

Depression in adults: treatment and management Committee meeting 14



Date: 16/03/2017 to 17/03/2017

Location: RCOG, London

Minutes: Confirmed

Committee members present 16/03/2017:	
Navneet Kapur (Chair)	Present for notes 1 – 7
June Brown	Present for notes 1 – 7
Sinead Dervin	Present for notes 1 – 4
David Hewison	Present for notes 1 – 4
Tony Kendrick	Present for notes 1 – 5
Neil Nixon	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7
Anonymous	Present for notes 1 – 7
Jennifer Speller	Present for notes 1 – 7
Ed Watkins	Present for notes 1 – 7
Philip Wilkinson	Present for notes 1 – 7

In attendance:		
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 4
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 7
Sally Humphreys	NGA Project Manager	Present for notes 1 – 7
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1 – 7
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 7
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 7
Emma Seymour	Systematic Reviewer	Present for notes 1 – 7

Apologies:

Carolyn Chew-Graham	Committee Member
Jeremy Clarke	Committee Member
David Ekers	Committee Member
Simon Gilbody	Committee Member
David Taylor	Committee Member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the fourteenth meeting on Depression in adults: treatment and management. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: considering the clinical and economic evidence for review questions and drafting recommendations.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Tony Kendrick	Professor of Primary Care, University of Southampton	16.3.2017 Paper accepted as lead author by BMJ Open showing some benefit from monitoring primary care patients with depression using patient reported outcome measures (PROMDEP feasibility)	Personal non-financial specific	Declare and continue

		randomised controlled trial)		
Neil Nixon	Consultant Psychiatrist and Director of Medical Education, Nottinghamshire Healthcare NHS Trust; Honorary Associate Professor, University of Nottingham	16.3.2017 Collaborator on REBOOT, a study set up to see whether an online peer support website 'Big White Wall' is more or less effective in helping people when they are experiencing symptoms of depression and anxiety, compared to freely available online information from the NHS (Moodzone)	Personal non-financial specific	Declare and continue

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee made amendments to the minutes.

The Chair confirmed that all matters arising had been completed or were in hand.

4. Presentations

The Chair introduced Emma Seymour, NGA Systematic Reviewer, who gave a presentation on RQ2.1 and 2.2 Interventions for pairwise comparisons: behavioural couples therapy, peer support, acupuncture and omega-3 fatty acids – evidence report.

The Chair introduced Ifigeneia Mavranzouli, NGA Senior Health Economist, who gave a presentation on RQ2.1 and 2.2 NMA results: clinical evidence report.

The Chair introduced Ifigeneia Mavranzouli, NGA Senior Health Economist, who

gave a presentation on RQ2.1 and 2.2 NMA results: economic evidence report.

The Chair introduced Emma Seymour, NGA Systematic Reviewer, who gave a presentation on RQ2.1 and 2.2 Subanalyses of older/younger adults, inpatient/outpatient, and nortryptiline.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

5. Questions and discussion

The Committee were given the opportunity to ask questions, discuss the evidence and draft recommendations for the review questions.

6. Service user and carer concerns

There were no service user or carer concerns.

7. Any other business

Angela Bennett, NGA Guideline Lead, highlighted points in the new NGA finance policy, which comes into effect on 1 April 2017.

Committee members present 17/03/2017:

Navneet Kapur (Chair)	Present for notes 1 – 6
June Brown	Present for notes 1 – 6
Sinead Dervin	Present for notes 1 – 6
David Ekers	Present for notes 1 – 6
Simon Gilbody	Present for notes 1 – 3
David Hewison	Present for notes 1 – 6
Neil Nixon	Present for notes 1 – 6
Louise O'Connor	Present for notes 1 – 6
Catherine Ruane	Present for notes 1 – 6
Anonymous	Present for notes 1 – 6
Jennifer Speller	Present for notes 1 – 6
David Taylor	Present for notes 1 – 3
Ed Watkins	Present for notes 1 – 6
Philip Wilkinson	Present for notes 1 – 6

In attendance:		
Gareth Haman	NICE Editor	Present for notes 3 – 6
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 3
Angela Bennett	NGA Guideline Lead	Present for notes 1 – 6
Sally Humphreys	NGA Project Manager	Present for notes 1 – 6
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1 – 6
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	Present for notes 1 – 6
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 6
Emma Seymour	Systematic Reviewer	Present for notes 1 – 6

Apologies:	
Carolyn Chew-Graham	Committee Member
Jeremy Clarke	Committee Member
Anthony Kendrick	Committee Member

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the second day of the fourteenth meeting on Depression in adults: treatment and management.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p> <p>The Chair outlined the objectives of the meeting, which included: considering the clinical and economic evidence for review questions and drafting recommendations.</p>
2. Confirmation of matter under discussion, and declarations of interest
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was depression in adults: treatment and management.</p> <p>The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. There were no further declarations of interest on Day 2.</p> <p>The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>
3. Presentations

The Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer, who gave a presentation on RQ2.6 Chronic depression clinical evidence update.

The Chair introduced Emma Seymour, NGA Systematic Reviewer, who gave a presentation on RQ2.8 Complex depression clinical evidence update.

The Chair introduced Emma Seymour, NGA Systematic Reviewer, who gave a presentation on RQ3.0 Access to services clinical evidence update.

The Committee discussed the issues presented in relation to this guideline.

The Committee thanked the speakers for their presentations and contribution to the development of the guideline.

4. Questions and discussion

The Committee were given the opportunity to ask questions, discuss the evidence and draft recommendations for the review questions.

Steve Pilling, NGA Clinical Advisor, led the committee in discussions of all the draft recommendations for this guideline.

5. Service user and carer concerns

The service users and carers outlined the issues for people with chronic depression including the benefits and harms of coming off of treatment.

6. Any other business

Angela Bennett, NGA Guideline Lead, outlined the next steps in the guideline process.

Date of next meeting: 03/08/2017

Location of next meeting: RCOG, London