

Appendix 19b: Psychological and psychosocial clinical evidence forest plots

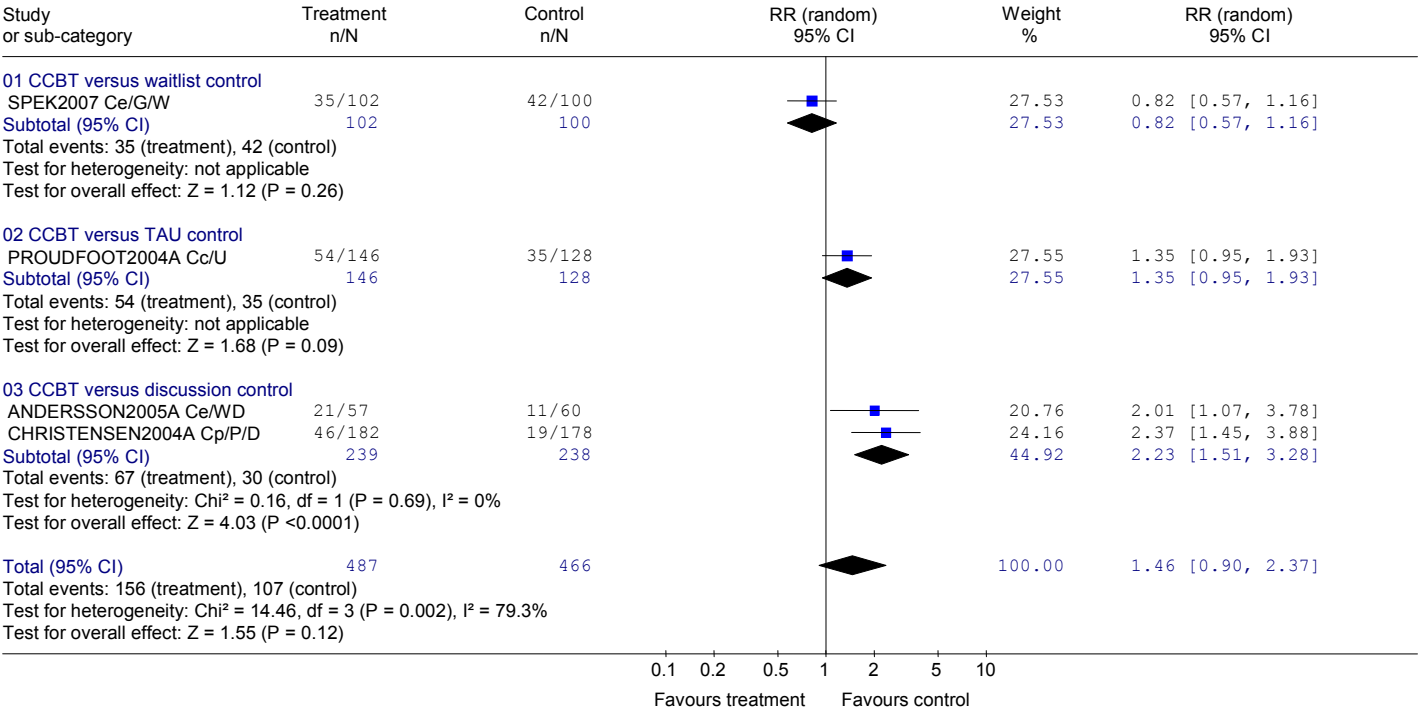
Contents

LOW-INTENSITY INTERVENTIONS	2
Computerised cognitive behavioural therapy (CCBT).....	2
Guided self-help	8
Physical activity.....	15
HIGH-INTENSITY INTERVENTIONS.....	31
Cognitive behavioural therapies.....	31
Behavioural activation	84
Problem solving	88
Couples therapy	97
Interpersonal therapy.....	103
Counselling	118
Short-term psychodynamic psychotherapy	124
Rational emotive behaviour therapy	131

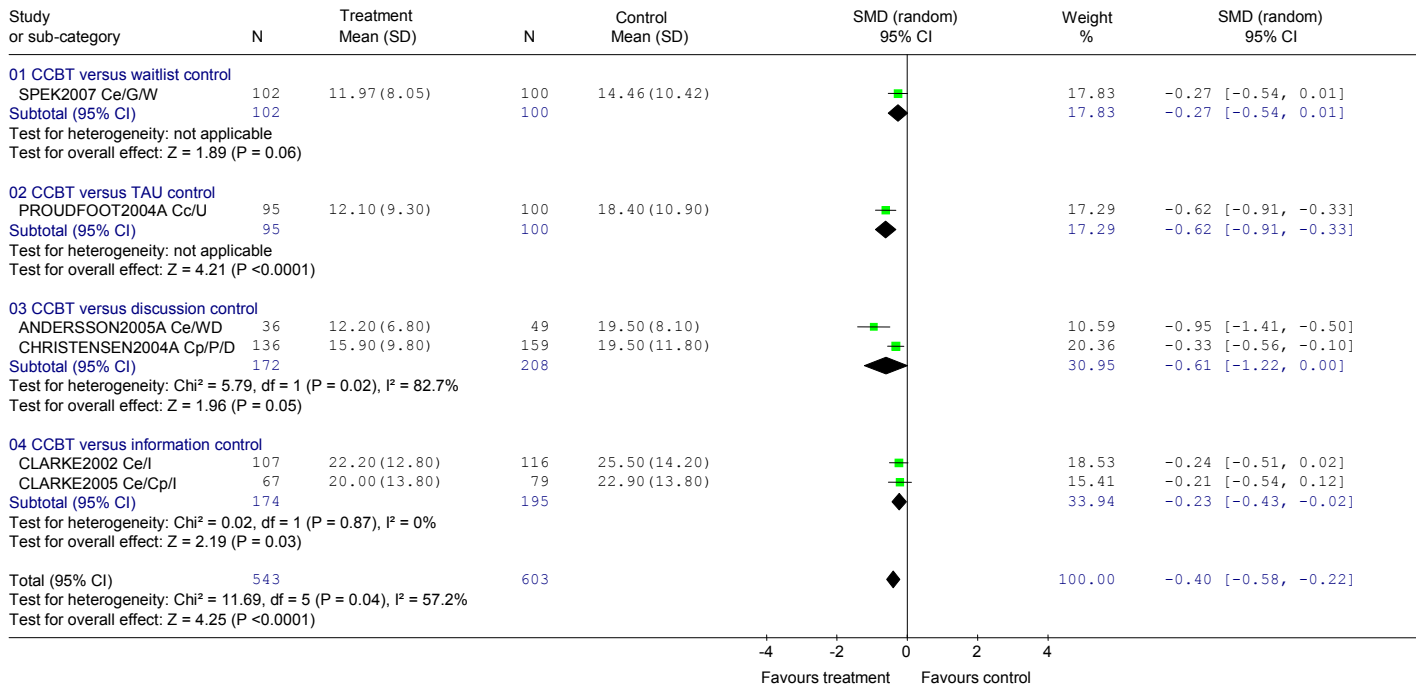
LOW-INTENSITY INTERVENTIONS

Computerised cognitive behavioural therapy (CCBT)

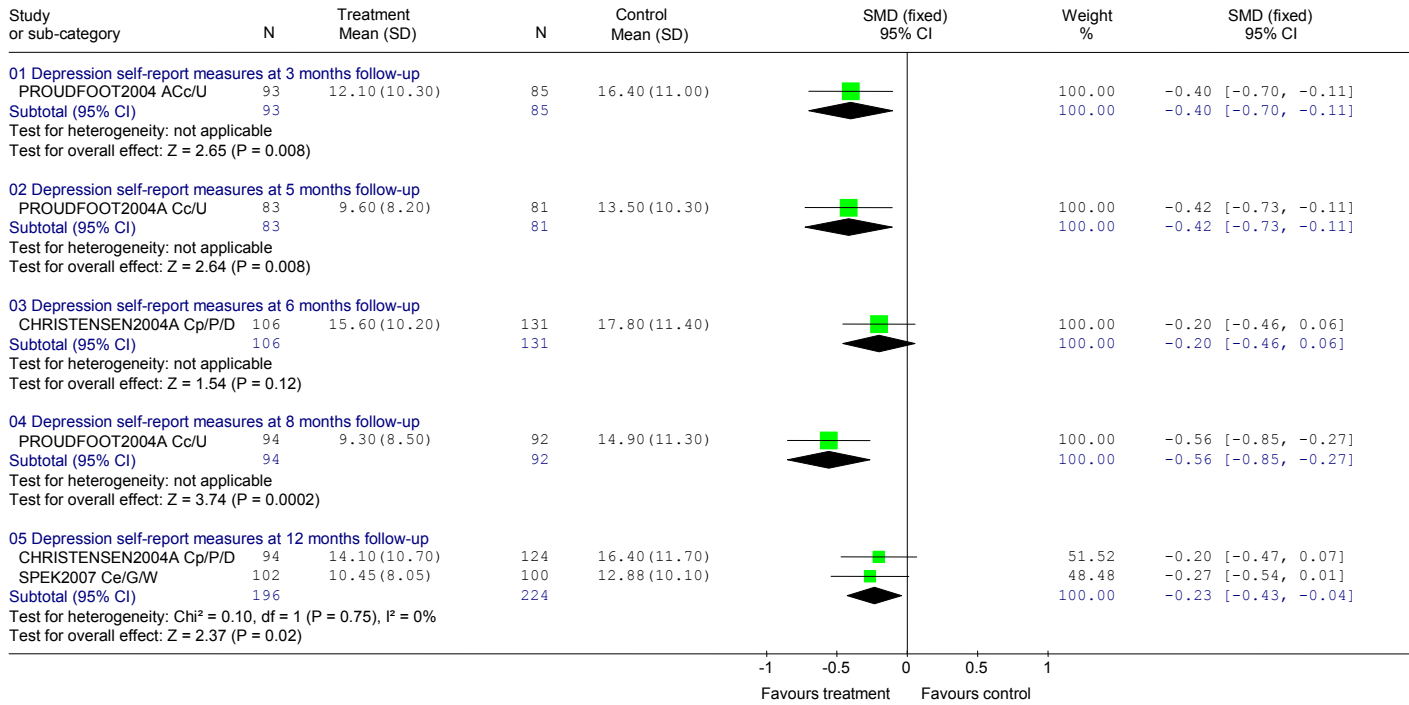
Review: CCBT01
 Comparison: 01 CCBT versus control
 Outcome: 01 Leaving the study early for any reason



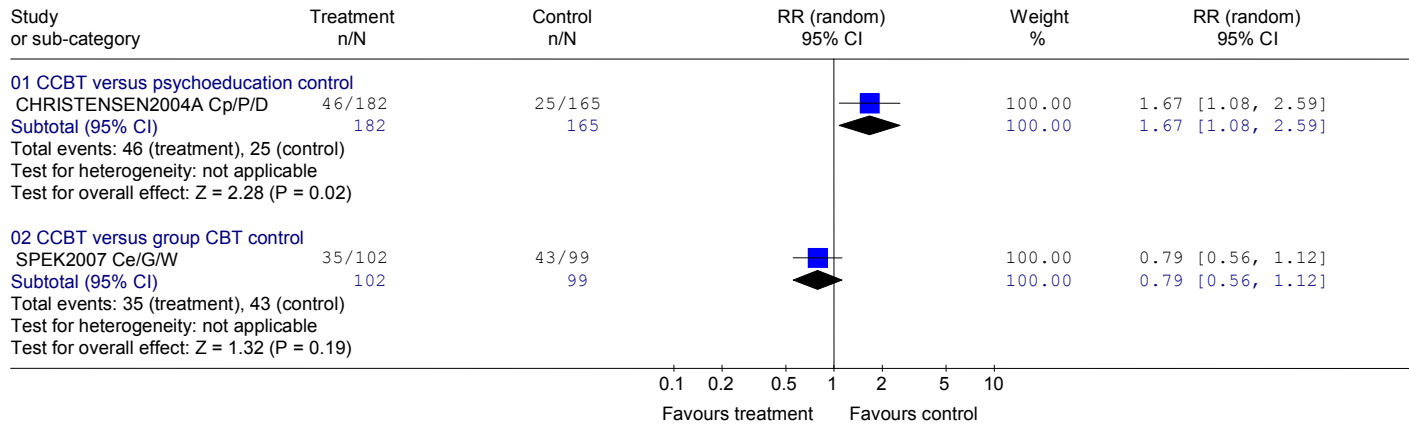
Review: CCBT02
 Comparison: 01 CCBT versus control
 Outcome: 02 Depression self-report measures at endpoint



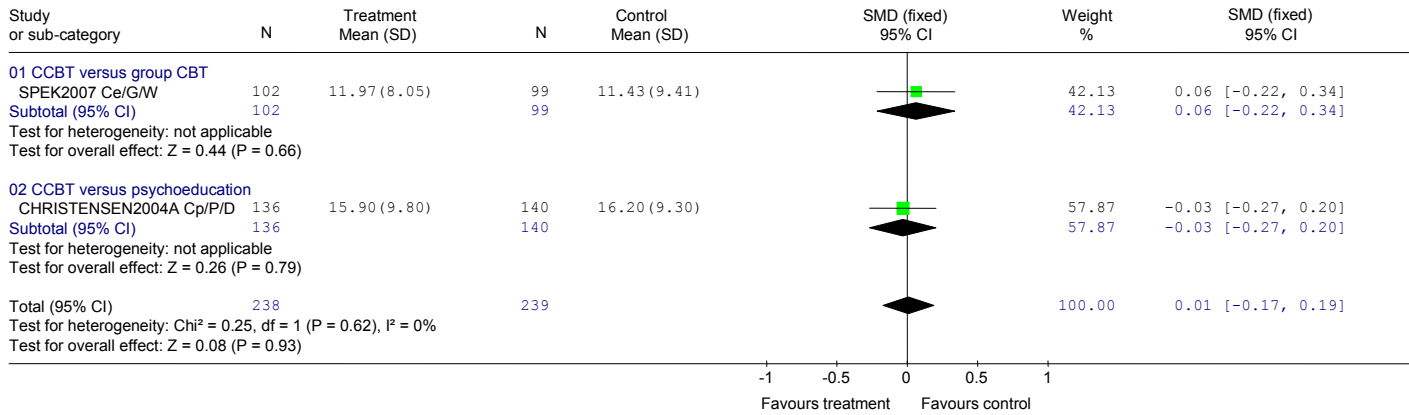
Review: CCBT03
 Comparison: 01 CCBT versus control
 Outcome: 03 Depression self-report measures at follow-up



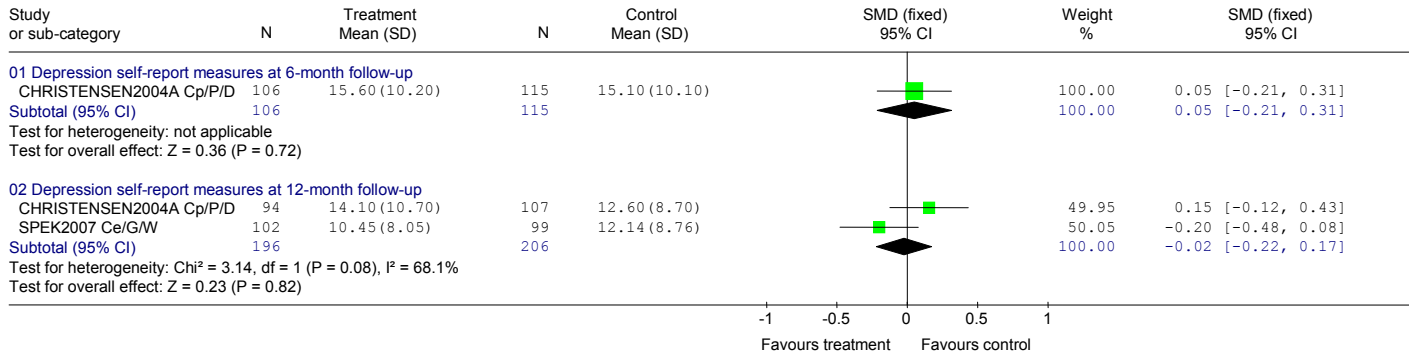
Review: CCBT04
 Comparison: 02 CCBT versus active control
 Outcome: 01 Leaving the study early for any reason



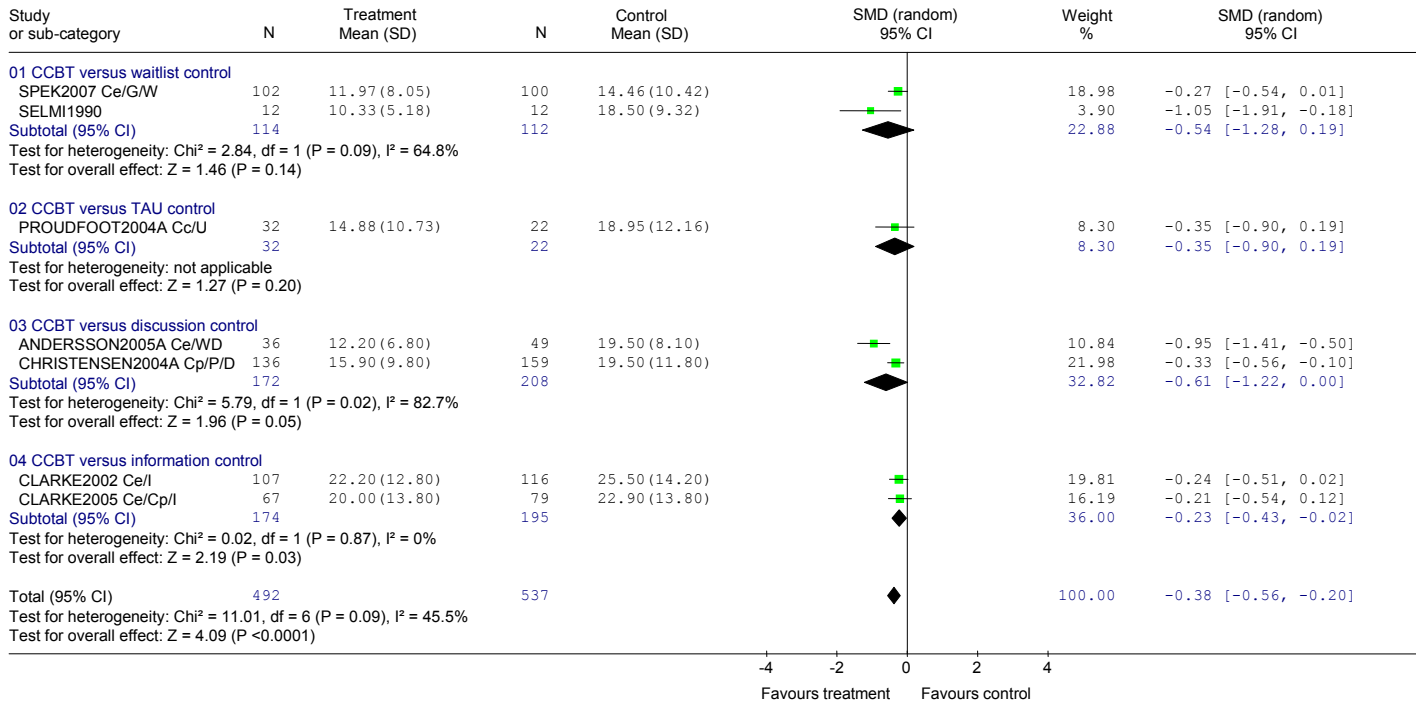
Review: CCBT05
 Comparison: 02 CCBT versus active control
 Outcome: 02 Depression self-report measures at endpoint



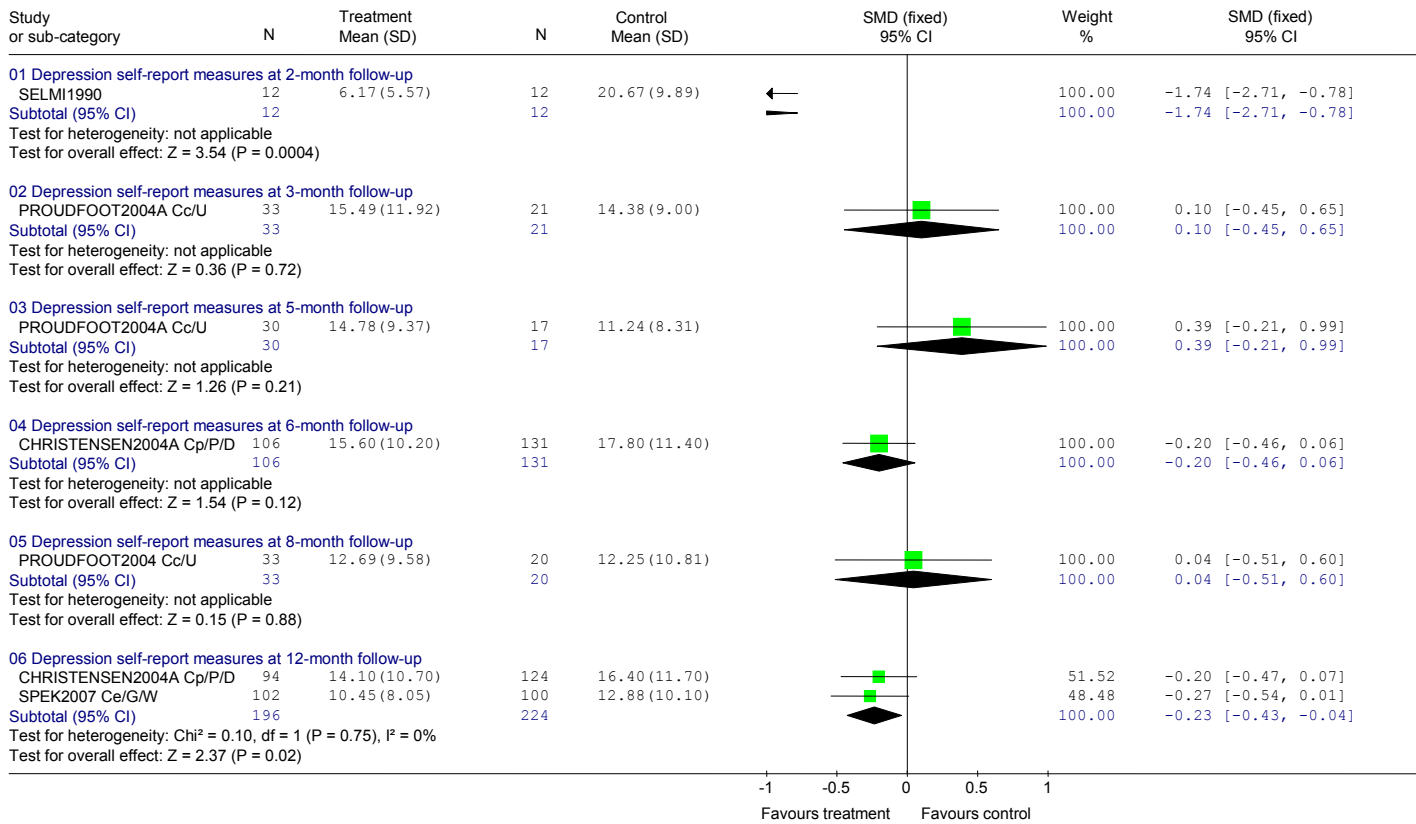
Review: CCBT06
 Comparison: 02 CCBT versus active control – psychoeducation
 Outcome: 03 Depression self-report measures at follow-up



Review: CCBT07
 Comparison: 06 Sub-analysis: PROUDFOOT2004A depressed-sample only
 Outcome: 01 Depression self-report measures at endpoint

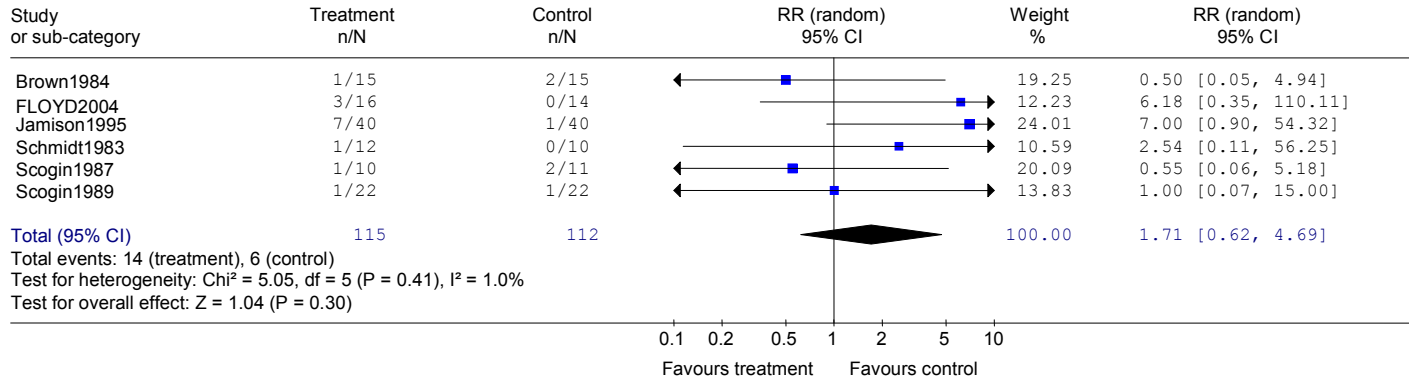


Review: CCBT08
 Comparison: 06 Sub-analysis: PROUDFOOT2004 depressed-sample only
 Outcome: 02 Depression self-report measures at follow-up

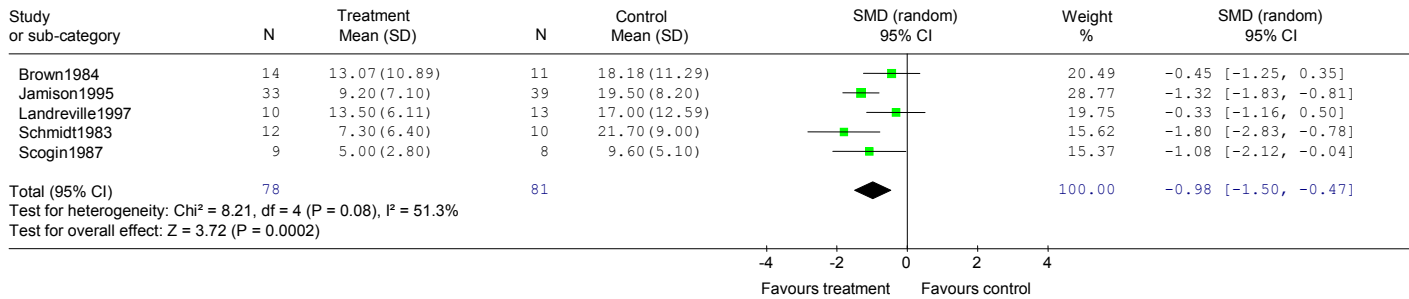


Guided self-help

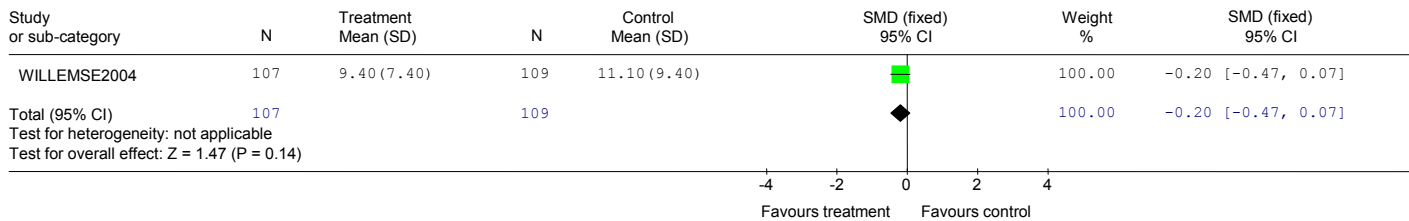
Review: GSH01
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 01 Leaving the study early for any reason



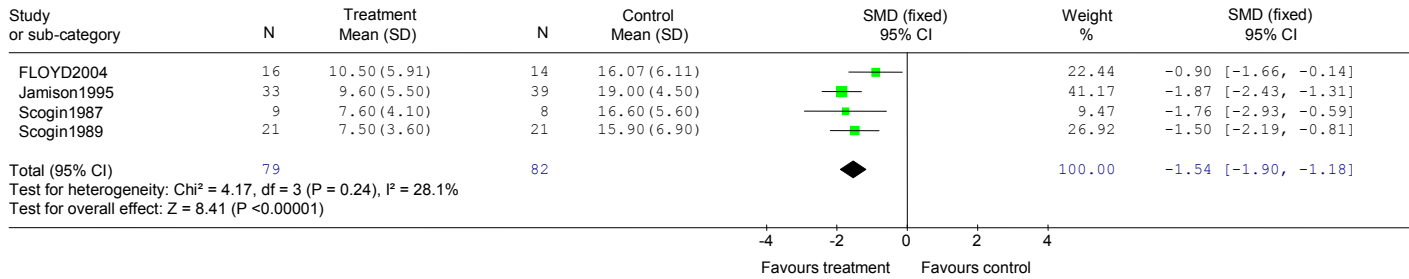
Review: GSH02
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



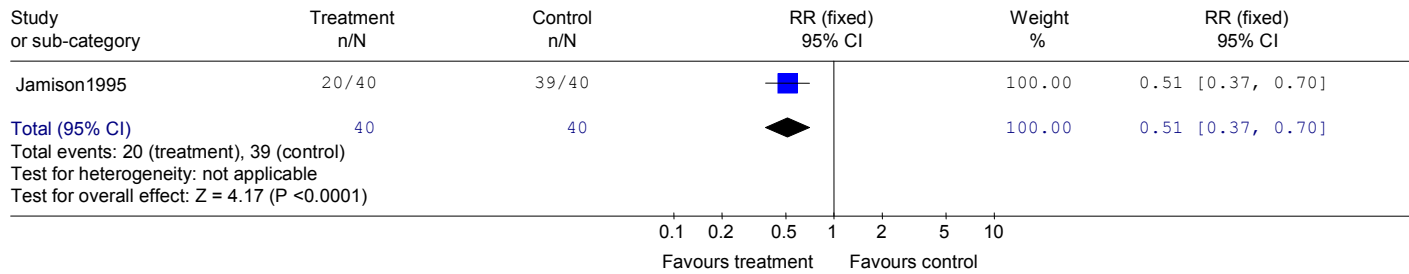
Review: GSH03
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 03 Self-report depression measure (CES-D) at 12-month follow-up



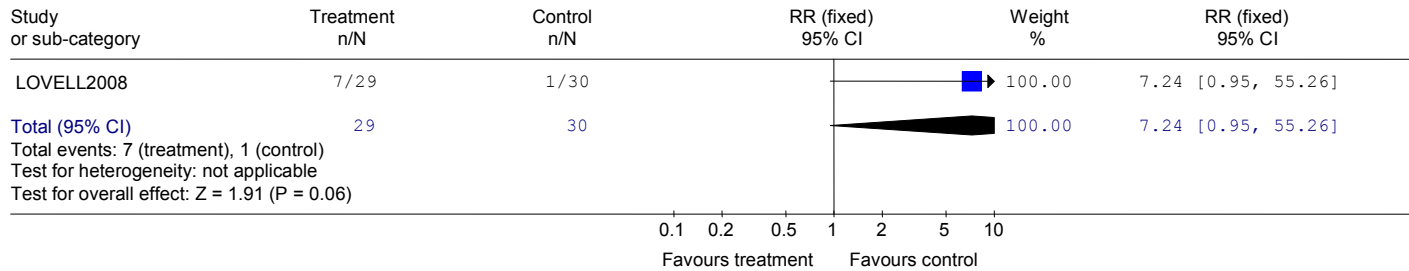
Review: GSH04
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 04 Clinician depression measure (HRSD) at endpoint



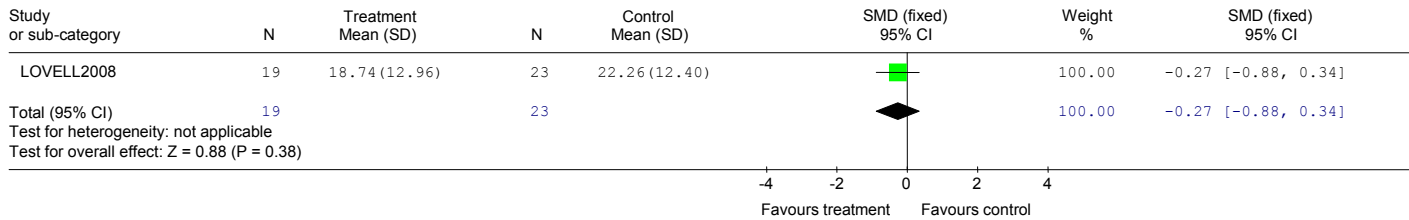
Review: GSH05
 Comparison: 01 Individual GSF (minimal support) versus waitlist control
 Outcome: 05 Non-response (as measured by HRSD <=12)



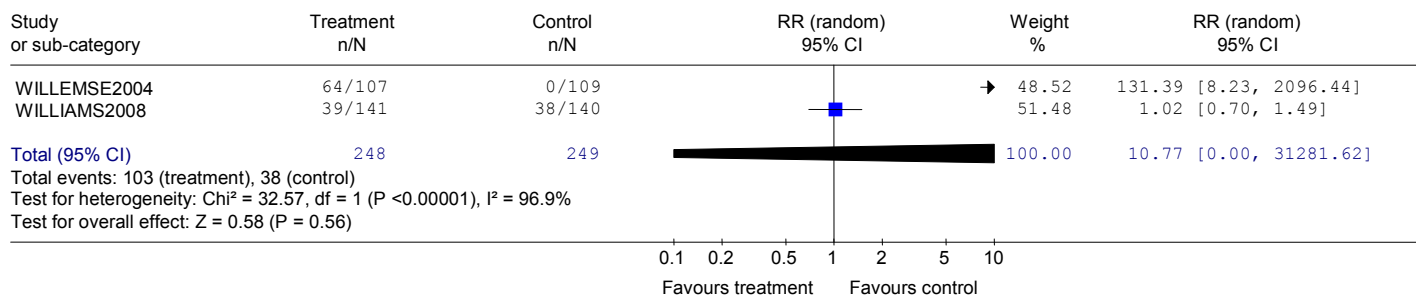
Review: GSH06
 Comparison: 02 Individual GSH (with support) versus TAU
 Outcome: 01 Leaving the study early for any reason



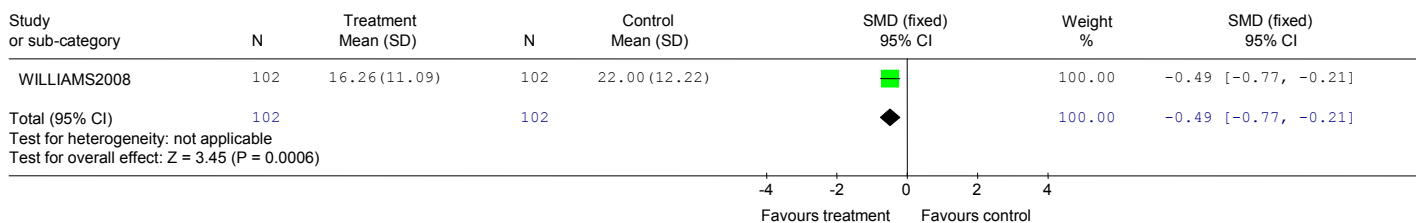
Review: GSH07
 Comparison: 02 Individual GSH (with support) versus TAU
 Outcome: 02 Self-report depression measures (BDI) at endpoint



Review: GSH08
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 01 Leaving the study early for any reason



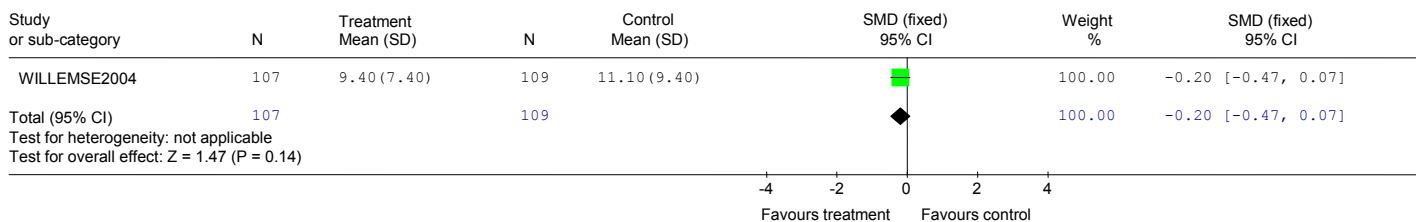
Review: GSH09
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 02 Self-report depression measures (BDI) at endpoint



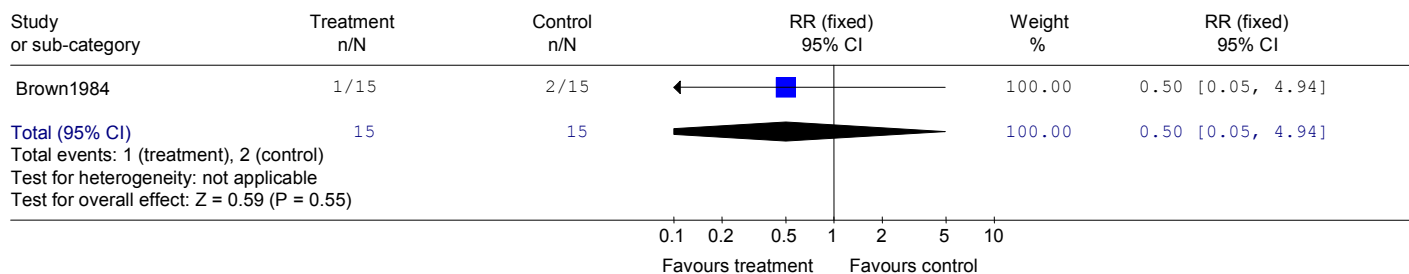
Review: GSH10
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 03 Self-report depression measures (BDI) at 12-month follow-up



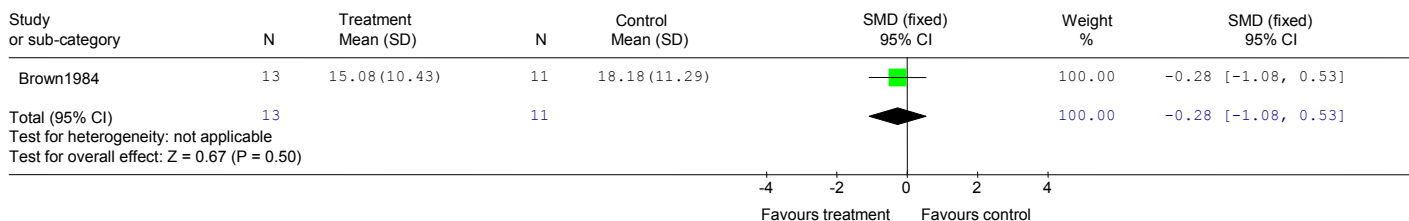
Review: GSH11
 Comparison: 03 Individual GSH (minimal support) versus TAU
 Outcome: 04 Self-report depression measure (CES-D) at 12-month follow-up



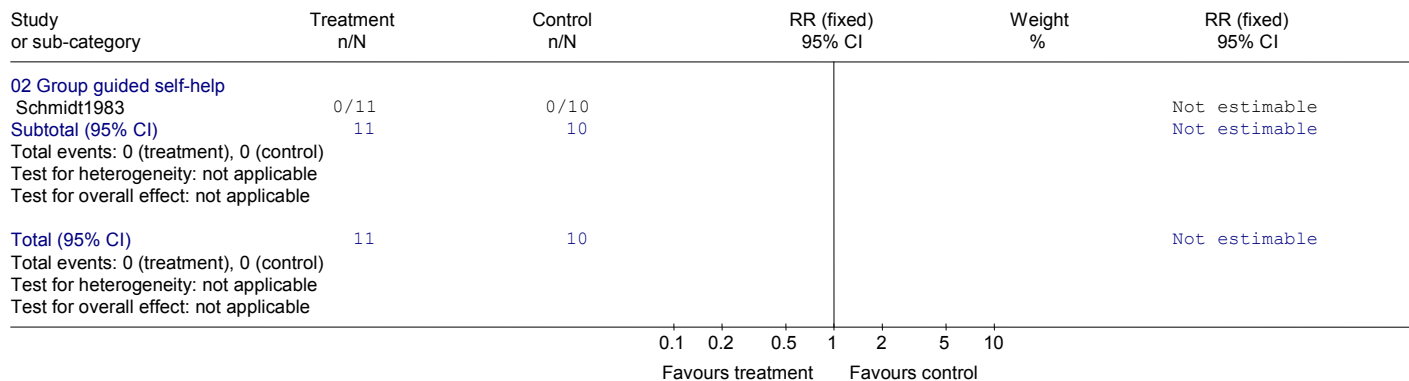
Review: GSH12
 Comparison: 04 Individual GSH (with support) versus waitlist control
 Outcome: 01 Leaving the study early for any reason



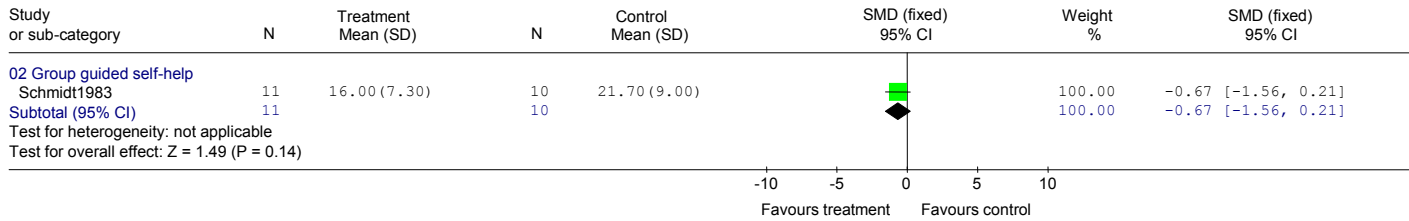
Review: GSH13
 Comparison: 04 Individual GSH (with support) versus waitlist control
 Outcome: 02 Self-report depression measures (BDI) at endpoint



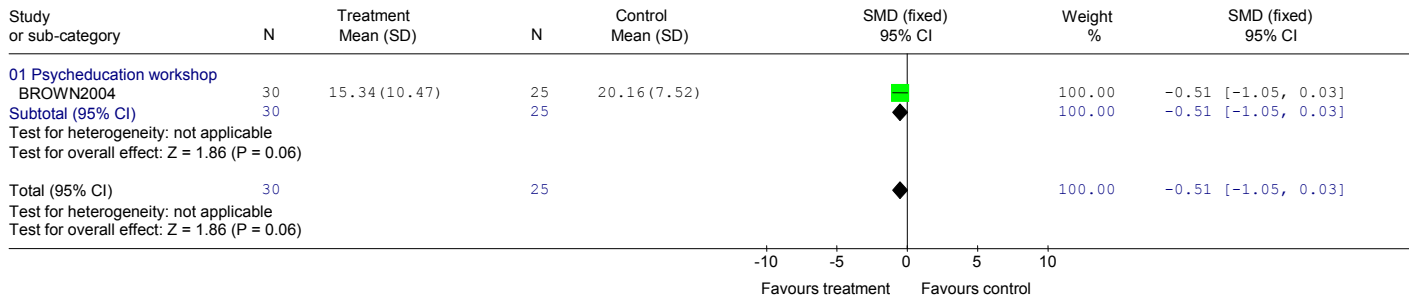
Review: GSH14
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 01 Leaving the study early for any reason



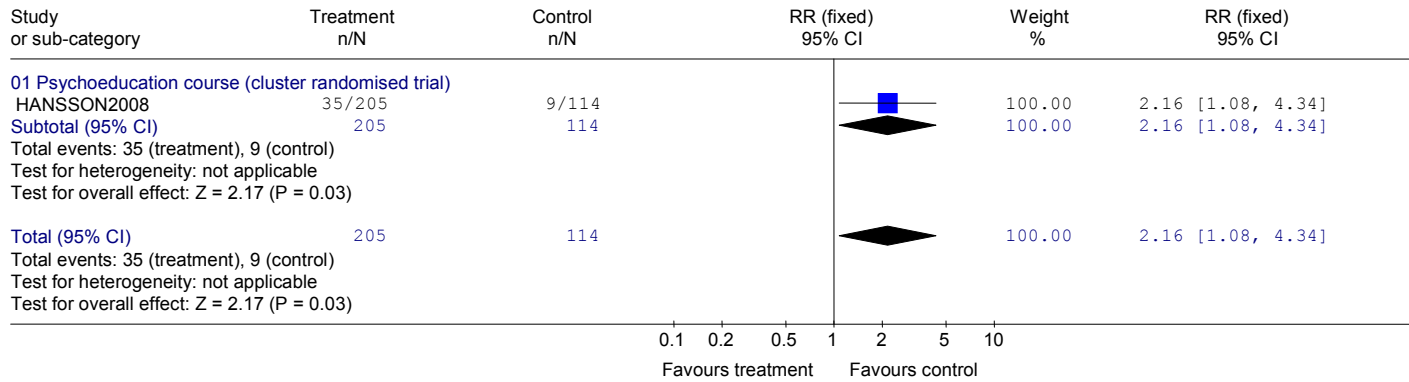
Review: GSH15
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



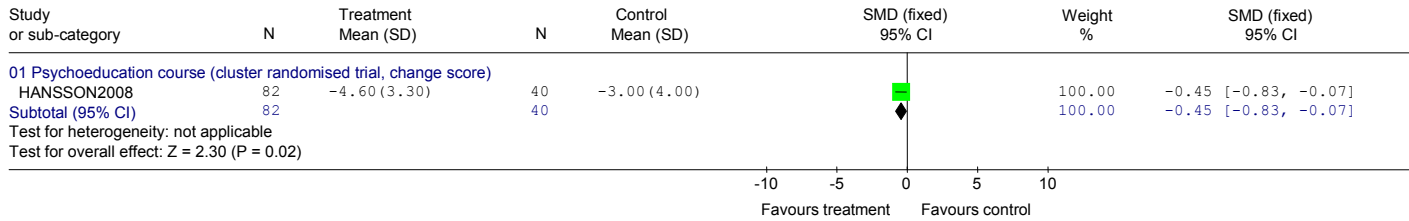
Review: GSH16
 Comparison: 05 Group GSH versus waitlist control
 Outcome: 04 Self-report depression measures (BDI) at 3-month follow-up



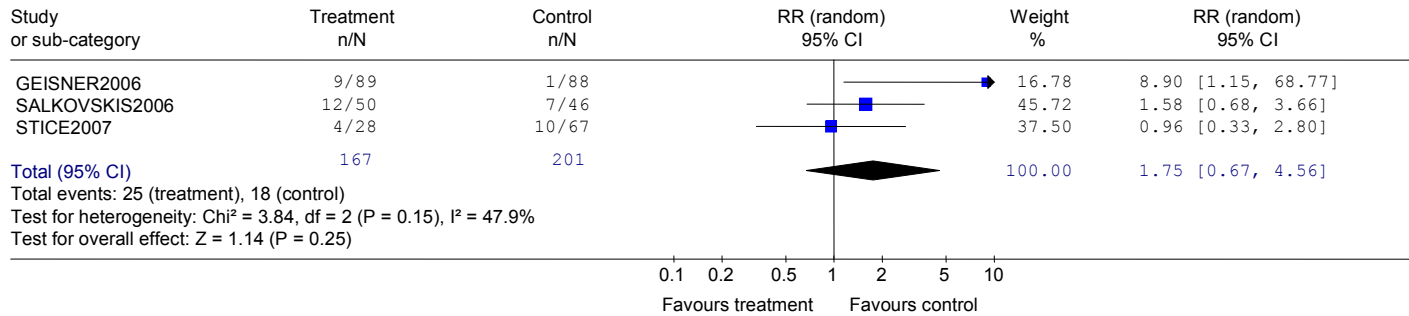
Review: GSH17
 Comparison: 06 Group GSH versus TAU
 Outcome: 01 Leaving the study early for any reason



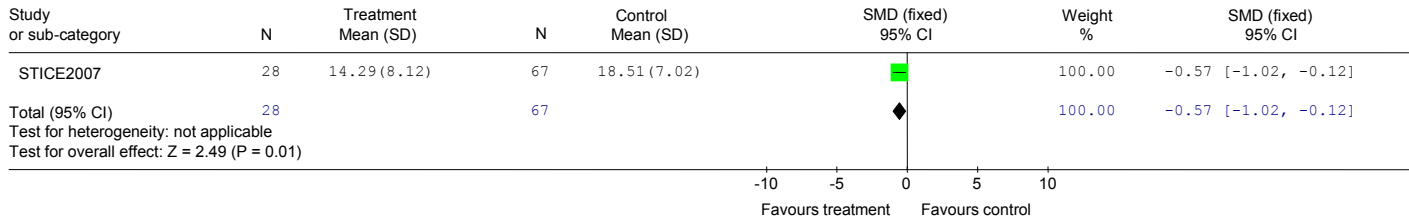
Review: GSH18
 Comparison: 06 Group GSH versus TAU
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



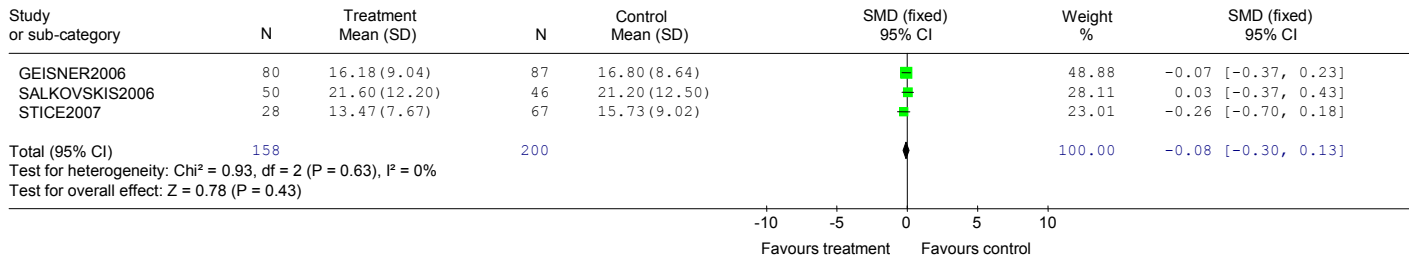
Review: GSH19
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 01 Leaving the study early for any reason



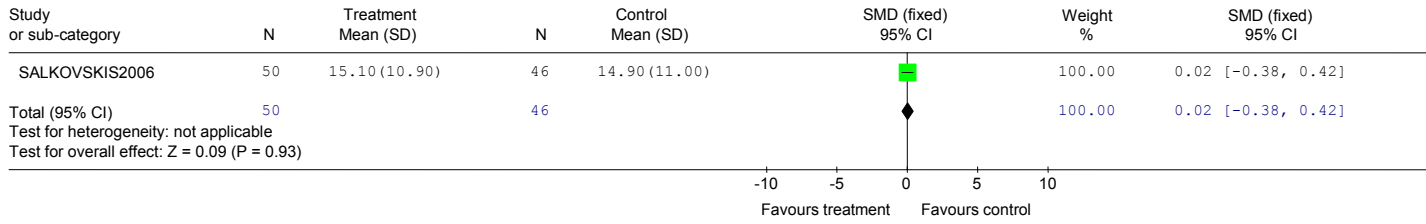
Review: GSH20
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 02 Self-report depression measure (BDI) at endpoint



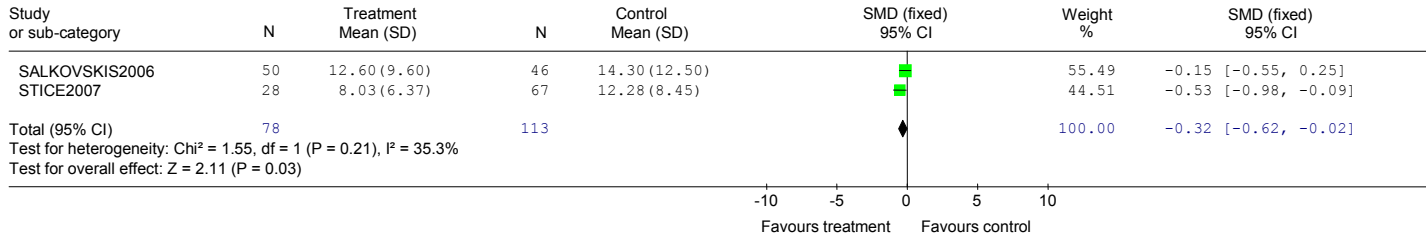
Review: GSH21
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 03 Self-report depression measures (BDI) at 1-month follow-up



Review: GSH22
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 04 Self-report depression measures (BDI) at 3-month follow-up

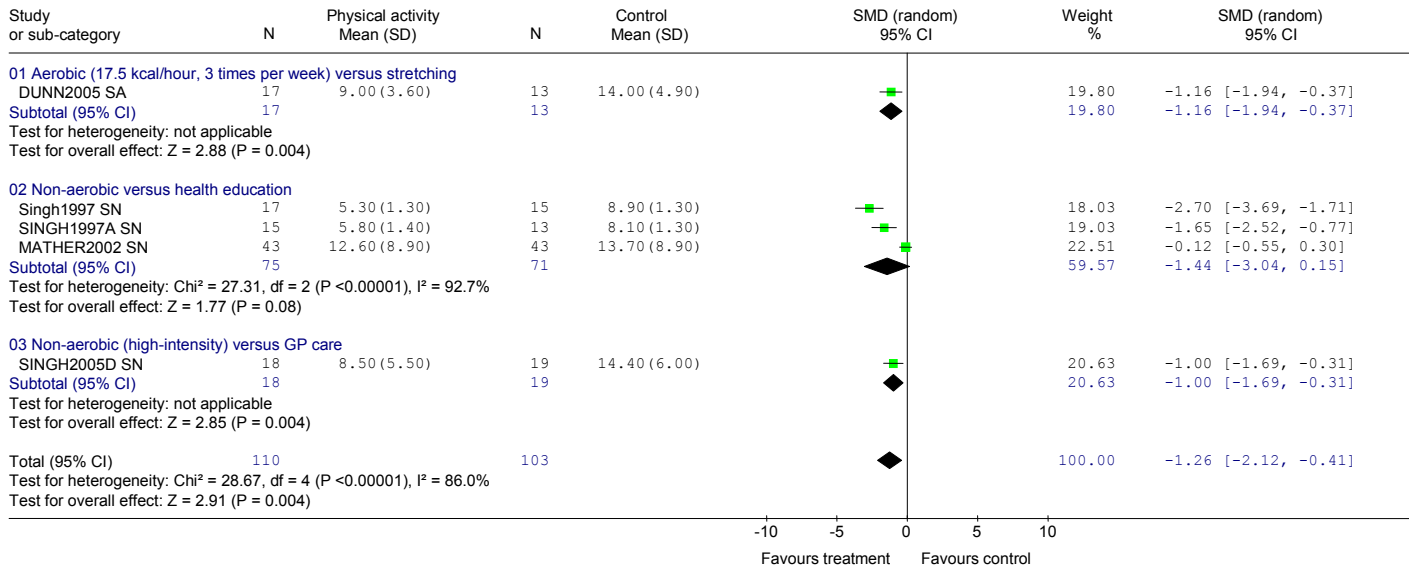


Review: GSH23
 Comparison: 07 GSH (with support by mail) versus waitlist
 Outcome: 05 Self-report depression measures (BDI) at 6-month follow-up

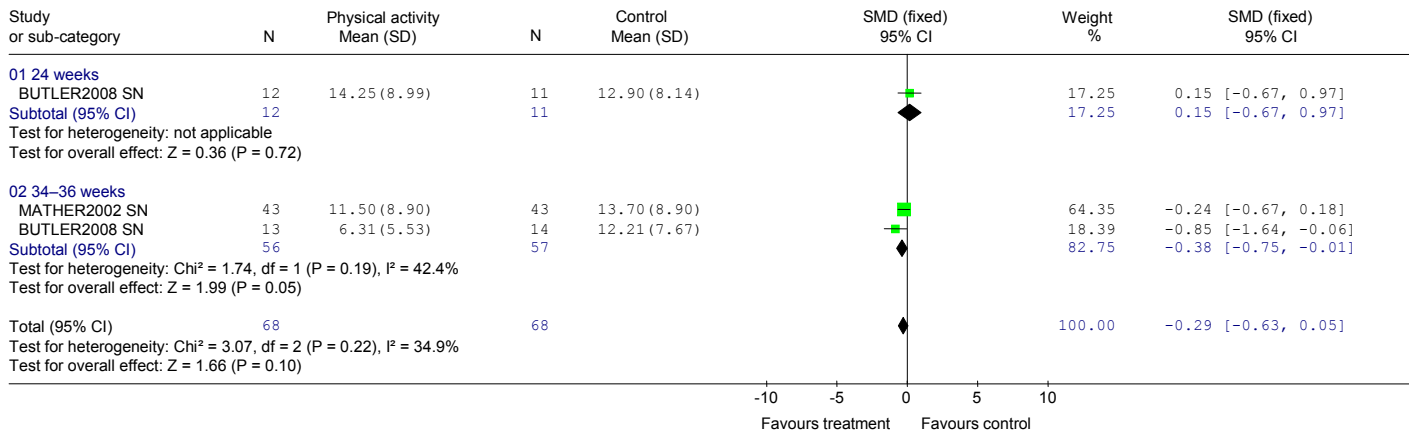


Physical activity

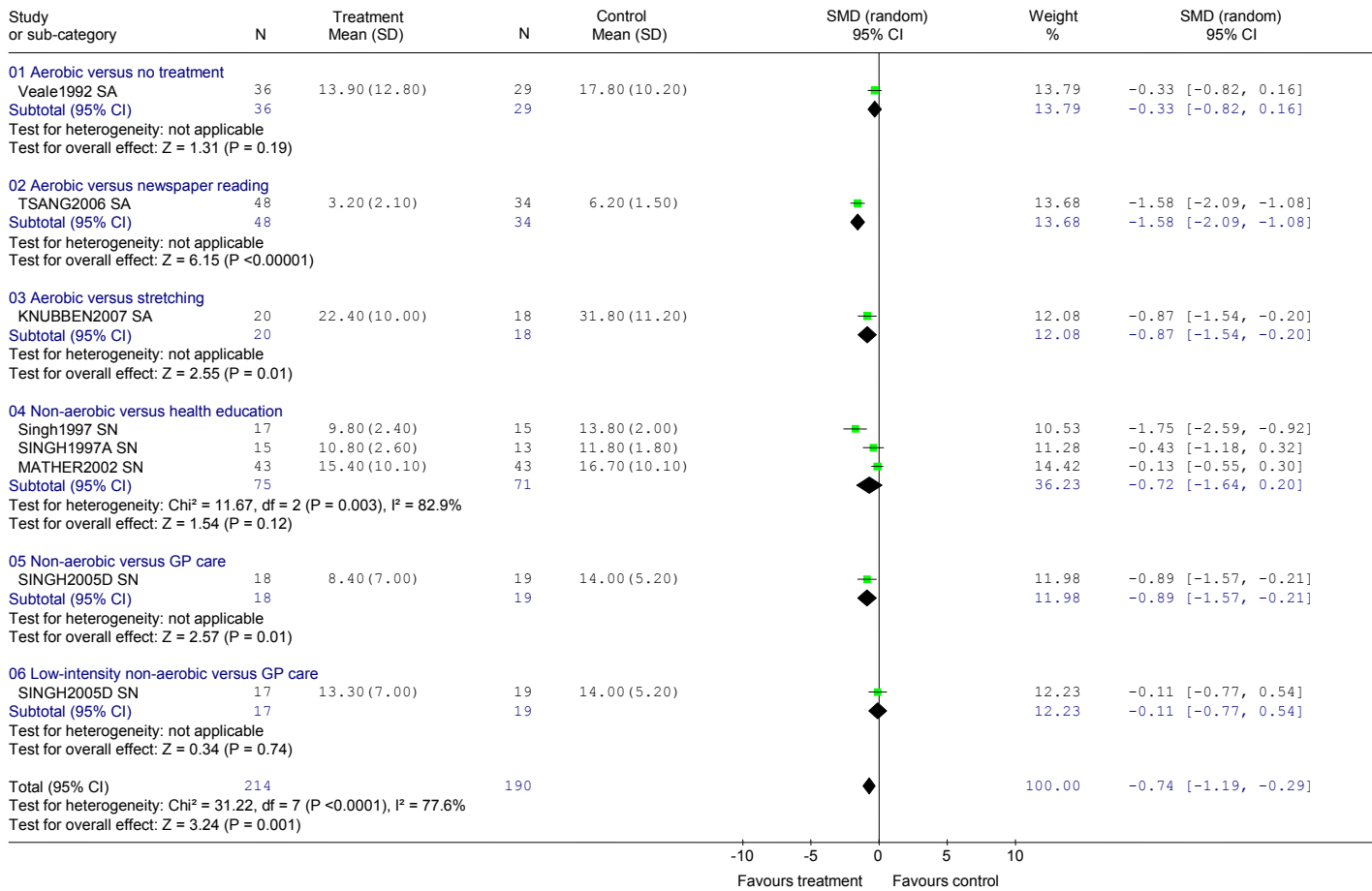
Review: PA01
 Comparison: 10 Physical activity versus no physical activity control (edited data)
 Outcome: 01 Supervised (clinician-rated mean depression scores at endpoint)



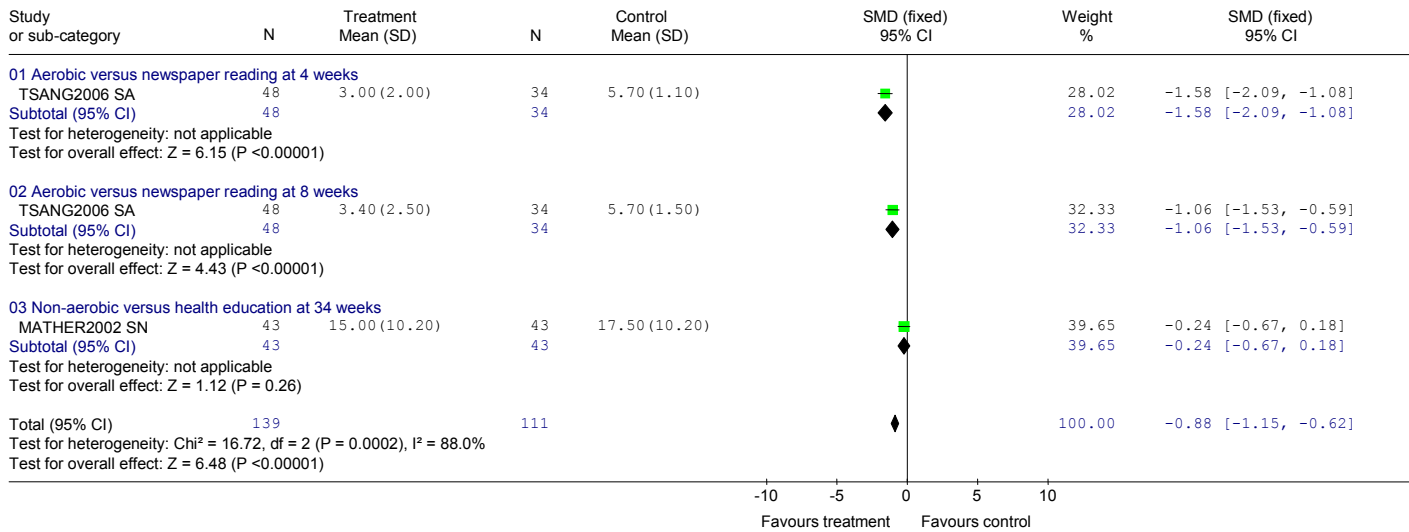
Review: PA02
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 02 Supervised non-aerobic versus health education (clinician-rated depression scores at follow-up)



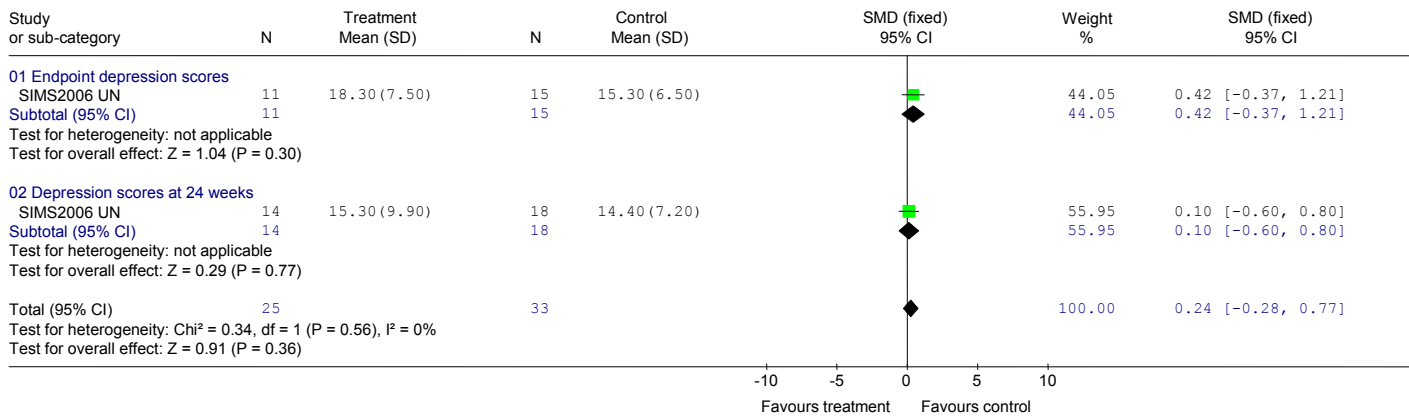
Review: PA03
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 03 Supervised (self-rated mean depression scores at endpoint)



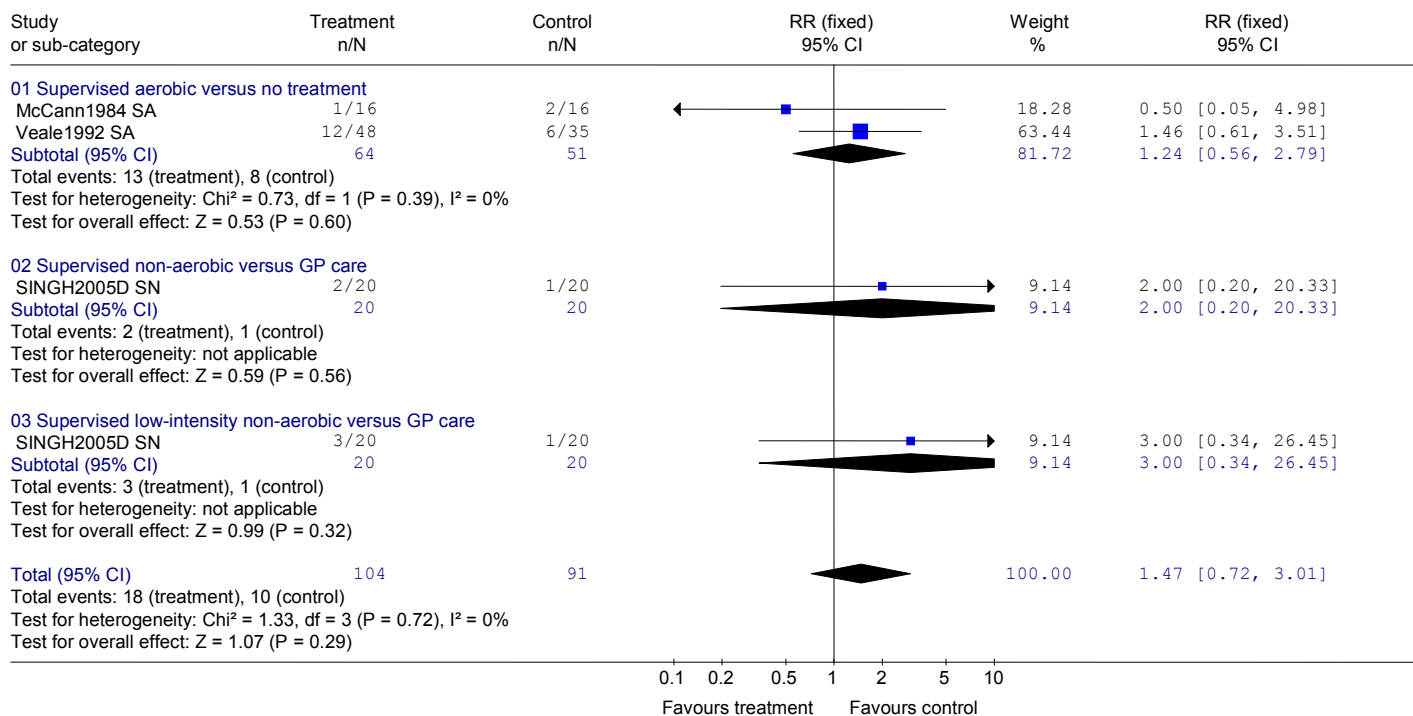
Review: PA04
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 05 Supervised (self-rated depression scores at follow-up)



Review: PA05
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 06 Unsupervised non-aerobic versus advice control (self-rated endpoint depression scores)



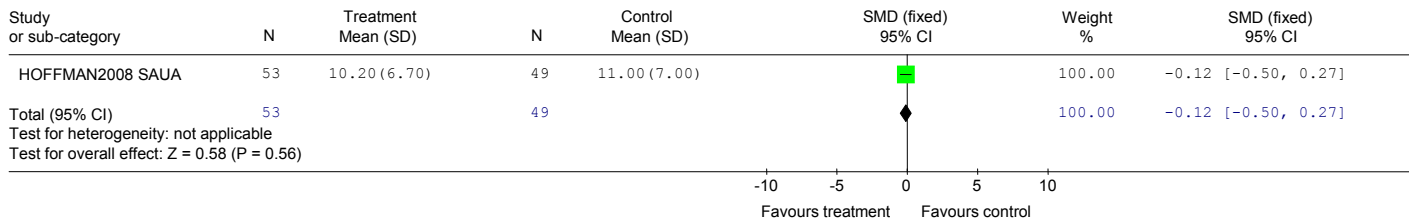
Review: PA06
 Comparison: 01 Physical activity versus no physical activity control
 Outcome: 07 N leaving treatment for any reason



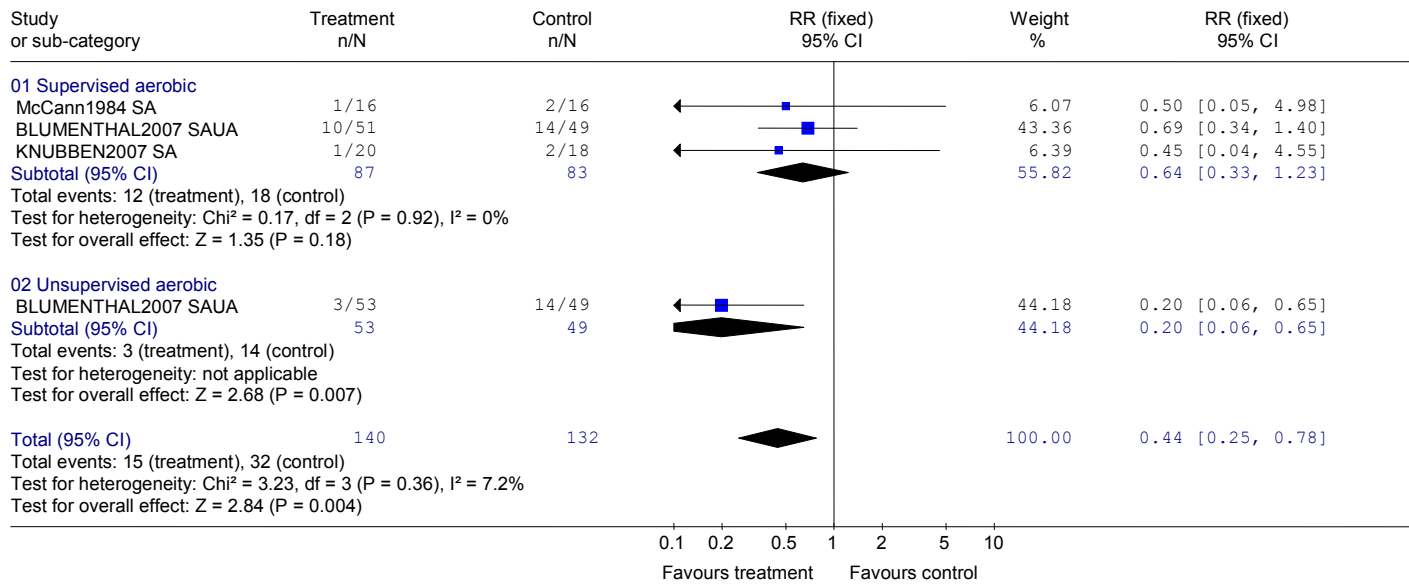
Review: PA07
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



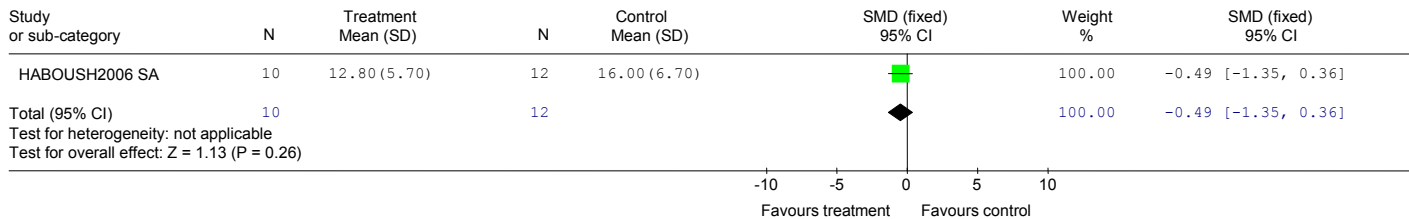
Review: PA08
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 03 Unsupervised aerobic (clinician-rated endpoint depression scores)



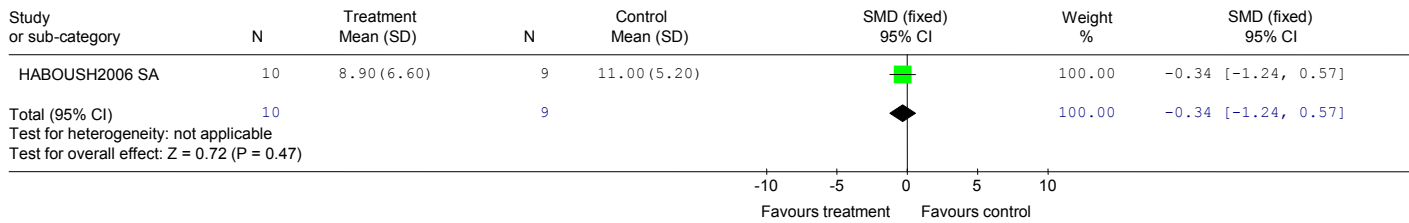
Review: PA09
 Comparison: 02 Physical activity versus placebo pill
 Outcome: 05 N leaving treatment for any reason



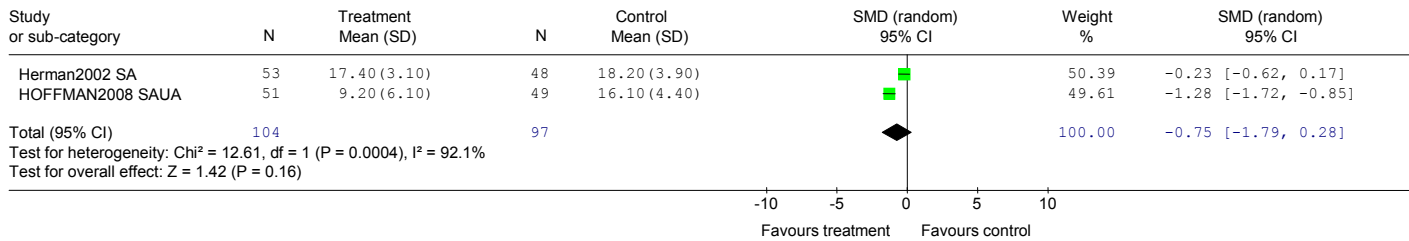
Review: PA10
 Comparison: 03 Physical activity versus waitlist
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



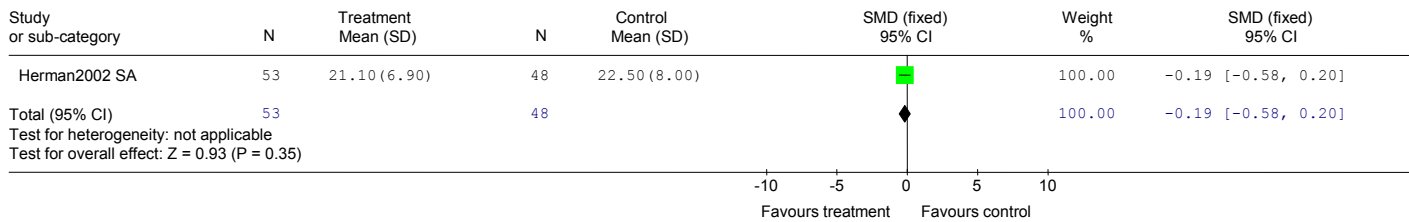
Review: PA11
 Comparison: 03 Physical activity versus waitlist
 Outcome: 02 Supervised aerobic (clinician-rated depression scores at 12 weeks)



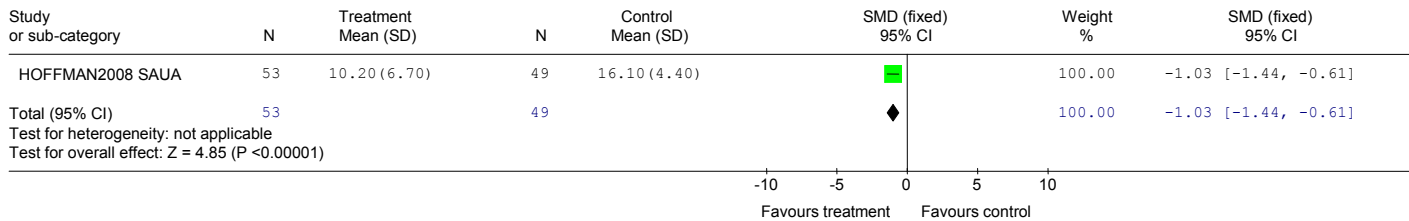
Review: PA12
 Comparison: 04 Physical activity versus sertraline
 Outcome: 01 Supervised aerobic (clinician-rated endpoint depression scores)



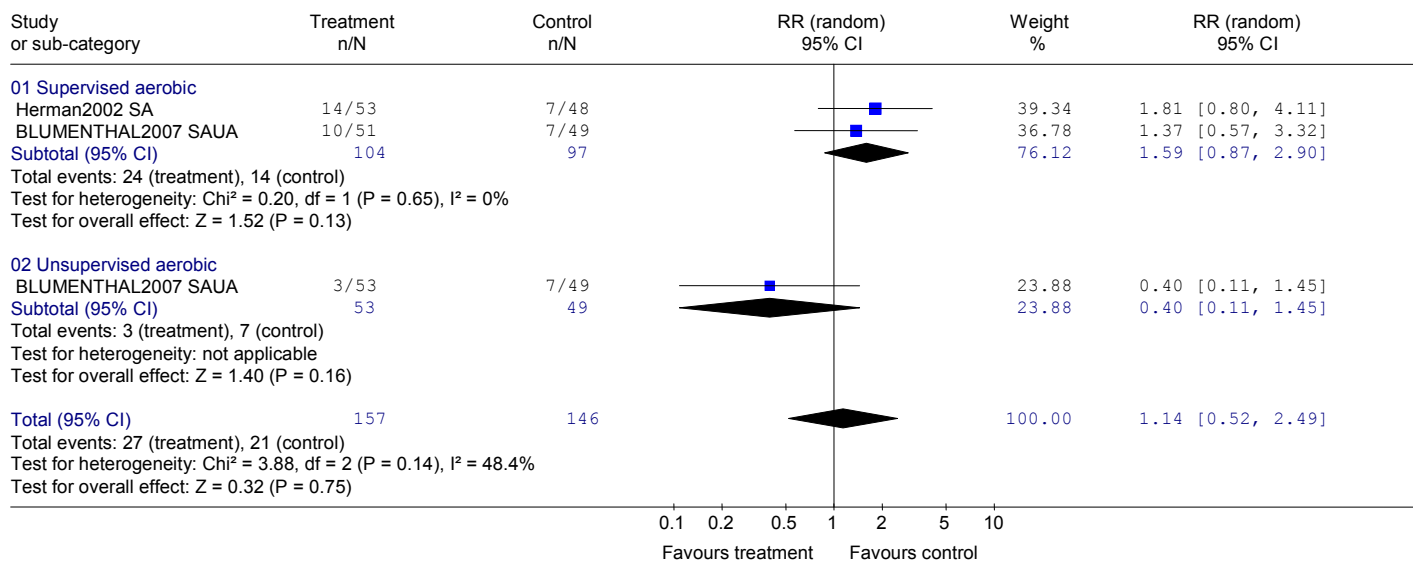
Review: PA13
 Comparison: 04 Physical activity versus sertraline
 Outcome: 03 Supervised aerobic (self-rated endpoint depression scores)



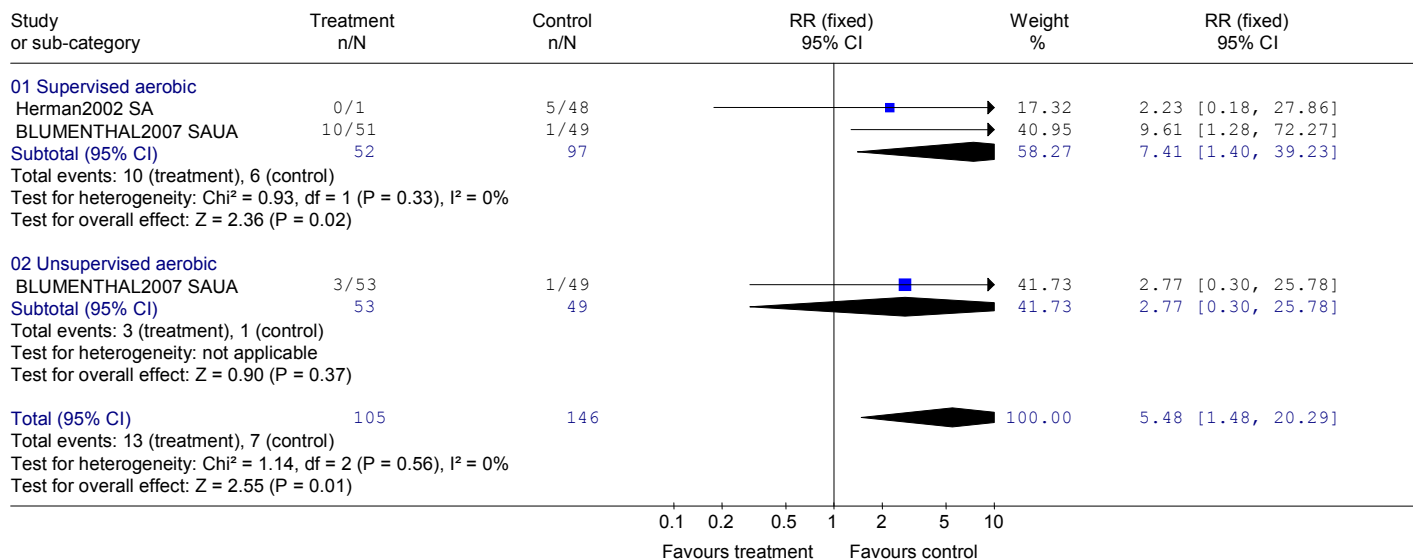
Review: PA14
 Comparison: 04 Physical activity versus sertraline
 Outcome: 04 Unsupervised aerobic (clinician-rated endpoint depression scores)



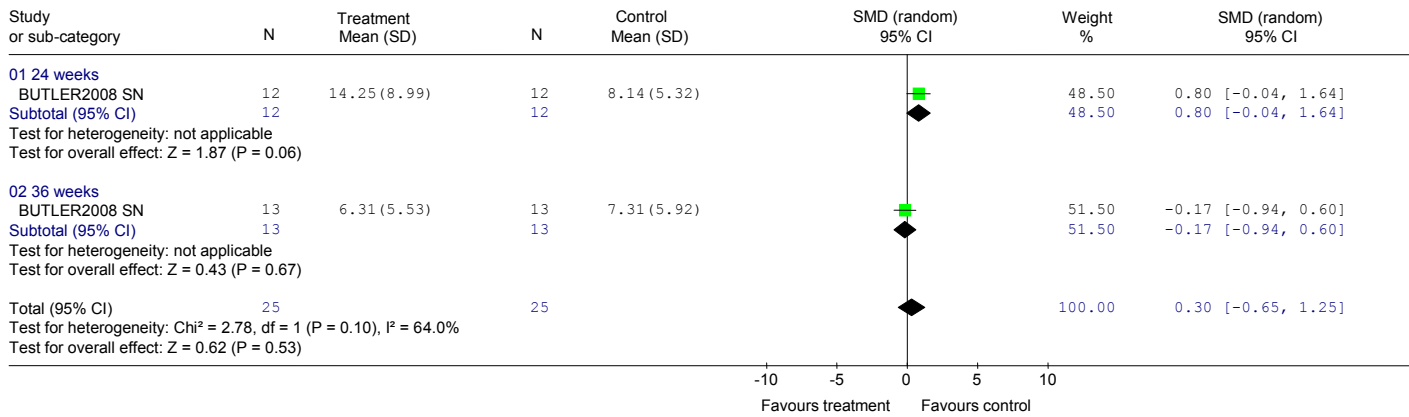
Review: PA15
 Comparison: 04 Physical activity versus sertraline
 Outcome: 06 N leaving treatment for any reason



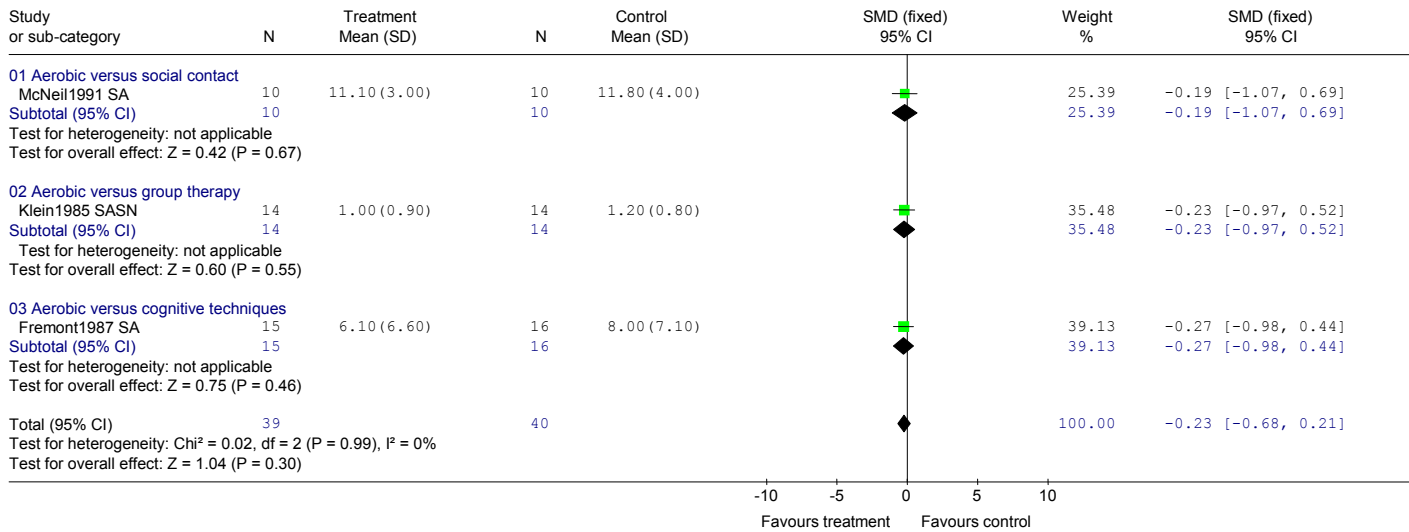
Review: PA16
 Comparison: 04 Physical activity versus sertraline
 Outcome: 07 N leaving treatment due to side effects



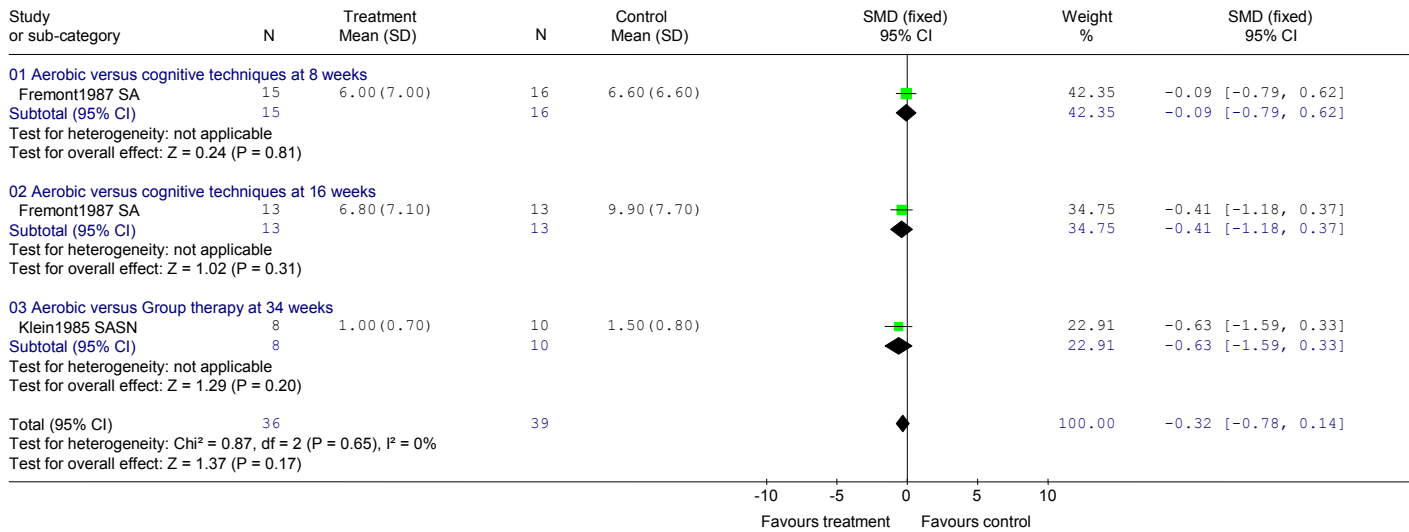
Review: PA17
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 01 Supervised non-aerobic versus hypnosis (clinician-rated depression scores at follow-up)



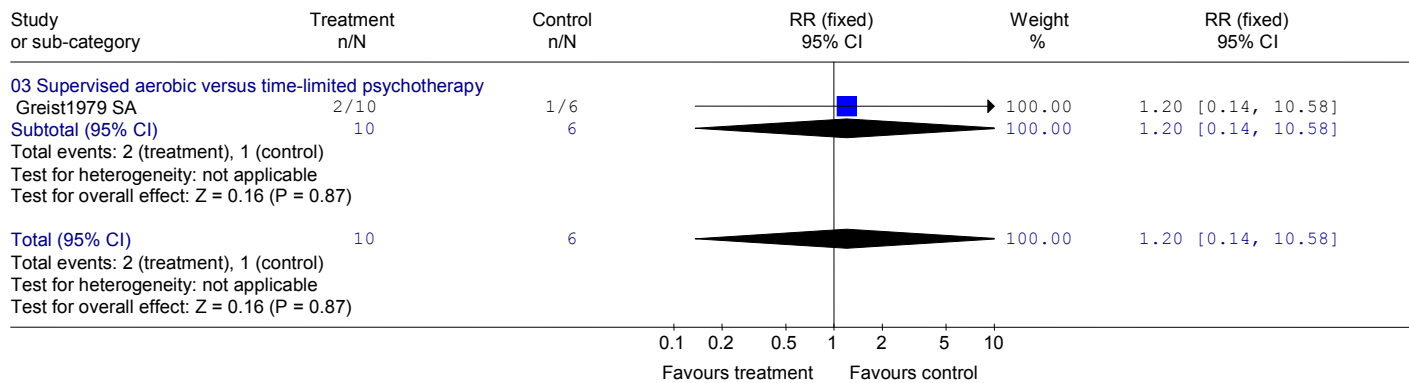
Review: PA18
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 02 Supervised (self-rated endpoint depression scores)



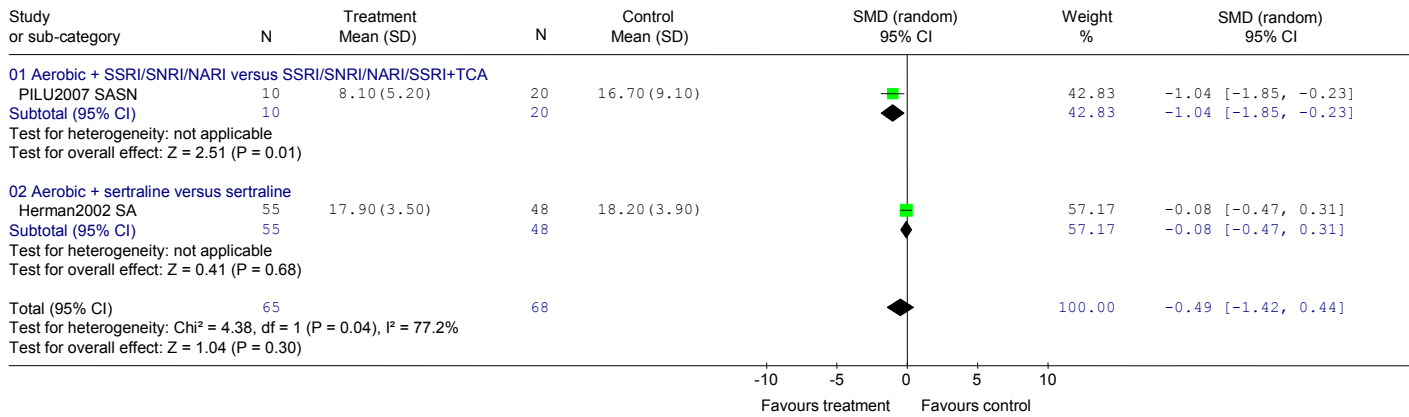
Review: PA19
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 03 Supervised (self-rated depression scores at follow-up)



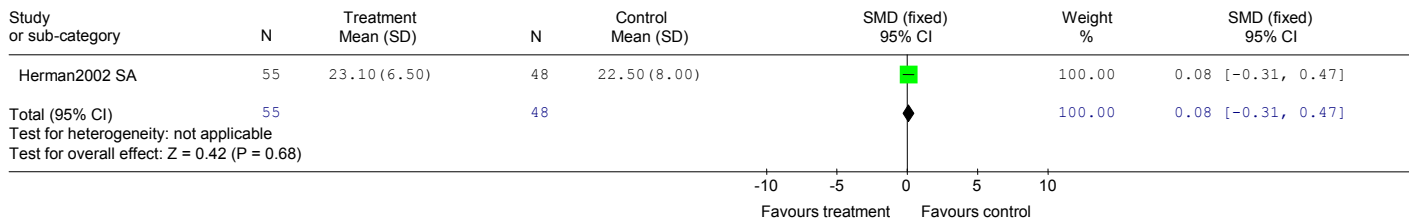
Review: PA20
 Comparison: 05 Physical activity versus psychotherapy
 Outcome: 04 N leaving treatment early for any reason



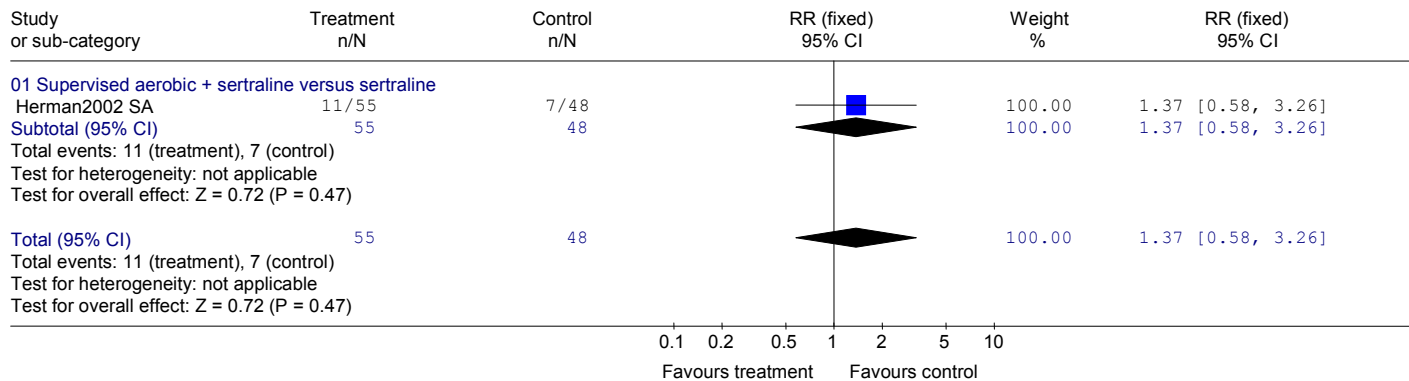
Review: PA21
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 01 Supervised physical activity + pharmacotherapies versus pharmacotherapies (C-R endpoint depression scores)



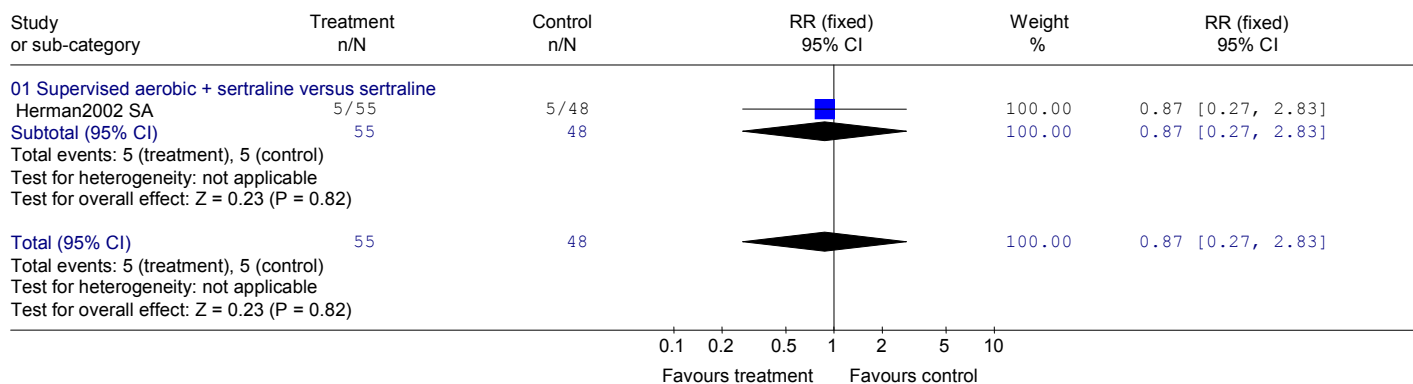
Review: PA22
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 02 Supervised aerobic + sertraline versus sertraline (S-R endpoint depression scores)



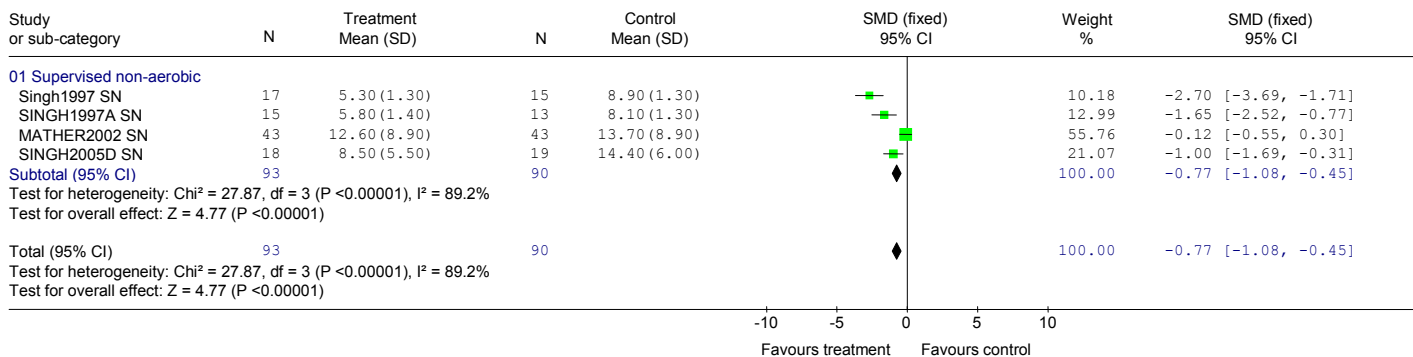
Review: PA23
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 03 N leaving treatment for any reason



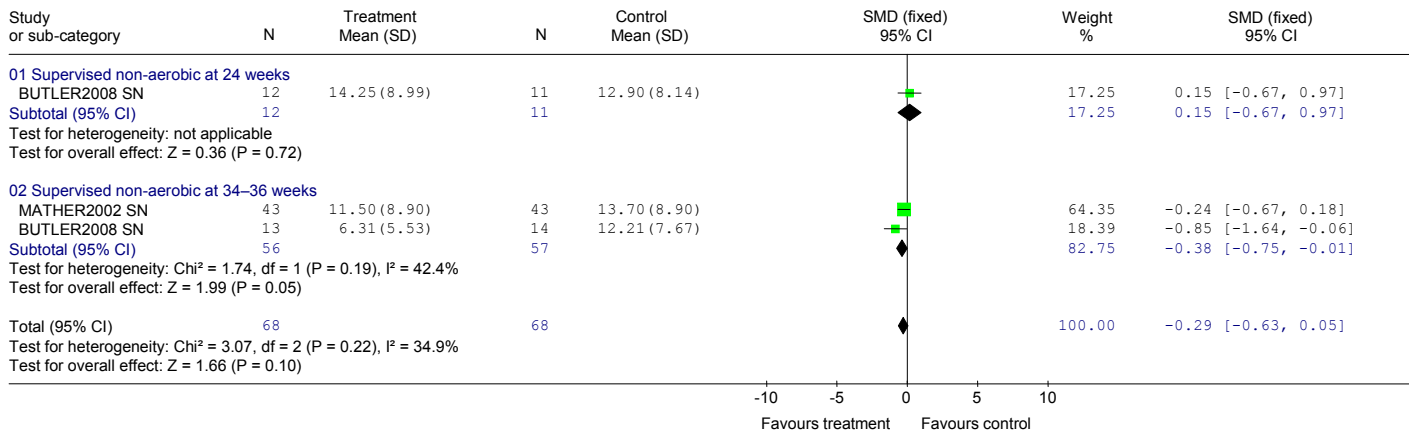
Review: PA24
 Comparison: 09 Combination versus pharmacotherapy
 Outcome: 04 N leaving treatment due to side effects



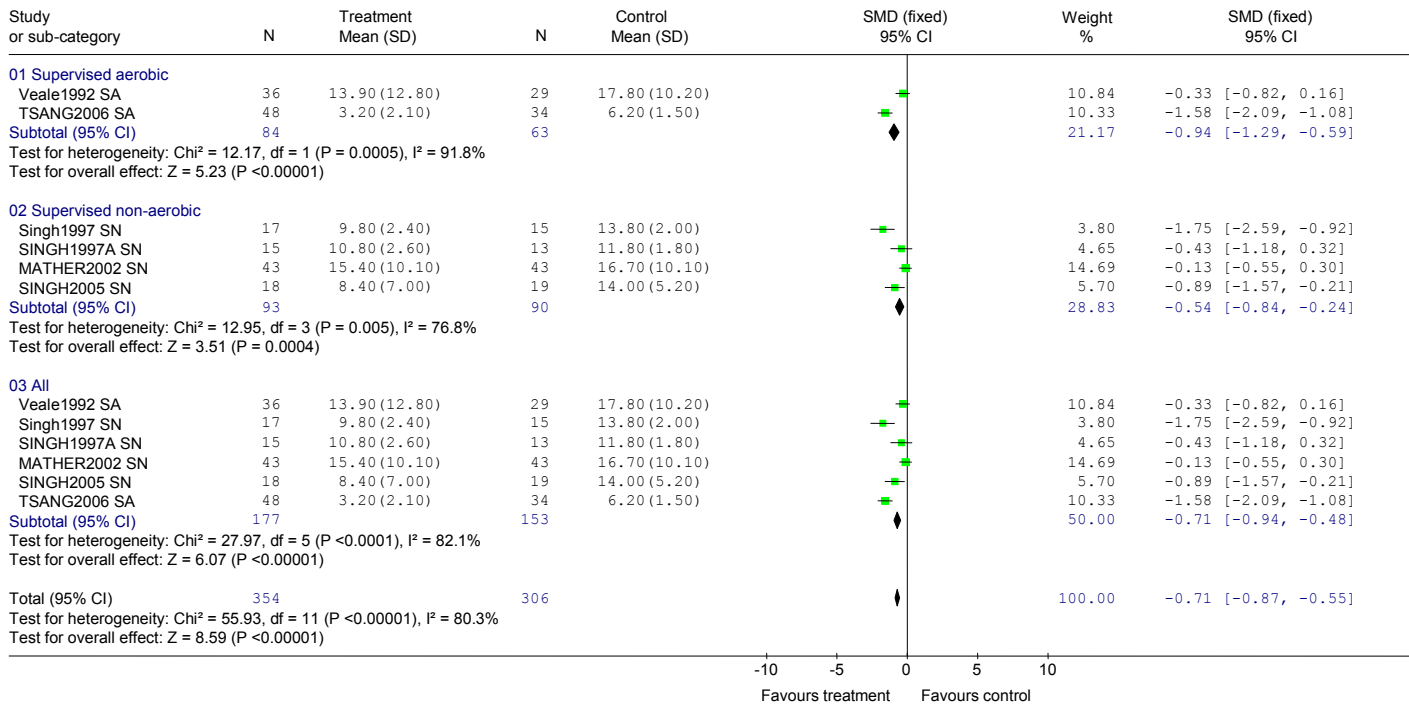
Review: PA25
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 01 Clinician-rated endpoint scores



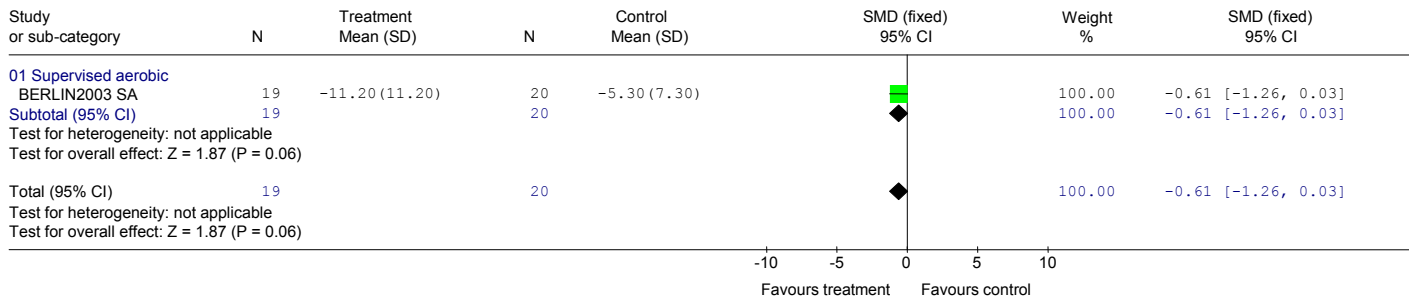
Review: PA26
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 02 Clinician-rated depression scores at follow up



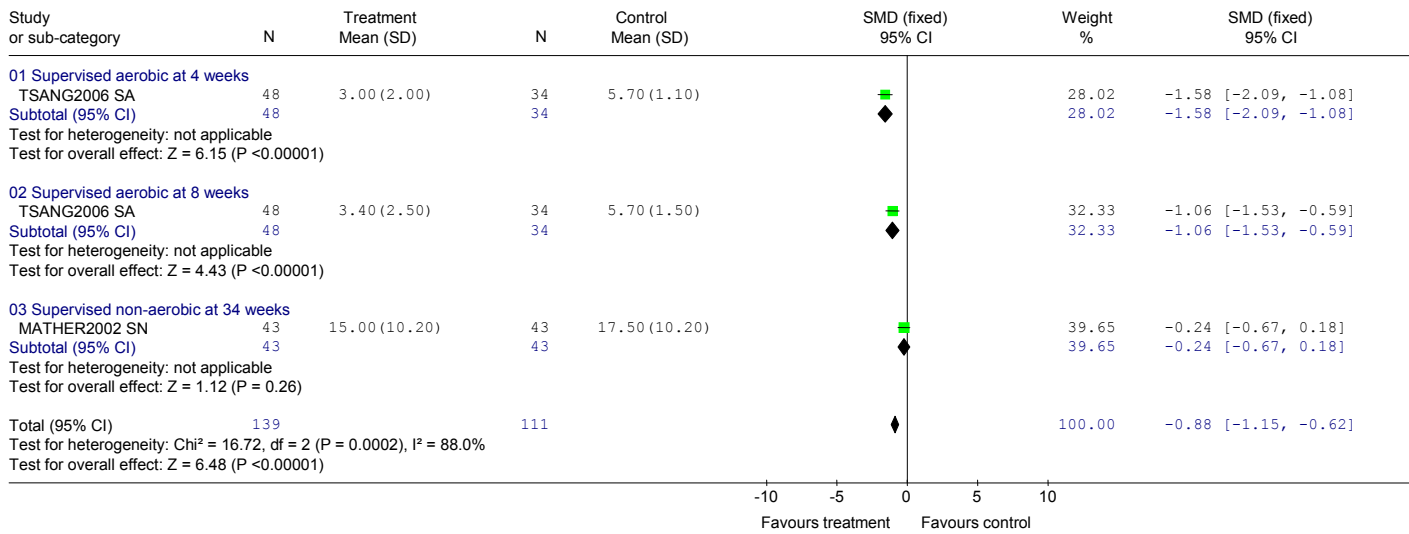
Review: PA27
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 03 Self-rated endpoint scores



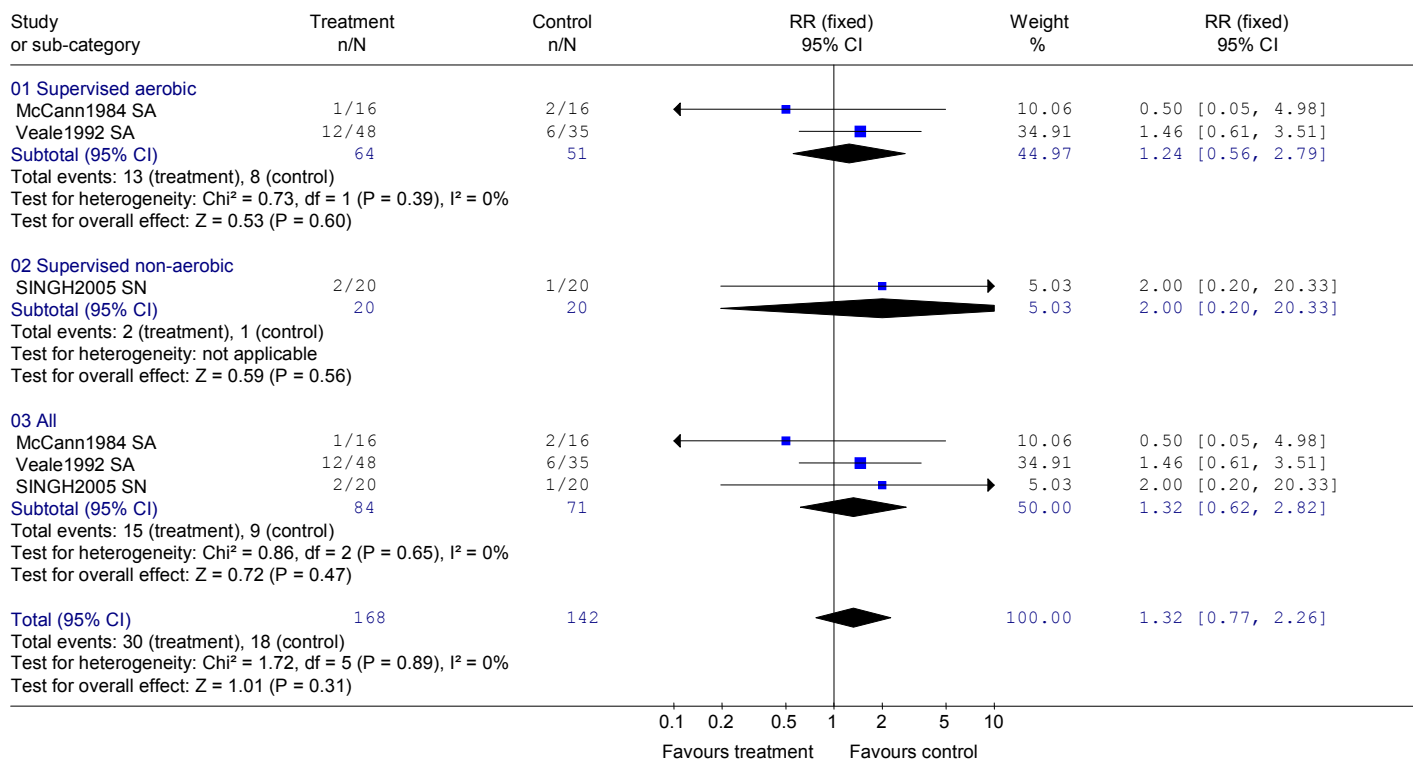
Review: PA28
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 04 Self-rated depression change scores



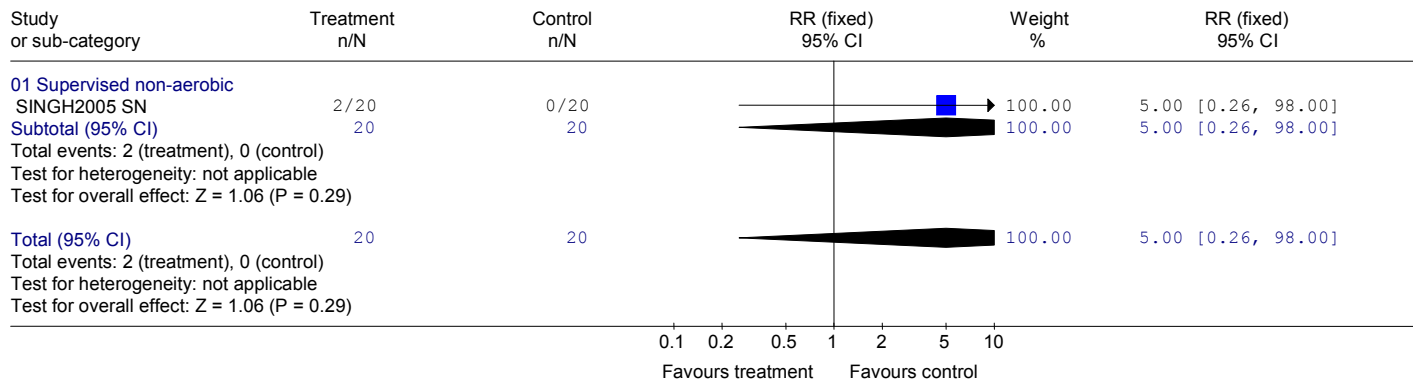
Review: PA29
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 05 Self-rated depression scores at follow up



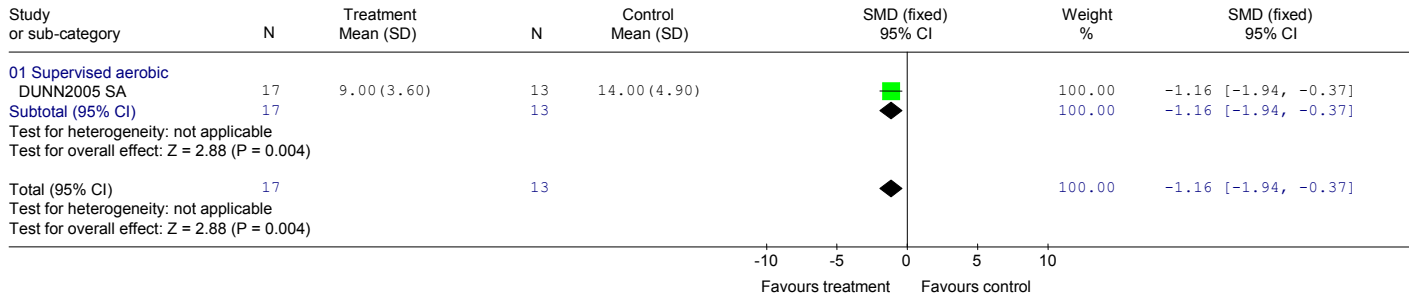
Review: PA30
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 06 N leaving treatment for any reason



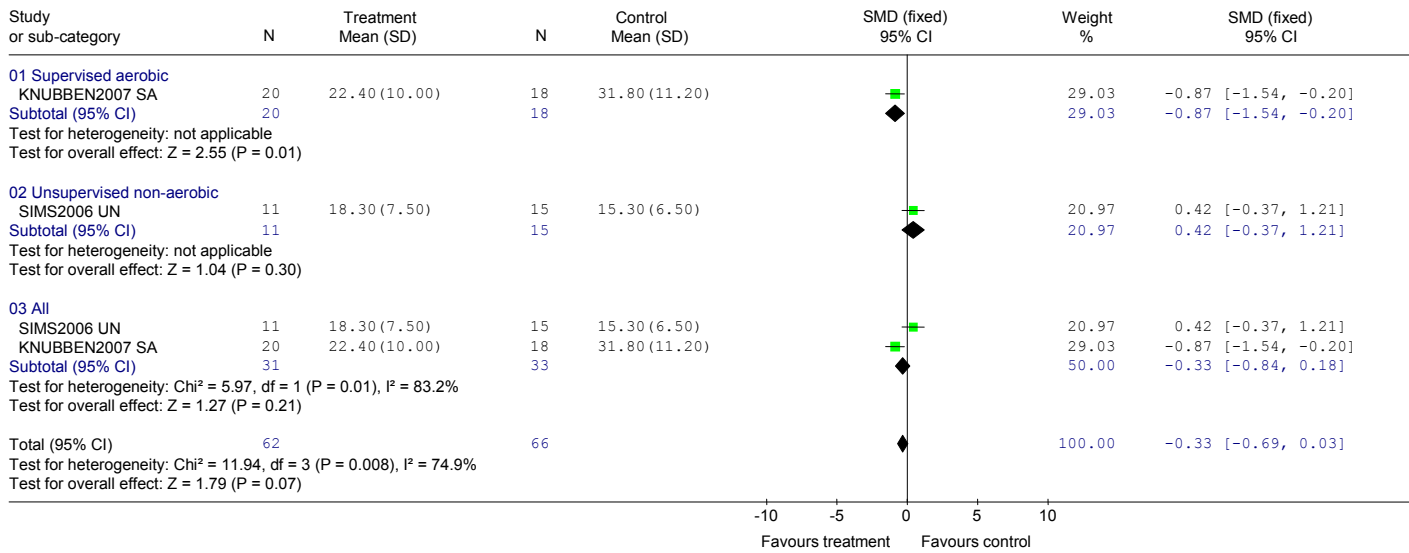
Review: PA31
 Comparison: 19 Group physical activity versus no physical activity control
 Outcome: 07 N leaving treatment due to side effects



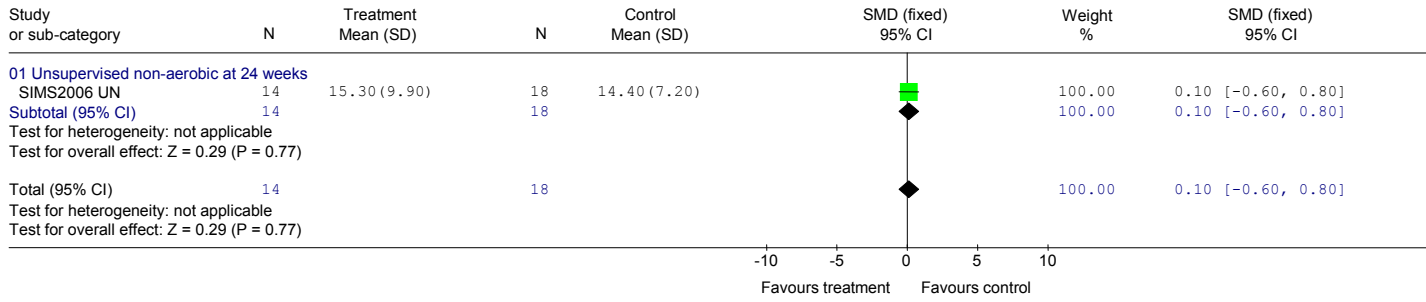
Review: PA32
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 01 Clinician-rated endpoint scores



Review: PA33
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 02 Self-rated endpoint scores



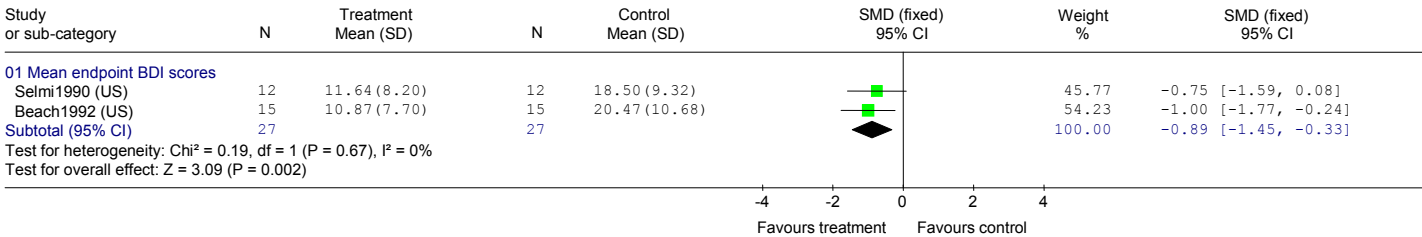
Review: PA34
 Comparison: 20 Individual physical activity versus no physical activity control
 Outcome: 03 Self-rated depression scores at follow up



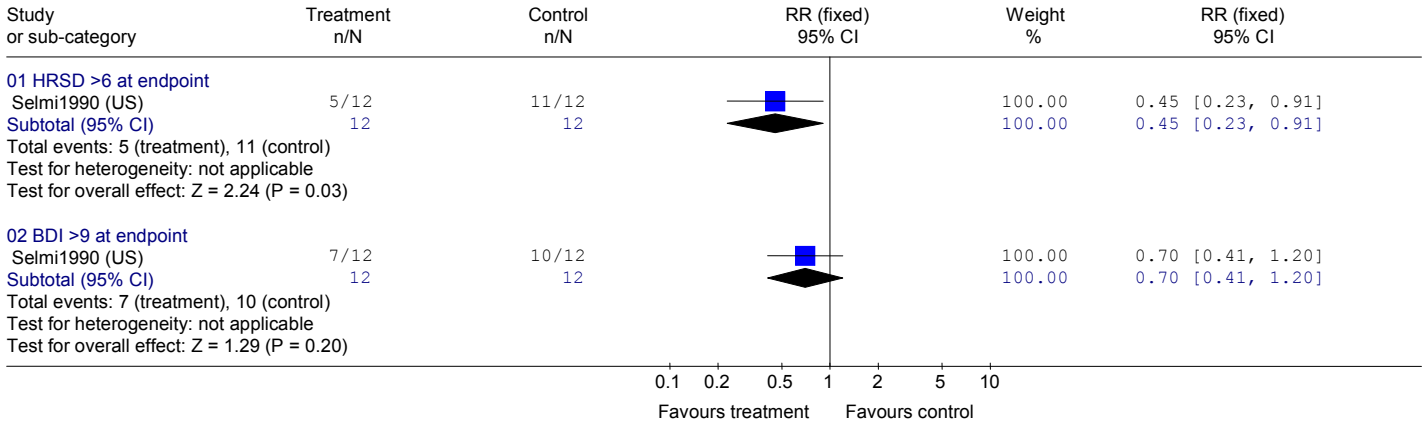
HIGH-INTENSITY INTERVENTIONS

Cognitive behavioural therapies

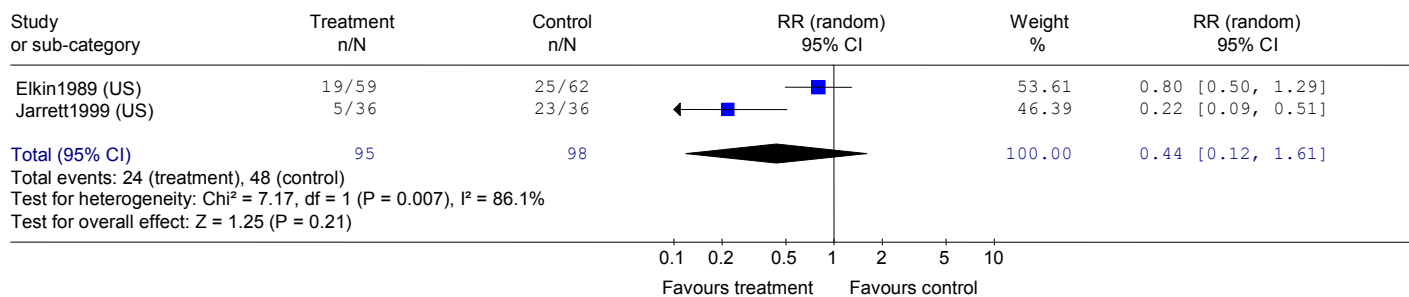
Review: CBT01
 Comparison: 01 Cognitive behavioural therapies versus waitlist control
 Outcome: 04 Depression scores: continuous measures at endpoint



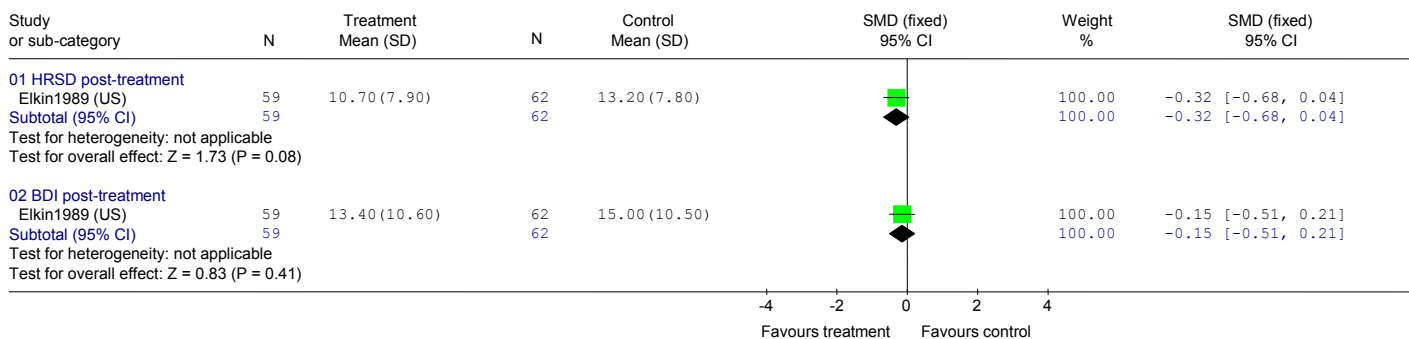
Review: CBT02
 Comparison: 01 Cognitive behavioural therapies versus waitlist control
 Outcome: 05 Depression scores: dichotomous outcomes



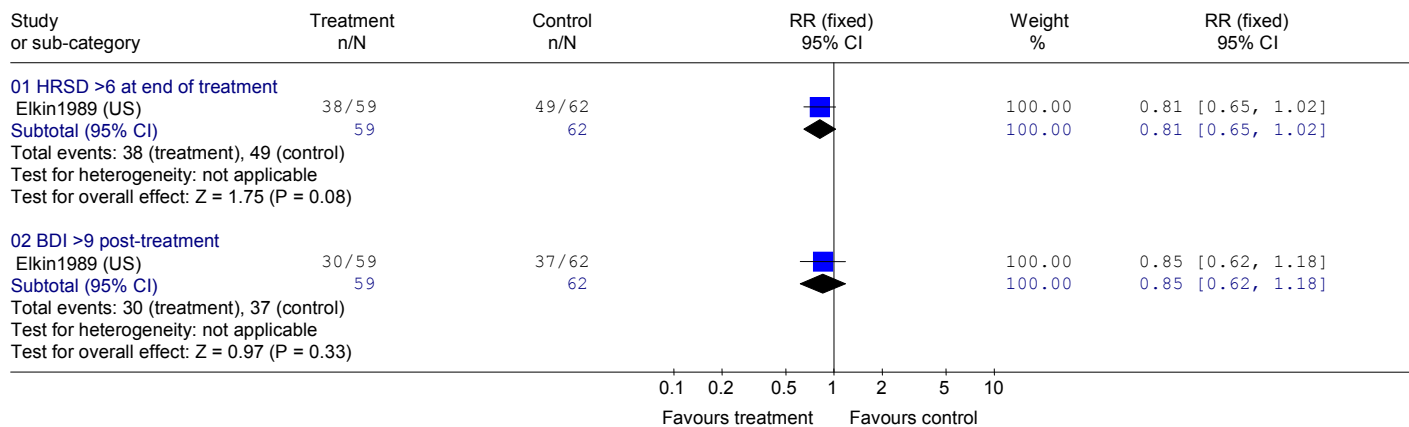
Review: CBT03
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 01 Leaving the study early



Review: CBT04
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 02 Depression scores: continuous measures



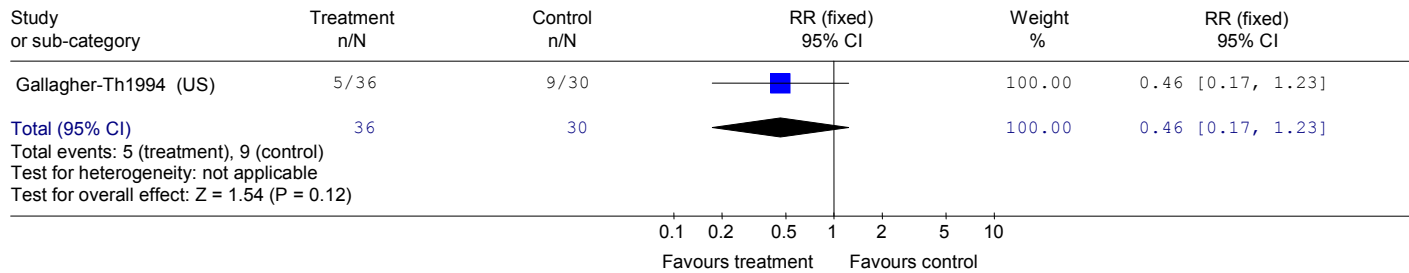
Review: CBT05
 Comparison: 02 Cognitive behavioural therapies versus placebo
 Outcome: 03 Depression scores: dichotomous outcomes



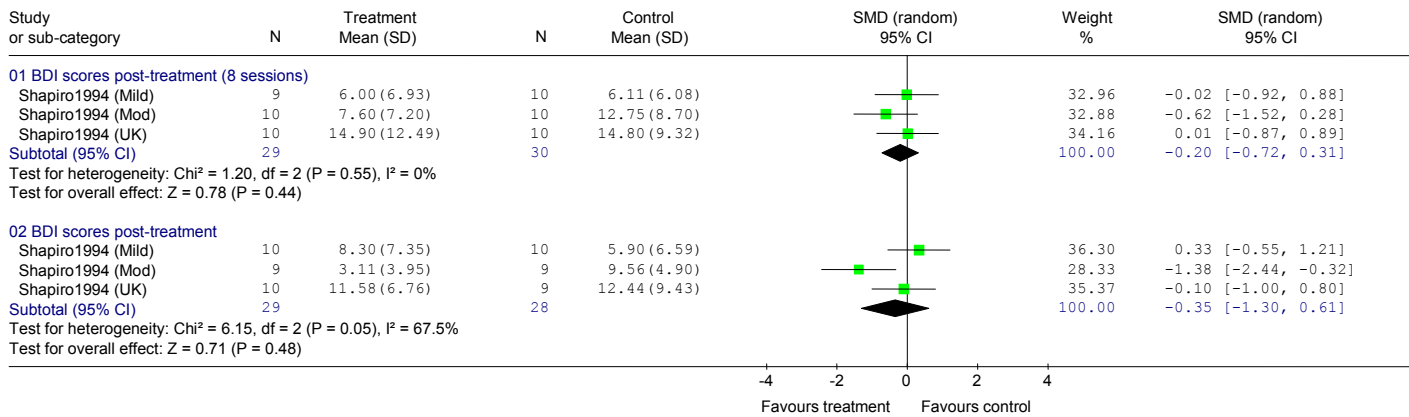
Review: CBT06
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 01 CBT versus Gestalt: BDI scores post-treatment



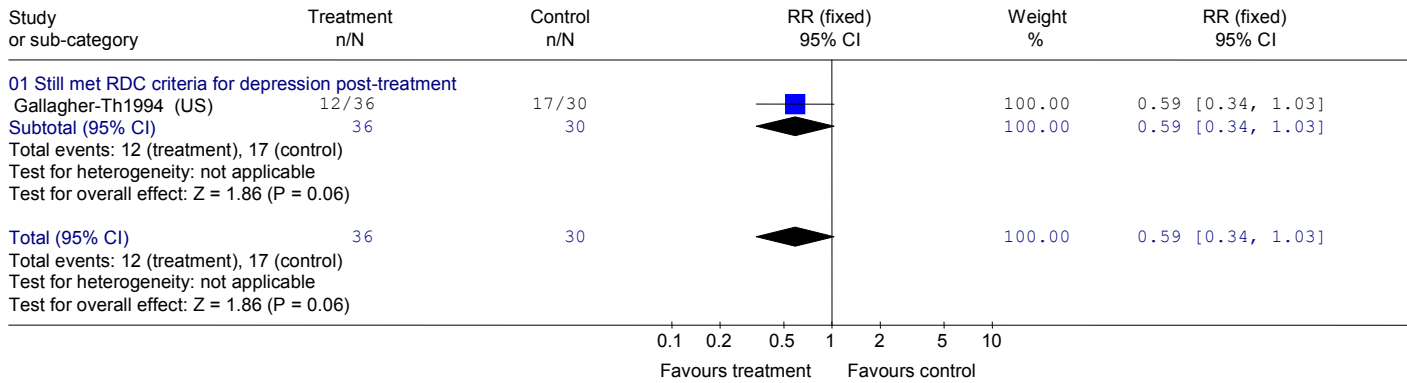
Review: CBT07
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 02 Leaving the study early



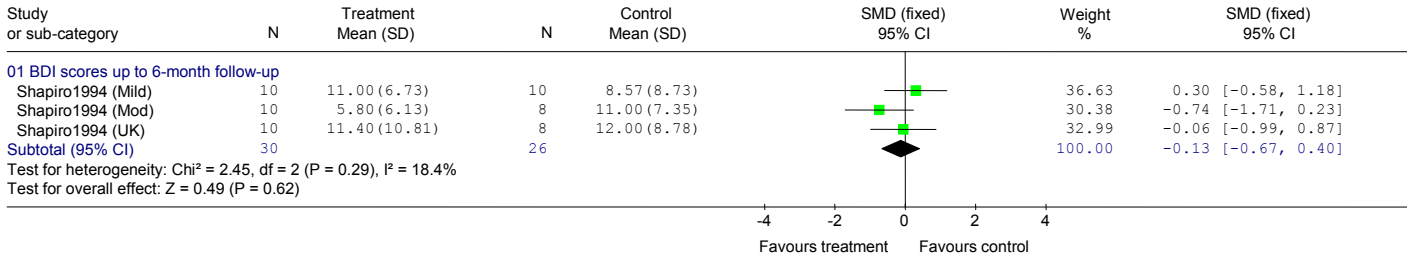
Review: CBT08
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 03 Depression scores: continuous measures



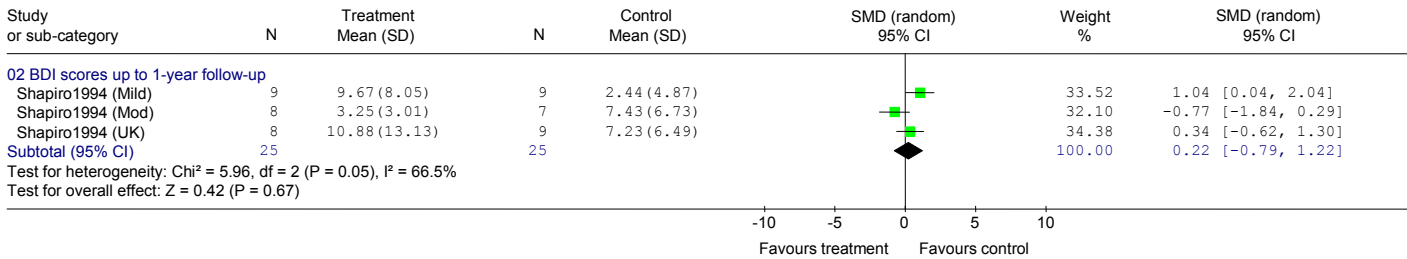
Review: CBT09
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 04 Depression scores: dichotomous outcomes



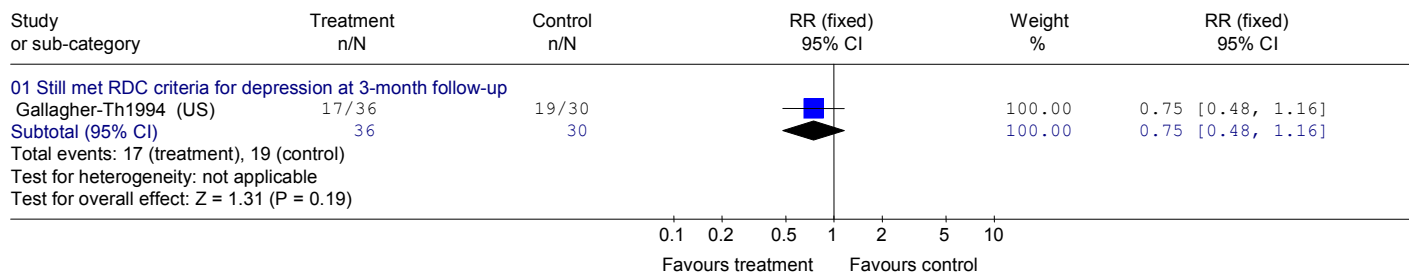
Review: CBT10
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 05 Depression scores: continuous measures at follow-up



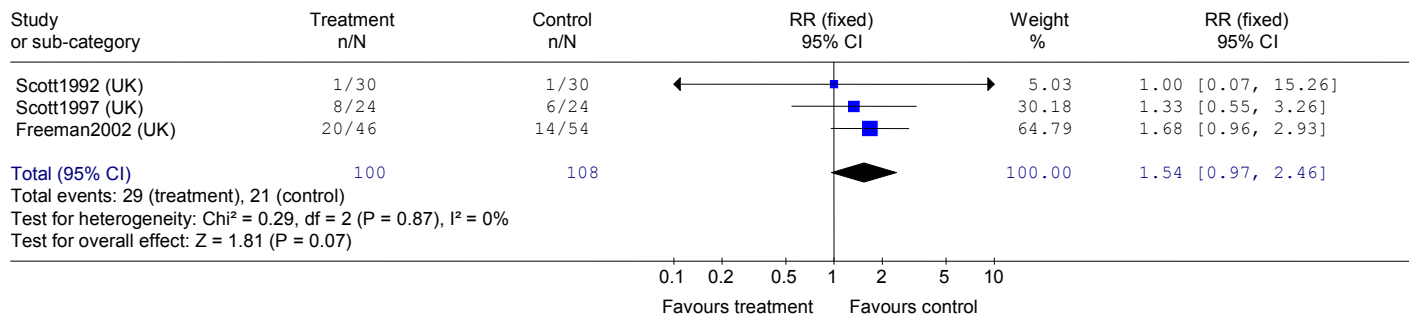
Review: CBT11
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 06 Depression scores: continuous measures at follow-up



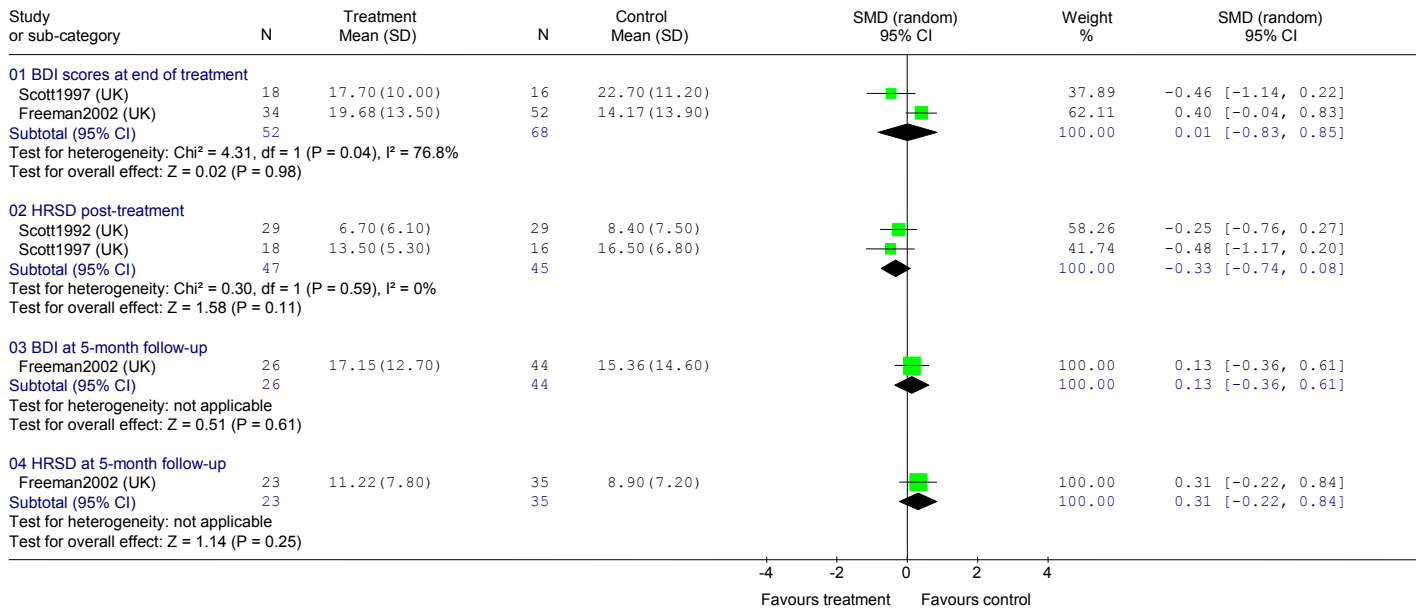
Review: CBT12
 Comparison: 03 Cognitive behavioural therapies versus therapies not specifically designed for depression
 Outcome: 07 Depression scores: dichotomous measures at follow-up



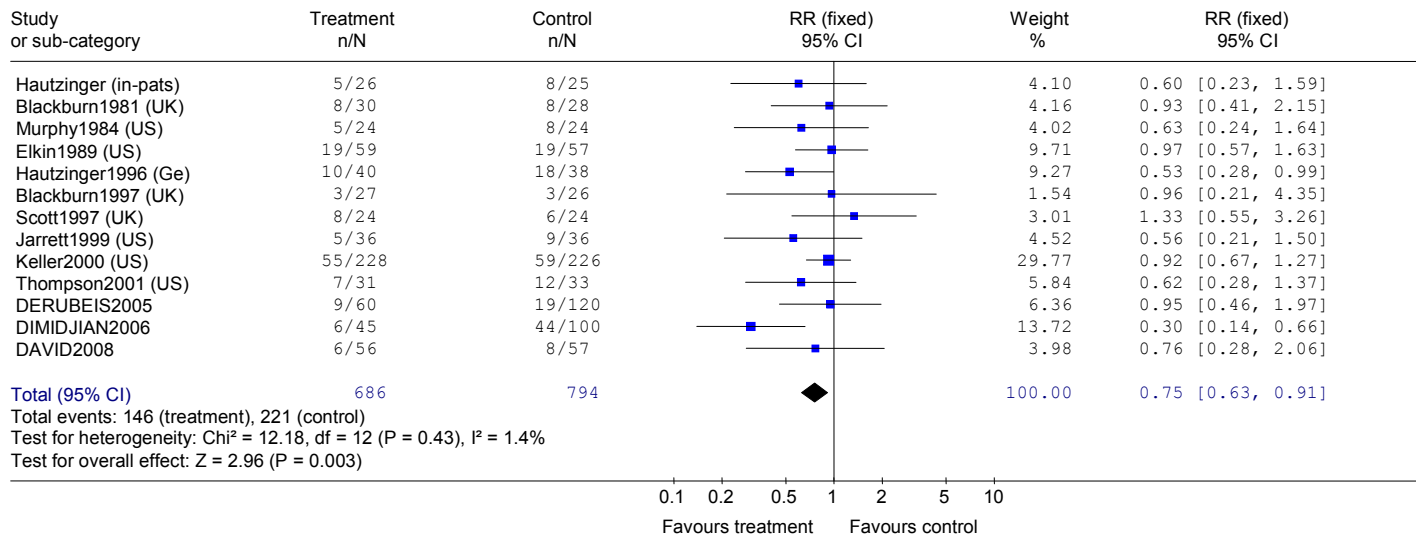
Review: CBT13
 Comparison: 04 Cognitive behavioural therapies (primary care) versus GP care
 Outcome: 01 Leaving the study early



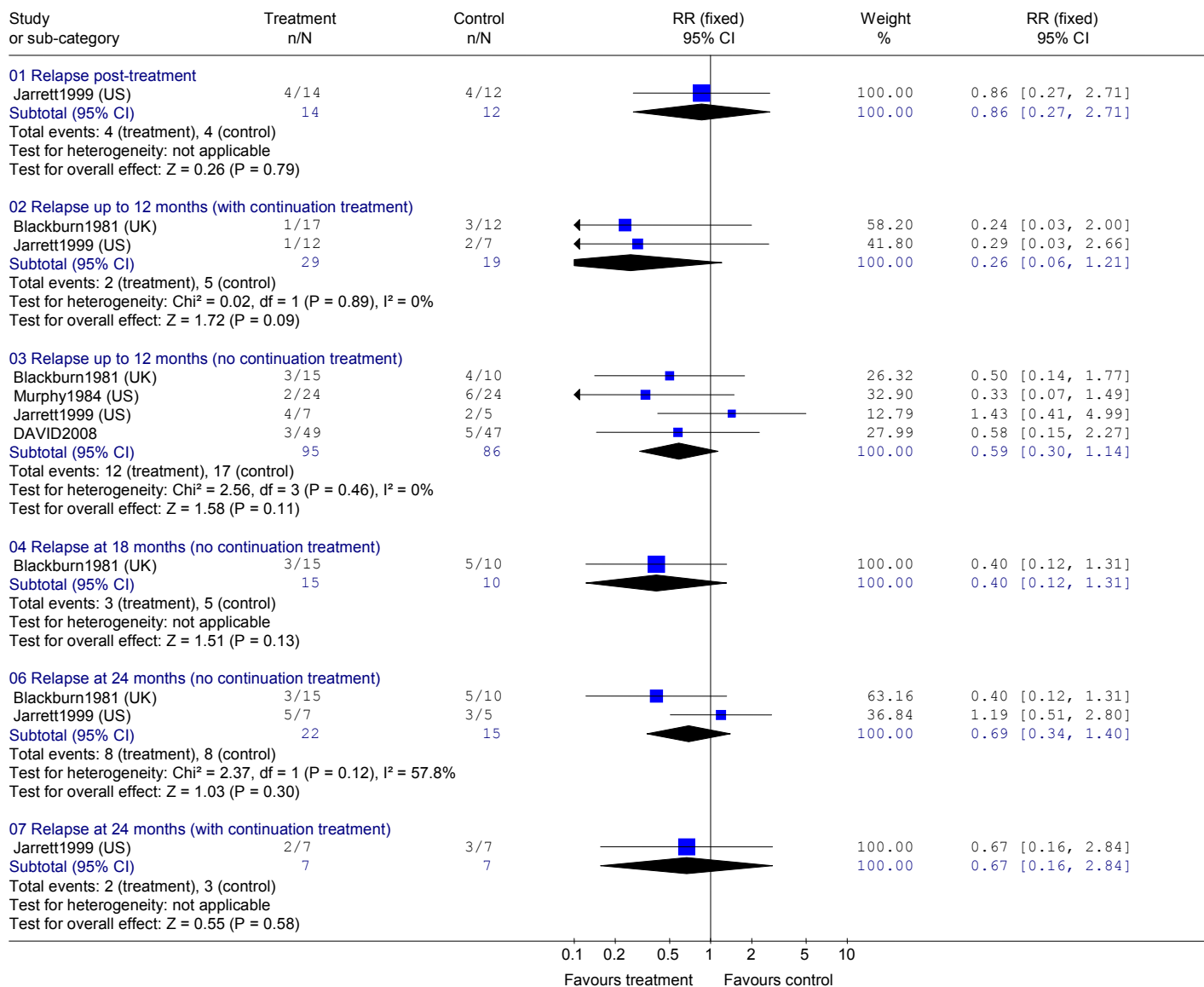
Review: CBT14
 Comparison: 04 Cognitive behavioural therapies (primary care) versus GP care
 Outcome: 02 Depression scores: continuous measures



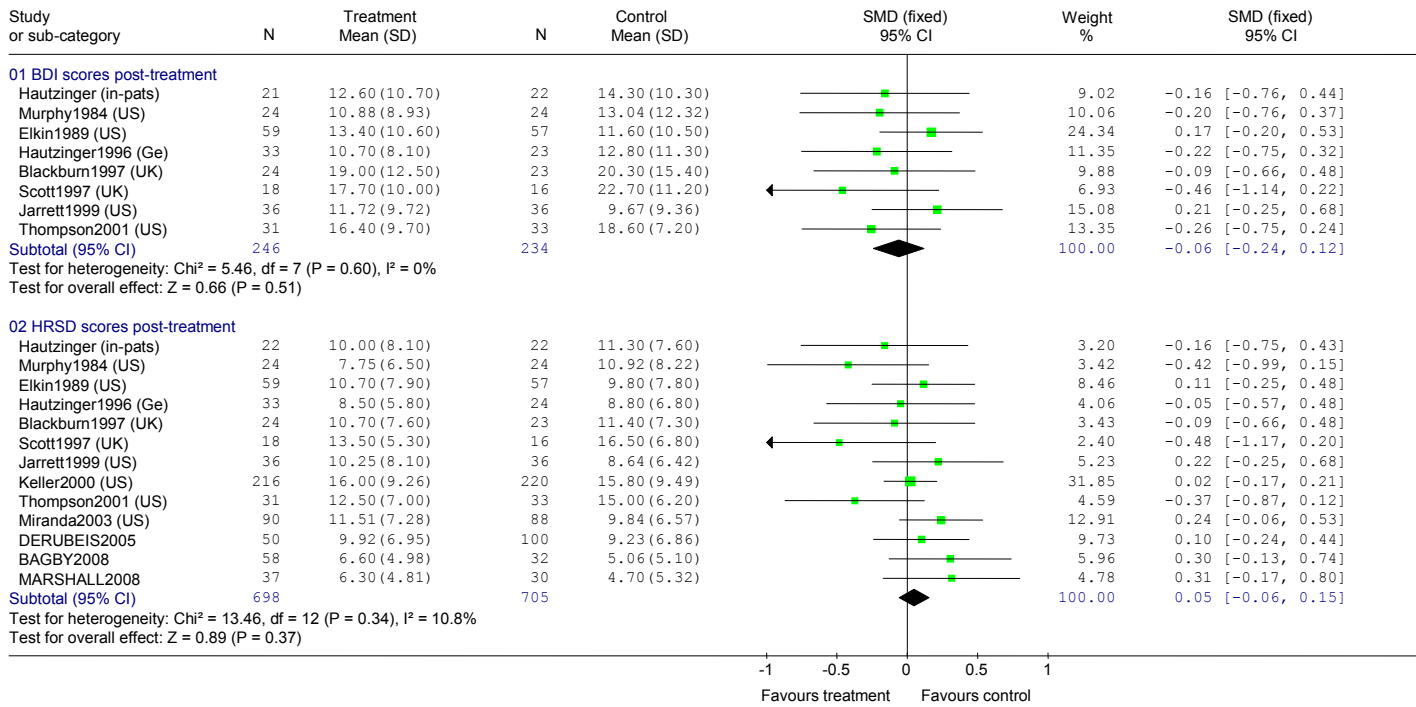
Review: CBT15
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 01 Leaving the study early



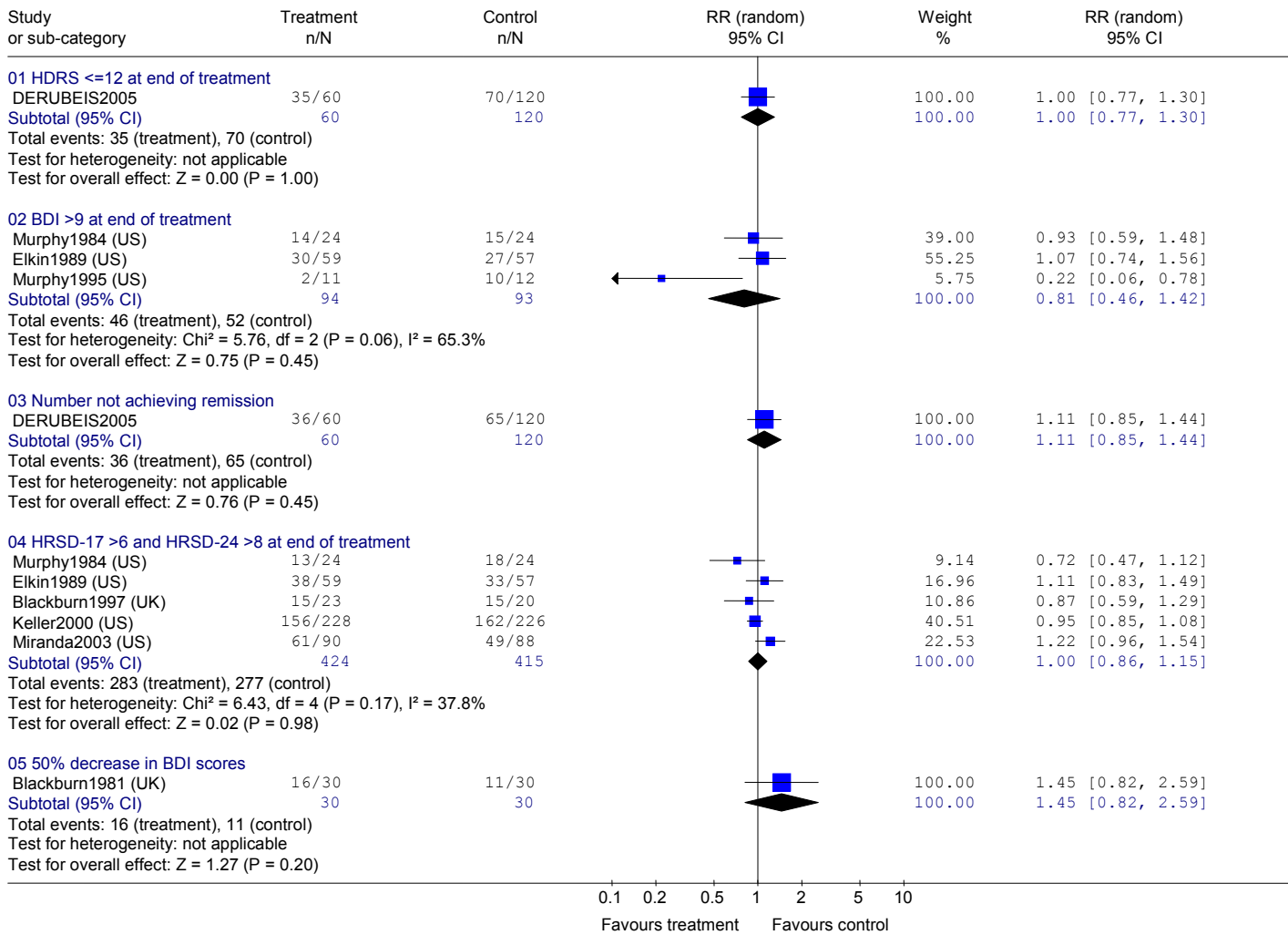
Review: CBT16
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 02 Relapse



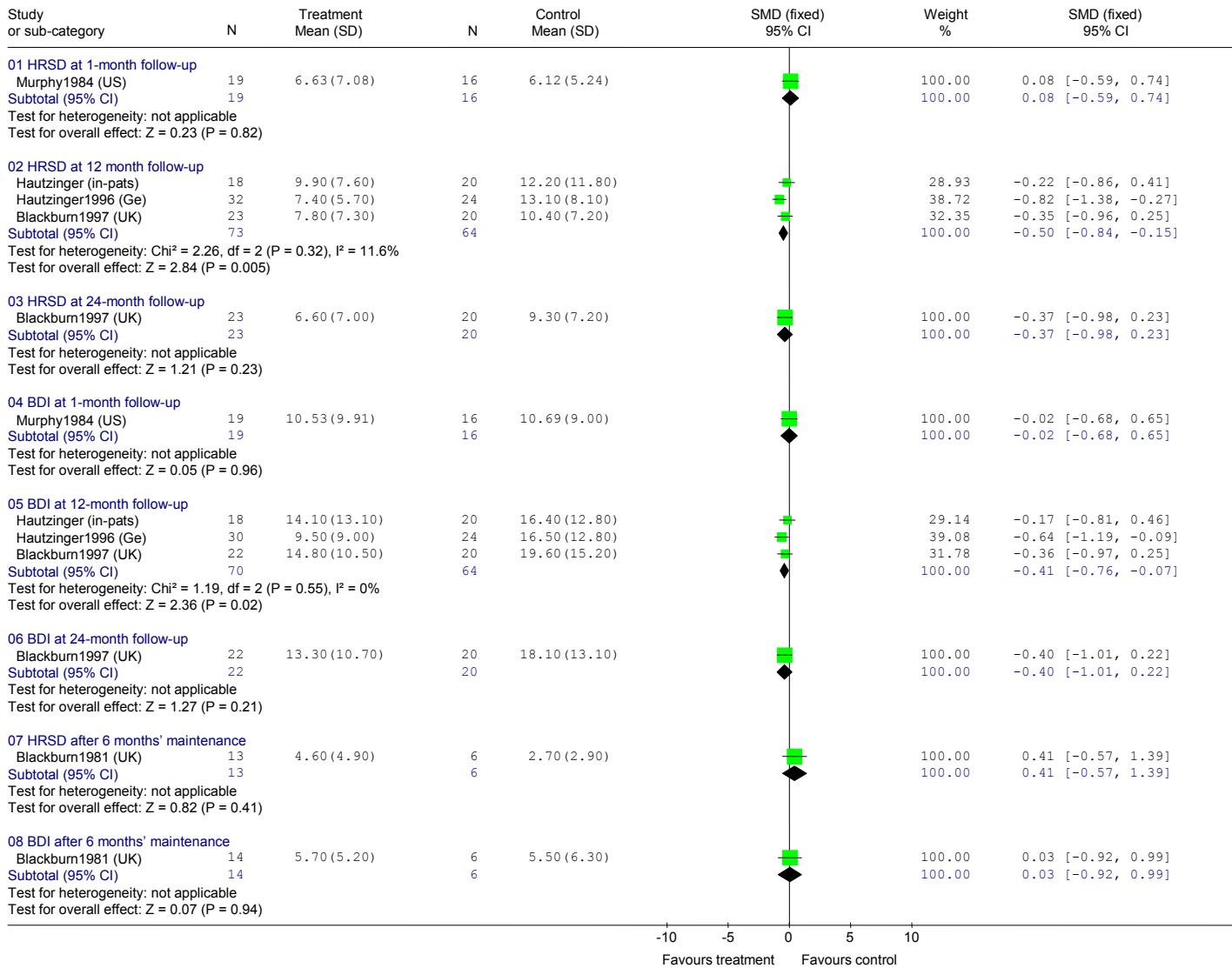
Review: CBT17
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 03 Depression scores: continous measures post-treatment



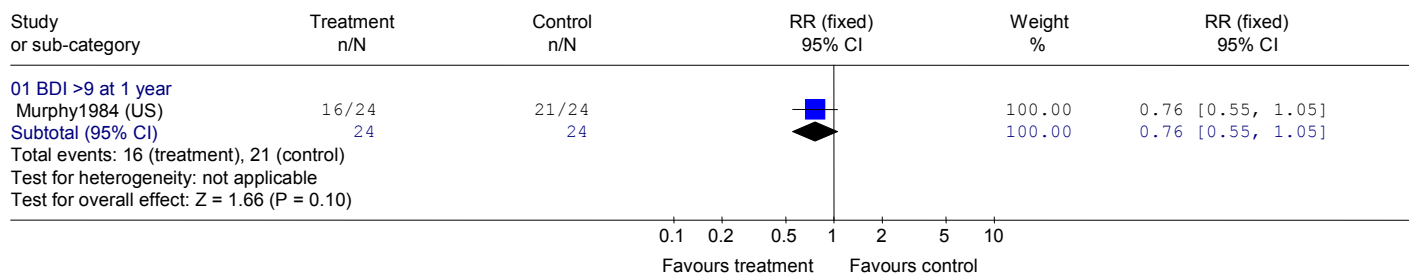
Review: CBT18
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 04 Depression scores: dichotomous outcomes



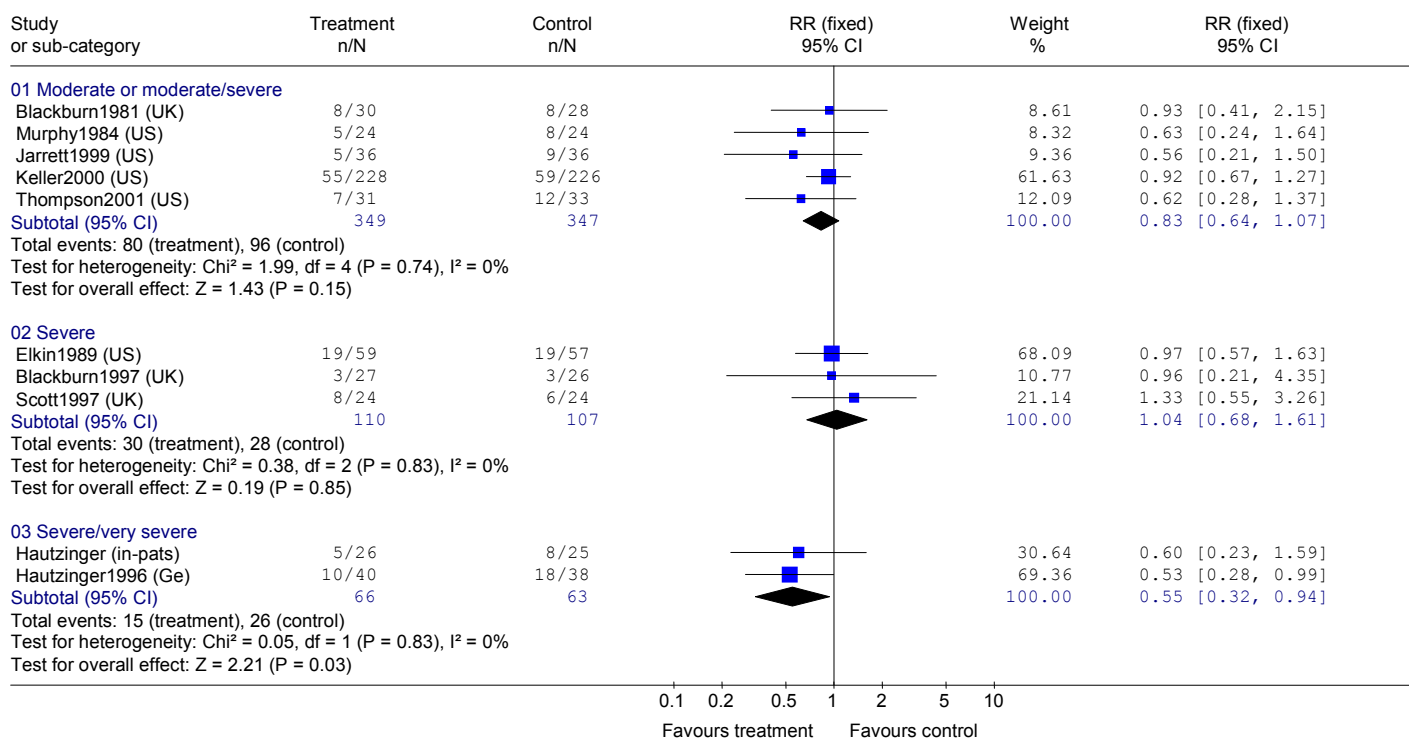
Review: CBT19
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 05 Depression scores: continuous measures at follow-up



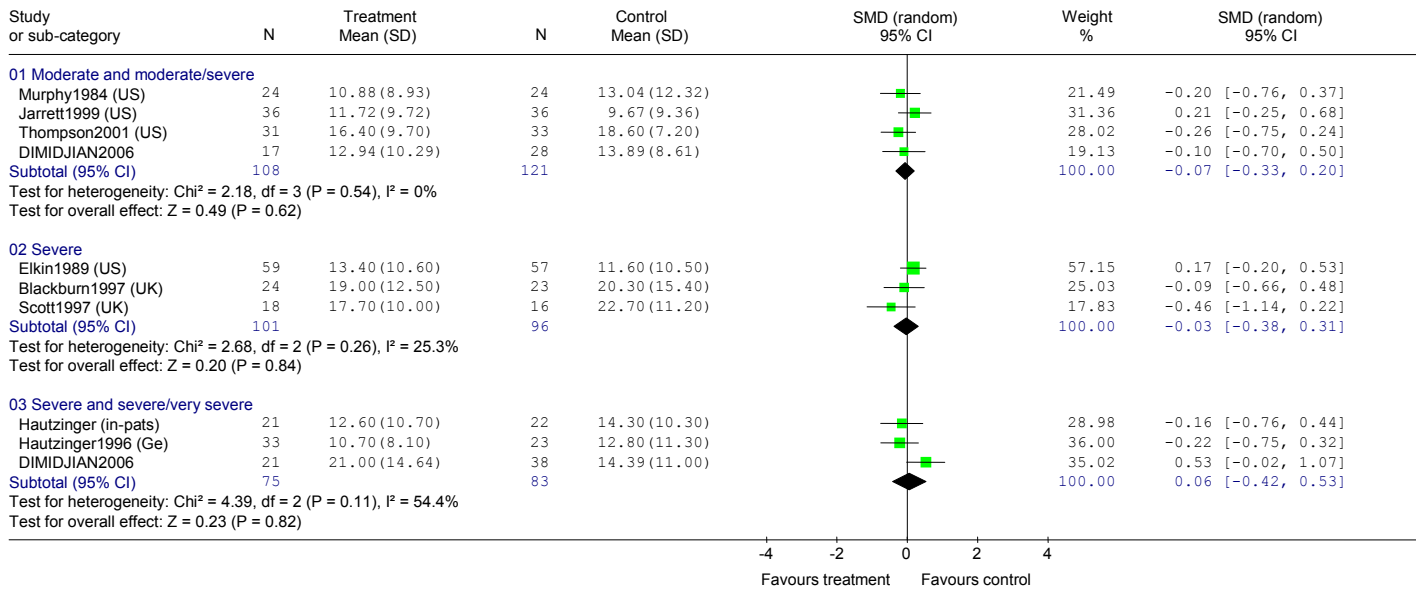
Review: CBT20
 Comparison: 05 Cognitive behavioural therapies versus antidepressants (with/without clinical management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes at follow-up



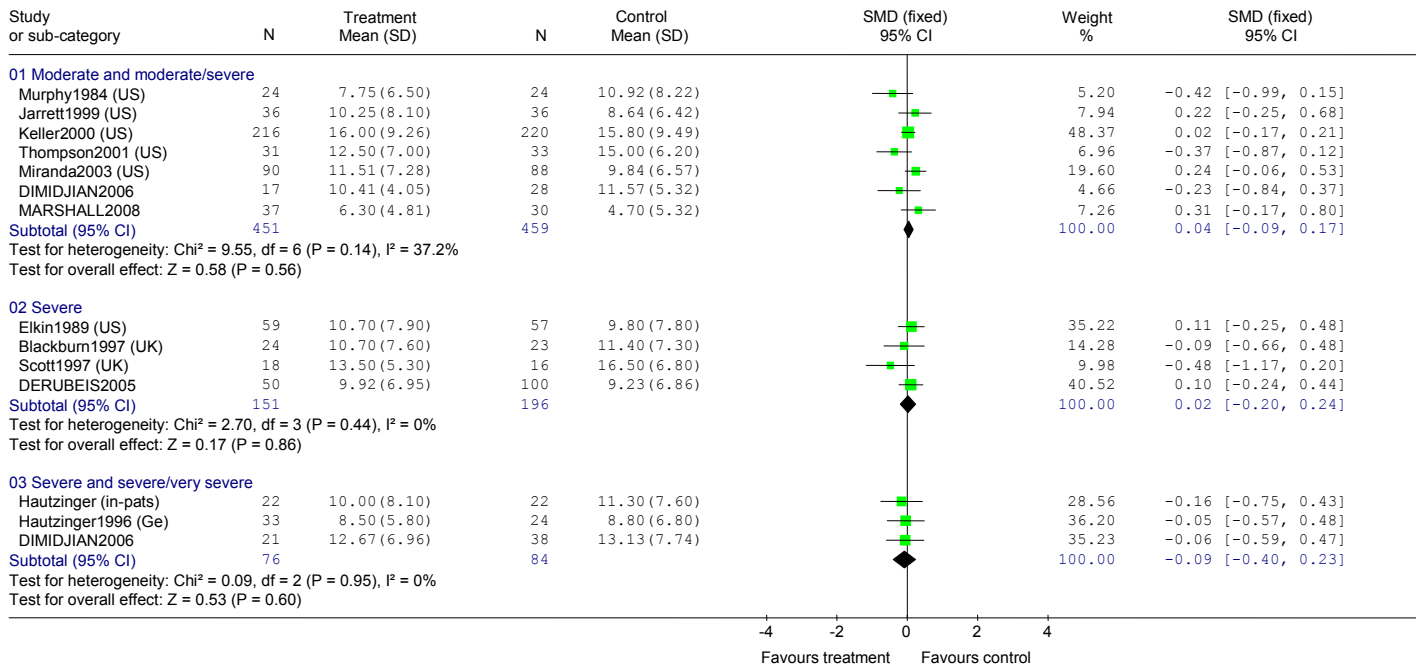
Review: CBT21
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 01 Leaving the study early



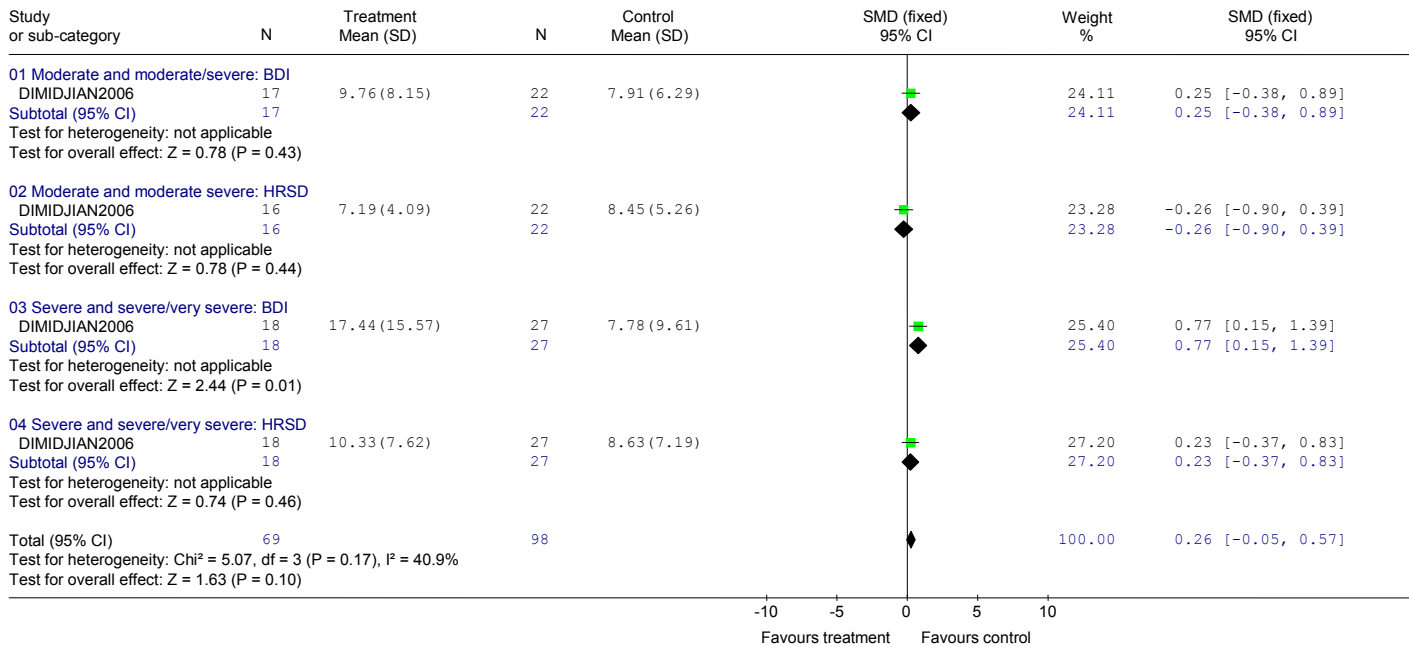
Review: CBT22
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 02 Depression scores: continous measures post-treatment – BDI



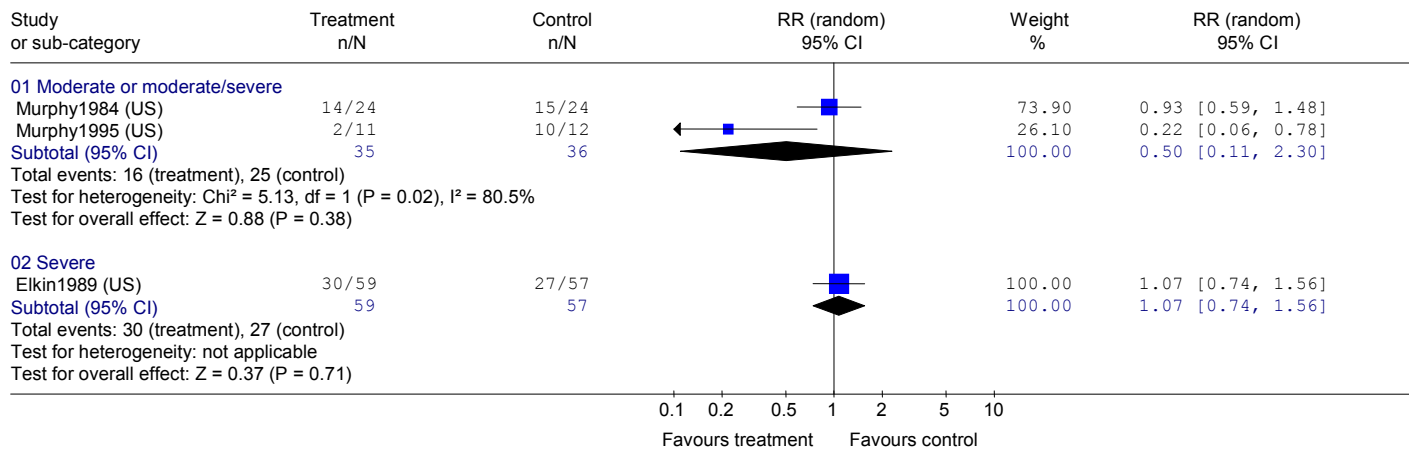
Review: CBT23
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 03 Depression scores: continous measures post-treatment – HRSD



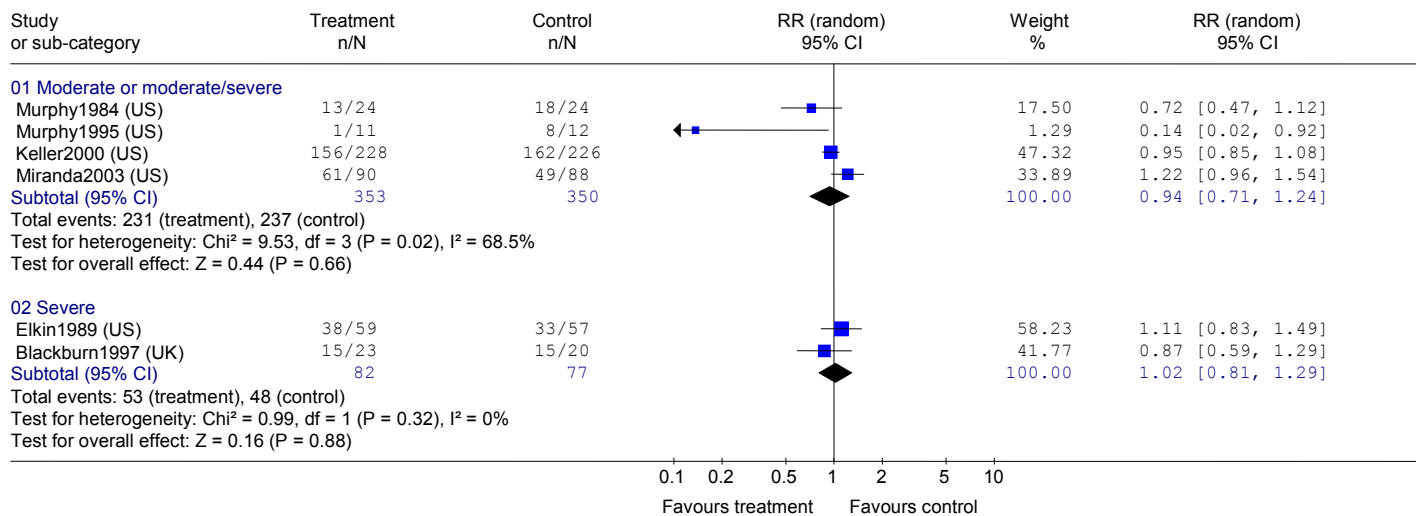
Review: CBT24
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 04 Depression scores: continuous measures at follow-up (16 weeks)



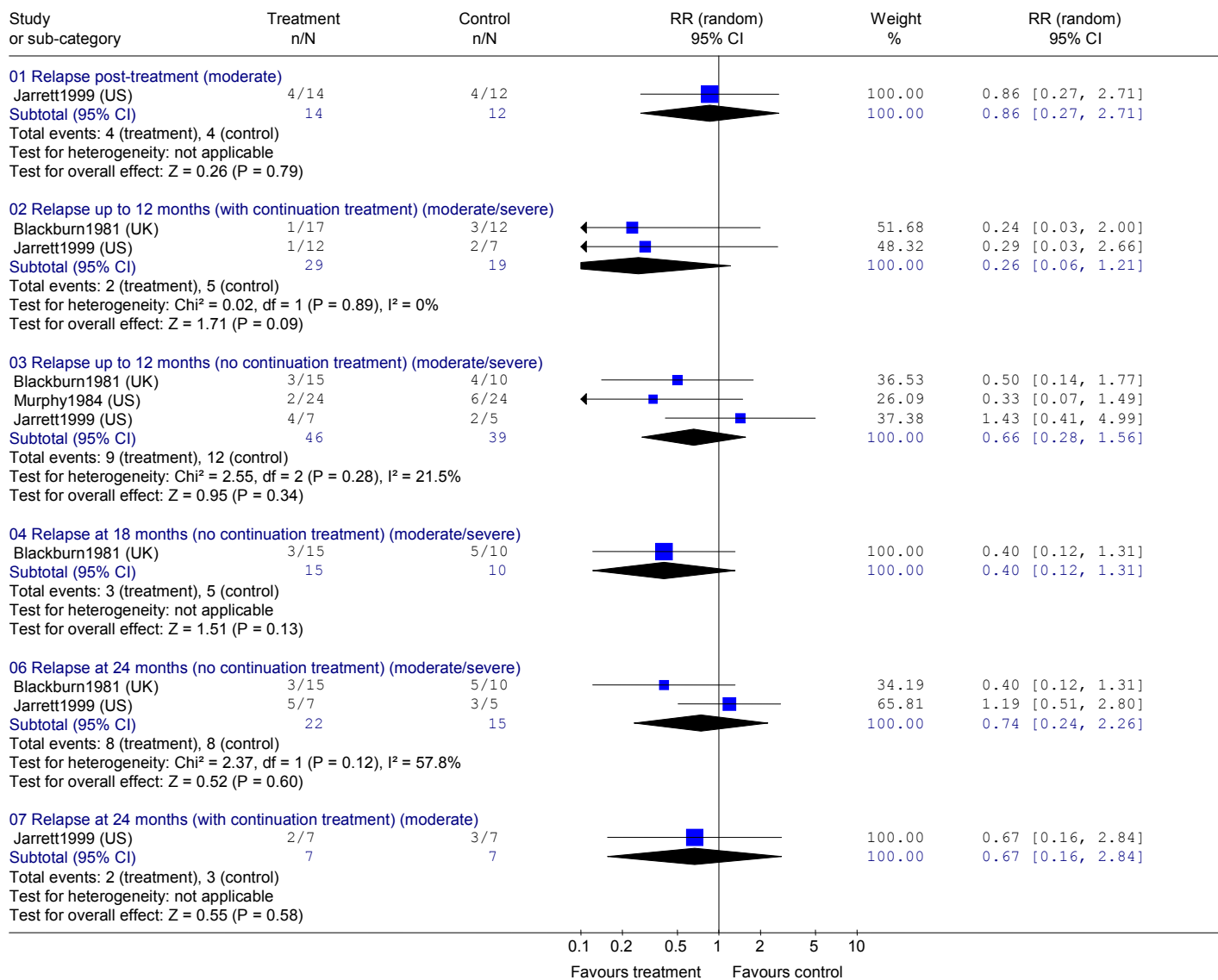
Review: CBT25
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 05 Depression scores: dichotomous outcomes by severity – BDI



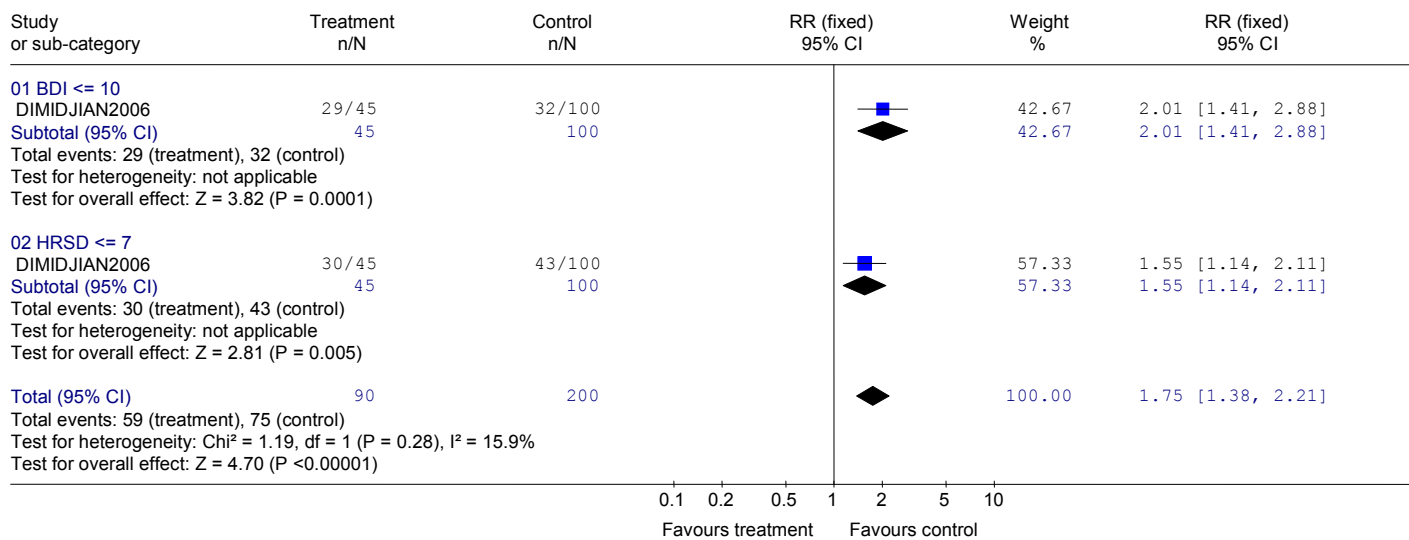
Review: CBT26
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 06 Depression scores: dichotomous outcomes by severity – HRSD



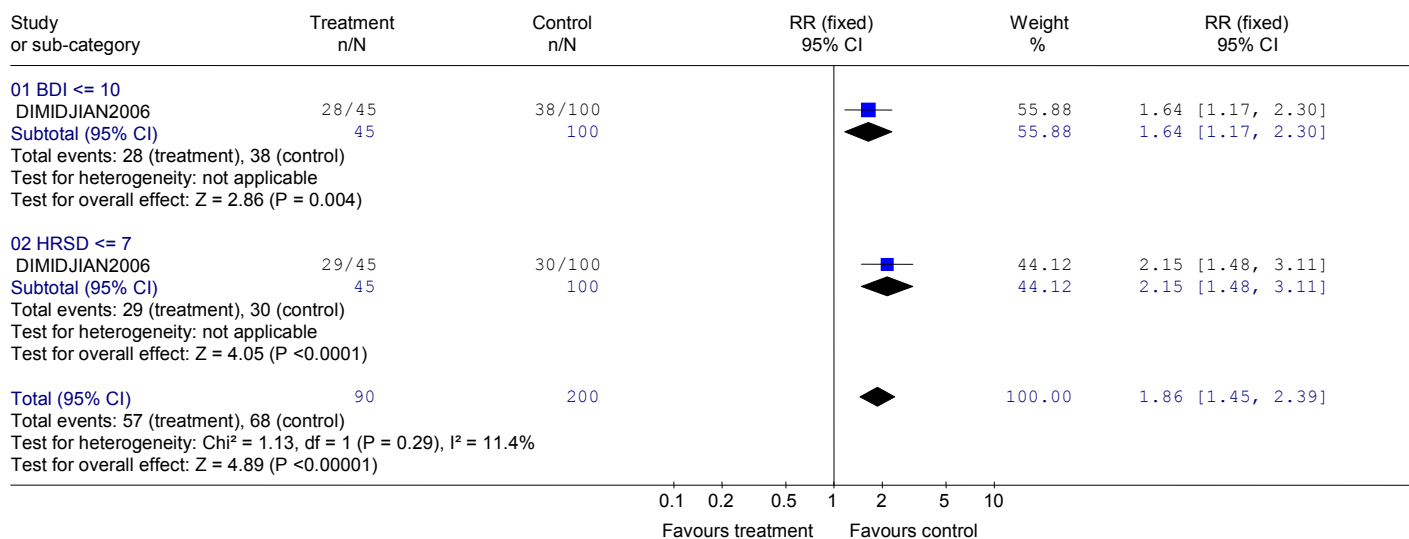
Review: CBT27
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 07 Relapse



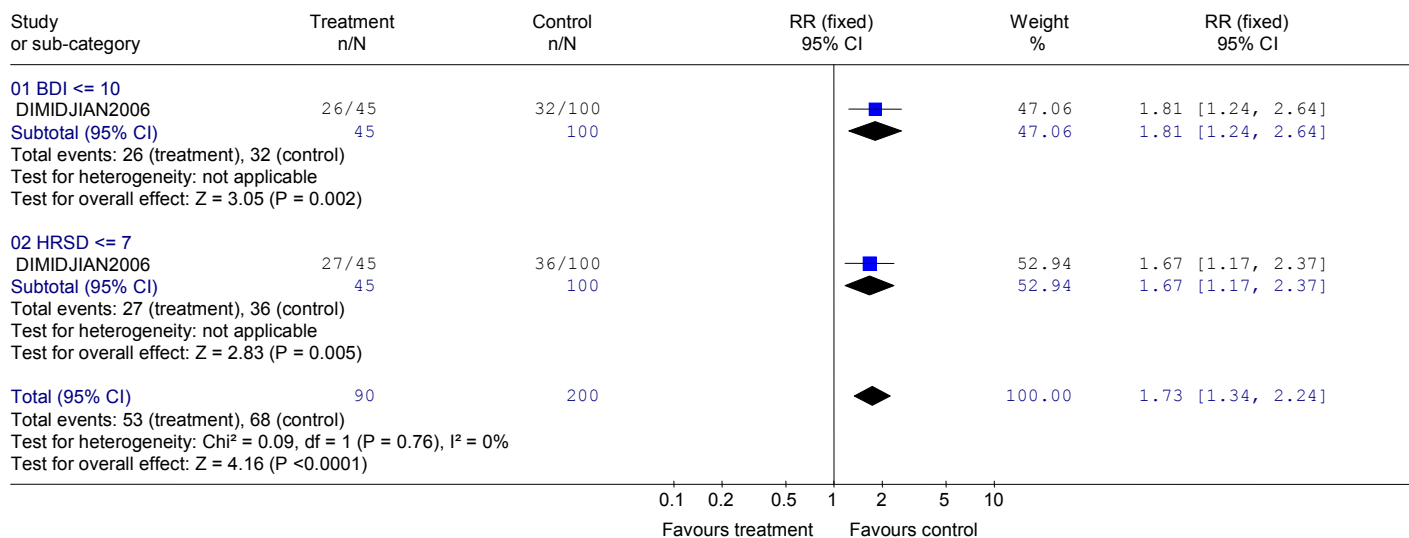
Review: CBT28
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 08 Number not achieving remission – severely depressed



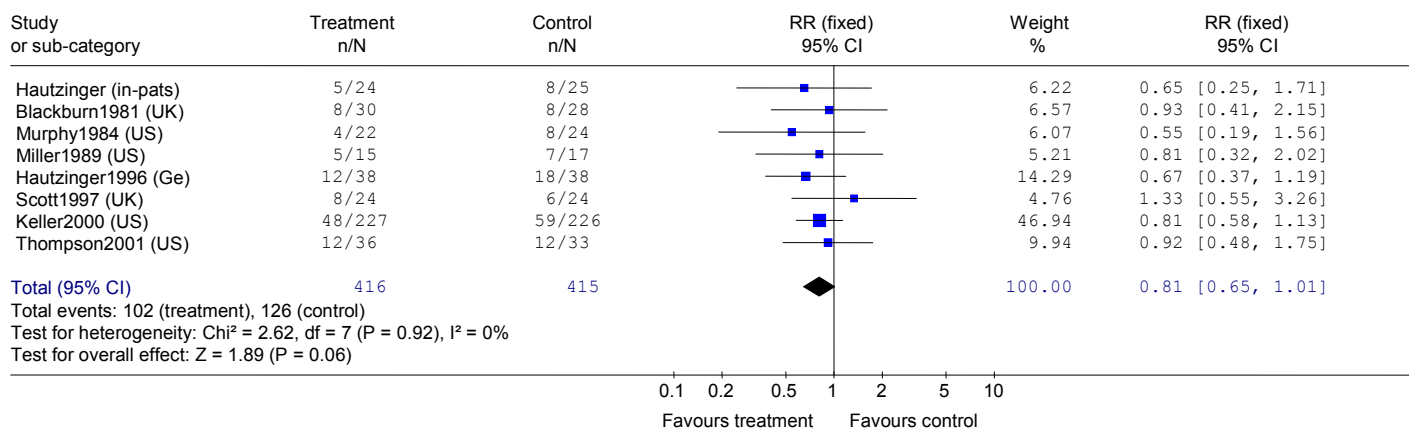
Review: CBT29
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 09 Number not achieving remission – less severely depressed



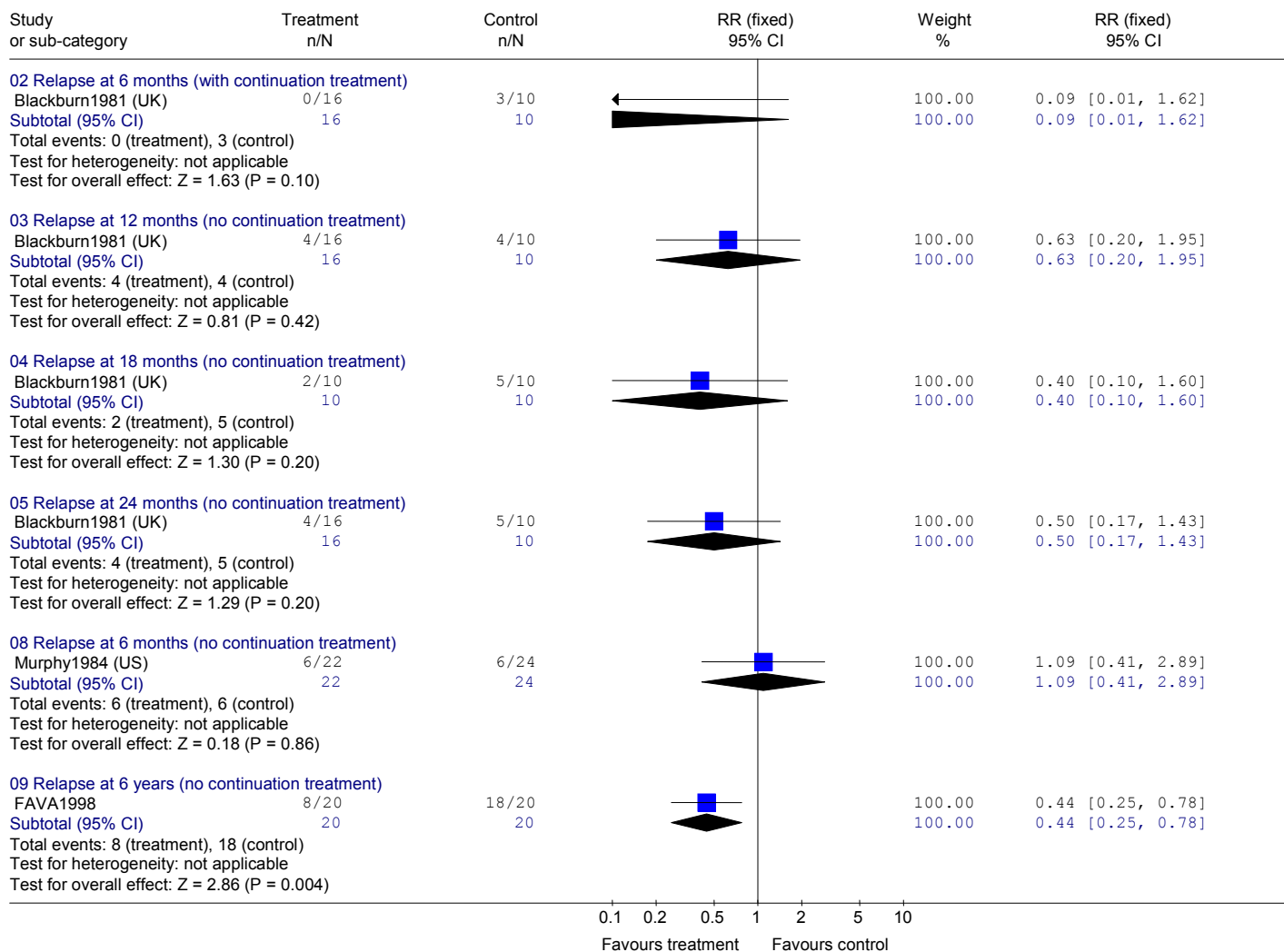
Review: CBT30
 Comparison: 06 Sub 04: cognitive behavioural therapies versus antidepressants by severity
 Outcome: 10 Number not achieving response – less severely depressed



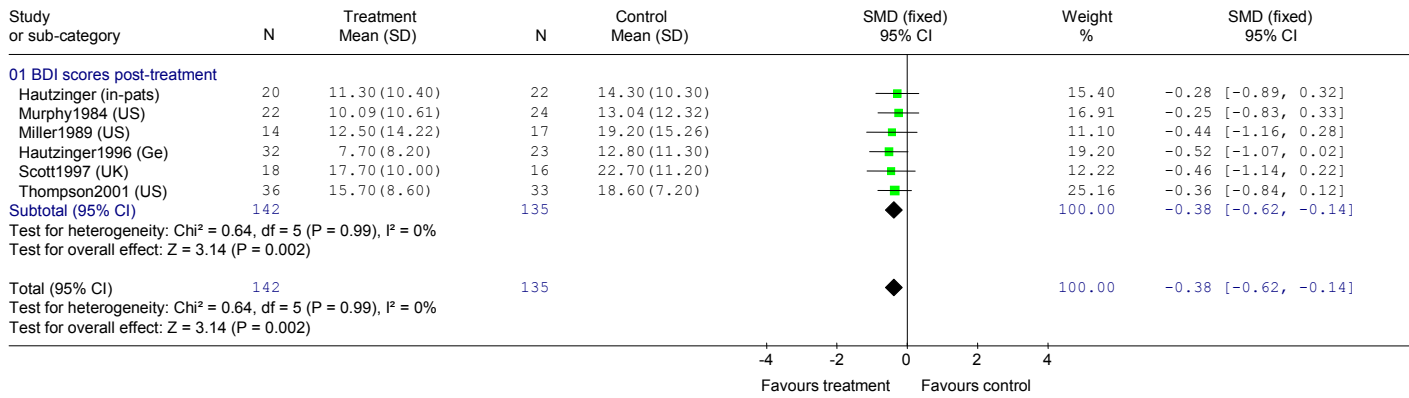
Review: CBT31
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 01 Leaving the study early



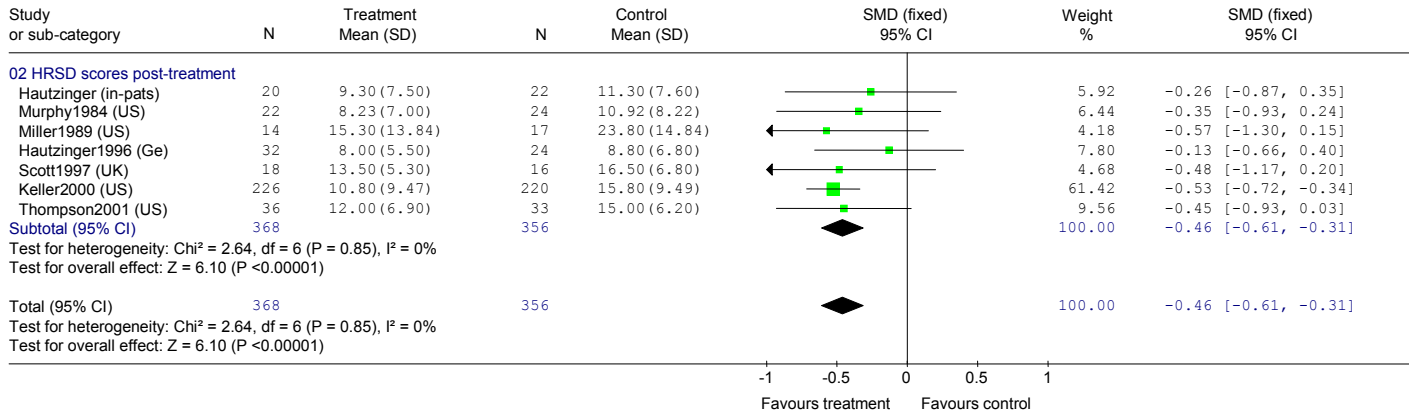
Review: CBT32
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 02 Relapse



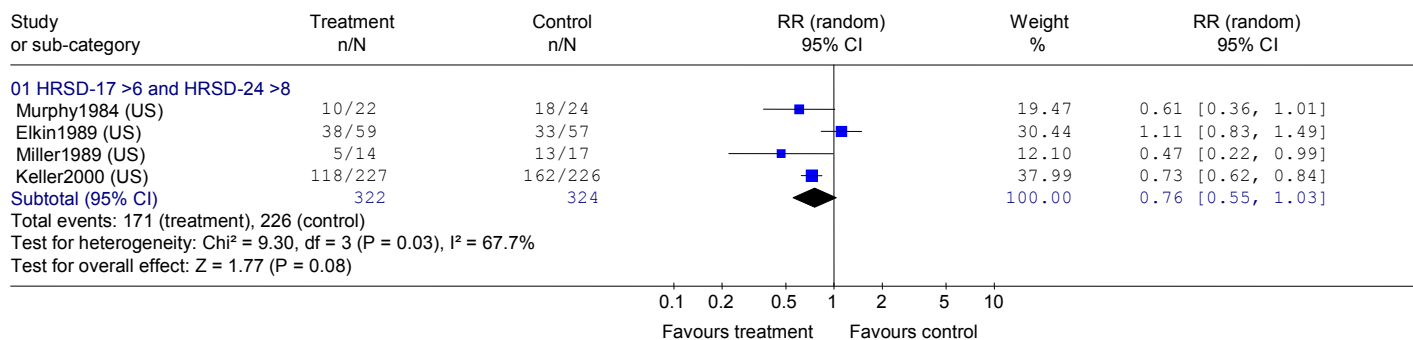
Review: CBT33
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 03 Depression scores: continuous measures post-treatment



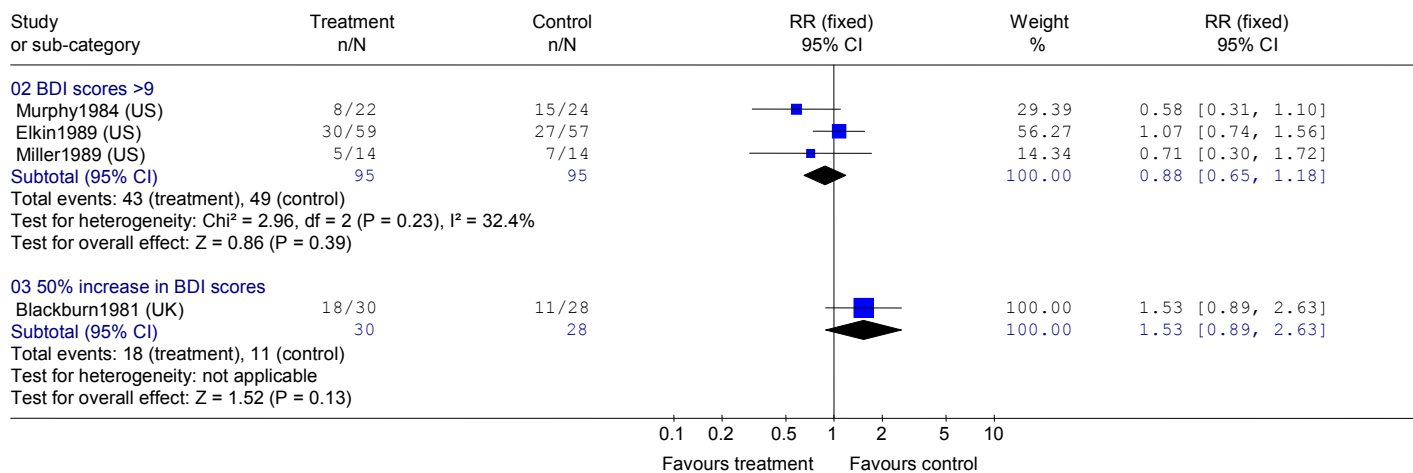
Review: CBT34
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 04 Depression scores: continuous measures post-treatment



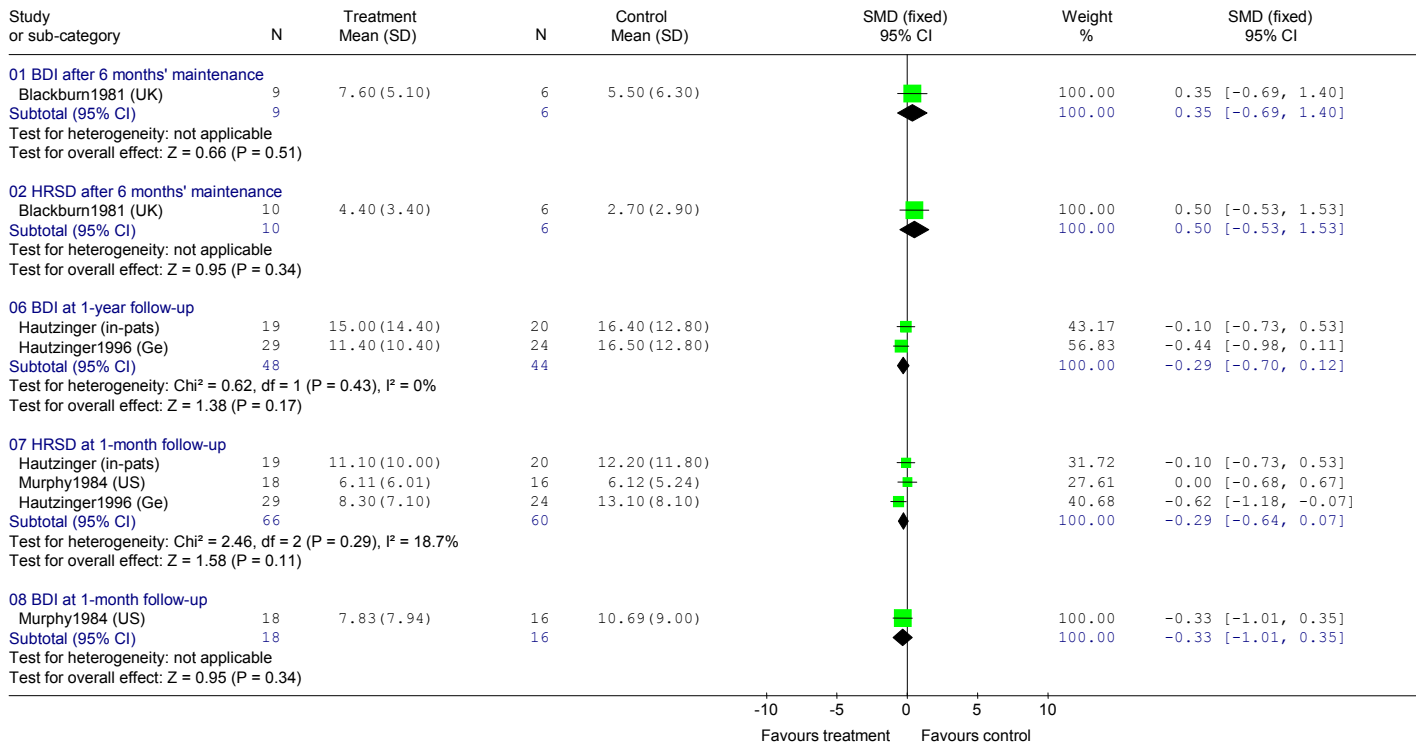
Review: CBT35
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment



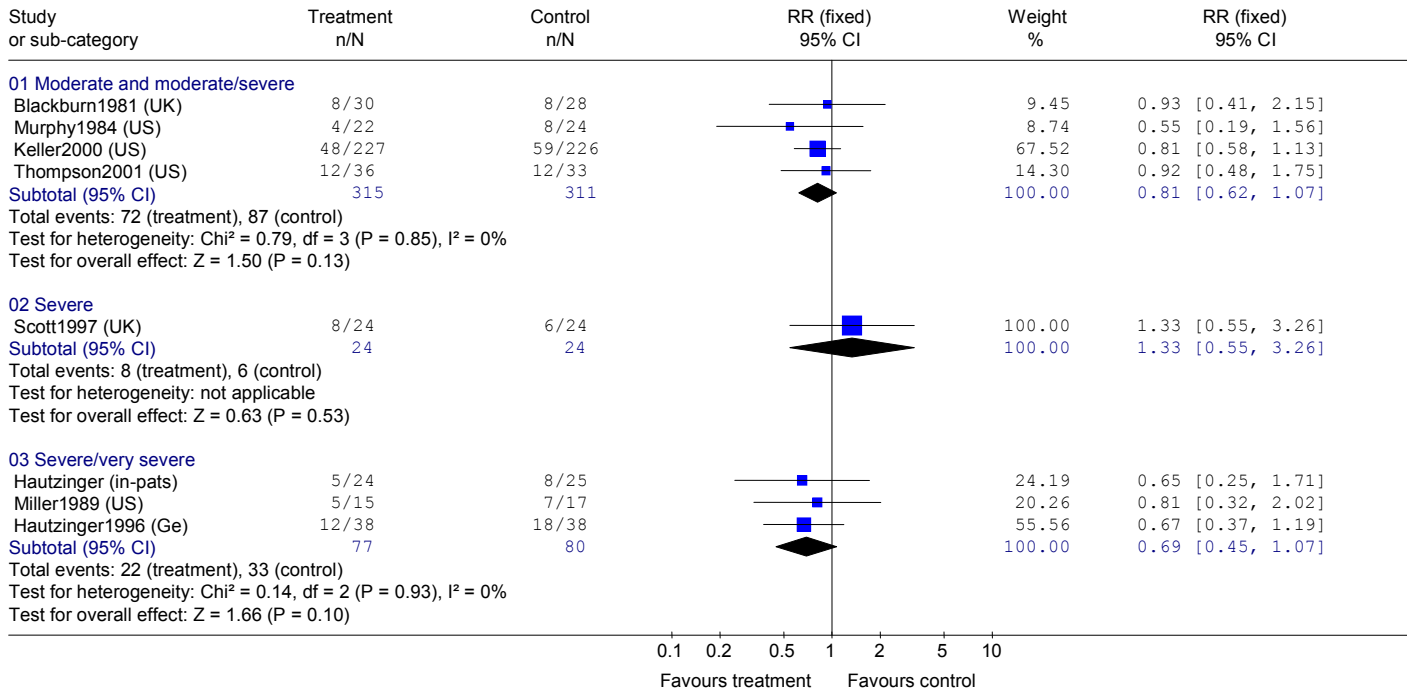
Review: CBT36
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment



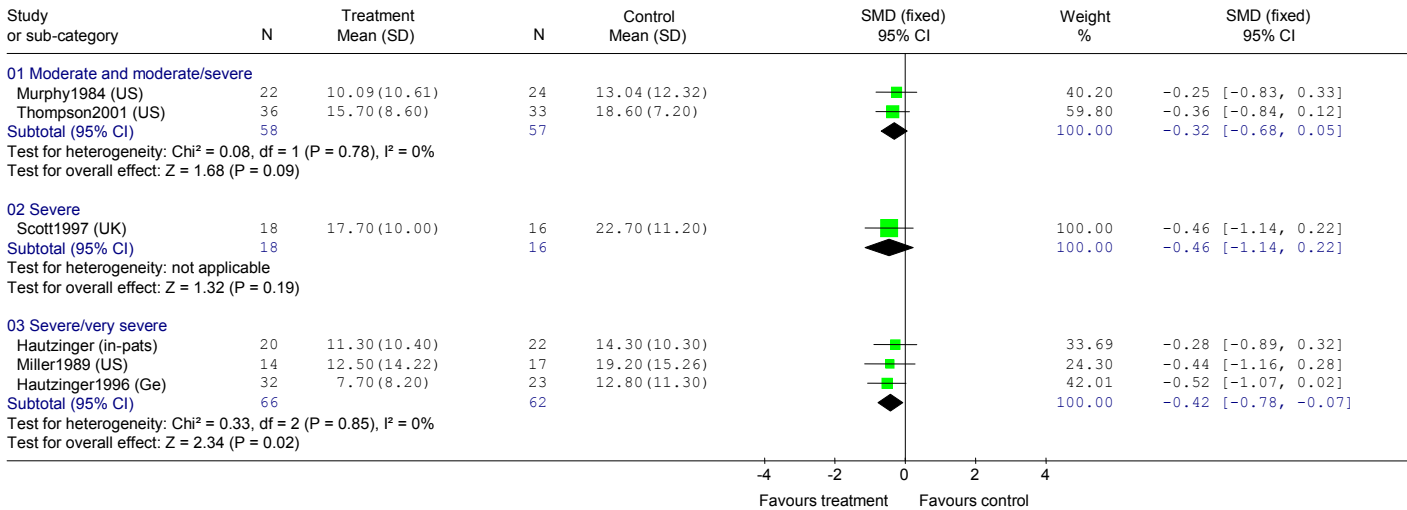
Review: CBT37
 Comparison: 07 Cognitive behavioural therapies + antidepressants versus antidepressants (with clinical management or GP care)
 Outcome: 07 Depression scores: continuous measures at follow-up



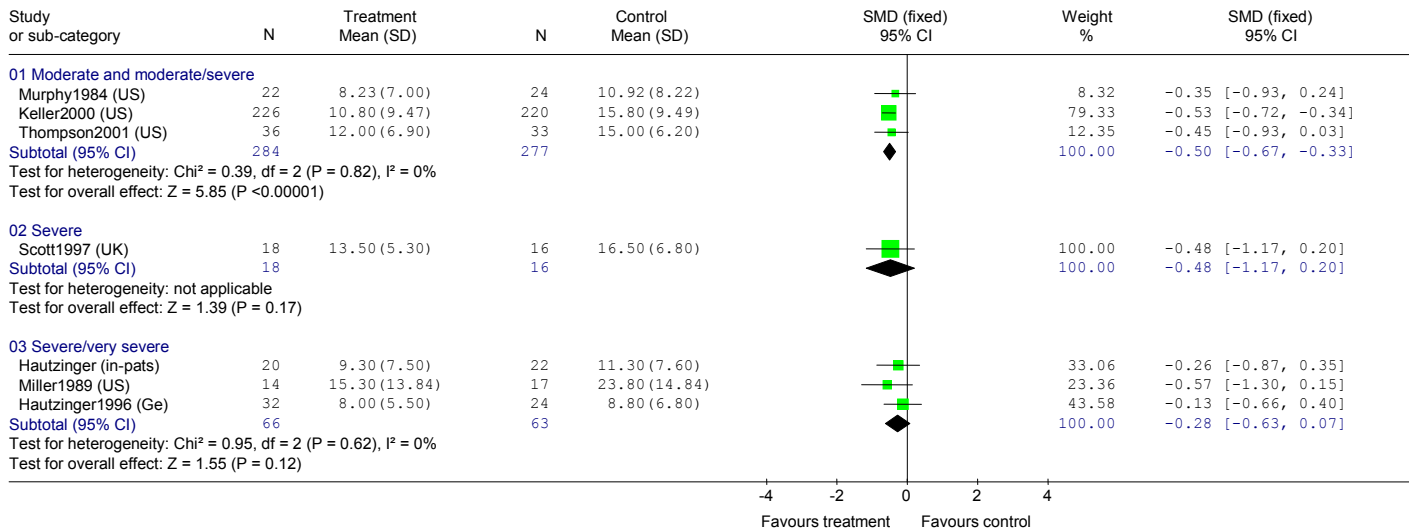
Review: CBT38
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 01 Leaving the study early



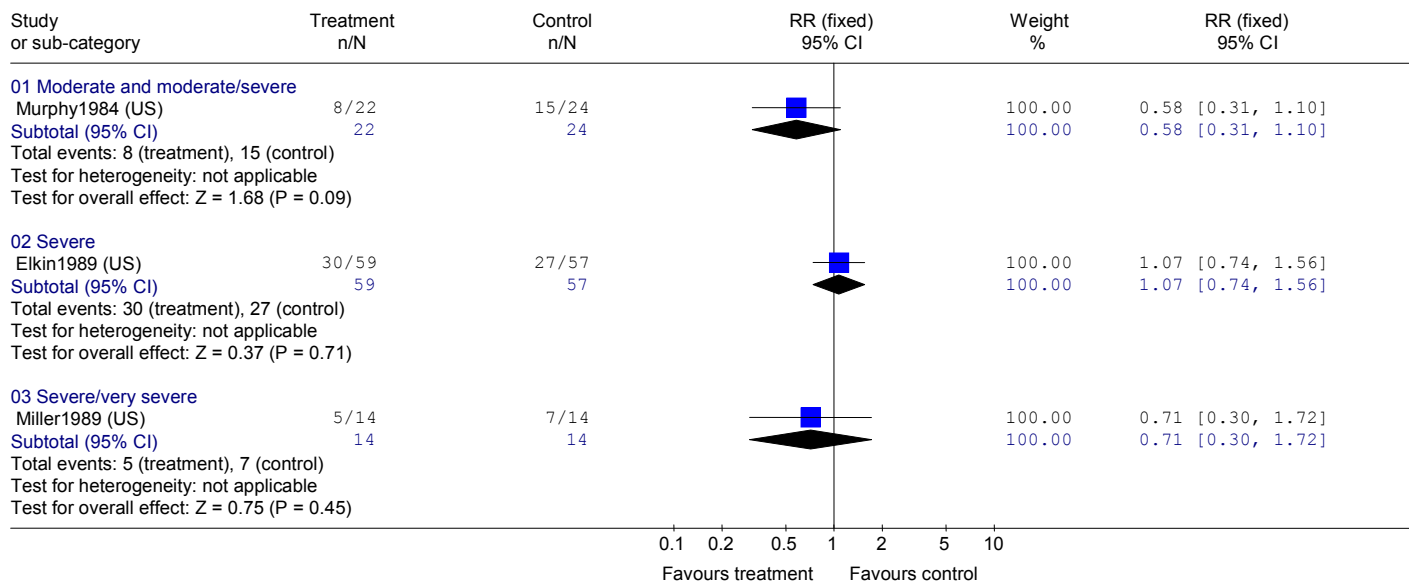
Review: CBT39
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 02 Depression scores: continuous measures post-treatment - BDI



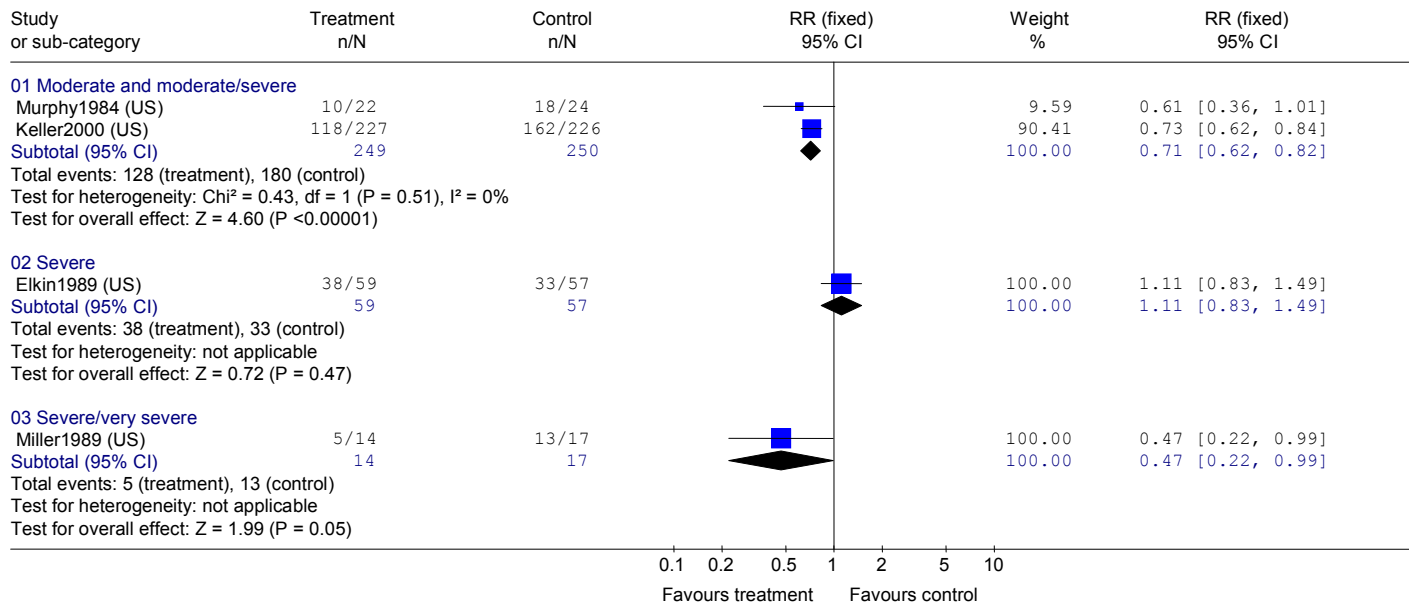
Review: CBT40
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 03 Depression scores: continuous measures post-treatment – HRSD



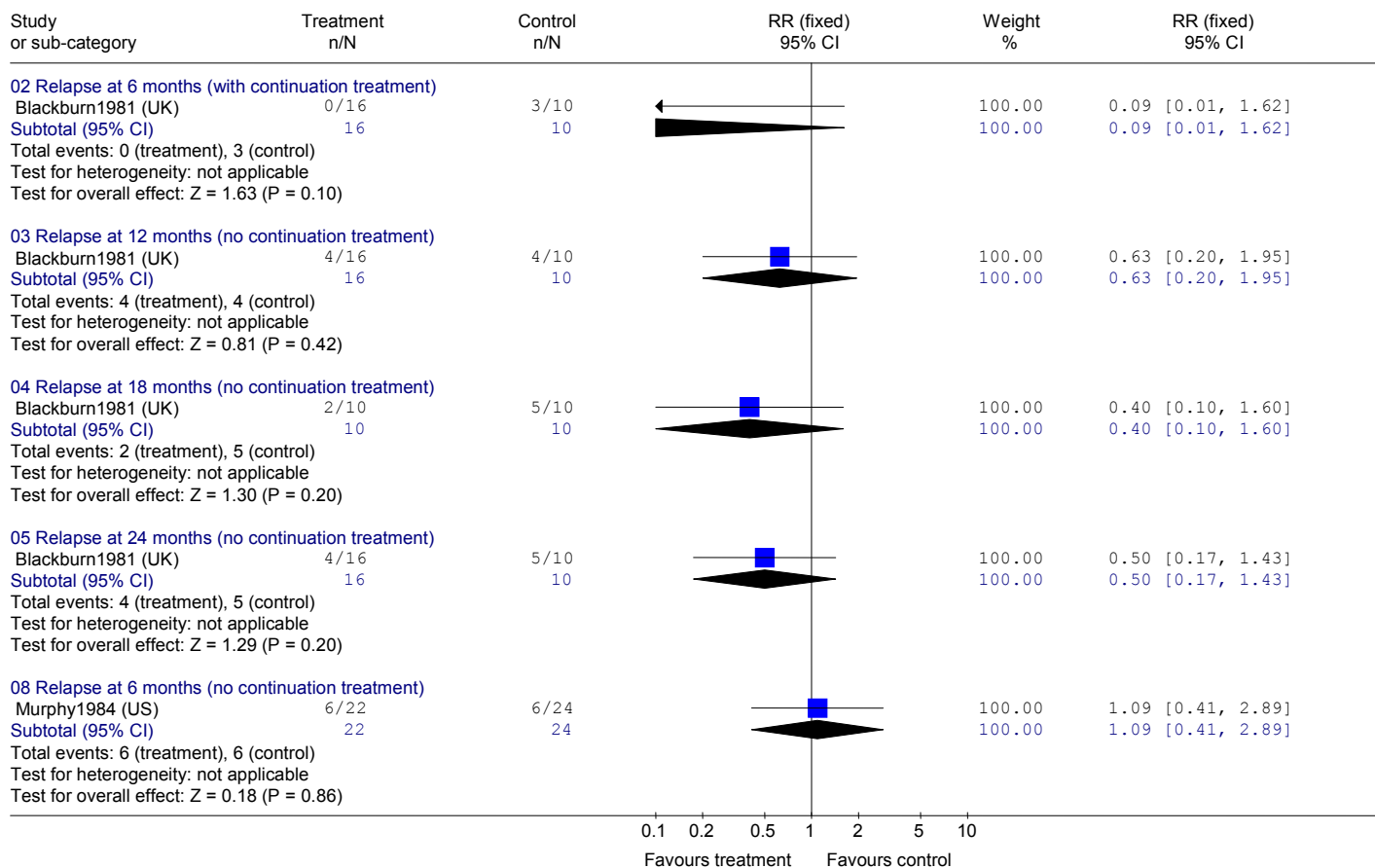
Review: CBT41
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 04 Depression scores: dichotomous outcomes post-treatment – BDI



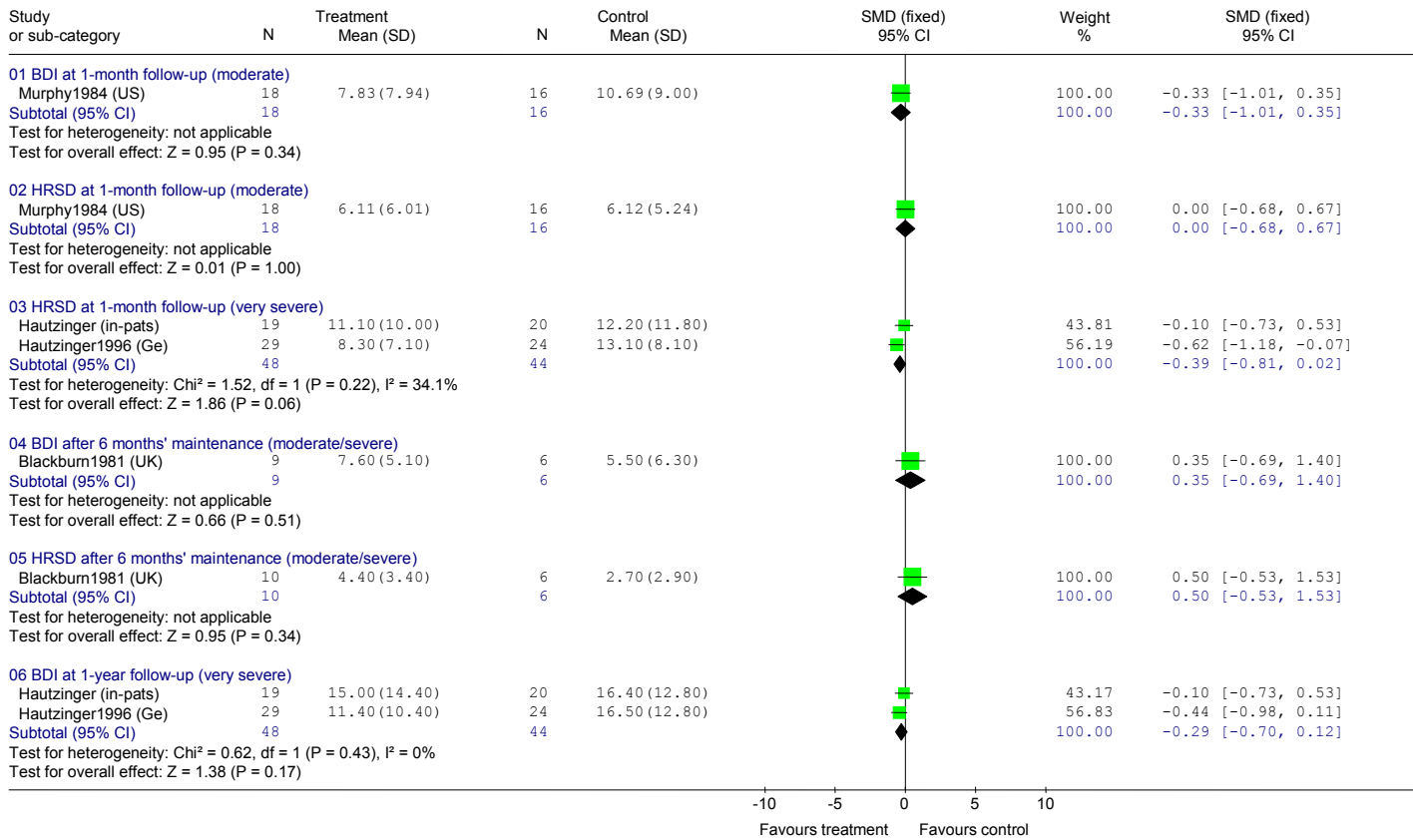
Review: CBT42
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment – HRSD



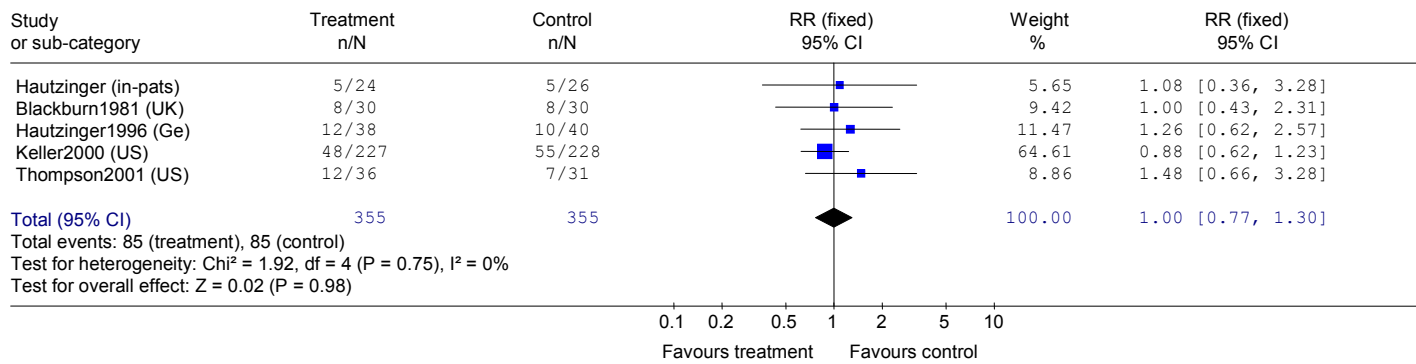
Review: CBT43
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 06 Relapse (moderate/severe)



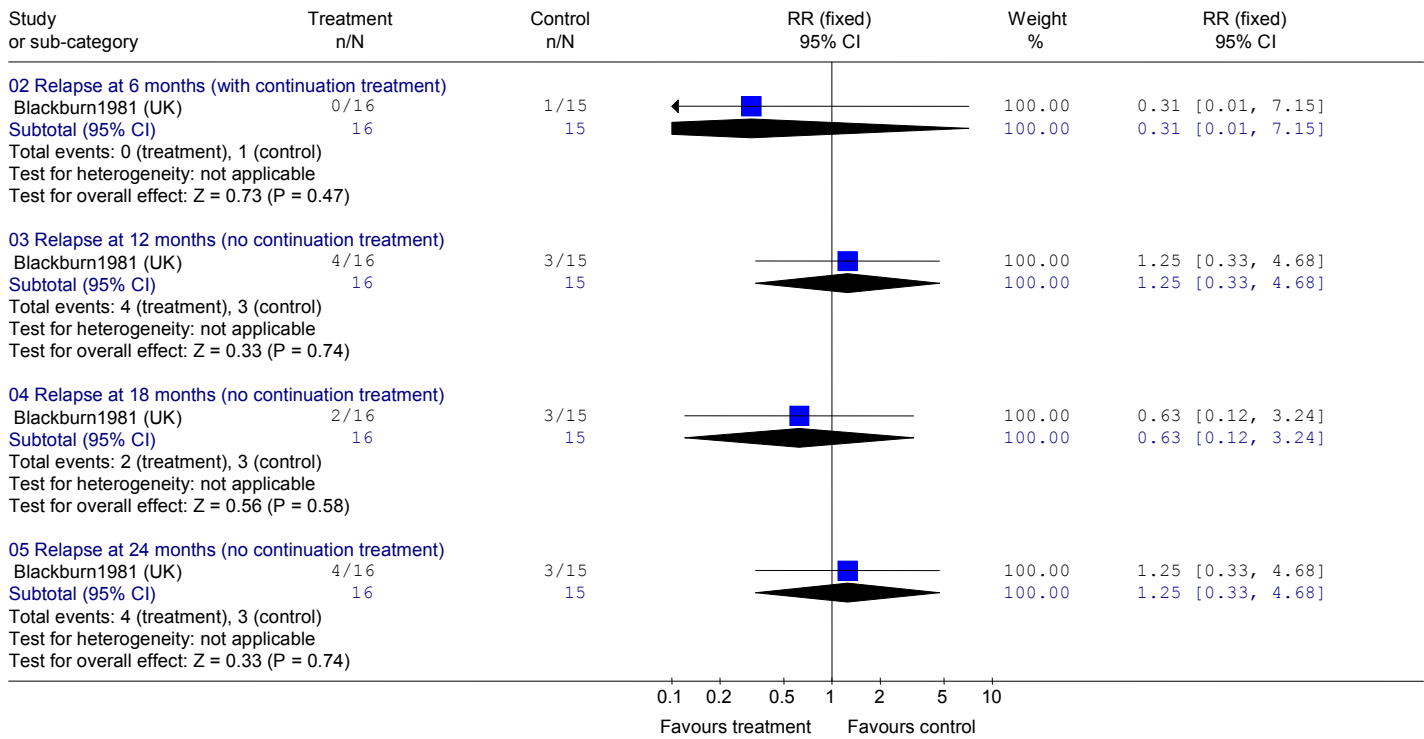
Review: CBT44
 Comparison: 08 Sub 05: cognitive behavioural therapies + antidepressants versus antidepressants by severity
 Outcome: 07 Depression scores: continuous measures at follow-up



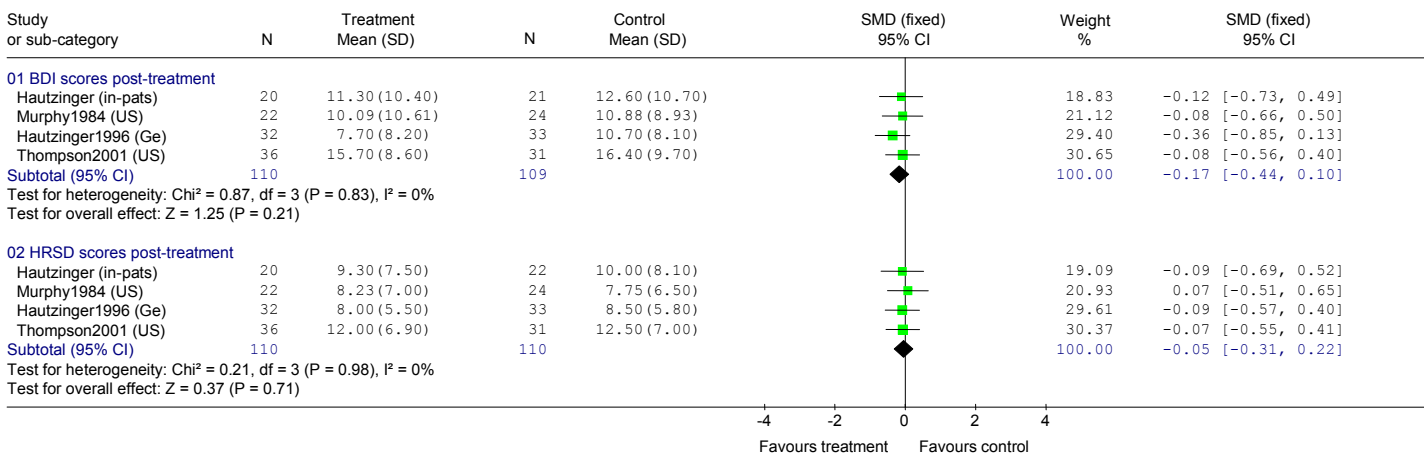
Review: CBT45
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 01 Leaving the study early



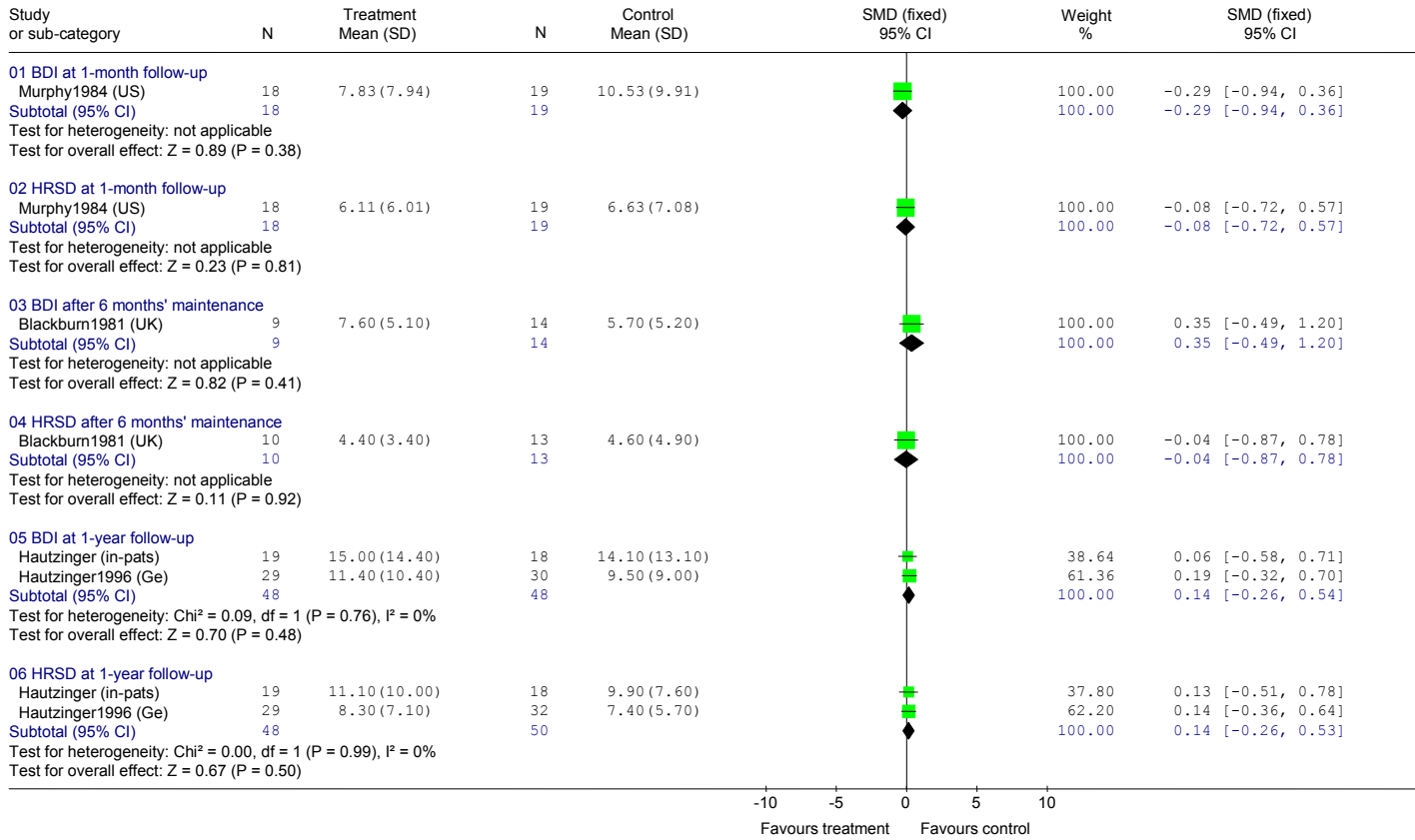
Review: CBT46
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 02 Relapse



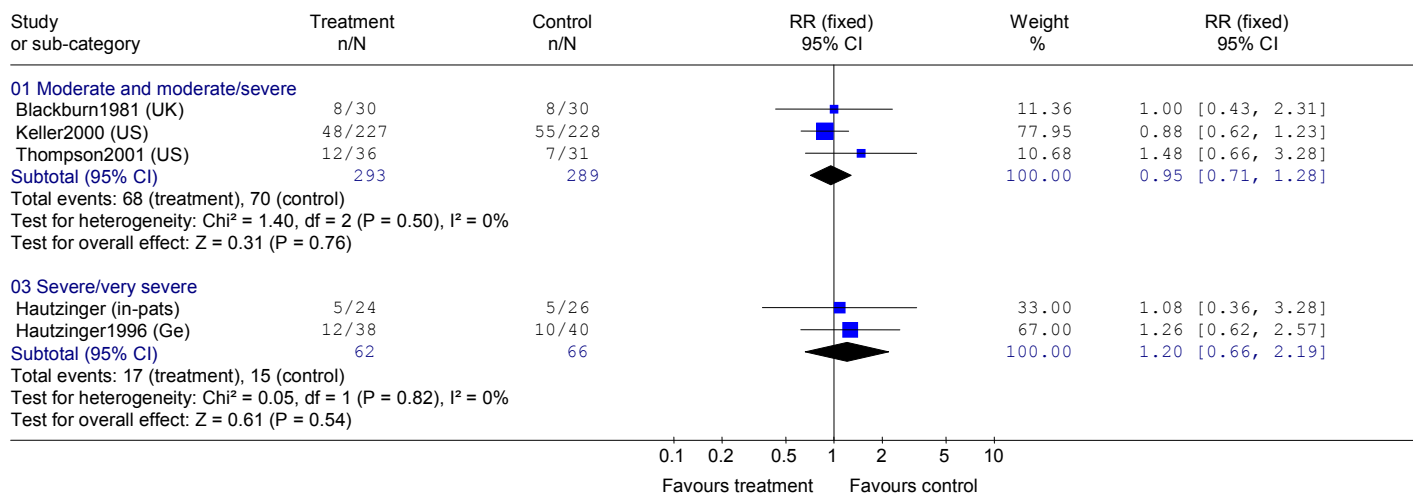
Review: CBT47
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 03 Depression scores: continuous measures post-treatment



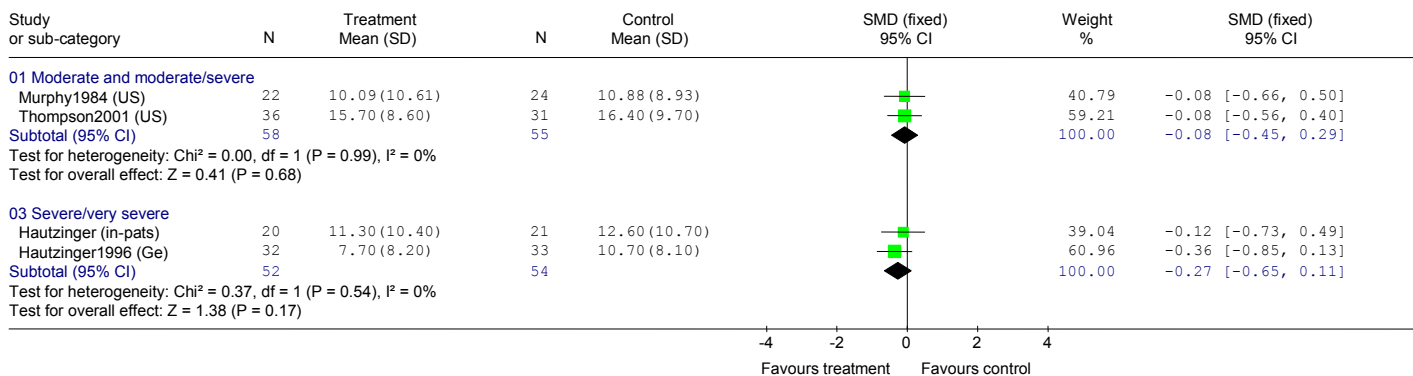
Review: CBT48
 Comparison: 09 Cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies
 Outcome: 04 Depression scores: continuous data at follow-up



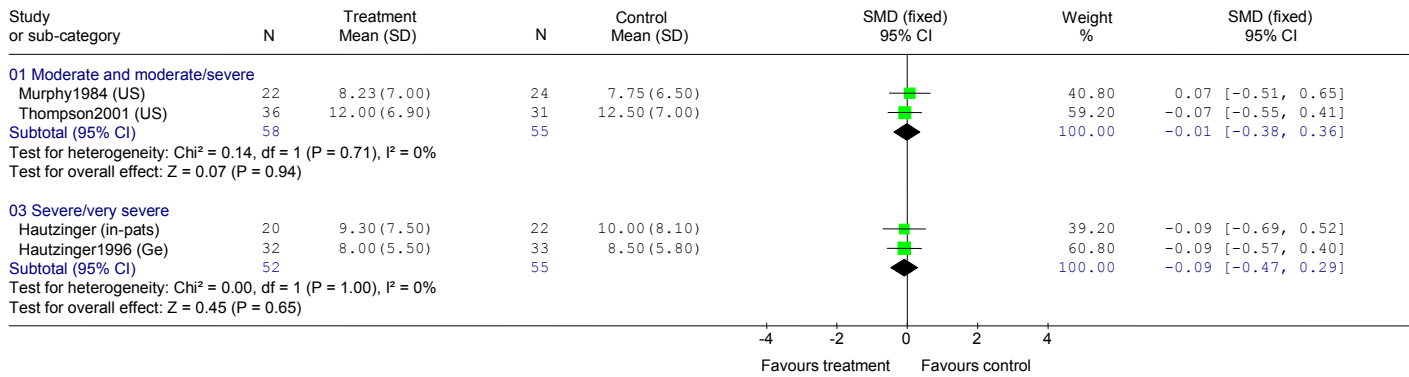
Review: CBT49
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 01 Leaving the study early



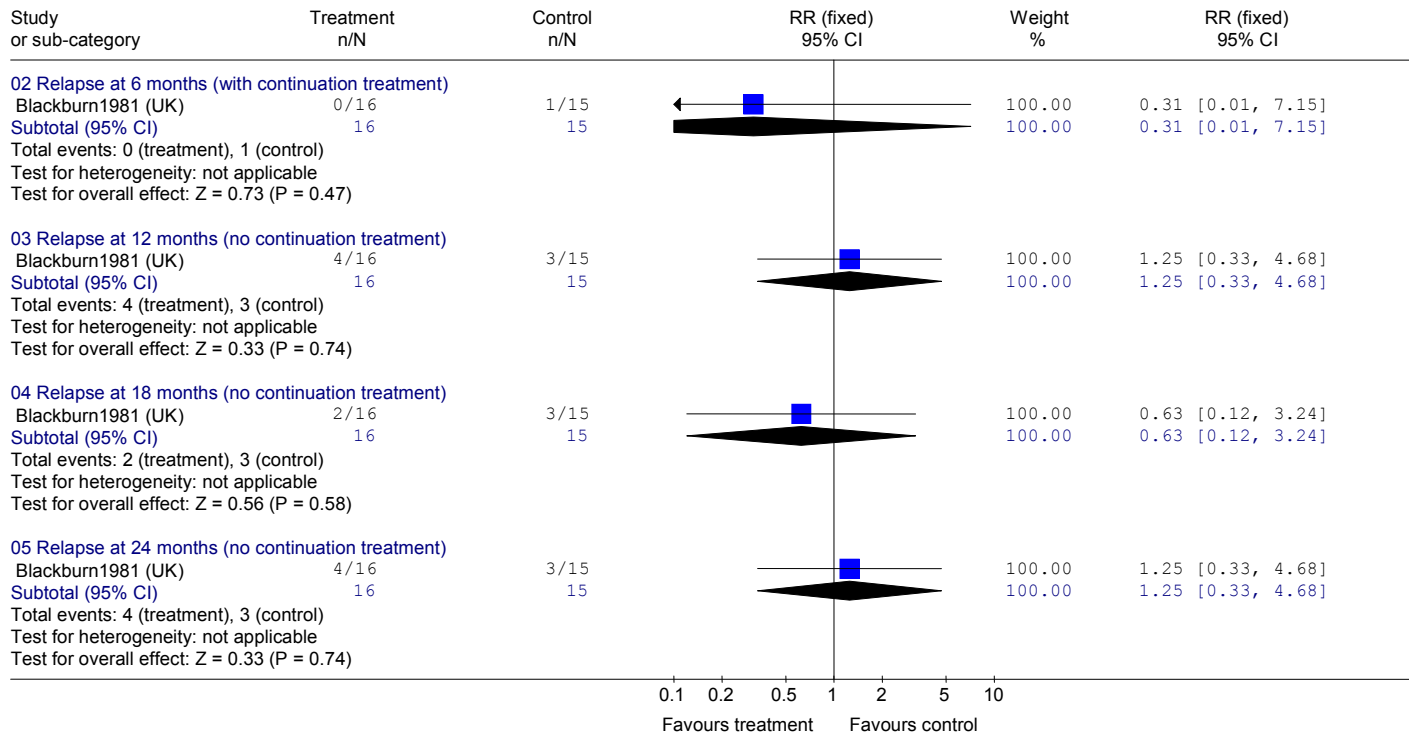
Review: CBT50
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 02 Depression scores: continuous measures post-treatment – BDI



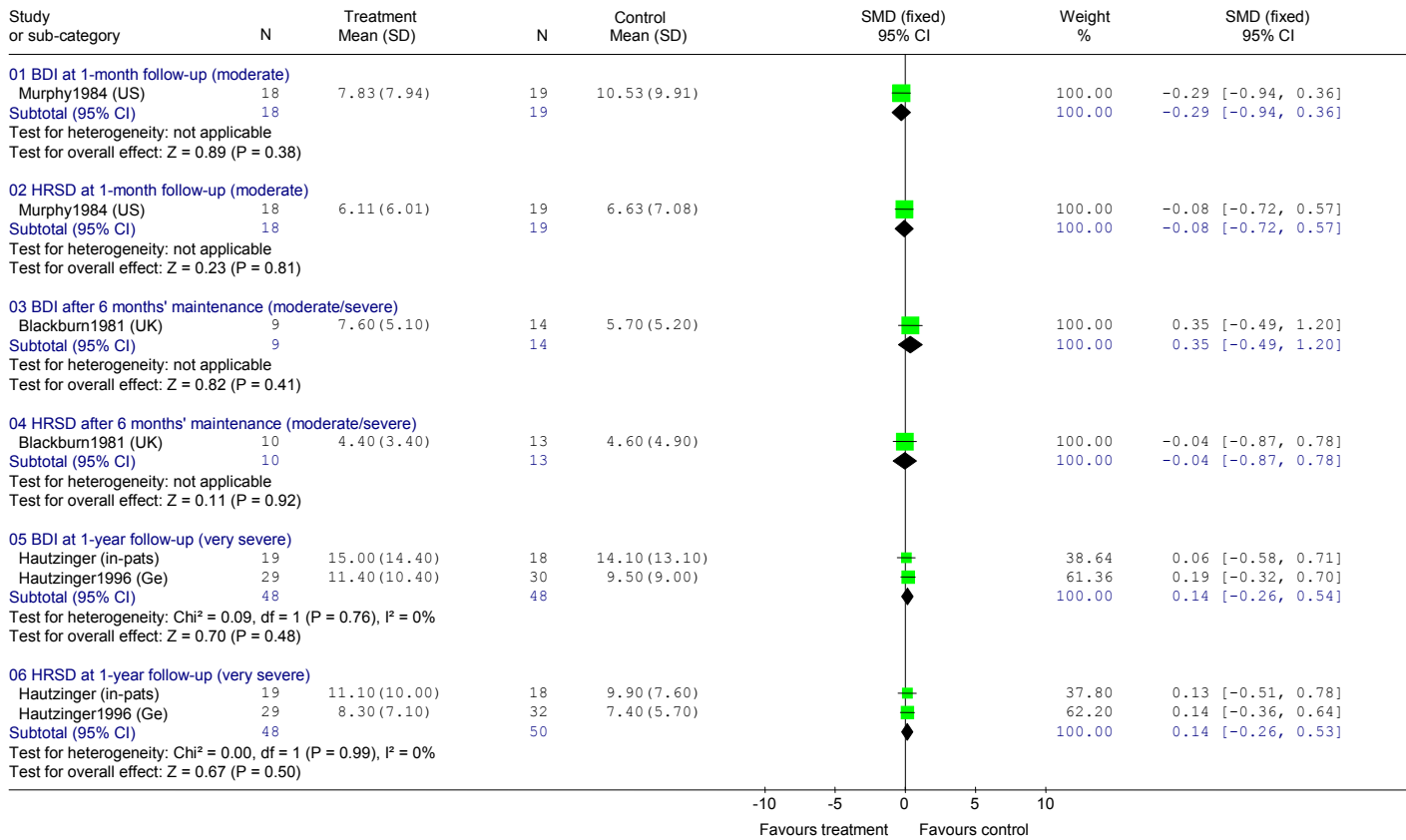
Review: CBT51
 Comparison: 10 Sub 06: cognitive behavioural therapies + ADs versus cognitive behavioural therapies by severity
 Outcome: 03 Depression scores: continuous measures post-treatment – HRSD



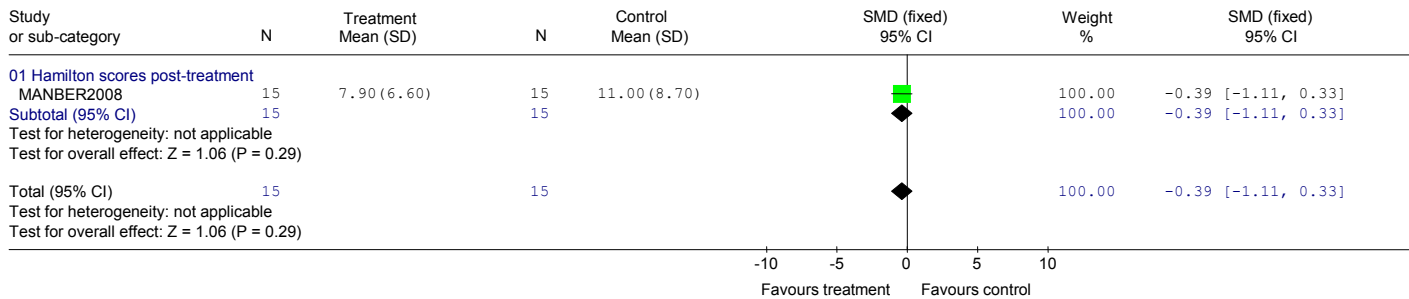
Review: CBT52
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 04 Relapse (moderate)



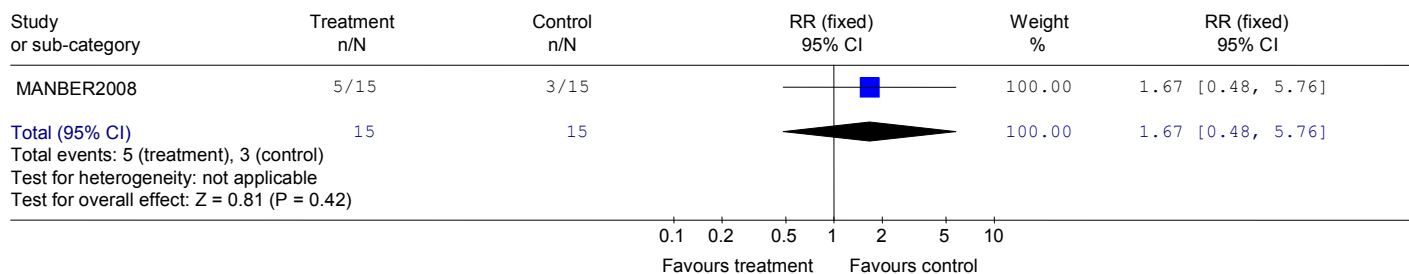
Review: CBT53
 Comparison: 10 Sub 06: cognitive behavioural therapies + antidepressants versus cognitive behavioural therapies by severity
 Outcome: 05 Depression scores: continuous data at follow-up



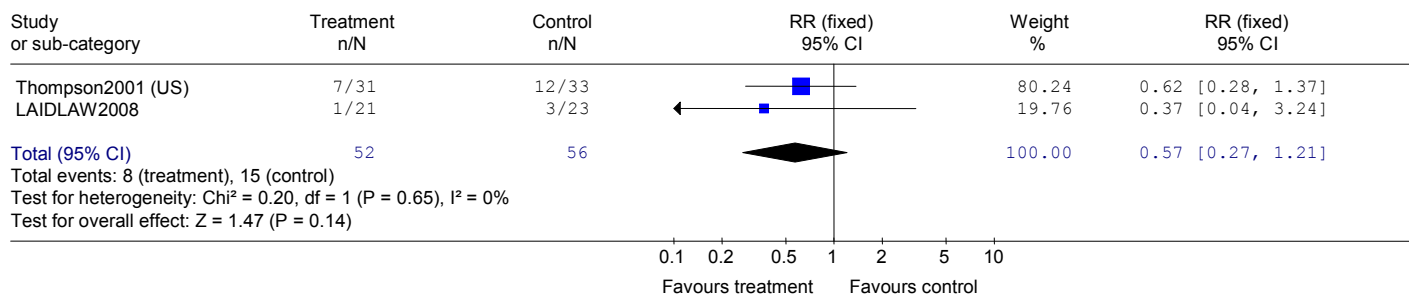
Review: CBT54
 Comparison: 11 Cognitive therapies (for insomnia) + antidepressants versus non-directive interventions (quasi-desensitisation for insomnia) + antidepressants
 Outcome: 01 Depression scores: continuous measures post-treatment



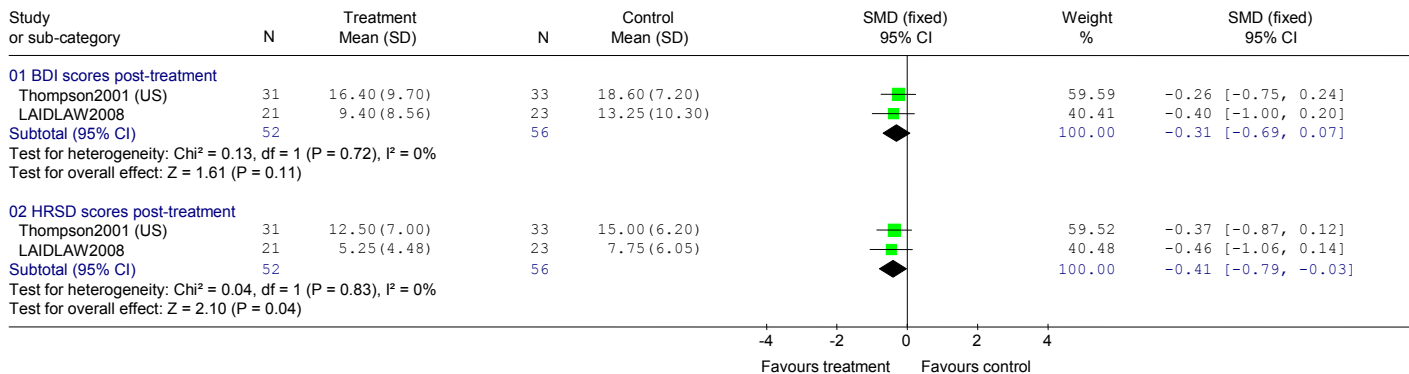
Review: CBT55
 Comparison: 11 Cognitive therapies (for insomnia) + antidepressants versus non-directive interventions (quasi-desensitisation for insomnia) + antidepressants
 Outcome: 02 Leaving study early



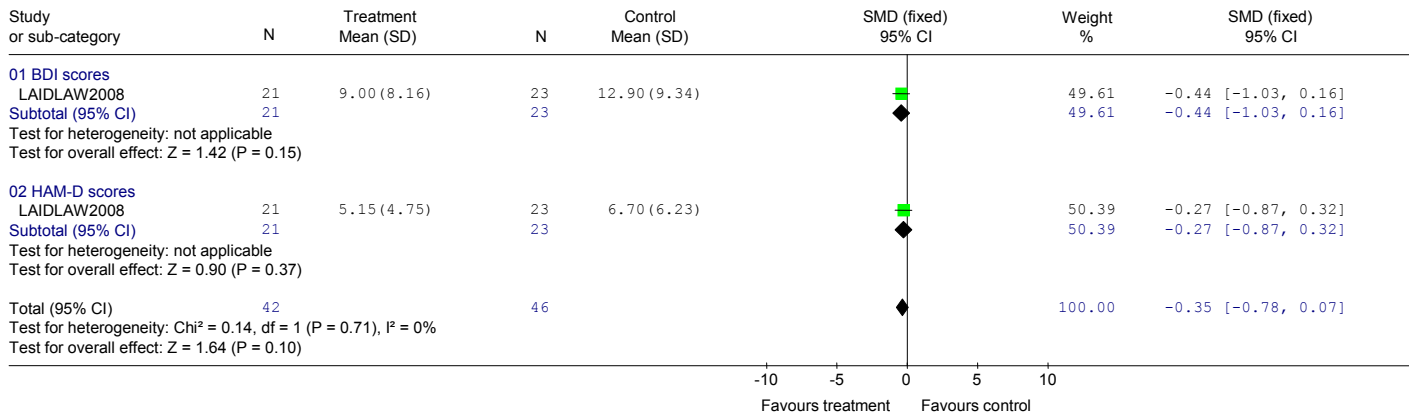
Review: CBT56
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 01 CBT versus TAU/antidepressants: leaving the study early for any reason



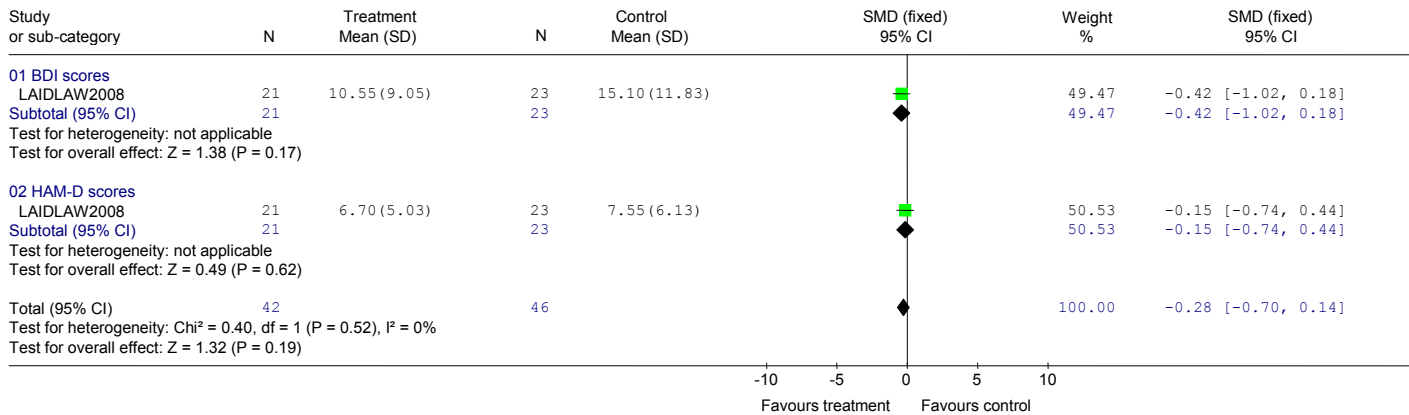
Review: CBT57
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 02 CBT versus TAU/antidepressants: depression scores: continuous measures post-treatment



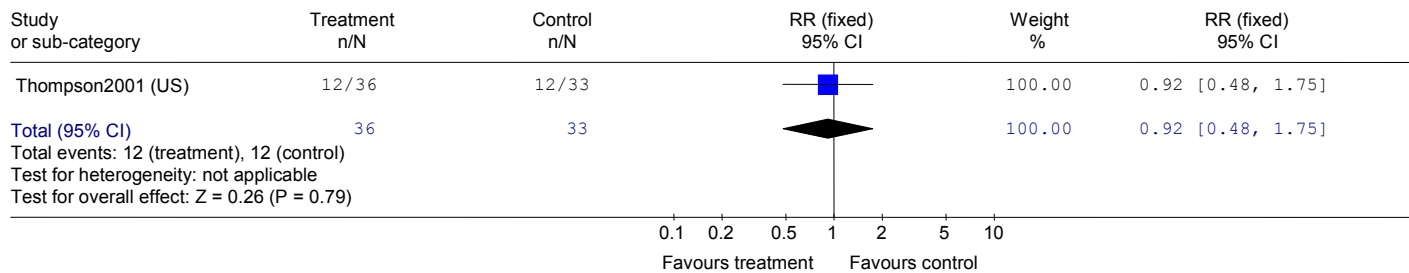
Review: CBT58
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 03 CBT versus TAU/antidepressants: depression scores: continuous measures at 3-month follow-up



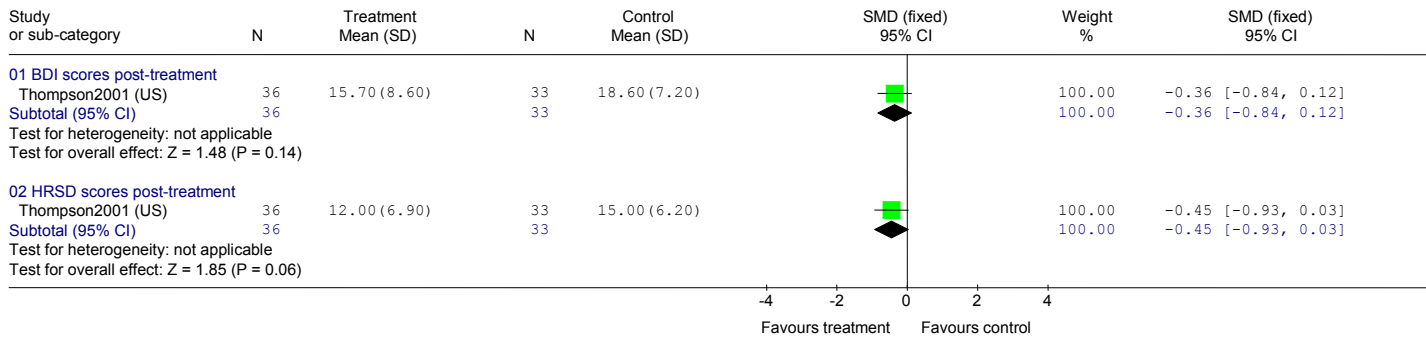
Review: CBT59
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 04 CBT versus TAU/antidepressants: depression scores: continuous measures at 6-month follow-up



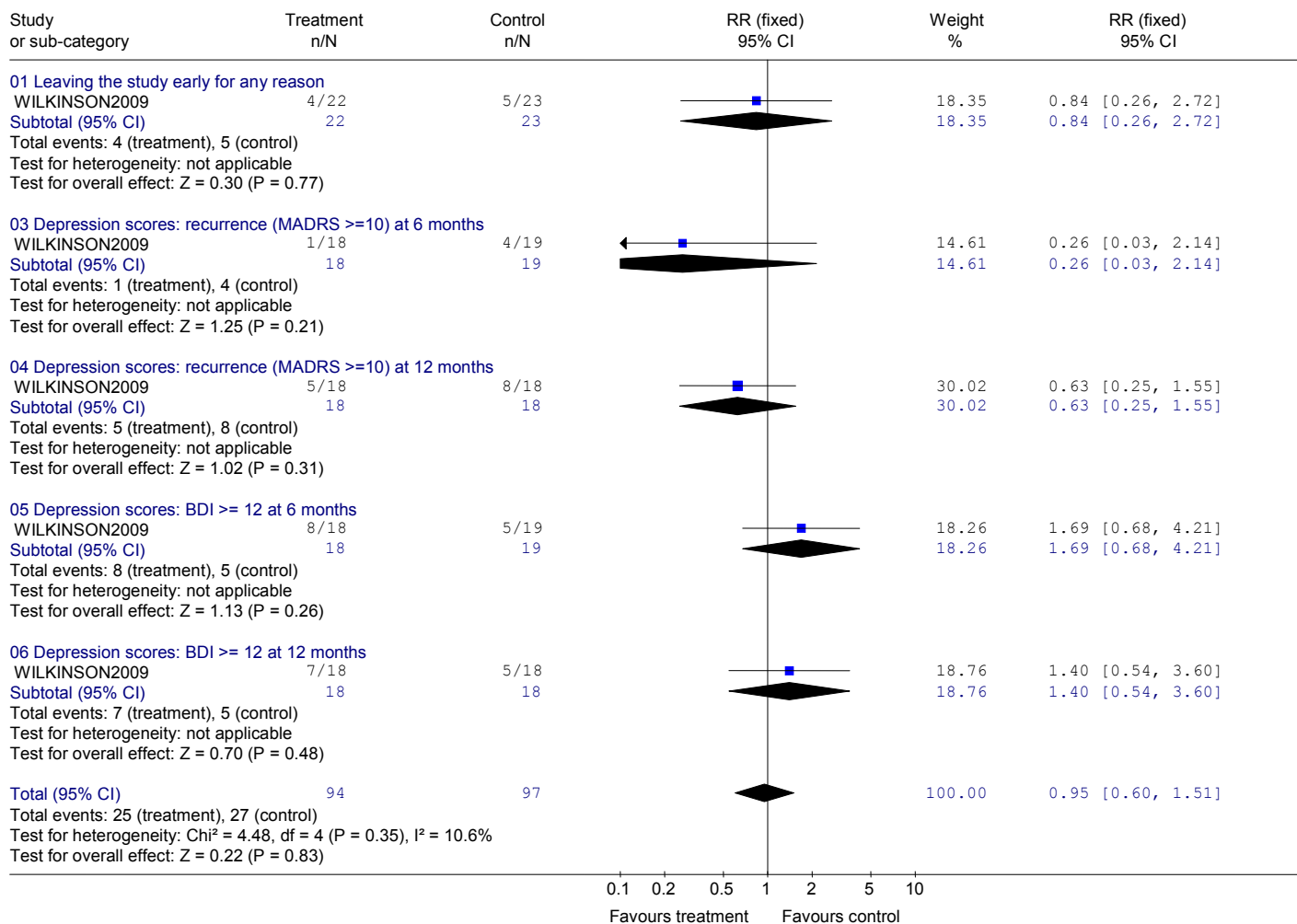
Review: CBT60
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 06 CBT + antidepressants versus antidepressants: leaving the study early for any reason



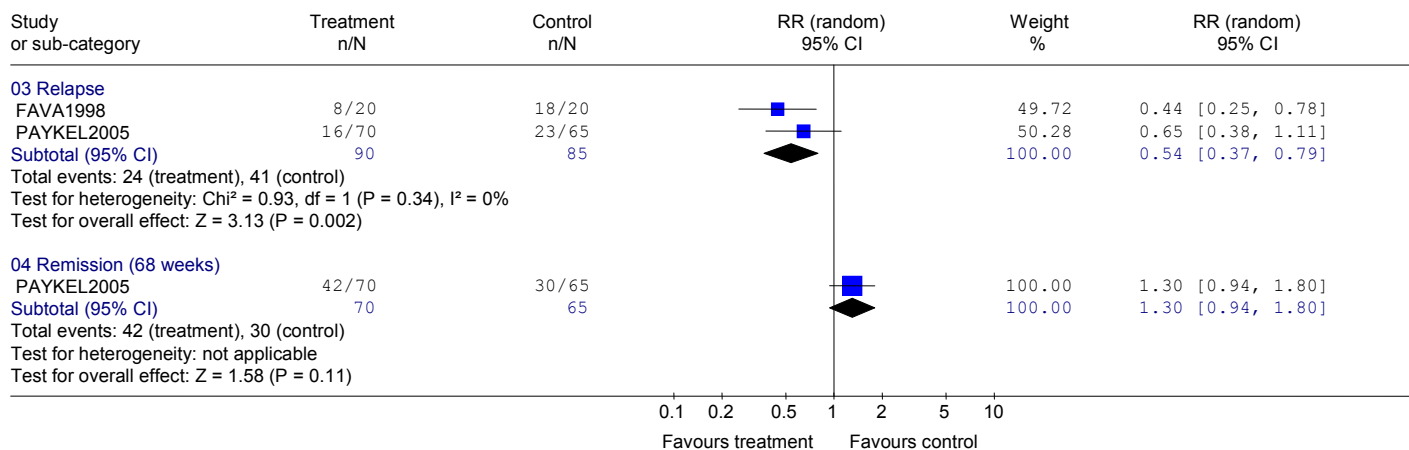
Review: CBT61
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 07 CBT + antidepressants versus antidepressants: depression scores: continuous measures post-treatment



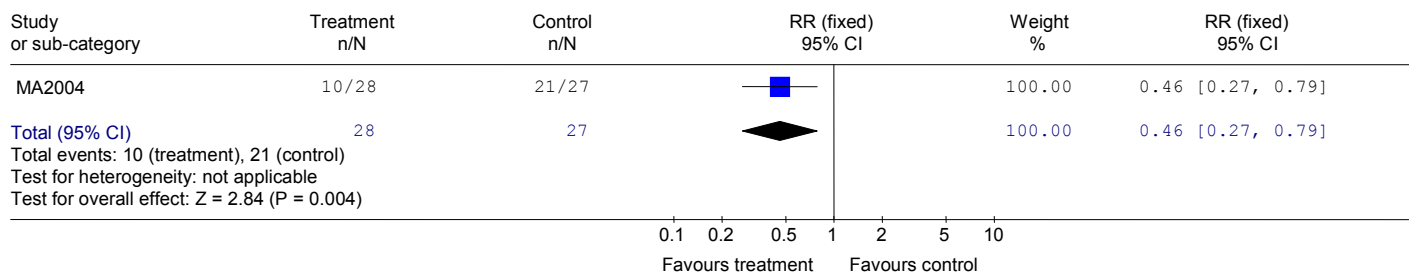
Review: CBT62
 Comparison: 12 Cognitive behavioural therapies for the elderly
 Outcome: 08 Group CBT + antidepressants versus antidepressants: leaving the study early for any reason



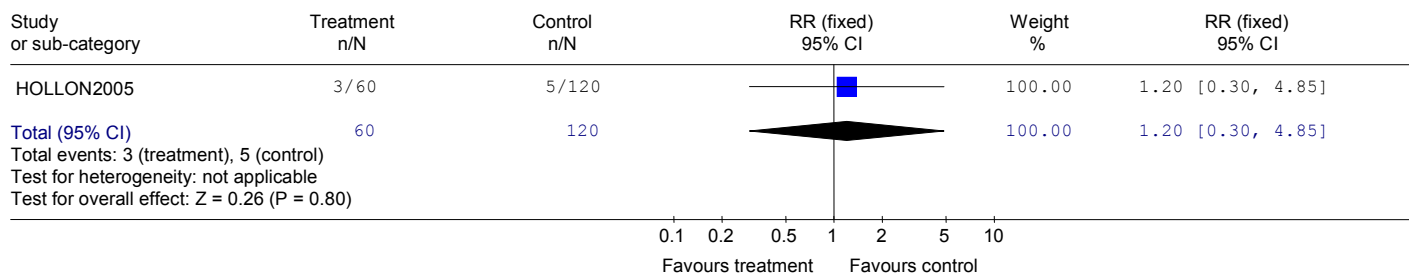
Review: CBT63
 Comparison: 13 Relapse prevention studies: cognitive behavioural therapies versus placebo and clinical management
 Outcome: 01 Depression scores: dichotomous outcomes



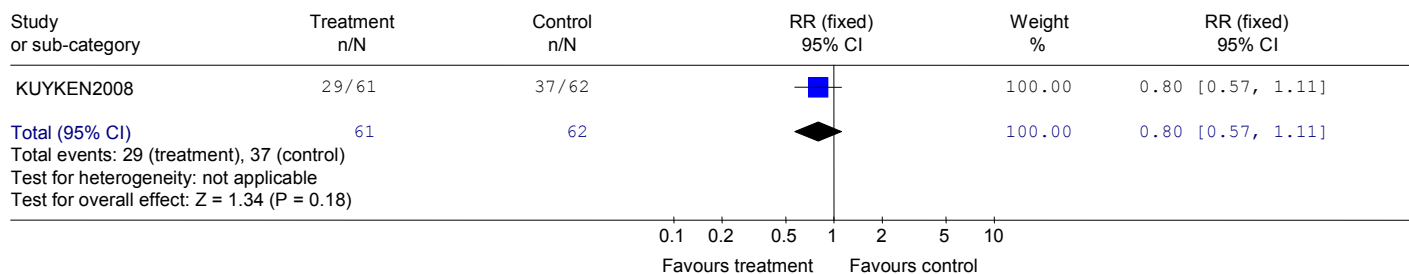
Review: CBT64
 Comparison: 13 Relapse prevention studies: cognitive behavioural therapies versus placebo and clinical management
 Outcome: 02 Relapse: number of patients with >=3 episodes



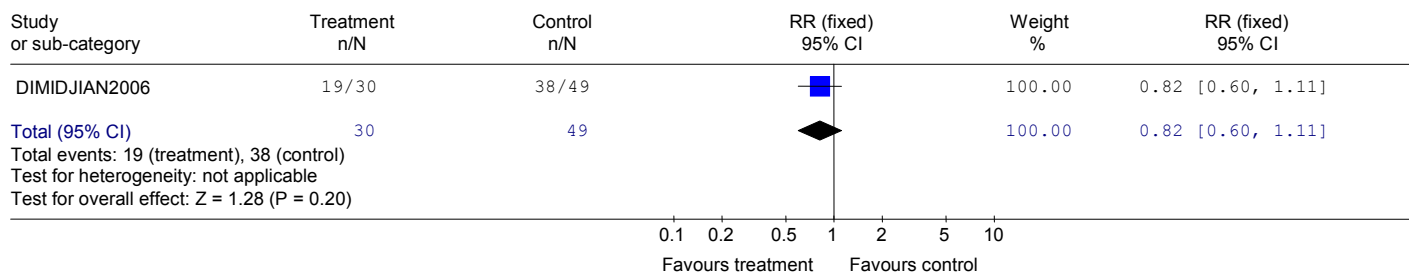
Review: CBT65
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 01 Leaving study early



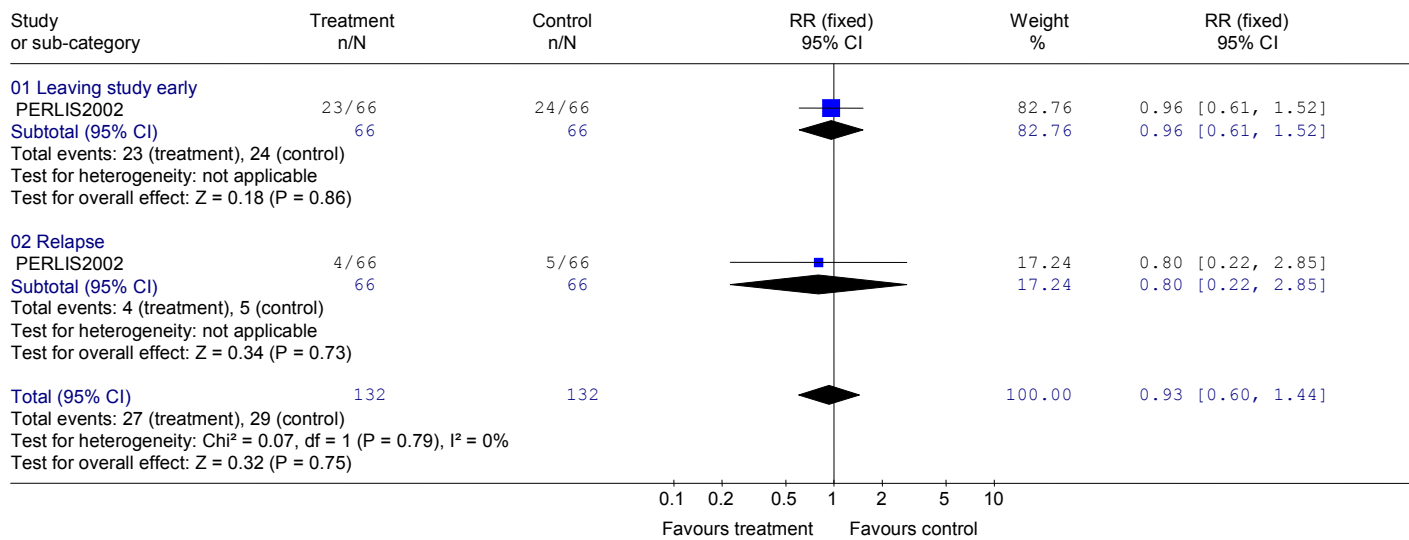
Review: CBT66
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 02 Relapse



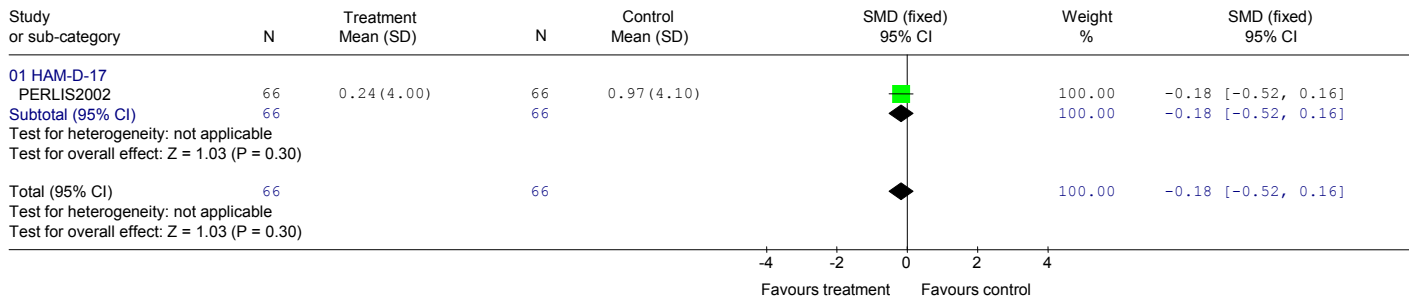
Review: CBT67
 Comparison: 14 Relapse prevention studies: cognitive behavioural therapies versus antidepressants
 Outcome: 03 Relapse at 1 year



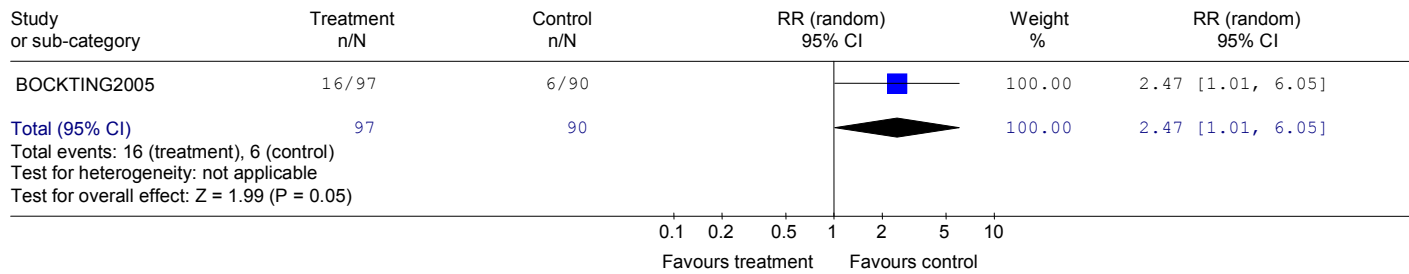
Review: CBT68
 Comparison: 15 Relapse prevention studies: cognitive behavioural therapies + antidepressants versus antidepressants
 Outcome: 01 Depression scores: dichotomous outcomes



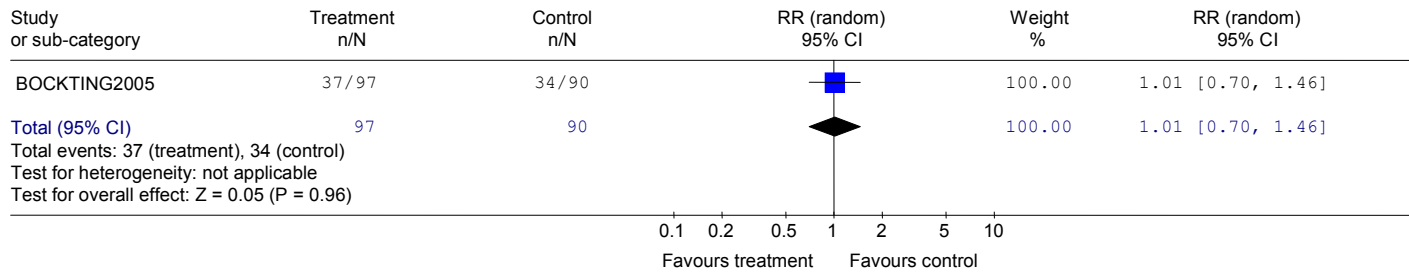
Review: CBT69
 Comparison: 15 Relapse prevention studies: cognitive behavioural therapies + antidepressants versus antidepressants
 Outcome: 02 Depression scores: continuous outcomes



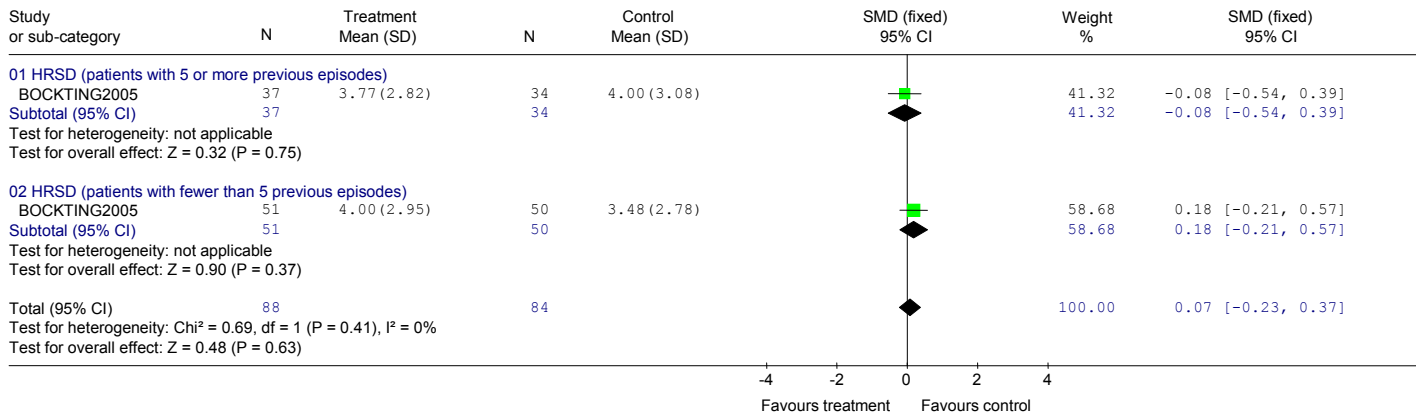
Review: CBT70
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 01 Leaving the study early



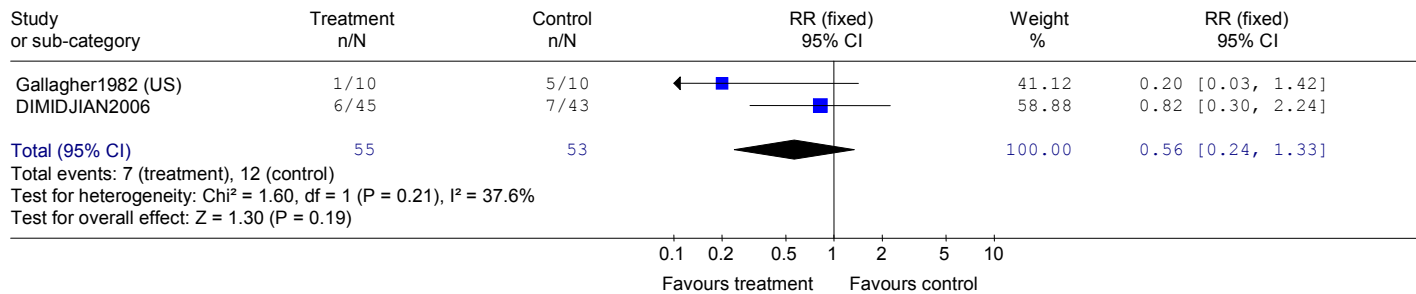
Review: CBT71
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 02 Relapse



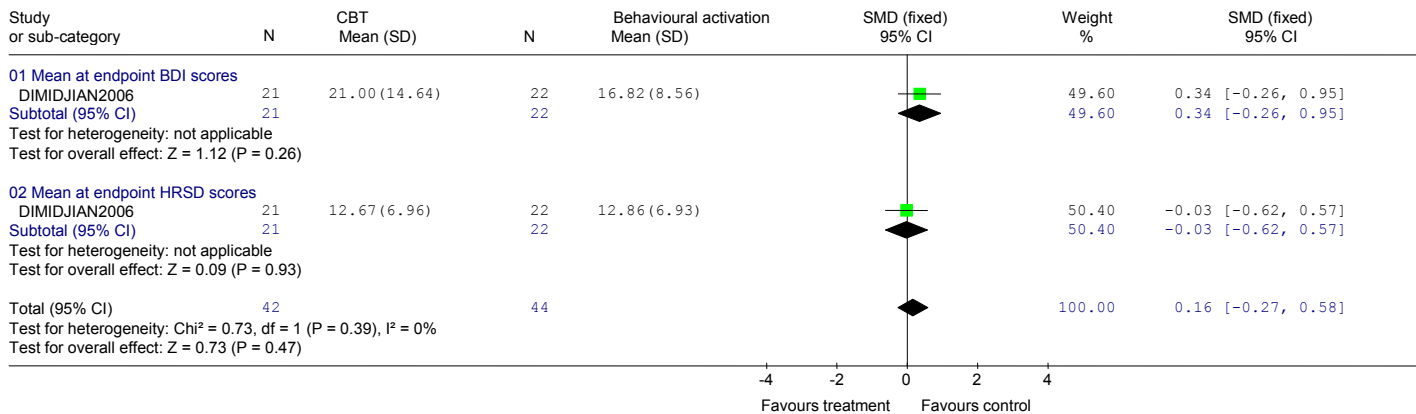
Review: CBT72
 Comparison: 16 Relapse prevention studies: group CBT versus TAU
 Outcome: 03 Depression scores: continuous outcomes



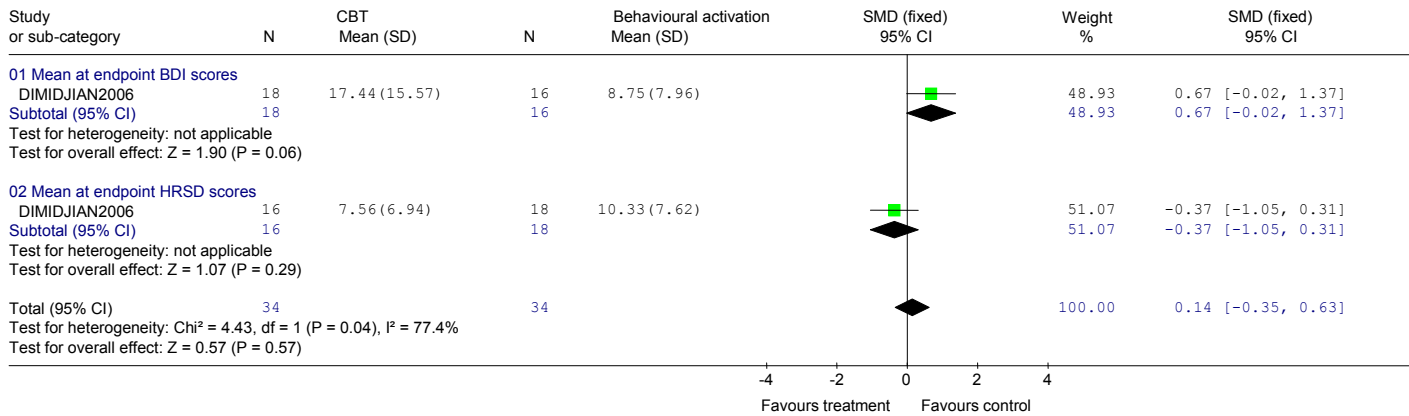
Review: CBT73
 Comparison: 17 CBT versus behavioural activation
 Outcome: 01 Leaving study early



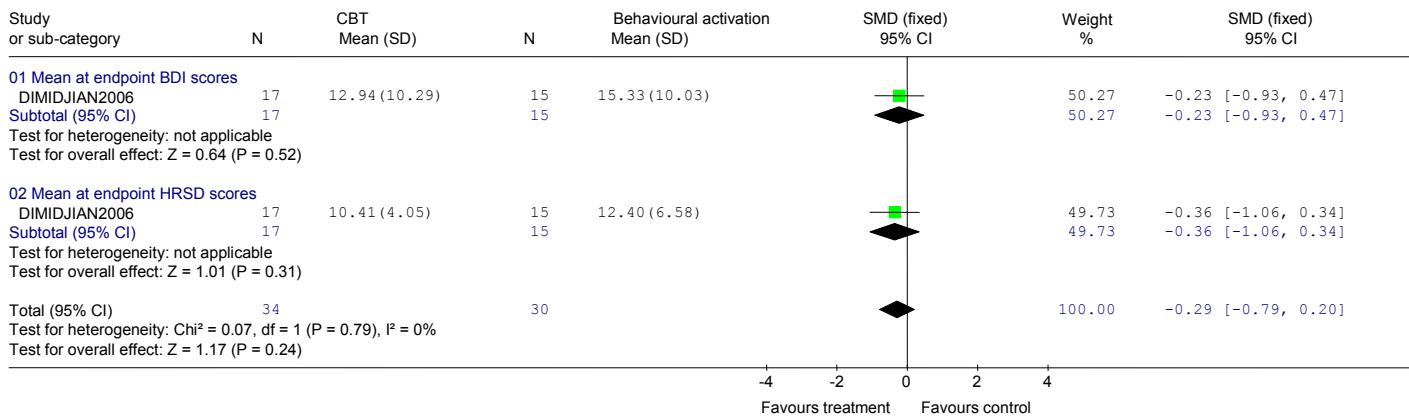
Review: CBT74
 Comparison: 17 CBT versus behavioural activation
 Outcome: 02 Depression scores: continuous measures at endpoint (high severity) 8 weeks



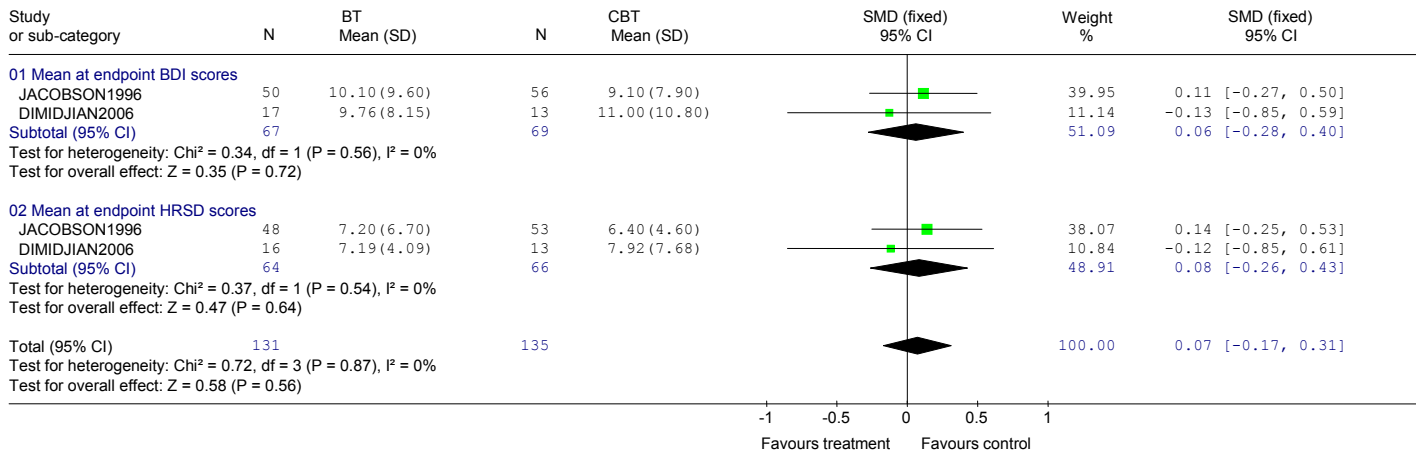
Review: CBT75
 Comparison: 17 CBT versus behavioural activation
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 16 weeks



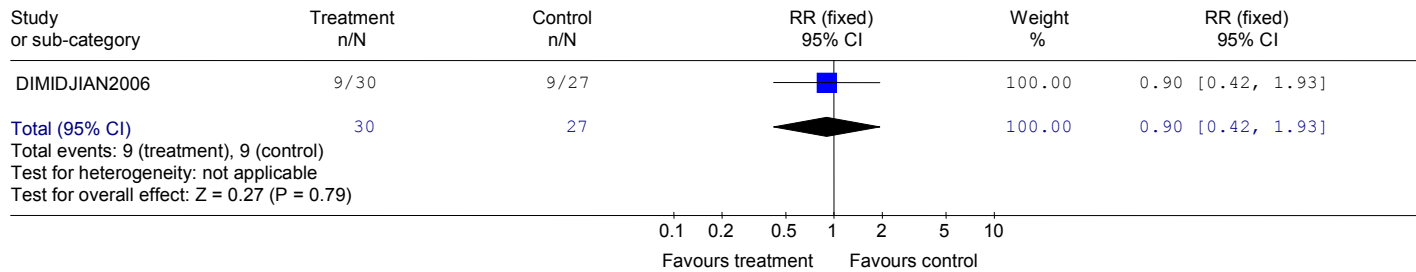
Review: CBT76
 Comparison: 17 CBT versus behavioural activation
 Outcome: 05 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks



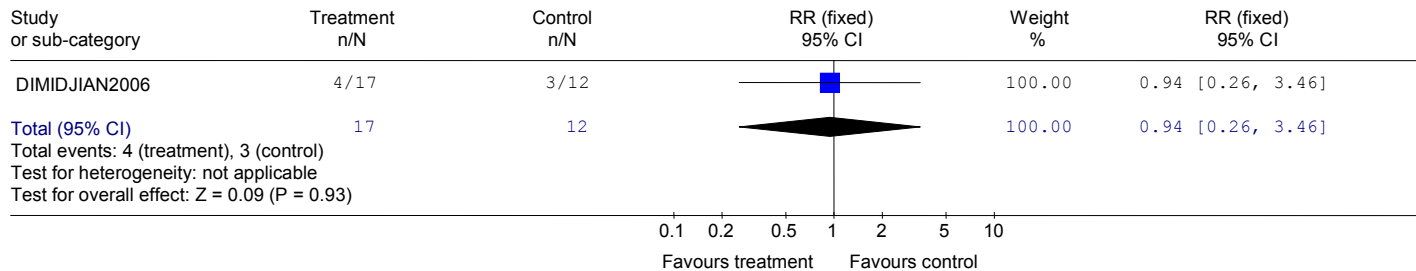
Review: CBT77
 Comparison: 17 CBT versus behavioural activation
 Outcome: 06 Depression scores: continuous measures at endpoint (moderate severity) 16 weeks



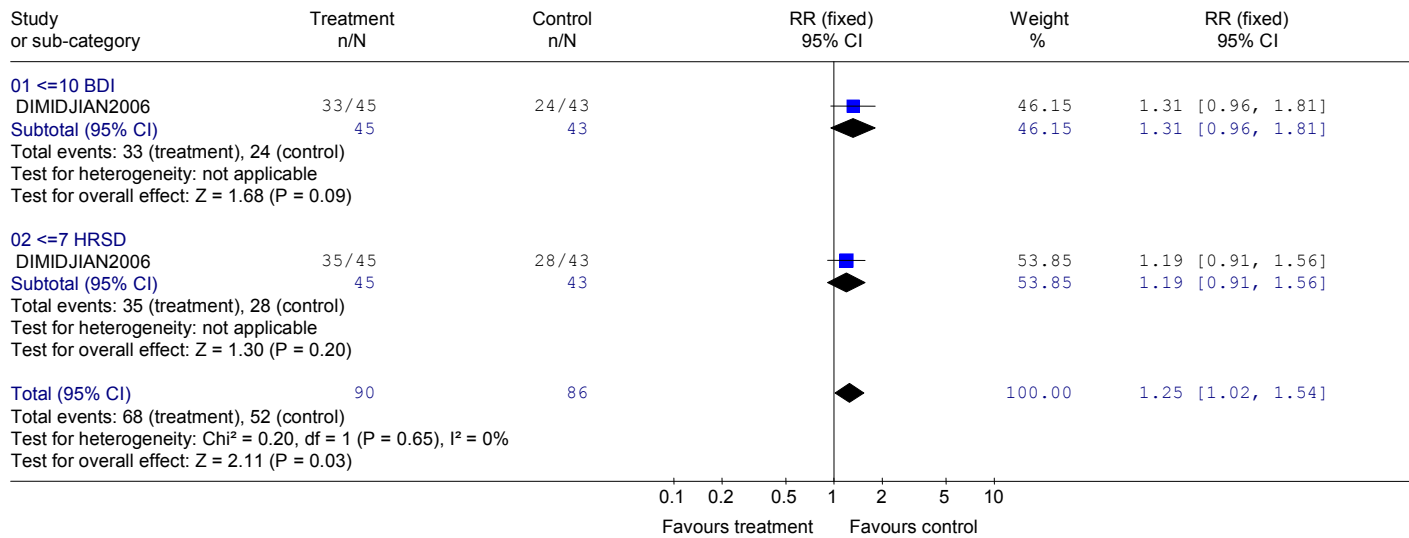
Review: CBT78
 Comparison: 17 CBT versus behavioural activation
 Outcome: 07 Relapse at 1 year



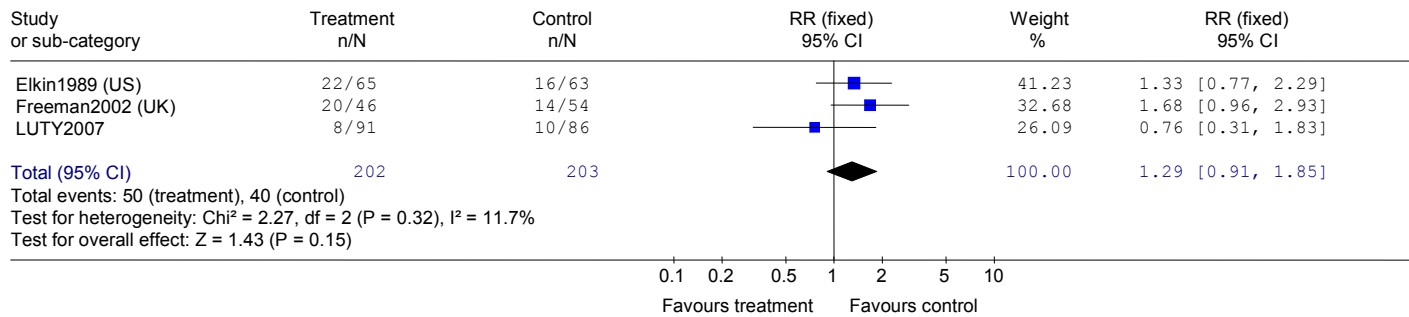
Review: CBT79
 Comparison: 17 CBT versus behavioural activation
 Outcome: 08 Recurrence at 2 years



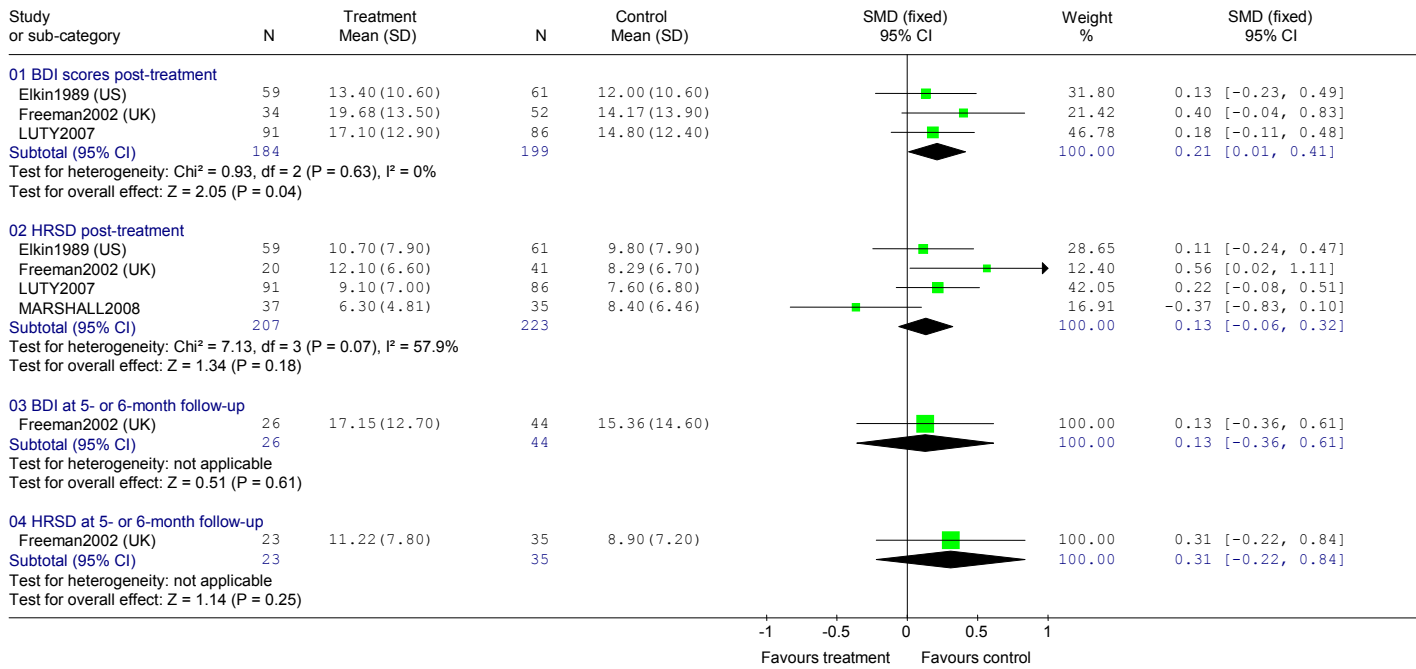
Review: CBT80
 Comparison: 17 CBT versus behavioural activation
 Outcome: 09 Number not achieving remission



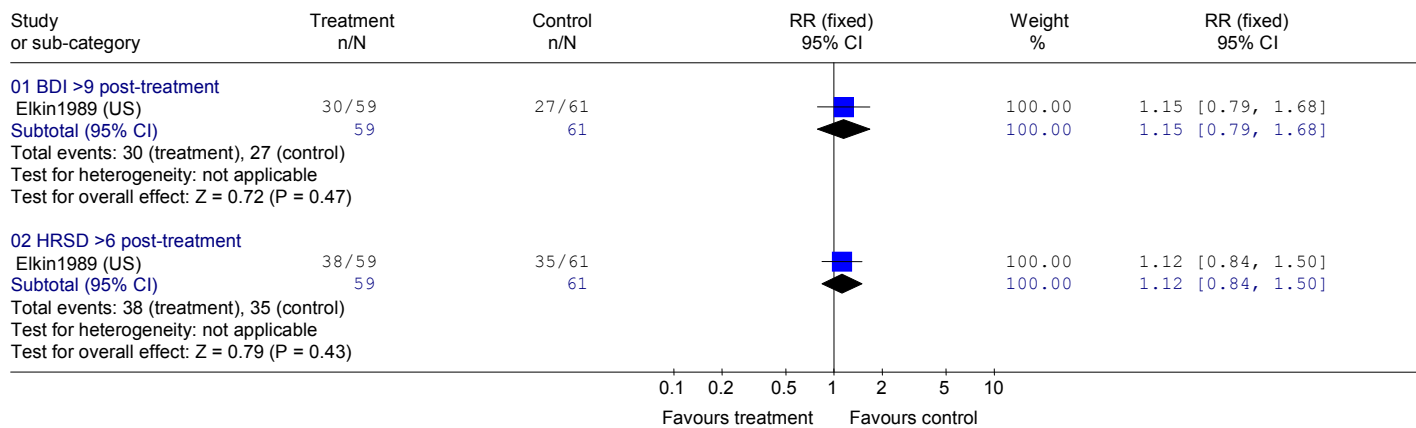
Review: CBT81
 Comparison: 18 CBT versus IPT
 Outcome: 01 Leaving the study early



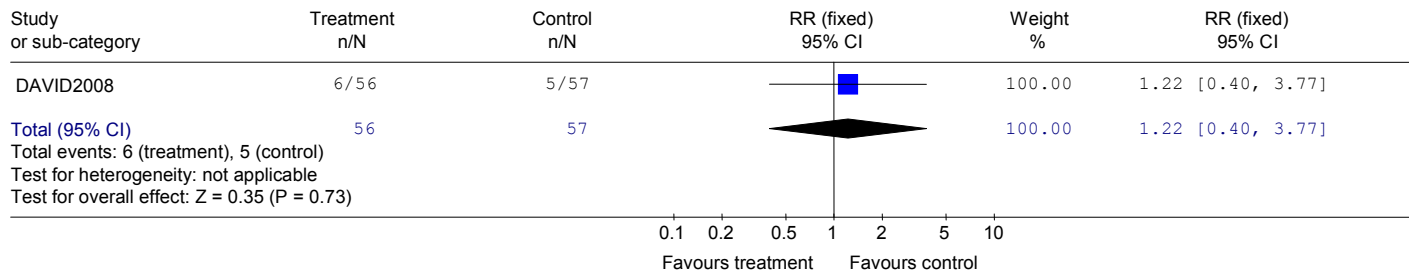
Review: CBT82
 Comparison: 18 CBT versus IPT
 Outcome: 02 Depression scores: continuous measures



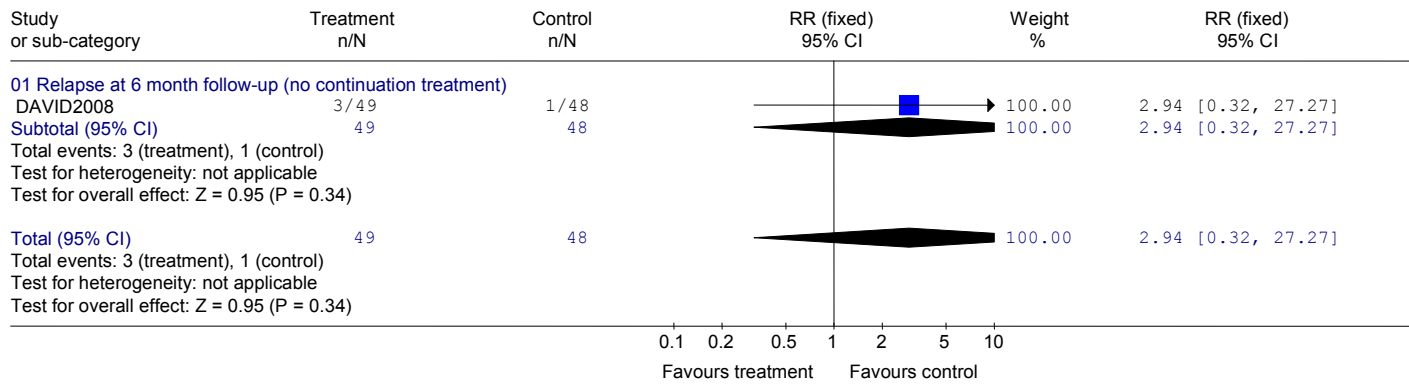
Review: CBT83
 Comparison: 18 CBT versus IPT
 Outcome: 03 Depression scores: dichotomous outcomes



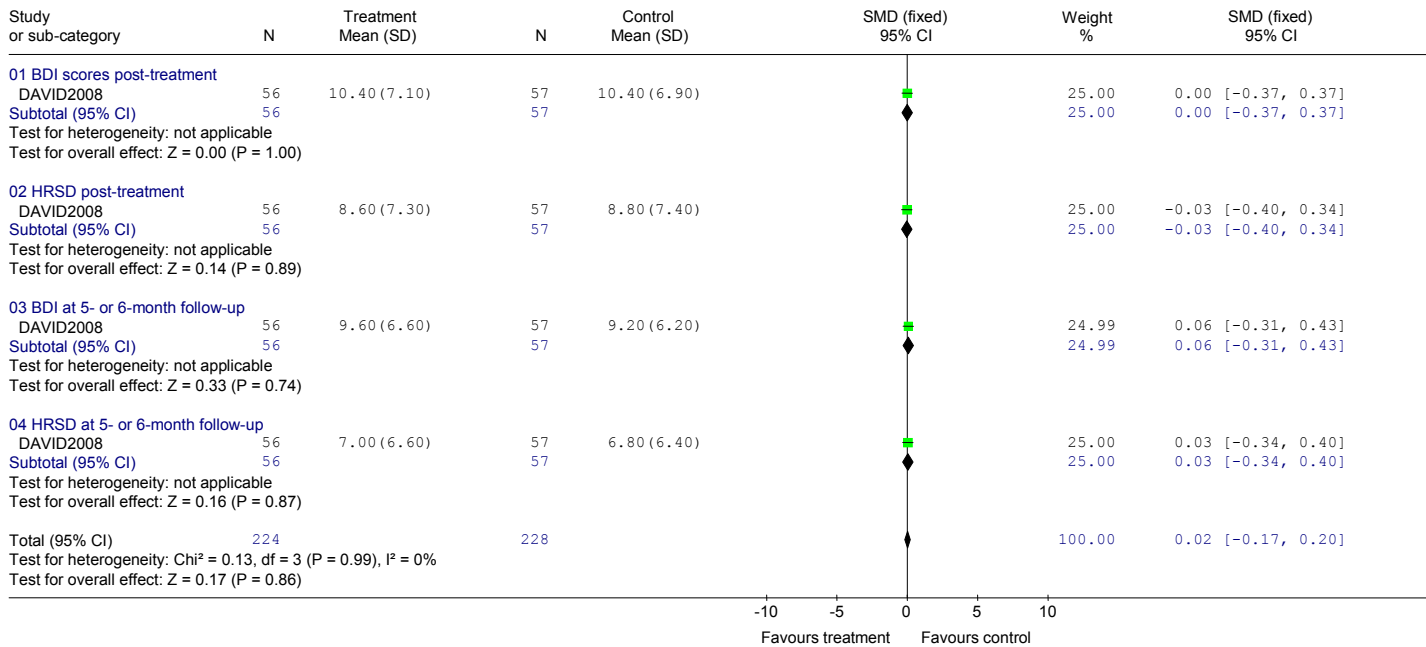
Review: CBT84
 Comparison: 19 CBT versus REBT
 Outcome: 01 Leaving study early



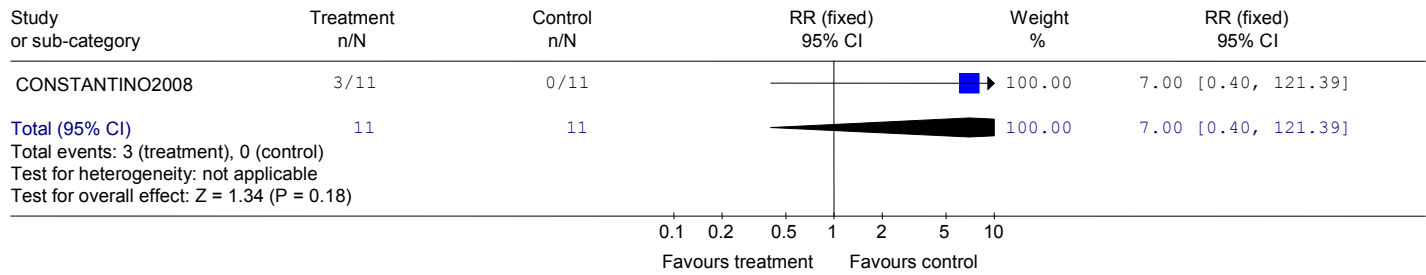
Review: CBT85
 Comparison: 19 CBT versus REBT
 Outcome: 02 Relapse



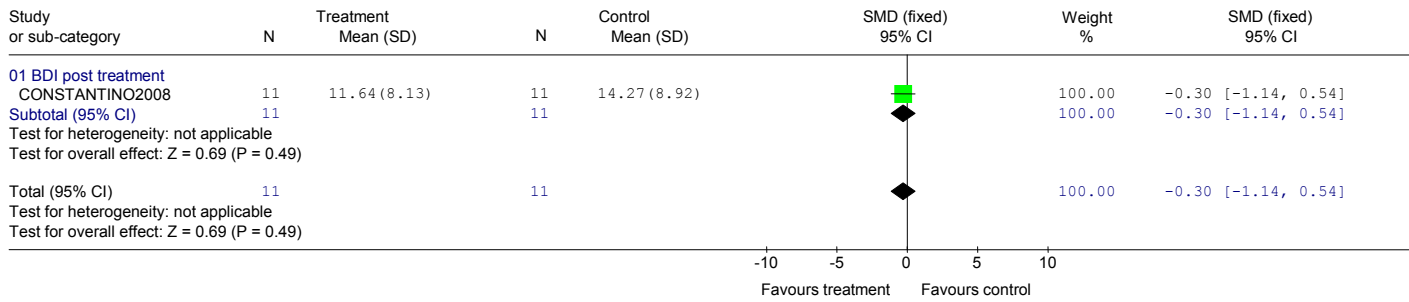
Review: CBT86
 Comparison: 19 CBT versus REBT
 Outcome: 03 Depression scores: continuous measures



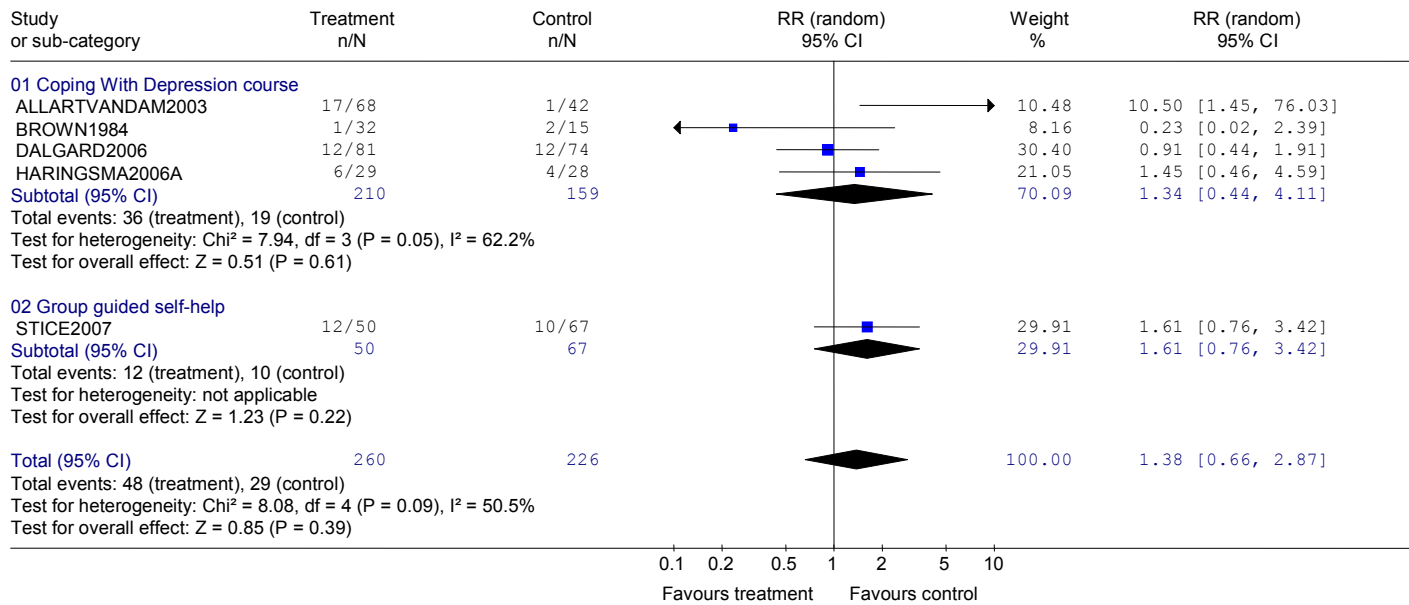
Review: CBT87
 Comparison: 20 CBT versus integrative CT
 Outcome: 01 Leaving study early



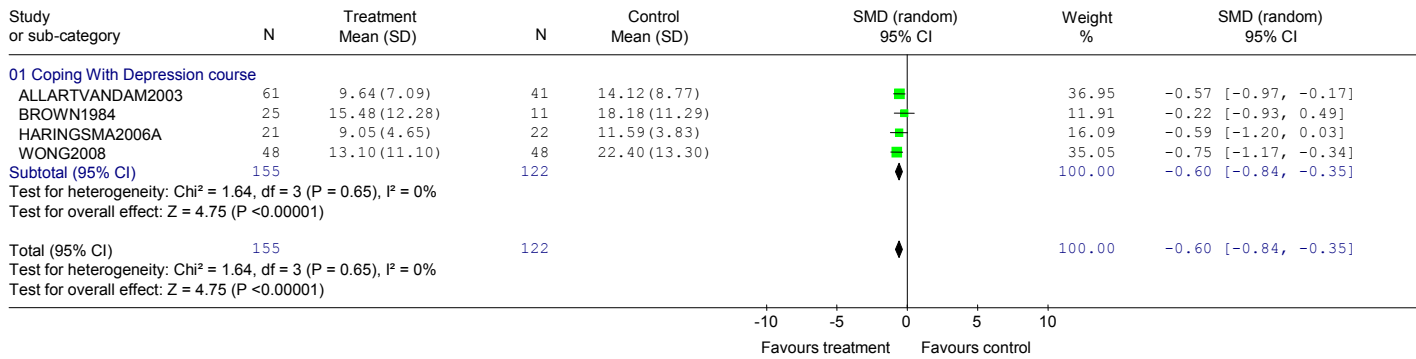
Review: CBT88
 Comparison: 20 CBT versus integrative CT
 Outcome: 02 Depression scores: continuous measures



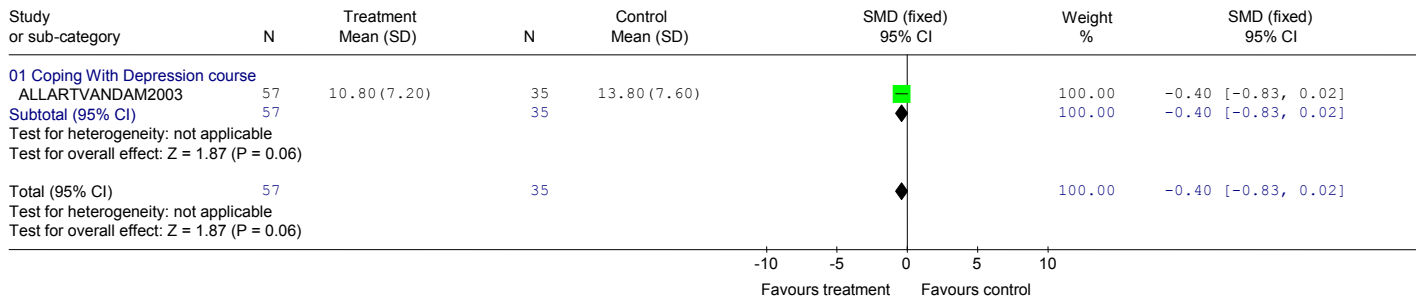
Review: CBT89
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 01 Leaving the study early for any reason



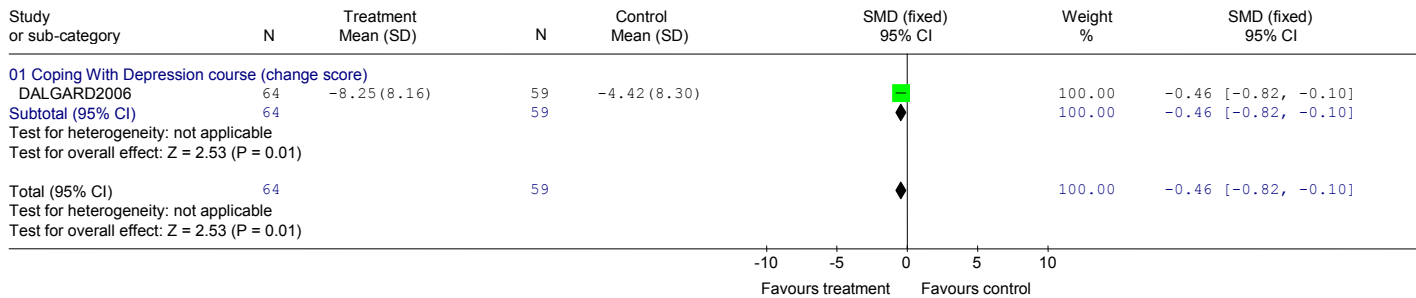
Review: CBT90
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 02 Self-report depression measures (BDI or HADS-D) at endpoint



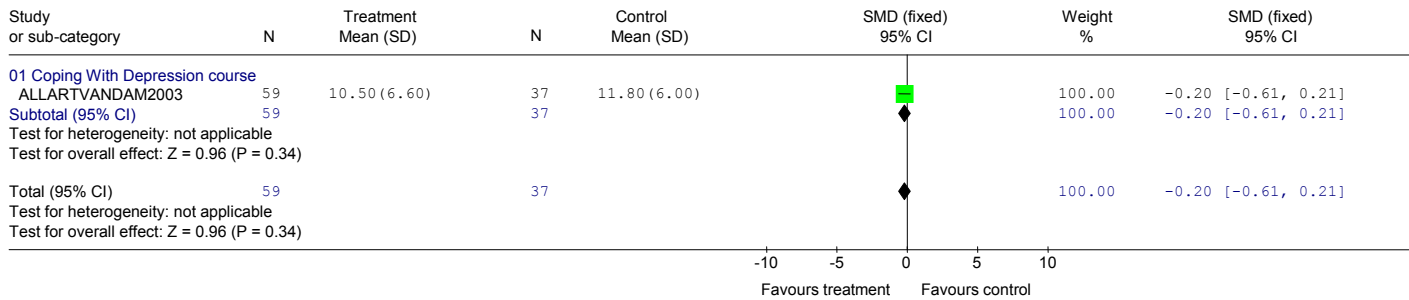
Review: CBT91
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 03 Self-report depression measures (BDI) at 6-month follow-up



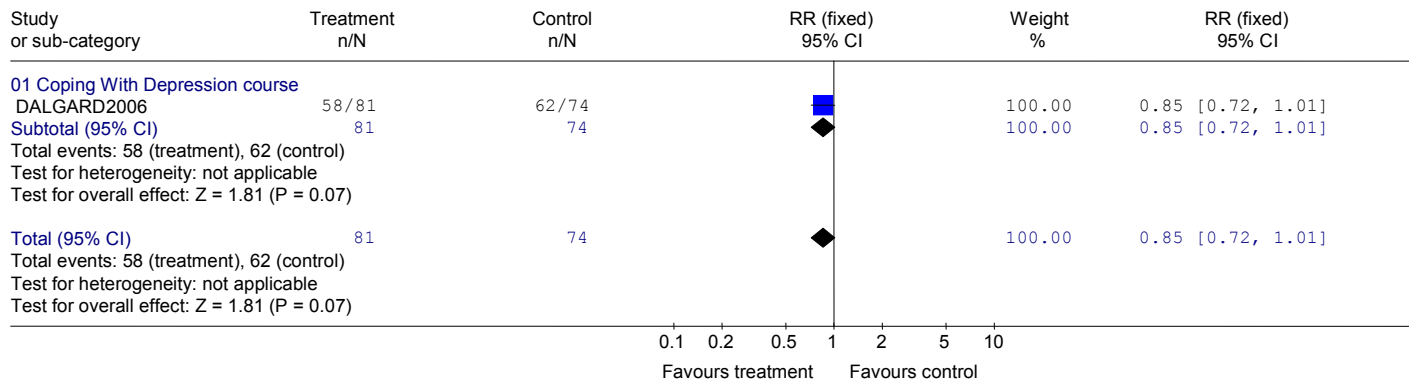
Review: CBT92
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 04 Self-report depression measures (BDI) change scores at 6-month follow-up



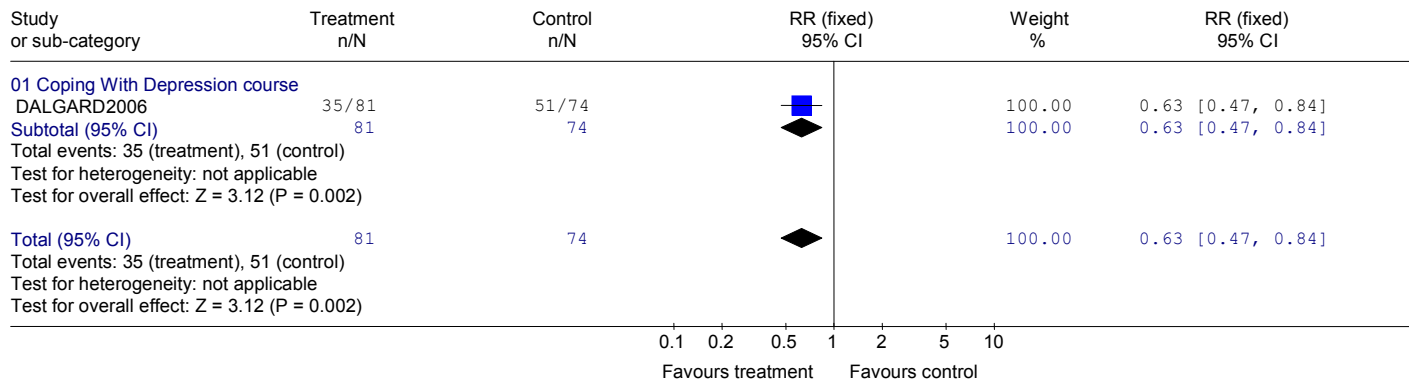
Review: CBT93
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 05 Self-report depression measures (BDI) at 12-month follow-up



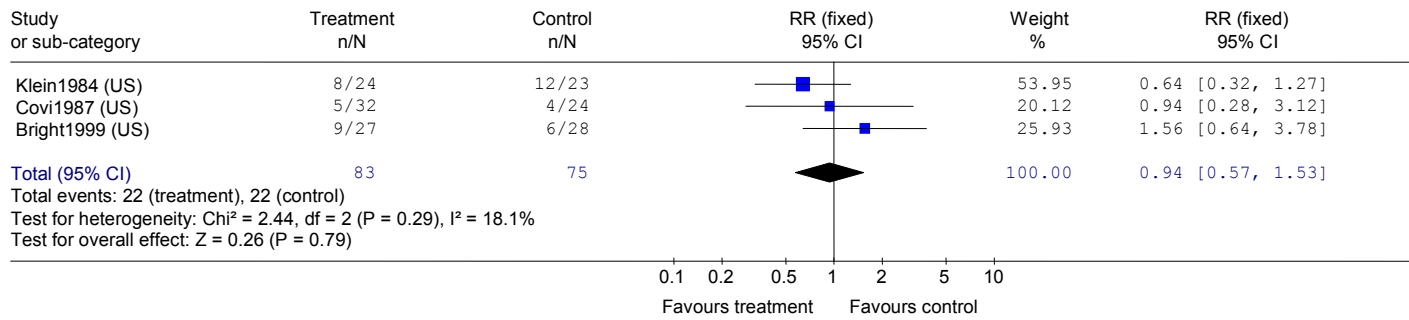
Review: CBT94
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 06 Non-remission (as measured by BDI <10)



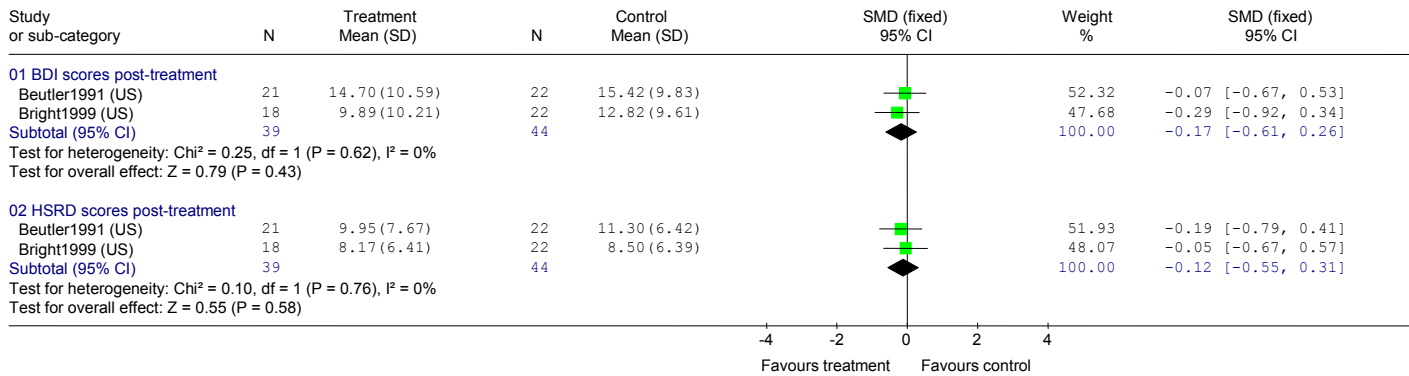
Review: CBT95
 Comparison: 21 Group CBT psychoeducation/guided self-help (CWD) versus waitlist/TAU control
 Outcome: 07 Non-response (as measured by improvement of 6 points or more on BDI)



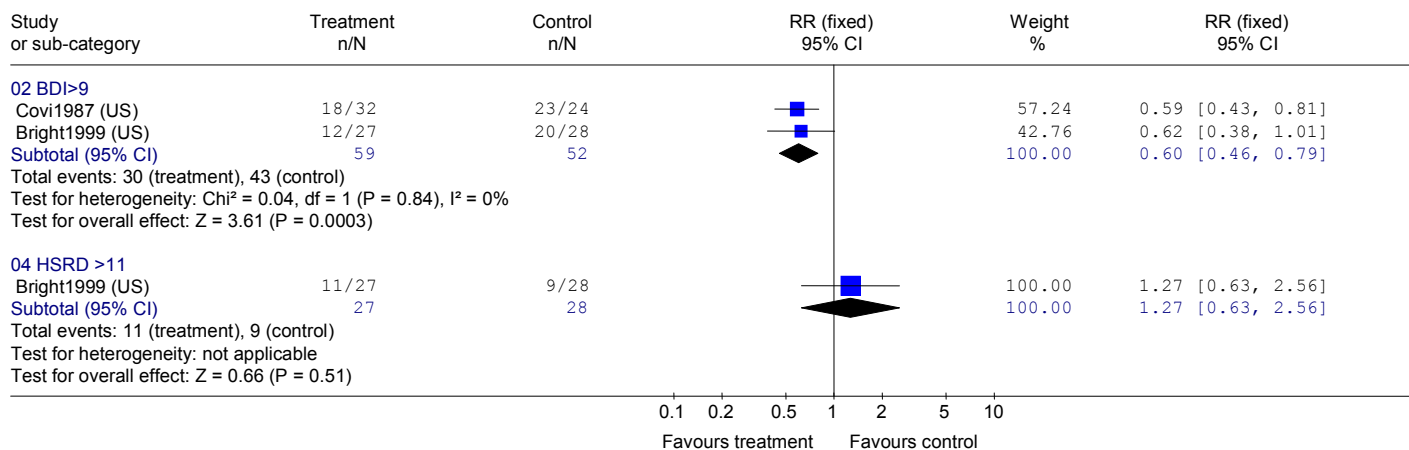
Review: CBT96
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 01 Leaving the study early



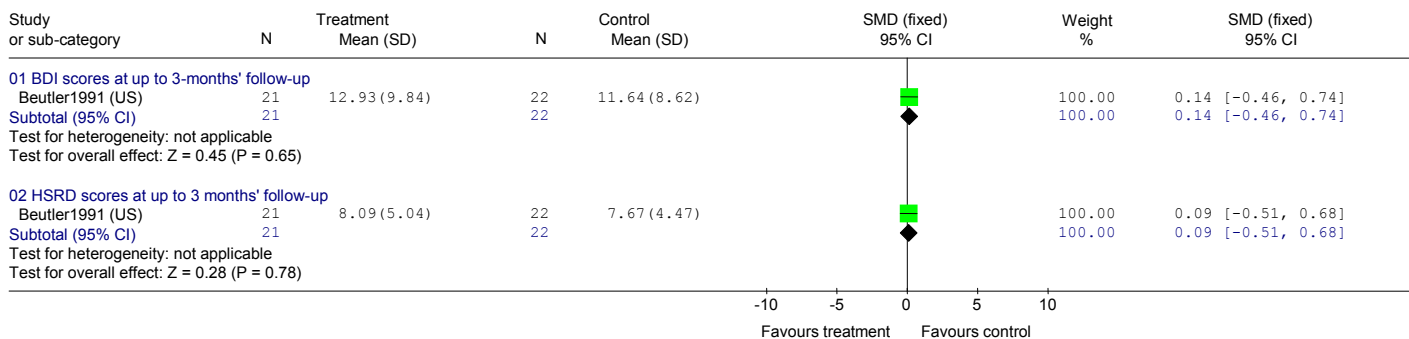
Review: CBT97
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 02 Depression scores: continuous measures post-treatment



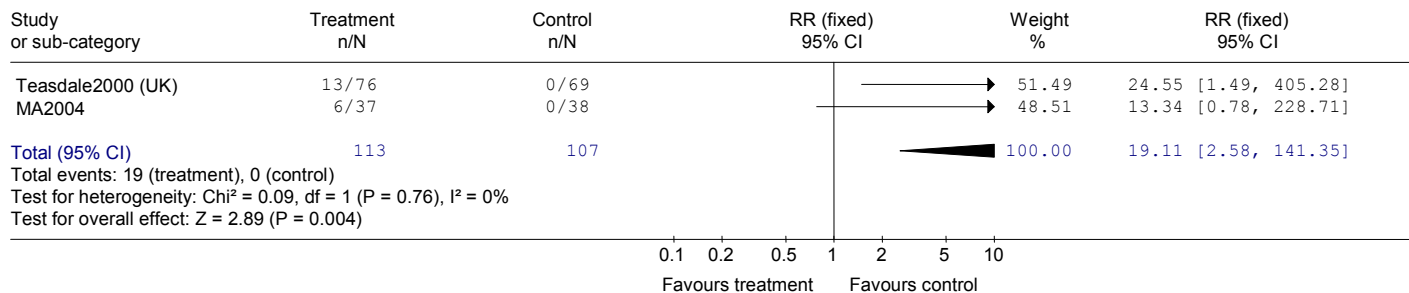
Review: CBT98
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



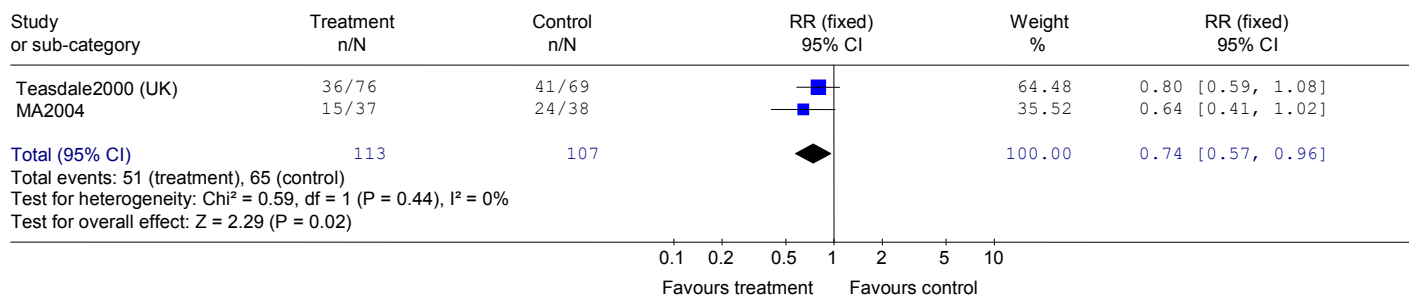
Review: CBT99
 Comparison: 22 Group CBT versus other group therapies
 Outcome: 04 Depression scores: continuous measures at follow-up



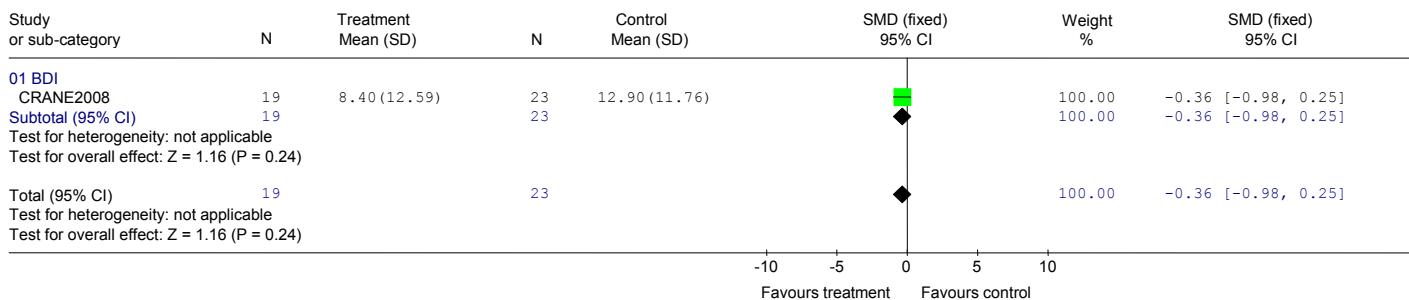
Review: CBT100
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 01 Group CBT + GP care versus GP care: leaving study early



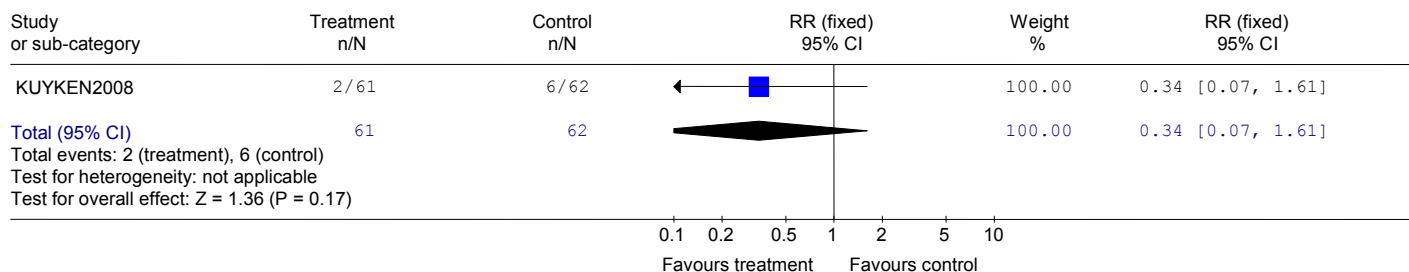
Review: CBT101
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 02 Group CBT + GP care versus GP care: relapse



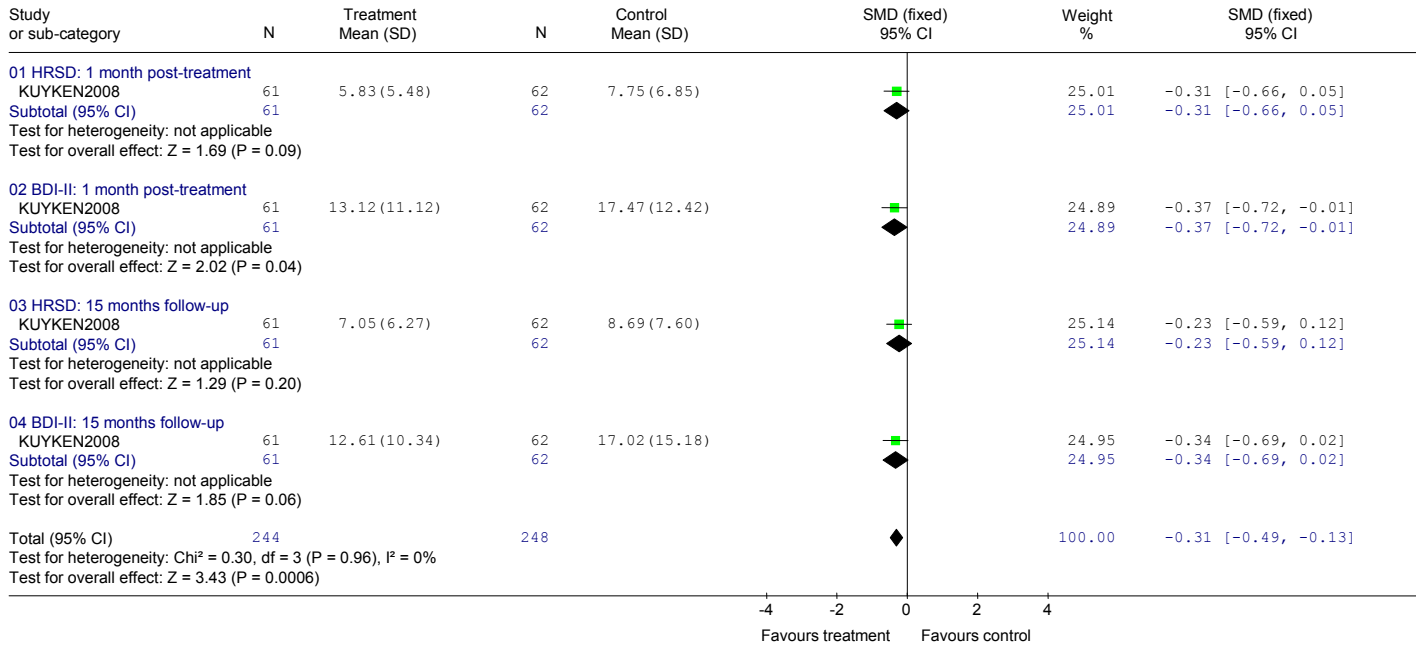
Review: CBT102
 Comparison: 23 Group CBT – mindfulness versus control
 Outcome: 03 CBT versus wait list control: depression scores: continuous measures at 1-month follow-up



Review: CBT103
 Comparison: 24 Group CBT: relapse prevention – mindfulness versus antidepressants
 Outcome: 01 Leaving the study early

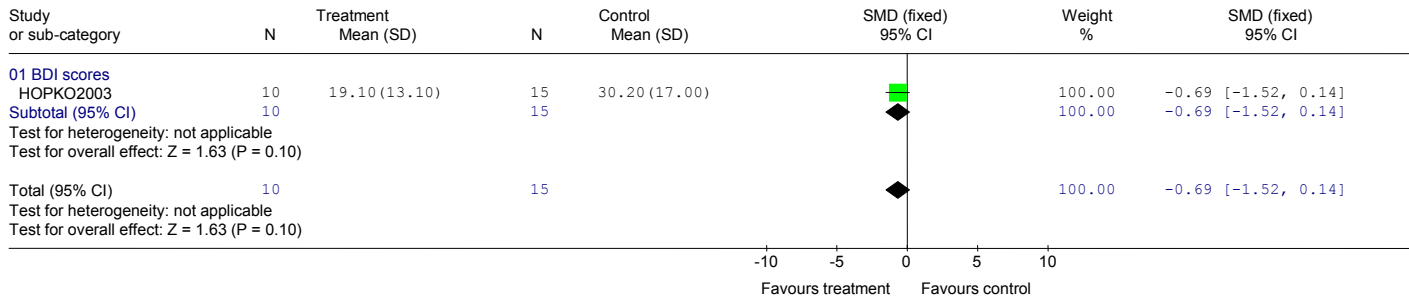


Review: CBTT104
 Comparison: 24 Group CBT: relapse prevention – mindfulness versus antidepressants
 Outcome: 02 Depression scores: continuous measures

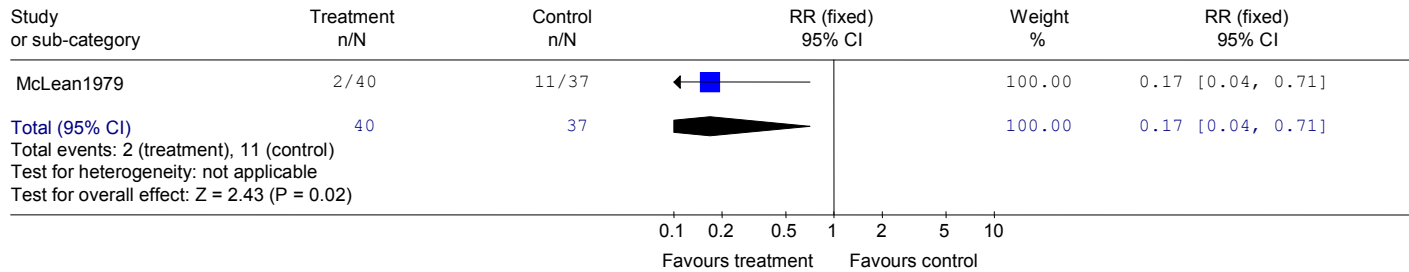


Behavioural activation

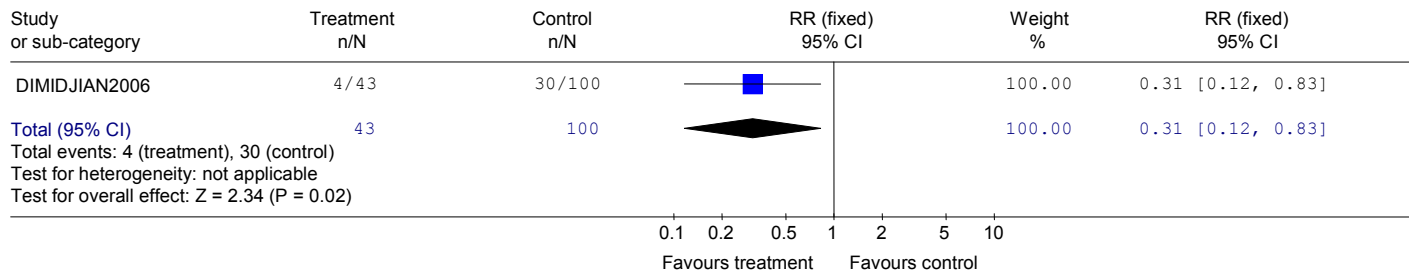
Review: BA01
 Comparison: 01 Behavioural activation versus supportive psychotherapy
 Outcome: 01 Depression scores: continuous measures at post-treatment 2 weeks



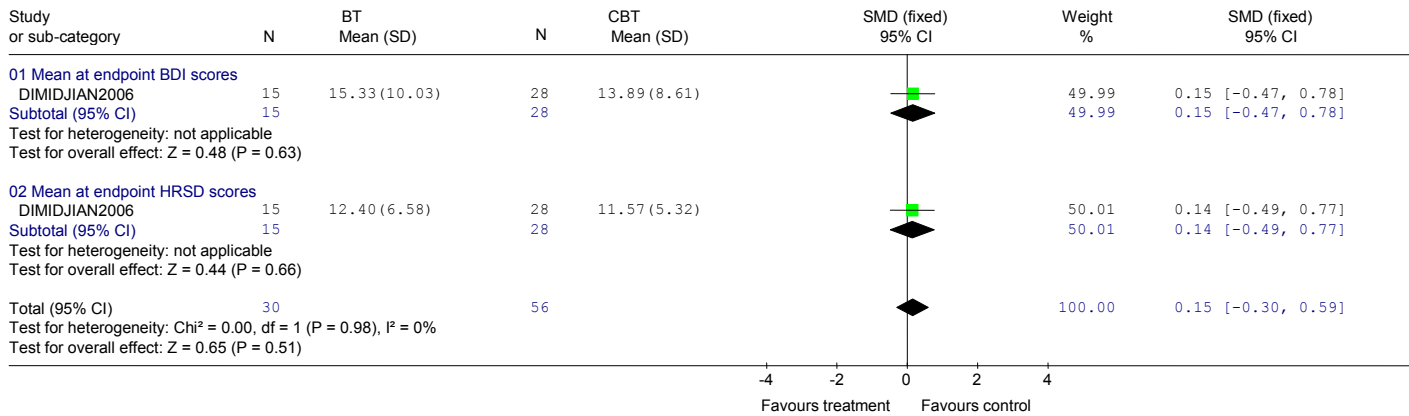
Review: BA02
 Comparison: 01 Behavioural activation versus supportive psychotherapy
 Outcome: 02 Leaving study early



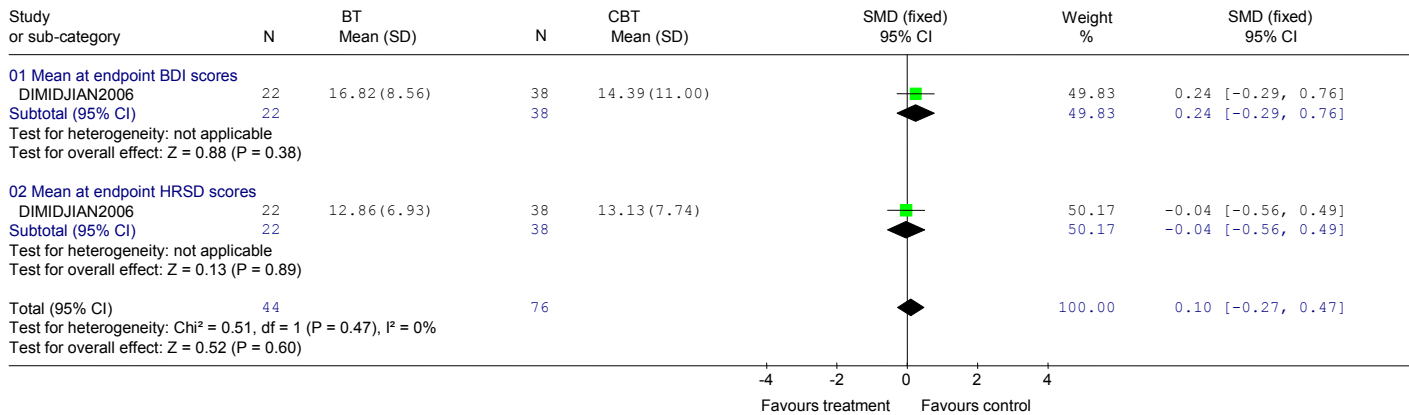
Review: BA03
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 01 Leaving study early



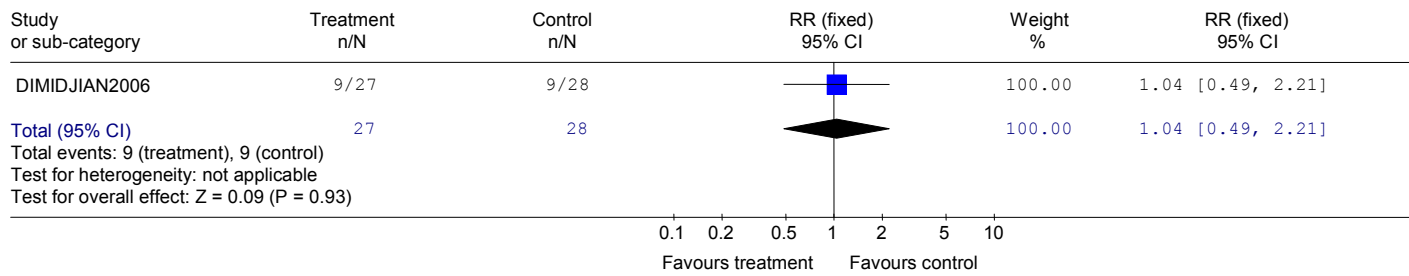
Review: BA04
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks



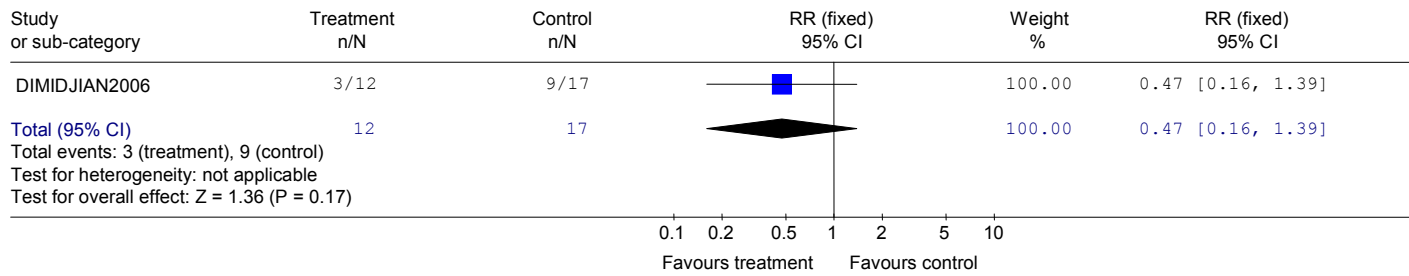
Review: BA05
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks



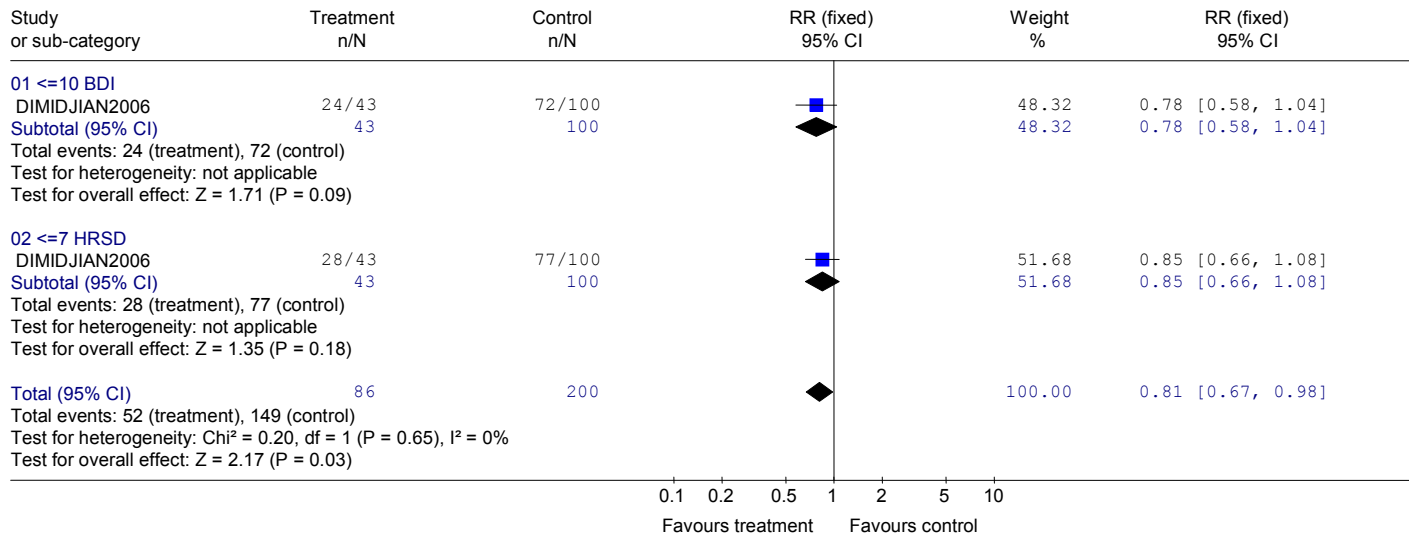
Review: BA06
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 04 Relapse at 1 year



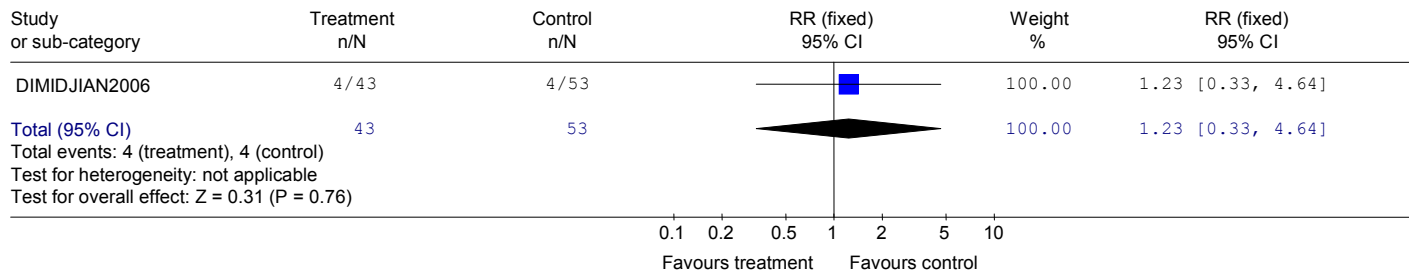
Review: BA07
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 05 Recurrence at 2 years



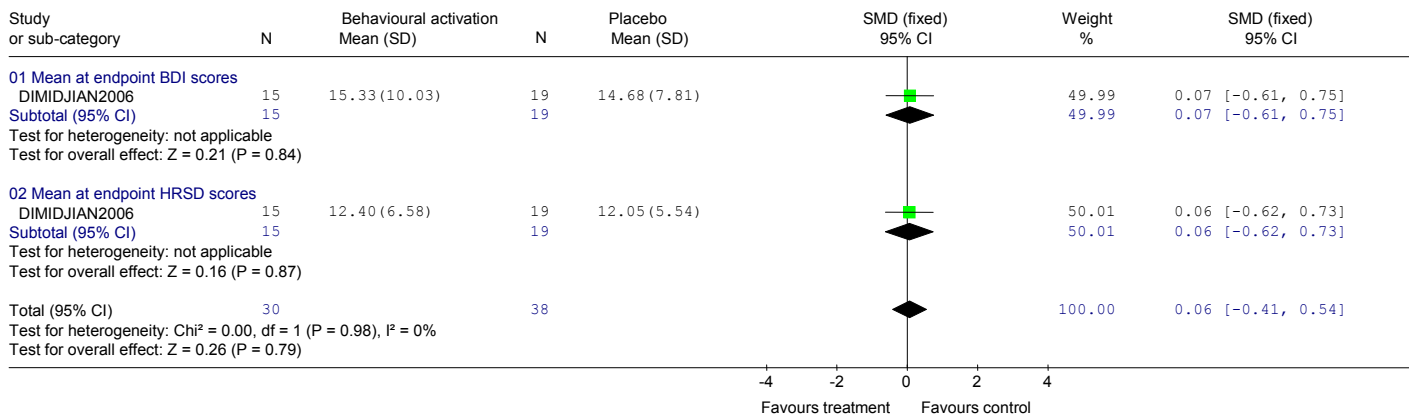
Review: BA08
 Comparison: 02 Behavioural activation versus antidepressants
 Outcome: 06 Number not achieving remission



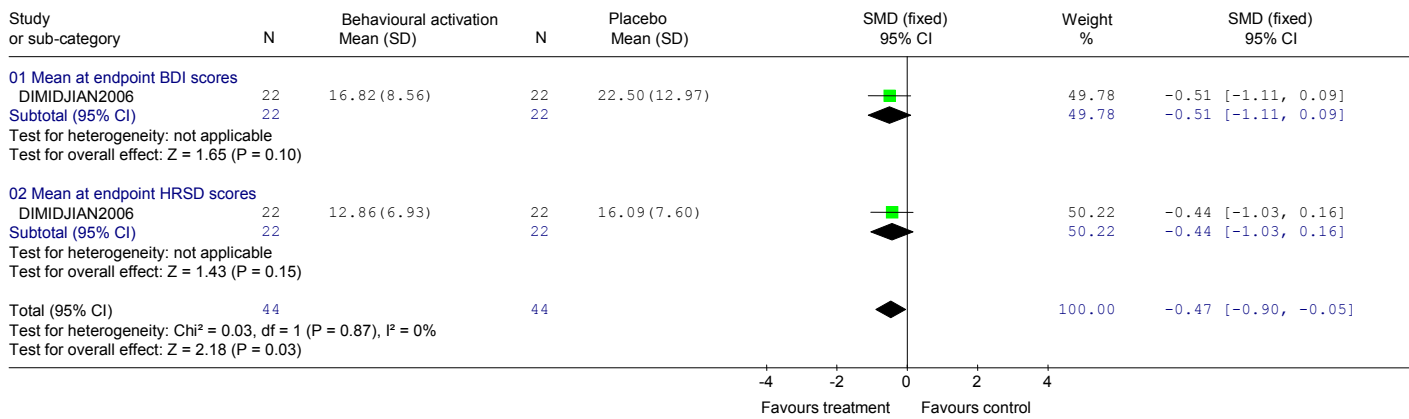
Review: BA09
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 01 Leaving study early



Review: BA10
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 02 Depression scores: continuous measures at endpoint (moderate severity) 8 weeks

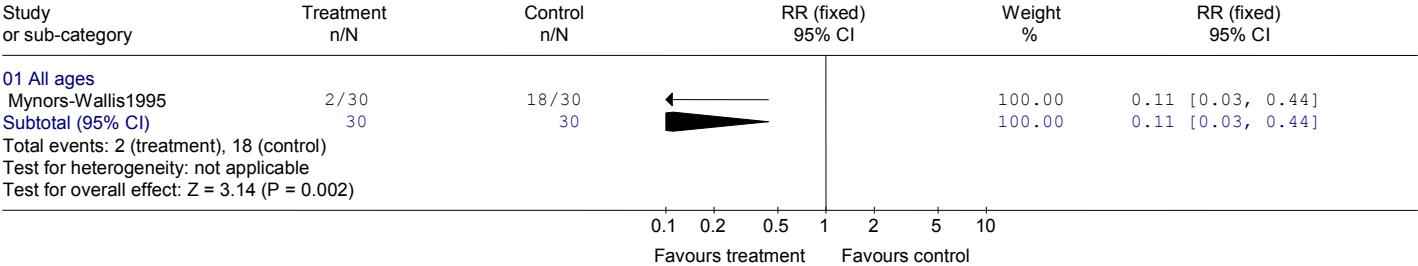


Review: BA11
 Comparison: 03 Behavioural activation versus placebo
 Outcome: 03 Depression scores: continuous measures at endpoint (high severity) 8 weeks

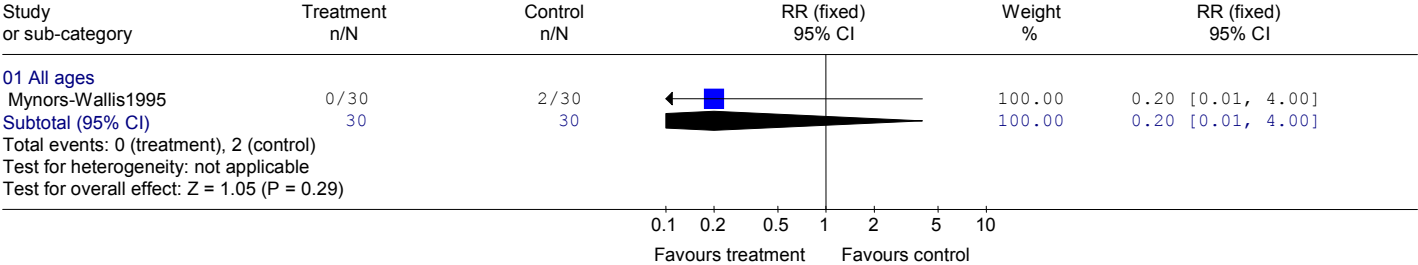


Problem solving

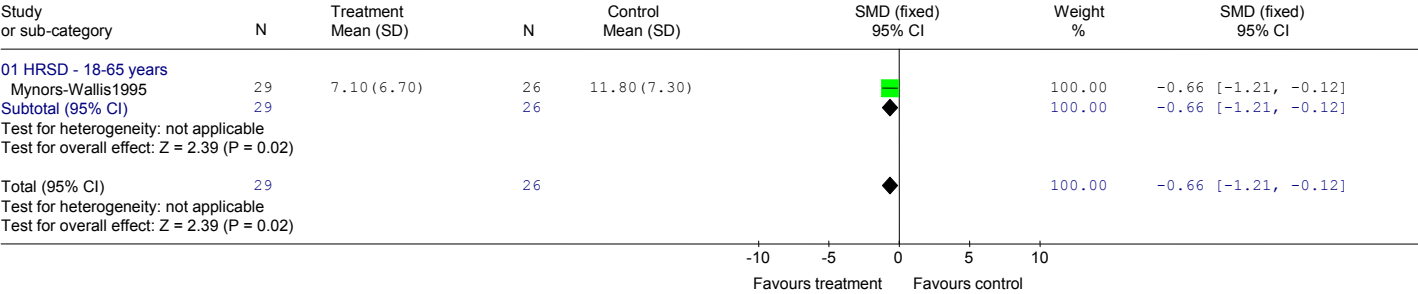
Review: PS01
 Comparison: 01 Problem solving versus placebo
 Outcome: 01 Leaving the study early for any reason



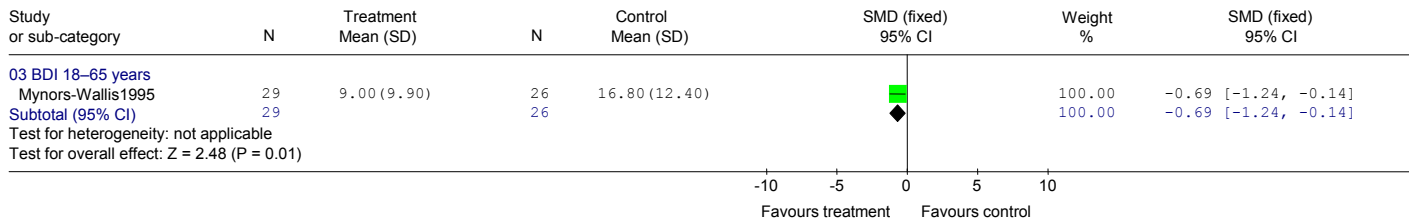
Review: PS02
 Comparison: 01 Problem solving versus placebo
 Outcome: 02 Leaving the study due to side effects



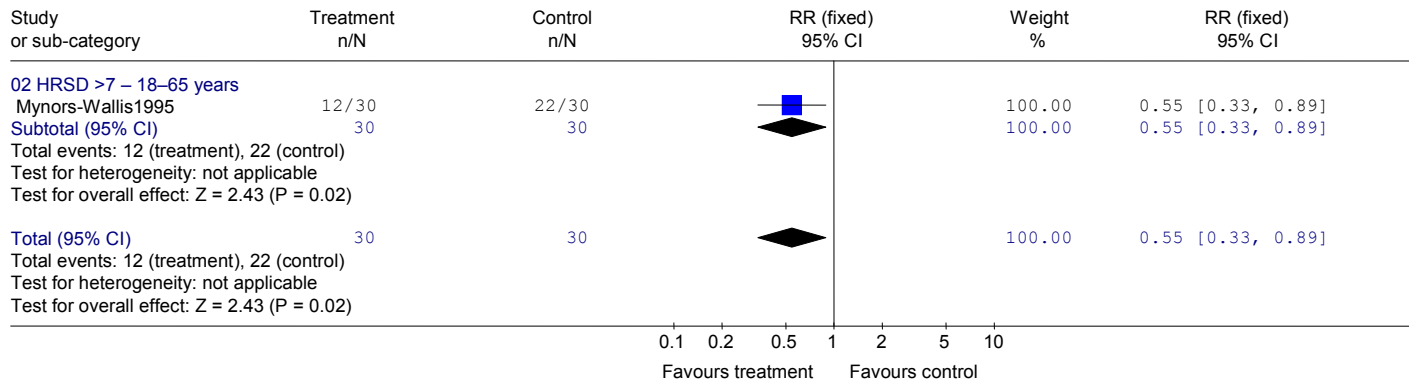
Review: PS03
 Comparison: 01 Problem solving versus placebo
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)



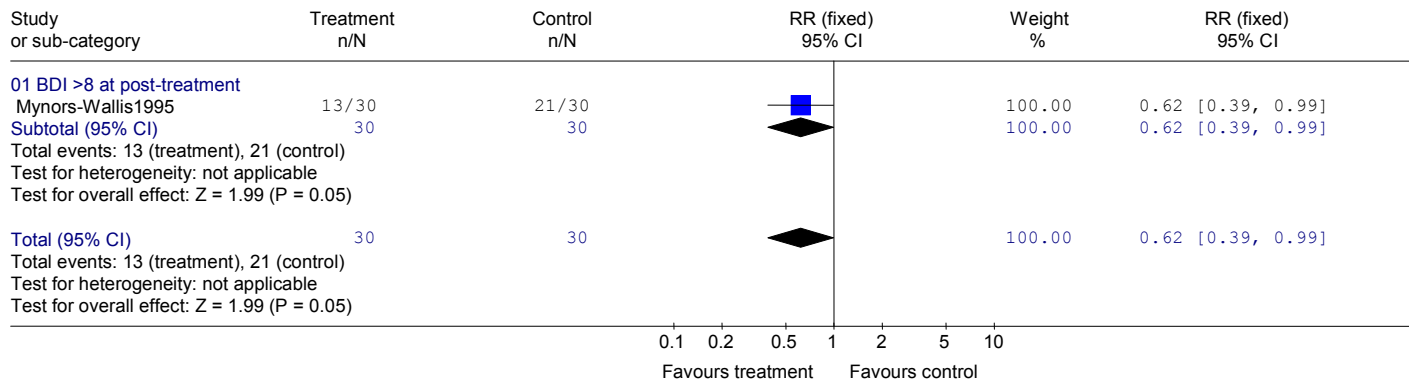
Review: PS04
 Comparison: 01 Problem solving versus placebo
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



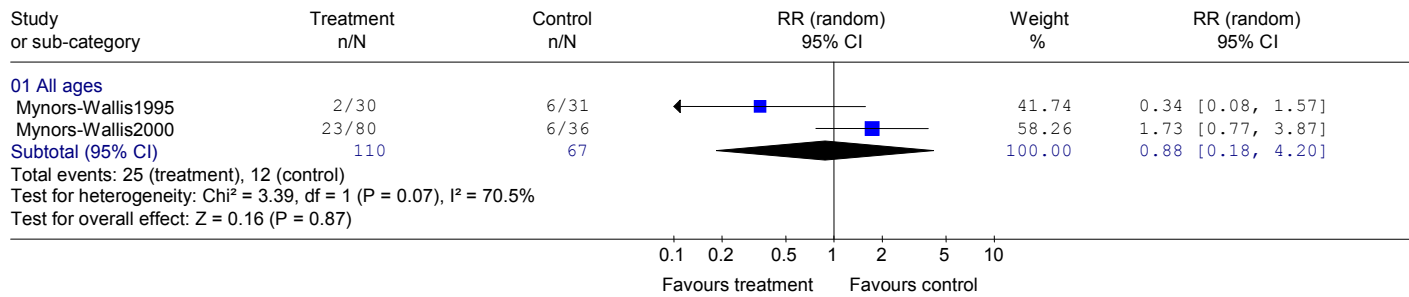
Review: PS05
 Comparison: 01 Problem solving versus placebo
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment (HRSD)



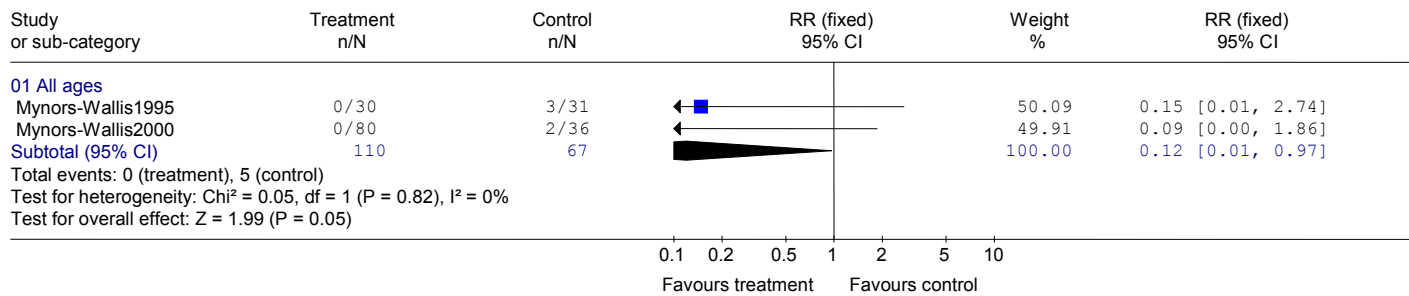
Review: PS06
 Comparison: 01 Problem solving versus placebo
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment (BDI)



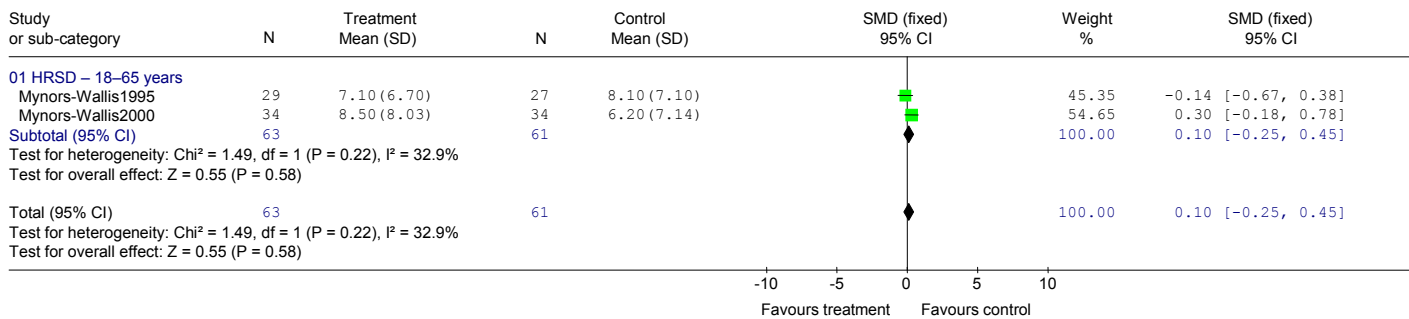
Review: PS08
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 01 Leaving the study early for any reason



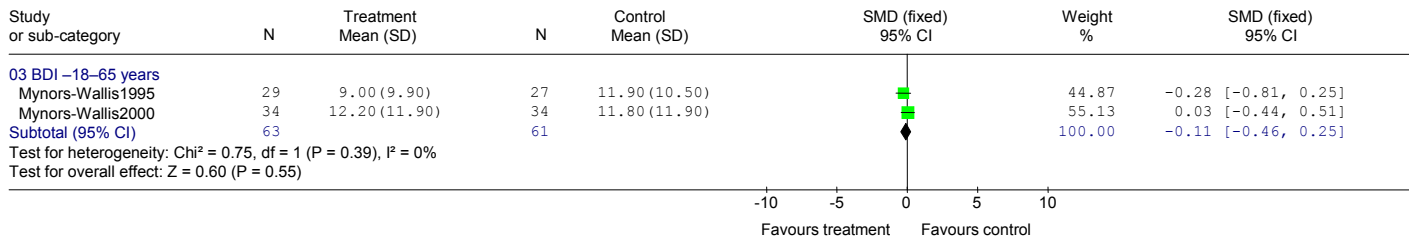
Review: PS09
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 02 Leaving the study due to side effects



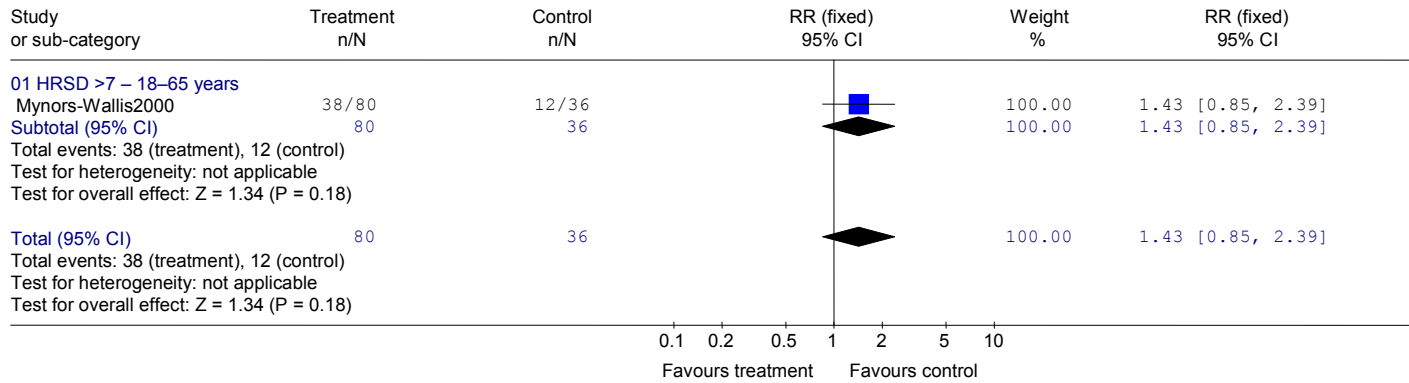
Review: PS10
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 03 Depression scores: continuous measures post-treatment (HRSD)



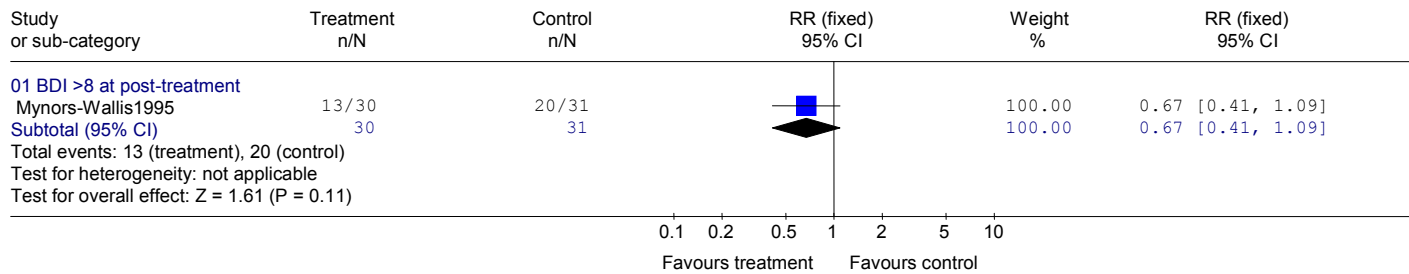
Review: PS11
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 04 Depression scores: continuous measures post-treatment (BDI)



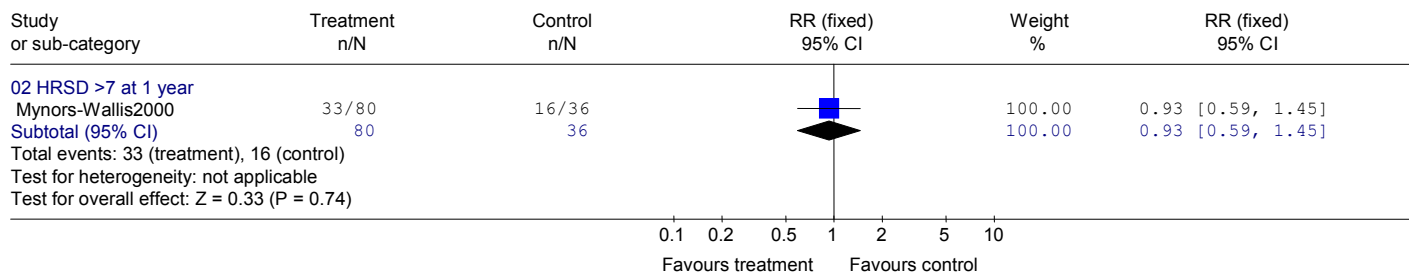
Review: PS12
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 05 Depression scores: dichotomous outcomes post-treatment (HRSD)



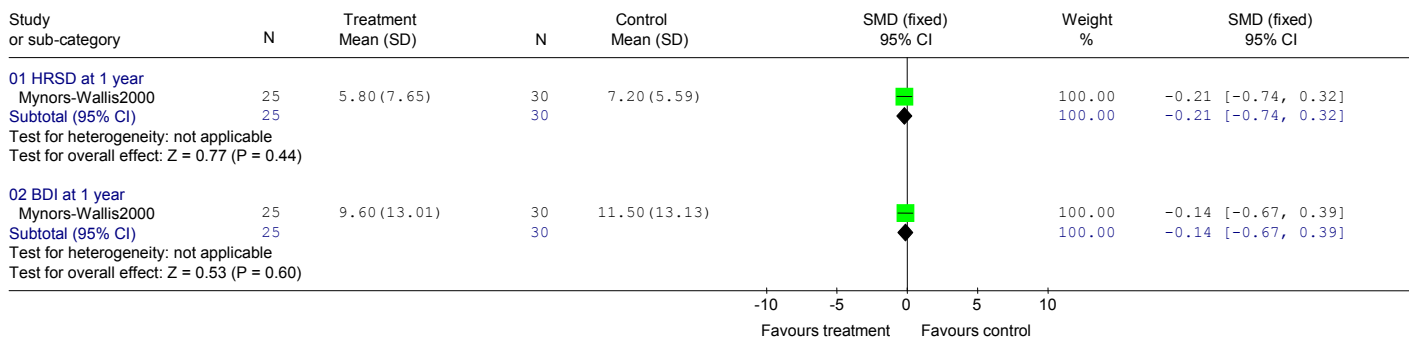
Review: PS13
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 06 Depression scores: dichotomous outcomes post-treatment (BDI)



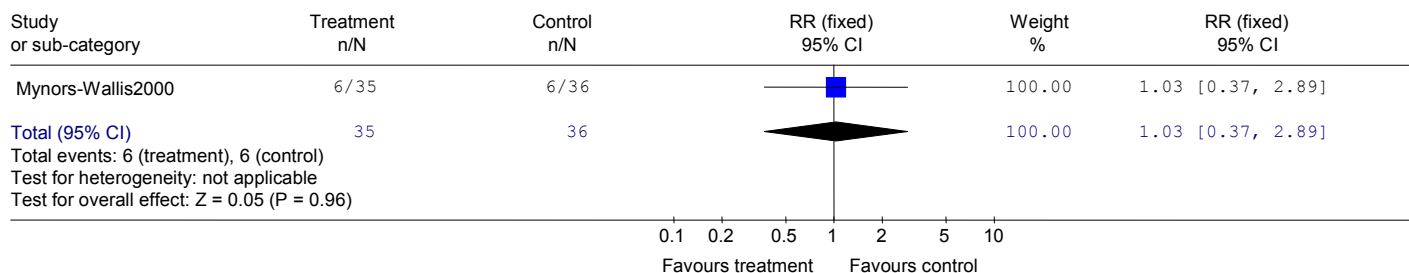
Review: PS14
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 07 Depression scores: dichotomous outcomes at follow-up



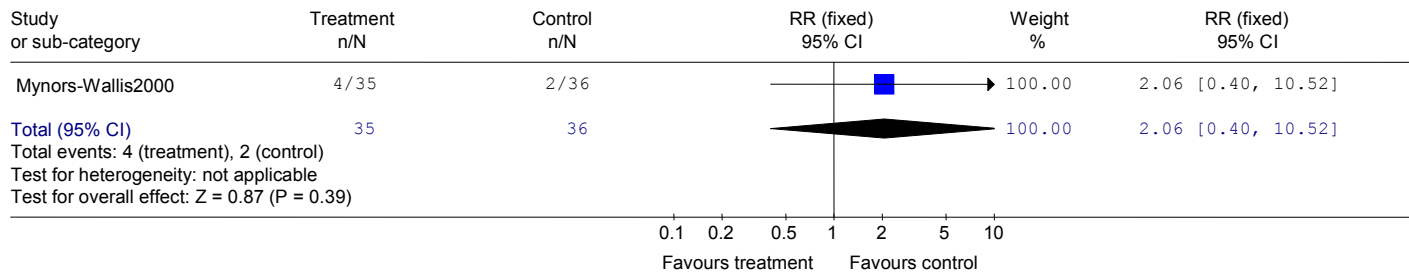
Review: PS15
 Comparison: 02 Problem solving versus antidepressants
 Outcome: 08 Depression scores: continuous measures at follow-up



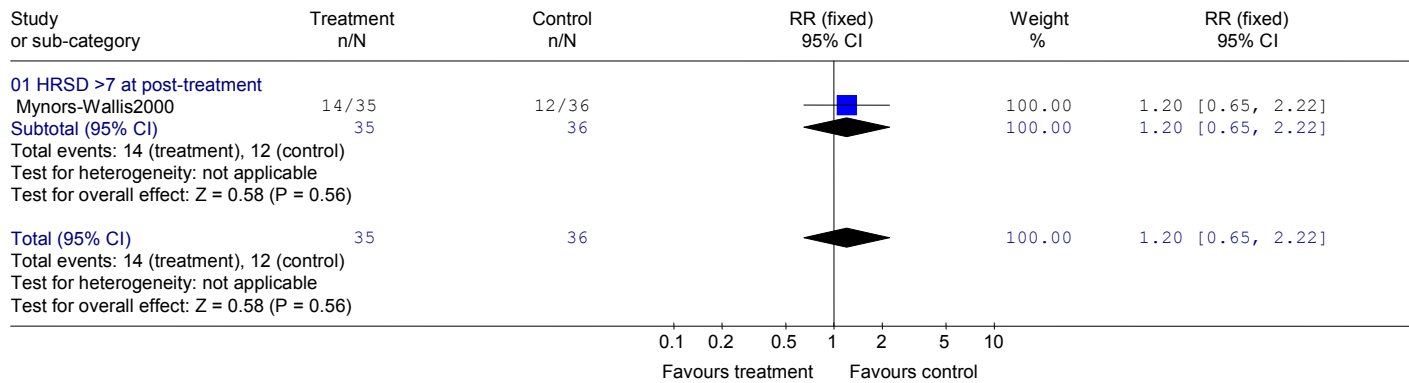
Review: PS16
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 01 Leaving the study early for any reason



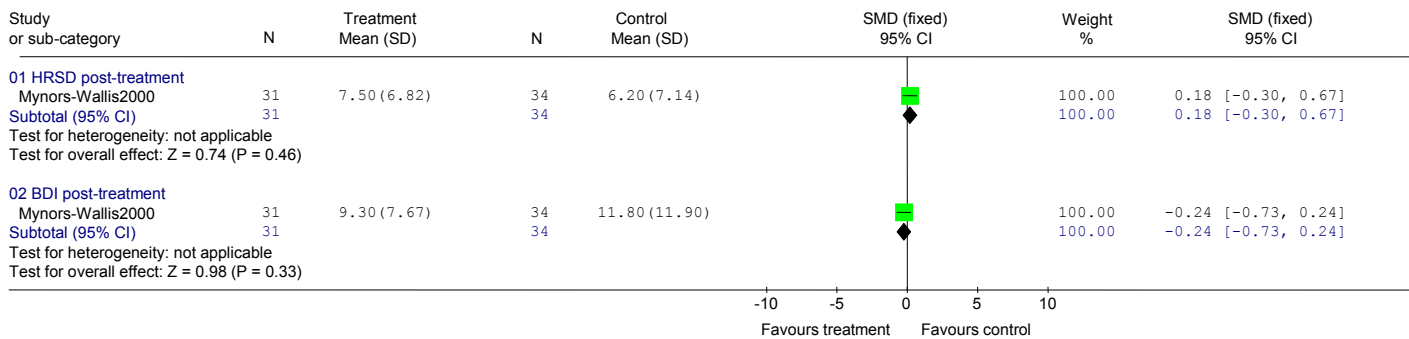
Review: PS17
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 02 Leaving the study early due to side effects



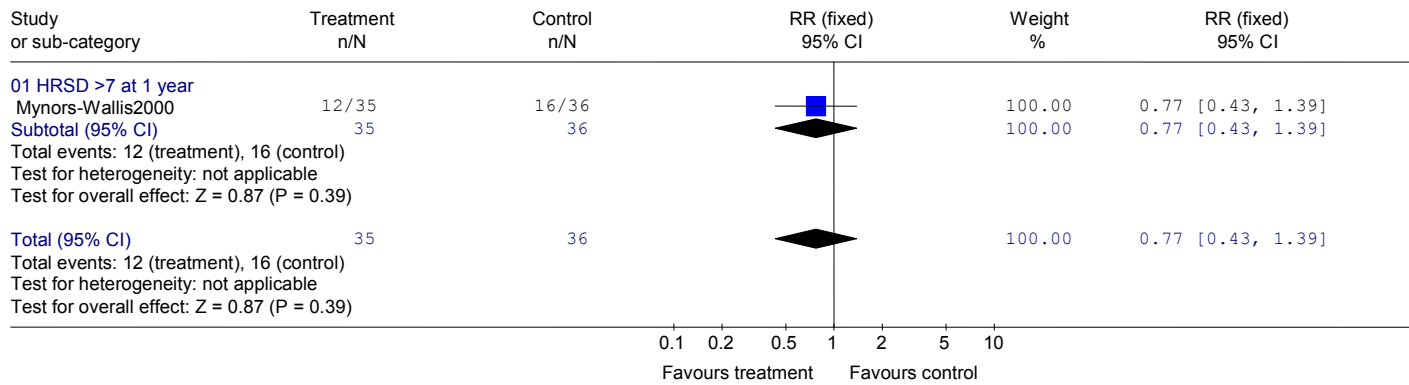
Review: PS18
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



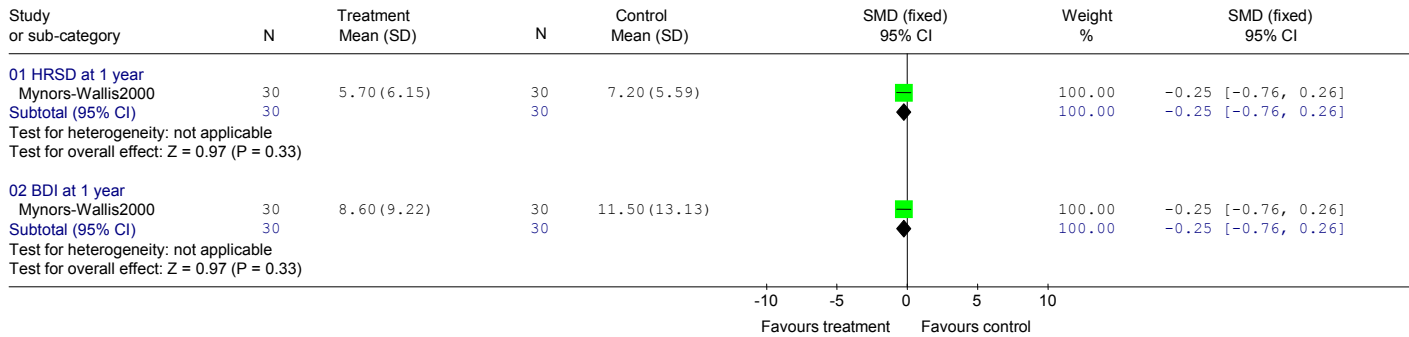
Review: PS19
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 04 Depression scores: continuous measures post-treatment



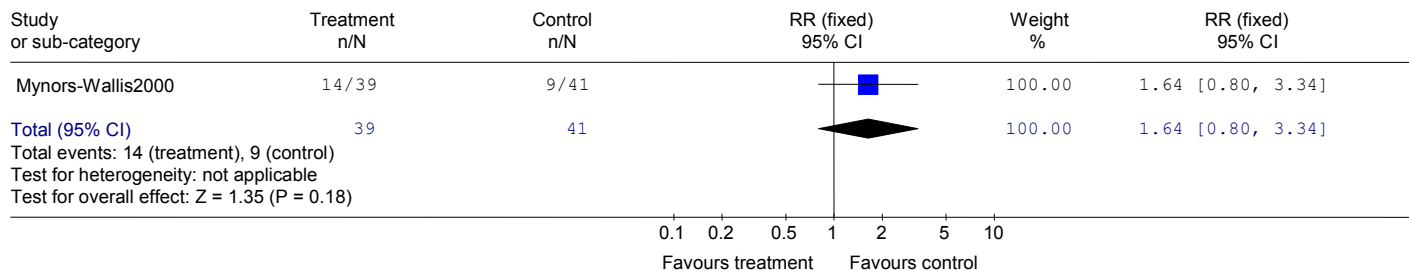
Review: PS20
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 05 Depression scores: dichotomous outcomes at follow-up



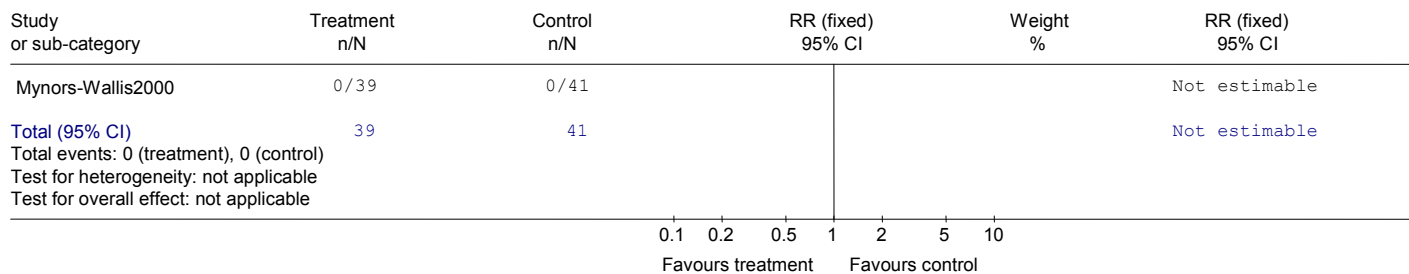
Review: PS21
 Comparison: 03 Problem-solving + antidepressants versus antidepressants
 Outcome: 06 Depression scores: continuous measures at follow-up



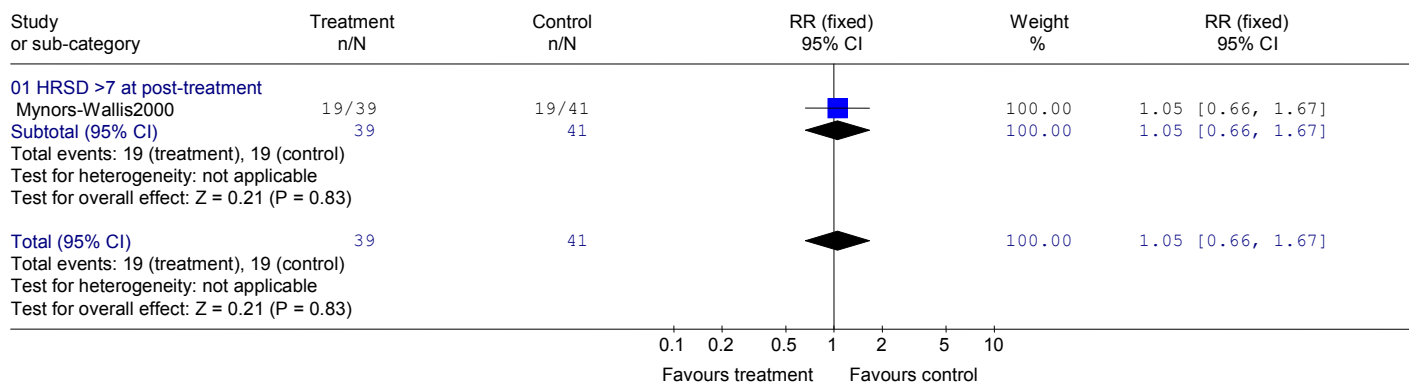
Review: PS22
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 01 Leaving the study early for any reason



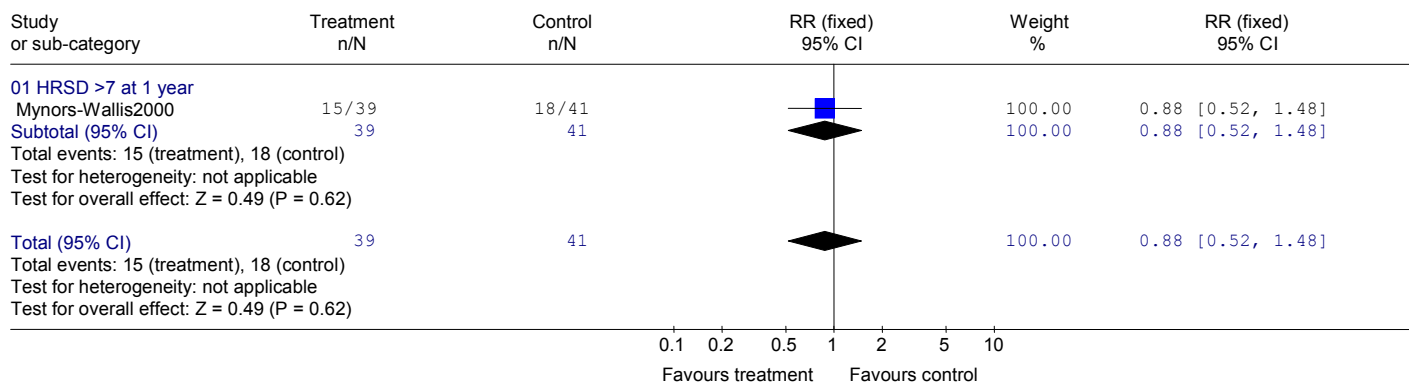
Review: PS23
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 02 Leaving the study early due to side effects



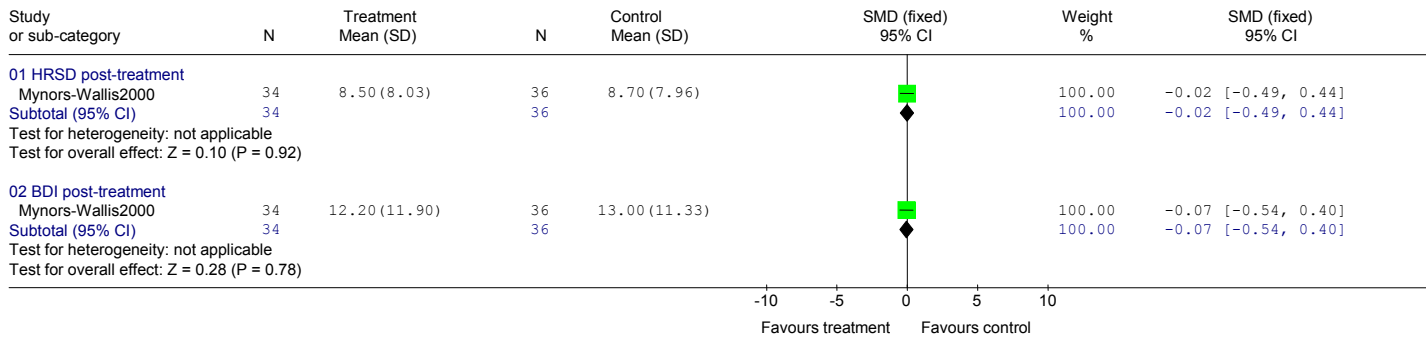
Review: PS24
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 03 Depression scores: dichotomous outcomes post-treatment



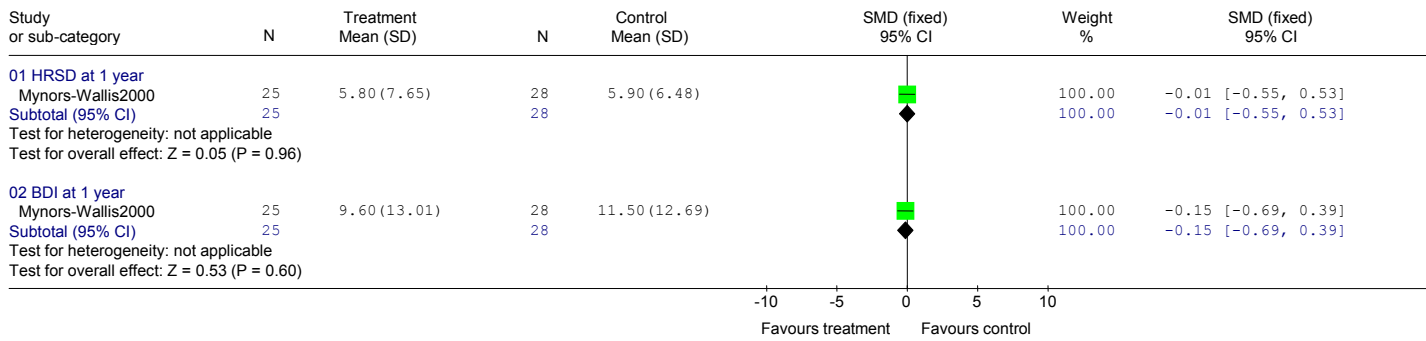
Review: PS25
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 04 Depression scores: dichotomous outcomes follow-up



Review: PS26
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 05 Depression scores: continuous measures post-treatment

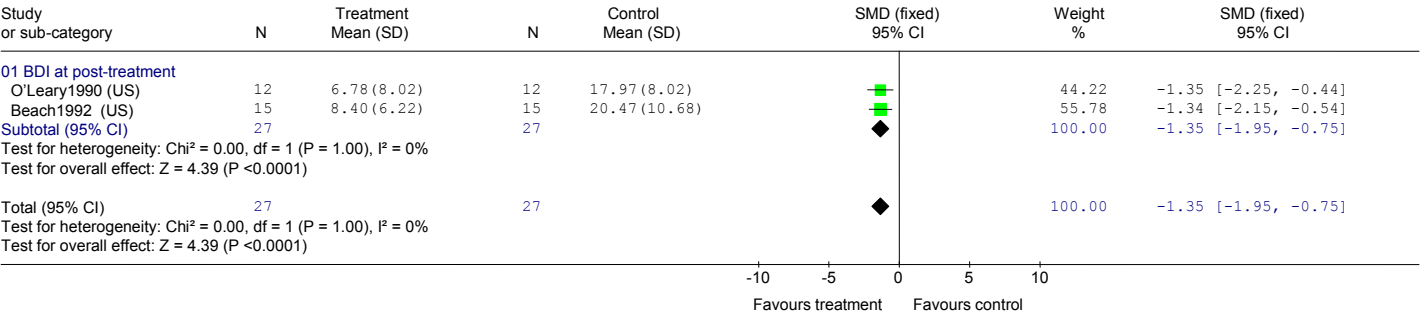


Review: PS27
 Comparison: 04 Problem-solving (GP) versus problem-solving (nurse)
 Outcome: 06 Depression scores: continuous measures at follow-up

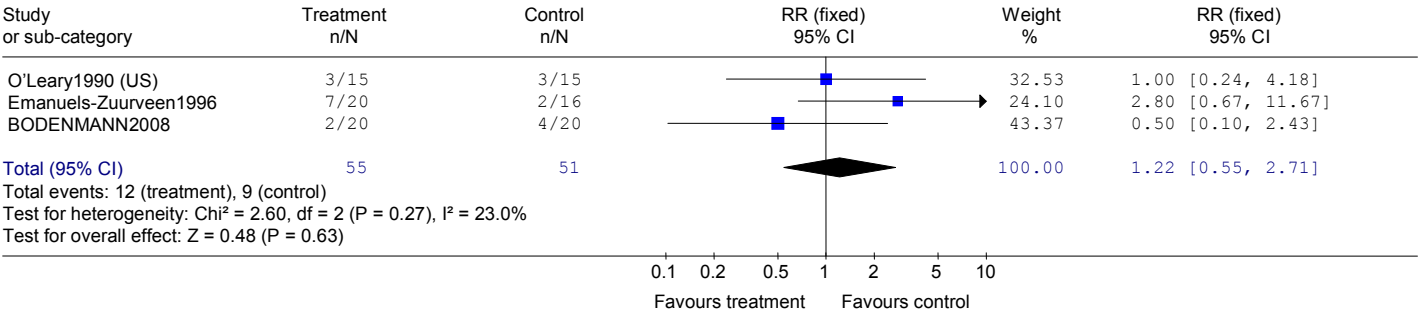


Couples therapy

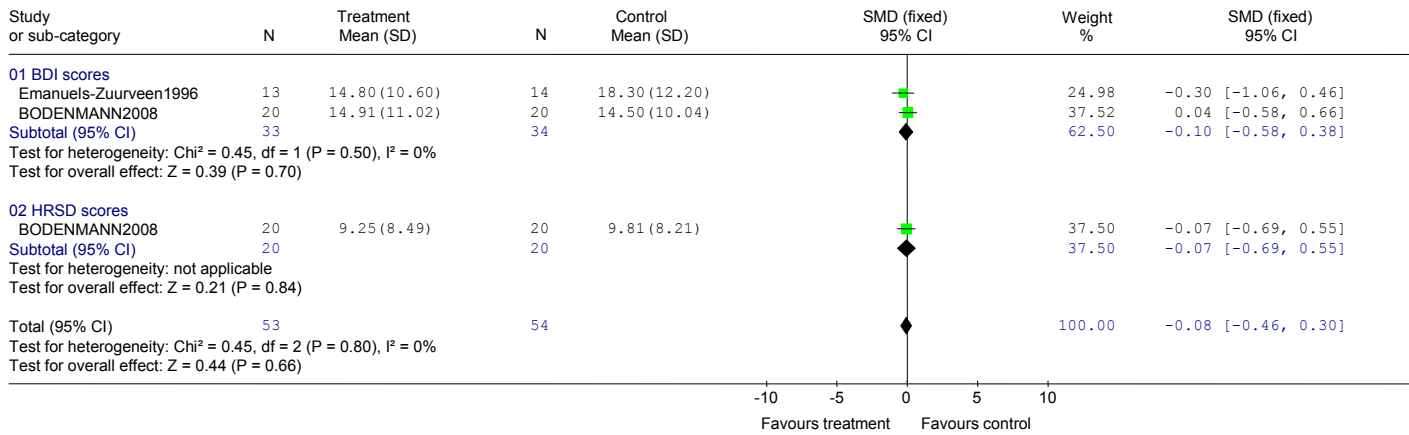
Review: CT01
 Comparison: 01 Couples therapy versus waitlist control
 Outcome: 01 Depression scores: continuous measures post-treatment



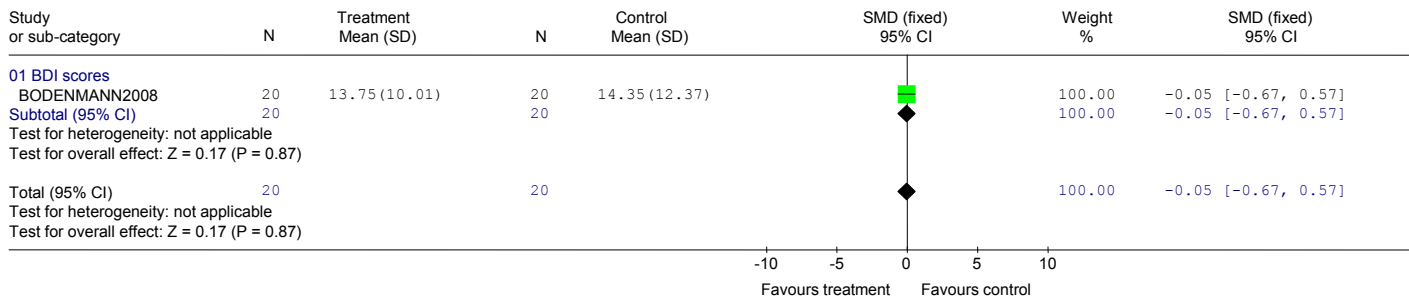
Review: CT02
 Comparison: 02 Couples therapy versus CBT
 Outcome: 01 Leaving study early



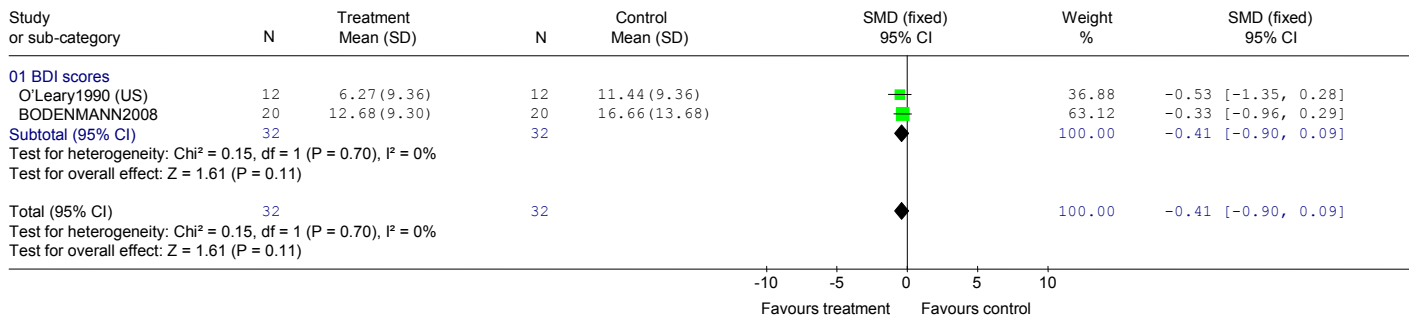
Review: CT03
 Comparison: 02 Couples therapy versus CBT
 Outcome: 02 Depression scores: at post-treatment



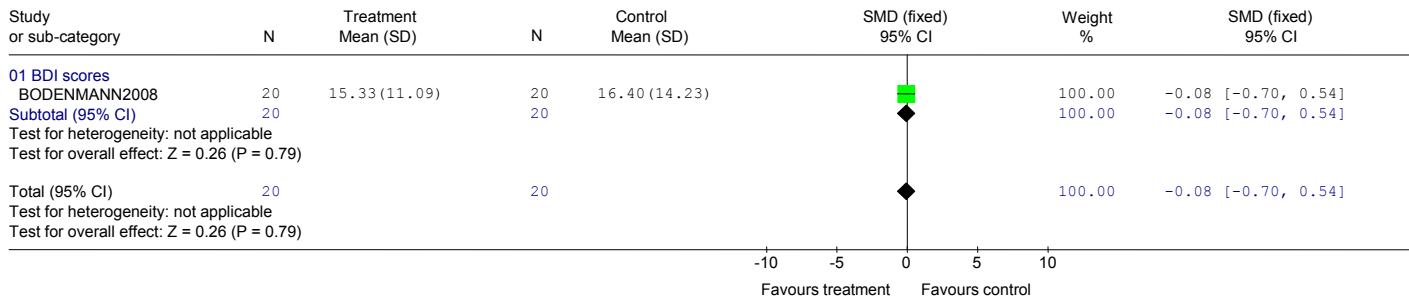
Review: CT04
 Comparison: 02 Couples therapy versus CBT
 Outcome: 03 Depression scores: at 6 months follow-up



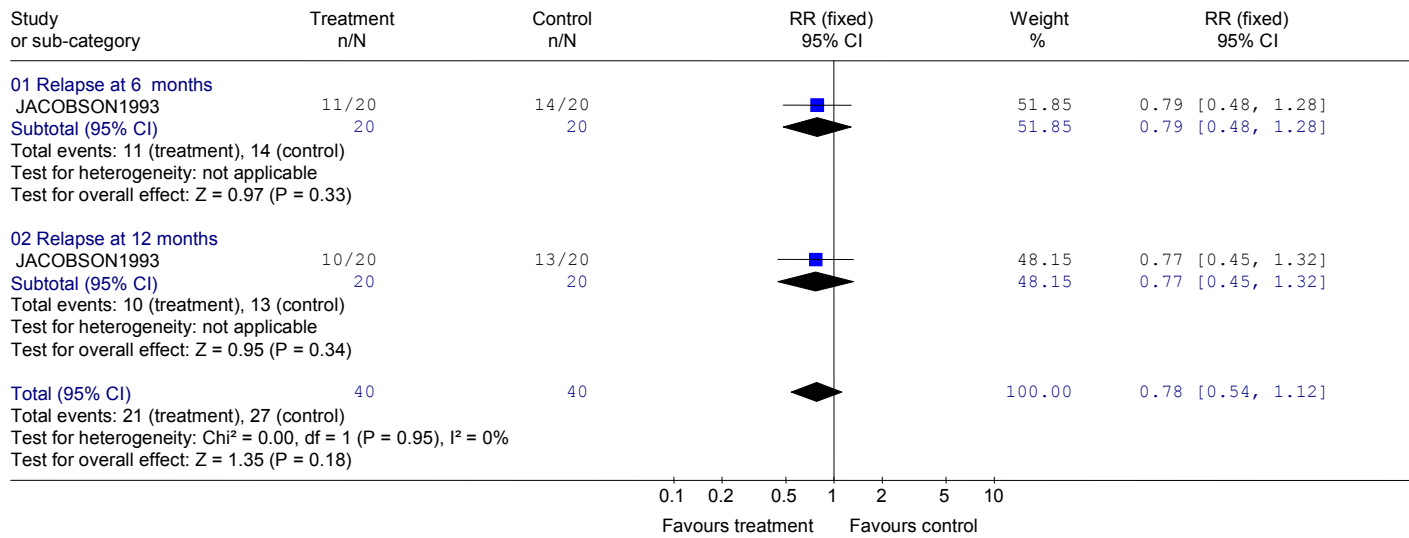
Review: CT05
 Comparison: 02 Couples therapy versus CBT
 Outcome: 04 Depression scores: at 1 year follow-up



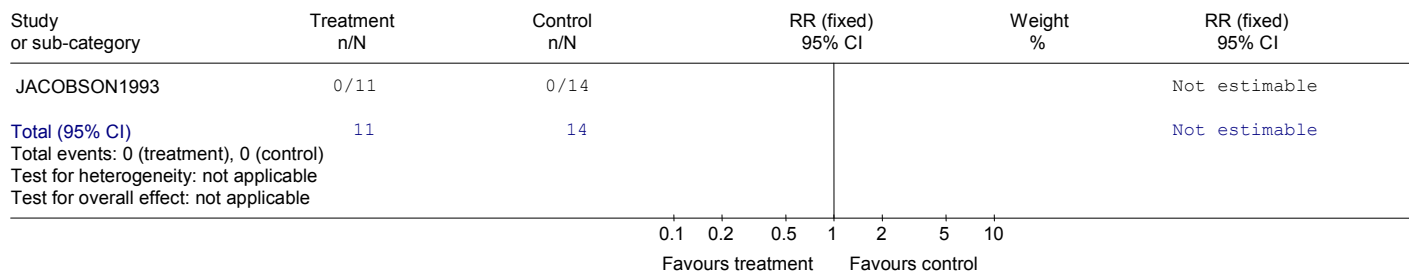
Review: CT06
 Comparison: 02 Couples therapy versus CBT
 Outcome: 05 Depression scores: at 1.5 years follow-up



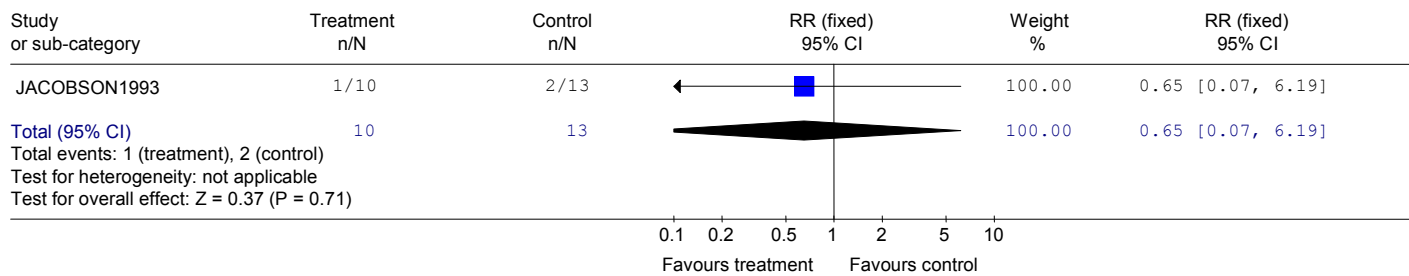
Review: CT07
 Comparison: 02 Couples therapy versus CBT
 Outcome: 06 Behavioural couple therapy: depression scores: dichotomous data



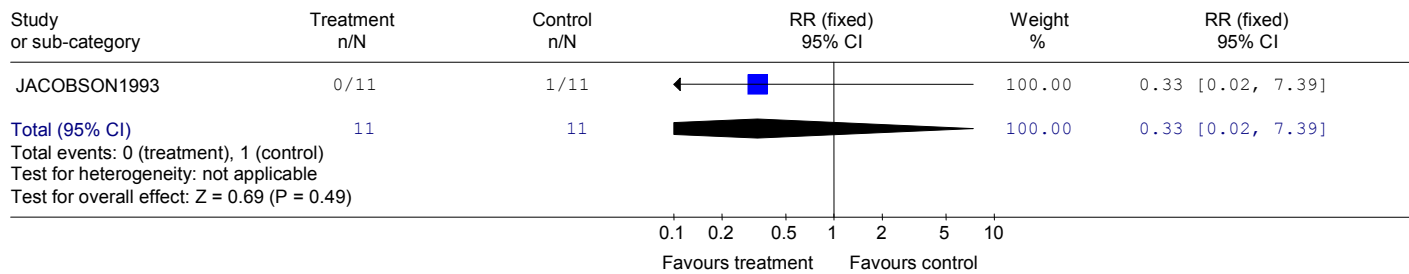
Review: CT08
 Comparison: 03 Couples therapy + CBT versus CBT
 Outcome: 01 Relapse at 6 months



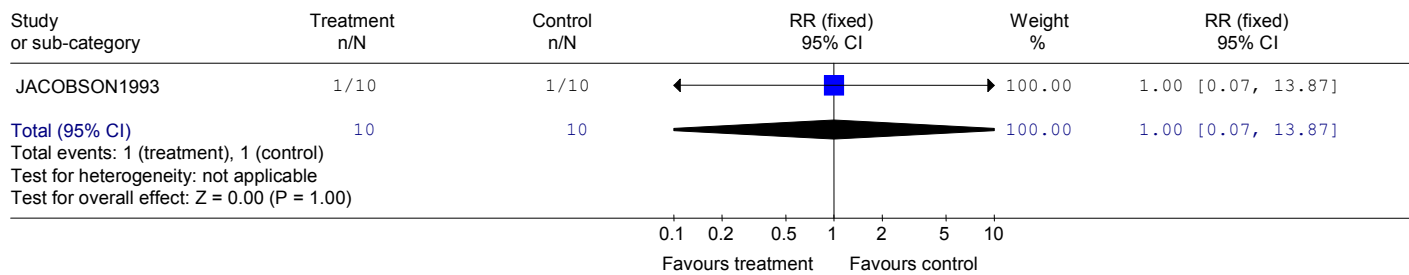
Review: CT09
 Comparison: 03 Couples therapy + CBT versus CBT
 Outcome: 02 Relapse at 12 months



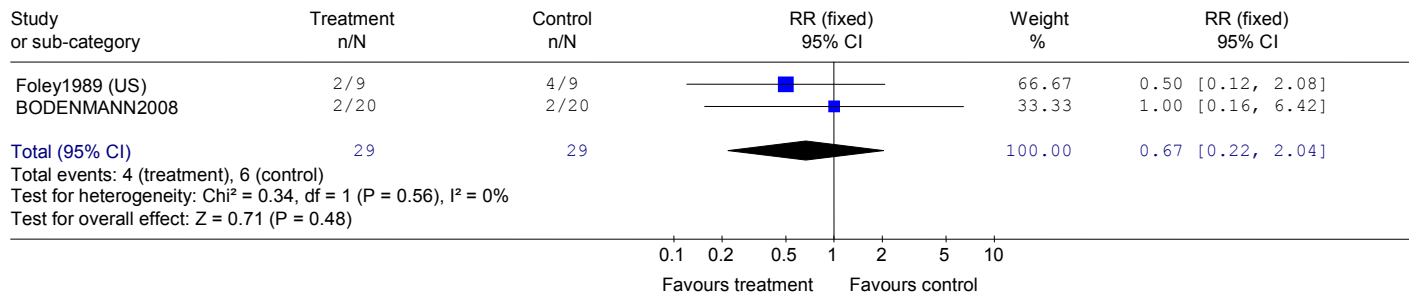
Review: CT10
 Comparison: 04 Couples therapy + CBT versus couples therapy
 Outcome: 01 Relapse at 6 months



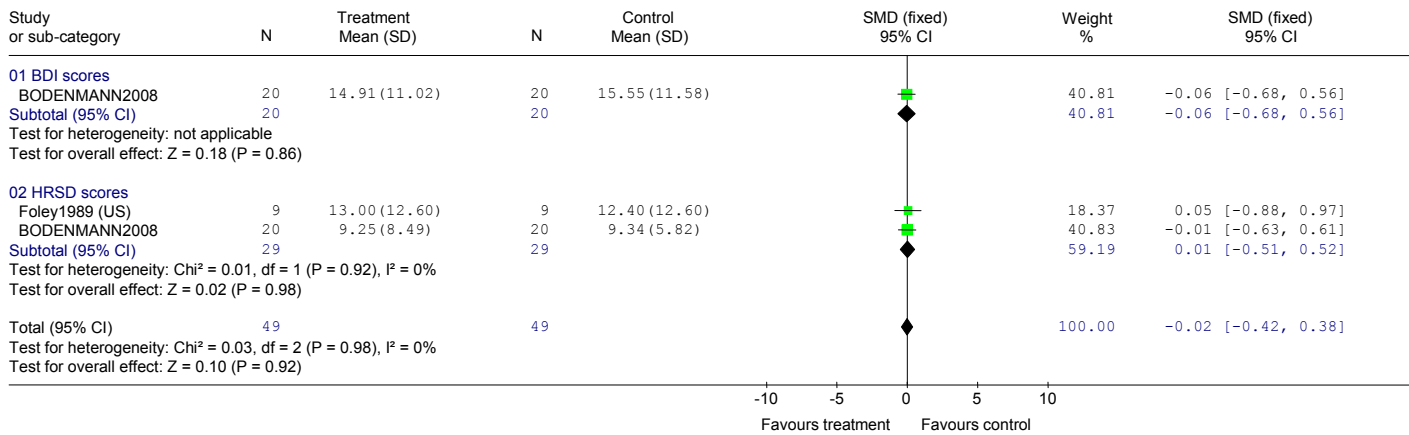
Review: CT11
 Comparison: 04 Couples therapy + CBT versus couples therapy
 Outcome: 02 Relapse at 12 months



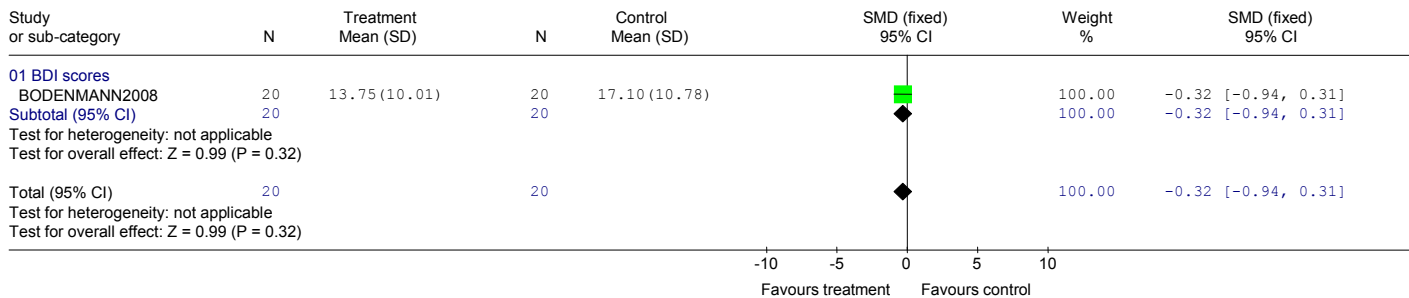
Review: CT12
 Comparison: 05 Couples therapy versus IPT
 Outcome: 01 Leaving study early



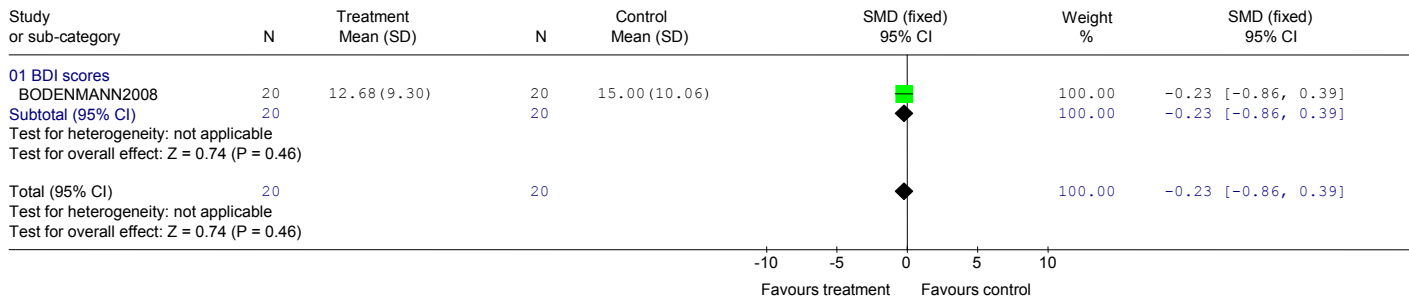
Review: CT13
 Comparison: 05 Couples therapy versus IPT
 Outcome: 02 Depression scores: at post-treatment



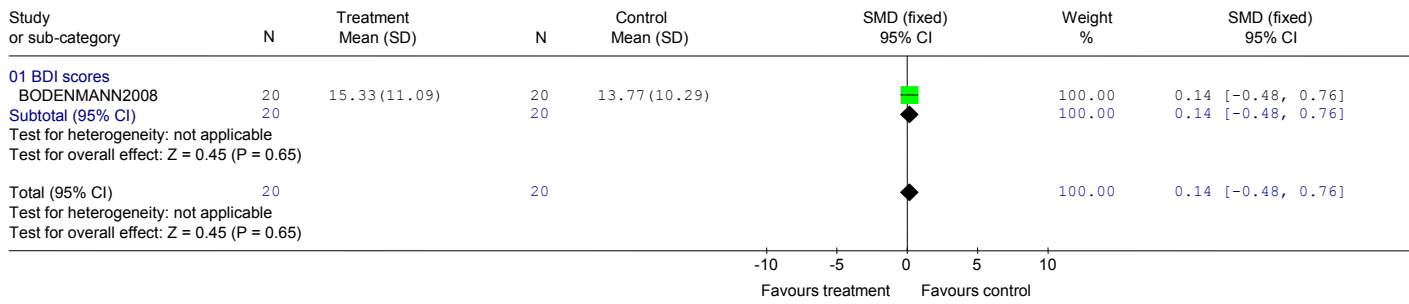
Review: CT14
 Comparison: 05 Couples therapy versus IPT
 Outcome: 03 Depression scores: at 6 months follow-up



Review: CT15
 Comparison: 05 Couples therapy versus IPT
 Outcome: 04 Depression scores: at 1 year follow-up

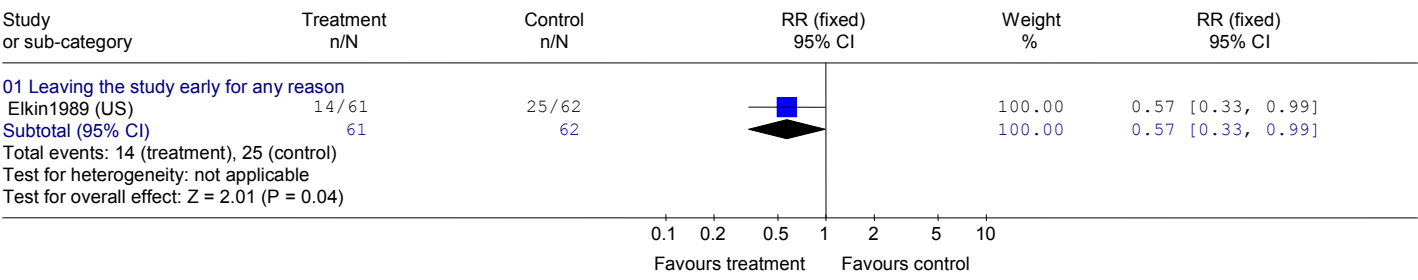


Review: CT16
 Comparison: 05 Couples therapy versus IPT
 Outcome: 05 Depression scores: at 1.5 years follow-up

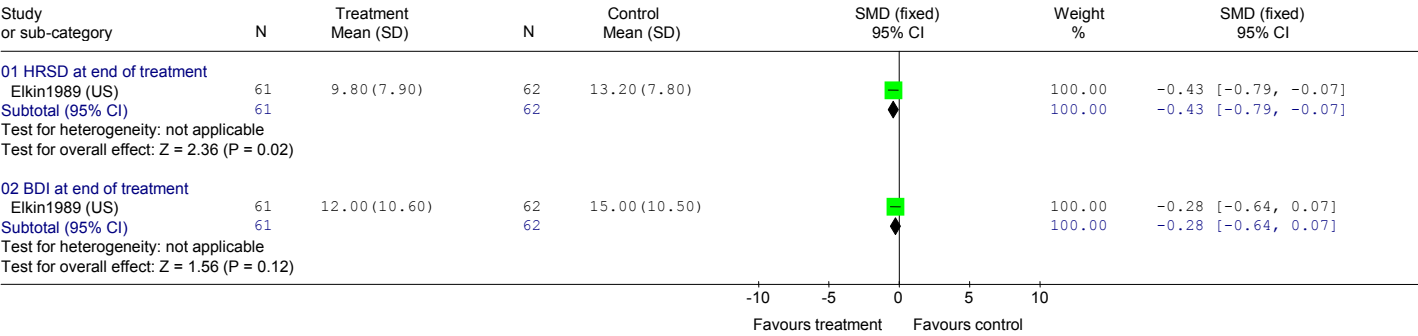


Interpersonal therapy

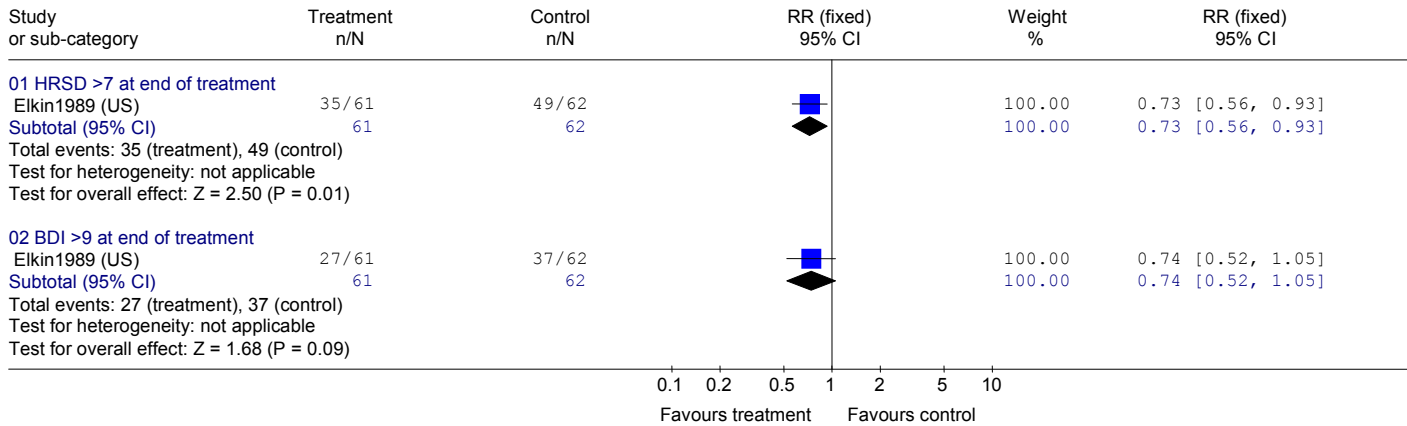
Review: IPT01
 Comparison: 01 IPT versus placebo
 Outcome: 01 Tolerability



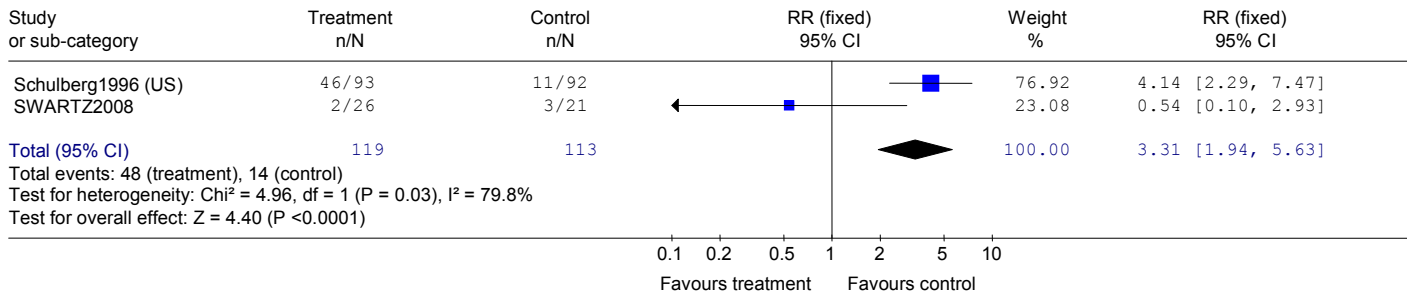
Review: IPT02
 Comparison: 01 IPT versus placebo
 Outcome: 02 Depression scores: continuous measures post-treatment



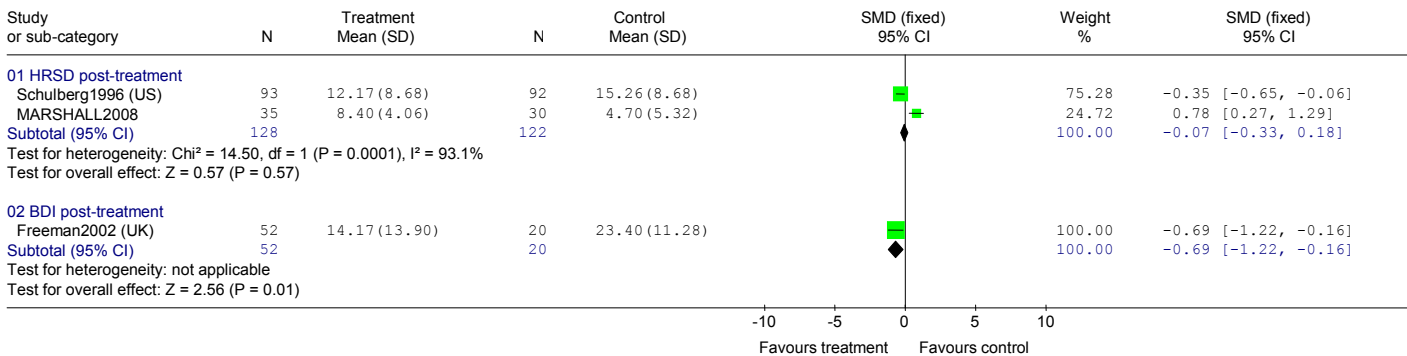
Review: IPT03
 Comparison: 01 IPT versus placebo
 Outcome: 03 Depression score: dichotomous outcome post-treatment



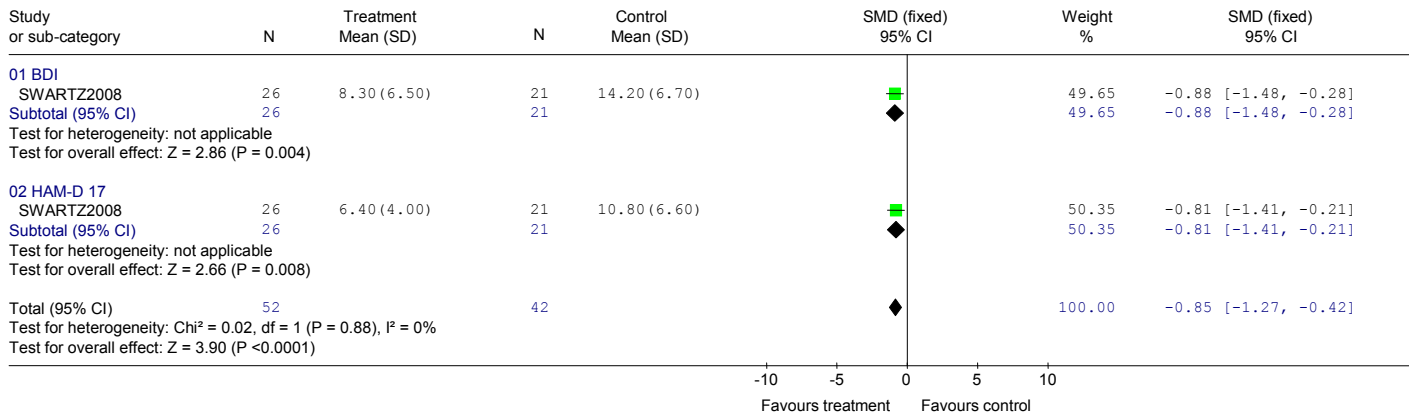
Review: IPT04
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 01 Leaving the study early



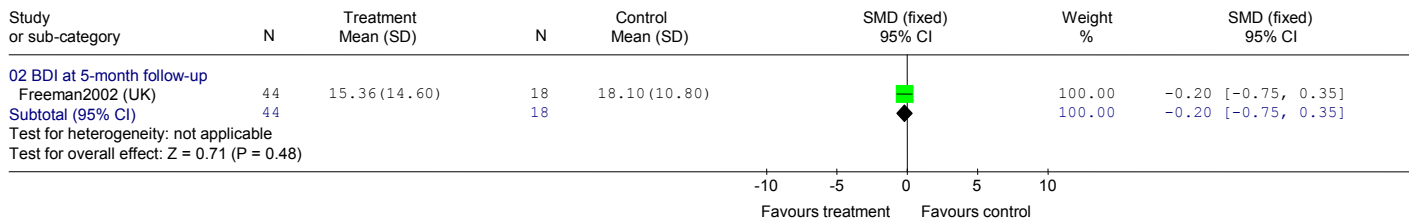
Review: IPT05
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 02 Depression scores: continuous measures post-treatment



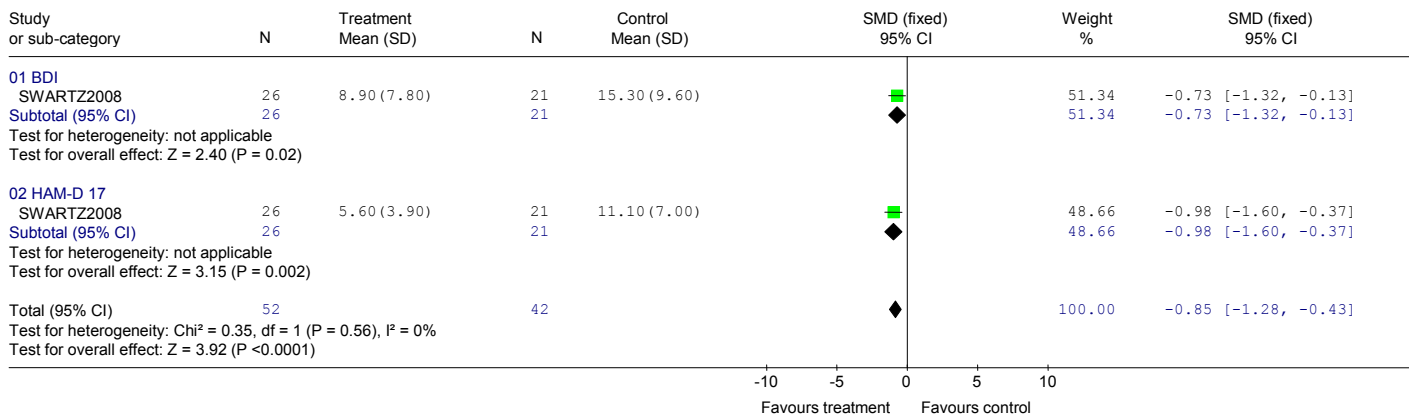
Review: IPT06
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 03 Depression scores: continuous measures at 3-month follow-up



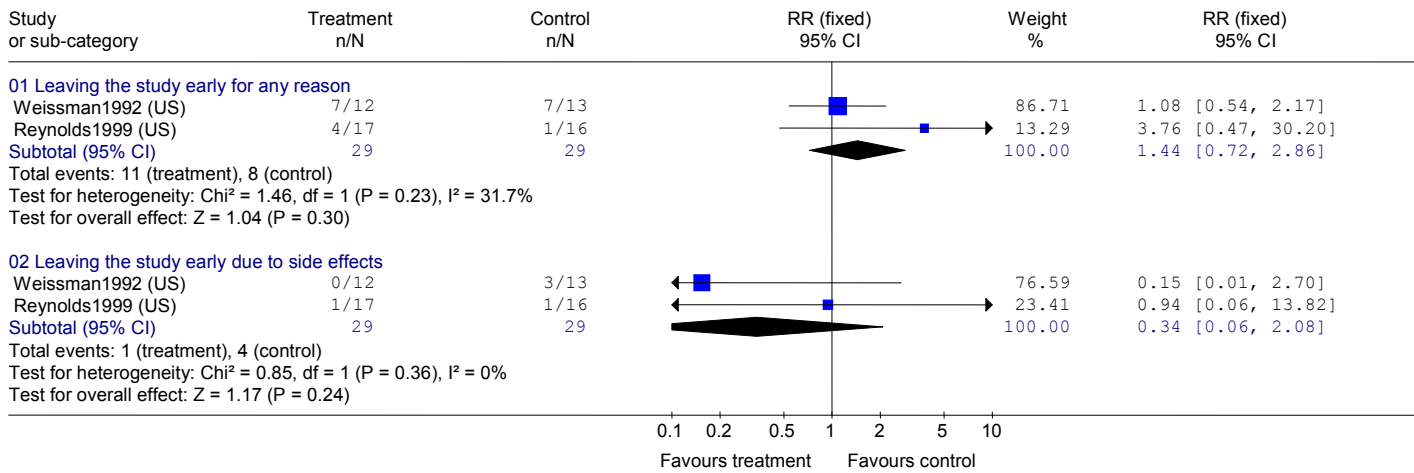
Review: IPT07
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 04 Depression scores: continuous measures at 5-month follow-up



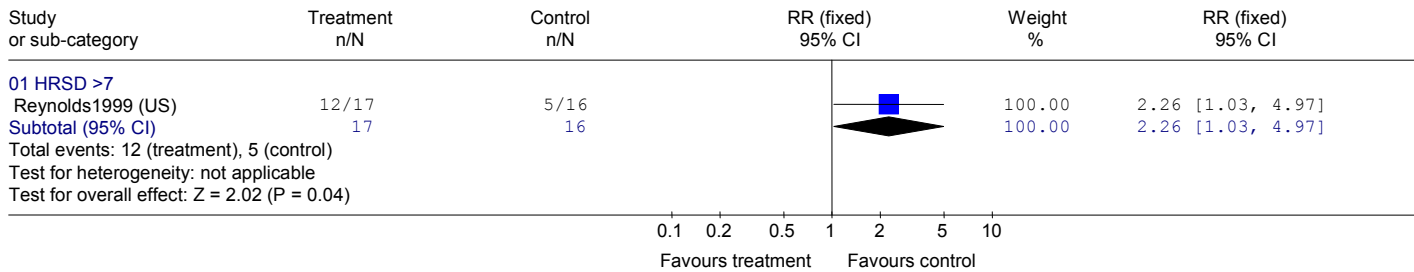
Review: IPT08
 Comparison: 02 IPT versus usual GP care (including antidepressants)
 Outcome: 05 Depression scores: continuous measures at 9-month follow-up



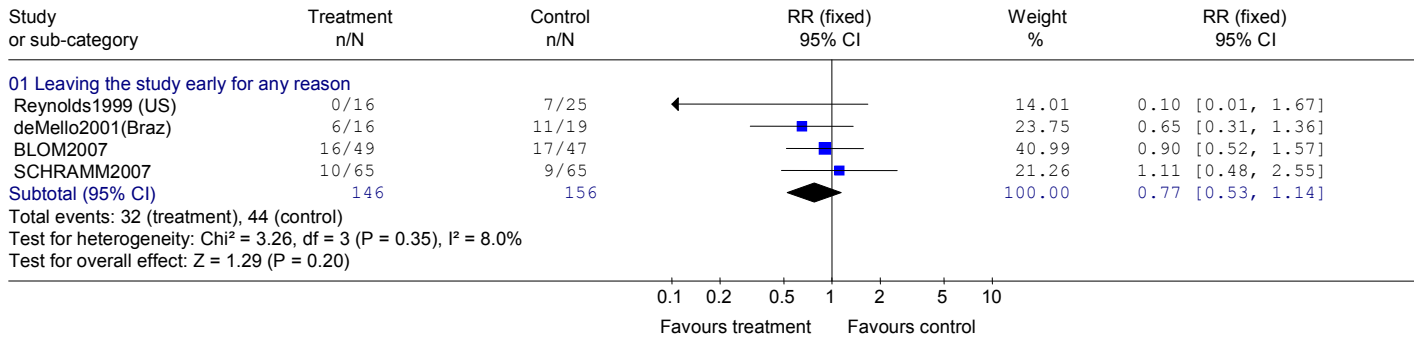
Review: IPT09
 Comparison: 03 IPT (with/without placebo) versus IPT + antidepressants
 Outcome: 01 Tolerability



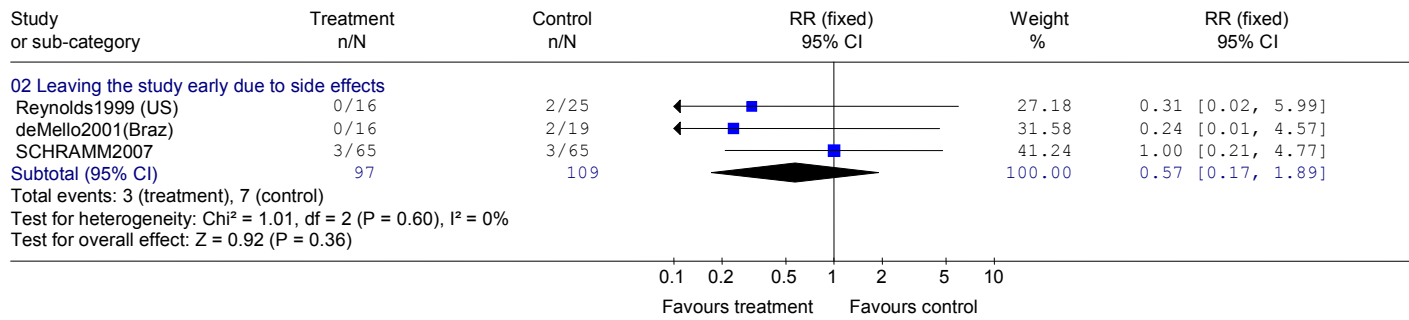
Review: IPT10
 Comparison: 03 IPT (with/without placebo) versus IPT + antidepressants
 Outcome: 02 Depression score: dichotomous outcome post-treatment



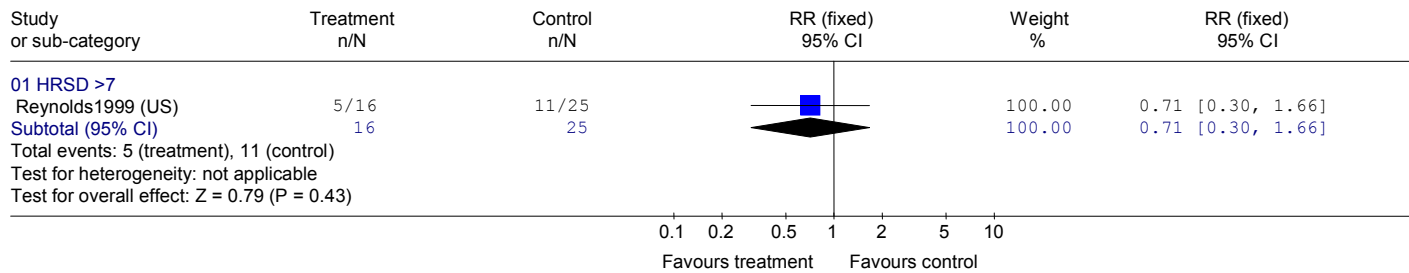
Review: IPT11
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 01 Leaving study early due to any reason



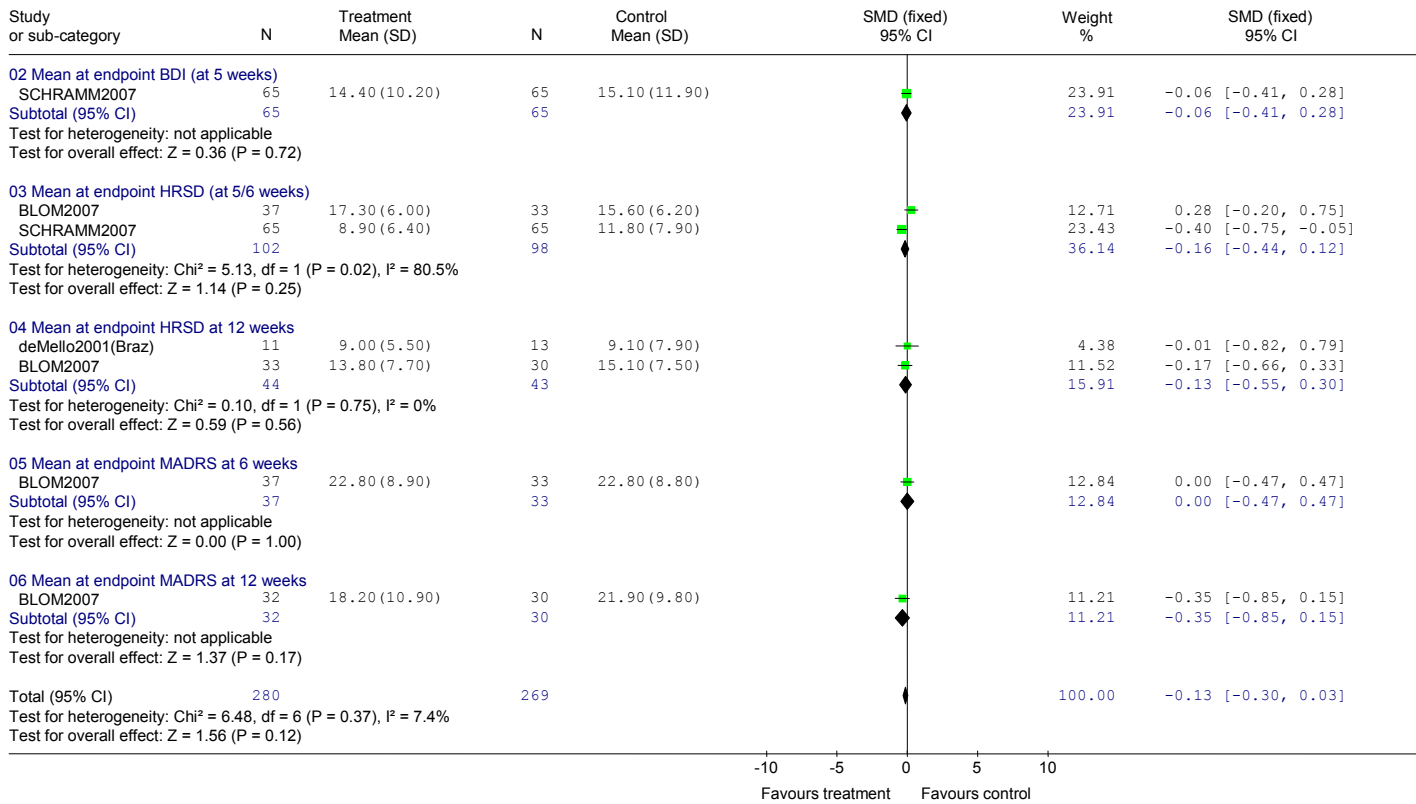
Review: IPT12
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 02 Leaving study early due to adverse effects



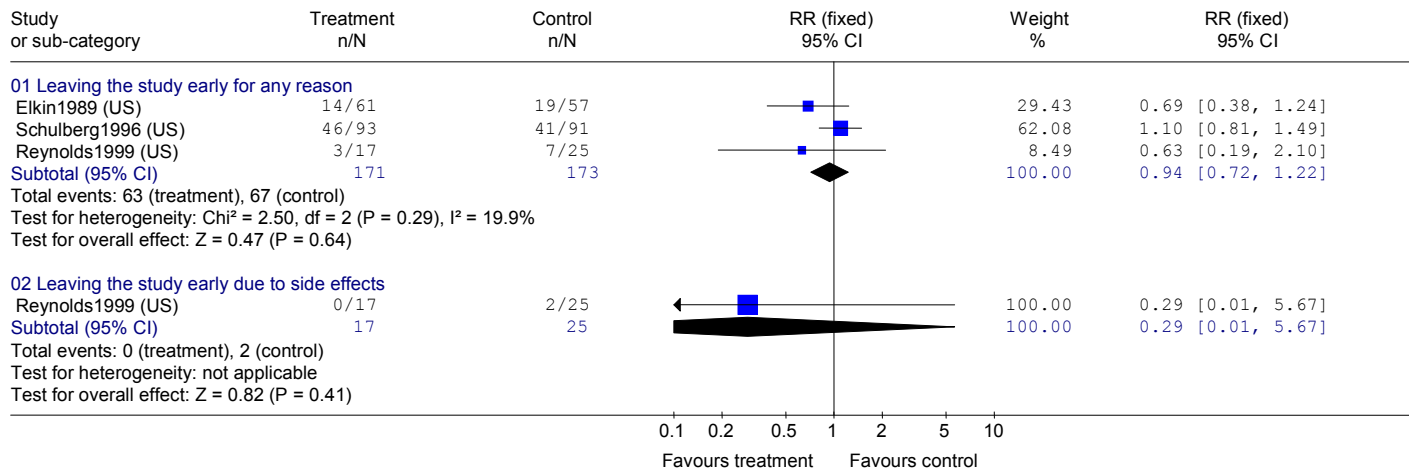
Review: IPT13
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 03 Depression score: dichotomous outcome post-treatment



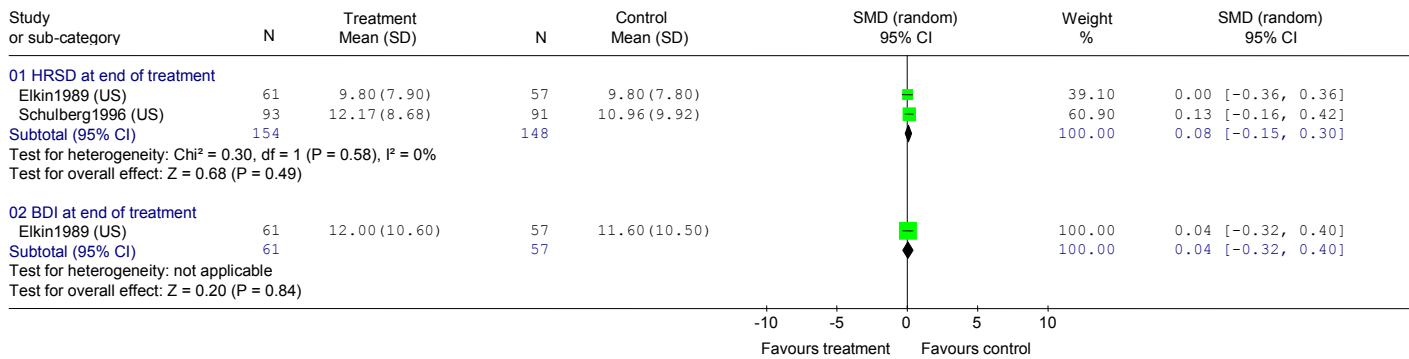
Review: IPT14
 Comparison: 04 IPT + antidepressants versus antidepressants
 Outcome: 04 Depression scores: continuous measures post-treatment



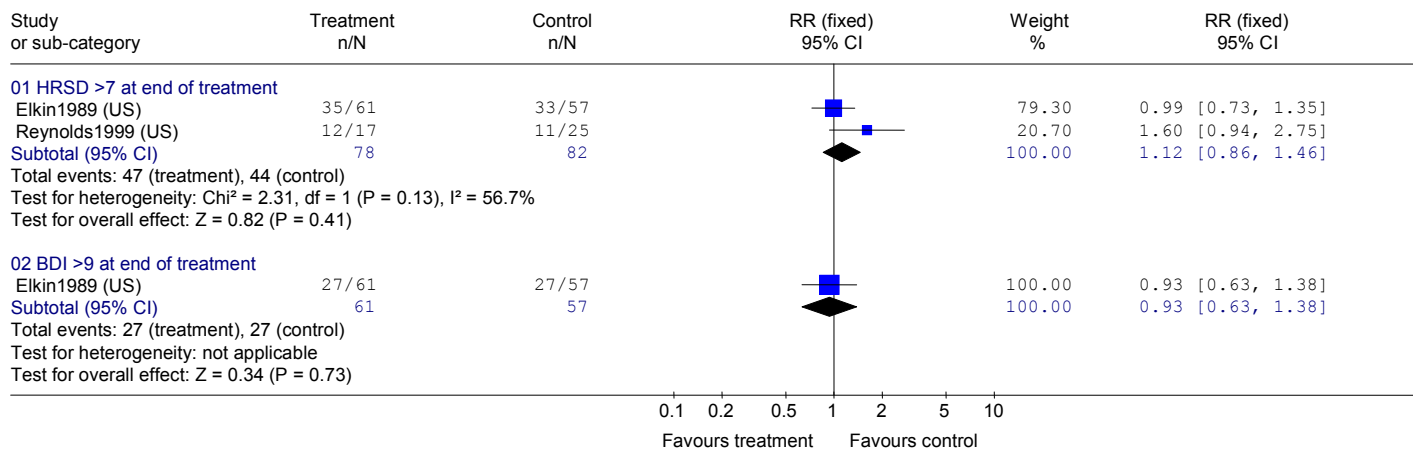
Review: IPT15
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 01 Tolerability



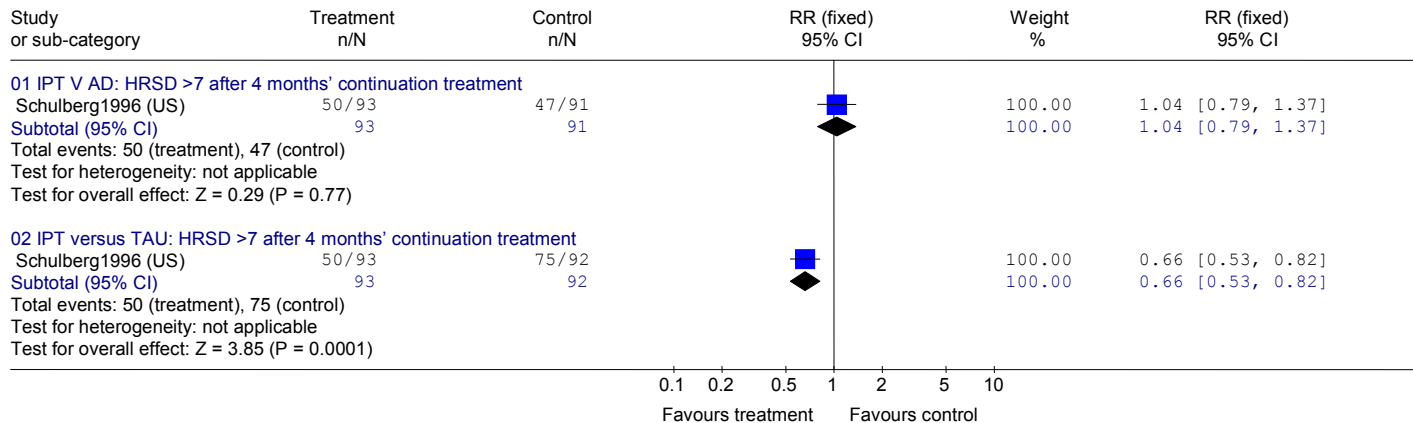
Review: IPT16
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 04 Depression scores: continuous measures post-treatment



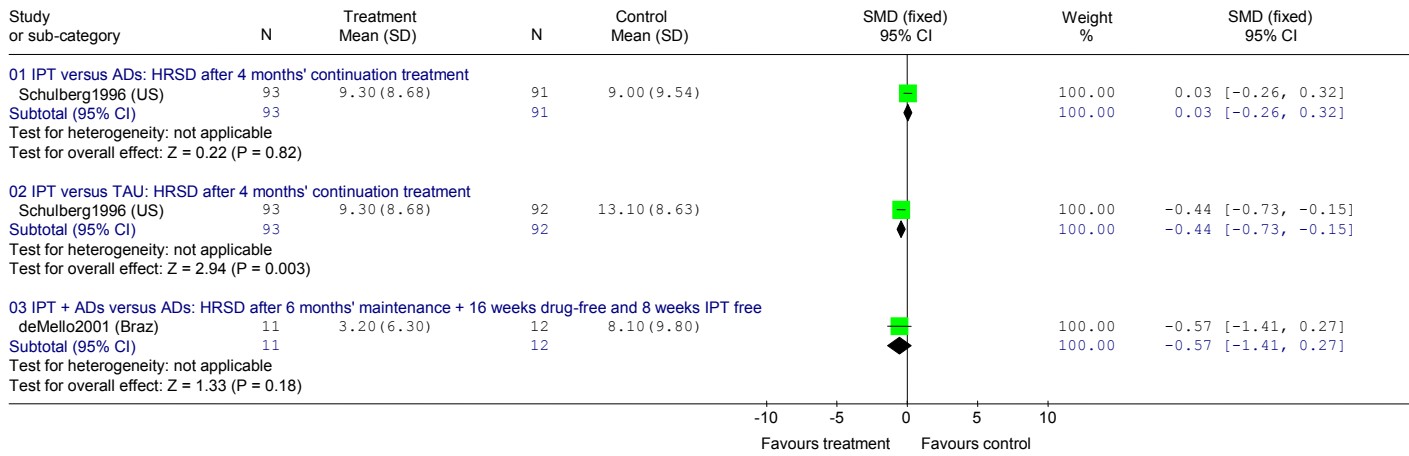
Review: IPT17
 Comparison: 05 IPT (with/without placebo) versus antidepressants (with/without clinical management)
 Outcome: 05 Depression score: dichotomous outcome post-treatment



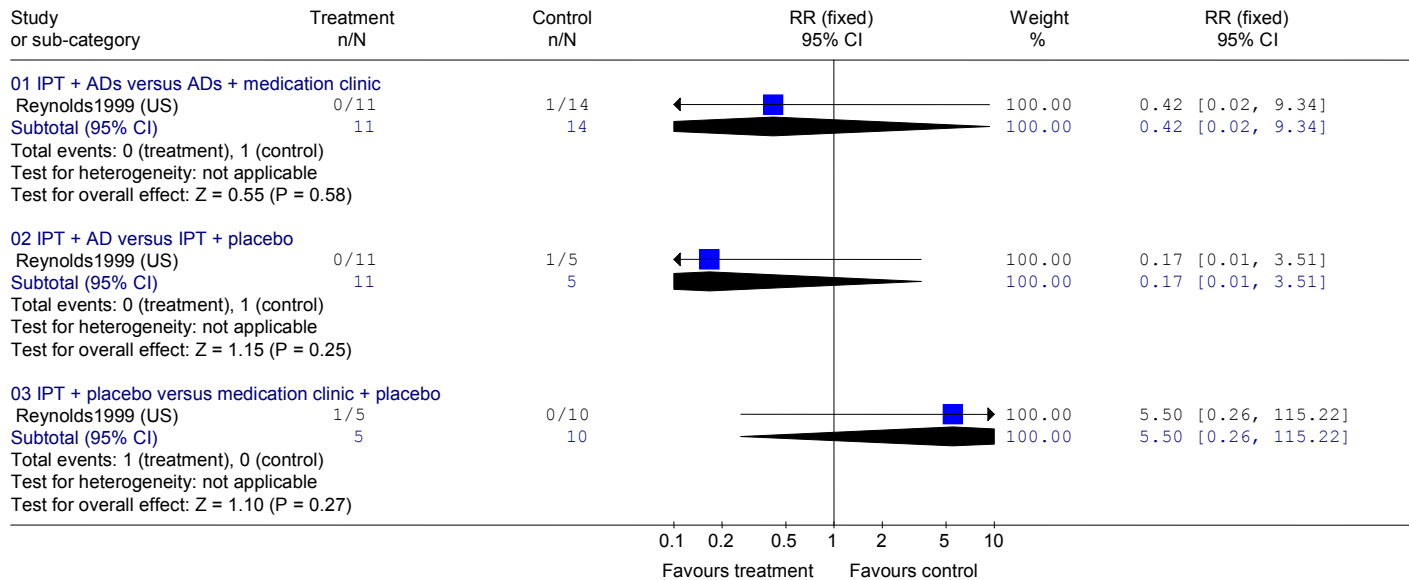
Review: IPT18
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 01 Depression score: after continuation treatment



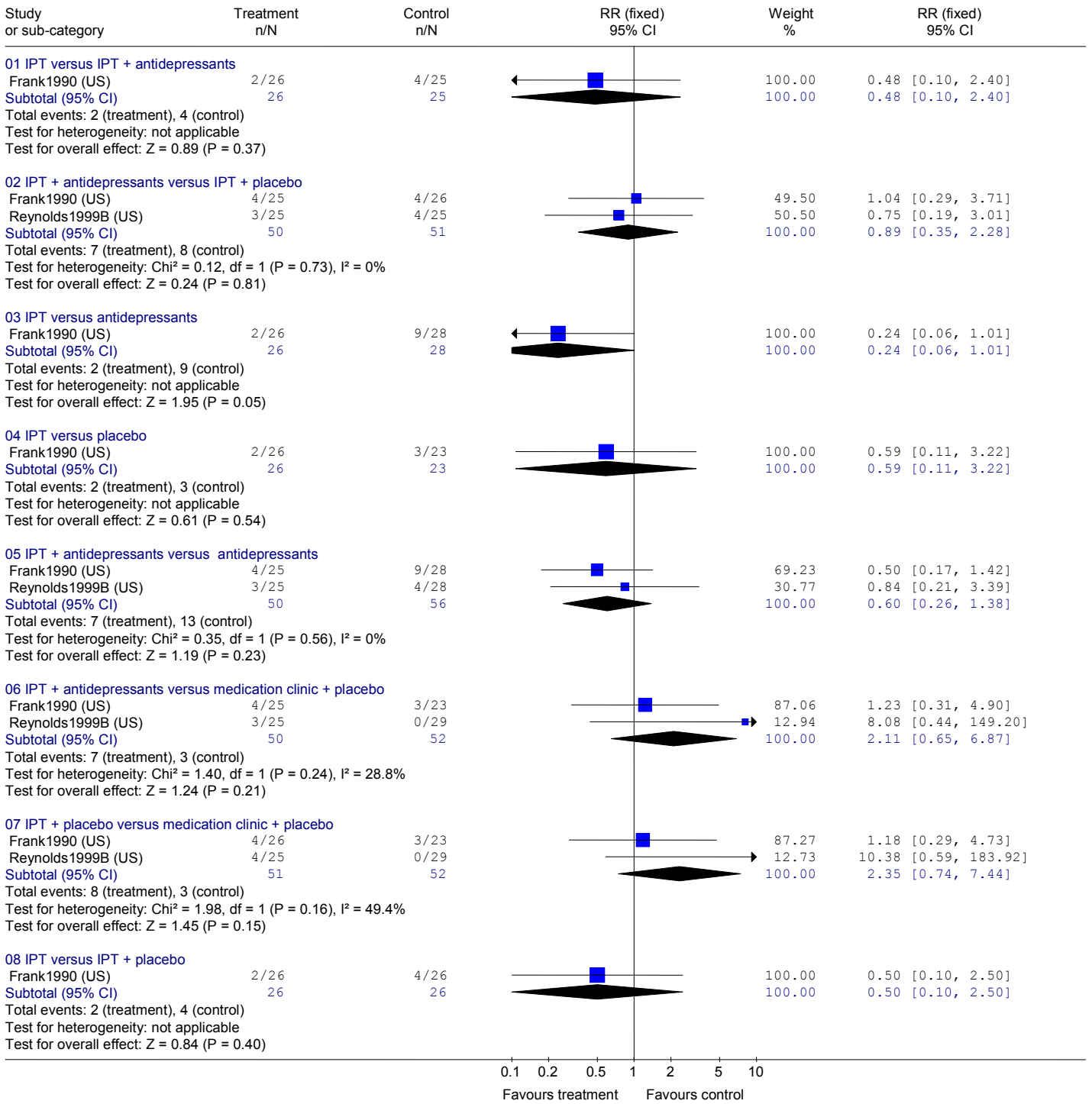
Review: IPT19
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 02 Depression scores: continuous measures



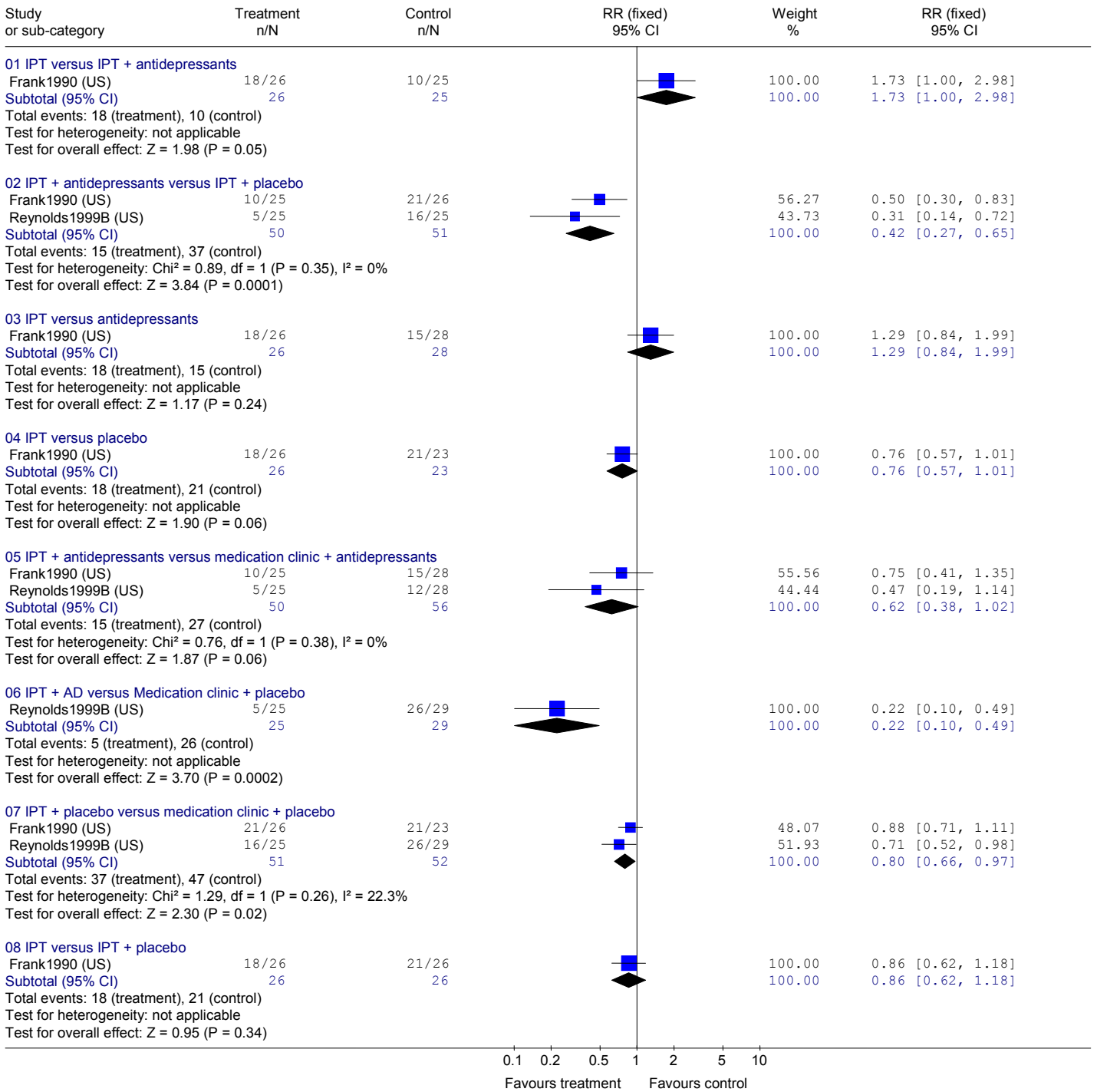
Review: IPT20
 Comparison: 06 IPT as continuation treatment (up to 6 months)
 Outcome: 03 Relapse (16-week continuation phase)



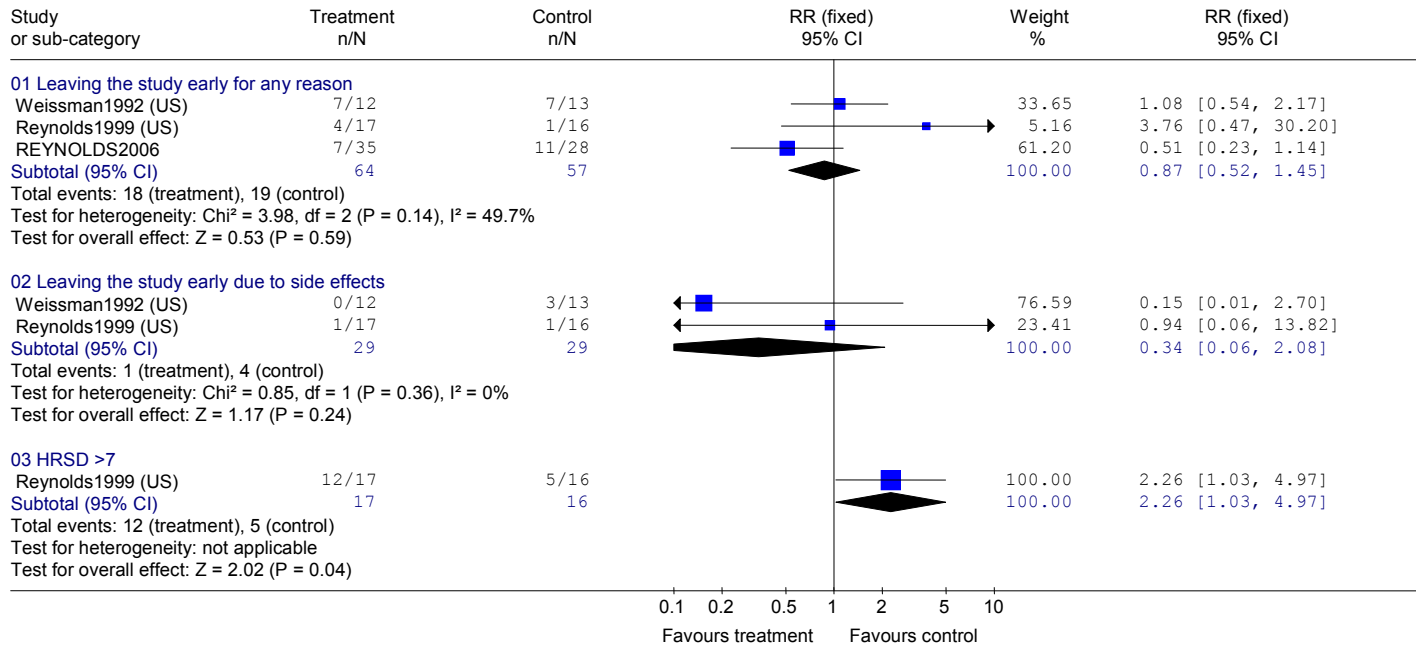
Review: IPT21
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 01 Leaving the study early



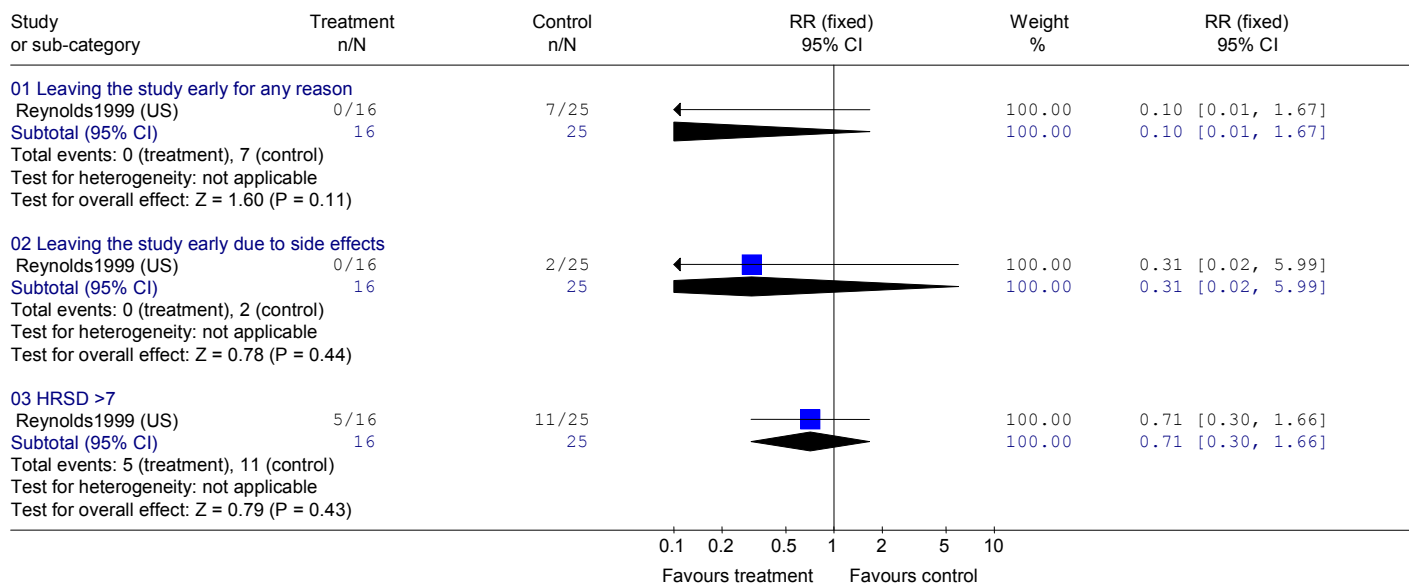
Review: IPT22
 Comparison: 07 IPT as maintenance treatment (3 years)
 Outcome: 02 Relapse



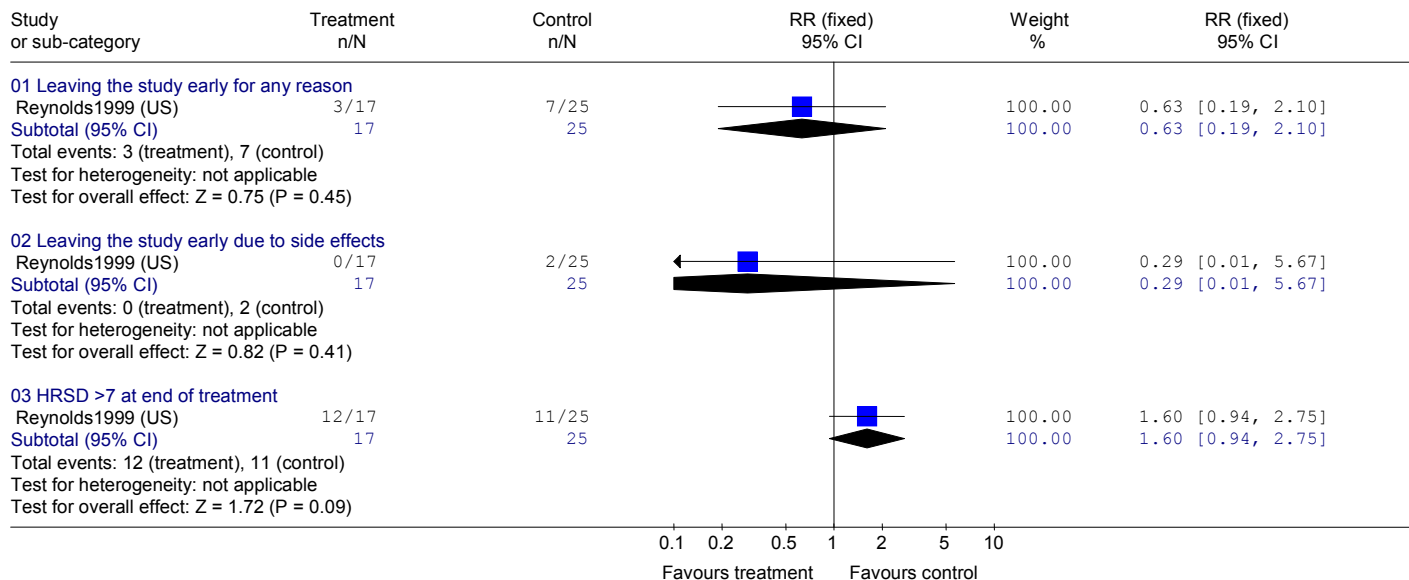
Review: IPT23
 Comparison: 08 IPT for the elderly
 Outcome: 01 IPT (with/without placebo) versus IPT + antidepressants



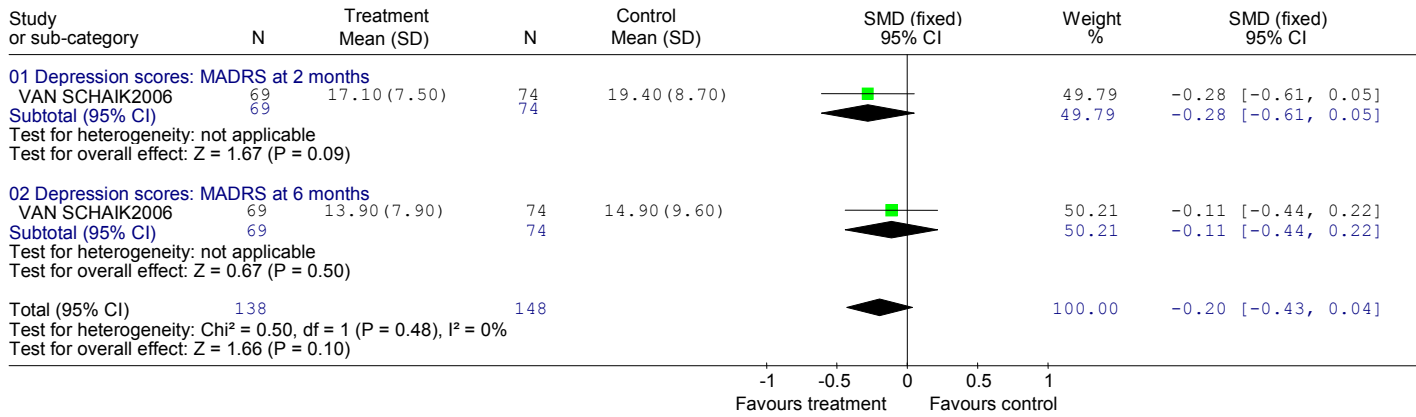
Review: IPT24
 Comparison: 08 IPT for the elderly
 Outcome: 02 IPT + antidepressants versus antidepressants



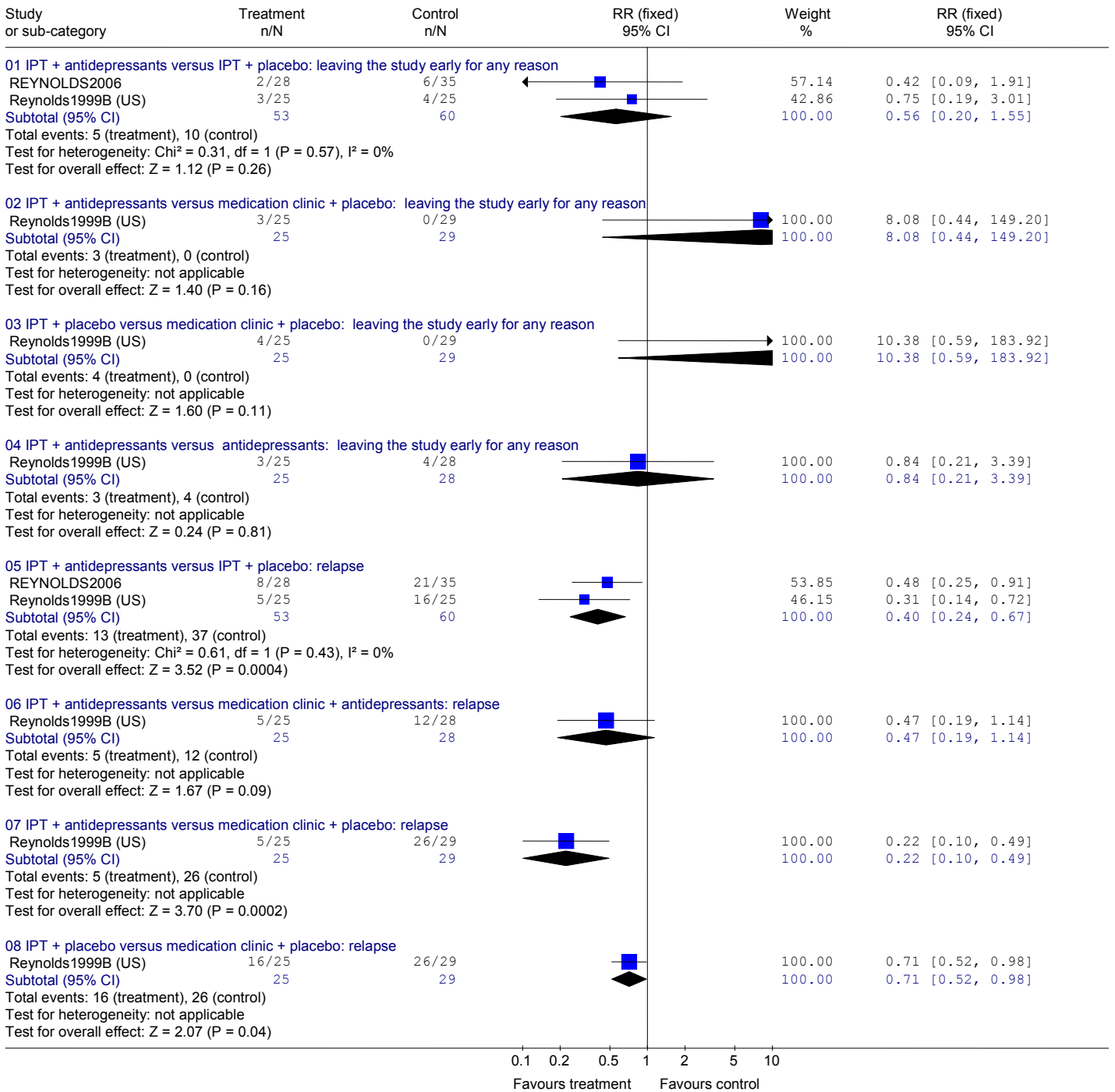
Review: IPT25
 Comparison: 08 IPT for the elderly
 Outcome: 03 IPT (with/without placebo) versus antidepressants (with/without clinical management)



Review: IPT26
 Comparison: 08 IPT for the elderly
 Outcome: 05 IPT versus standard care (Netherlands)

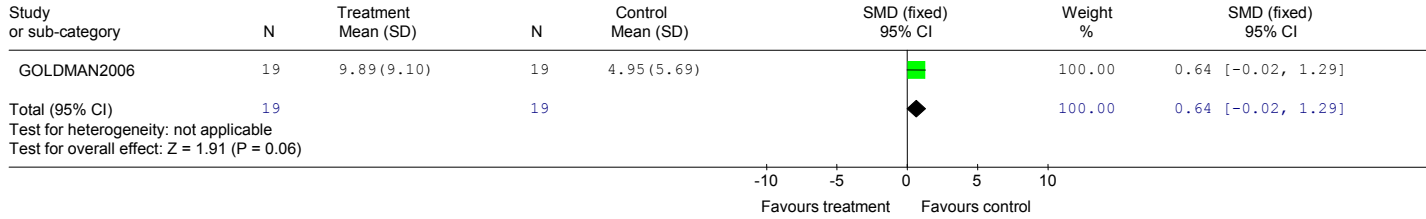


Review: IPT27
 Comparison: 08 IPT for the elderly
 Outcome: 06 IPT as maintenance treatment (2 or 3 years)

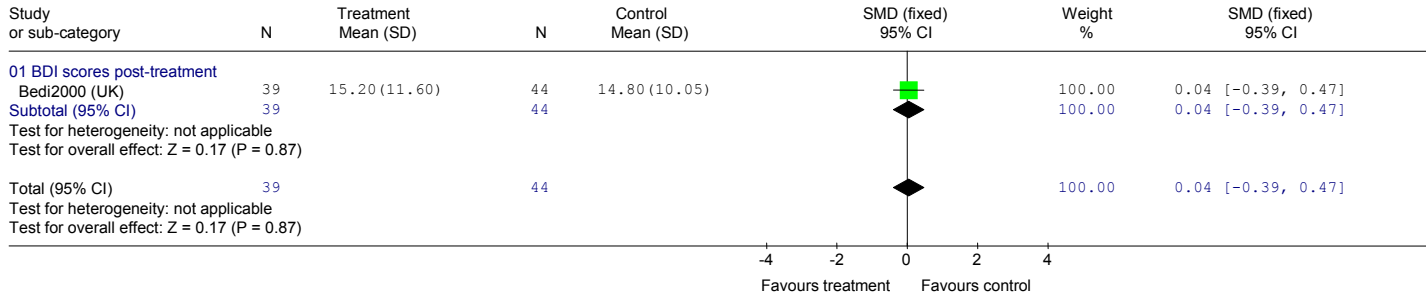


Counselling

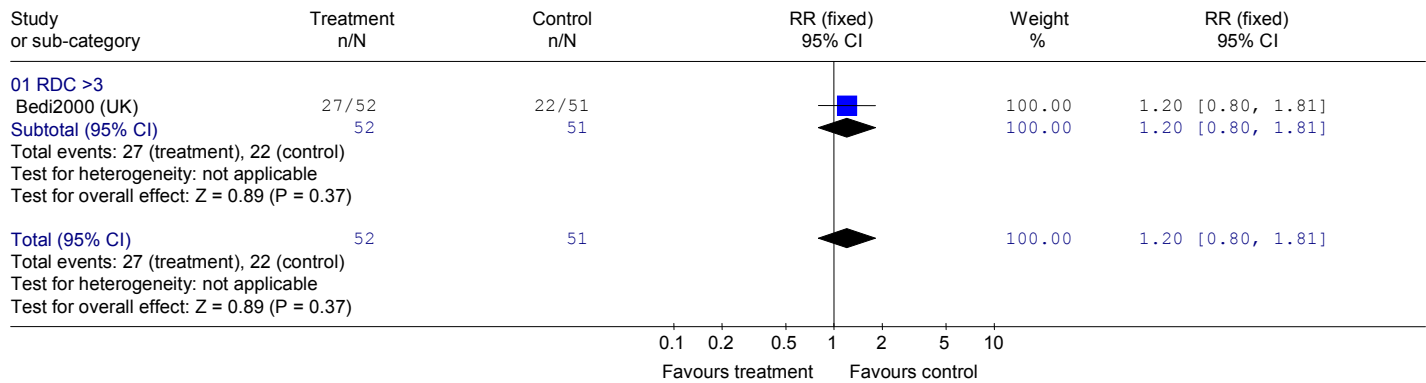
Review: C01
 Comparison: 01 Counselling CCT versus Counselling EFT
 Outcome: 01 BDI post treatment



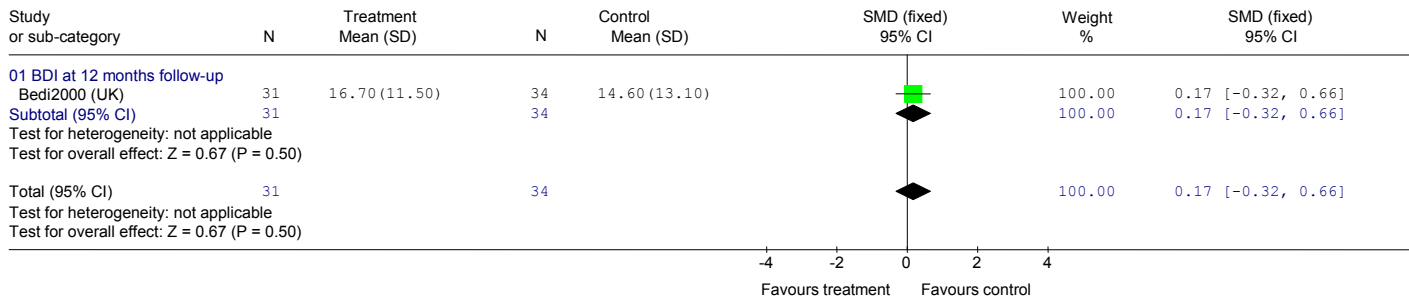
Review: C02
 Comparison: 02 Counselling versus antidepressants
 Outcome: 01 Depression scores: continuous outcomes post-treatment



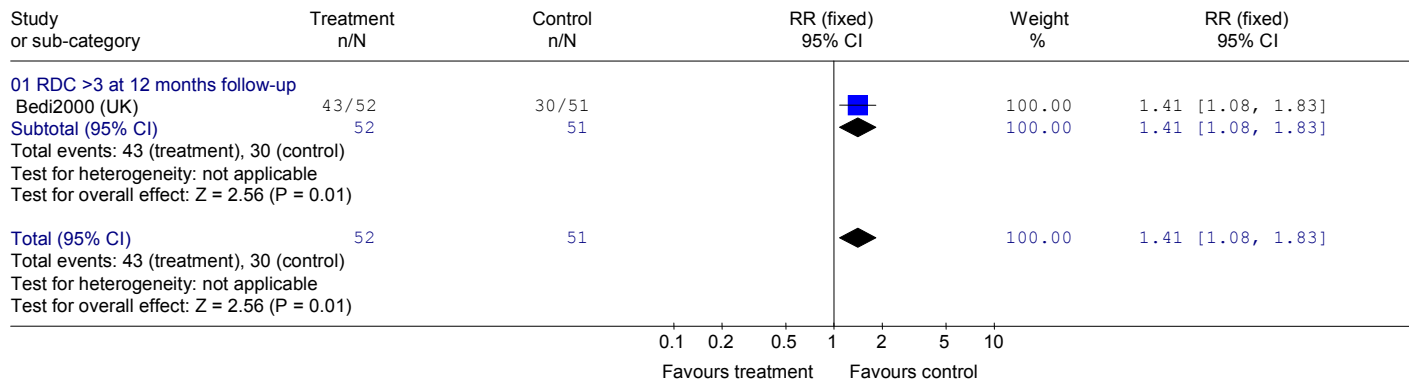
Review: C03
 Comparison: 02 Counselling versus antidepressants
 Outcome: 02 Depression scores: dichotomous outcomes post-treatment



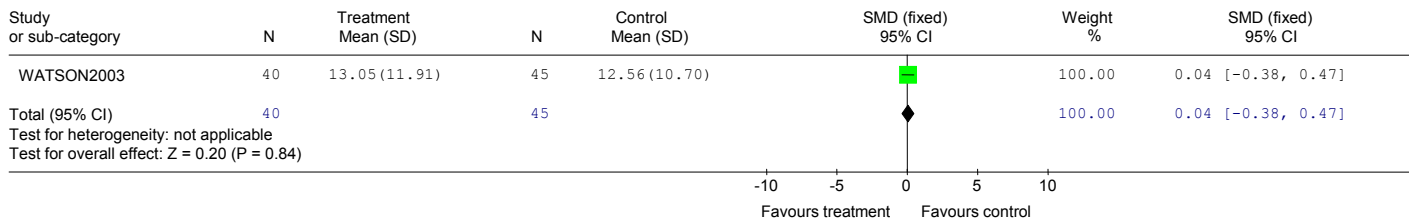
Review: C04
 Comparison: 02 Counselling versus antidepressants
 Outcome: 03 Depression scores: continuous measures at follow-up



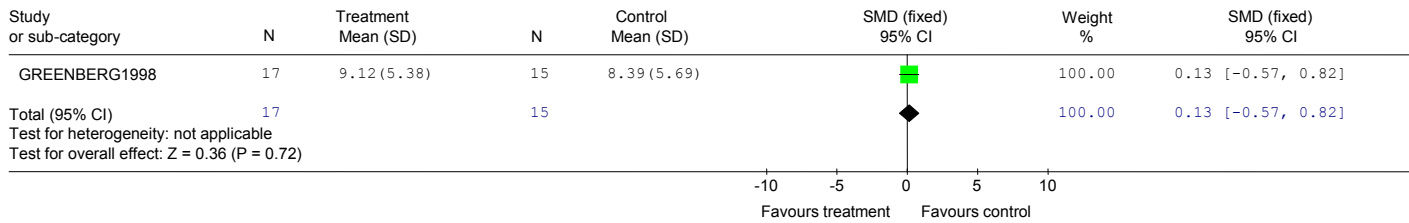
Review: C05
 Comparison: 02 Counselling versus antidepressants
 Outcome: 04 Depression scores: dichotomous outcomes at follow-up



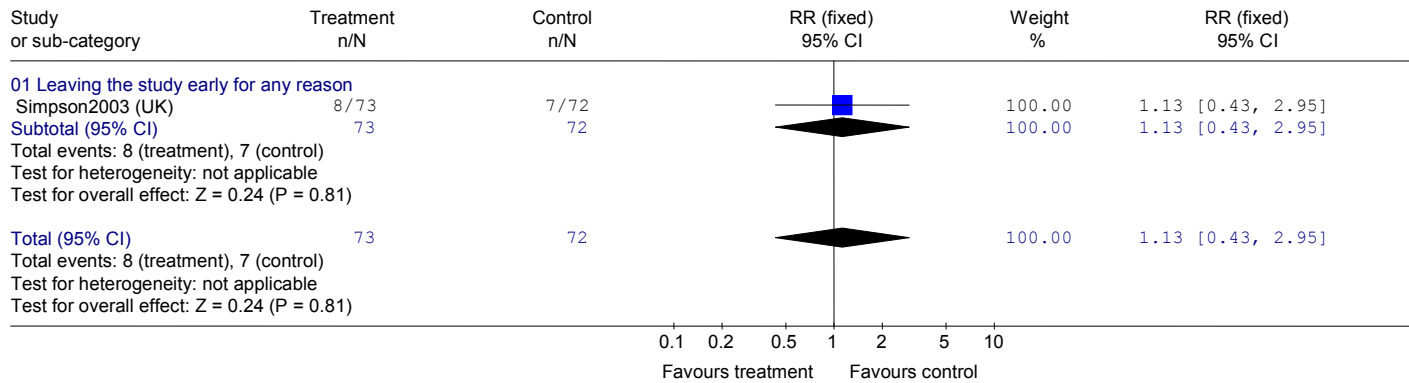
Review: C06
 Comparison: 03 Counselling PE versus CBT
 Outcome: 01 BDI post-treatment



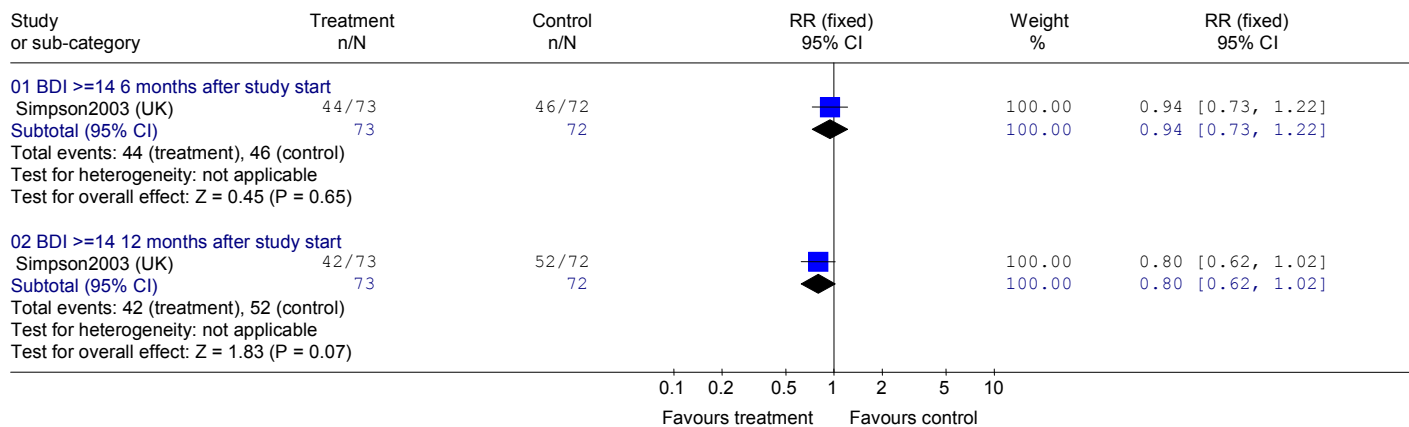
Review: C07
 Comparison: 04 Counselling CCT versus Counselling PE
 Outcome: 01 BDI post-treatment



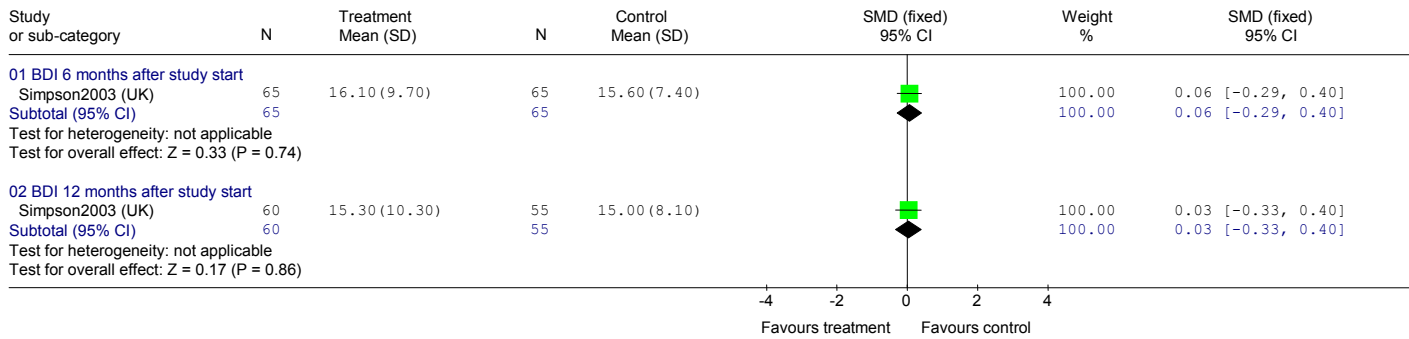
Review: C08
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 01 Tolerability



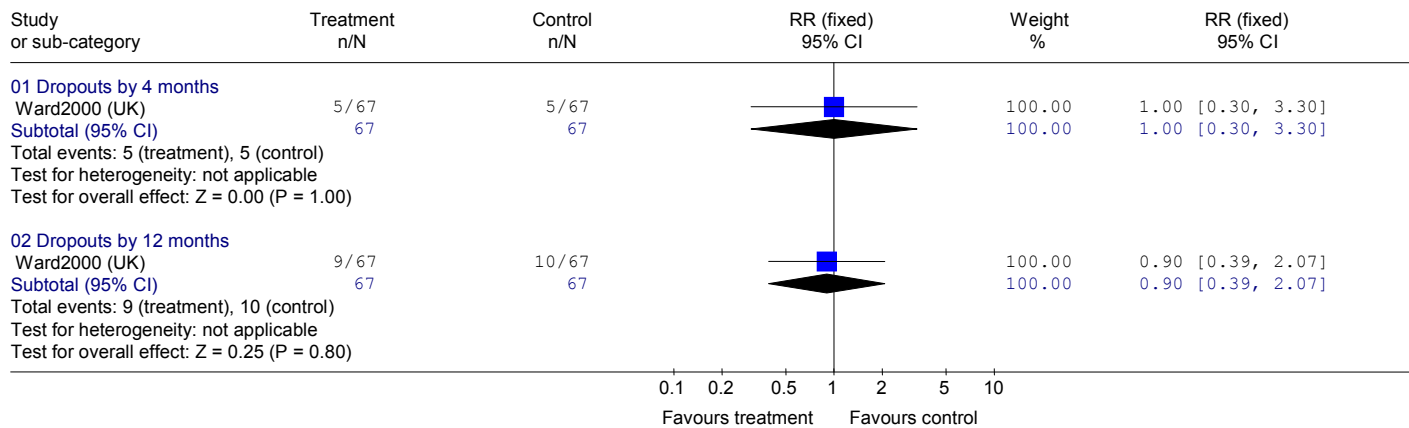
Review: C09
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 02 Dichotomous depression scores



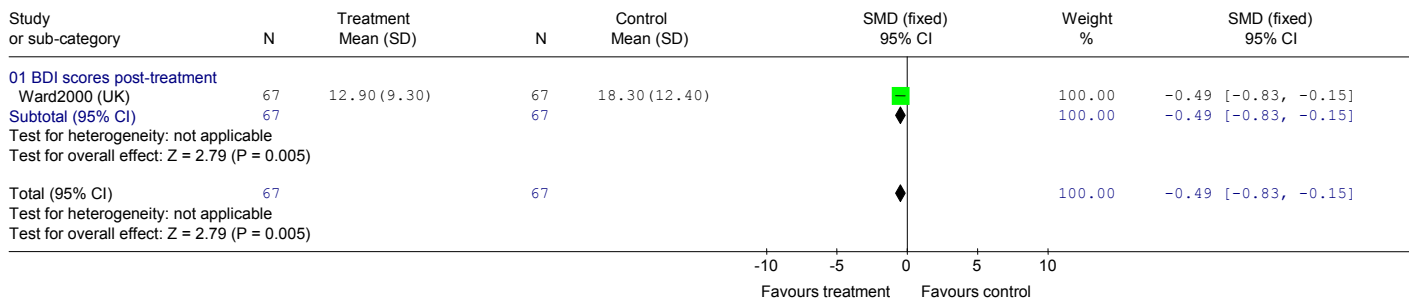
Review: C10
 Comparison: 05 Counselling + GP care versus GP care
 Outcome: 03 Continuous depression scores



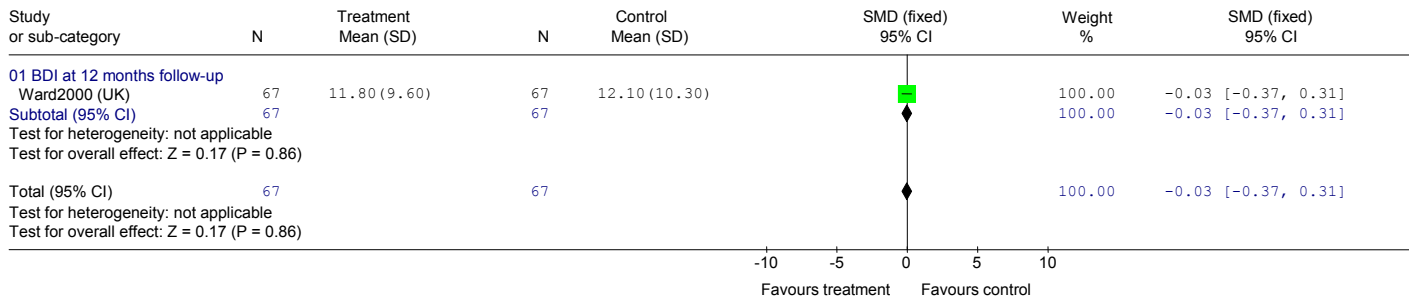
Review: C11
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 01 Leaving the study early



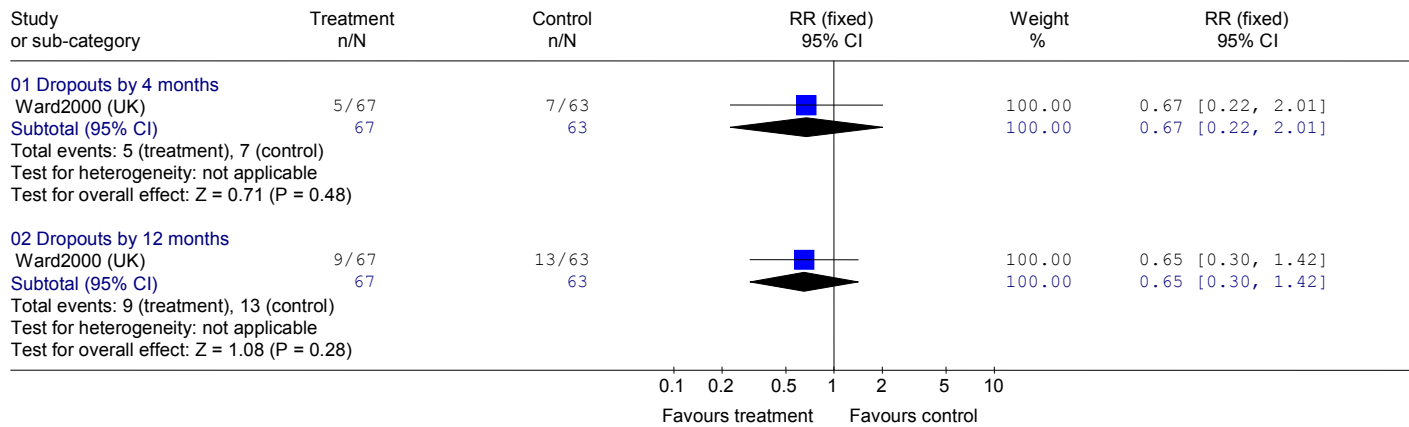
Review: C12
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 02 Depression scores: continuous outcomes



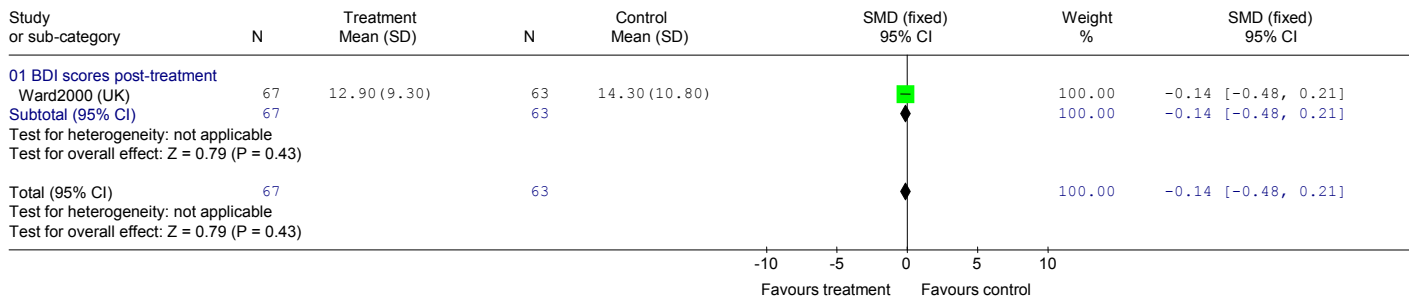
Review: C13
 Comparison: 06 Sub-analysis: counselling versus GP care (with Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up



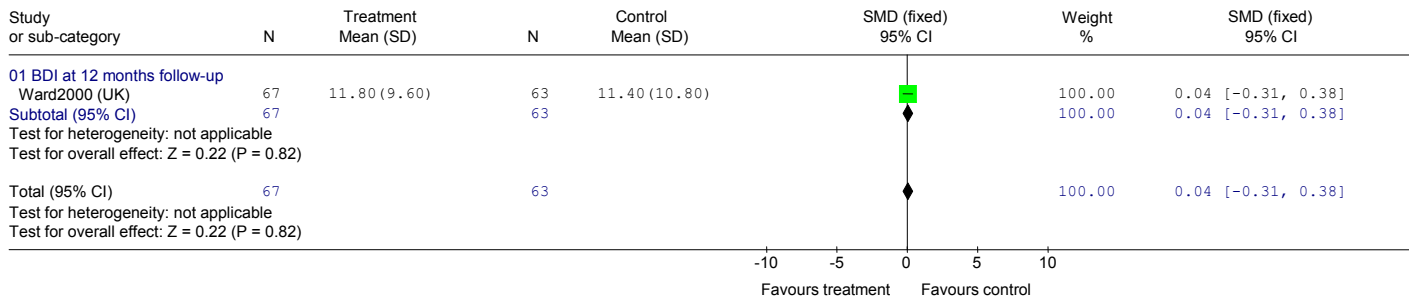
Review: C14
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 01 Leaving the study early



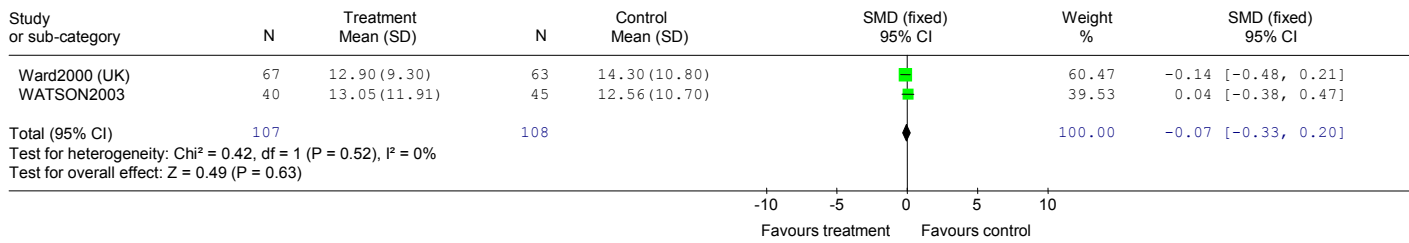
Review: C15
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 02 Depression scores: continuous outcomes



Review: C16
 Comparison: 07 Sub-analysis: counselling versus CBT (with Ward2000)
 Outcome: 03 Depression scores: continuous measures at follow-up

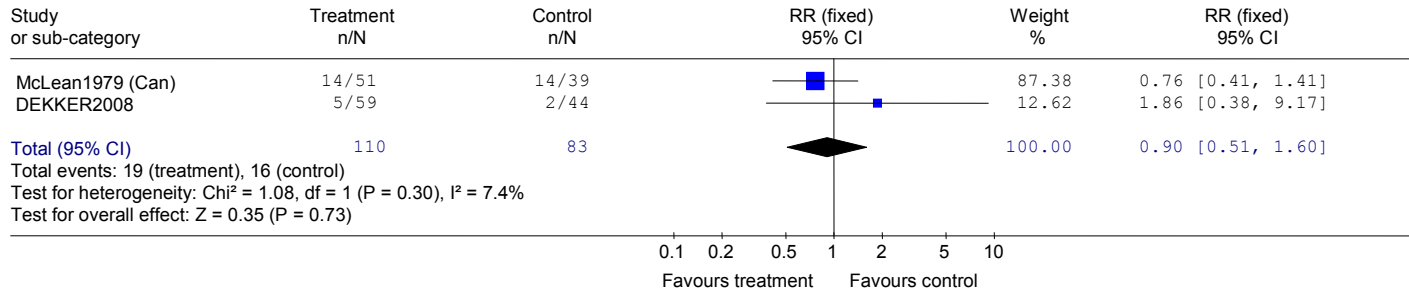


Review: C17
 Comparison: 08 Sub-analysis Counselling PE versus CBT (with Ward2000)
 Outcome: 01 BDI post treatment

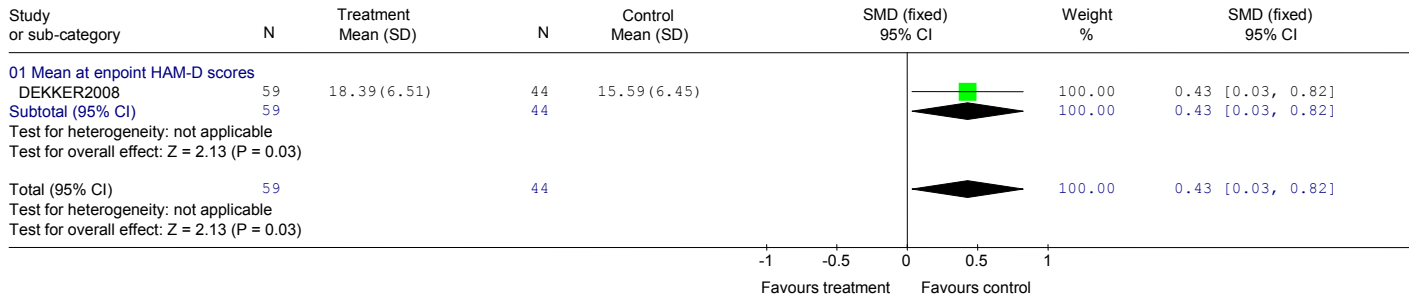


Short-term psychodynamic psychotherapy

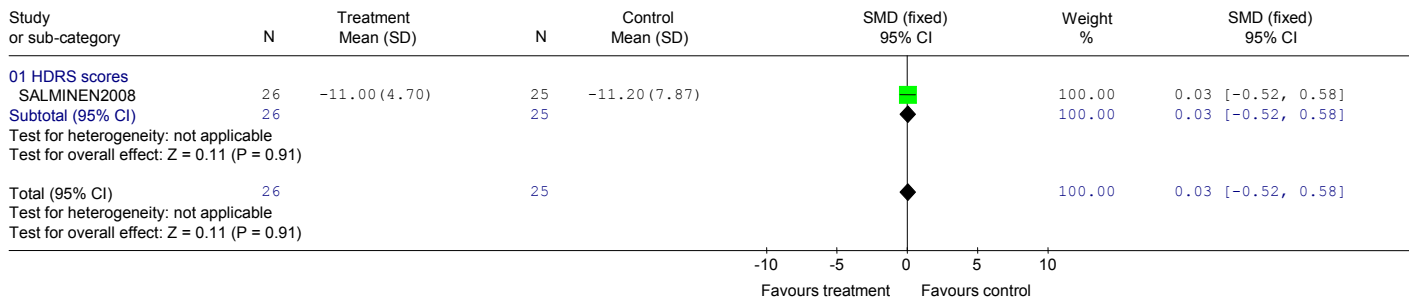
Review: PP01
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 01 Leaving the study early



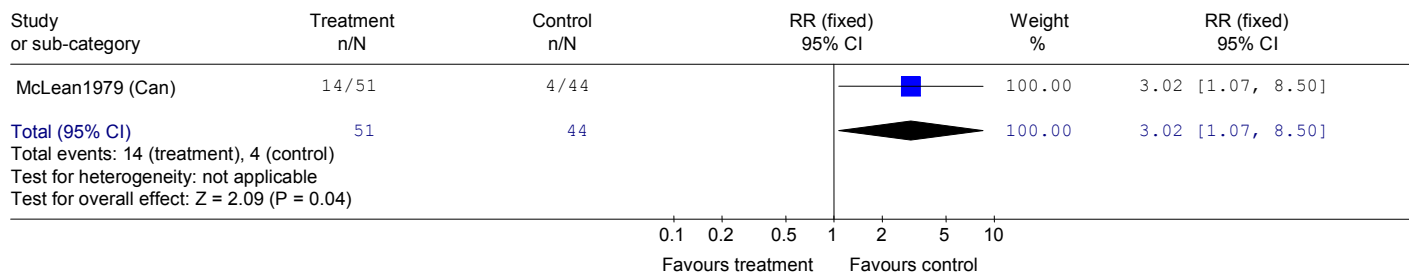
Review: PP02
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 02 Depression scores: continuous measures at endpoint



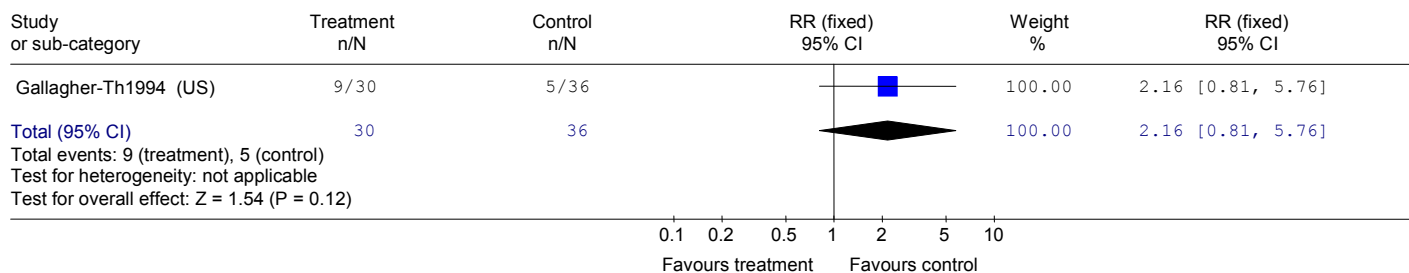
Review: PP03
 Comparison: 01 Short-term psychodynamic psychotherapy versus antidepressants
 Outcome: 03 Depression scores: continuous measures mean change from baseline to endpoint



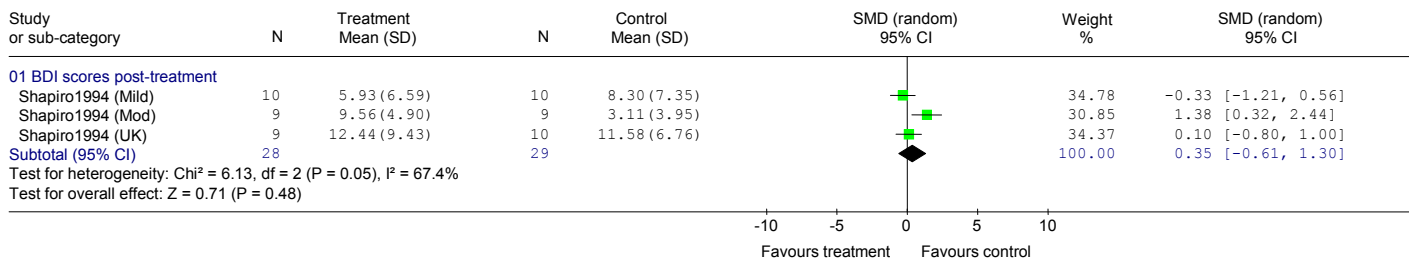
Review: PP04
 Comparison: 02 Short-term psychodynamic psychotherapy versus BT
 Outcome: 01 Leaving the study early



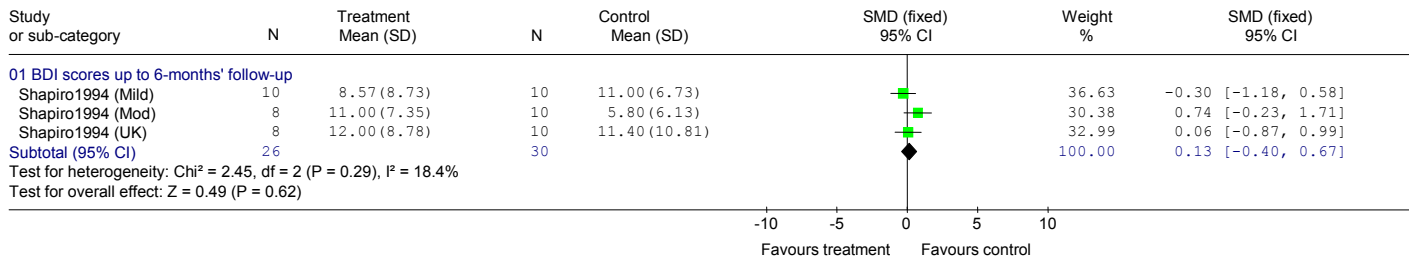
Review: PP05
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 01 Leaving the study early



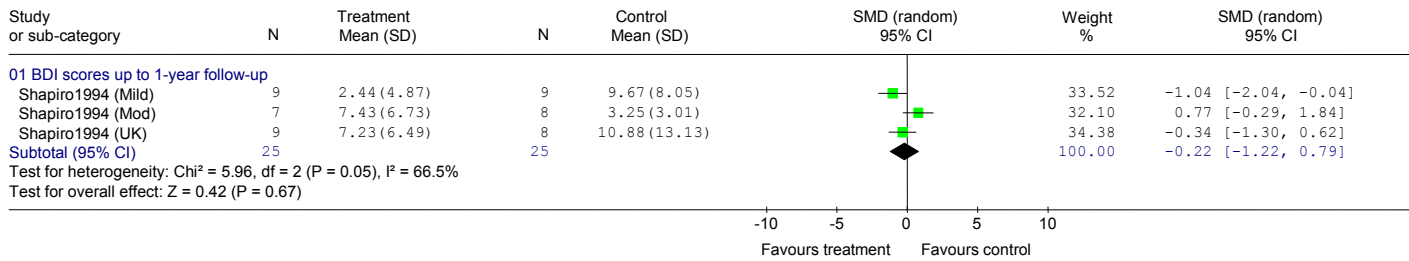
Review: PP06
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 02 Depression scores: at endpoint



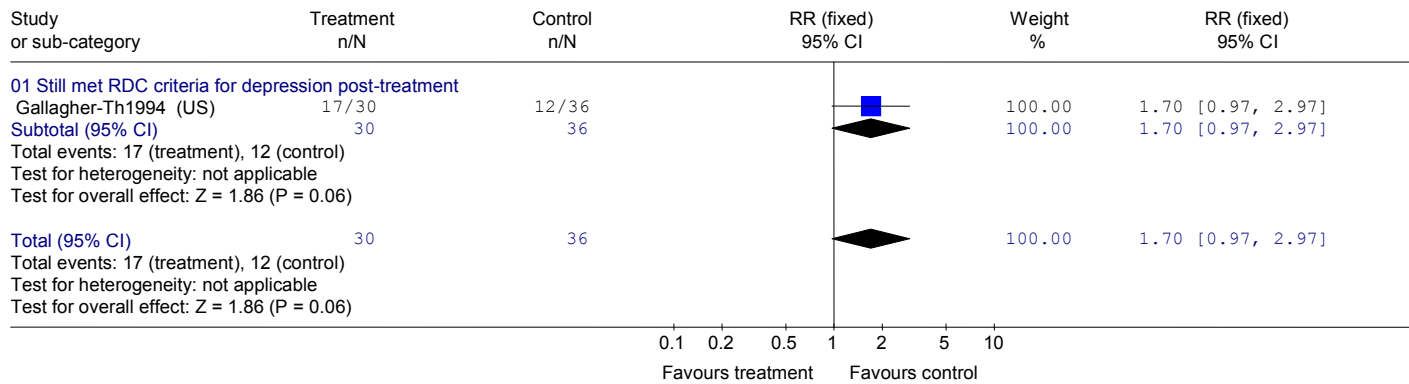
Review: PP07
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 03 Depression scores: at 6 months follow-up



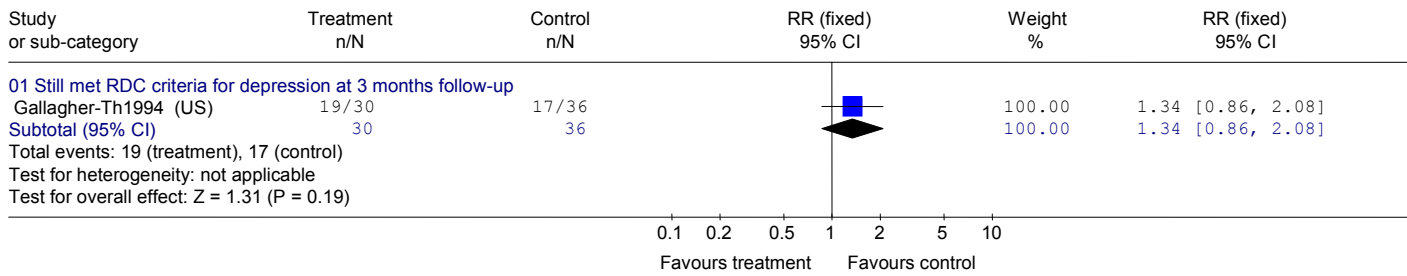
Review: PP08
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 04 Depression scores: at 1 year follow-up



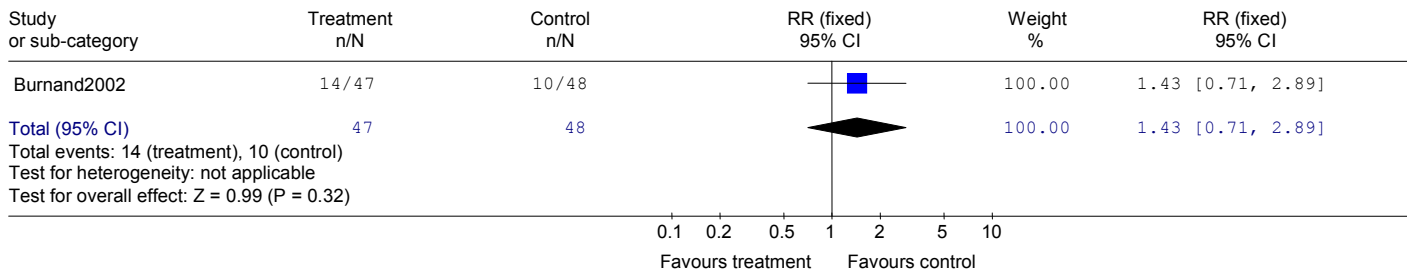
Review: PP09
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 05 Depression scores: dichotomous outcomes



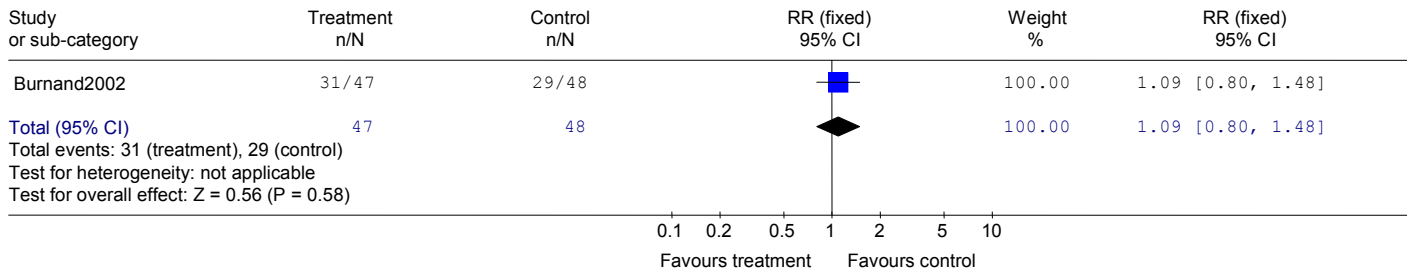
Review: PP10
 Comparison: 03 Short-term psychodynamic psychotherapy versus CBT
 Outcome: 06 Depression scores: dichotomous measures at follow-up



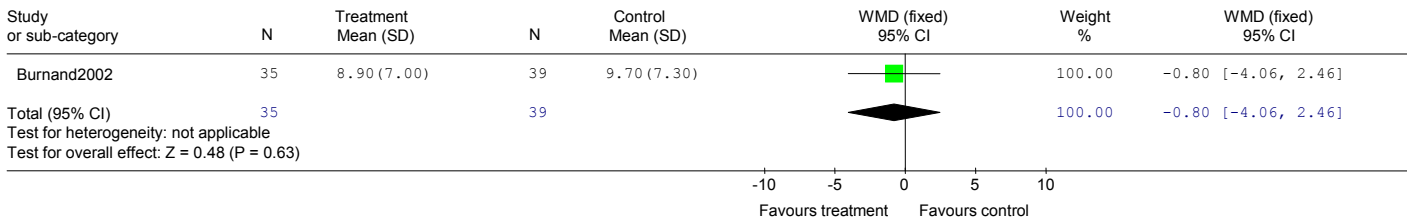
Review: PP11
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + antidepressants
 Outcome: 01 Leaving the study early for any reason



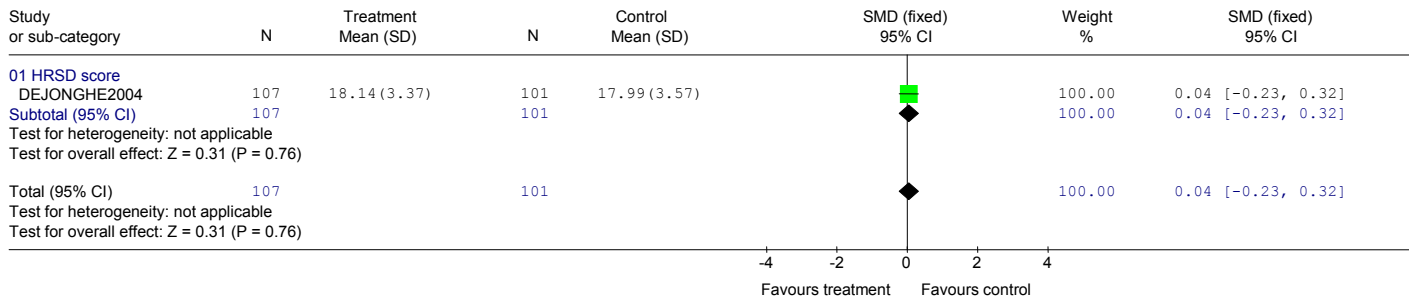
Review: PP12
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + ADS
 Outcome: 02 Non-remitters



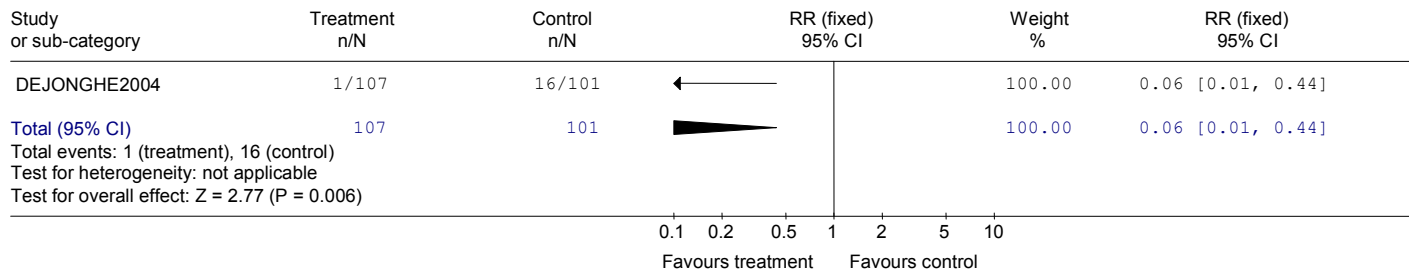
Review: PP13
 Comparison: 04 Short-term psychodynamic psychotherapy + antidepressants versus supportive therapy + antidepressants
 Outcome: 03 Mean HRSD at endpoint



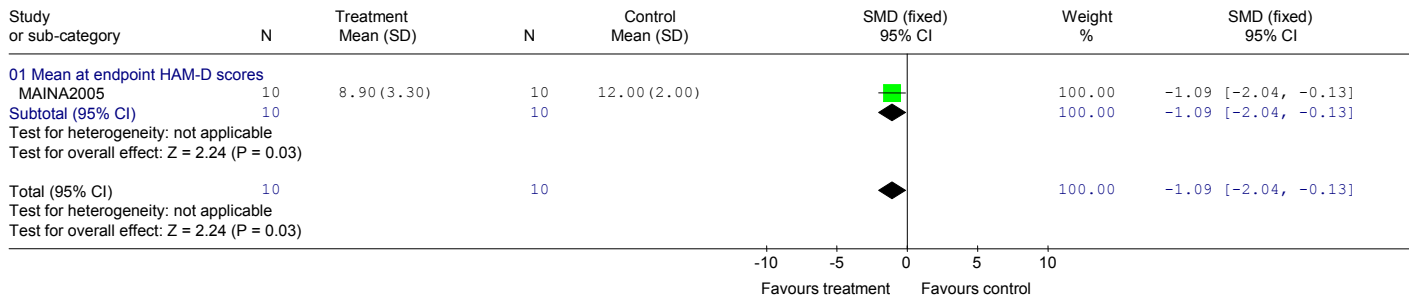
Review: PP14
 Comparison: 05 Short-term psychodynamic psychotherapy versus short-term psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at endpoint



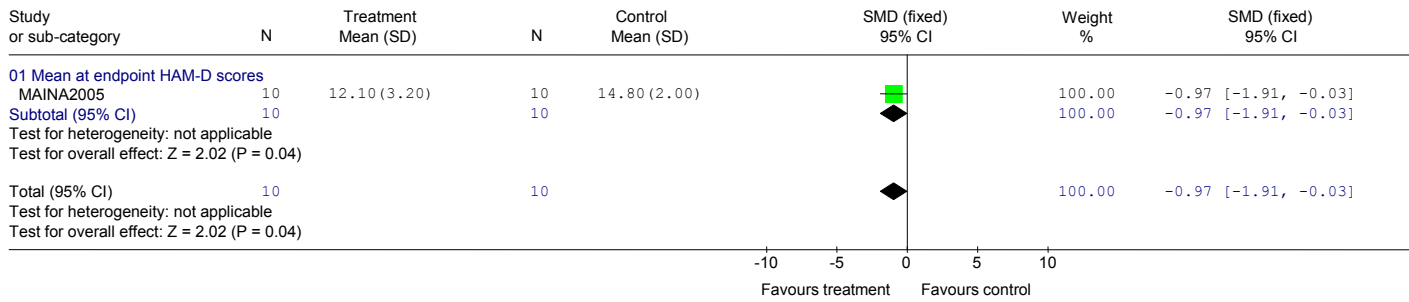
Review: PP15
 Comparison: 05 Short-term psychodynamic psychotherapy versus short-term psychodynamic psychotherapy + ADs
 Outcome: 02 Leaving the study early



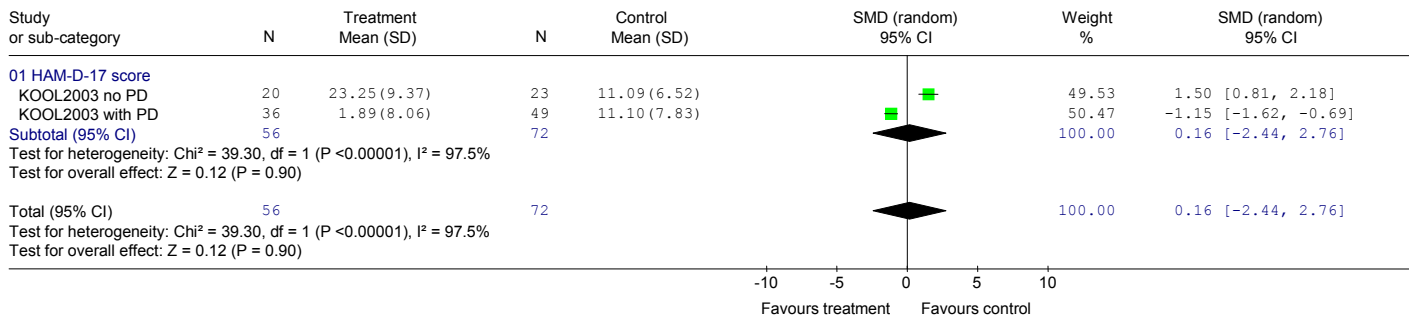
Review: PP16
 Comparison: 06 Short-term psychodynamic psychotherapy versus wait list
 Outcome: 01 Depression scores: continuous measures at endpoint



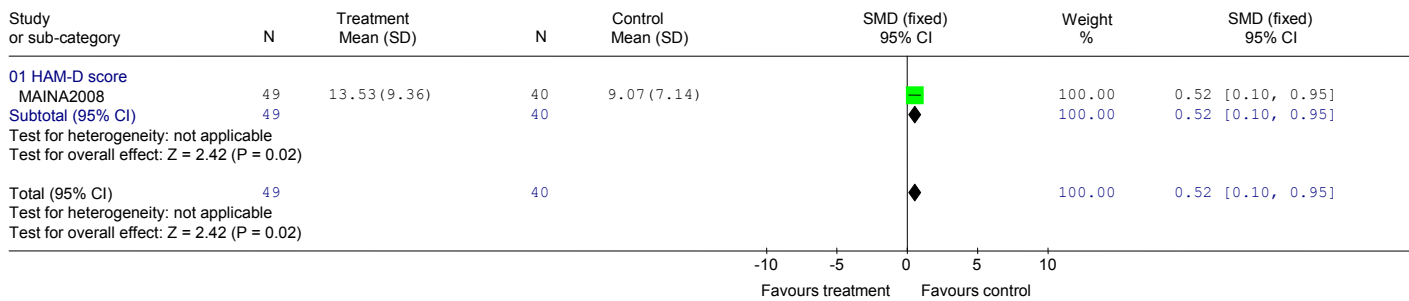
Review: PP17
 Comparison: 07 Short-term psychodynamic psychotherapy versus supportive therapy
 Outcome: 01 Depression scores: continuous measures at endpoint



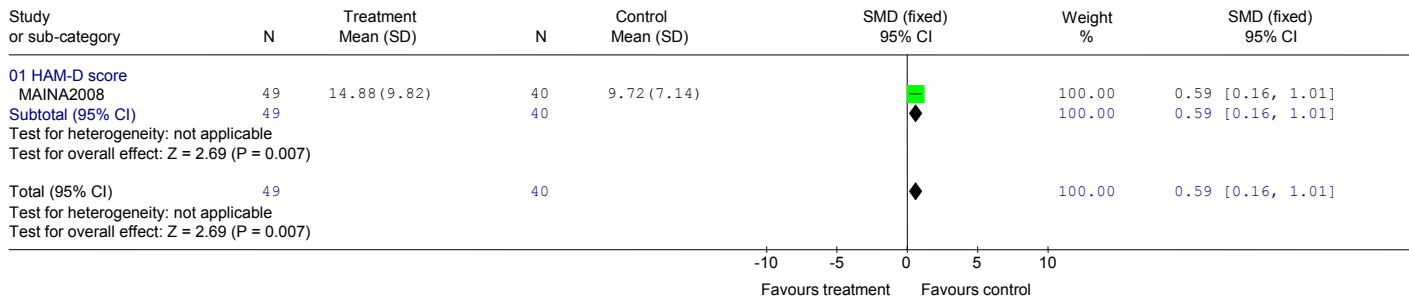
Review: PP18
 Comparison: 08 Antidepressants versus short-term psychodynamic psychotherapy + ADs
 Outcome: 01 Depression scores: continuous measures at 24 weeks



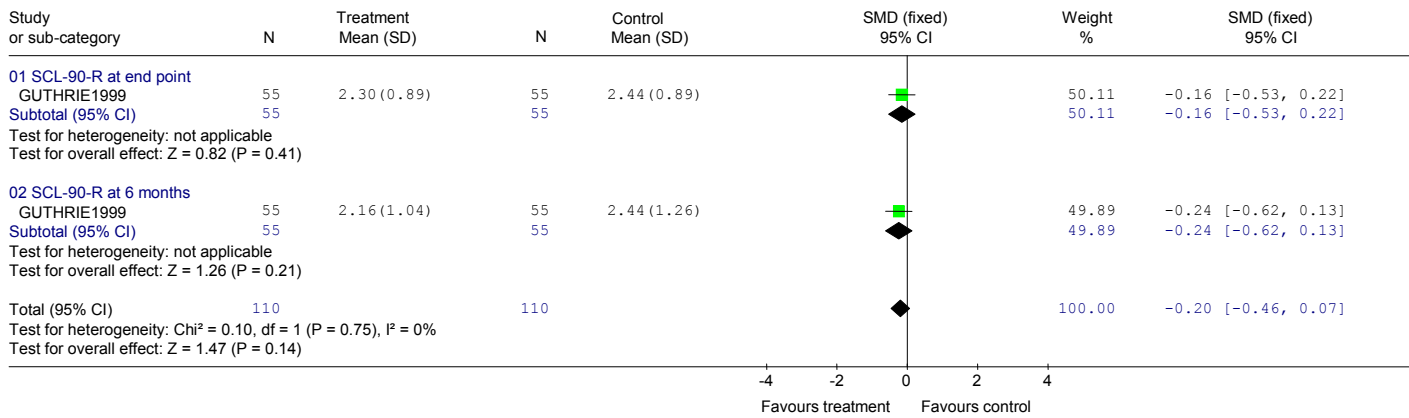
Review: PP19
 Comparison: 08 ADs versus short-term psychodynamic psychotherapy + ADs
 Outcome: 02 Depression scores: continuous measures at 24 months follow-up



Review: PP20
 Comparison: 08 ADs versus short-term psychodynamic psychotherapy + ADs
 Outcome: 03 Depression scores: continuous measures at 48 months follow-up

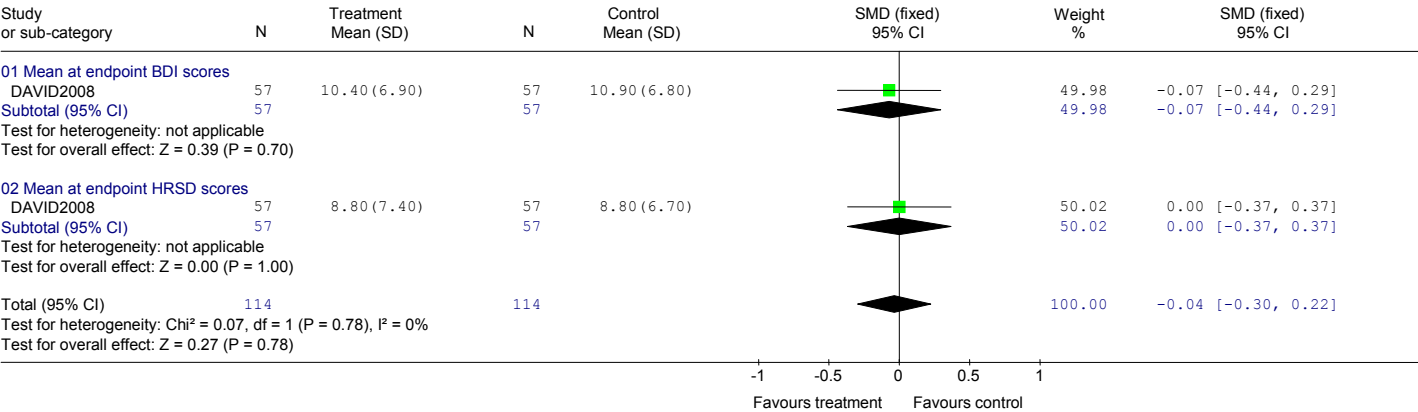


Review: PP21
 Comparison: 09 Sub-analysis Guthrie1999
 Outcome: 01 Short-term psychodynamic psychotherapy versus TAU

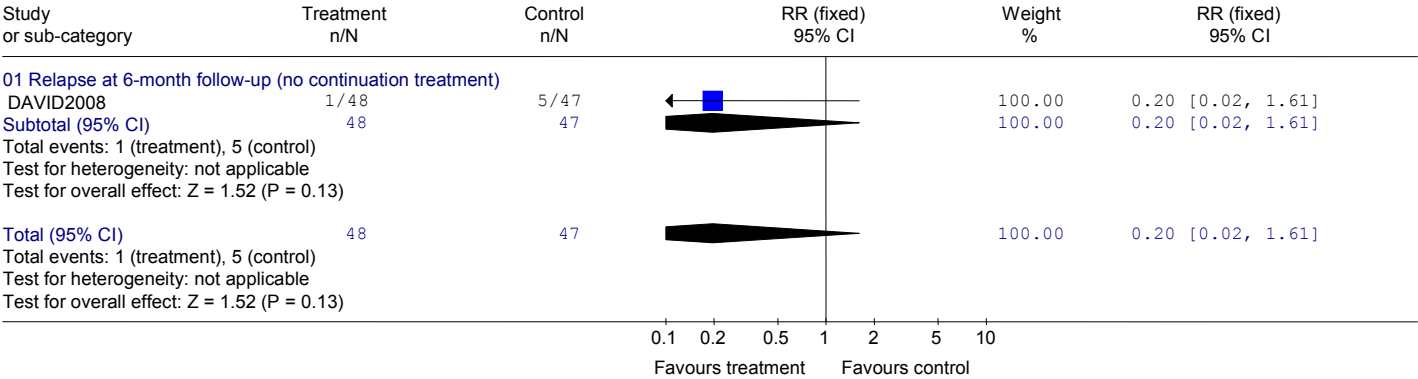


Rational emotive behaviour therapy

Review: REBT01
 Comparison: 01 REBT versus antidepressants
 Outcome: 01 Depression scores: continuous measures



Review: REBT02
 Comparison: 01 REBT versus antidepressants
 Outcome: 02 Relapse



Review: REBT03
 Comparison: 01 REBT versus antidepressants
 Outcome: 03 Leaving study early

