

Depression in adults Committee meeting 24

Date: 24/03/2021

Location: Virtual meeting

Minutes: Final

Committee members present:		
Nav Kapur		Present for notes 1 – 8
Jeremy Clarke		Present for notes 1 – 8
Neil Nixon		Present for notes 1 – 8
Ed Watkins		Present for notes 1 – 8
Philip Wilkinson		Present for notes 1 – 8
David Taylor		Present for notes 1 – 8
Tony Kendrick		Present for notes 1 – 8
David Ekers		Present for notes 1 – 8
Carolyn Chew Graham		Present for notes 1 – 8
Louise O'Connor		Present for notes 1 – 8
Prishah Shah		Present for notes 1 – 8
Catherine Ruane		Present for notes 1 – 8
Satheesh Gangadharan		Present for notes 1 – 8
Peter Kinderman		Present for notes 1 – 8
Toby Sweet		Present for notes 1 – 8

In attendance:		
Melissa Bolessa	NGA Project Manager	(Present for notes 1 – 8)
Hilary Eadon	NGA Guideline Lead	(Present for notes 1 – 8)
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	(Present for notes 1 – 8)
Katriona O'Donoghue	NGA Systematic Reviewer	(Present for notes 1 – 8)
Ifigeneia Mavranouzouli	NGA Senior Health Economist	(Present for notes 1 – 8)
Steve Pilling	NGA Clinical Advisor	(Present for notes 1 – 4)
Clifford Middleton	NICE Guideline Commissioning Manager	(Present for notes 1 – 8)
Hugo Pedder	NICE TSU	(Present for notes 1 – 8)

Deborah Caldwell	NICE TSU	(Present for notes 1 – 8)
Nicky Welton	NICE TSU	(Present for notes 1 – 8)
Gareth Haman	NICE Senior Editor	(Present for notes 1 – 8)

Apologies:	
Tarun Gupta (TG)	GC member
Jennifer Speller (JS)	GC member

1. Welcome and objectives for the meeting				
<p>The Chair welcomed the Committee members and attendees to the 24th Committee meeting for the Depression in adults guideline.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p> <p>The Chair informed the committee of the NGA's upcoming end of the financial year and reminded all fee claimers to ensure they submit their claims to NGA Travel by the deadline of March 30th.</p>				
2. Confirmation of matter under discussion, and declarations of interest				
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.</p> <p>The Chair asked everyone to verbally declare any interests that have arisen since the last meeting and send their forms in to the Project Manager. The following declarations were made:</p>				
Name	Role	Declaration of interest	Type of interest	Decision taken
Jeremy Clarke	GC member	3-Part Review Essay: Depression Memoirs (Parts 1 and 2) in Psychoanalytic Psychotherapy 34(3) & 34(4)	Non-financial professional and personal interests	Declare and participate Agreed by: GL, March 2021 Rationale: Not specific to guideline
Steve Pilling	NGA Clinical advisor, GC member	Grant from Moorfields Hospital for study of depression in people with degenerative eye disease	Not received	Not received

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

Some minor changes were made to the wording of the action and decision log.

4. Presentations

Morning presentations

The Chair introduced Ifigeneia Mavranzouli (Senior Health Economist) and Odette Megnin-Viggars (Senior Systematic Reviewer) who gave presentations on review question 2.2. 'For adults with a new episode of more severe depression, what are the relative benefits and harms of psychological, psychosocial, pharmacological and physical interventions alone or in combination?'

The NMA results, secondary outcomes and results of the health economic modelling were discussed.

Ifigeneia Mavranzouli and Odette Megnin-Viggars took questions from the committee. The Chair thanked Ifigeneia and Odette for their presentations.

Afternoon presentations

Hugo Pedder (TSU) gave a brief presentation on the threshold analysis that would be conducted on the basis of the recommendations drafted by the committee. This would be discussed with the committee at a subsequent meeting.

5. Questions and discussion

The Chair led discussions on the development of recommendations on the treatment of a new episode of more severe depression.

The Committee drafted recommendations for review question 2.2 on more severe depression.

The Chair introduced Hilary Eadon, Guideline Lead who led discussions on some edits to the recommendations for less severe depression made at previous meeting.

6. Any other business

None.
7. Date of next meeting
6 th June 2021.