

Depression in adults Committee meeting 27 (day 1)

Date: 2nd September 2021

Location: Virtual meeting

Minutes: Final

Committee members present:		
Nav Kapur		Present for notes 1 – 8
Jeremy Clarke		Present for notes 1 – 8
Neil Nixon		Present for notes 1 – 8
Ed Watkins		Present for notes 1 – 8
David Taylor		Present for notes 1 – 8
Tony Kendrick		Present for notes 1 – 8
David Ekers		Present for notes 1 – 8
Carolyn Chew Graham		Present for notes 1 – 8
Philip Wilkinson		Present for notes 1 – 8
Prishah Shah		Present for notes 1 – 8
Catherine Ruane		Present for notes 1 – 8
Satheesh Gangadharan		Present for notes 1 – 8
Tarun Gupta		Present for notes 1 – 8
Peter Kinderman		Present for notes 3 – 8
Toby Sweet		Present for notes 1 – 8

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1 – 8
Hilary Eadon	NGA Guideline Lead	Present for notes 1 – 8
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 8
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1 – 8
Steve Pilling	NGA Clinical Advisor	Present for notes 4 – 8
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 8

Apologies:	
Jennifer Speller	Committee member

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Louise O'Connor	Committee member
Laura Kuznetsov	NGA Systematic Reviewer
Gareth Haman	NICE medical editor

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 27th Committee meeting for the Depression in adults guideline (day 1).

The Chair informed the Committee that apologies had been received and these are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting and send their forms in to the Project Manager. Two new interests were declared at the meeting and were asked to submit forms to MB.

Name	Role	Declaration of interest	Type of interest	Decision taken
Jeremy Clarke	Committee member	Final part of depression memoirs published. Review Essay: Depression Memoirs (Parts 1 and 2) in Psychoanalytic Psychotherapy 34(3) & 34(4)	Non-financial professional and personal	Declare and participate Agreed by: GL, September 2021 Rationale: Specific to guideline, but a narrative review so will not impact on the development of recommendations.
David Ekers	Committee member	NIHR funding for study: Regression discontinuity analysis of case finding for depression in primary care	Indirect Non-financial professional and personal interest	Declare and participate Agreed by: GL, September 2021 Rationale: Specific to guideline, but not developing recommendations on case finding

3. Minutes of last meeting

The Chair asked the Committee if any changes were required to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate

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account of the meeting.

4. Presentations

Morning presentations

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a presentation on *Evidence review for 2.6: For adults with chronic depression or persistent subthreshold depression symptoms what are the relative benefits and harms of first-line treatment or relapse prevention with psychological, psychosocial, pharmacological and physical interventions (alone or in combination)?*

Odette presented the clinical evidence and took questions from the group. The Chair thanked Odette for her presentation.

Afternoon presentations

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a presentation on the *Reruns for Evidence review 1.1: For adults with depression, what are the relative benefits and harms associated with different models for the coordination and delivery of services?)?*

Odette presented the updated clinical evidence and took questions from the group. The Chair thanked Odette for her presentation.

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a third presentation on the *Reruns for evidence review 3.0: For adults at risk of depression (or anxiety disorders) from particular vulnerable groups (older people, black minority ethnic groups, lesbian, gay bisexual, transgender groups and men) do service developments and interventions which are specifically designed to promote access, increase the proportion of people from the target group who access treatment, when compared with standard care?*

Odette presented the updated clinical evidence and took questions from the group. The Chair thanked Odette for her presentation.

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a fourth and final presentation on the *Reruns for evidence review 4.0: What are the facilitators and barriers that can enhance or inhibit choice of treatment for adults with depression?*

Odette presented the updated clinical evidence and took questions from the group. The Chair thanked Odette for her presentation.

The Chair introduced Hilary Eadon, NGA Guideline Lead who took the committee through a Review of research recommendations. The Chair thanked Hilary for her work.

5. Questions and discussions

The committee discussed the evidence presentations and amended the

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recommendations in the guideline.

The committee revised the research recommendations and agreed on a number of new recommendations.

6. Any other business

None

7. Date of next meeting

3rd September 2021