

Social, emotional and mental wellbeing in primary and secondary education - Public Health Advisory Committee meeting 3

Date: 16 December 2019

Location: NICE Offices, London

Minutes: Final

Committee members present:	
David Croisdale-Appleby (PHAC Chair)	(Present for all items)
Janis Baird (Core member)	(Present for all items)
Ross Cowan (Core member)	(Present for all items)
Hiten Dodhia (Core member)	(Present for all items)
Rose Durban (Core member)	(Present for all items)
Eileen Kaner (Core member)	(Present for items 1-8)
Jasmine Murphy (Core member)	(Present for items 1-8)
Patrick Saunders (Core member)	(Present for all items)
Lily Yao (Core member)	(Present for all items)
Lyndsey Brown (Topic expert member)	(Present for all items)
Rebecca Harris (Topic expert member)	(Present for all items)
Susan Otití (Topic expert member)	(Present for all items)
Sallyann Sutton (Topic expert member)	(Present for all items)
Penny Sykes (Topic expert member)	(Present for all items)
Claire Robson (PHE Topic Adviser)	(Present for all items)

In attendance:		
Sarah Boyce	Technical Analyst, PHG	(Present for all items)
Simran Chawla	Public Involvement Adviser, NICE	(Present for items 1-6)
Lise Elliott	Programme Manager, PHG	(Present for all items)
Jenny Kasher	Senior Audience Insight Manager, NICE	(Present for all items)
Hugh McGuire	Technical Adviser, PHG	(Present for all items)
Annette Meade	Senior Editor, NICE	(Present for item 5)
Adam O'Keefe	Project Manager, PHG	(Present for all items)
Lesley Owen	Technical Adviser (HE), NICE	(Present for all items)
Nick Staples	Guideline Commissioning Manager, NICE	(Present for all items)

Observer:			
Fizzah Ali, Clinical Fellow, NICE		(Present for all items)	
Apologies:			
Michael Wigelsworth		Topic expert member	
Francesca Woods		Topic expert member	
Sarah Willett		Associate Director, PHG	
1. Welcome, apologies, introductions and objectives			
<p>The Chair welcomed the Committee members and attendees to the meeting and asked those present to introduce themselves.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>			
2. Confirmation of matter under discussion, and declarations of interest			
The Chair confirmed the matter under discussion and asked everyone to verbally declare any new conflicts of interest. The following interests were declared:			
Attendee	Declaration	Classification	Action
Claire Robson	The following report previously declared, has now been published: Universal approaches to improving children and young people's mental health and wellbeing: report of the findings of a Special Interest Group.	Indirect	Declare and participate Rationale: Conflict is an organisational one and is included for transparency
Lily Yao	Has had the following paper accepted for publication in BMJ open: Sam Tromans, Guiqing Yao, Reza Kiani, Regi Alexander, Mohammed Al-Uzri, Traolach Brugha, An investigation of the prevalence of autism among adults admitted to acute mental health wards: A cross-sectional study.	Non-financial, professional and personal interest	Declare and participate Rationale: interest is non-specific

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes from the previous meeting

Minutes of the previous meeting were accepted as an accurate record.

4. Update on Trailblazer project

The Chair introduced Susan Oti, Topic Expert member of the committee, who provided an update on the national Trailblazer pilot in Haringey. The committee were then given the opportunity to ask questions.

5. Feedback on plans for engaging with children and young people

LE revisited with the Committee options for effective engagement with children and young people, who are not old enough to sit on a committee and fed back from a meeting held by a sub-group of the committee formed to discuss this. The Committee discussed the issues presented to them and LE and HM agreed to relay the committee's preferences for further internal discussion at NICE.

6. Editorial presentation

The Chair introduced Annette Meade, Senior Editor at NICE who discussed the role of the Editor in developing the guideline and the support the Editor provides the committee and to the NICE team.

7. Review Question 5.1a What is the effectiveness and cost-effectiveness of targeted mental health support interventions for children in primary education?

Review Question 5.1b What is the effectiveness and cost-effectiveness of targeted mental health support interventions for children and young people in secondary and further education?

SB presented the qualitative evidence identified for targeted mental health support interventions for the Committee's consideration. The Committee discussed the evidence and drafted three recommendations.

8. Next steps

HM discussed and agreed with the committee a proposal from the NICE team to split the review question on universal interventions into 4 subtopics based on what the interventions aim to do, being: promote good social and emotional wellbeing, prevent

poor social and emotional wellbeing, promote good mental health & prevent poor mental health.

9. Any other business

The Chair summarised the discussion from the day, thanked the committee and confirmed that PHAC 4 will take place on 9 March 2020.