

Appendix 19d: Clinical evidence forest plots for the management of subthreshold depressive symptoms

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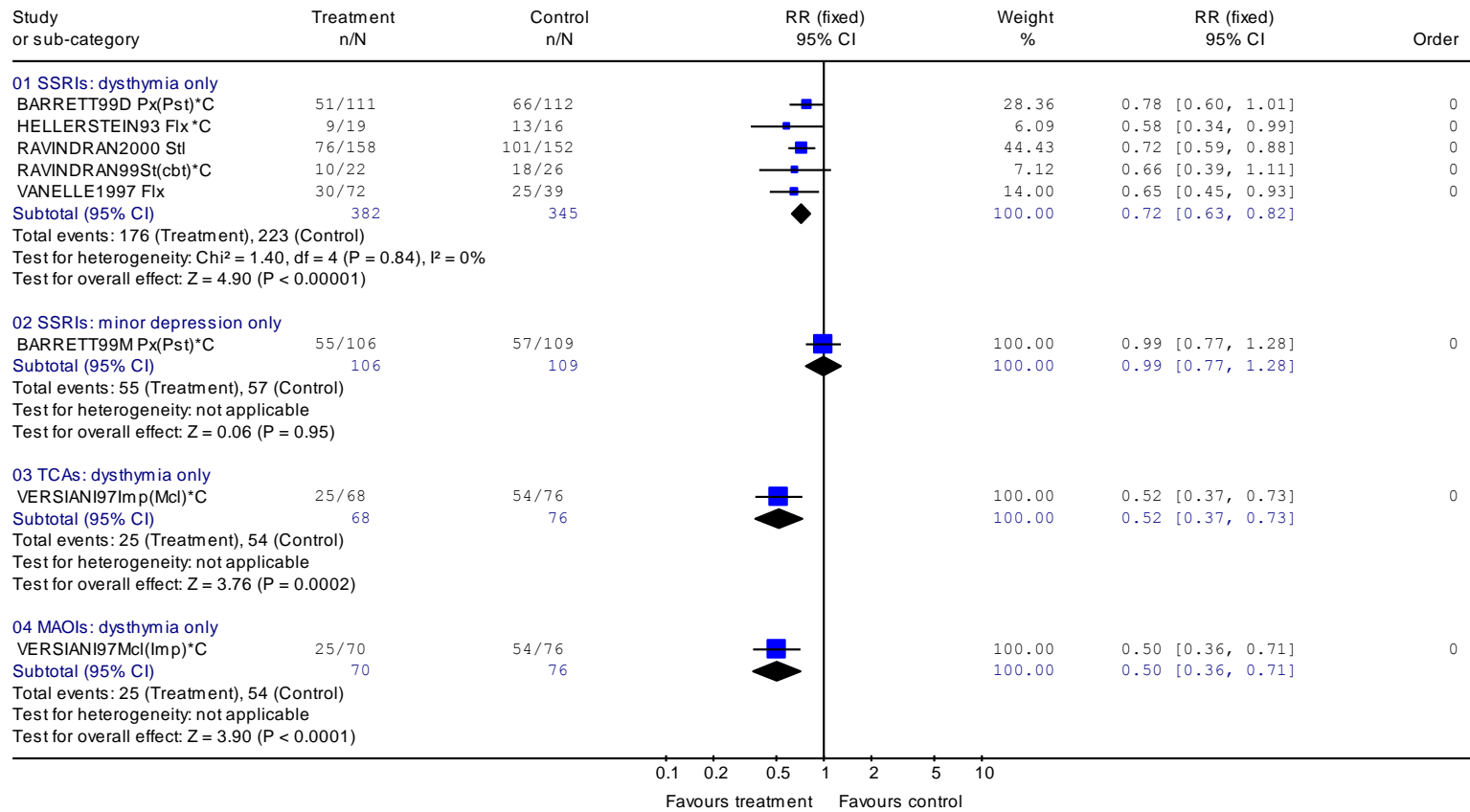
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Pharmacological interventions

Pharm subthreshold 01 Efficacy: active treatment versus placebo

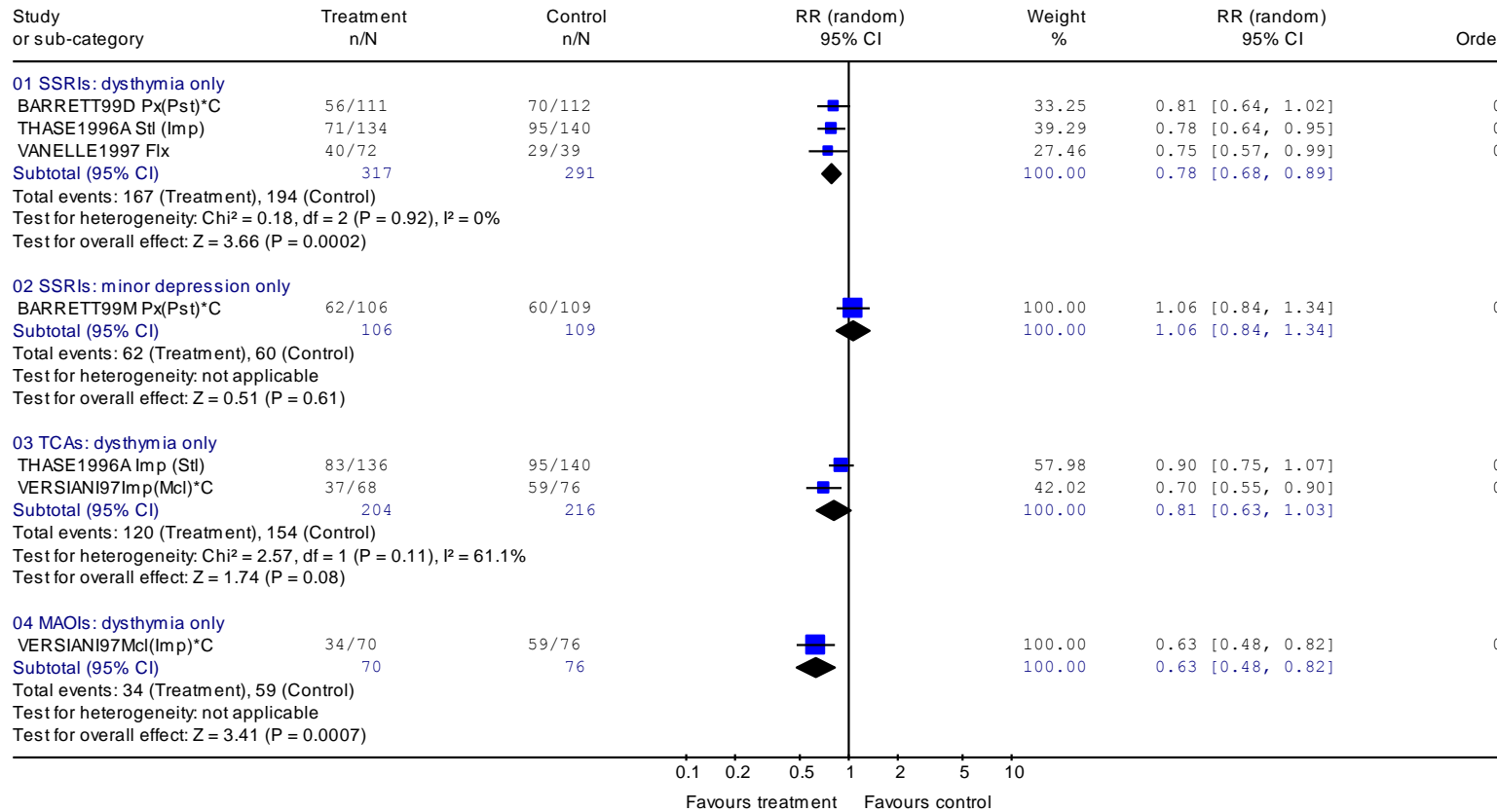
01.01 Non-response at endpoint

Review: Depression Update Subthreshold: Pharm
 Comparison: 01 Overall efficacy (versus placebo)
 Outcome: 01 Number of people not achieving at least 50% reduction in depression score



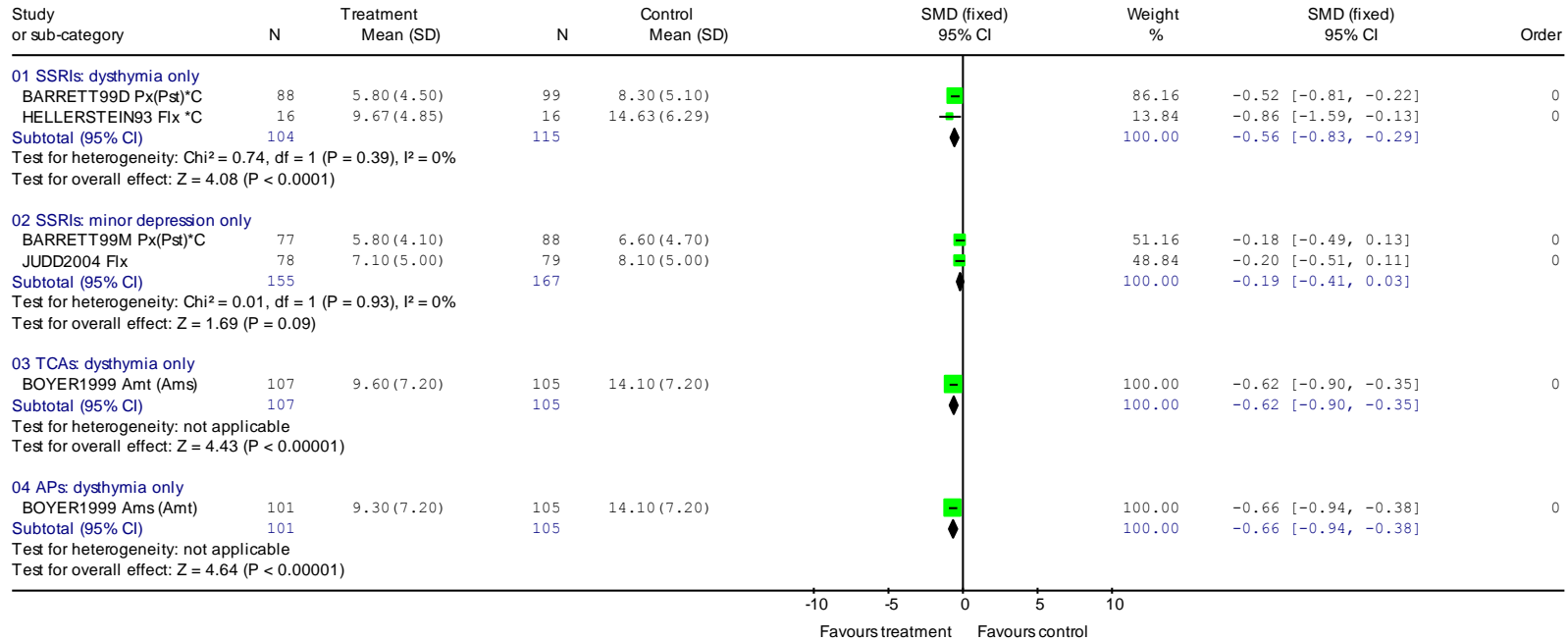
01.02 Non-remission at endpoint

Review: Depression Update Subthreshold: Pharm
 Comparison: 01 Overall efficacy (versus placebo)
 Outcome: 02 Number of people not achieving remission



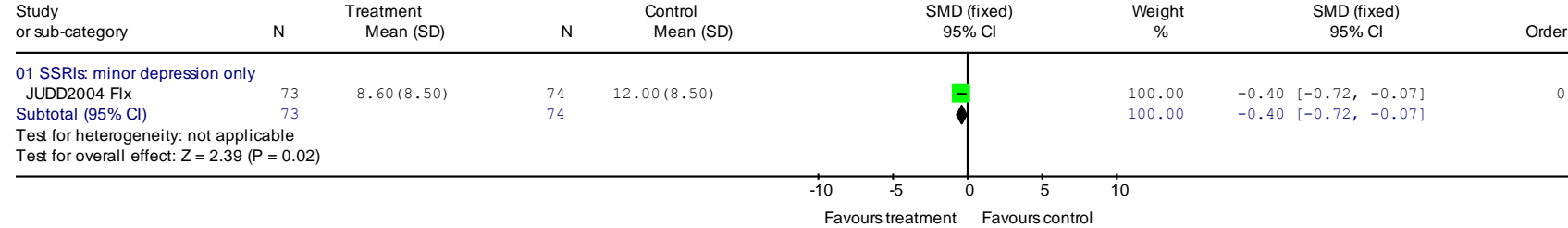
01.03 Mean endpoint (clinician-rated)

Review: Depression Update Subthreshold: Pharm
 Comparison: 01 Overall efficacy (versus placebo)
 Outcome: 03 Mean endpoint scores (clinician rated)



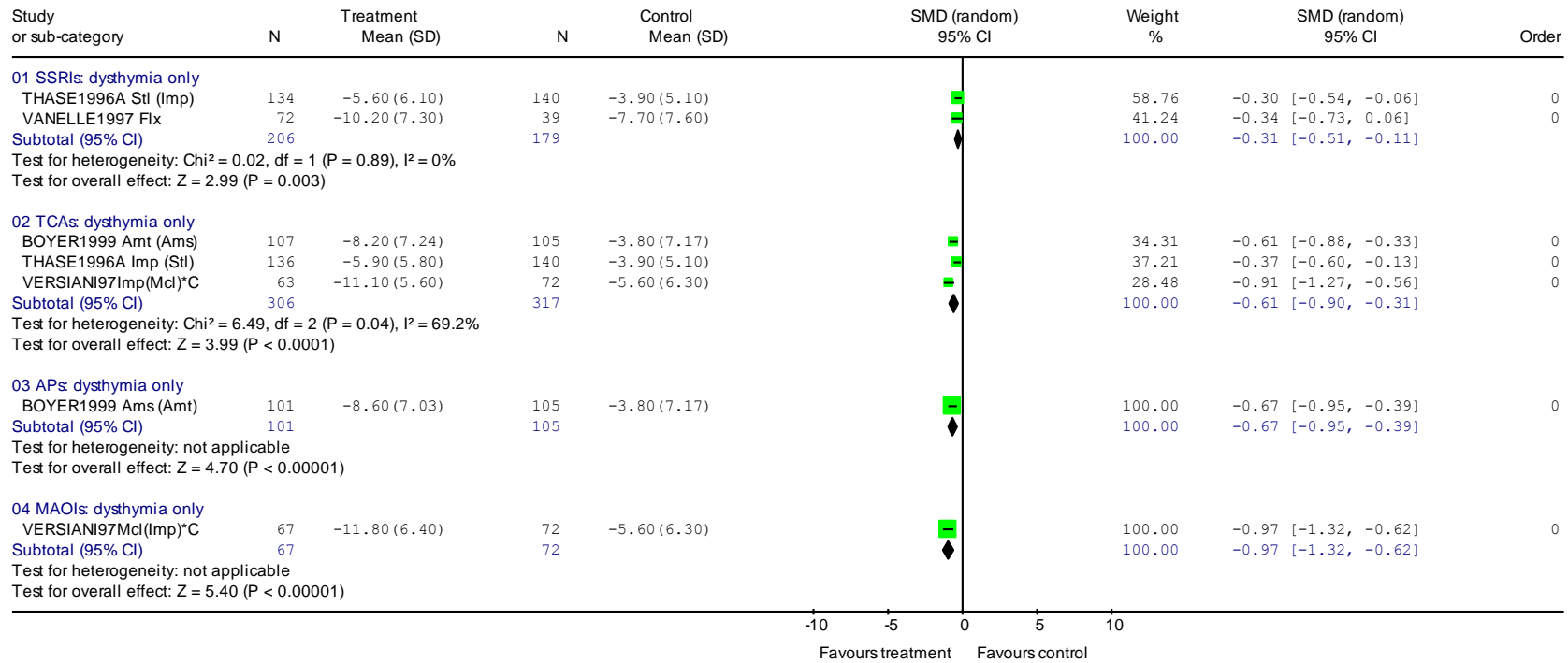
01.04 Mean endpoint (self-rated)

Review: Depression Update Subthreshold: Pharm
 Comparison: 01 Overall efficacy (versus placebo)
 Outcome: 04 Mean endpoint scores (self-rated)



01.05 Mean change at endpoint (clinician-rated)

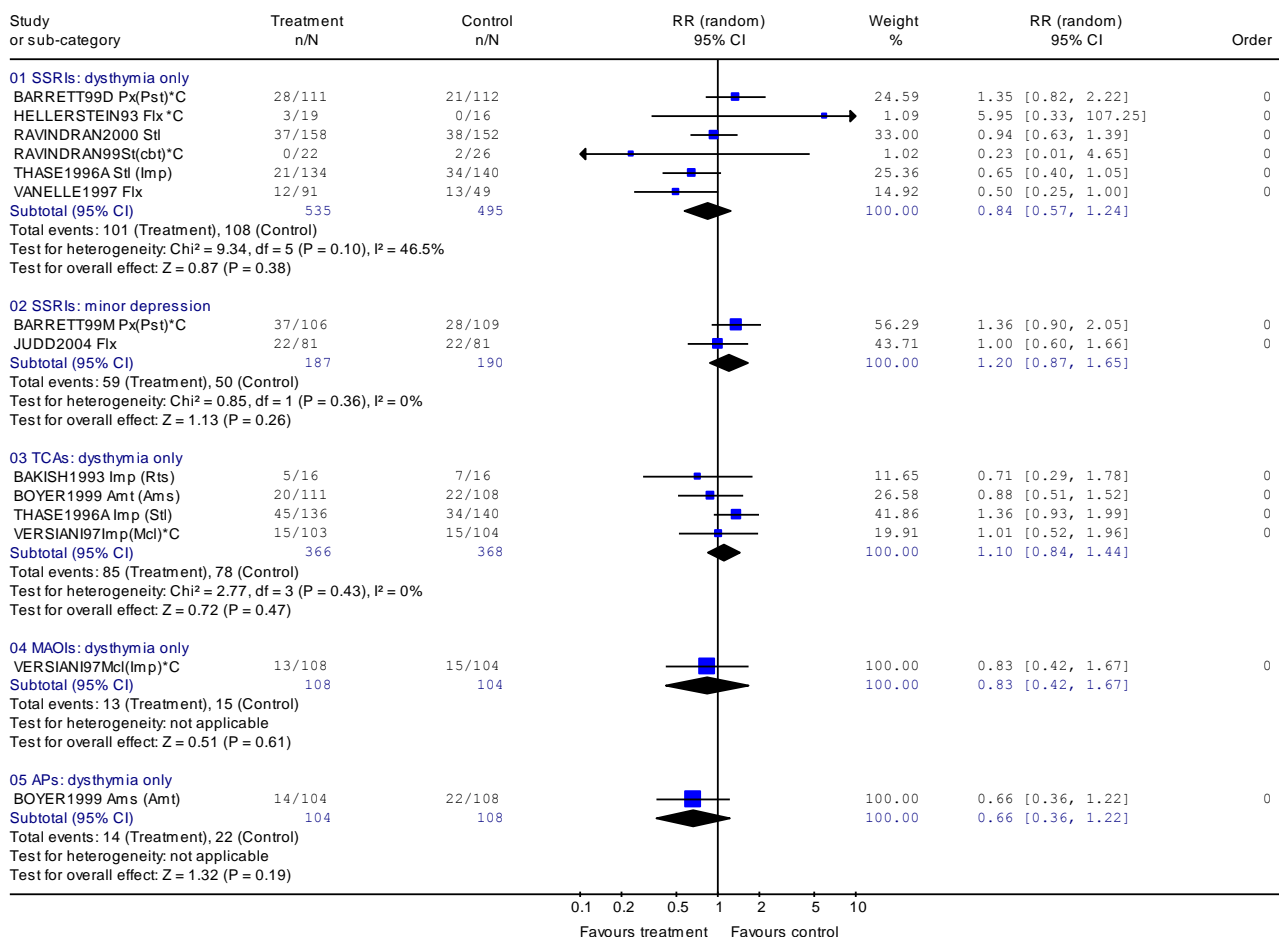
Review: Depression Update Subthreshold: Pham
 Comparison: 01 Overall efficacy (versus placebo)
 Outcome: 05 Mean change (clinician rated)



Pharm subthreshold 02 Acceptability and tolerability: active treatment versus placebo

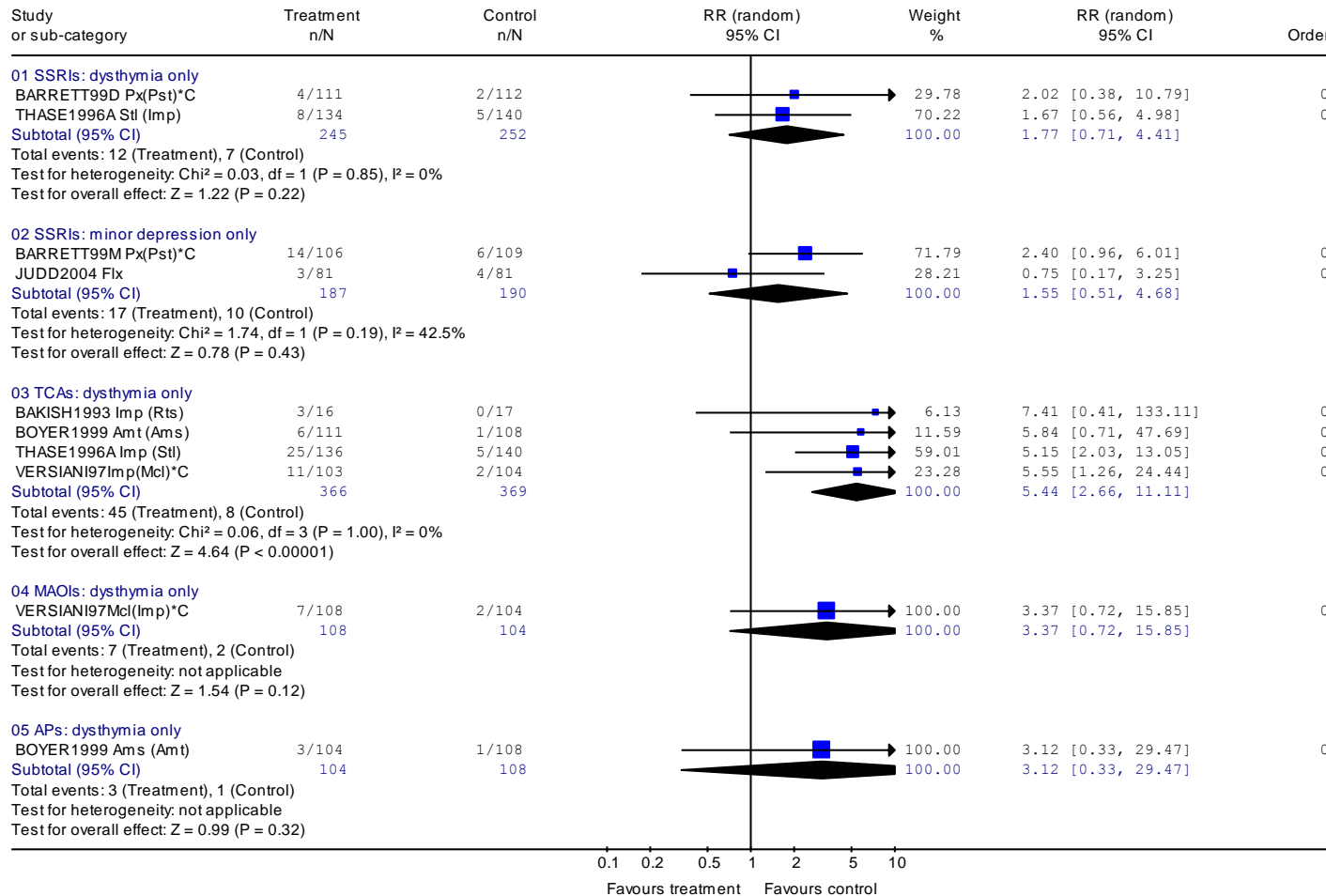
02.01 Dropout at endpoint for any reason

Review: Depression Update Subthreshold: Pharm
 Comparison: 02 Overall acceptability and tolerability (versus placebo)
 Outcome: 01 Leaving the study early



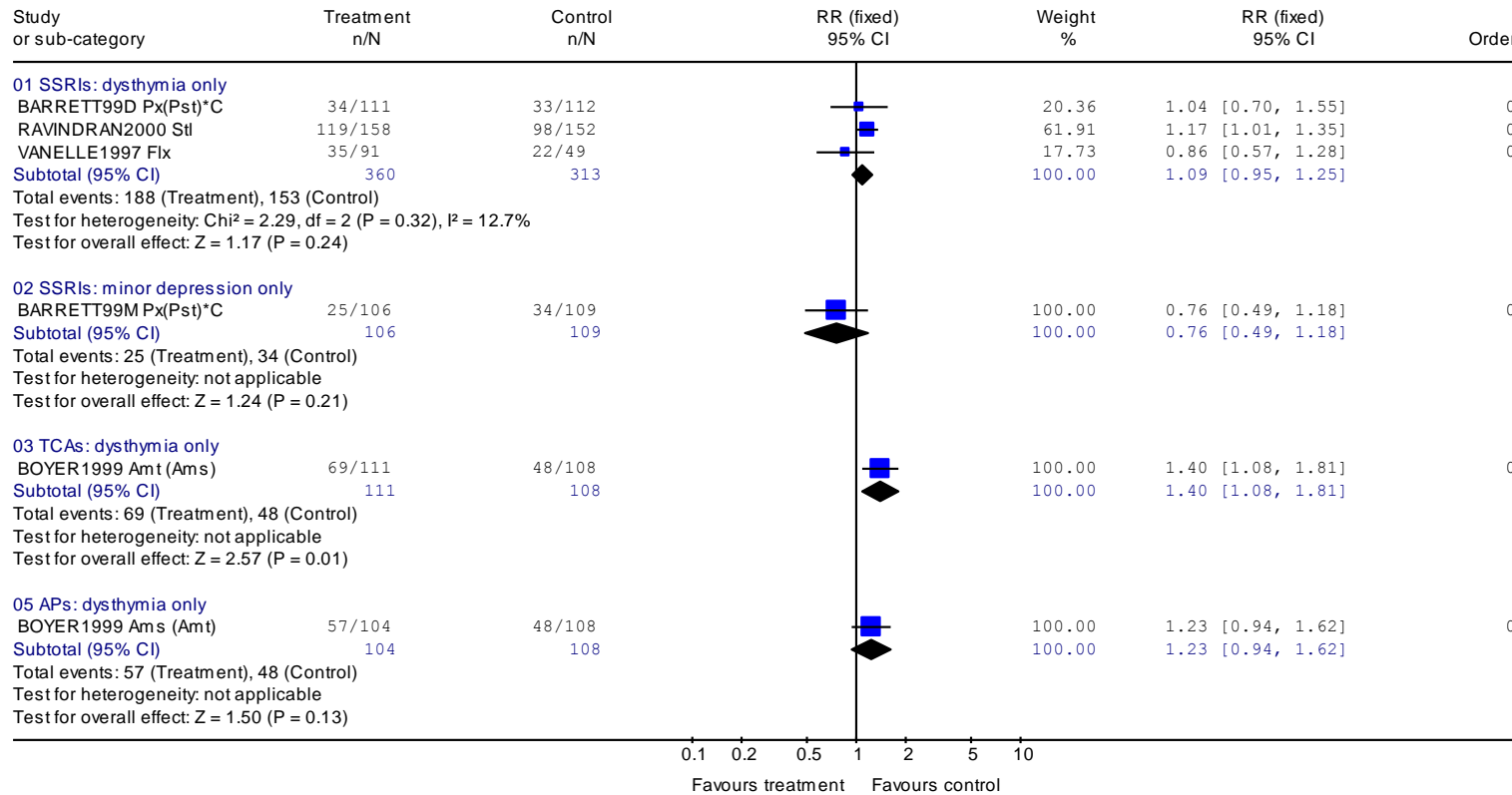
02.02 Dropout at endpoint due to side effects

Review: Depression Update Subthreshold: Pharm
 Comparison: 02 Overall acceptability and tolerability (versus placebo)
 Outcome: 02 Leaving the study early due to side effects



02.03 Number reporting side effects at endpoint

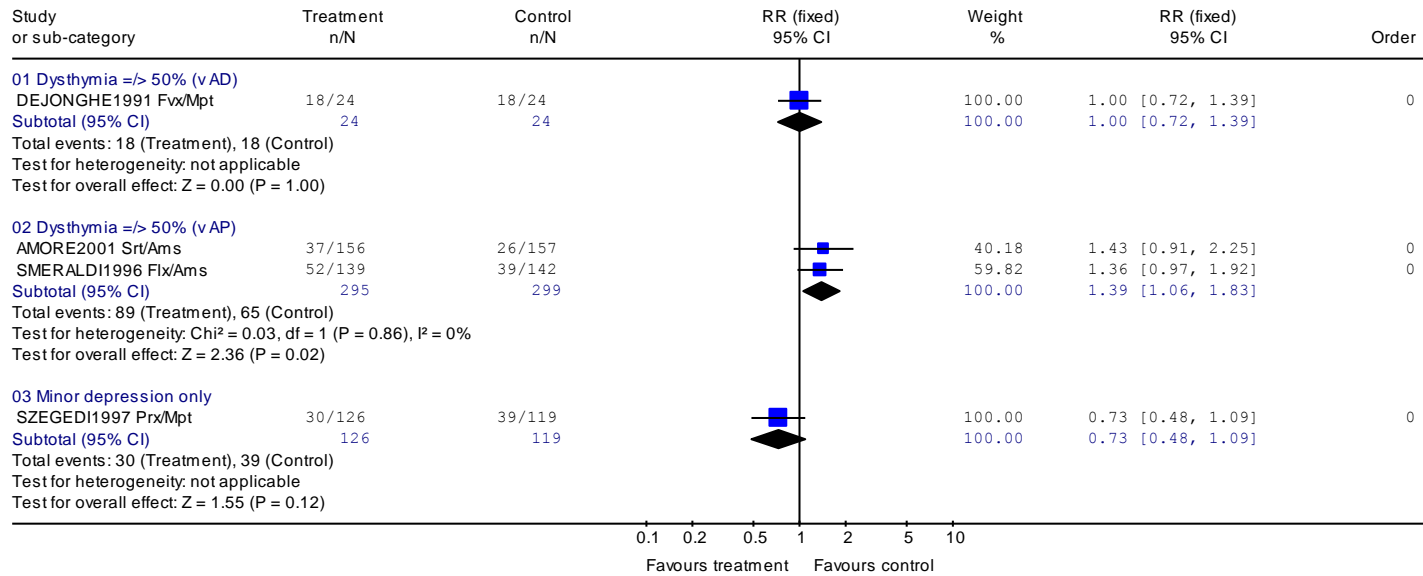
Review: Depression Update Subthreshold: Pharm
 Comparison: 02 Overall acceptability and tolerability (versus placebo)
 Outcome: 03 Patients reporting side effects



Pharm subthreshold 03 Efficacy: active treatment versus active treatment

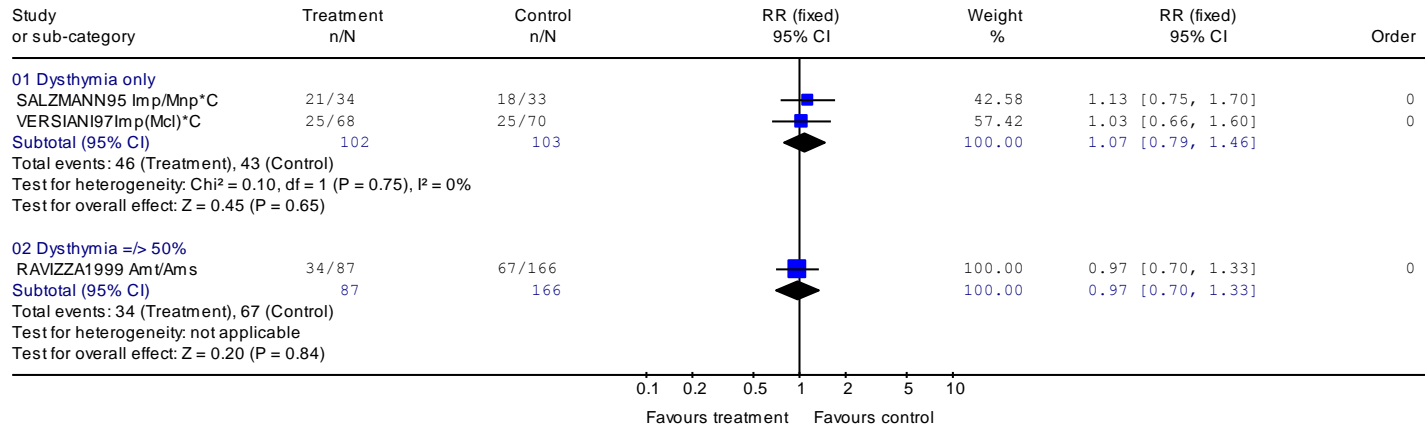
03.01 Non-response at endpoint: SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 01 Number of people not achieving at least 50% reduction in depression score: SSRI



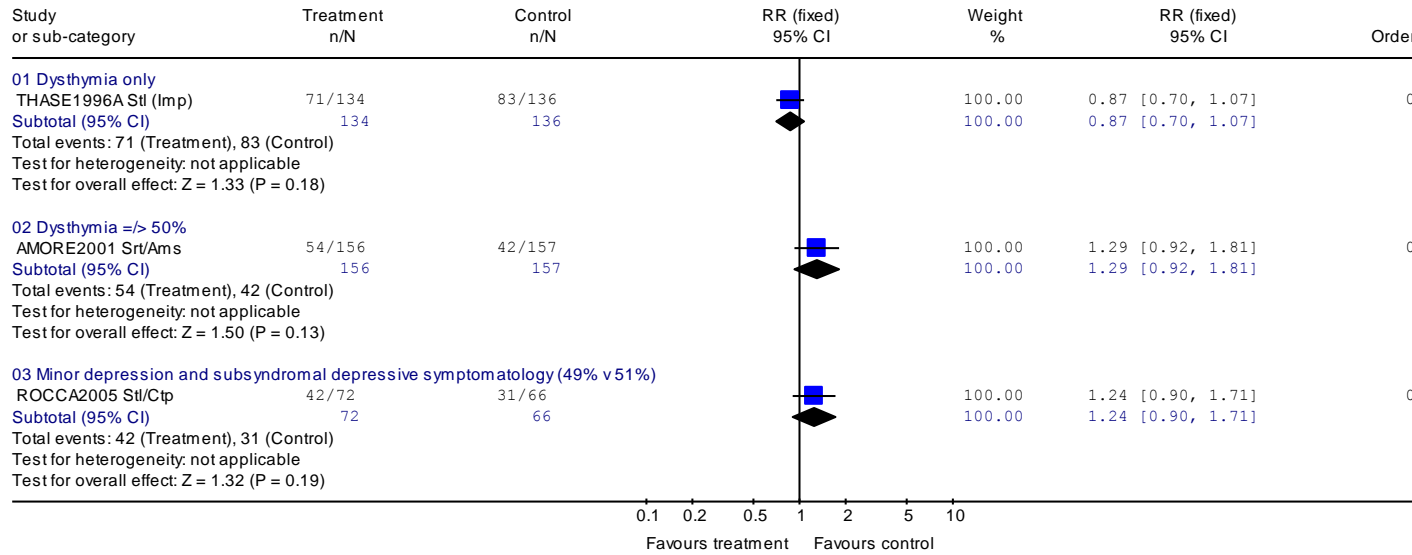
03.02 Non-response at endpoint: TCA

Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 02 Number of people not achieving at least 50% reduction in depression score: TCA



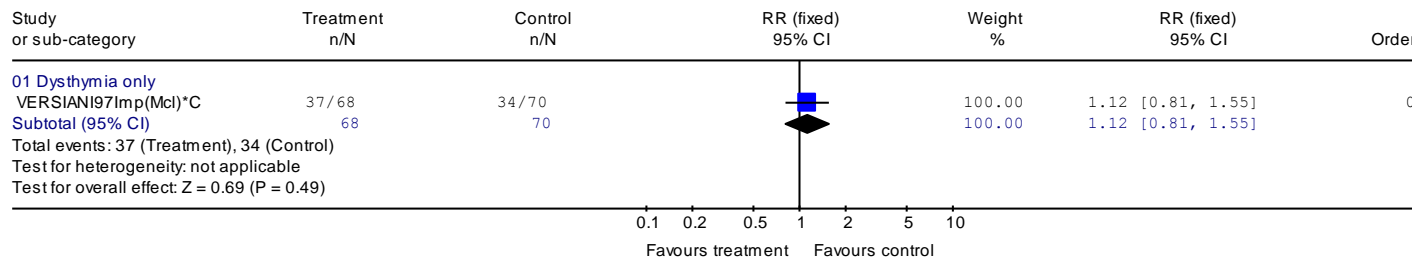
03.03 Non-remission at endpoint: SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 03 Number of people not achieving remission: SSRI



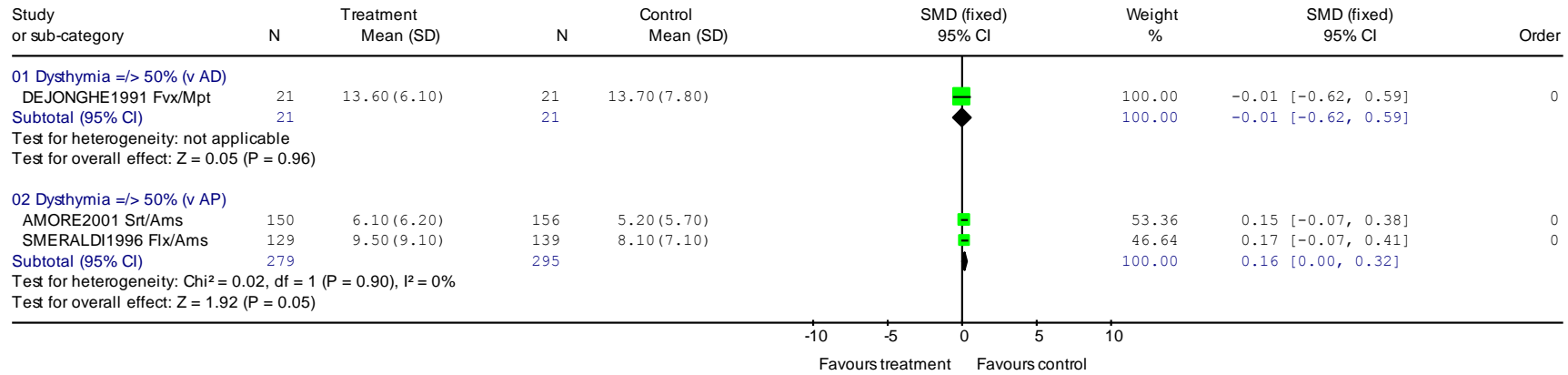
03.04 Non-remission at endpoint: TCA

Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 04 Number of people not achieving remission: TCA



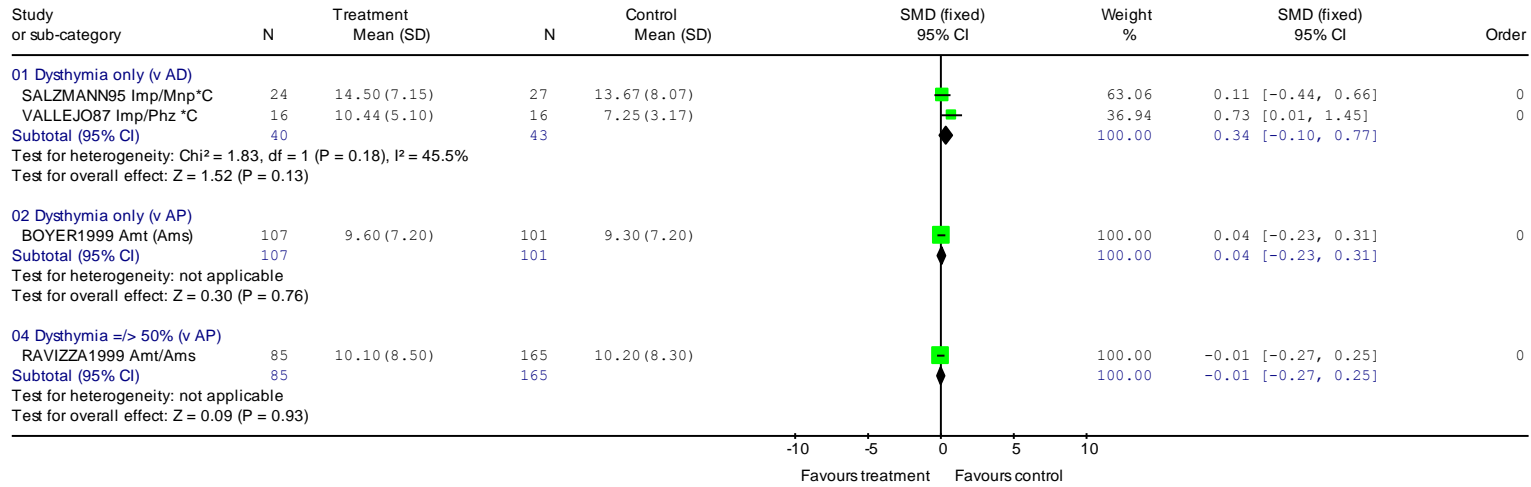
03.05 Mean endpoint (clinician-rated): SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 05 Mean endpoint scores (clinician rated): SSRI



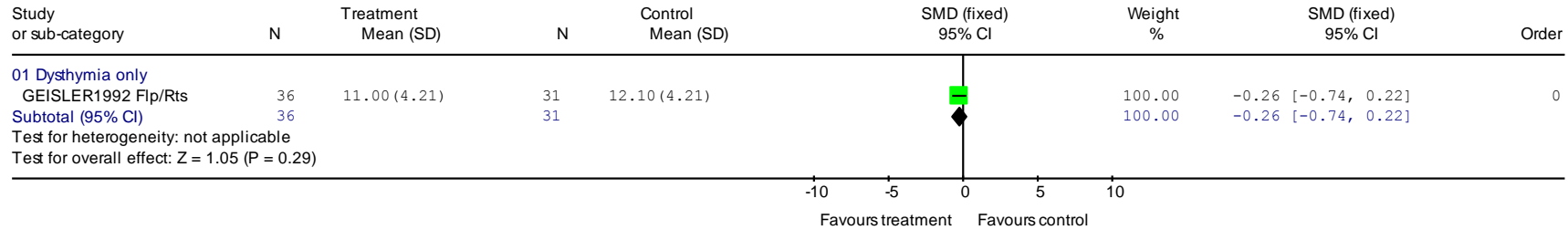
03.06 Mean endpoint (clinician-rated): TCA

Review: Depression Update Subthreshold: Pham
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 06 Mean endpoint scores (clinician rated): TCA



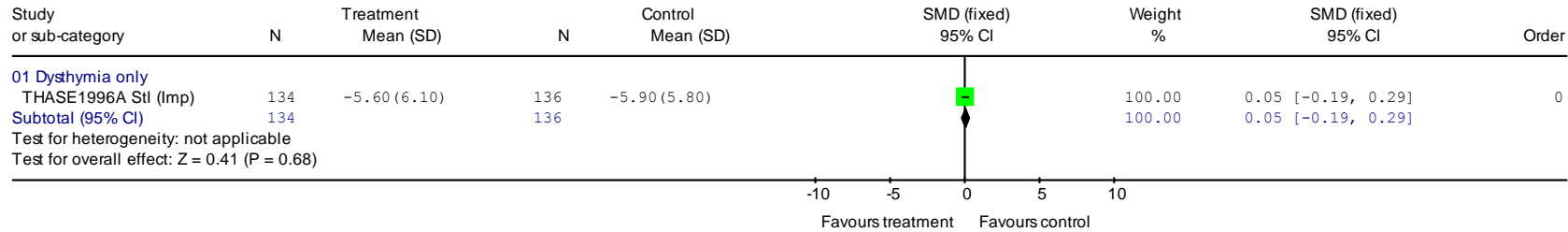
03.07 Mean endpoint (clinician-rated): antipsychotic

Review: Depression Update Subthreshold: Pham
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 07 Mean endpoint scores (clinician rated): AP



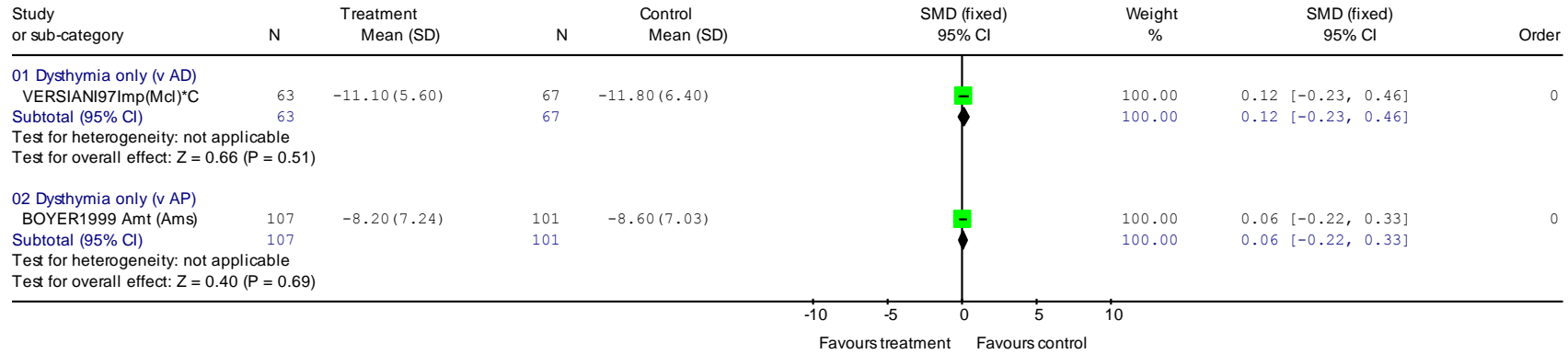
03.08 Mean change at endpoint (clinician-rated): SSRI

Review: Depression Update Subthreshold: Pham
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 08 Mean change (clinician rated): SSRI



03.09 Mean change at endpoint (clinician-rated): TCA

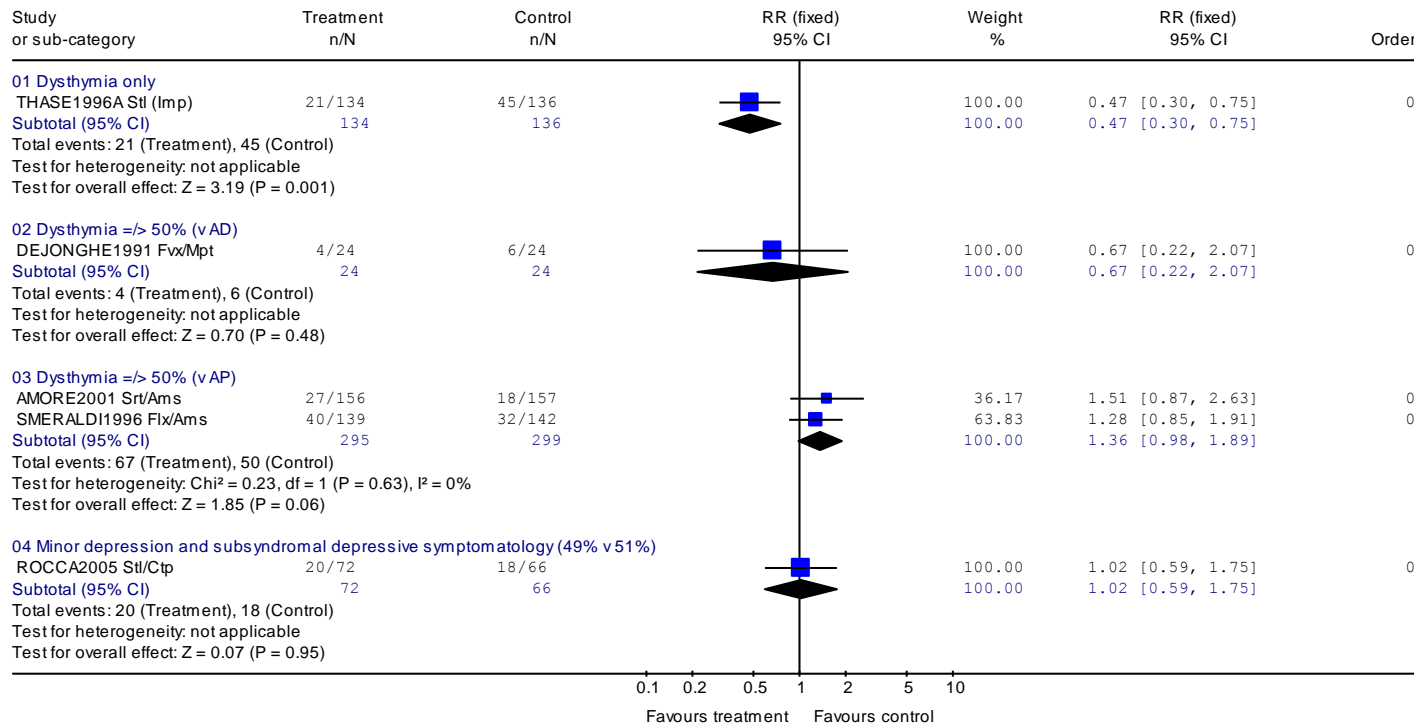
Review: Depression Update Subthreshold: Pharm
 Comparison: 03 Overall efficacy (head to head)
 Outcome: 09 Mean change (clinician rated): TCA



Pharm subthreshold 04 Acceptability versus tolerability: active treatment versus active treatment

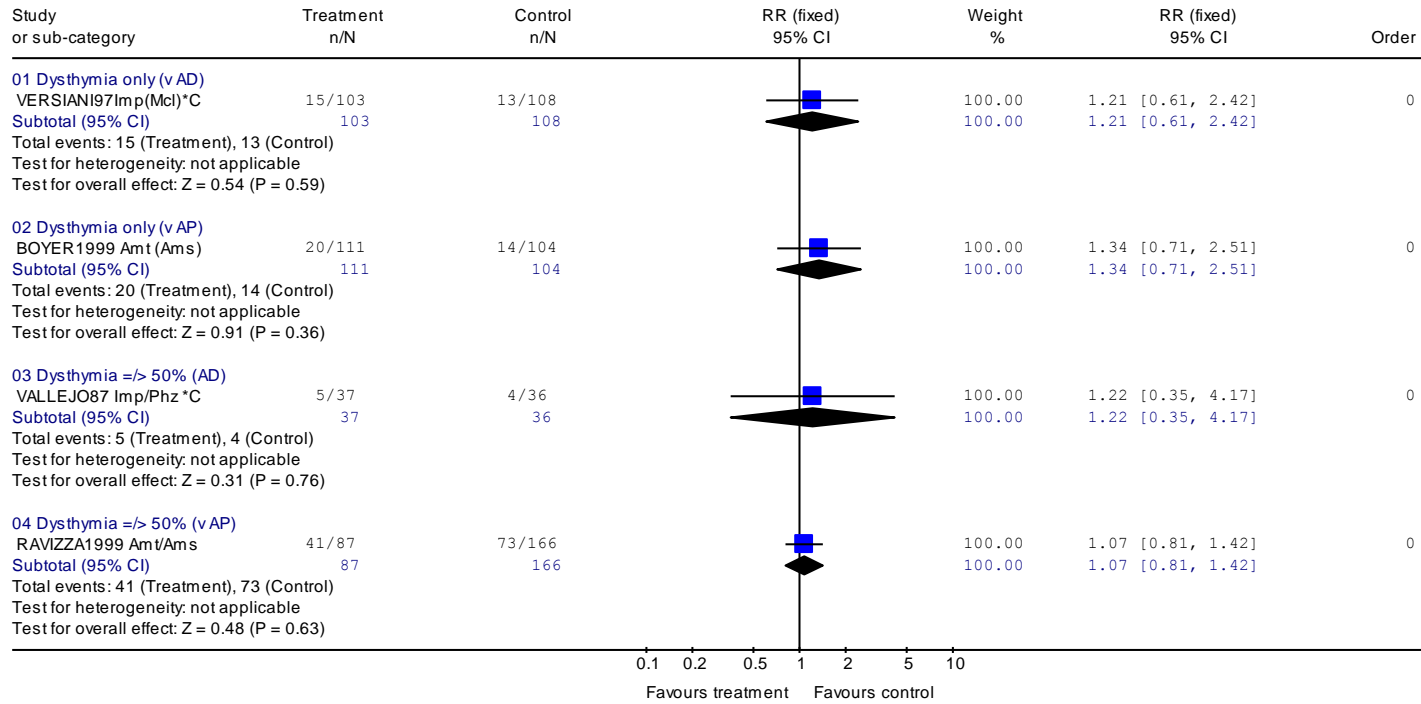
04.01 Dropout at endpoint for any reason: SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 01 Leaving the study early: SSRI



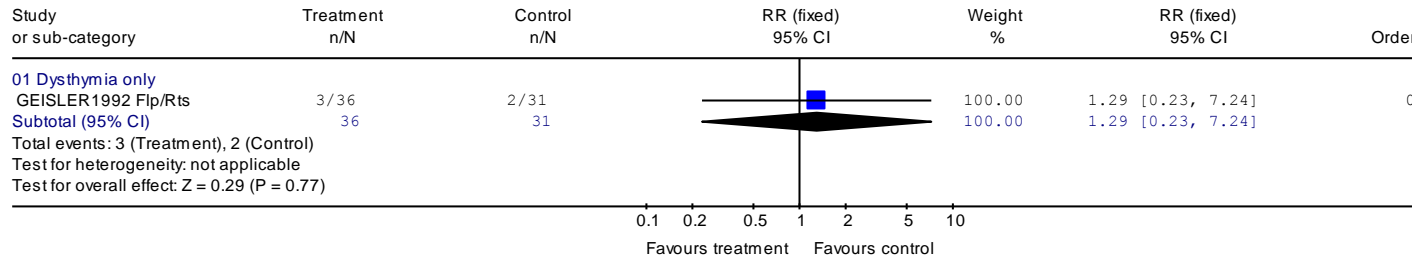
04.02 Dropout at endpoint for any reason: TCA

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 02 Leaving the study early: TCA



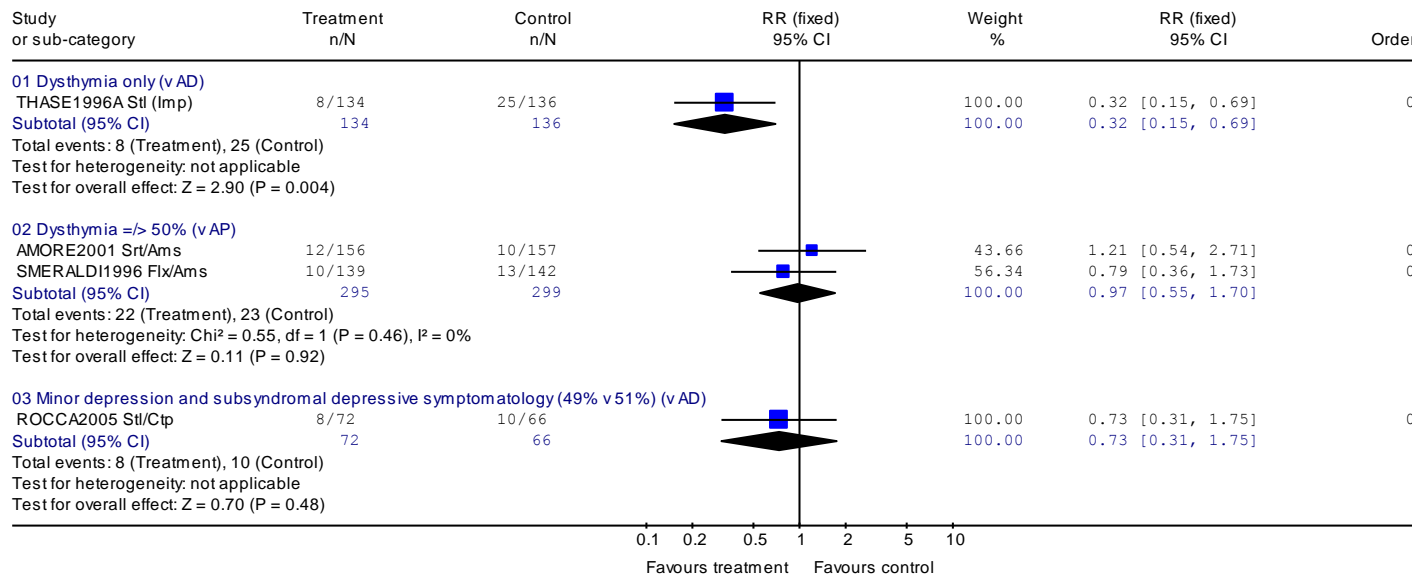
04.03 Dropout at endpoint for any reason: antipsychotic

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 03 Leaving the study early: AP



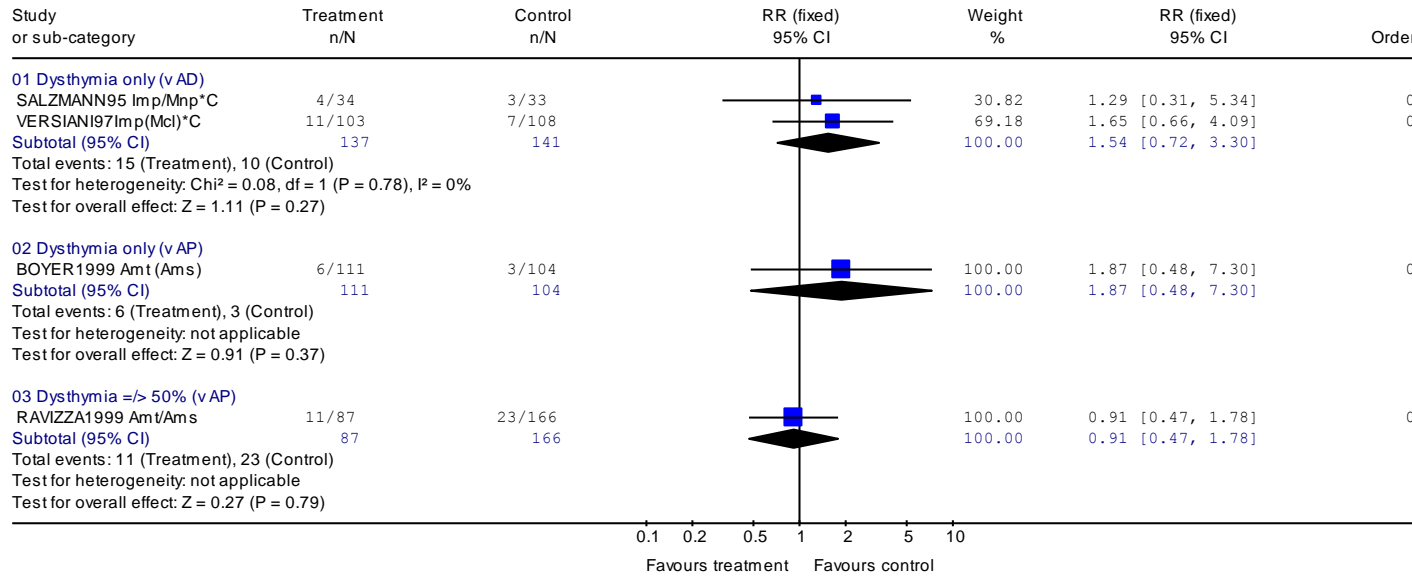
04.04 Dropout at endpoint due to side effects: SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 04 Leaving the study early due to side effects: SSRI



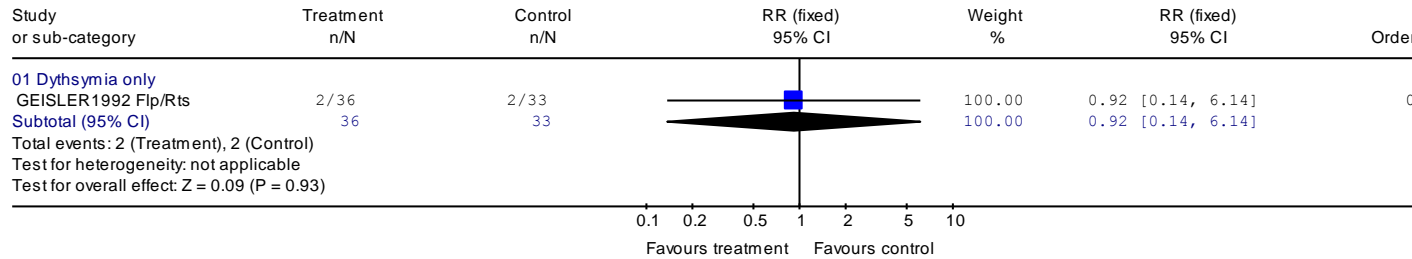
04.05 Dropout at endpoint due to side effects: TCA

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 05 Leaving the study early due to side effects: TCA



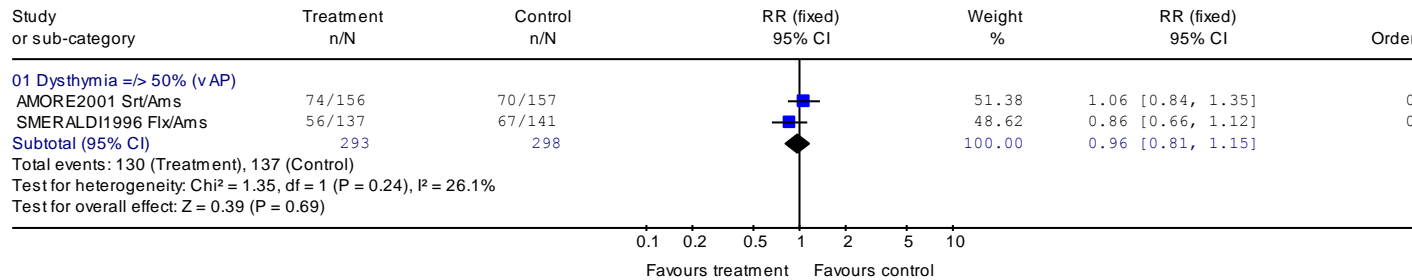
04.06 Dropout at endpoint due to side effects: antipsychotic

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 06 Leaving the study early due to side effects: AP



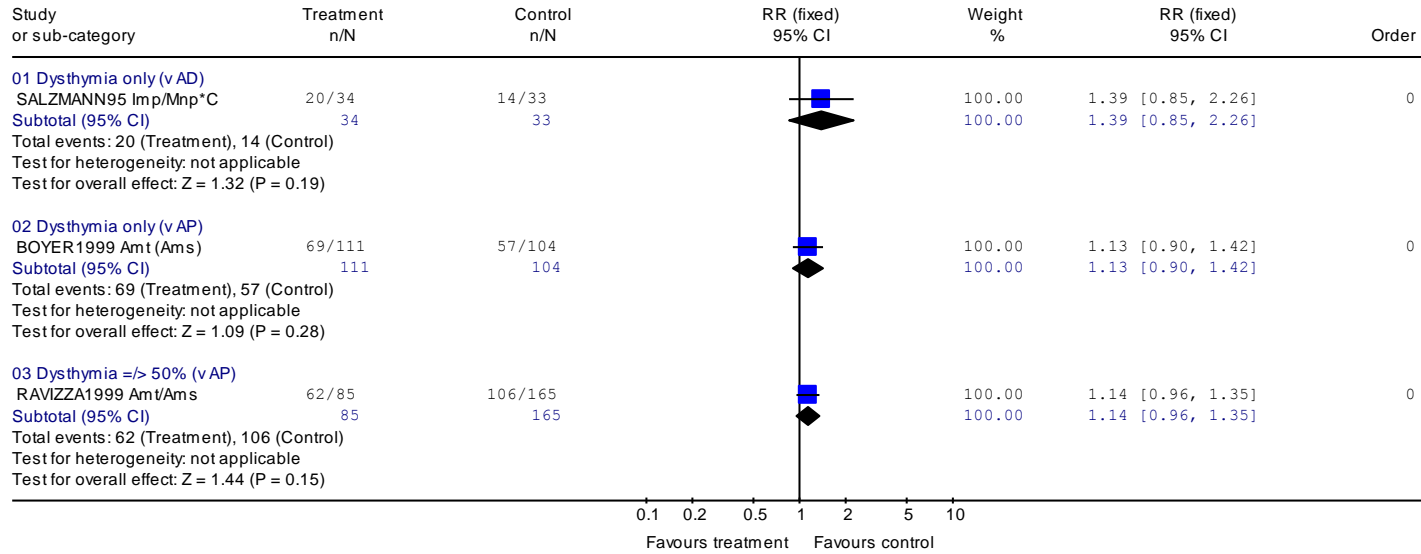
04.07 Number reporting side effects at endpoint: SSRI

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 07 Patients reporting side effects: SSRI



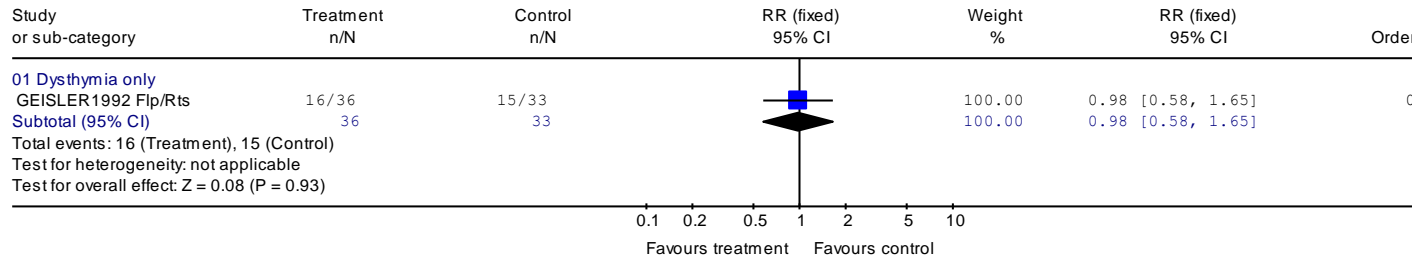
04.08 Number reporting side effects at endpoint: TCA

Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 08 Patients reporting side effects: TCA



04.09 Number reporting side effects at endpoint: antipsychotic

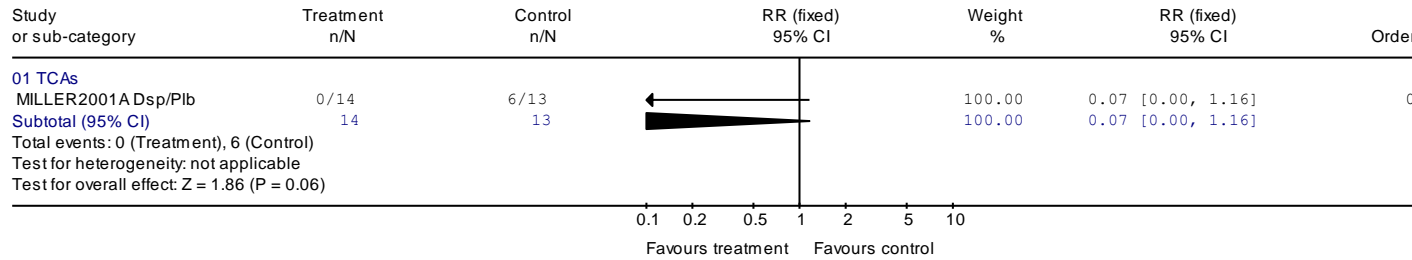
Review: Depression Update Subthreshold: Pharm
 Comparison: 04 Overall acceptability and tolerability (head to head)
 Outcome: 09 Patients reporting side effects: AP



Pharm subthreshold 05 Relapse prevention: active treatment versus placebo

05.01 Recurrence at endpoint

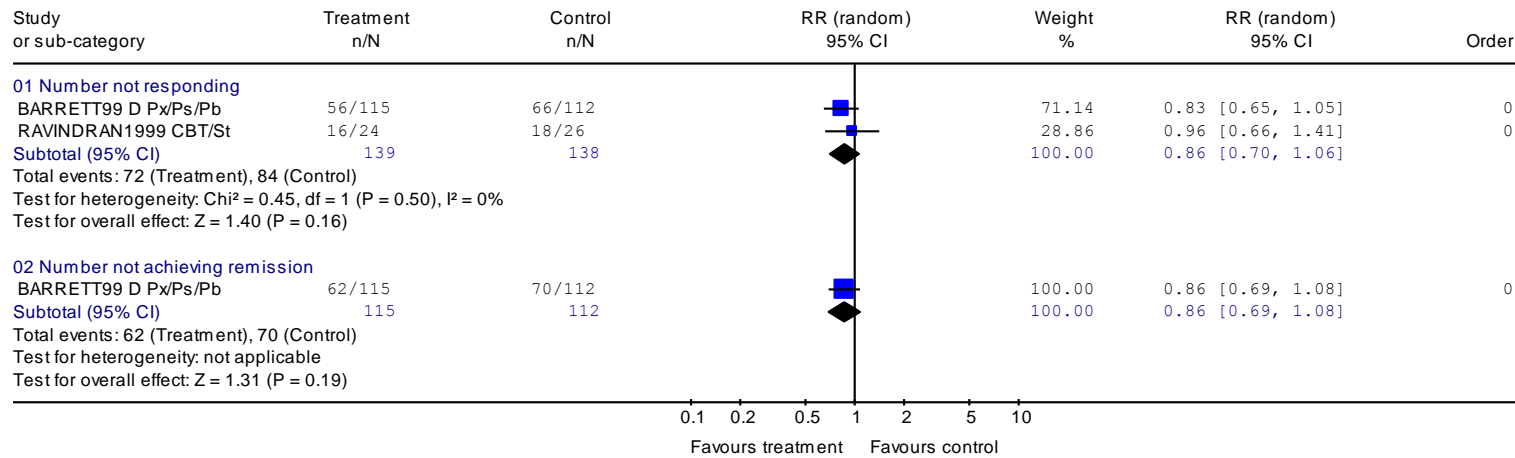
Review: Depression Update Subthreshold: Pharm
 Comparison: 05 Relapse prevention (versus placebo)
 Outcome: 01 Recurrence



Psychological interventions

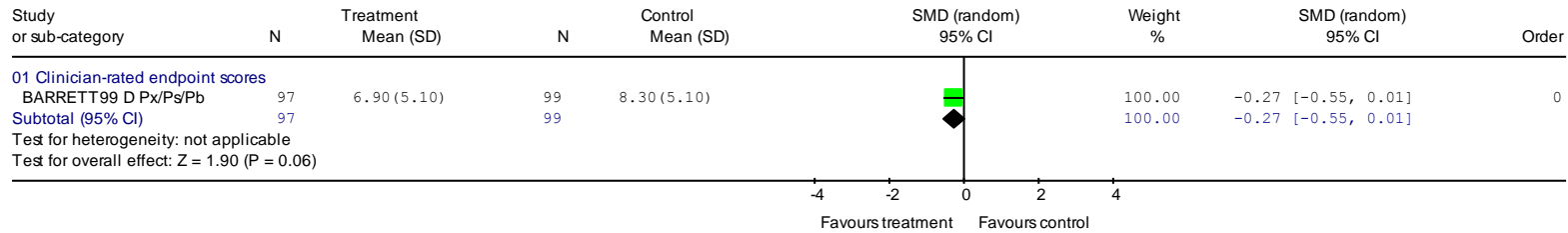
Psych sub-thresh 01 Psychological therapies versus control 01.01 Dichotomous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 01 Psychological therapies vs control
 Outcome: 01 Efficacy data



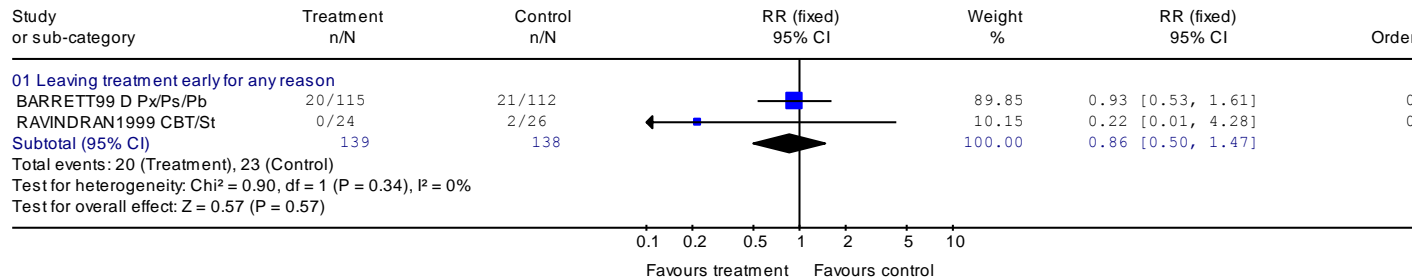
01.02 Continuous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 01 Psychological therapies vs control
 Outcome: 02 Efficacy data (continuous)



01.03 Dropout at endpoint

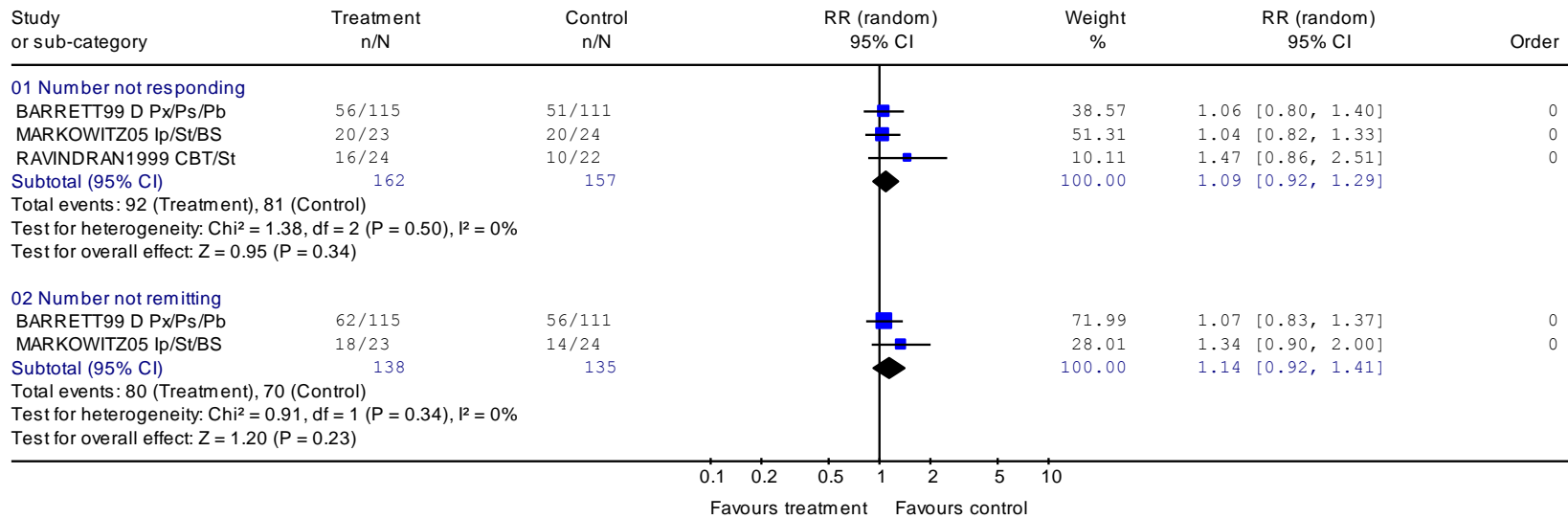
Review: Depression Update Subthreshold: Psych
 Comparison: 01 Psychological therapies vs control
 Outcome: 03 Acceptability and tolerability data



Psych sub-thresh 02 Psychological therapies versus antidepressants

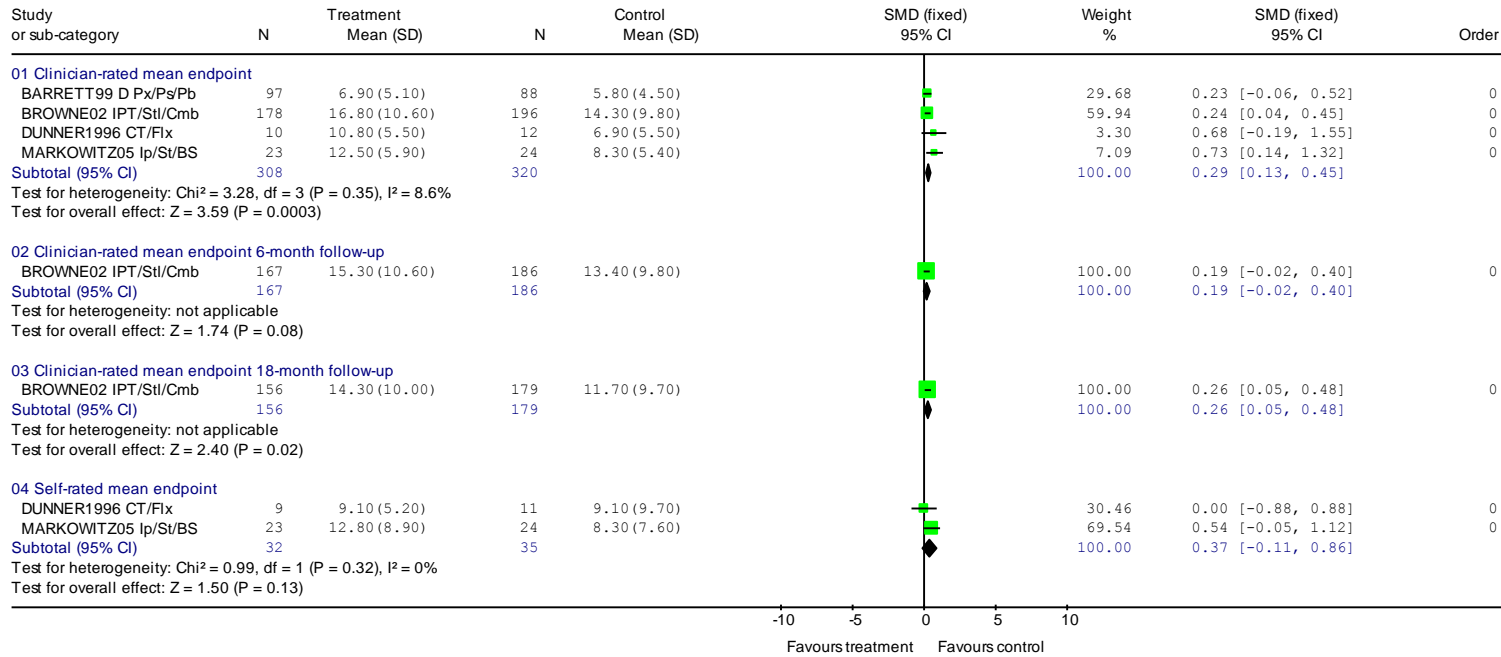
02.01 Dichotomous outcomes at endpoint

Review: Depression Update Subthreshold: Psych
 Comparison: 02 Psychological therapies vs antidepressants
 Outcome: 01 Efficacy data



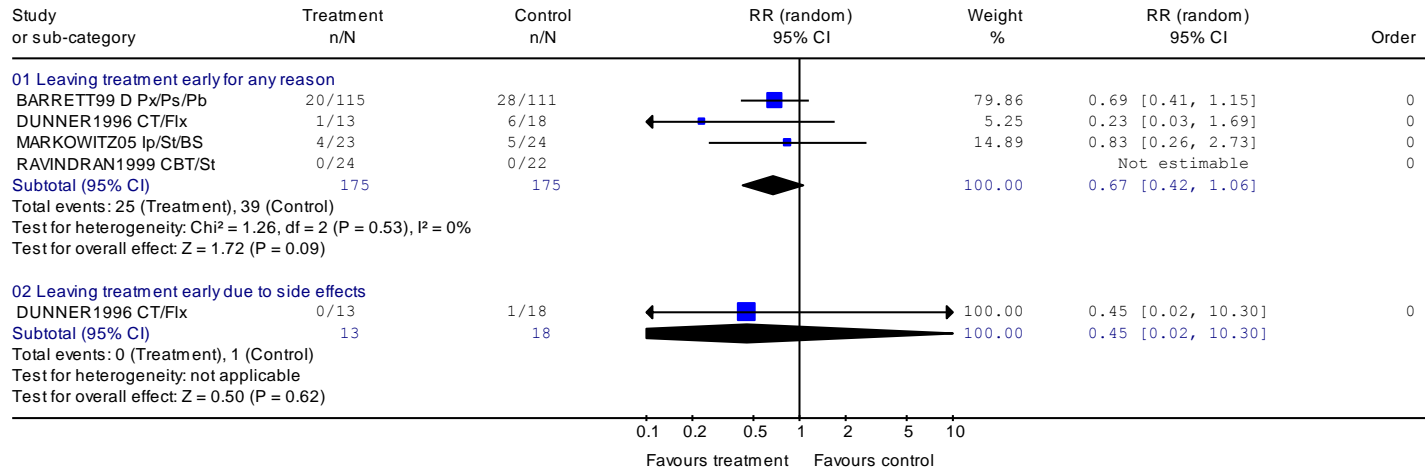
02.02 Continuous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 02 Psychological therapies vs antidepressants
 Outcome: 02 Efficacy data (continuous)



02.03 Dropout at endpoint

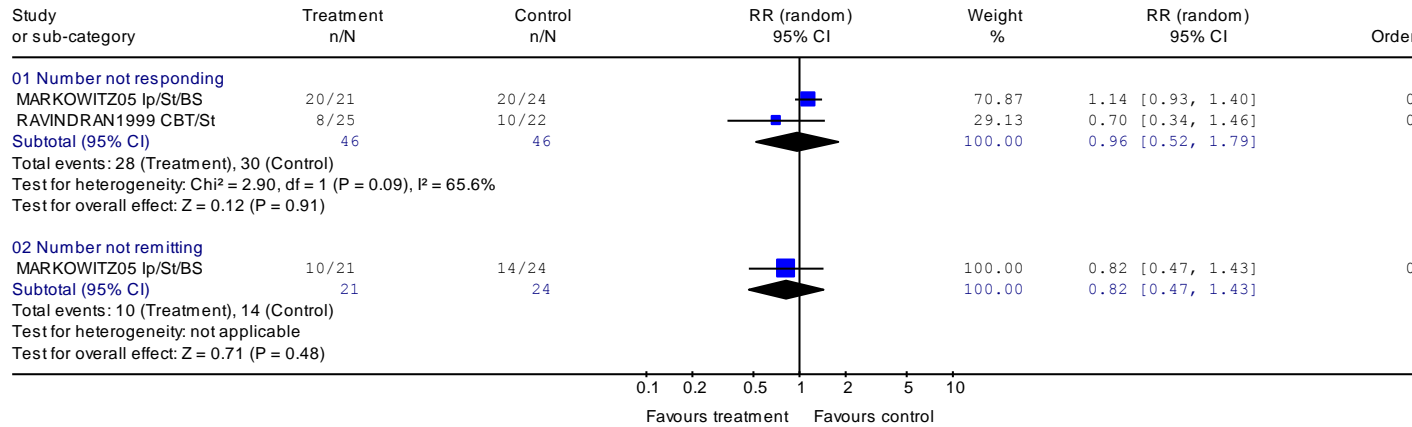
Review: Depression Update Subthreshold: Psych
 Comparison: 02 Psychological therapies vs antidepressants
 Outcome: 03 Acceptability and tolerability data



Psych sub-thresh 03 Psychological therapies + antidepressants versus antidepressants

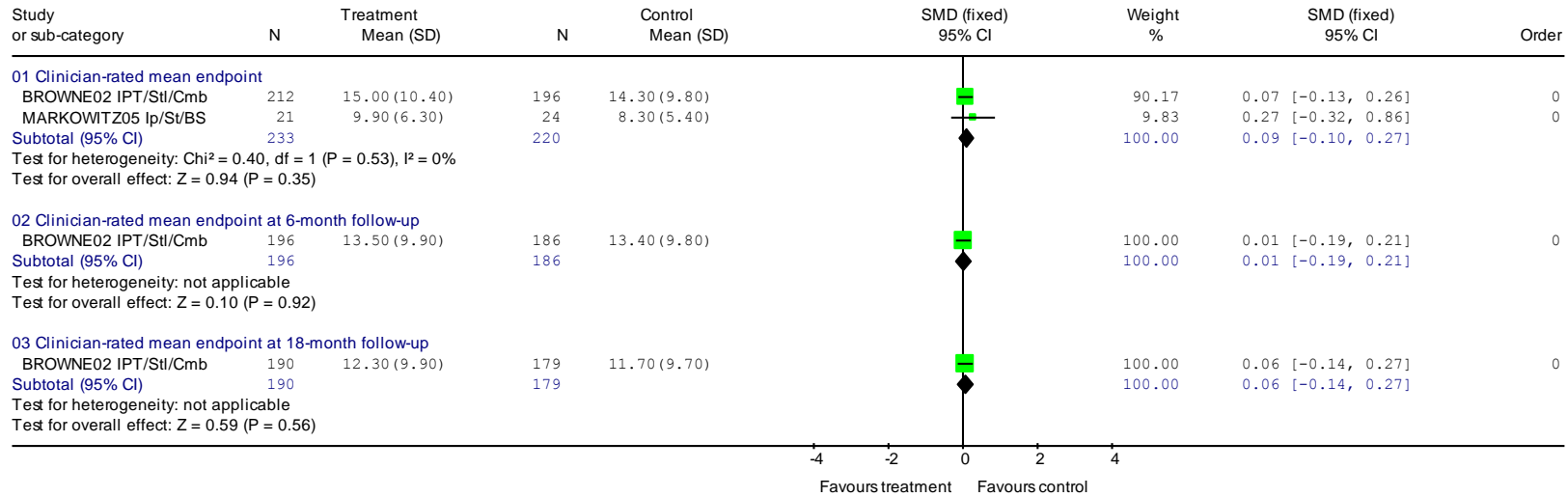
03.01 Dichotomous outcomes at endpoint

Review: Depression Update Subthreshold: Psych
 Comparison: 03 Psychological therapies + antidepressants vs antidepressants
 Outcome: 01 Efficacy data



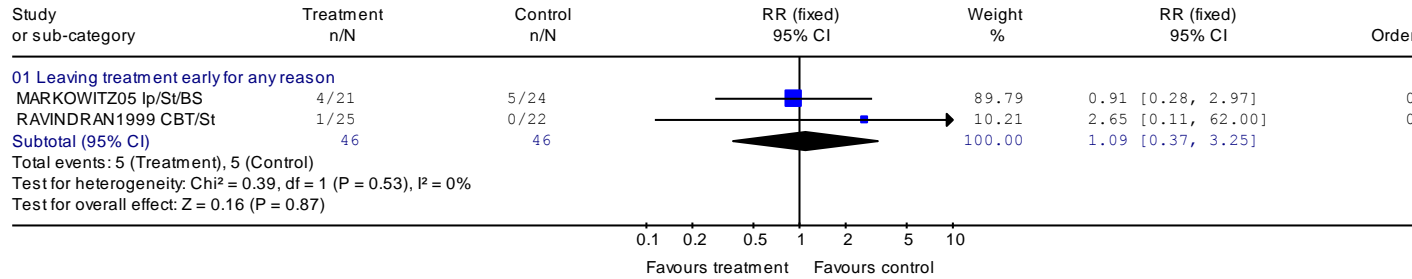
03.02 Continuous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 03 Psychological therapies + antidepressants vs antidepressants
 Outcome: 02 Efficacy data (continuous)



03.03 Dropout at endpoint

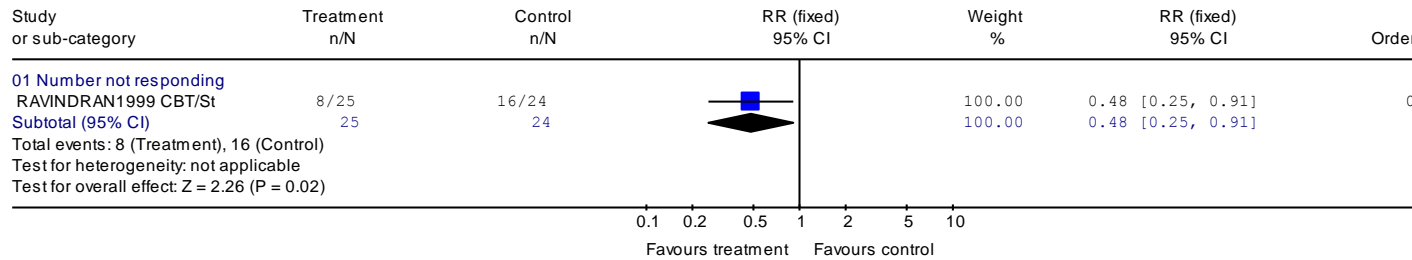
Review: Depression Update Subthreshold: Psych
 Comparison: 03 Psychological therapies + antidepressants vs antidepressants
 Outcome: 03 Acceptability and tolerability data



Psych sub-thresh 04 Psychological therapies + antidepressants versus psychological therapies

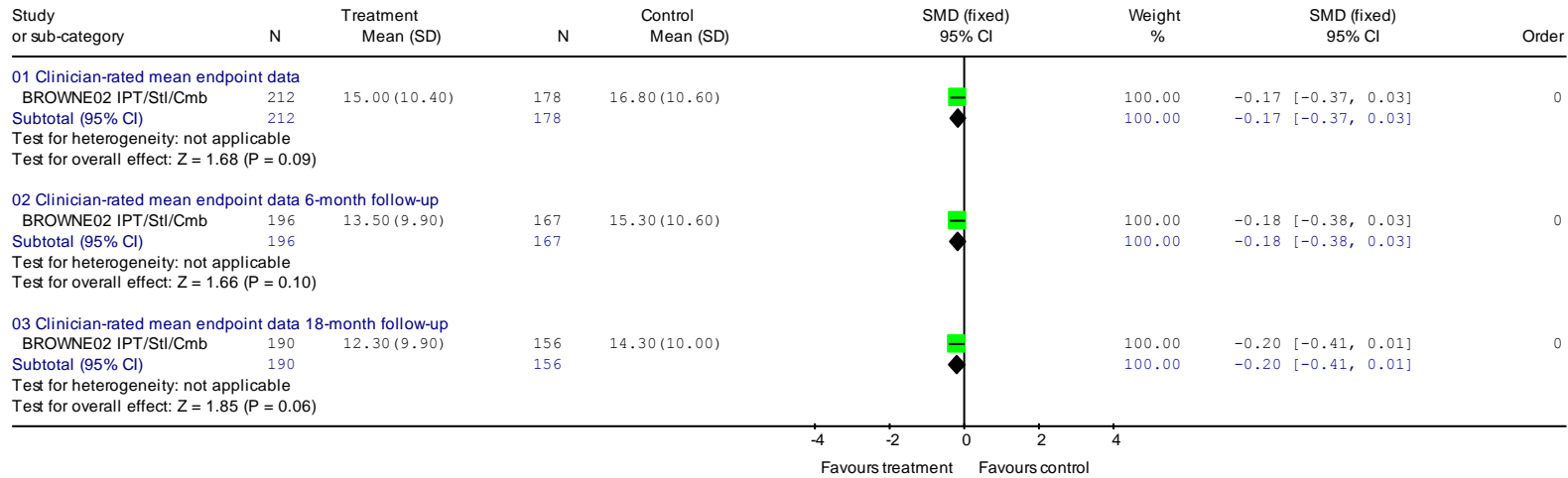
04.01 Dichotomous outcomes at endpoint

Review: Depression Update Subthreshold: Psych
 Comparison: 04 Psychological therapies + antidepressants vs psychological therapies
 Outcome: 01 Efficacy data



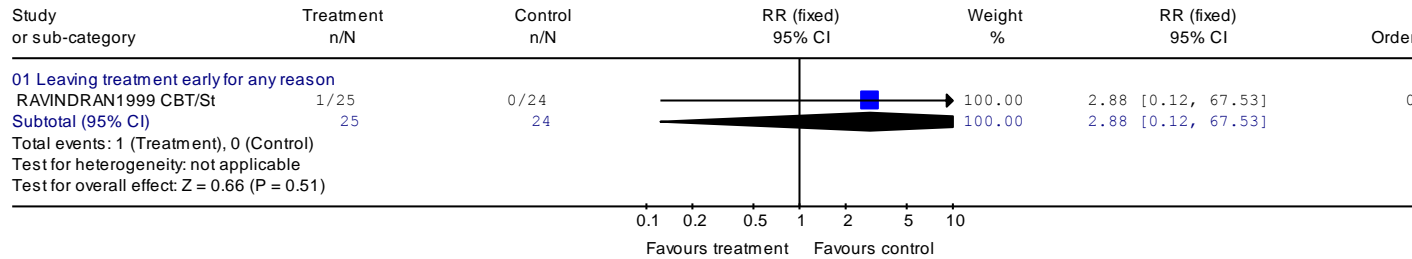
04.02 Continuous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 04 Psychological therapies + antidepressants vs psychological therapies
 Outcome: 02 Efficacy data (continuous)



04.03 Dropout at endpoint

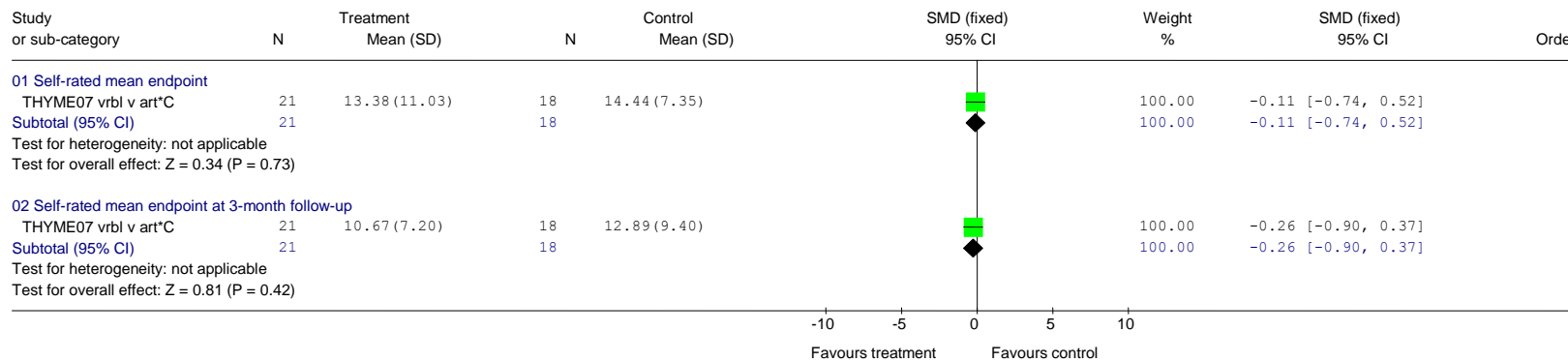
Review: Depression Update Subthreshold: Psych
 Comparison: 04 Psychological therapies + antidepressants vs psychological therapies
 Outcome: 03 Acceptability and tolerability data



Psych sub-thresh 05 Short psychodynamic verbal therapy versus short psychodynamic art therapy

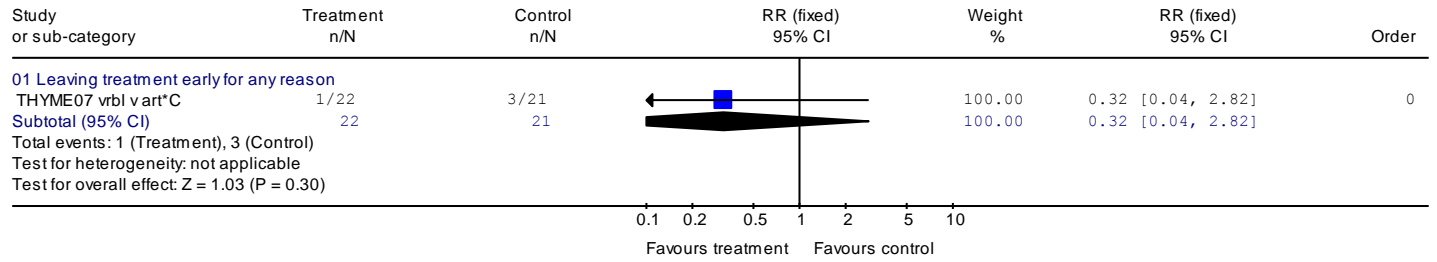
05.01 Continuous outcomes at endpoint and follow-up

Review: Depression Update Subthreshold: Psych
 Comparison: 05 Short Psychodynamic Verbal v Short Psychodynamic Art
 Outcome: 01 Efficacy data



05.02 Dropout at endpoint

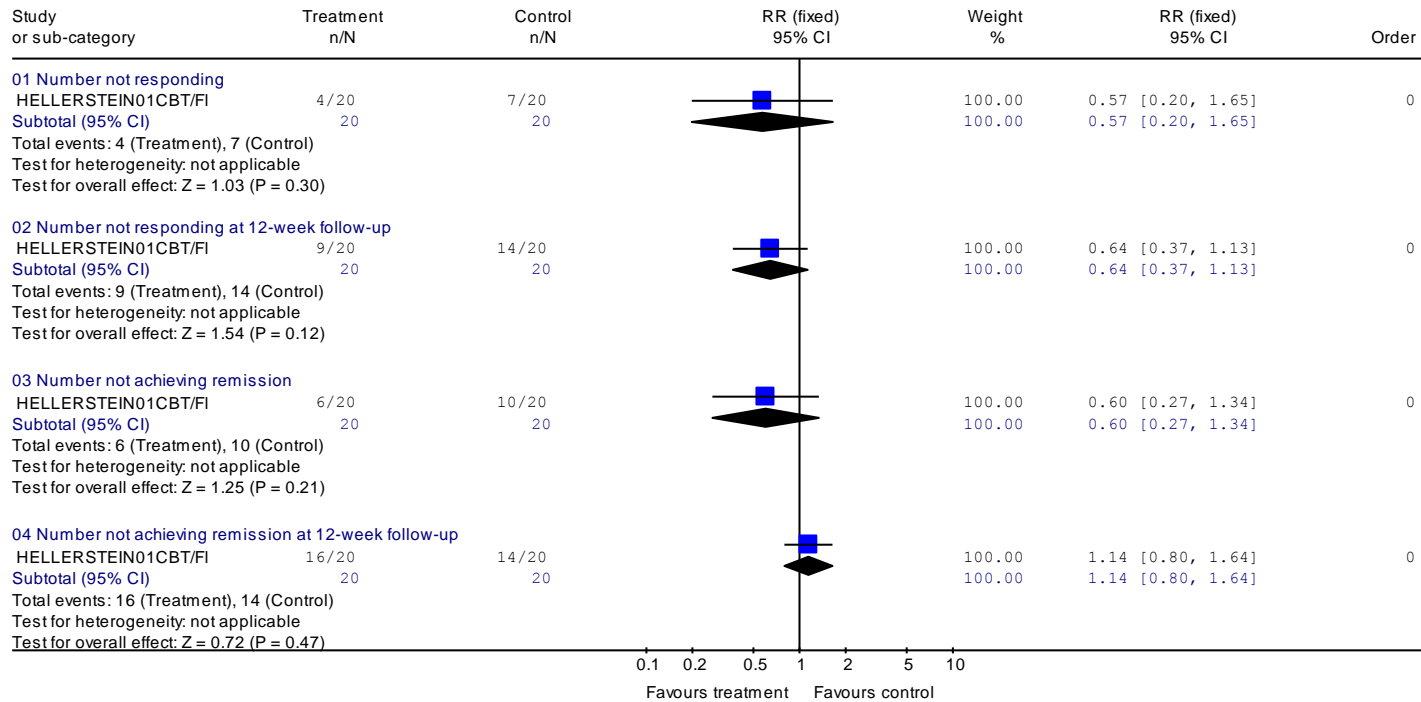
Review: Depression Update Subthreshold: Psych
 Comparison: 07 Short Psychodynamic Verbal v Short Psychodynamic Art
 Outcome: 02 Acceptability and tolerability data



Psych sub-thresh 06 Partial responders: psychological therapy + SSRI versus SSRI

06.01 Dichotomous outcomes at endpoint

Review: Depression Update Subthreshold: Psych
 Comparison: 08 Partial responders: Psych/SSRI combo v SSRI
 Outcome: 01 Efficacy data



06.02 Dropout at endpoint

Review: Depression Update Subthreshold: Psych
 Comparison: 08 Partial responders: Psych/SSRI combo v SSRI
 Outcome: 02 Acceptability and tolerability data

