

## Depression in adults Committee meeting 6

**Date:** 26/02/2016

**Location:** Royal College of Psychiatrists

**Minutes:** Confirmed

### Committee members present:

Navneet Kapur (Chair)	Present for all of the meeting
Steve Pilling	Present for all of the meeting
June Brown	Present for all of the meeting
Jeremy Clarke	Present for all of the meeting
David Ekers	Present for all of the meeting
David Hewison	Present for all of the meeting
Tony Kendrick	Present for all of the meeting
Neil Nixon	Present for all of the meeting
Louise O'Connor	Present for all of the meeting
Catherine Ruane	Present for all of the meeting
Anonymous	Present for all of the meeting
Jenni Speller	Present for all of the meeting
David Taylor	Present for all of the meeting
Ed Watkins	Present for all of the meeting
Philip Wilkinson	Present for all of the meeting

### In attendance:

Ifigeneia Mavranouzouli	Developer: Senior Health Economist	Present for all of the meeting
Iona Symington	Developer: Systematic Reviewer	Present for all of the meeting
Jo Wolfreys	Developer: Project Manager	Present for all of the meeting

### Apologies:

Carolyn Chew-Graham	Committee member
Sinead Dervin	Committee member
Simon Gilbody	Committee member

Clifford Middleton	Guidelines Commissioning Manager NICE
Gemma Halliday	Developer: Research Assistant

## **1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the sixth meeting on depression in adults.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included:

- drafting the new review question and protocol criteria on access to services
- discussing the protocol criteria and definitions for treatment-resistant depression and no response to or tolerance of treatment
- reviewing the clinical evidence on collaborative care in service delivery
- reviewing the clinical evidence on settings for the delivery of care
- reviewing the clinical evidence and recommendations on psychotic depression
- reviewing the health economic model for acute first-line treatment and relapse prevention in depression.

## **2. Confirmation of matter under discussion, and declarations of interest**

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
June Brown	Senior Lecturer in Clinical Psychology, Institute of Psychiatry, King's College London	Paper submitted to British Journal of Psychiatry	Personal non-financial specific	No action needed

The Chair and a senior member of the Developer's team noted that the interest declared did not prevent the attendee from fully participating in the meeting.

### 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations

The Chair introduced Iona Symington, Systematic Reviewer, and Steve Pilling, Director NCCMH, who gave a presentation on a draft review question for "Access".

Iona Symington gave a presentation on collaborative care with stepped care algorithms: update on clinical review; a presentation on settings for delivery of care: review approach, and a presentation on psychotic depression – clinical evidence review and review of recommendations.

The Chair introduced Ifigeneia Mavranouzouli, Health Economist, who gave a presentation on health economics modelling for relapse prevention and acute treatment.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

### 5. Questions and discussion

The Chair and Clinical Director led the Committee through the process of drafting the protocol and question for access to services and the protocol for treatment-resistant and no response to or tolerance of treatment.

The Chair led the Committee through the process of reviewing the clinical evidence

for collaborative care in service delivery, the settings for delivery of care and psychotic depression including a review of the recommendations.

The Committee reviewed and discussed the health economic model for acute first-line treatment and relapse prevention in depression.

**6. Any other business**

The meeting scheduled for 1<sup>st</sup> April has been cancelled and the 2<sup>nd</sup> day of the 2-day meeting on 26<sup>th</sup> May has been cancelled.

**Date of next meeting:** 25/05/2016

**Location of next meeting:** Royal College of Obstetricians and Gynaecologists,  
London