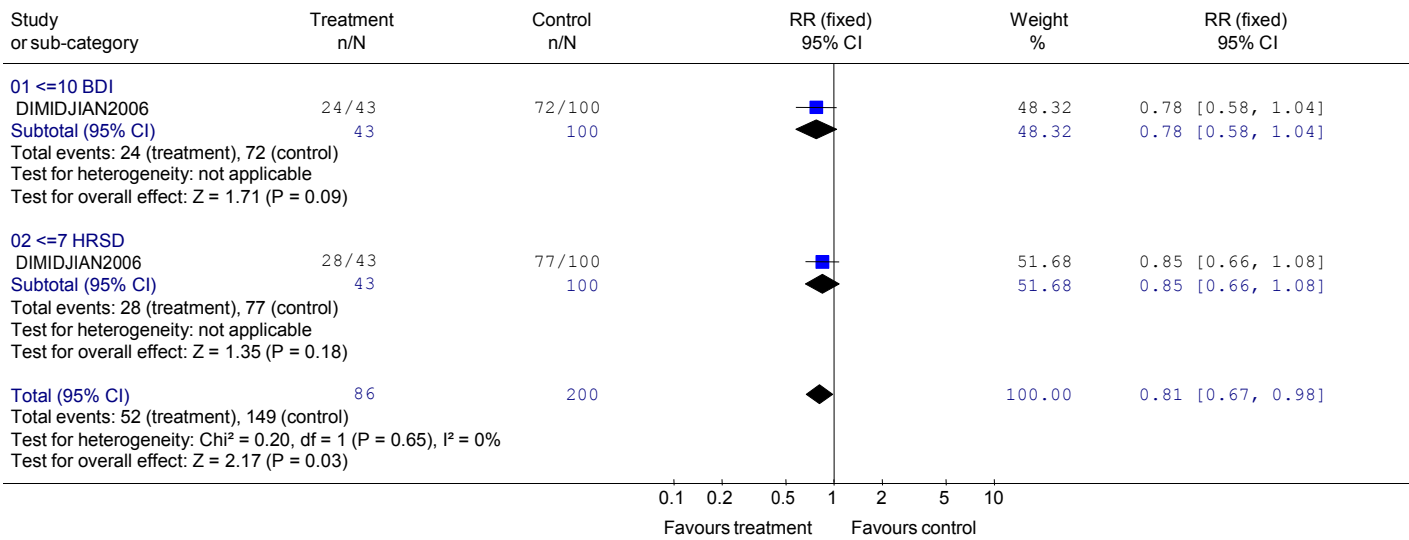
Review: BA06
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 04 Relapse at 1 year



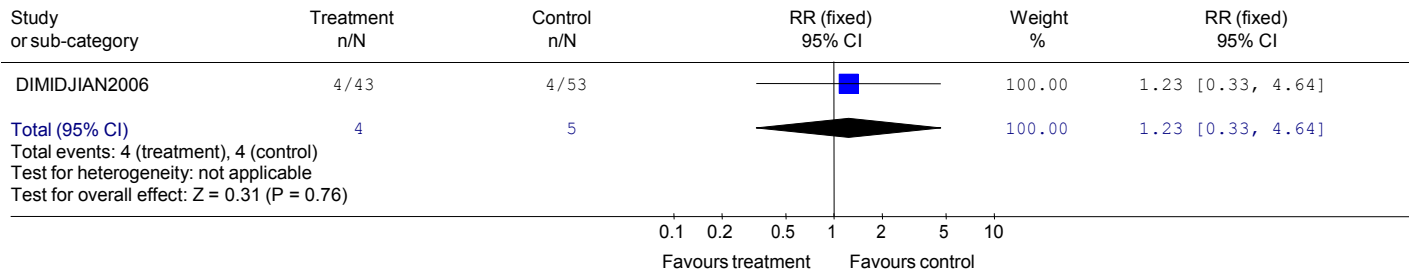
Review: BA07
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 05 Recurrence at 2 years



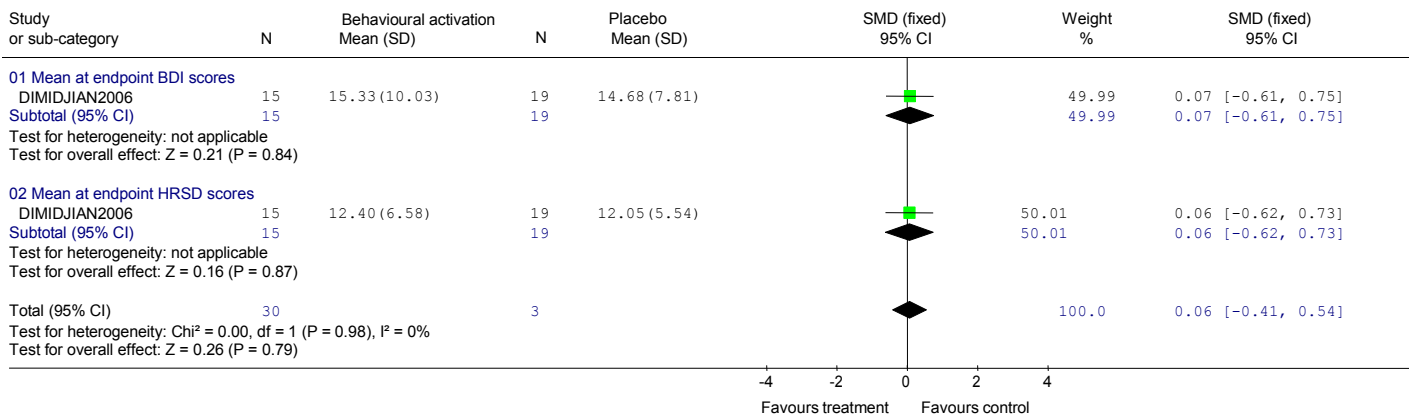
Review: BA08
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 06 Number not achieving remission



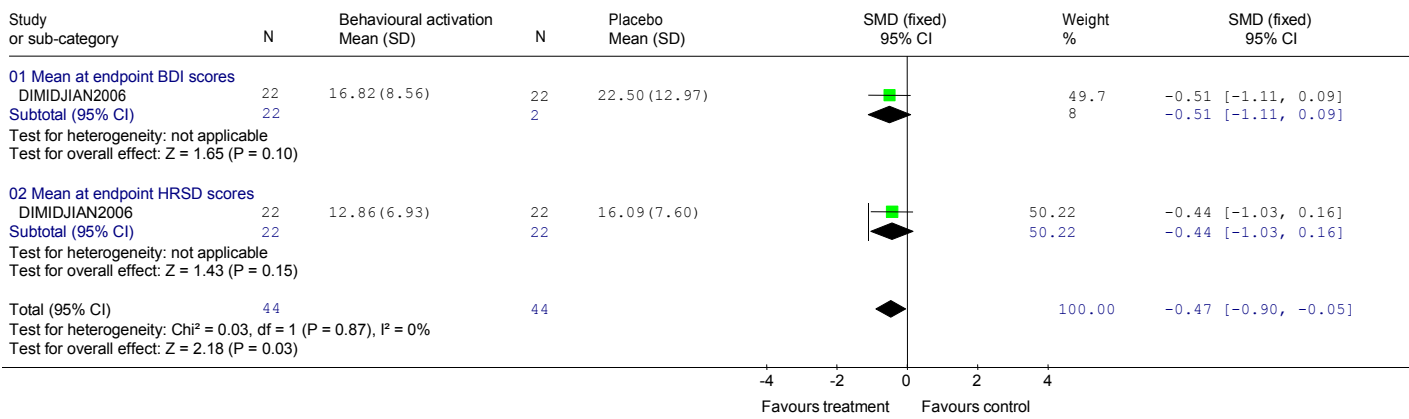
Review: BA09
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 01 Leaving study early



Review: BA10
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks

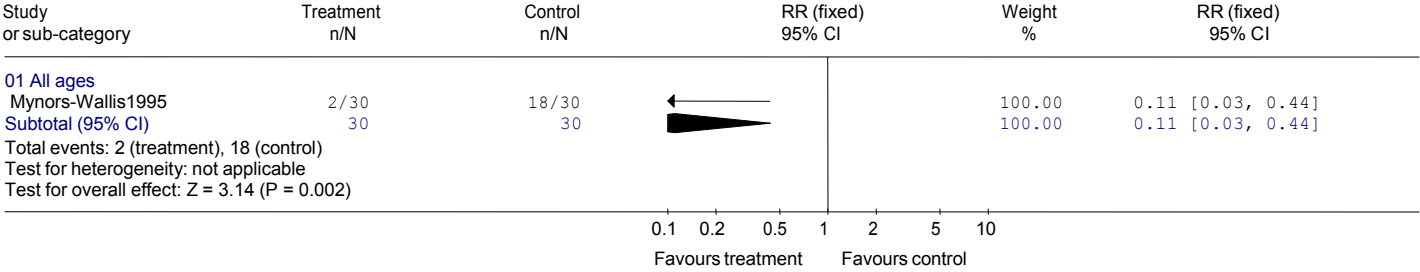


Review: BA11
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks

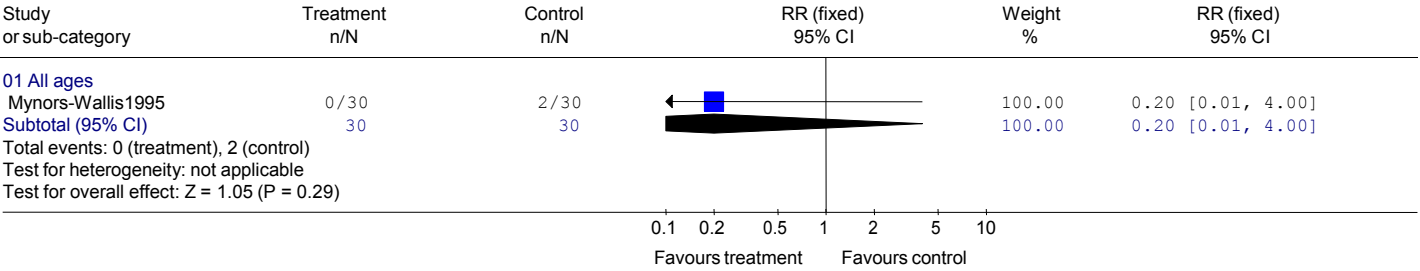


Problem solving

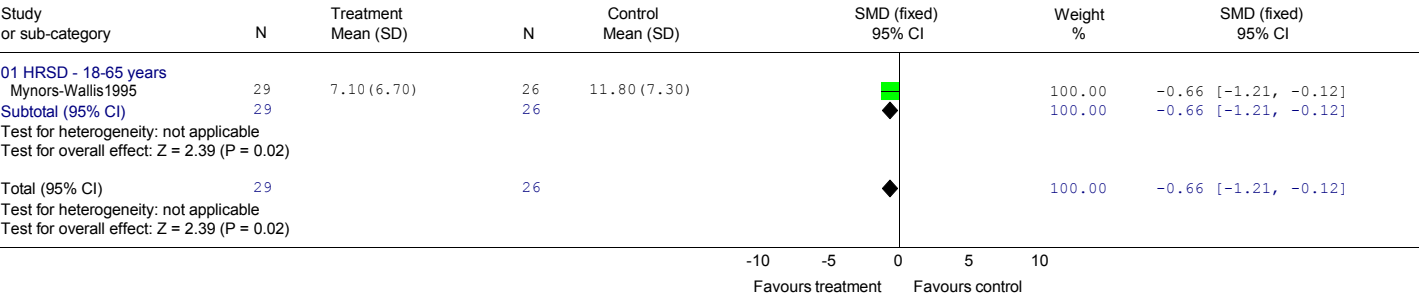
Review: PS01
 Comparison: 01 Problem solving versus placebo
 Outcome: 01 Leaving the study early for any reason



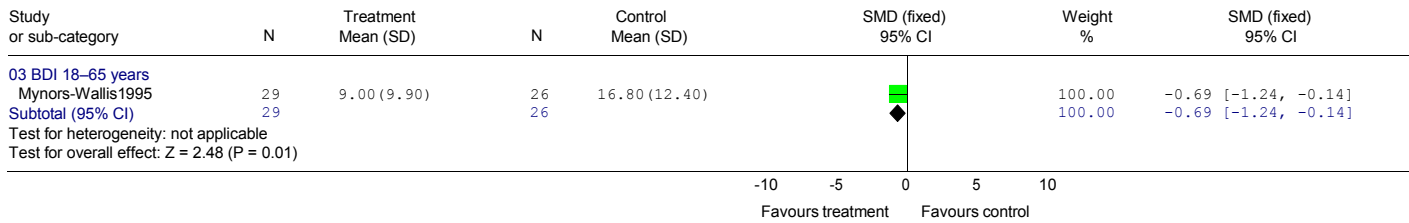
Review: PS02
 Comparison: 01 Problem solving versus placebo
 Outcome: 02 Leaving the study due to side effects



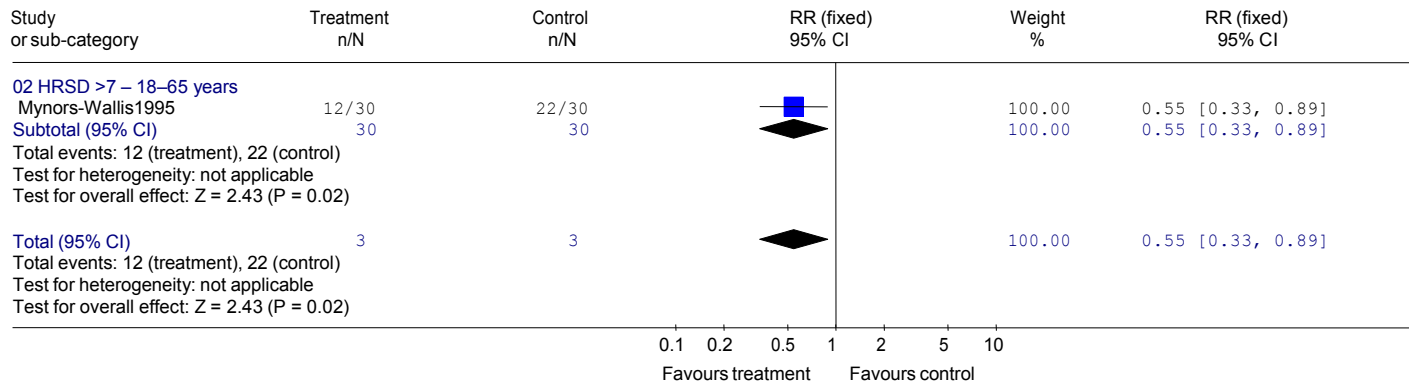
Review: PS03
 Comparison: 01 Problem solving versus placebo
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)



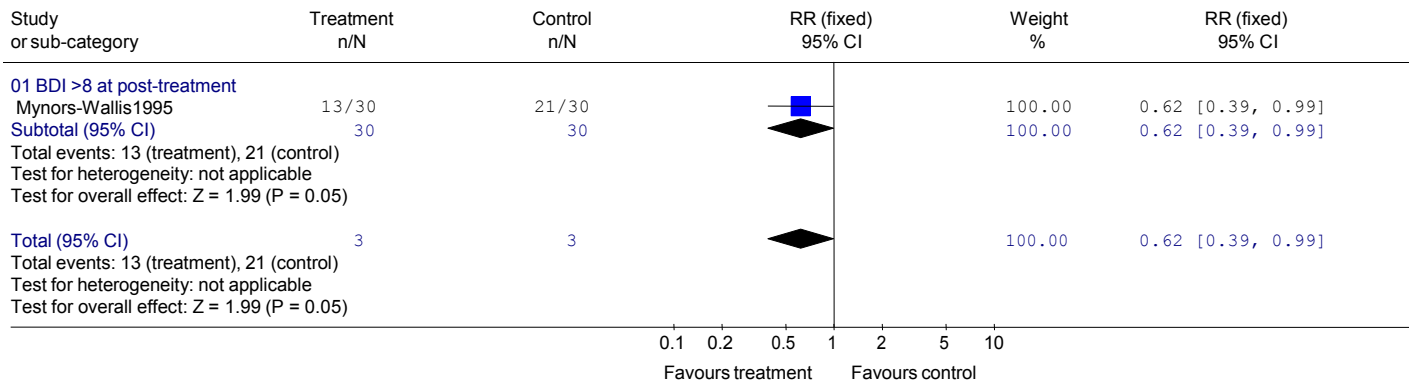
Review: PS04
 Comparison: 01 Problem solving versus placebo
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



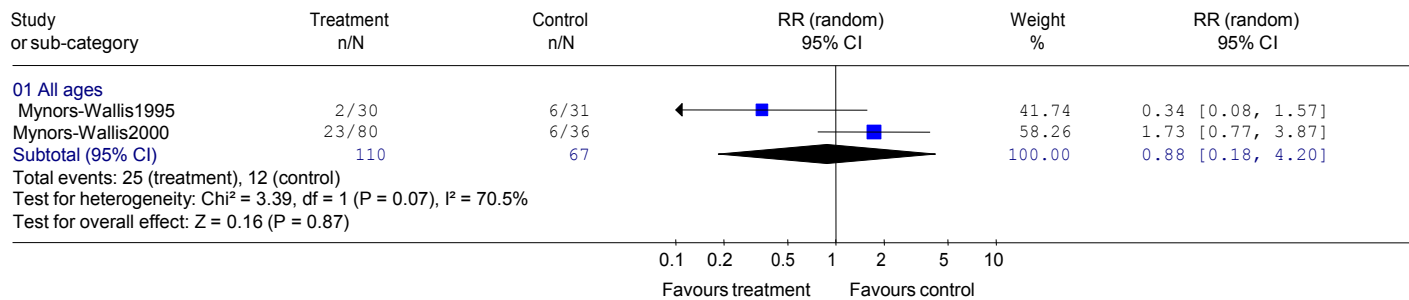
Review: PS05
 Comparison: 01 Problem solving versus placebo
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment (HRSD)



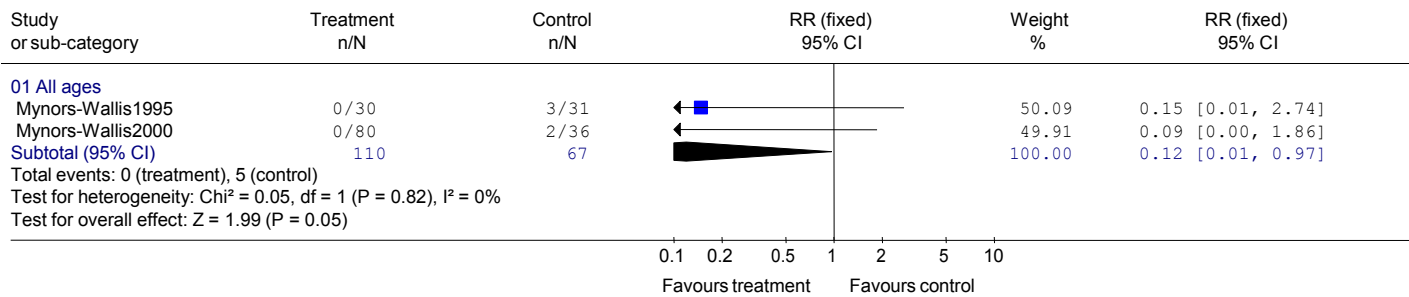
Review: PS06
 Comparison: 01 Problem solving versus placebo
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment (BDI)



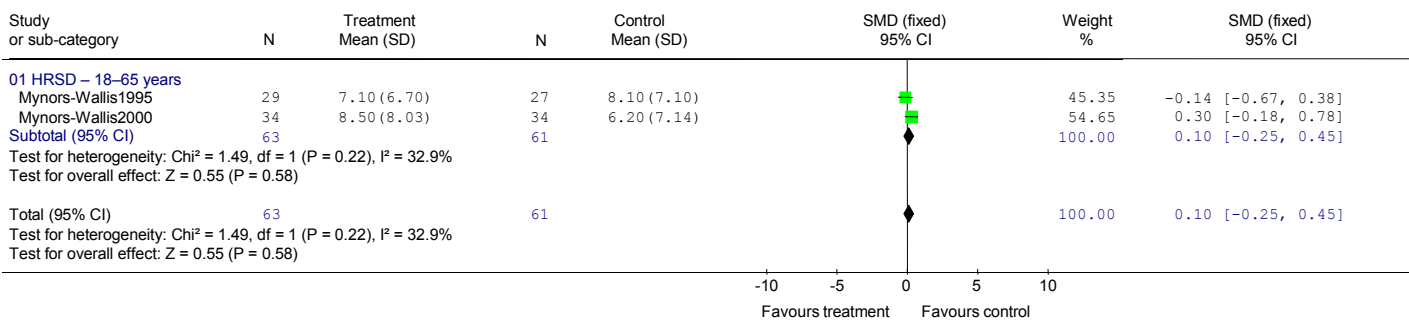
Review: PS08
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 01 Leaving the study early for any reason



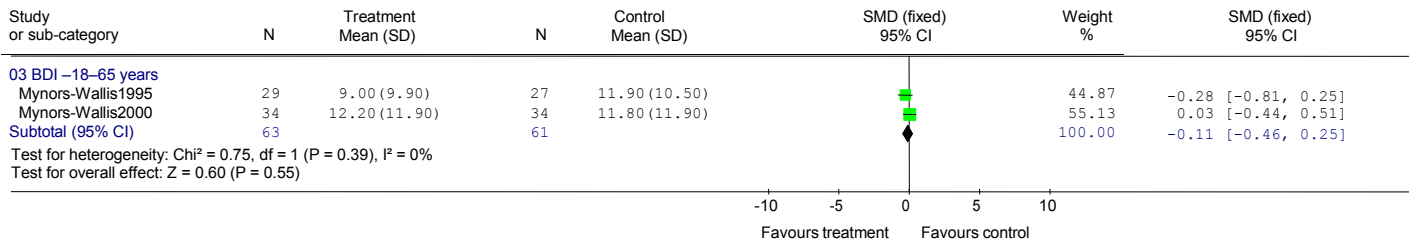
Review: PS09
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 02 Leaving the study due to side effects



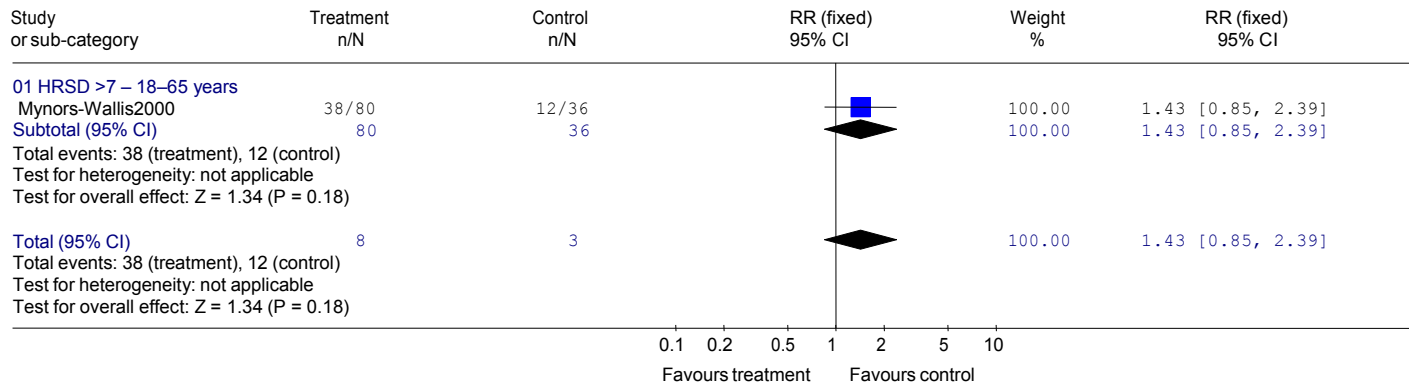
Review: PS10
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)



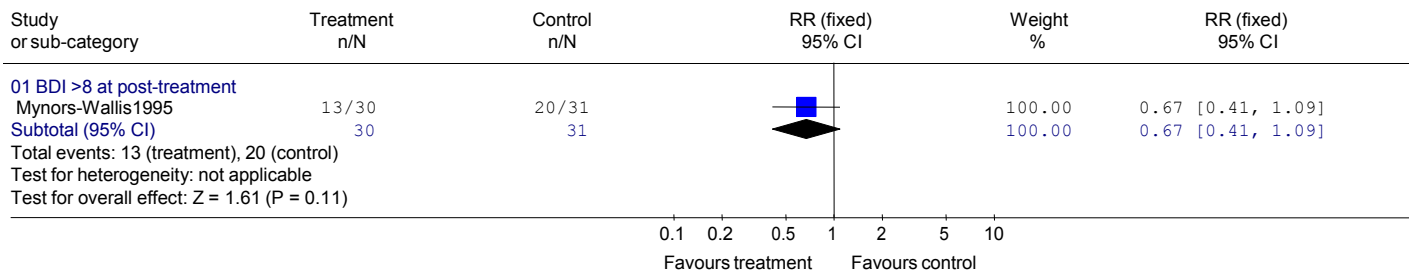
Review: PS11
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



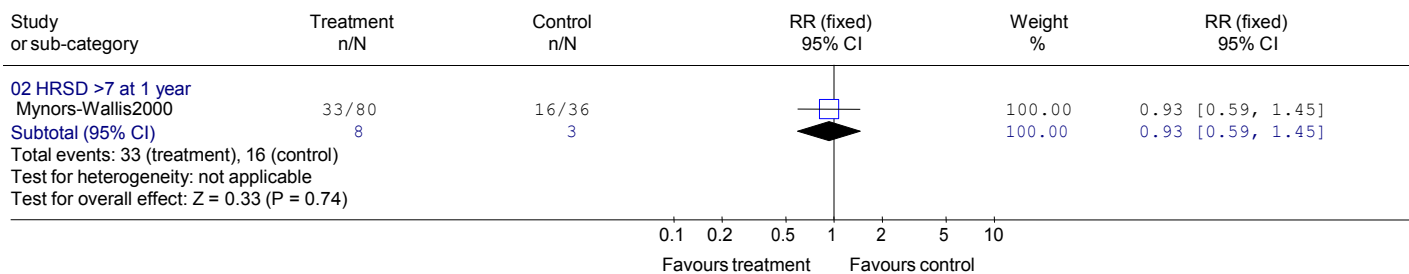
Review: PS12
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment (HRSD)



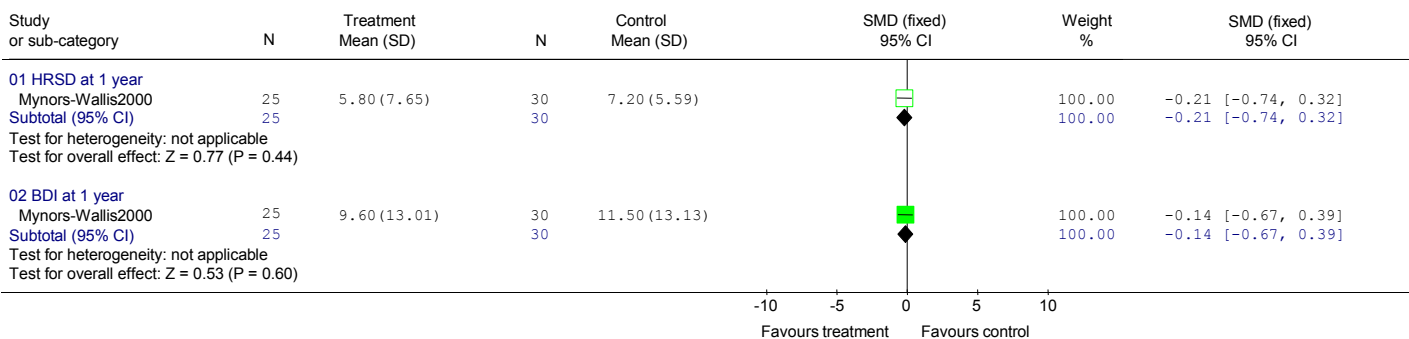
Review: PS13
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment (BDI)



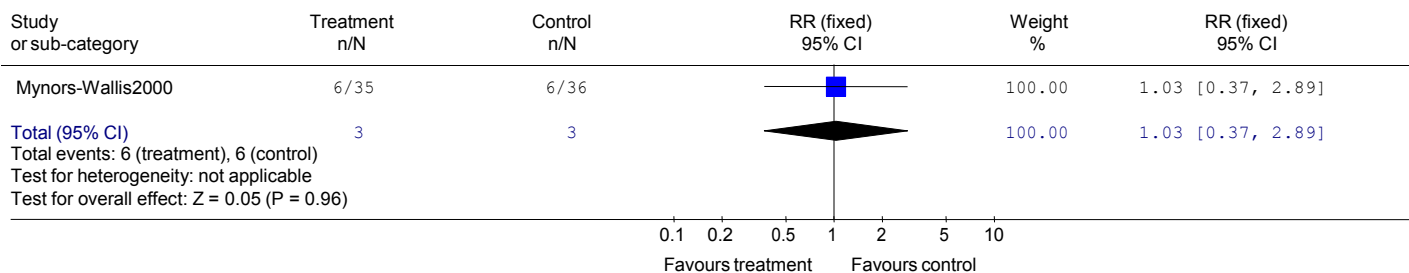
Review: PS14
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 07 Depression scores: dichotomous outcomes at follow-up



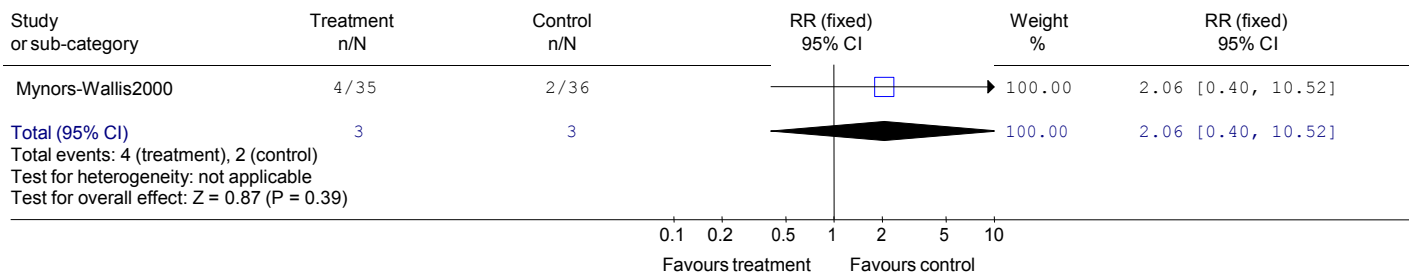
Review: PS15
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 08 Depression scores: continuous measures at follow-up



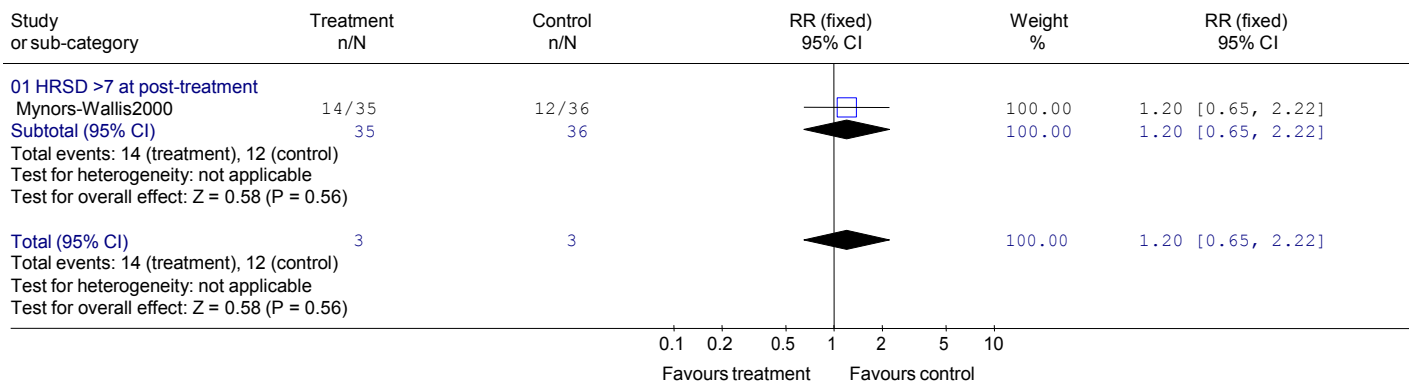
Review: PS16
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 01 Leaving the study early for any reason



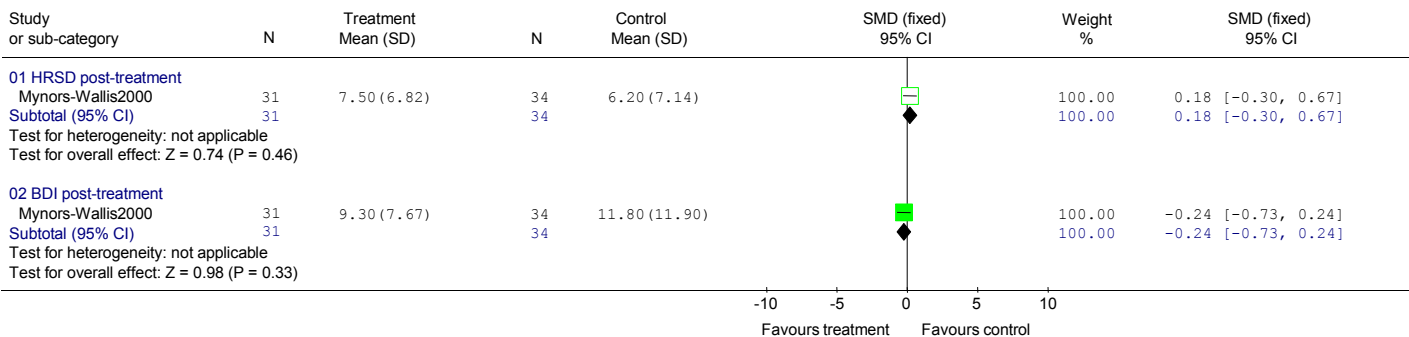
Review: PS17
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 02 Leaving the study early due to side effects



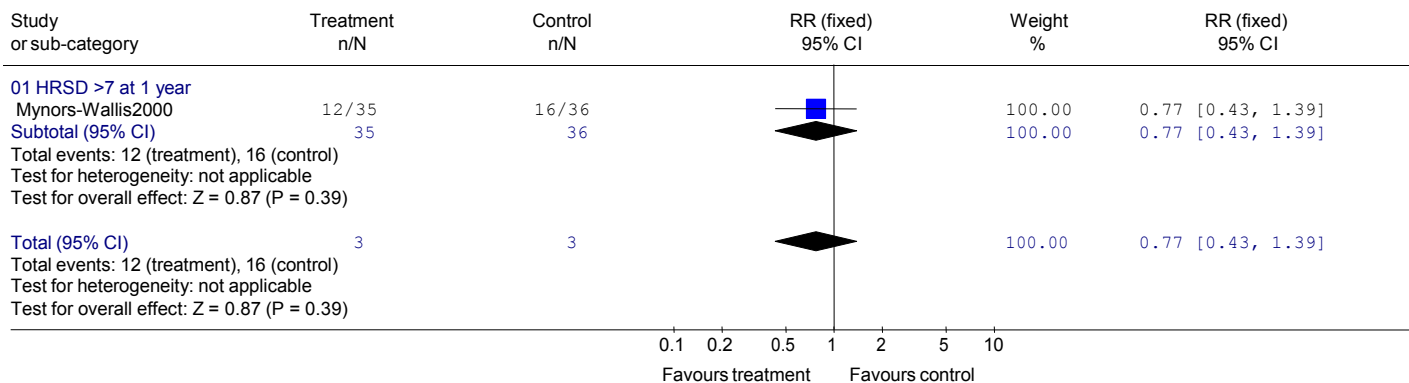
Review: PS18
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



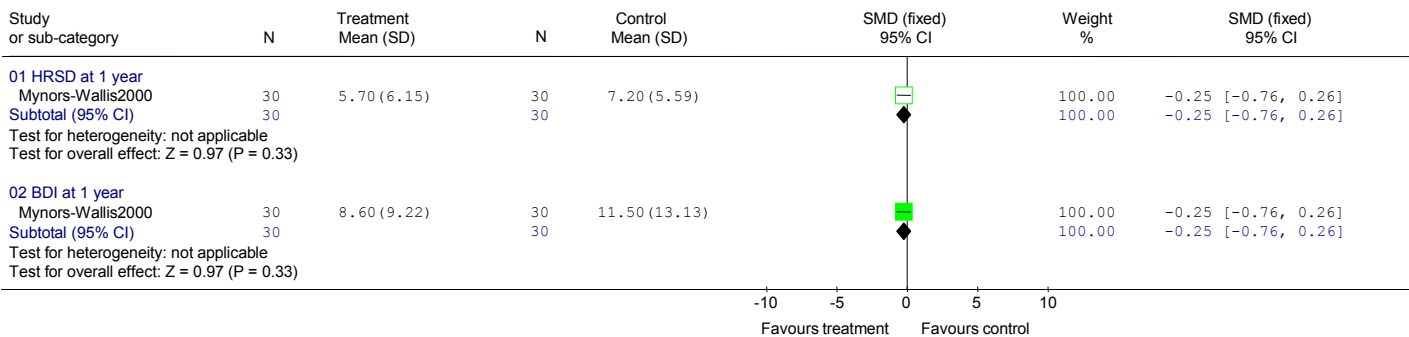
Review: PS19
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 04 Depression scores: continuous measures post-treatment



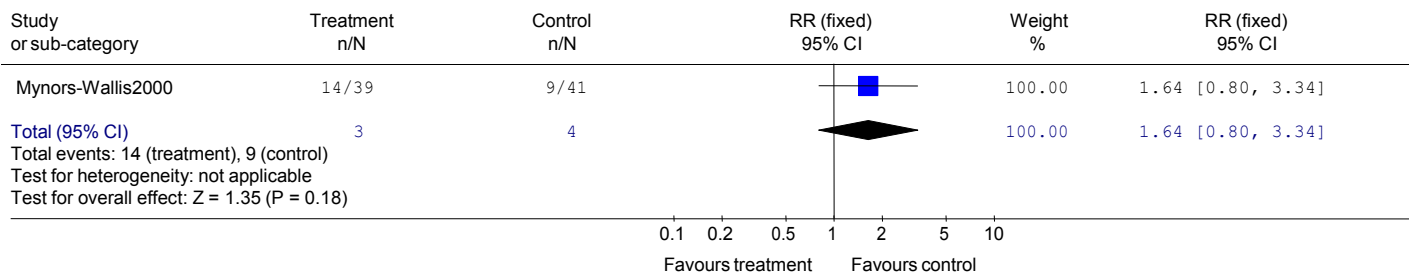
Review: PS20
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 05 Depression scores: dichotomous outcomes at follow-up



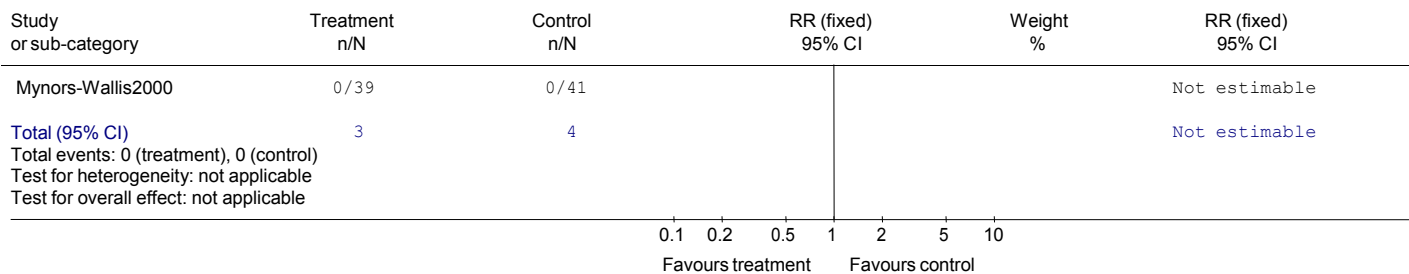
Review: PS21
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 06 Depression scores: continuous measures at follow-up



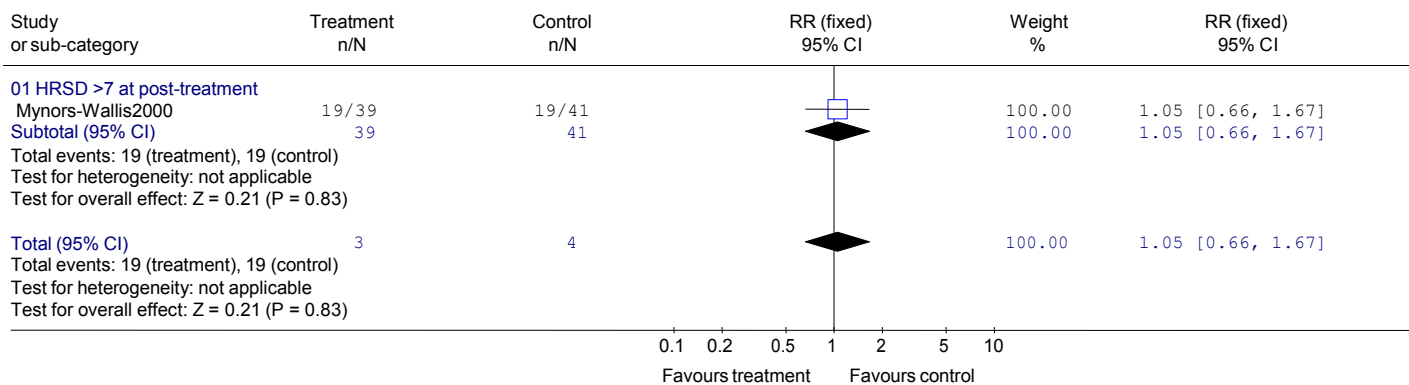
Review: PS22
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 01 Leaving the study early for any reason



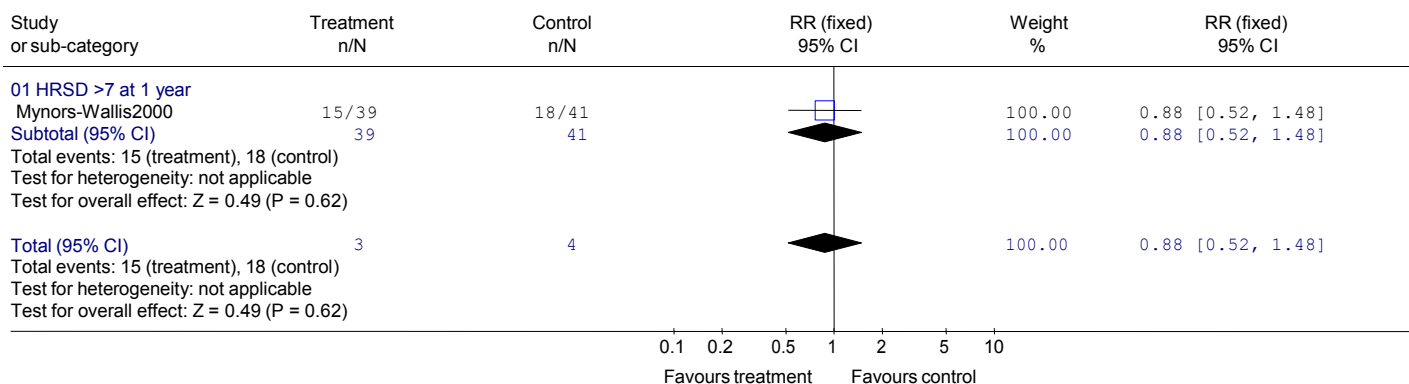
Review: PS23
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 02 Leaving the study early due to side effects



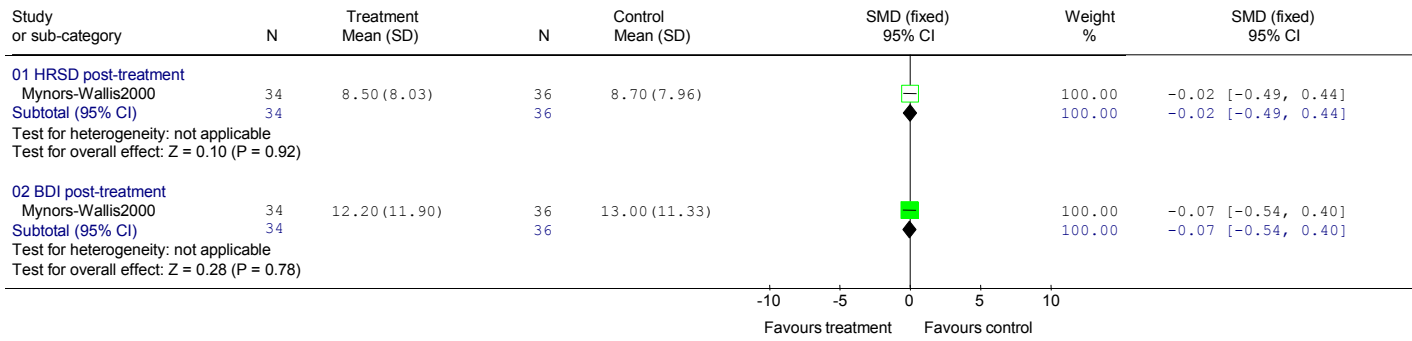
Review: PS24
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



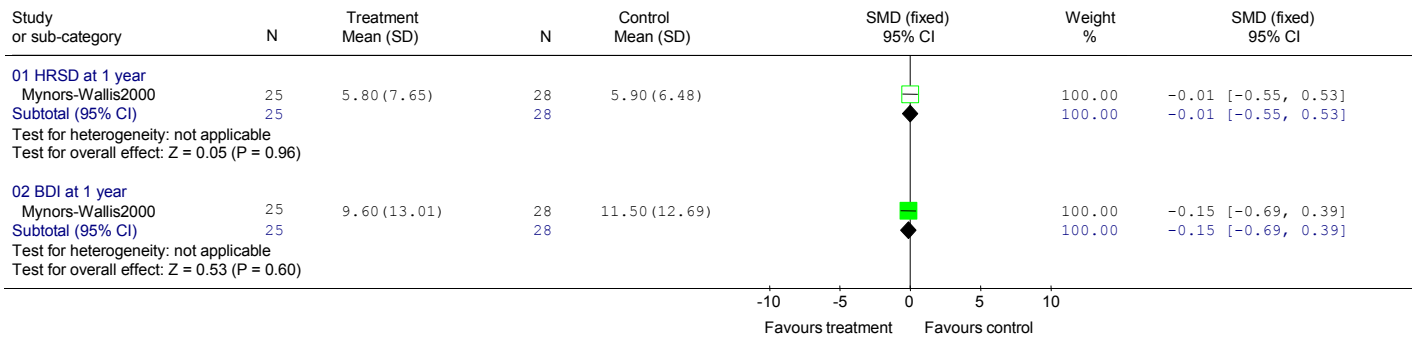
Review: PS25
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 04 Depression scores: dichotomous outcomes follow-up



Review: PS26
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 05 Depression scores: continuous measures post-treatment

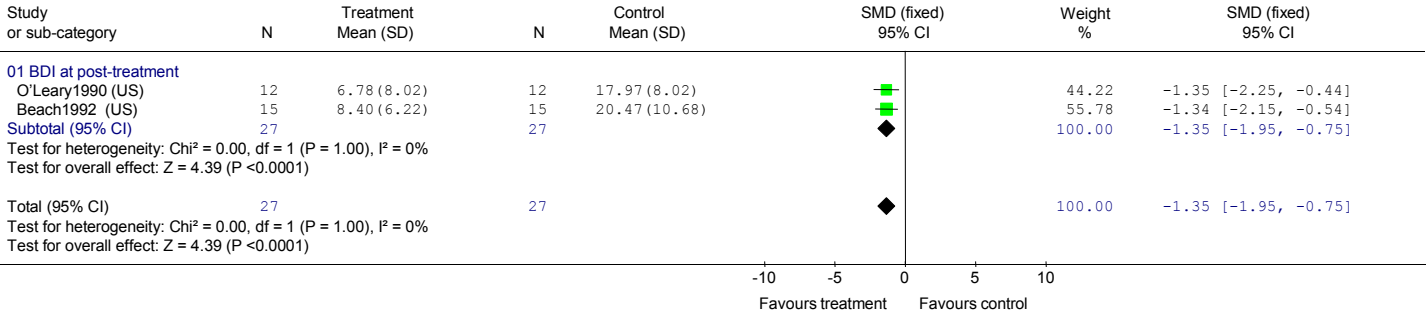


Review: PS27
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 06 Depression scores: continuous measures at follow-up

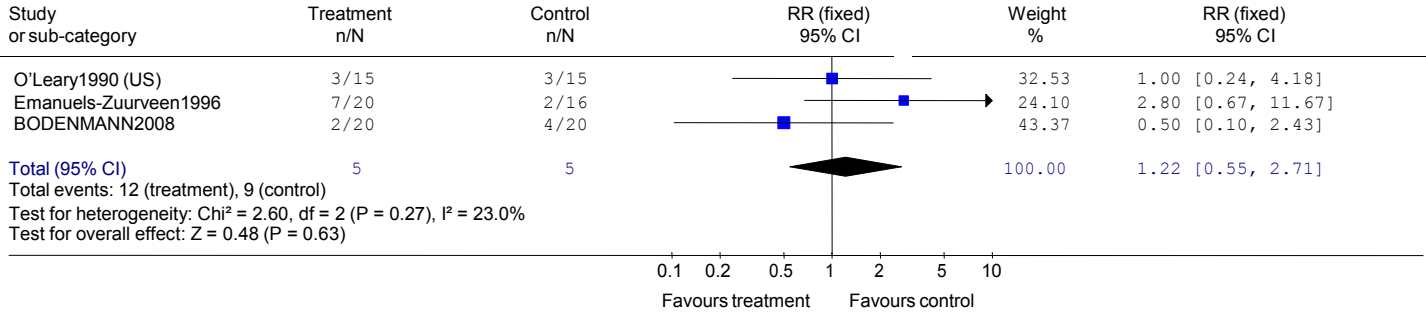


Couples therapy

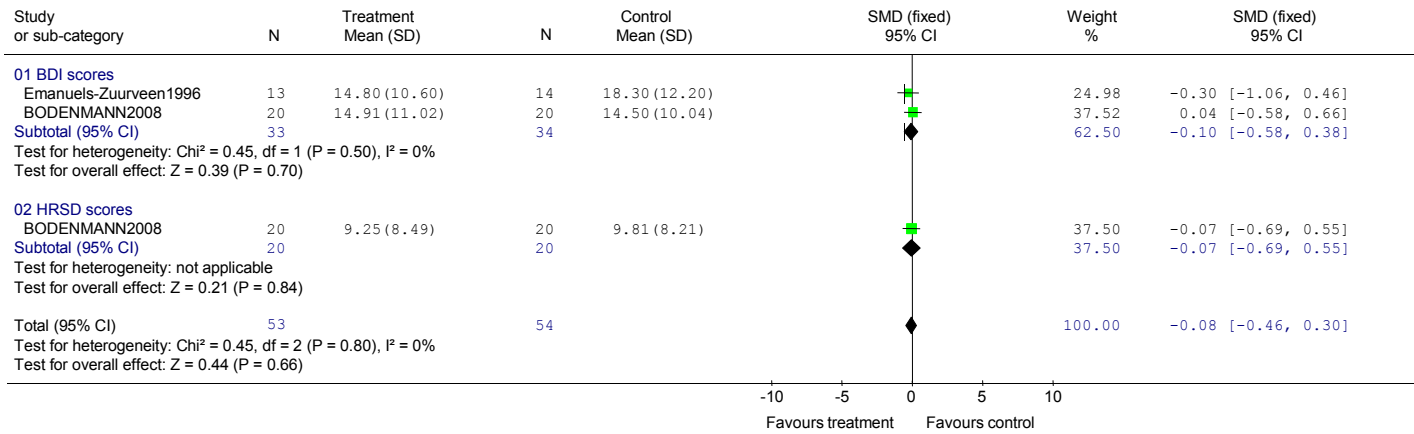
Review: CT01
 Comparison: 01 Couples therapy versus waitlist control
 Outcome: 01 Depression scores: continuous measures post-treatment



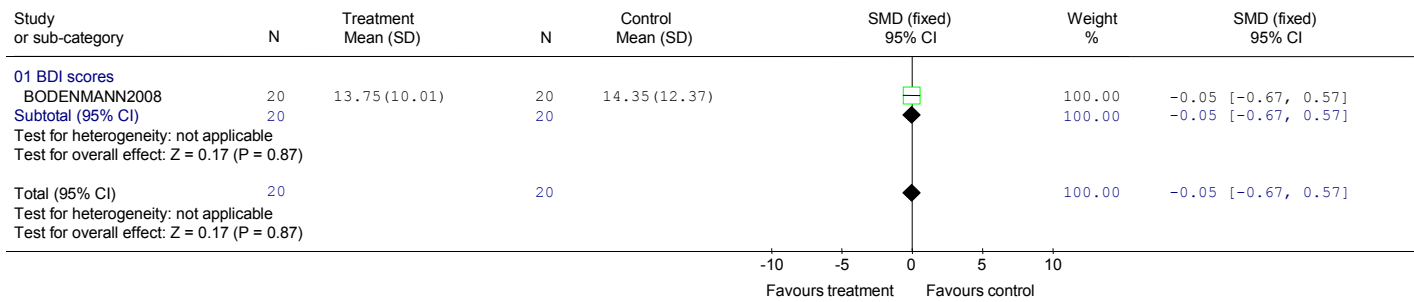
Review: CT02
 Comparison: 02 Couples therapy versus CBT
 Outcome: 01 Leaving study early



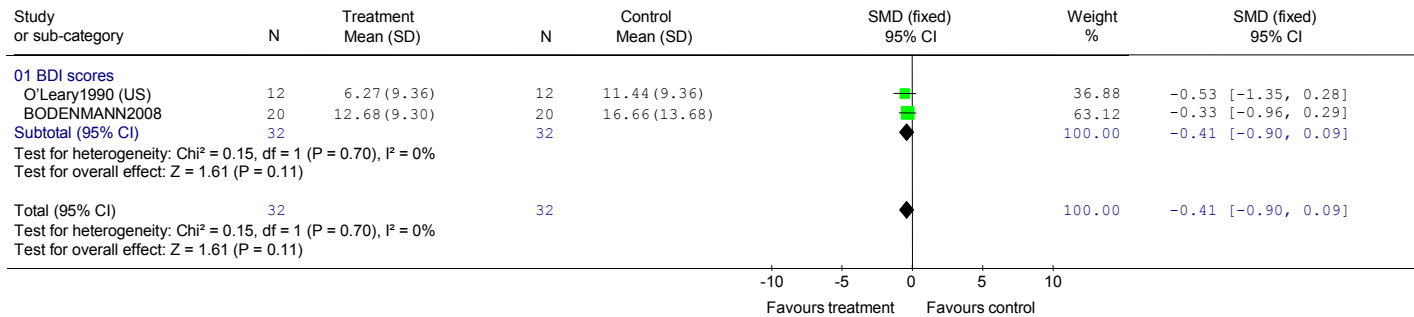
Review: CT03
 Comparison: 02 Couples therapy versus CBT
 Outcome: 02 Depression scores: at post-treatment



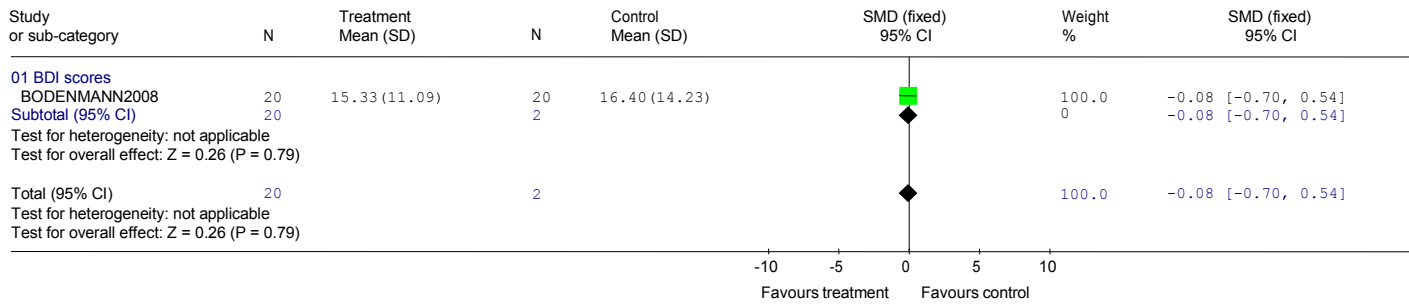
Review: CT04
 Comparison: 02 Couples therapy versus CBT
 Outcome: 03 Depression scores: at 6 months follow-up



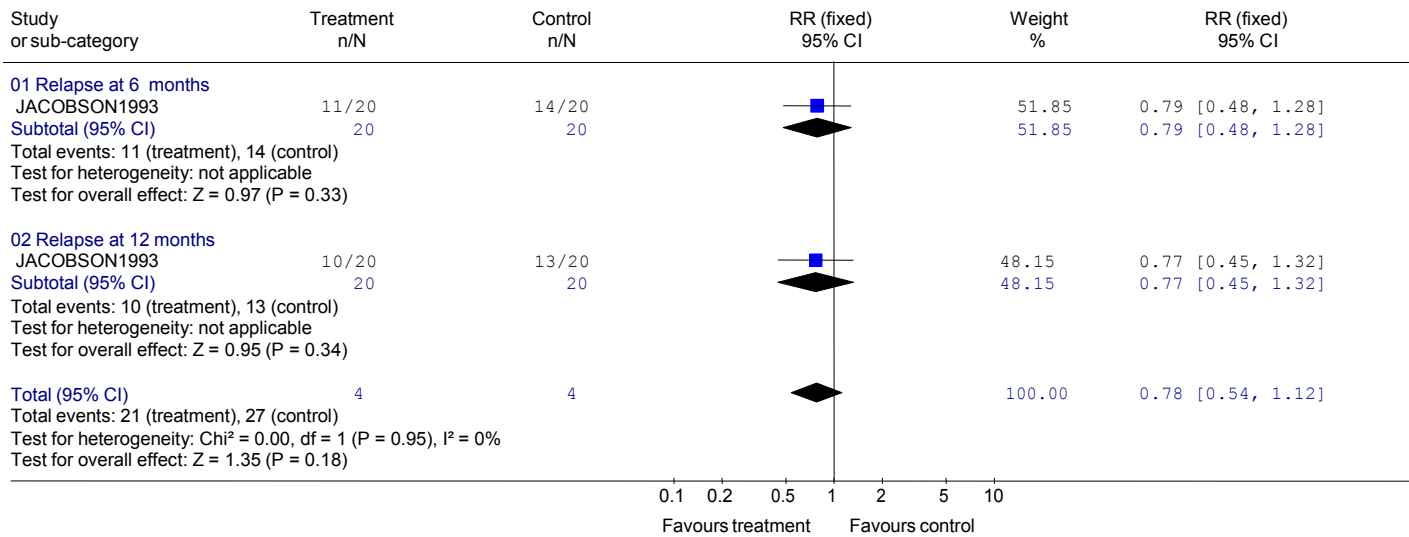
Review: CT05
 Comparison: 02 Couples therapy versus CBT
 Outcome: 04 Depression scores: at 1 year follow-up



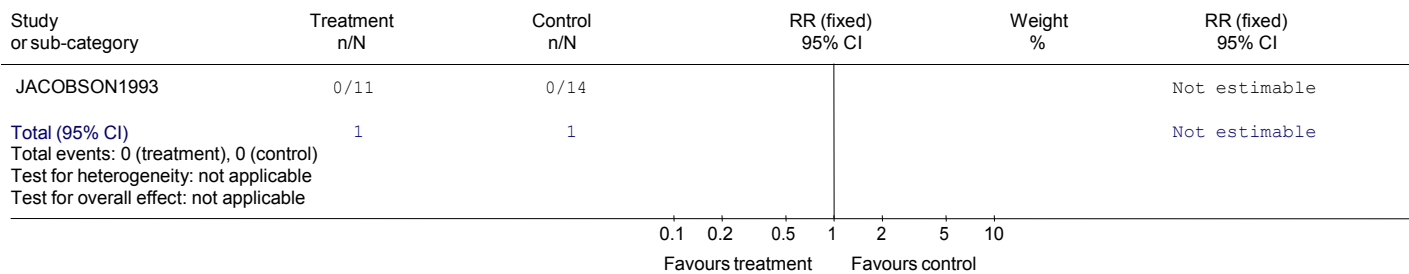
Review: CT06
 Comparison: 02 Couples therapy versus CBT
 Outcome: 05 Depression scores: at 1.5 years follow-up



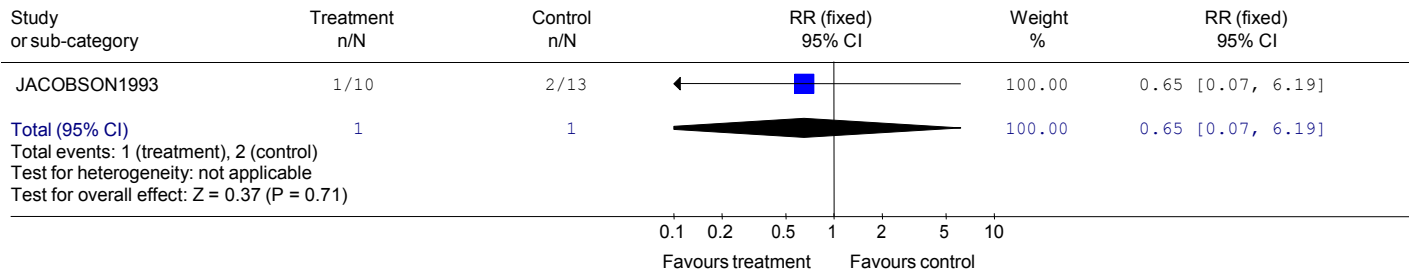
Review: CT07
 Comparison: 02 Couples therapy versus CBT
 Outcome: 06 Behavioural couple therapy: depression scores: dichotomous data



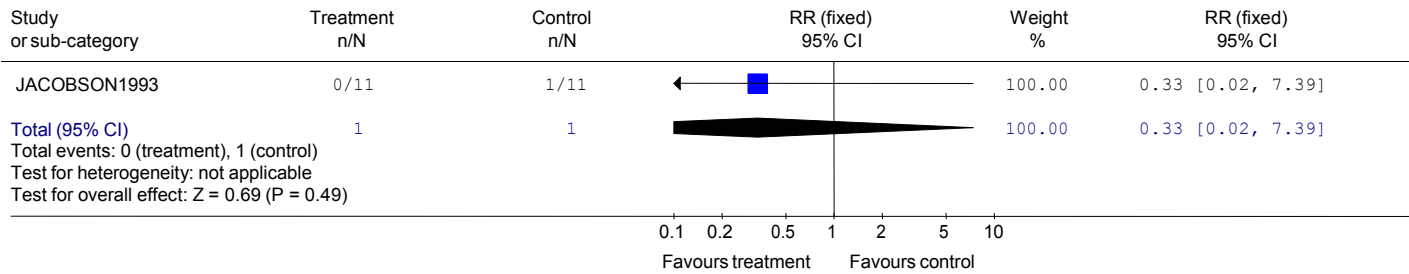
Review: CT08
 Comparison: 03 Couples therapy + CBT versus CBT
 Outcome: 01 Relapse at 6 months



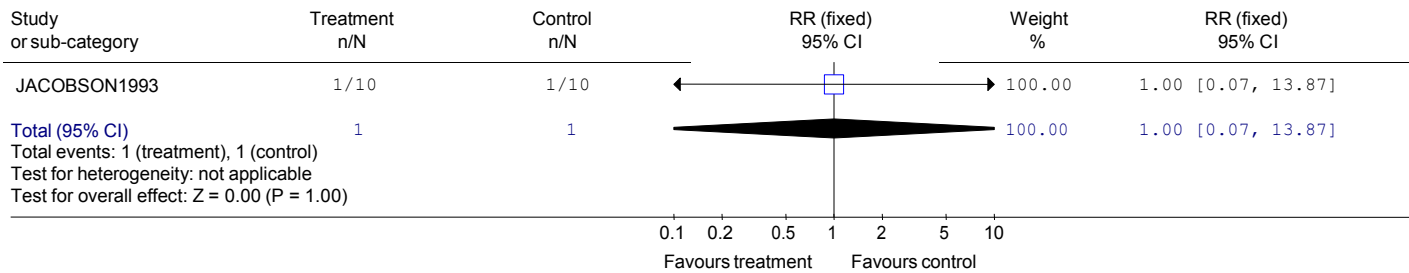
Review: CT09
 Comparison: 03 Couples therapy + CBT versus CBT
 Outcome: 02 Relapse at 12 months



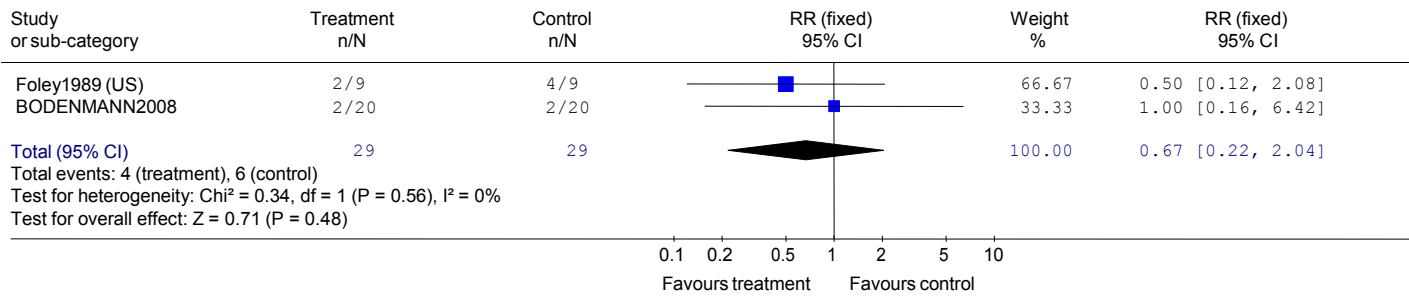
Review: CT10
 Comparison: 04 Couples therapy + CBT versus couples therapy
 Outcome: 01 Relapse at 6 months



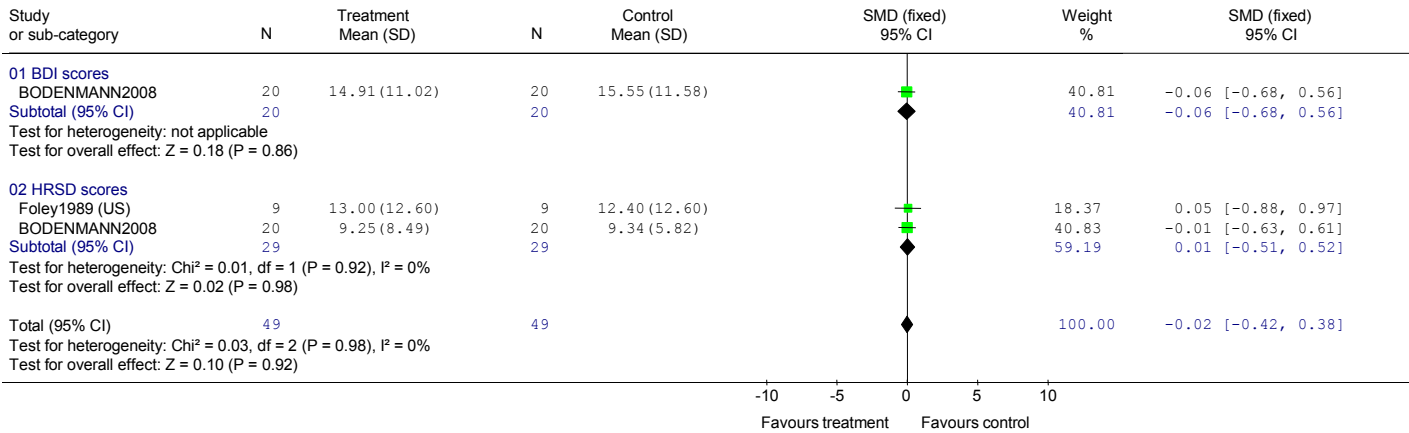
Review: CT11
 Comparison: 04 Couples therapy + CBT versus couples therapy
 Outcome: 02 Relapse at 12 months



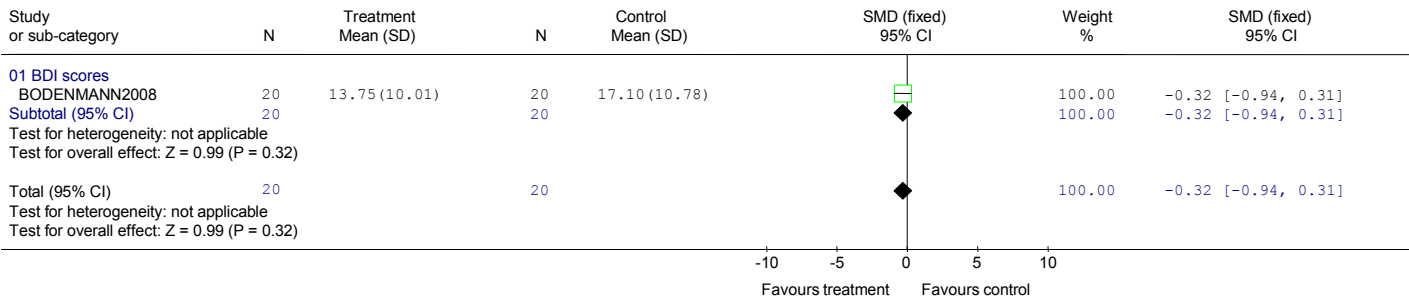
Review: CT12
 Comparison: 05 Couples therapy versus IPT
 Outcome: 01 Leaving study early



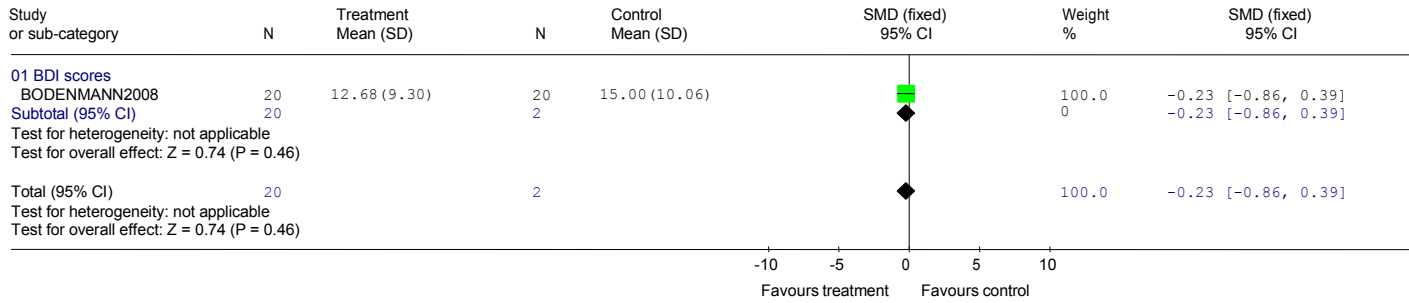
Review: CT13
 Comparison: 05 Couples therapy versus IPT
 Outcome: 02 Depression scores: at post-treatment



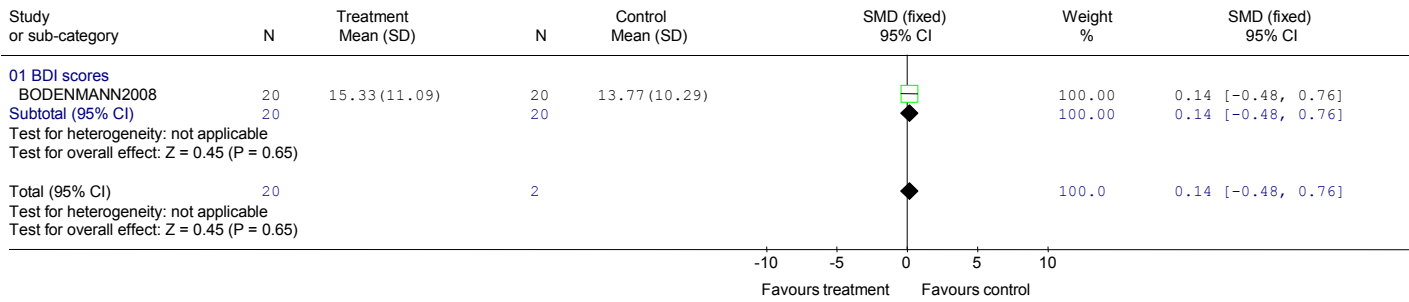
Review: CT14
 Comparison: 05 Couples therapy versus IPT
 Outcome: 03 Depression scores: at 6 months follow-up



Review: CT15
 Comparison: 05 Couples therapy versus IPT
 Outcome: 04 Depression scores: at 1 year follow-up

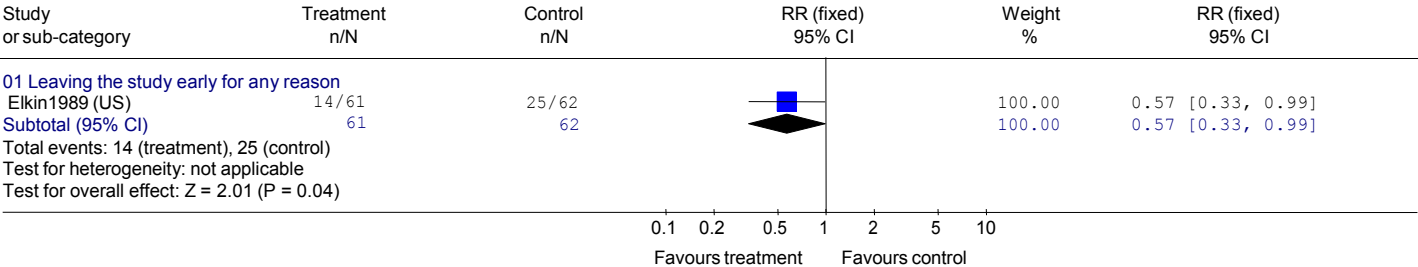


Review: CT16
 Comparison: 05 Couples therapy versus IPT
 Outcome: 05 Depression scores: at 1.5 years follow-up

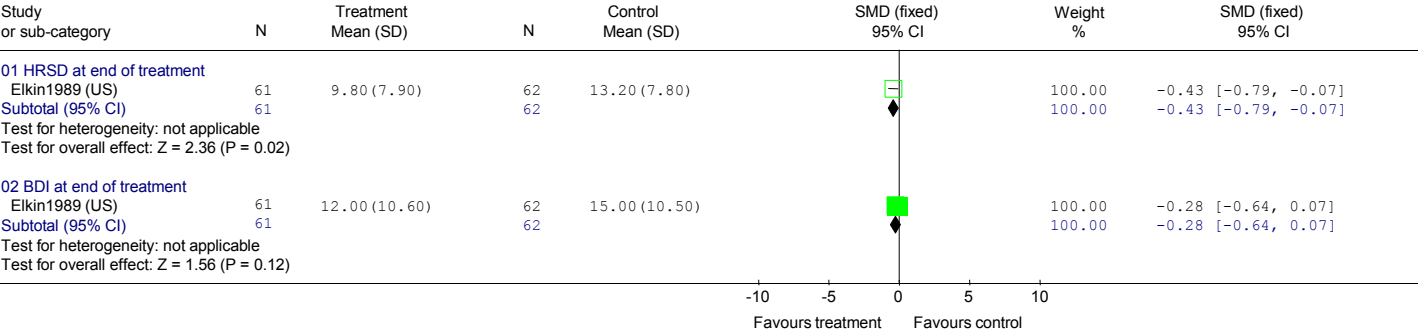


Interpersonal therapy

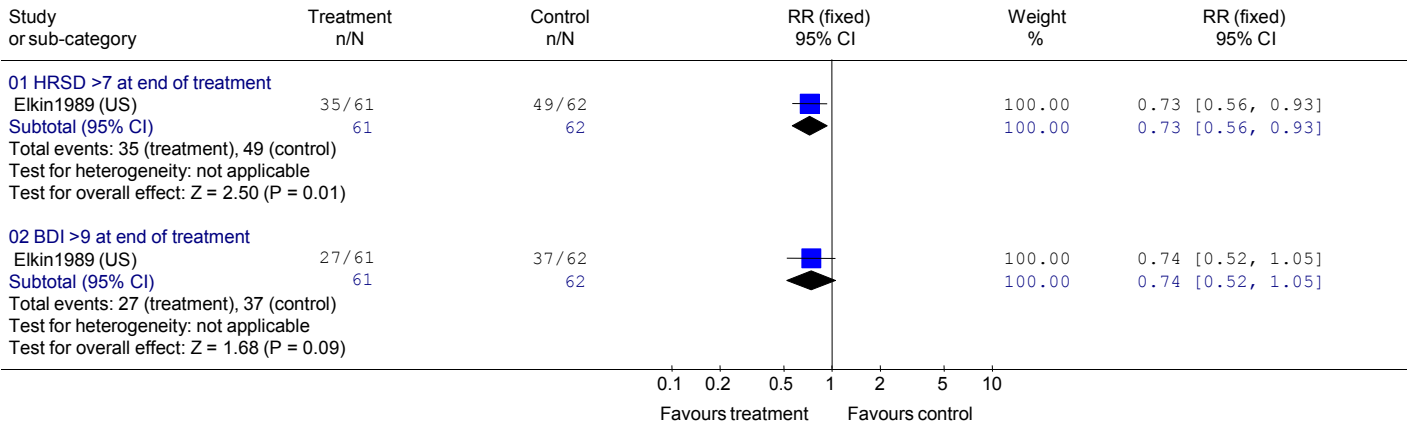
Review: IPT01
 Comparison: 01 IPT versus placebo
 Outcome: 01 Tolerability



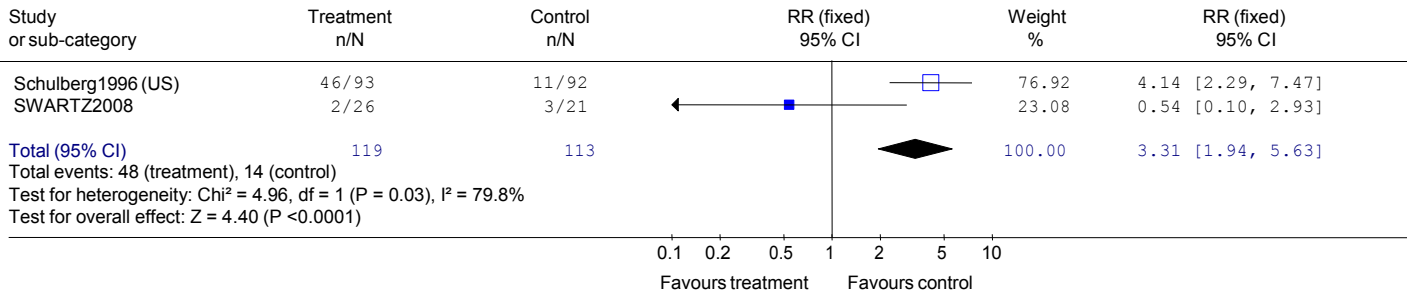
Review: IPT02
 Comparison: 01 IPT versus placebo
 Outcome: 02 Depression scores: continuous measures post-treatment



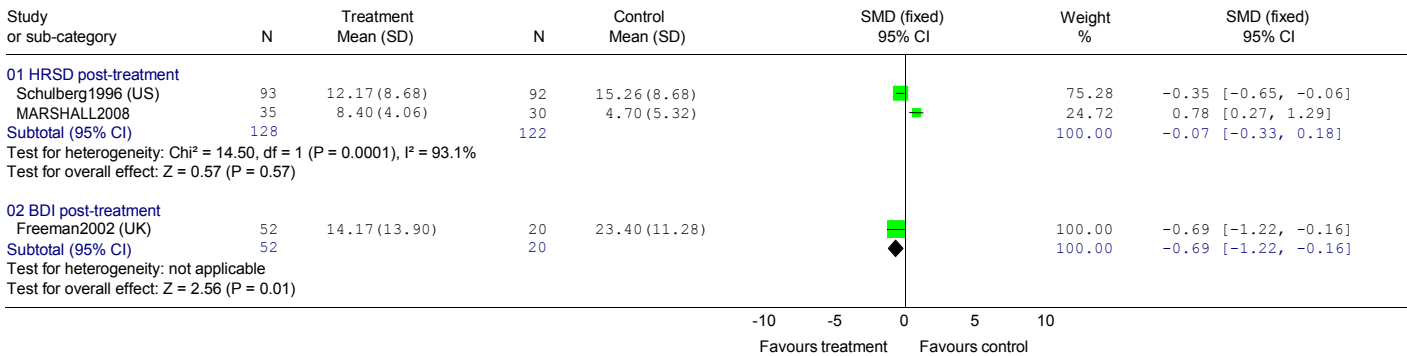
Review: IPT03
 Comparison: 01 IPT versus placebo
 Outcome: 03 Depression score: dichotomous outcome post-treatment



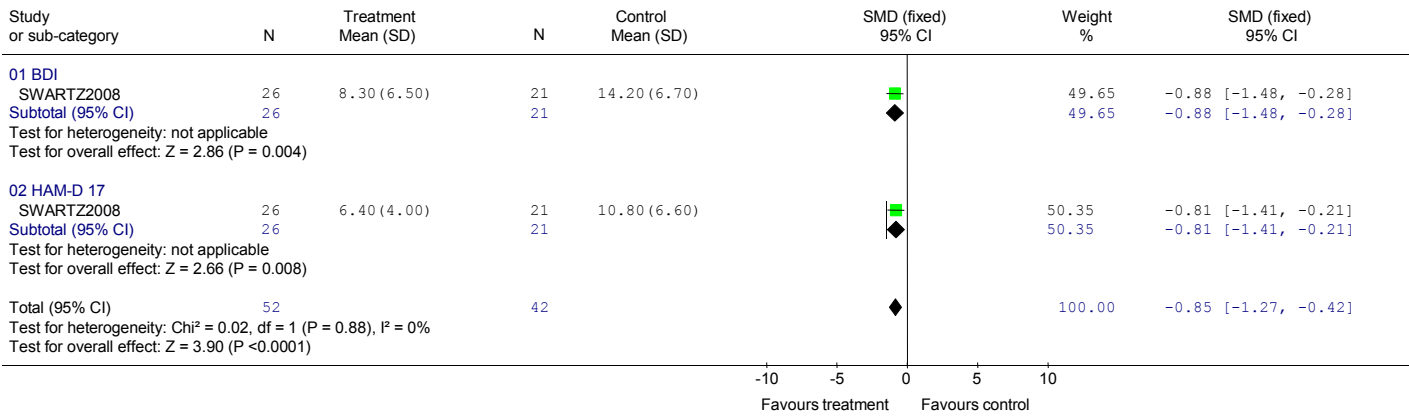
Review: IPT04
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 01 Leaving the study early



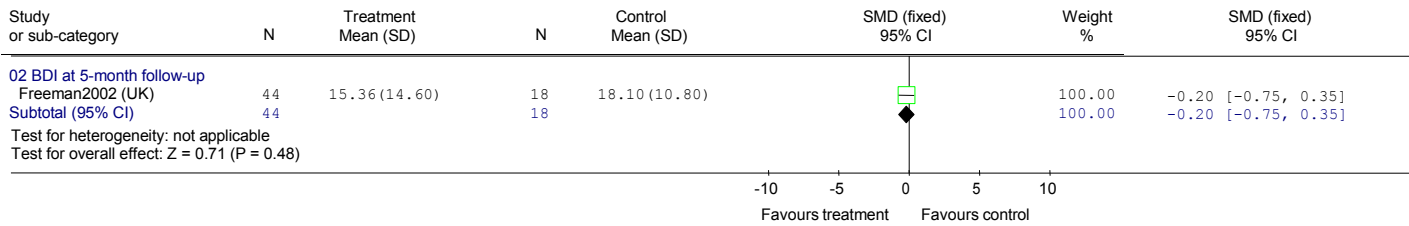
Review: IPT05
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 02 Depression scores: continuous measures post-treatment



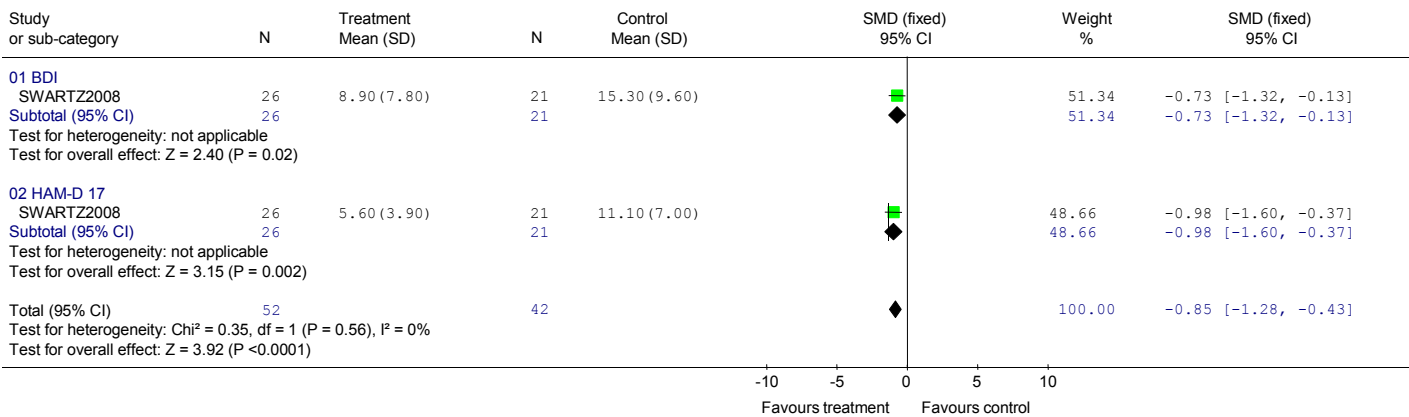
Review: IPT06
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 03 Depression scores: continuous measures at 3-month follow-up



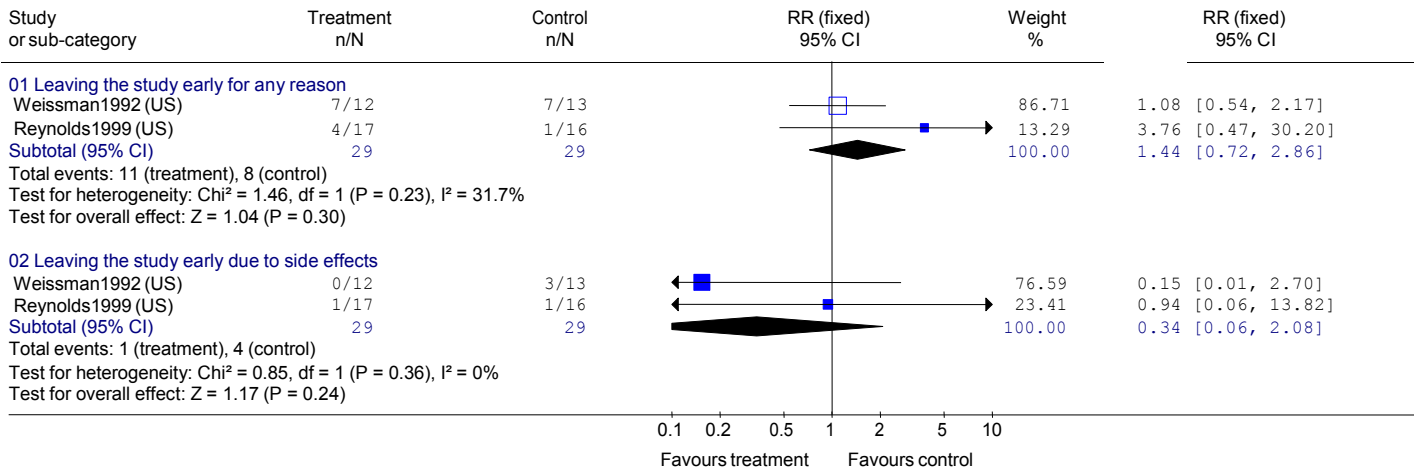
Review: IPT07
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 04 Depression scores: continuous measures at 5-month follow-up



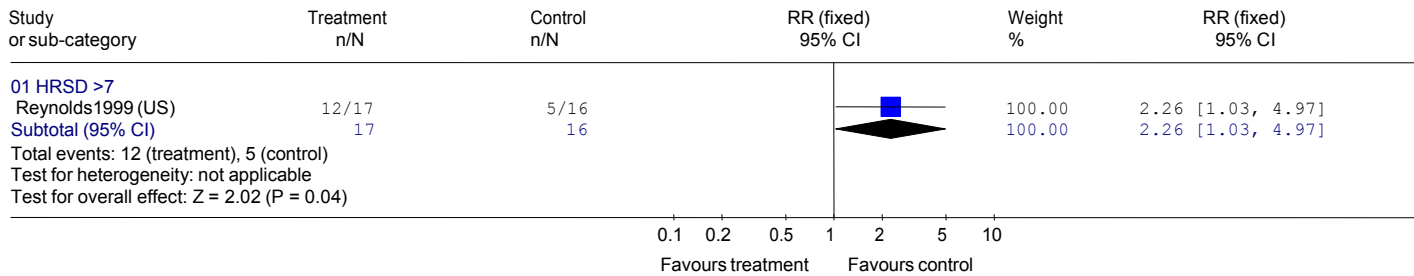
Review: IPT08
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 05 Depression scores: continuous measures at 9-month follow-up



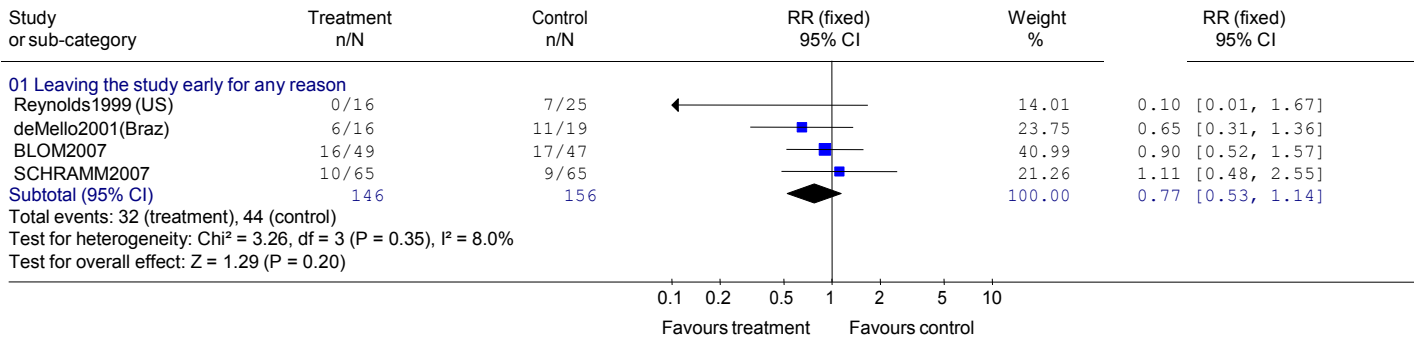
Review: IPT09
 Comparison: 03 IPT (with/without placebo) versus IPT + antidepressants
 Outcome: 01 Tolerability



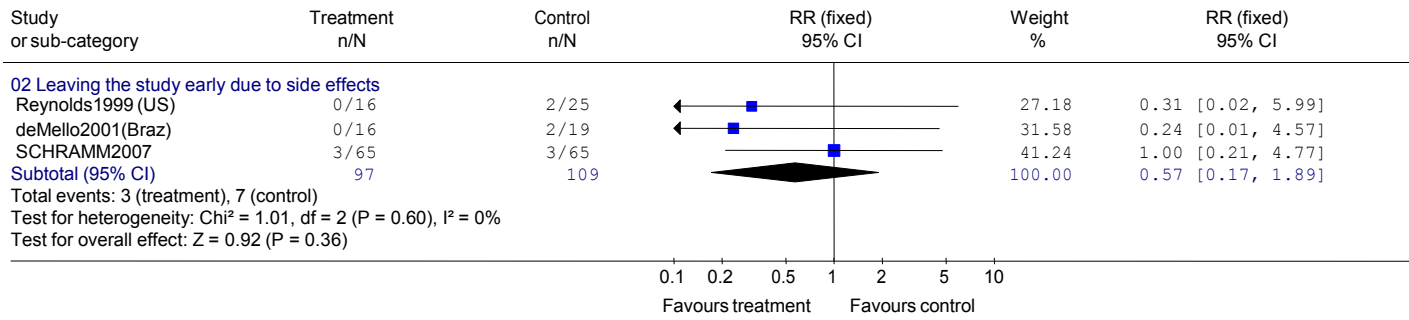
Review: IPT10
 Comparison: 03 IPT (with/without placebo) versus IPT + antidepressants
 Outcome: 02 Depression score: dichotomous outcome post-treatment



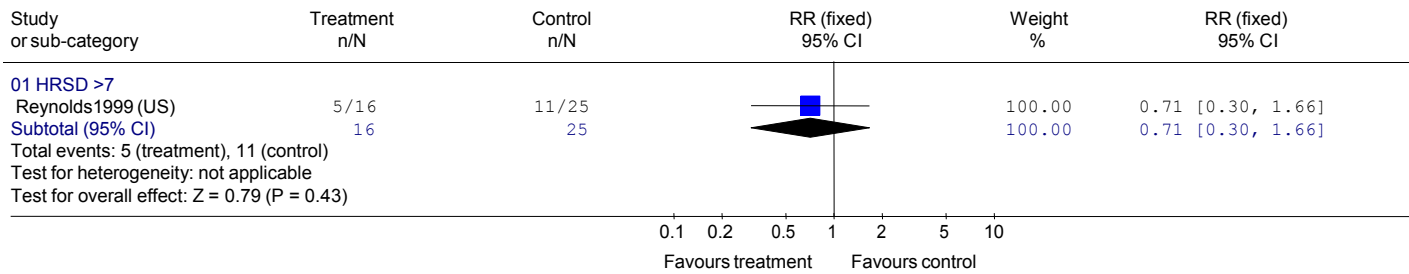
Review: IPT11
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 01 Leaving study early due to any reason



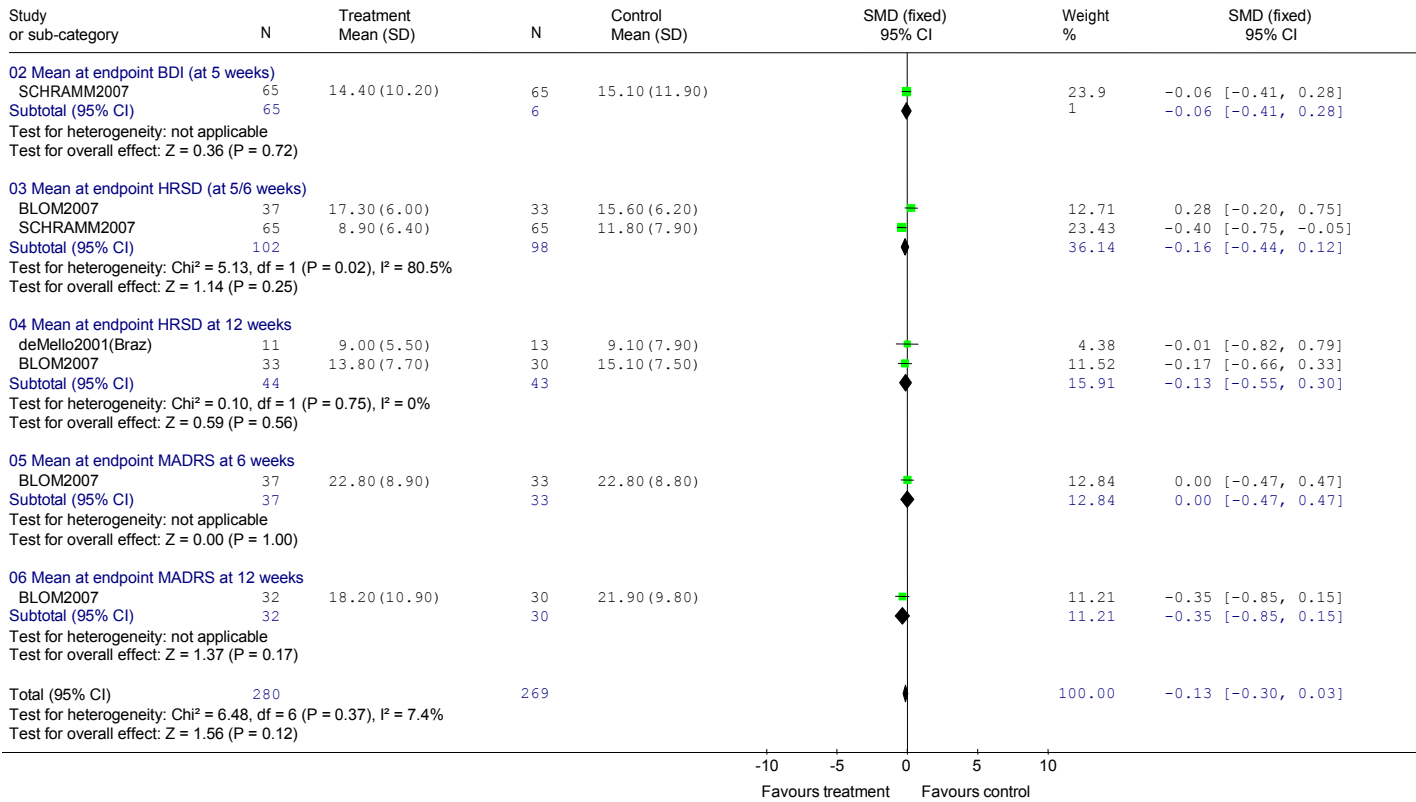
Review: IPT12
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 02 Leaving study early due to adverse effects



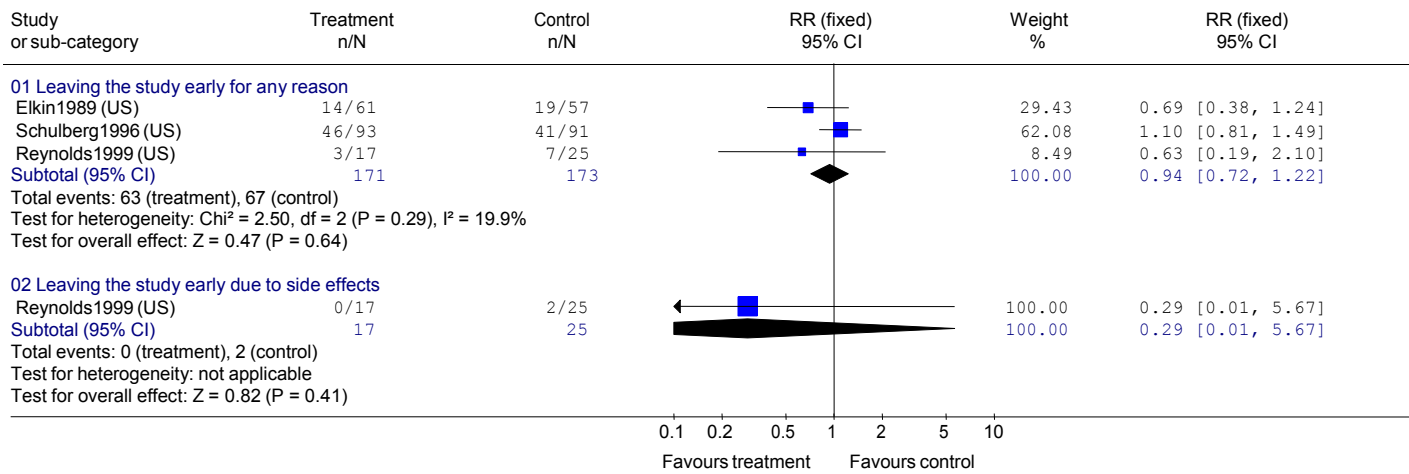
Review: IPT13
 Comparison: 04 IPT + antidepressants versus antidepressants Outcome:
 03 Depression score: dichotomous outcome post-treatment



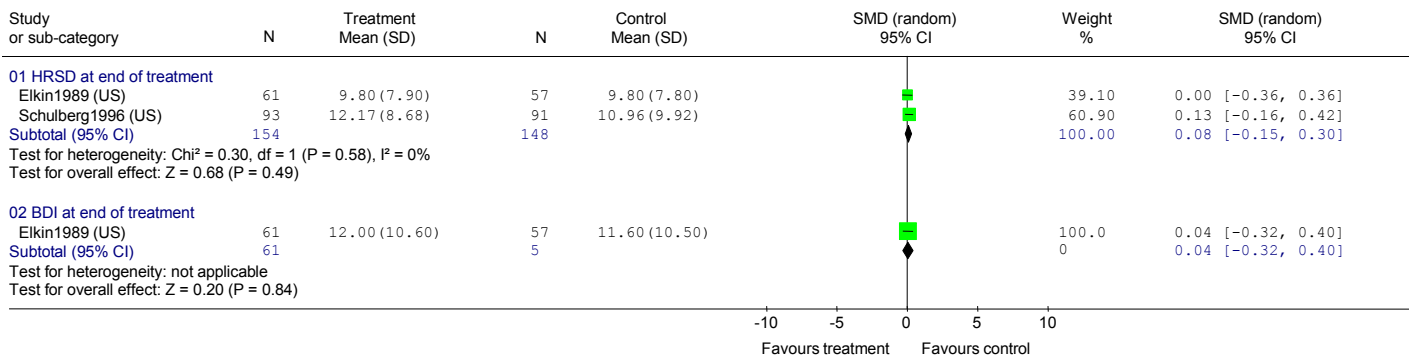
Review: IPT14
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 04 Depression scores: continous measures post-treatment



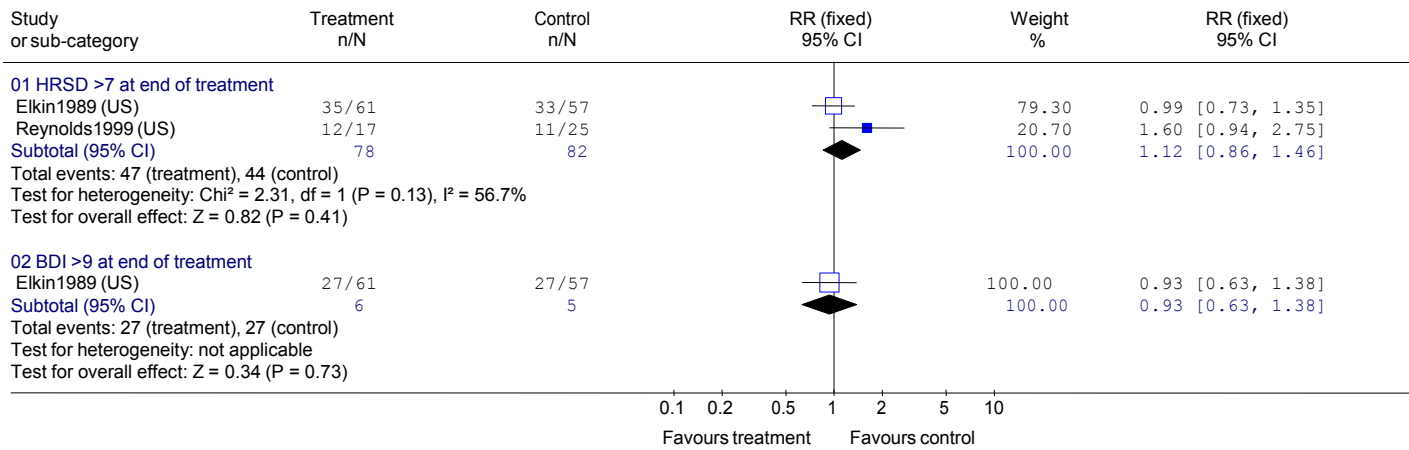
Review: IPT15
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 01 Tolerability



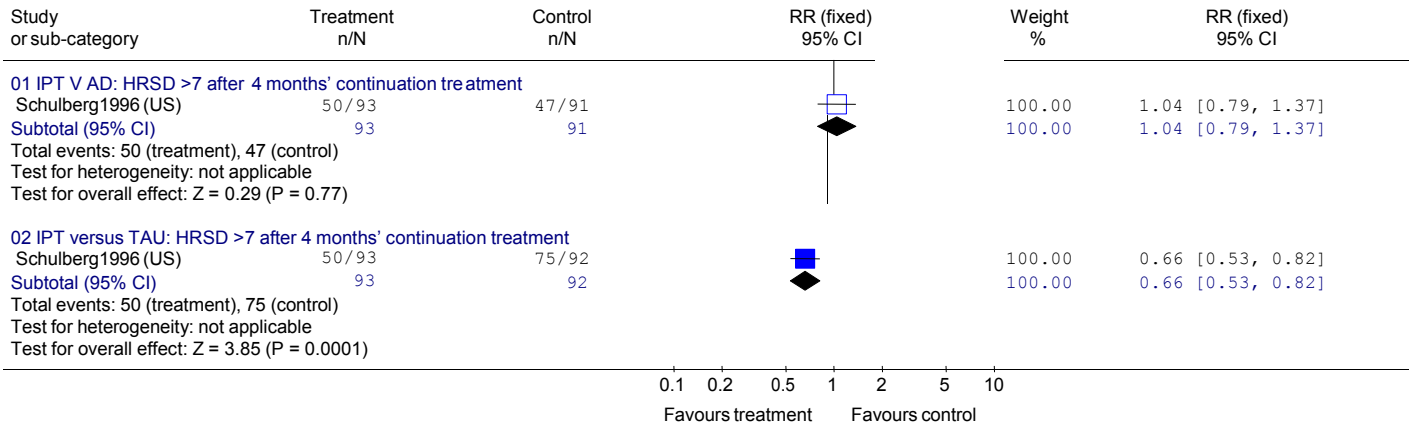
Review: IPT16
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 04 Depression scores: continuous measures post-treatment



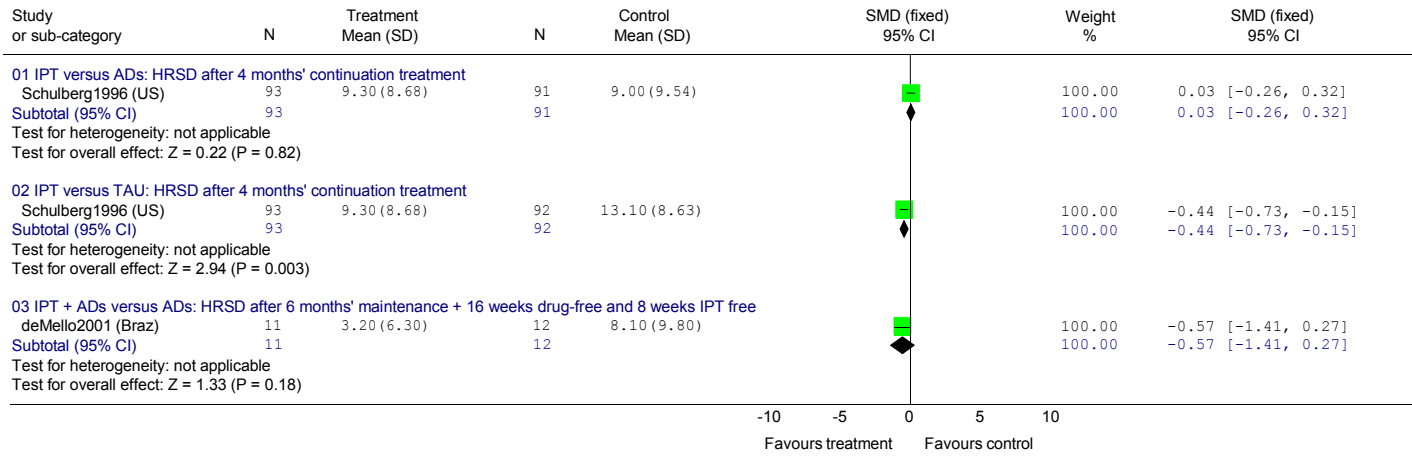
Review: IPT17
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 05 Depression score: dichotomous outcome post-treatment



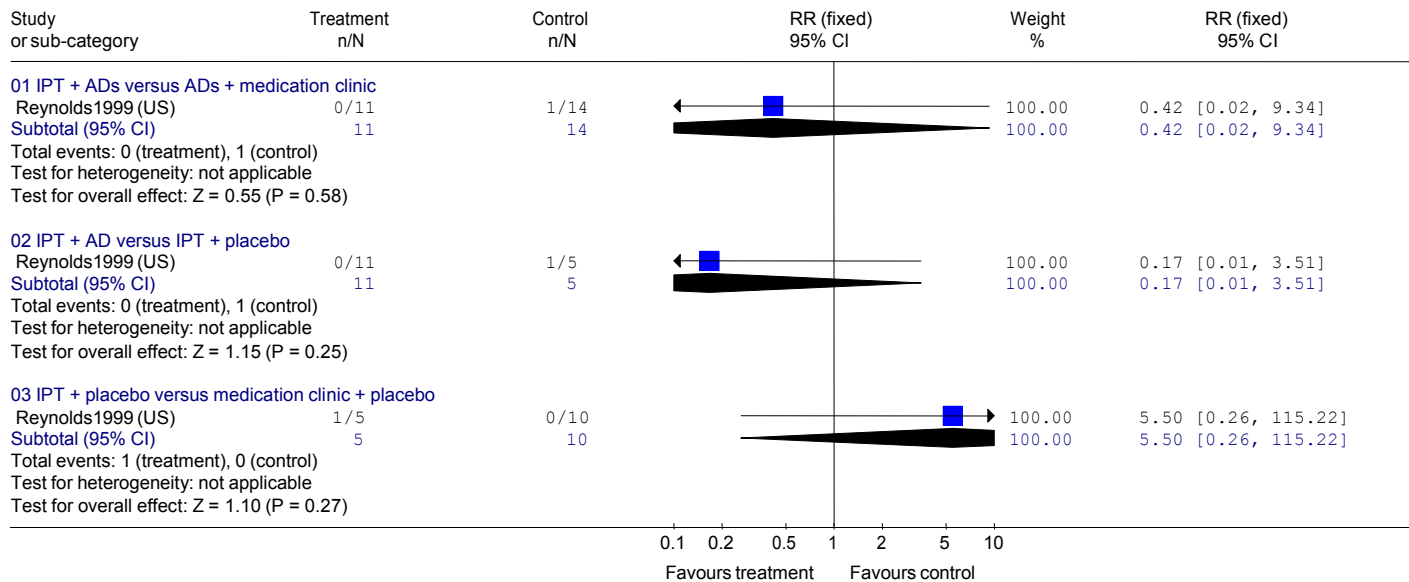
Review: IPT18
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 01 Depression score: after continuation treatment



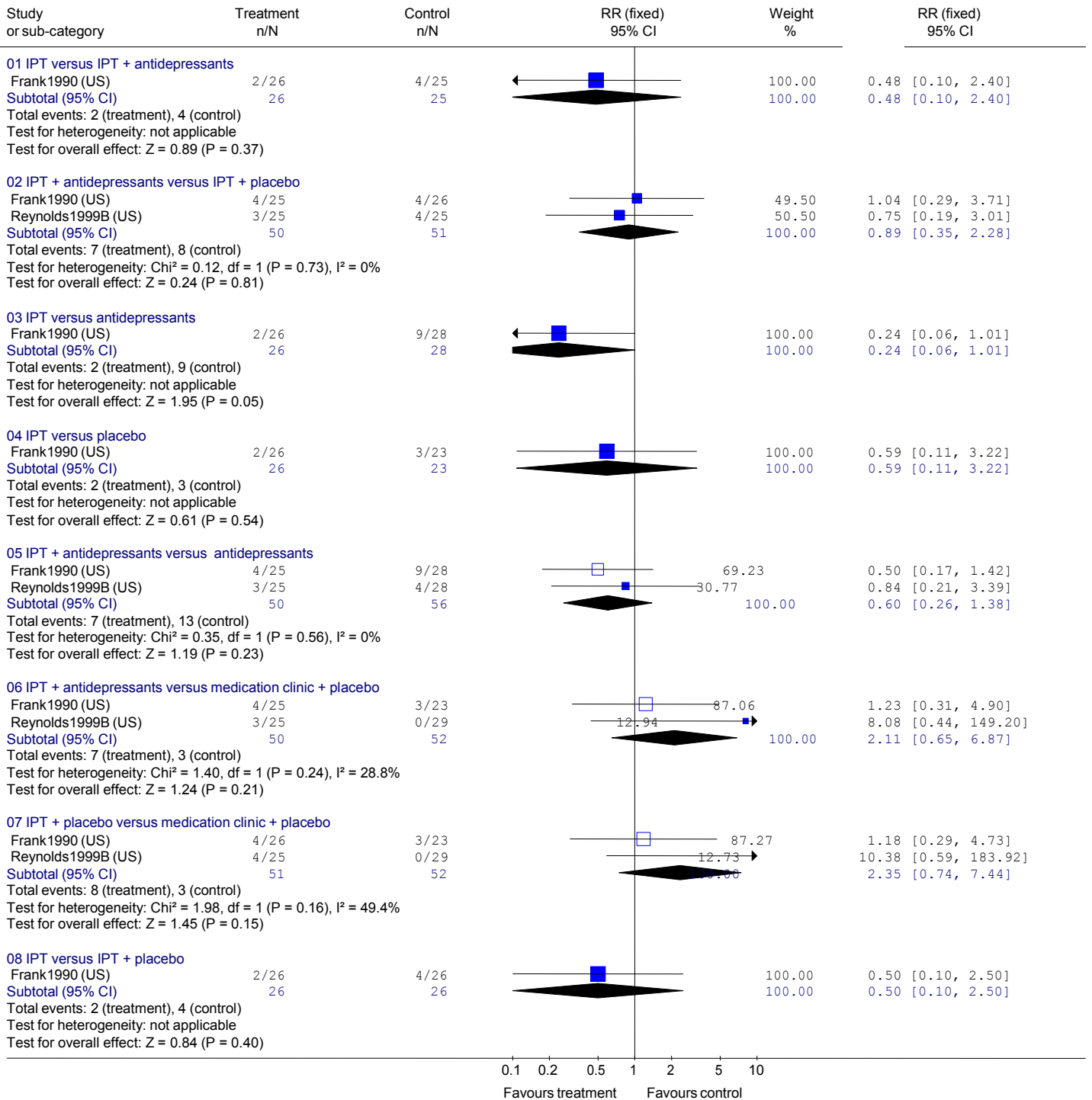
Review: IPT19
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 02 Depression scores: continuous measures



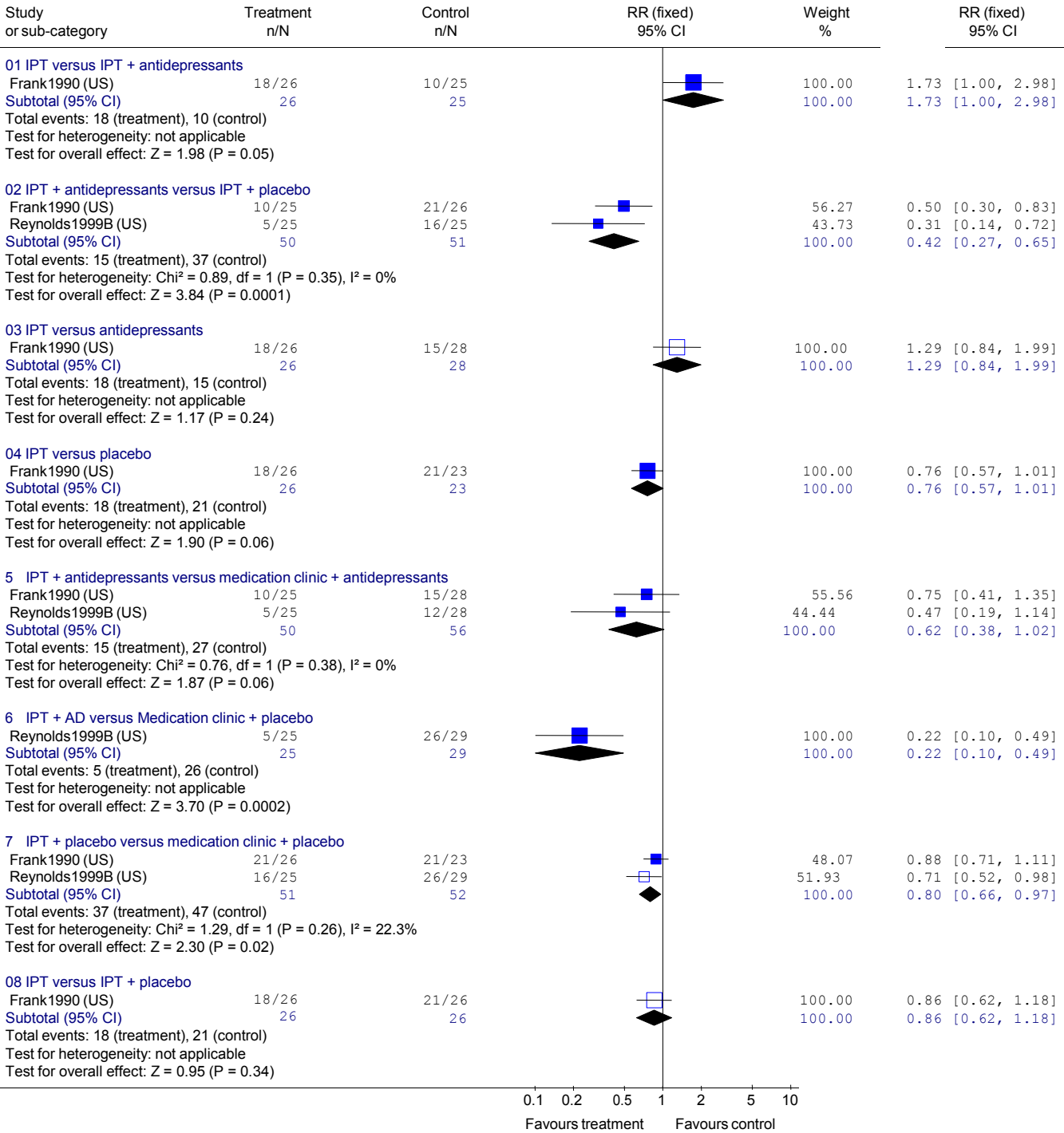
Review: IPT20
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 03 Relapse (16-week continuation phase)



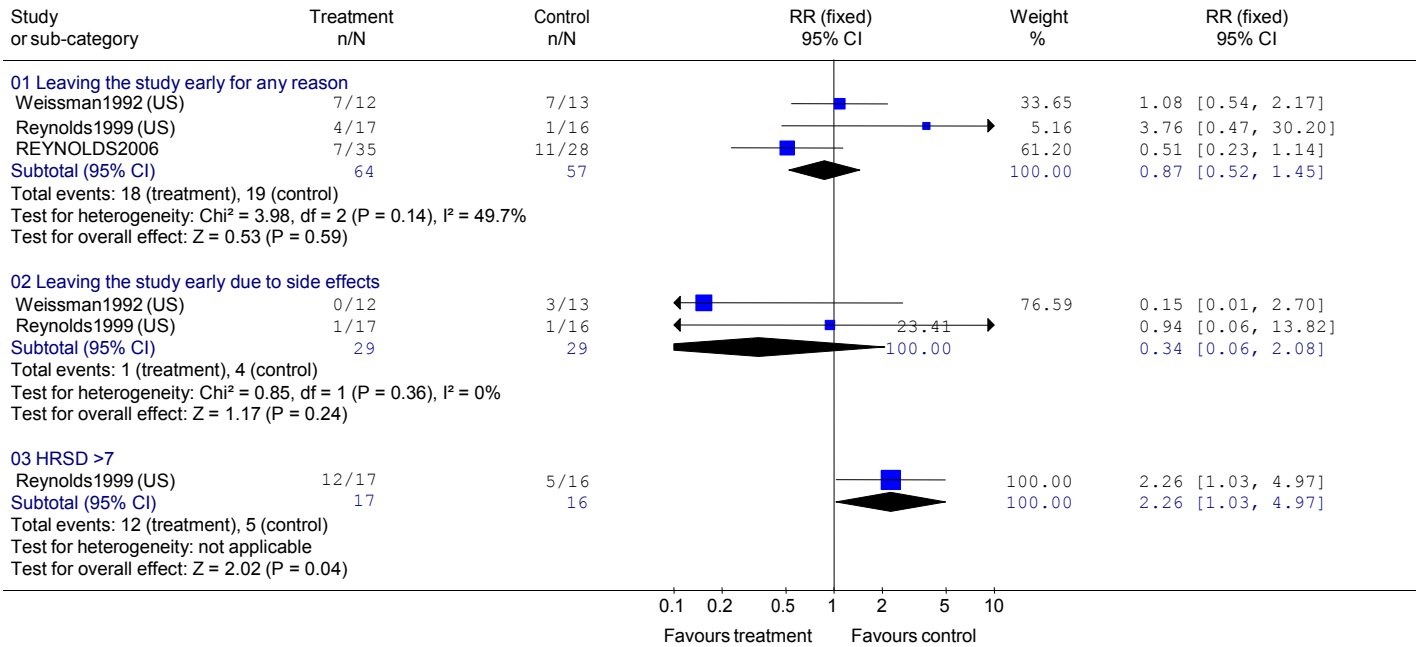
Review: IPT21
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 01 Leaving the study early



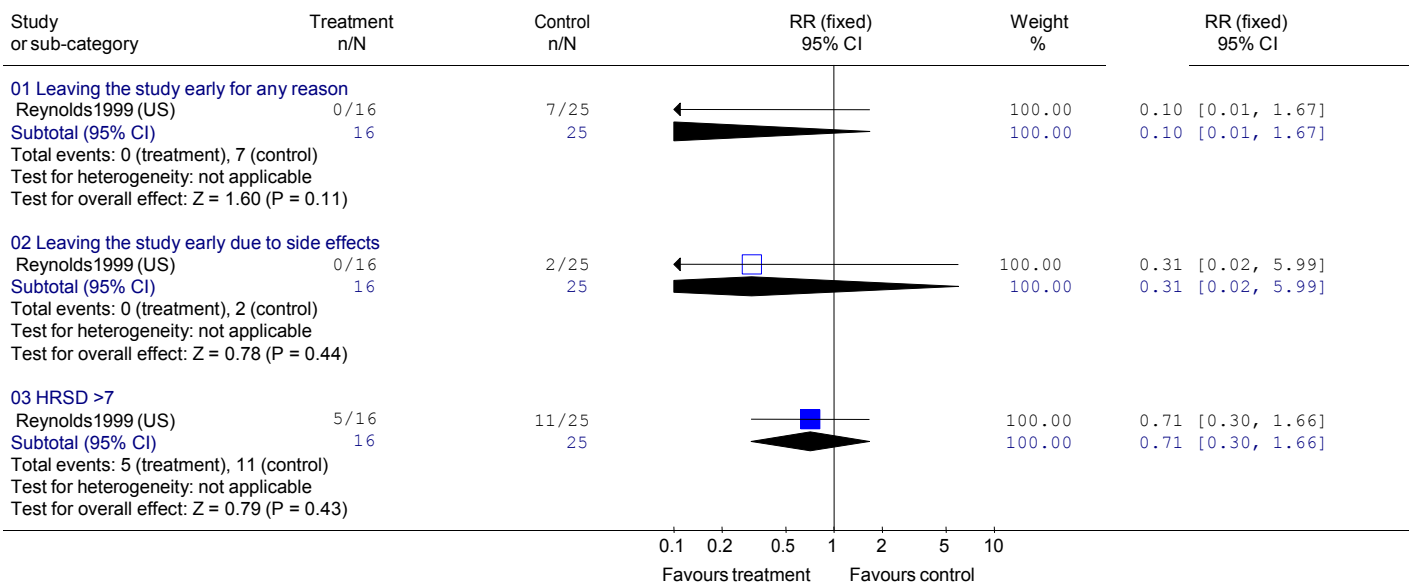
Review: IPT22
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 02 Relapse



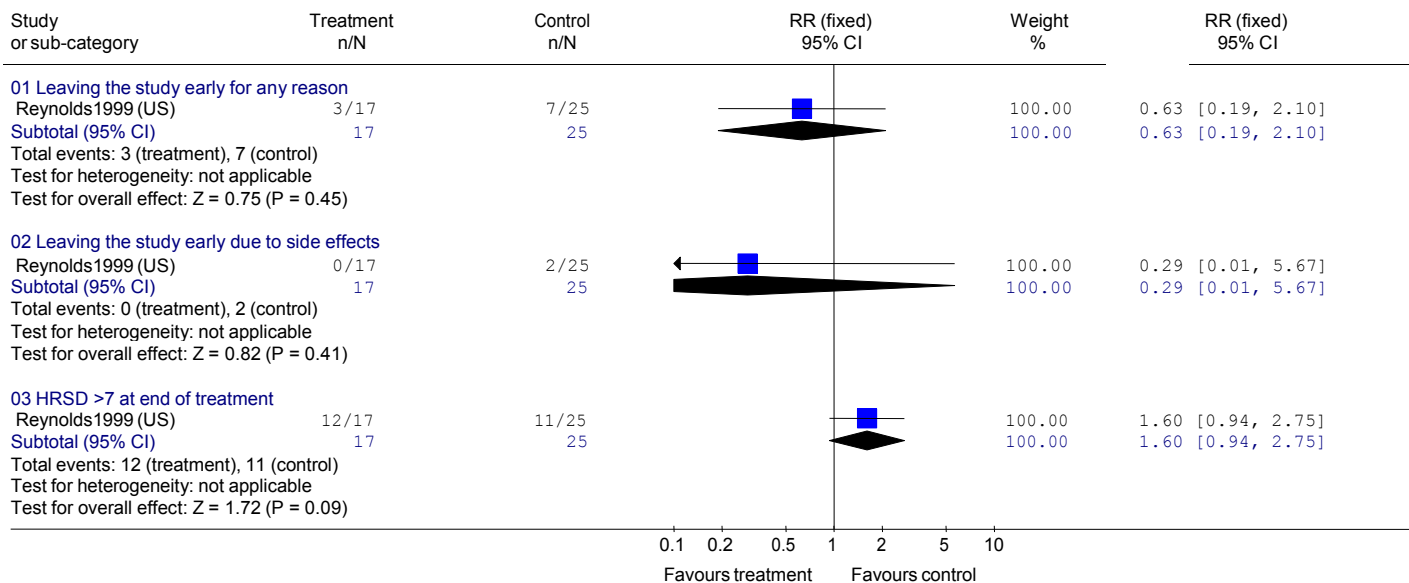
Review: IPT23
 Comparison: 08 IPT for the elderly
 Outcome: 01 IPT (with/without placebo) versus IPT + antidepressants



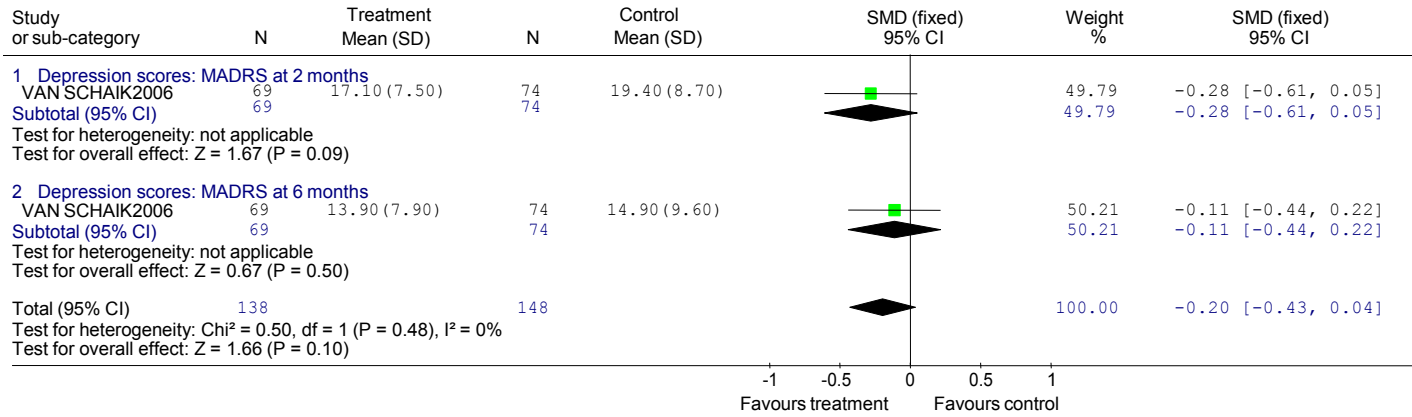
Review: IPT24
 Comparison: 08 IPT for the elderly
 Outcome: 02 IPT + antidepressants versus antidepressants



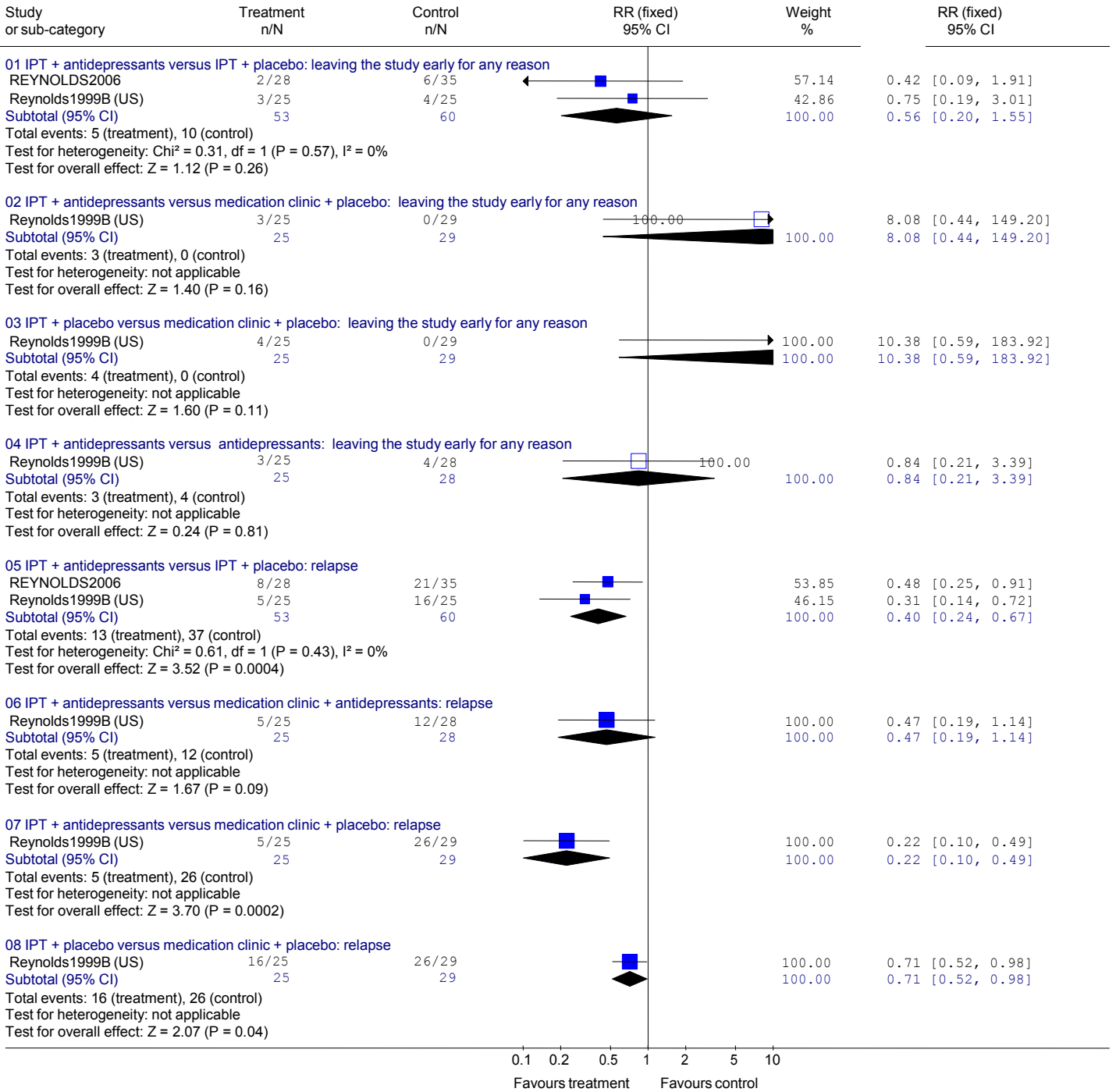
Review: IPT25
 Comparison: 08 IPT for the elderly
 Outcome: 03 IPT (with/without placebo) versus antidepressants (with/without clinical management)



Review: IPT26
 Comparison: 08 IPT for the elderly
 Outcome: 05 IPT versus standard care (Netherlands)

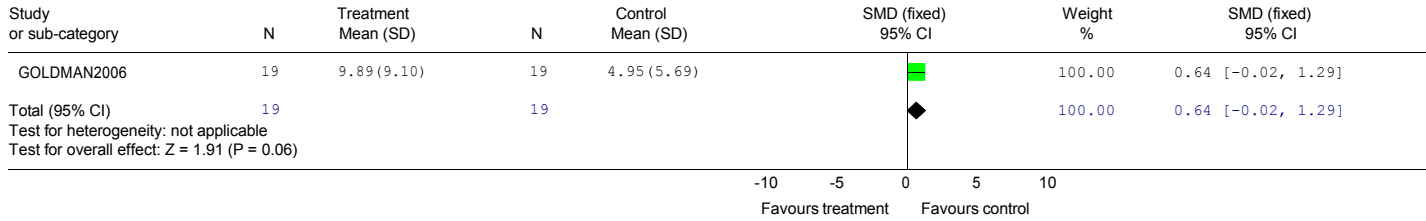


Review: IPT27
 Comparison: 08 IPT for the elderly
 Outcome: 06 IPT as maintenance treatment (2 or 3 years)

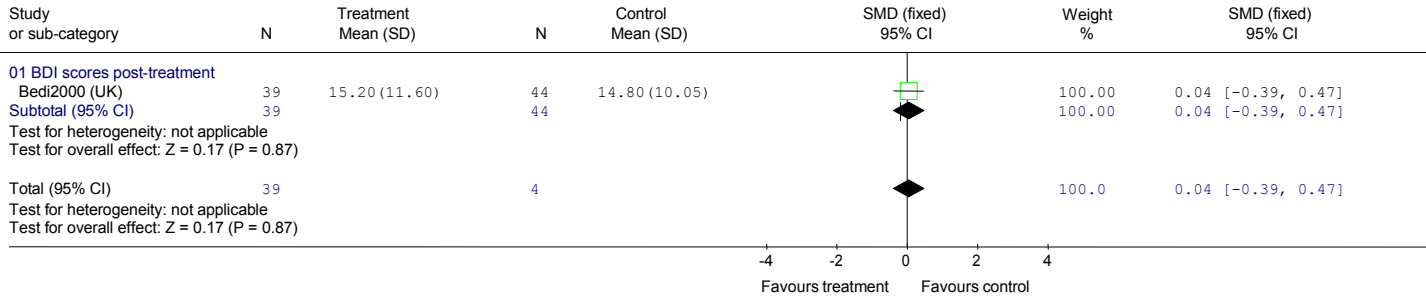


Counselling

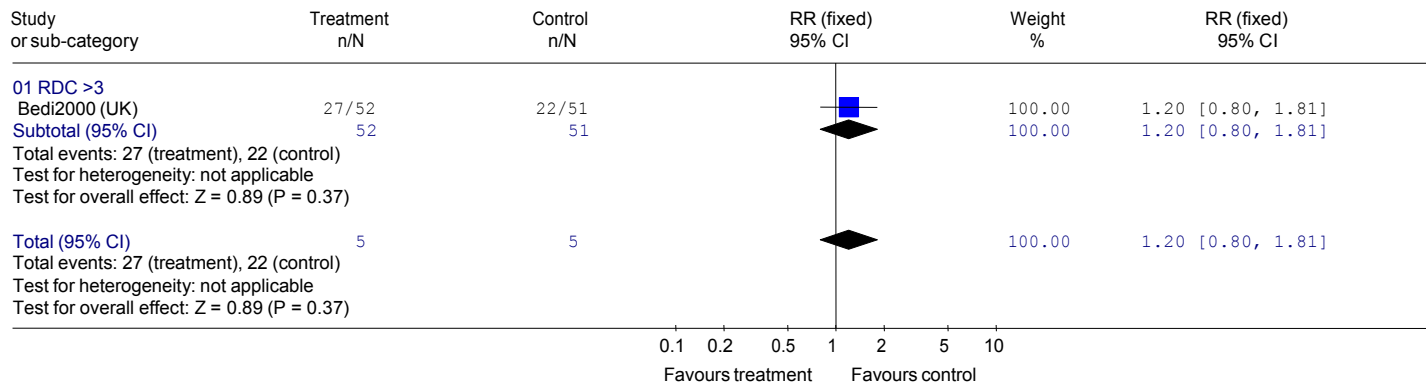
Review: C01
 Comparison: 01 Counselling CCT versus Counselling EFT
 Outcome: 01 BDI post treatment



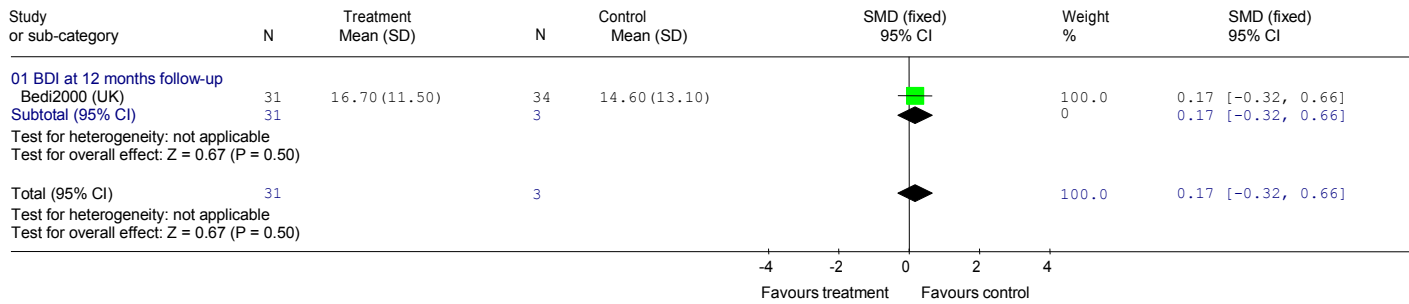
Review: C02
 Comparison: 02 Counselling versus antidepressants
 Outcome: 01 Depression scores: continuous outcomes post-treatment



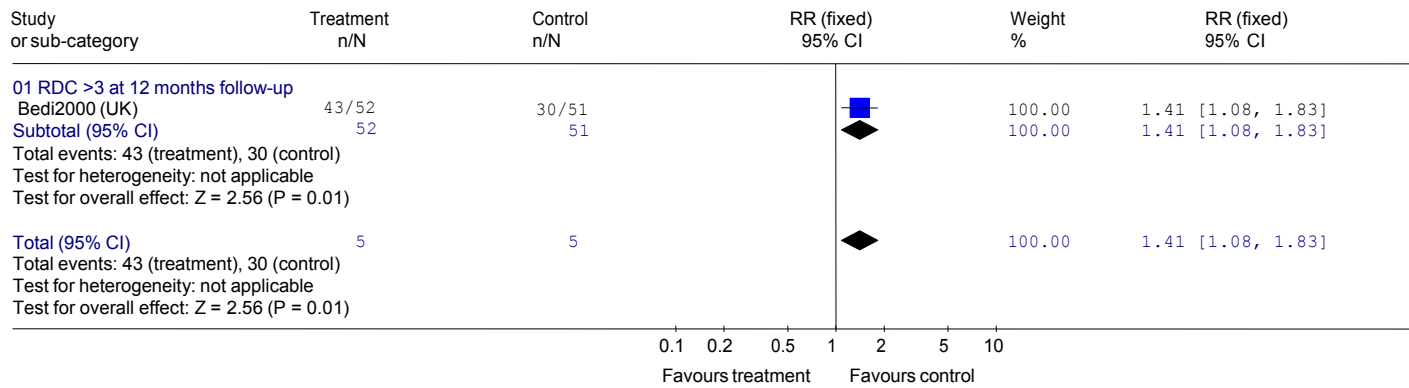
Review: C03
 Comparison: 02 Counselling versus antidepressants
 Outcome: 02 Depression scores: dichotomous outcomes post-treatment



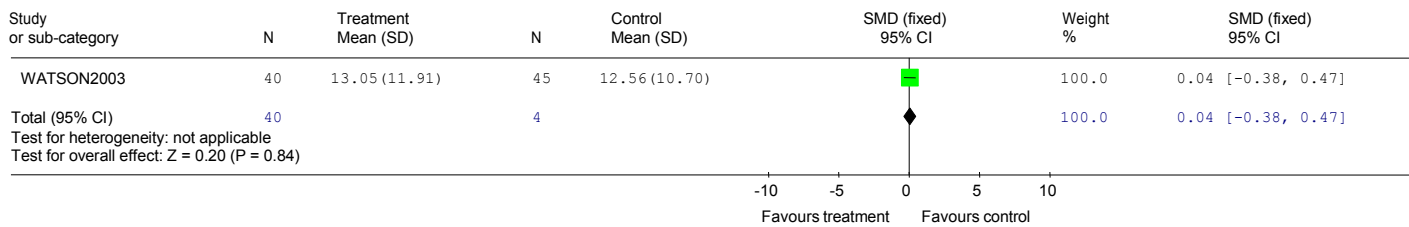
Review: C04
 Comparison: 02 Counselling versus antidepressants
 Outcome: 03 Depression scores: continuous measures at follow-up



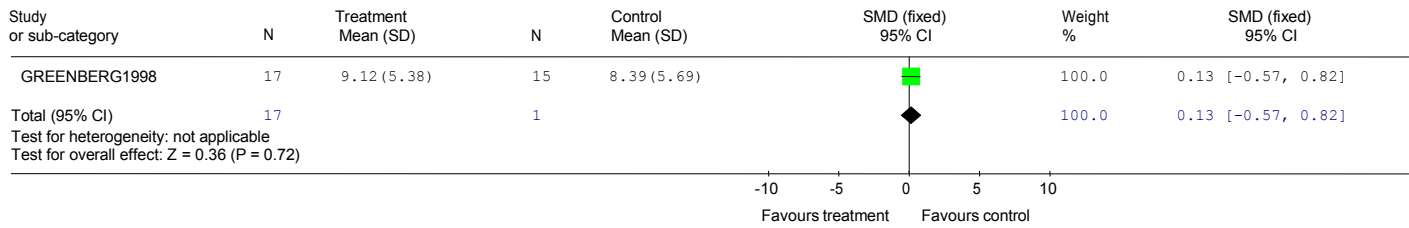
Review: C05
 Comparison: 02 Counselling versus antidepressants
 Outcome: 04 Depression scores: dichotomous outcomes at follow-up



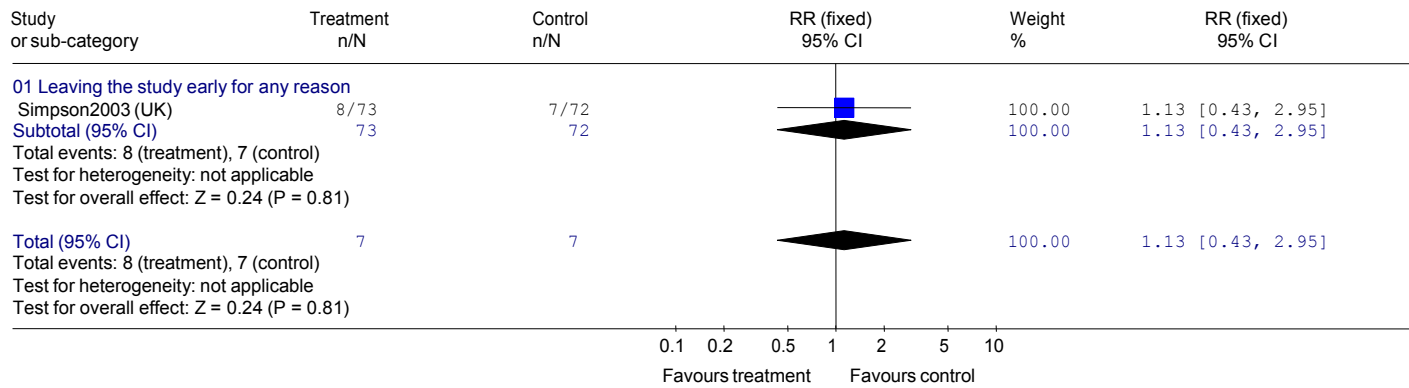
Review: C06
 Comparison: 03 Counselling PE versus CBT
 Outcome: 01 BDI post-treatment



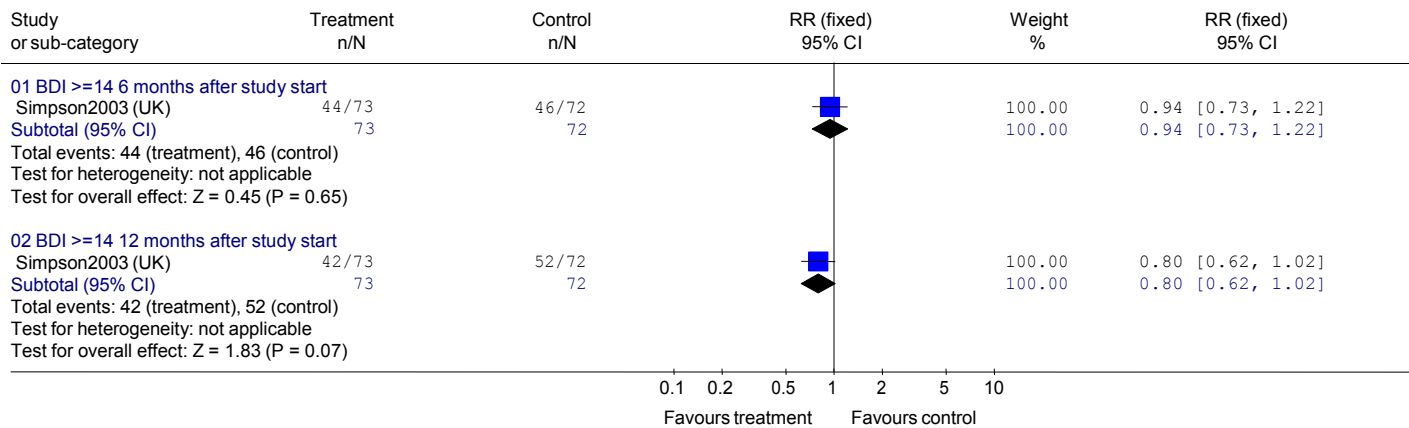
Review: C07
 Comparison: 04 Counselling CCT versus Counselling PE
 Outcome: 01 BDI post-treatment



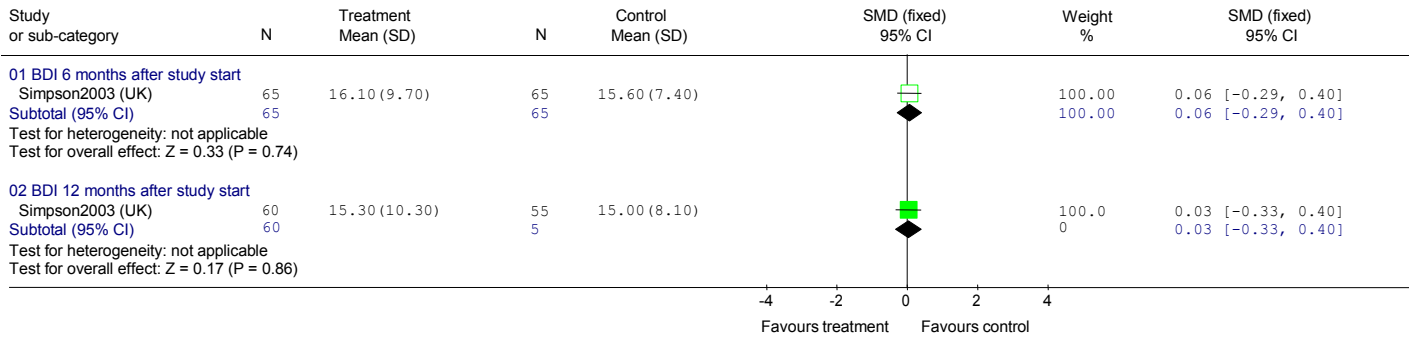
Review: C08
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 01 Tolerability



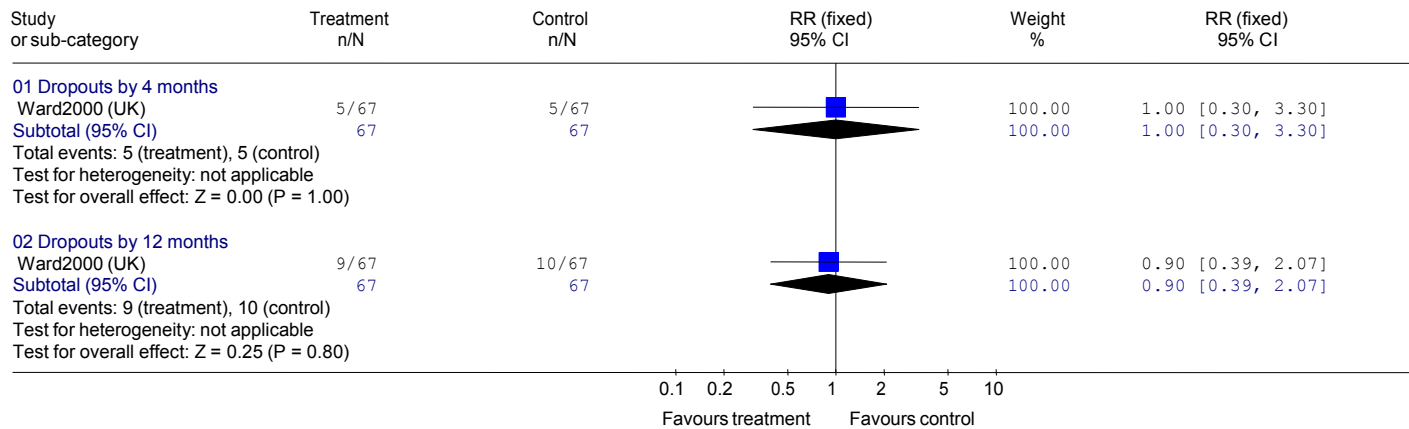
Review: C09
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 02 Dichotomous depression scores



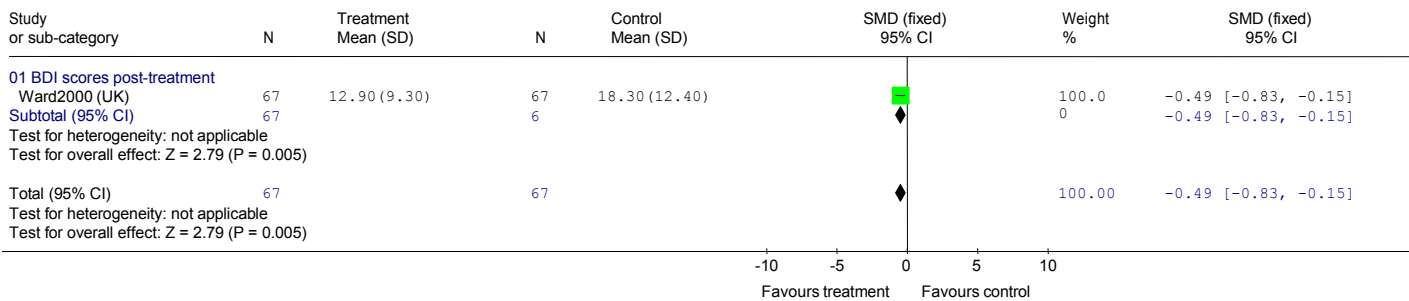
Review: C10
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 03 Continuous depression scores



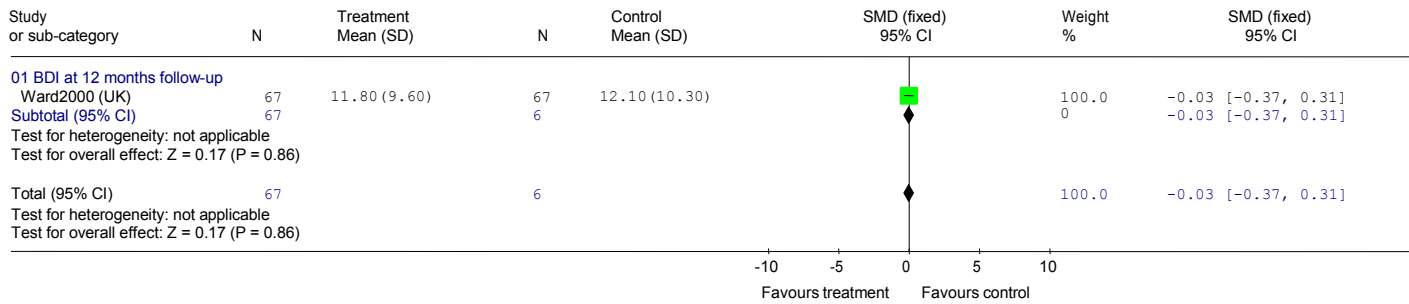
Review: C11
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 01 Leaving the study early



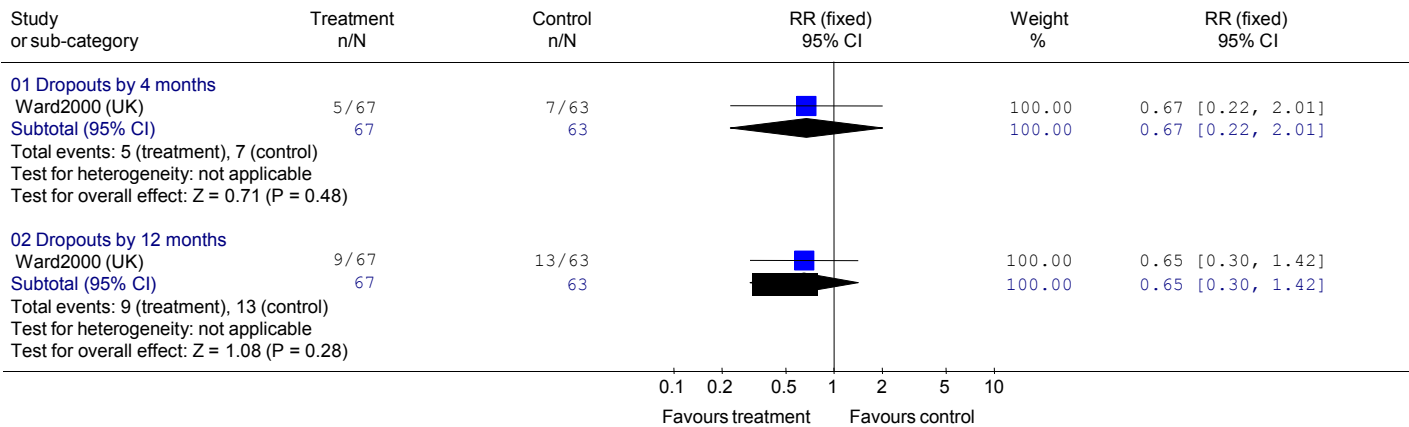
Review: C12
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 02 Depression scores: continuous outcomes



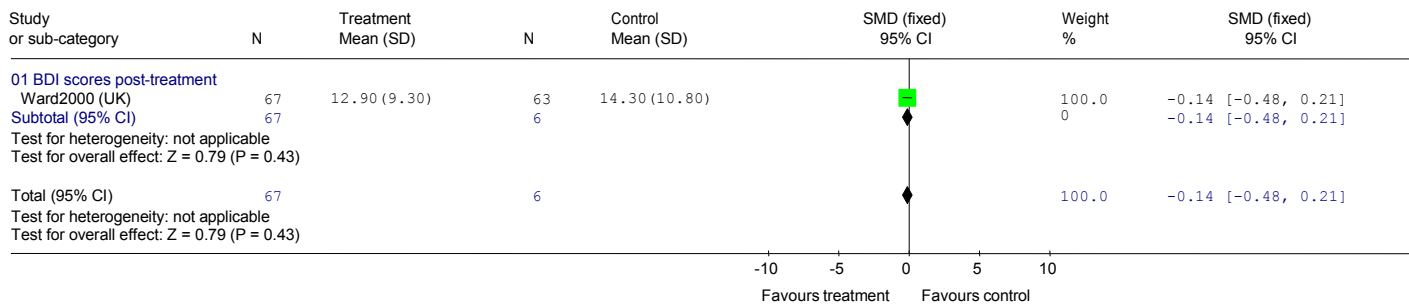
Review: C13
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up



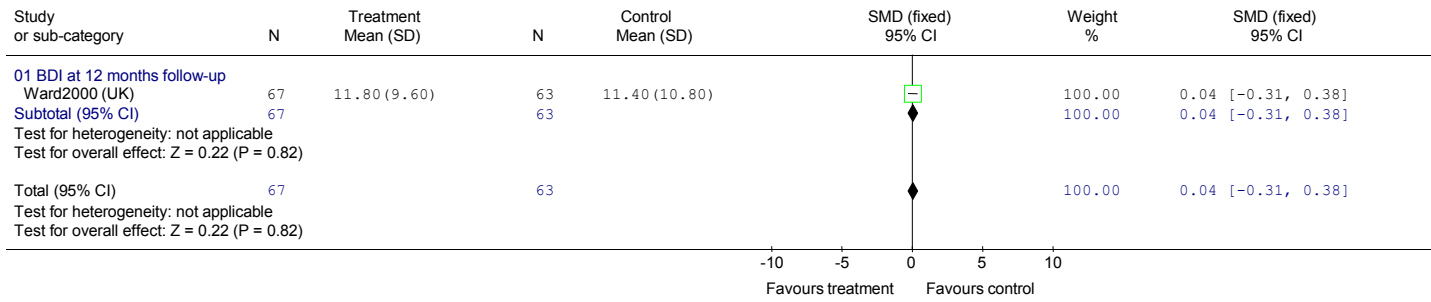
Review: C14
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 01 Leaving the study early



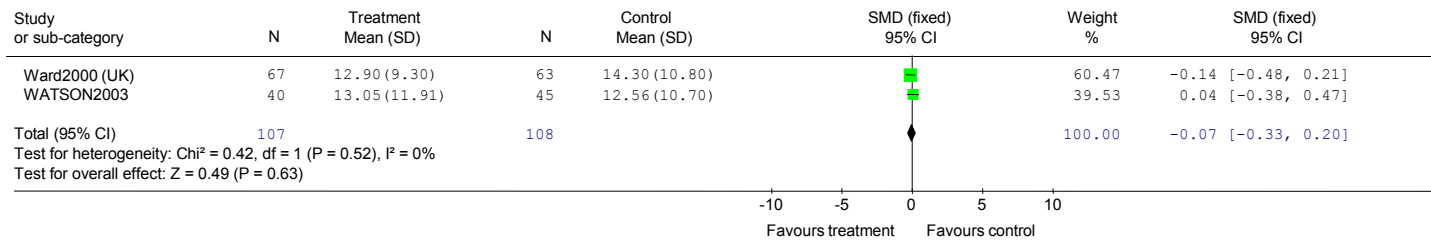
Review: C15
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 02 Depression scores: continuous outcomes



Review: C16
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up

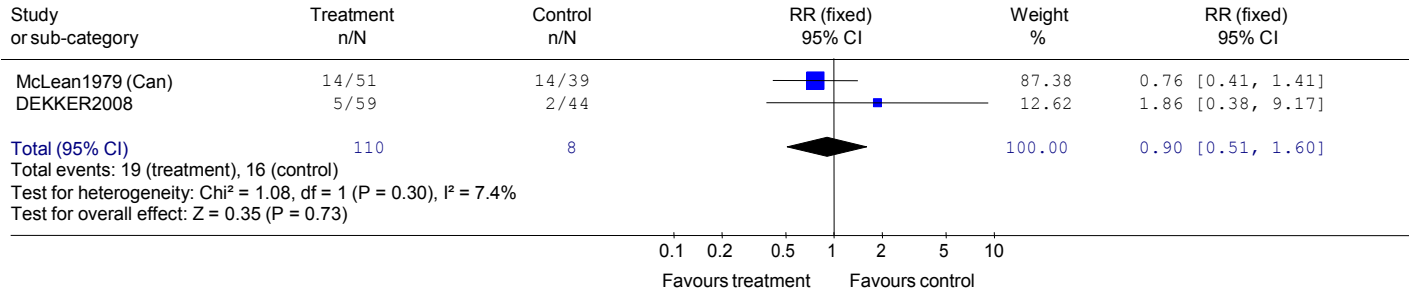


Review: C17
 Comparison: 08 Sub-analysis Counselling PE versus CBT (with Ward2000)
 Outcome: 01 BDI post treatment

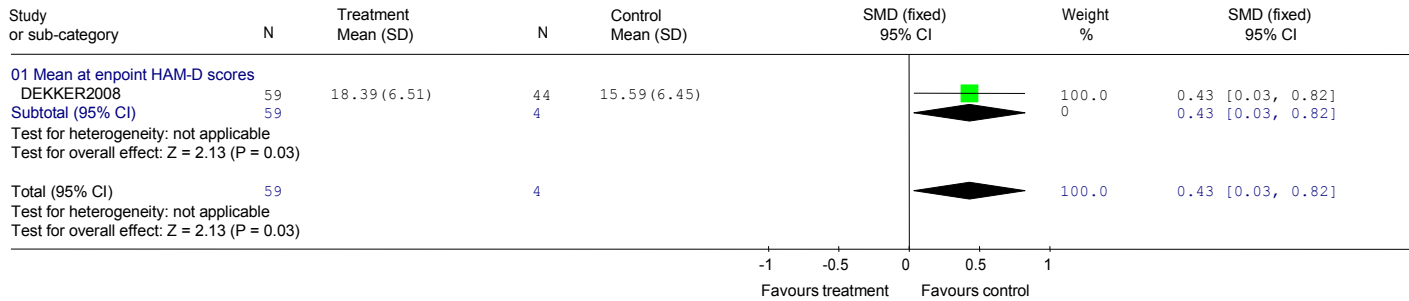


Short-term psychodynamic psychotherapy

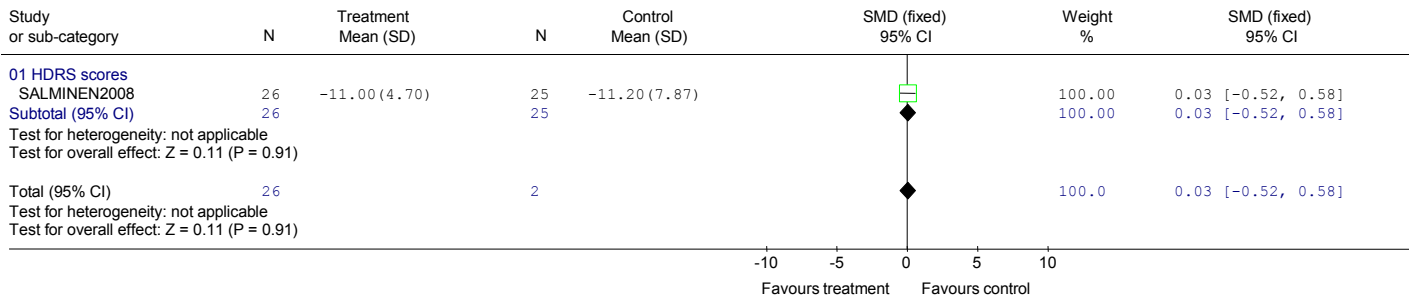
Review: PP01
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 01 Leaving the study early



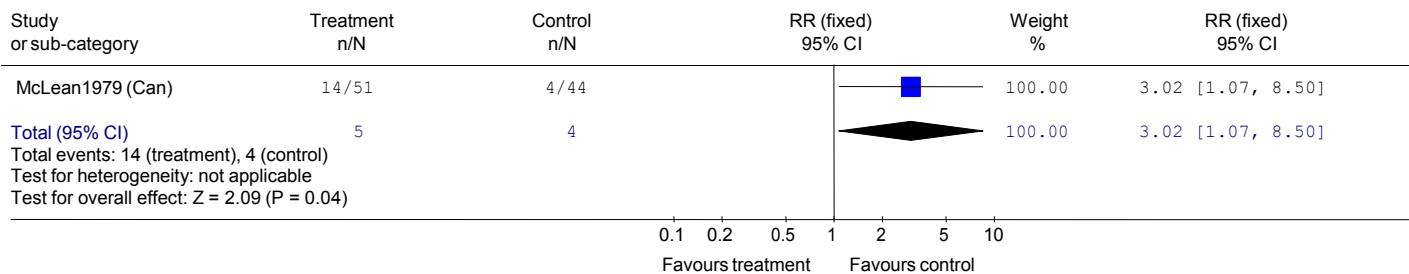
Review: PP02
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 02 Depression scores: continuous measures at endpoint



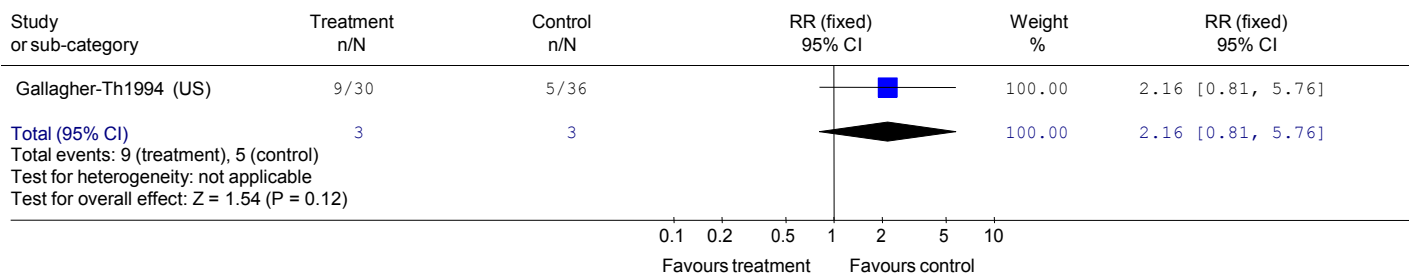
Review: PP03
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 03 Depression scores: continuous measures mean change from baseline to endpoint



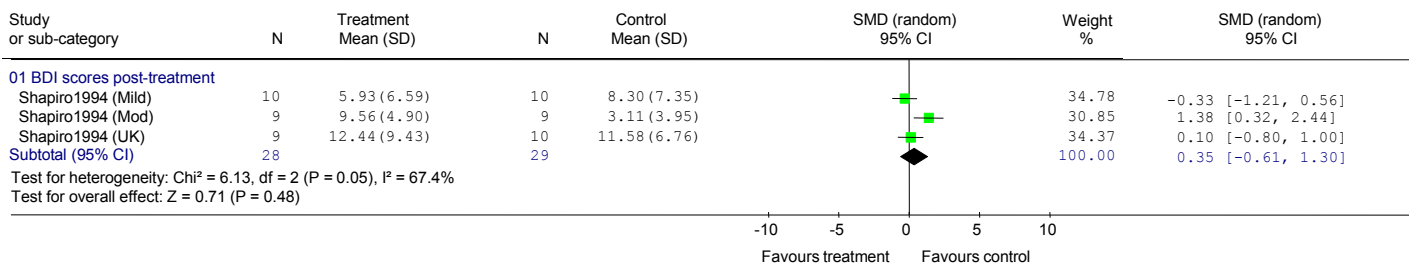
Review: PP04
 Comparison: 02 Short-term psychodynamic psychotherapy versus BT
 Outcome: 01 Leaving the study early



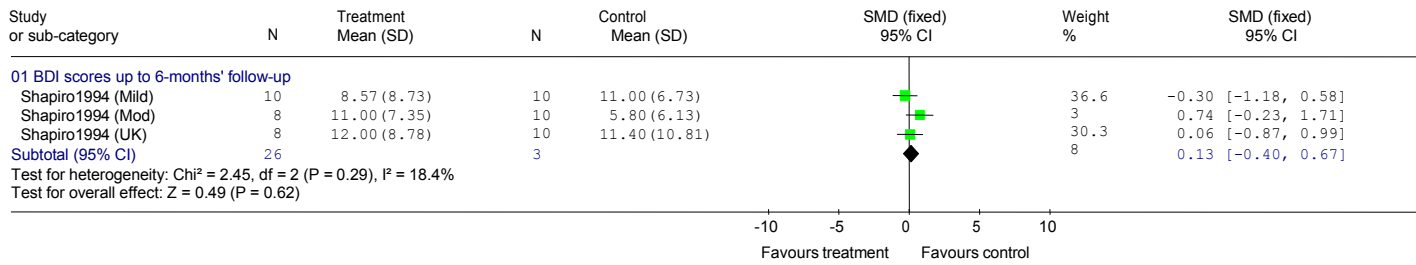
Review: PP05
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 01 Leaving the study early



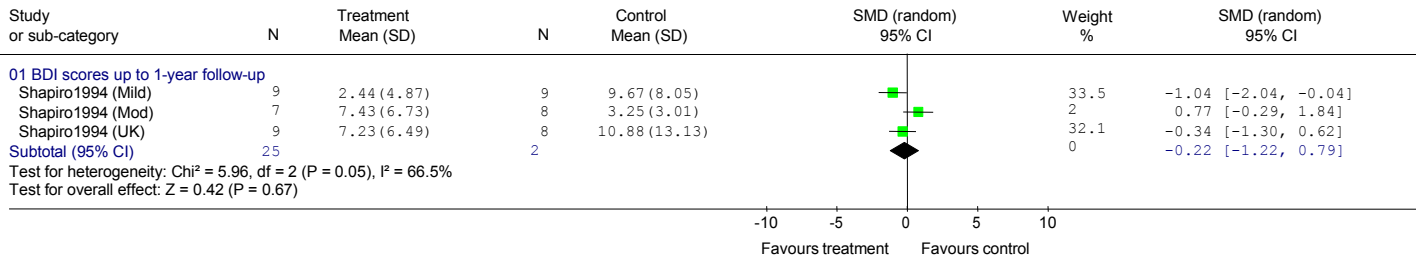
Review: PP06
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 02 Depression scores: at endpoint



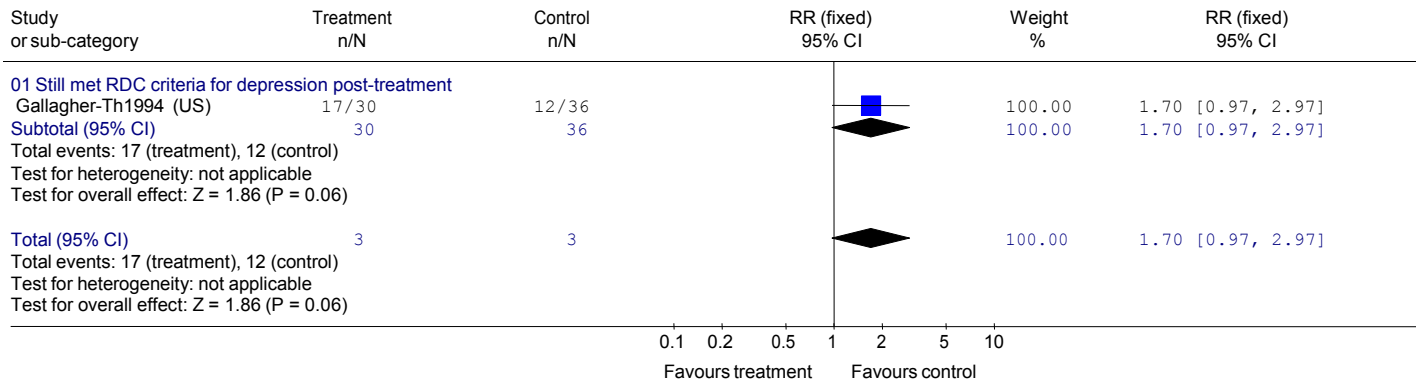
Review: PP07
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 03 Depression scores: at 6 months follow-up



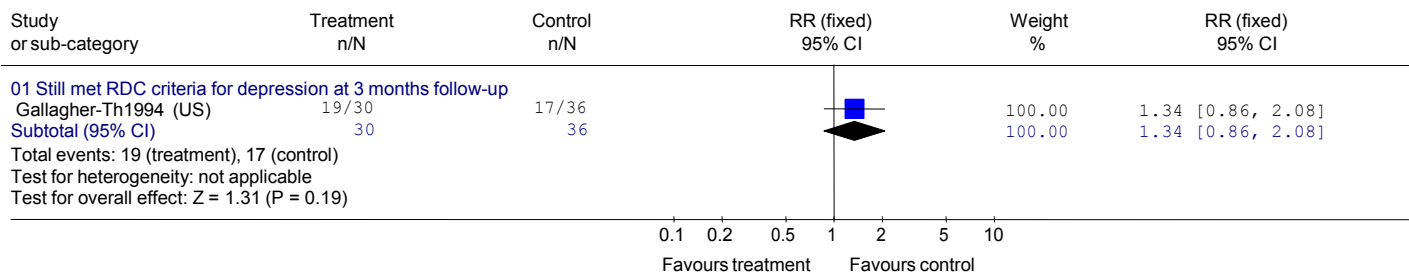
Review: PP08
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 04 Depression scores: at 1 year follow-up



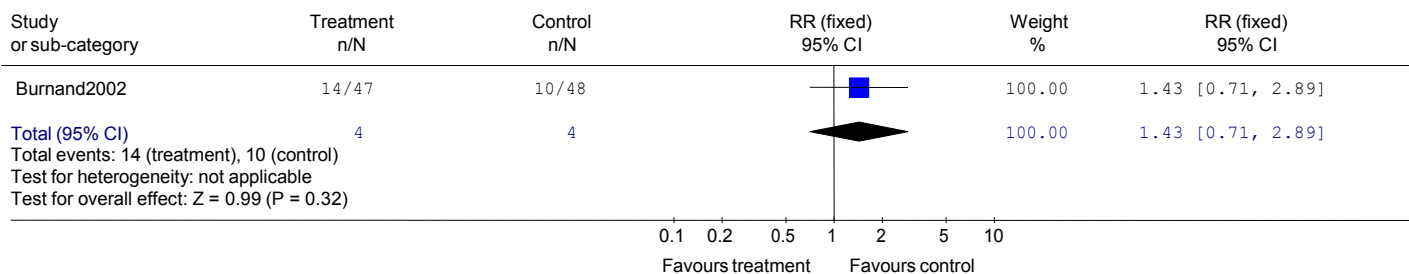
Review: PP09
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 05 Depression scores: dichotomous outcomes



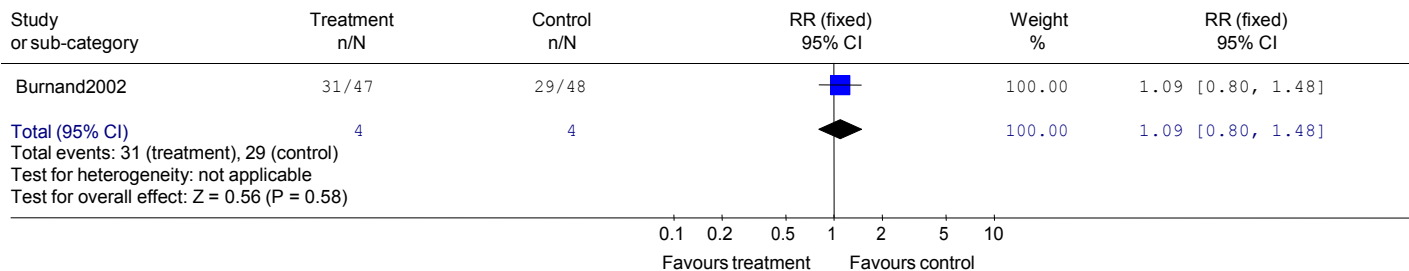
Review: PP10
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 06 Depression scores: dichotomous measures at follow-up



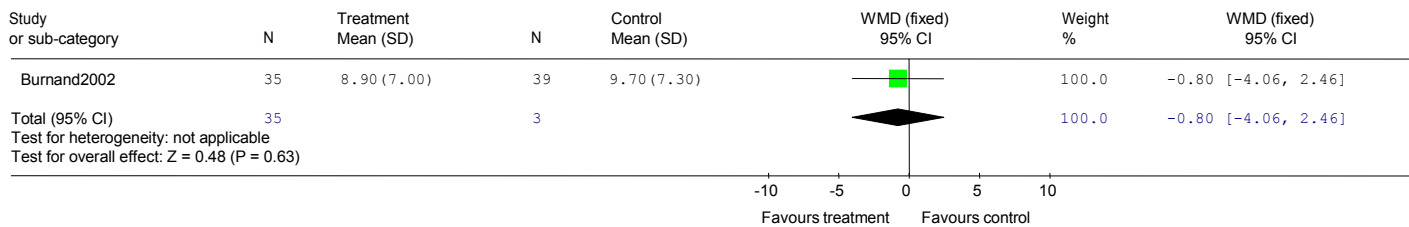
Review: PP11
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + antidepressants
 Outcome: 01 Leaving the study early for any reason



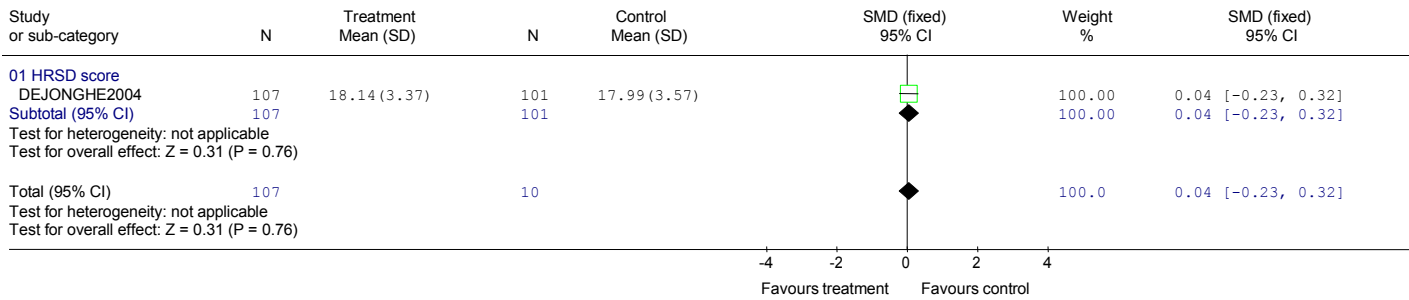
Review: PP12
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + ADS
 Outcome: 02 Non-remitters



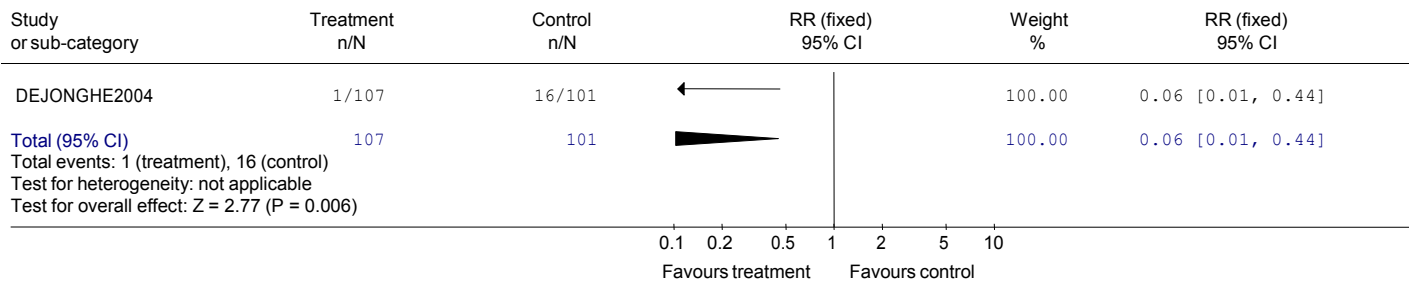
Review: PP13
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + antidepressants
 Outcome: 03 Mean HRSD at endpoint



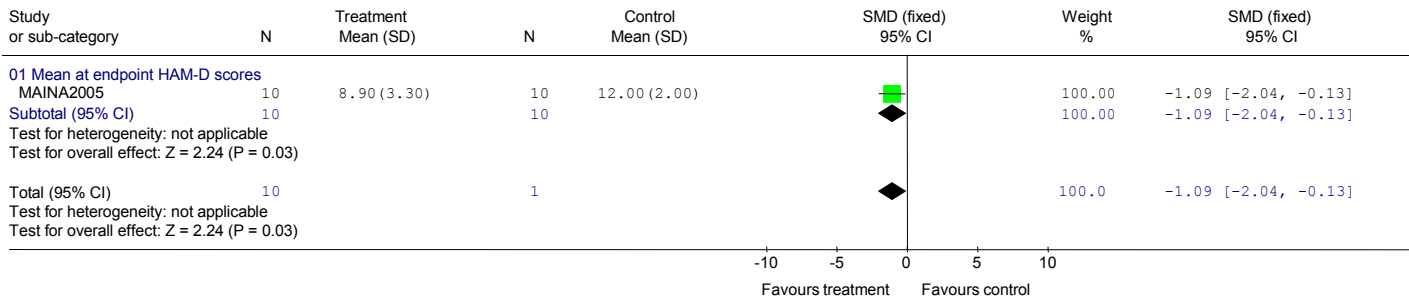
Review: PP14
 Comparison: 05 Short-term psychodynamic psychotherapy versus short-term psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at endpoint



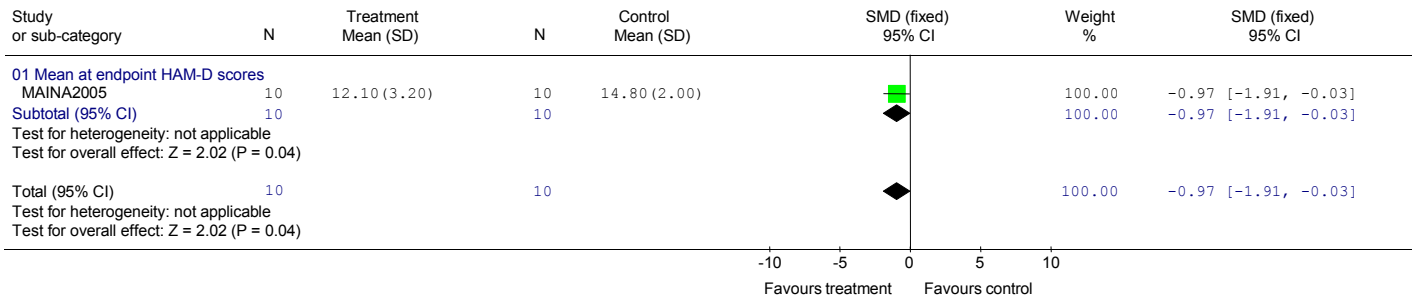
Review: PP15
 Comparison: 05 Short-term psychodynamic psychotherapy versus short-term psychodynamic psychotherapy + ADs
 Outcome: 02 Leaving the study early



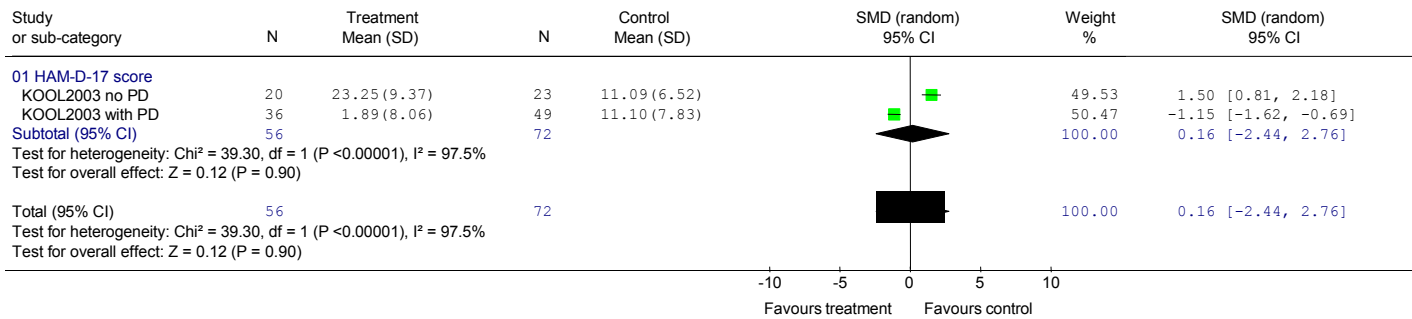
Review: PP16
 Comparison: 06 Short-term psychodynamic psychotherapy versus wait list
 Outcome: 01 Depression scores: continuous measures at endpoint



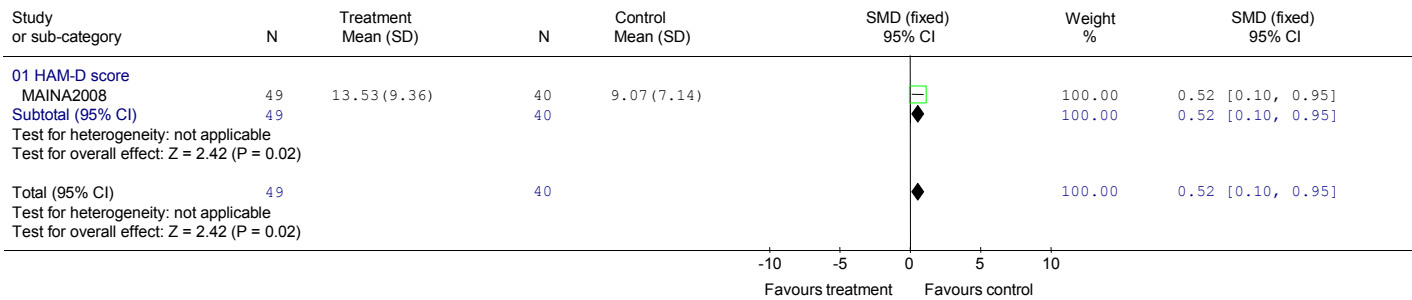
Review: PP17
 Comparison: 07 Short-term psychodynamic psychotherapy versus supportive therapy
 Outcome: 01 Depression scores: continuous measures at endpoint



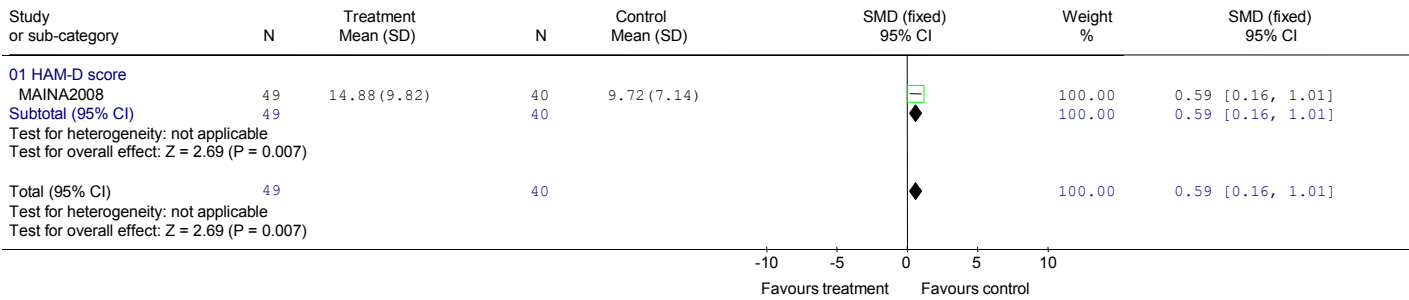
Review: PP18
 Comparison: 08 Antidepressants versus short-term psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at 24 weeks



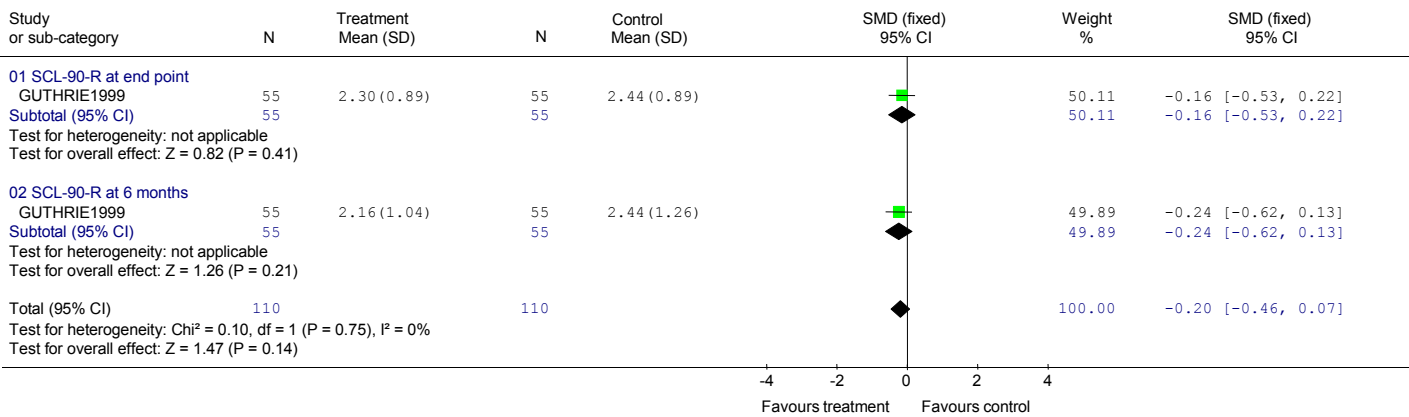
Review: PP19
 Comparison: 08 ADs versus short-term psychodynamic psychotherapy + ADs
 Outcome: 02 Depression scores: continuous measures at 24 months follow-up



Review: PP20
 Comparison: 08 ADs versus short-term psychodynamic psychotherapy + ADs
 Outcome: 03 Depression scores: continuous measures at 48 months follow-up

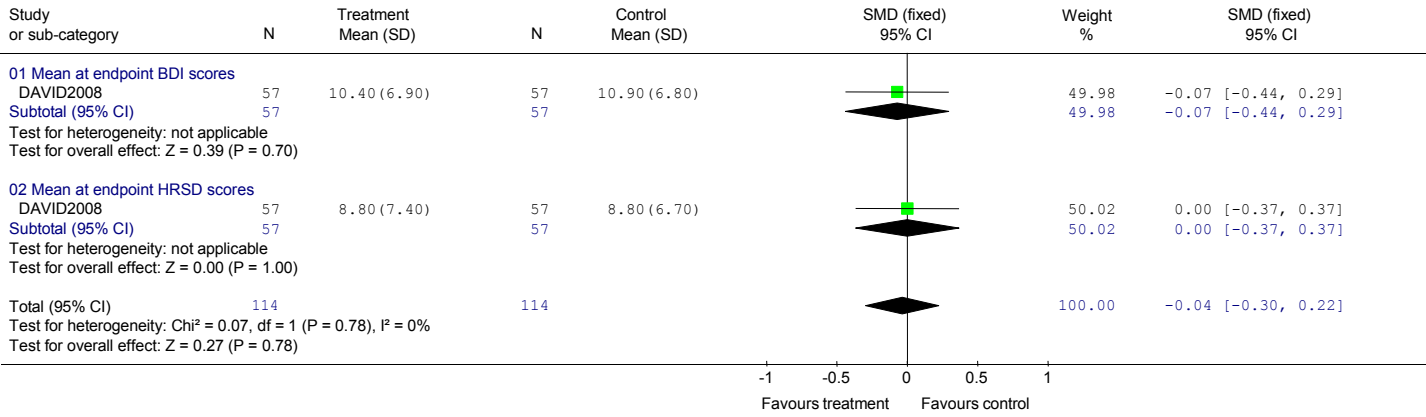


Review: PP21
 Comparison: 09 Sub-analysis Guthrie1999
 Outcome: 01 Short-term psychodynamic psychotherapy versus TAU

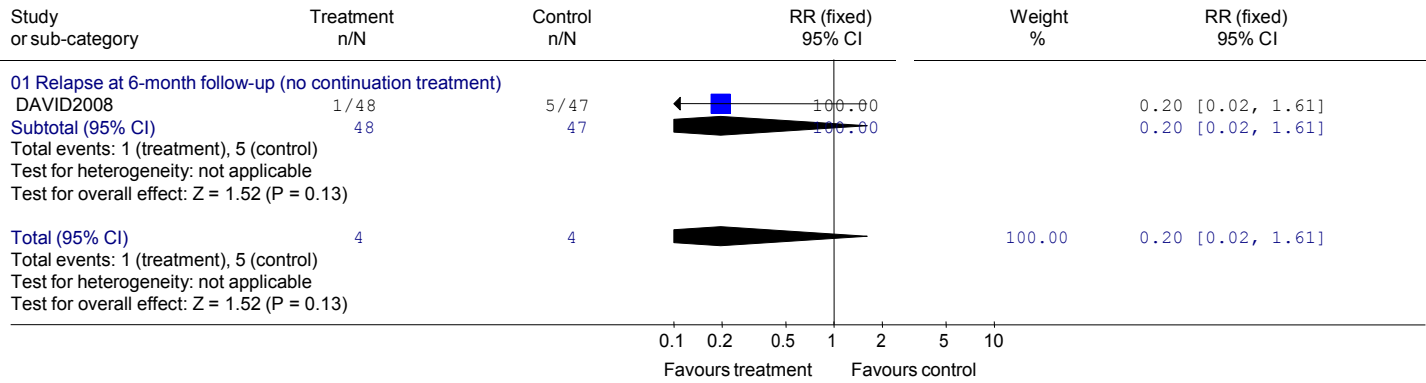


Rational emotive behaviour therapy

Review: REBT01
 Comparison: 01 REBT versus antidepressants
 Outcome: 01 Depression scores: continuous measures



Review: REBT02
 Comparison: 01 REBT versus antidepressants
 Outcome: 02 Relapse



Review: REBT03
 Comparison: 01 REBT versus antidepressants
 Outcome: 03 Leaving study early

