

## Depression in adults Committee meeting

**Date:** 27/11/2019

**Location:** Broadway House, Tothill Street, London.

**Minutes:** Final

<b>Committee members present:</b>		
Nav Kapur (Chair)		Present for notes 1 – 7
Jeremy Clarke		Present for notes 1 – 7
David Ekers		Present for notes 1 – 7
Tony Kendrick		Present for notes 1 – 7
Neil Nixon		Present for notes 1 – 7
Ed Watkins		Present for notes 1 – 7
Philip Wilkinson		Present for notes 1 – 7
Louise O'Connor		Present for notes 2 – 7
Prishah Shah		Present for notes 1 – 7
Catherine Ruane		Present for notes 1 – 7

<b>In attendance:</b>		
Hilary Eadon	NGA Guideline Lead	(Present for notes 1 – 7)
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	(Present for notes 1 – 7)
Katriona O'Donoghue	NGA Systematic Reviewer	(Present for notes 1 – 7)
Louise Geneen	NGA Systematic Reviewer	(Present for notes 1 – 7)
Steve Pilling	NGA Clinical Advisor	(Present for notes 1 – 7)
Sonniya Lewis	NGA Business Administrator	(Present for notes 1 – 7)
Clifford Middleton	NICE Guideline Commissioning Manager	(Present for notes 1 – 7)

<b>Apologies:</b>

Melissa Bolessa	NGA Project Manager
Stephanie Arnold	NGA Information Scientist
Ifigeneia Mavranouzouli	NGA Senior Health Economist
Carolyn Chew Graham	GC member
David Hewison	GC member
Jennifer Speller	GC member
David Taylor	GC member

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 21<sup>st</sup> meeting for Depression in adults.

The Chair informed the Committee that apologies had been received. These are noted above.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Anthony Kendrick	GC member	27.11.2019 Presentation: Strategies to reduce use of antidepressants at the Royal College of Physicians	Direct Non-financial professional and personal interest	Declare and participate
Anthony Kendrick	GC member	27.11.2019 Grant application to NIHR on light therapy spectacles for postnatal depression.	Direct Non-financial professional and personal interest	Declare and participate

Ed Watkins	GC member	27.11.2019 New paper arising overlapping with topic:  Rumination- focused Cognitive Behaviour Therapy for nonresponsive chronic depression: An uncontrolled group study in Behavioural and Cognitive Psychotherapy  Moeller et al., 2019	Direct  Non-financial professional and personal interest	Declare and participate
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The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The Committee agreed that the web minutes were a true and accurate account of the last meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Presentations

#### Morning presentations.

The Chair introduced Clifford Middleton, NICE Guideline Commissioning manager and Hilary Eadon, NGA Guideline Lead who gave the committee an update on the guideline development process.

Clifford reported that the proposed schedule of work to address all the stakeholder concerns had been discussed at the NICE Senior Management Team meeting on 19th November and a decision had been reached. However, due to election purdah this decision was not yet in the public domain and could not be shared with the committee until after a new government had been formed.

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer, who gave a presentation on review 4.0 'What are the facilitators and barriers that can enhance or inhibit choice of treatment for adults with depression?'

Odette took questions from the committee. The Committee then discussed the updated evidence and reviewed the recommendations.

The Chair thanked Odette Megnin-Viggars for her presentation.

#### Afternoon presentations.

The Chair introduced Hilary Eadon, NGA Guideline Lead who led discussions on the short guideline, discussing the new order and the rationale and impact sections.

The Chair thanked Hilary for her work.

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer, who presented a piece of work on the Classification of interventions. Odette led on the discussion of where interventions fit into the network metaanalysis.

Following this, Odette Megnin-Viggars, NGA Senior Systematic Reviewer, presented to the committee the Included & excluded lists. Odette led a discussion of the papers included in the network meta-analysis.

The Chair thanked Odette for her work.

### **5. Questions and discussion**

The committee discussed the content of the presentations and made amendments to the recommendations, classification of interventions and included studies, where relevant.

### **6. Any other business**

Hilary Eadon, NGA Guideline Lead advised the committee that this would be last meeting held for the foreseeable future whilst the NGA awaits the decision on the timeline for this guideline by NICE.

### **7. Date of next meeting**

To be confirmed. Likely to be autumn 2020

