

**Social, emotional and mental wellbeing in primary and secondary education  
Cmte minutes 9 March 2020**



**Social, emotional and mental wellbeing in primary and secondary education - Public Health Advisory Committee meeting 4**

**Date:** 9 March 2020

**Location:** NICE Offices, London

**Minutes:** Confirmed

<b>Committee members present:</b>	
David Croisdale-Appleby ( <b>PHAC Chair</b> )	(Present for all items)
Ross Cowan ( <b>Core member</b> )	(Present for all items)
Hiten Dodhia ( <b>Core member</b> )	(Present for all items)
Rose Durban ( <b>Core member</b> )	(Present for all items)
Patrick Saunders ( <b>Core member</b> )	(Present for all items)
Lily Yao ( <b>Core member</b> )	(Present for all items)
Lyndsey Brown ( <b>Topic expert member</b> )	(Present for all items)
Rebecca Harris ( <b>Topic expert member</b> )	(Present for all items)
Susan Otití ( <b>Topic expert member</b> )	(Present until partway through item 6)
Sallyann Sutton ( <b>Topic expert member</b> )	(Present for all items)
Penny Sykes ( <b>Topic expert member</b> )	(Present for all items)
Francesca Woods ( <b>Topic expert member</b> )	(Present for all items)

<b>In attendance:</b>		
Sarah Boyce	Technical Analyst, PHG	(Present for all items)
Lise Elliott	Programme Manager, PHG	(Present from item 4)
Hugh McGuire	Technical Adviser, PHG	(Present for all items)
Adam O'Keefe	Project Manager, PHG	(Present for all items)
Lesley Owen	Technical Adviser (HE), NICE	(Present for all items)
Nick Staples	Guideline Commissioning Manager, NICE	(Present for all items)
Hannah Stockton	Assistant Technical Analyst, PHG	(Present for all items)
Sarah Willett	Associate Director, PHG	(Present from item 4)

**Social, emotional and mental wellbeing in primary and secondary education  
Cmte minutes 9 March 2020**

<b>Observer:</b>	
Katrina Penman, Technical Adviser, NICE	(Present for all items)
<b>Apologies:</b>	
Michael Wigelsworth	Topic expert member
Janis Baird	Core member
Eileen Kaner	Core member
Jasmine Murphy	Core member
Claire Robson	PHE Topic Adviser
<b>1. Welcome, apologies, introductions and objectives</b>	
<p>The Chair welcomed the Committee members and attendees to the meeting and asked those present to introduce themselves.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>	
<b>2. Confirmation of matter under discussion, and declarations of interest</b>	
<p>The Chair confirmed the matter under discussion and asked everyone to verbally declare any new conflicts of interest. No new interests were declared.</p> <p>The Chair and a senior member of the Developer's team noted that the interests previously declared did not prevent the attendees from fully participating in the meeting.</p>	
<b>3. Minutes from the previous meeting</b>	
<p>Minutes of the previous meeting were accepted as an accurate record.</p>	
<b>4. Finalise review protocol on Whole school approaches for the promotion of social, emotional and mental wellbeing.</b>	
<p>HM sought further input from the committee on the review protocol for Whole School Approach. The committee discussed this protocol, which the NICE team will update to reflect their preferences.</p>	
<b>5. Update on plans for engaging with children and young people</b>	
<p>LE presented to the committee updated proposals for engagement with children and young people, who are not old enough to sit on a committee, following internal discussions at NICE. The Committee discussed the proposals and advised they were happy to proceed with the proposals presented to them.</p>	
<b>6. Review Question 6.1 What are effective and cost-effective interventions to</b>	

**Social, emotional and mental wellbeing in primary and secondary education  
Cmte minutes 9 March 2020**

**support the social, emotional and mental wellbeing of children during periods of transition (such as between schools, life stages or due to traumatic events)?**

**6.2 Are interventions to support the emotional and social wellbeing of children and young people during periods of transition (such as between schools, life stages or due to traumatic events) acceptable to children and young people?**

**6.3 What are the barriers and facilitators to supporting the emotional and social wellbeing of children and young people during periods of transition?**

SB presented the qualitative and quantitative evidence identified for the review questions on Transitions for the Committee's consideration. The Committee discussed the evidence and drafted a number of recommendations which will be revisited at the next meeting.

**7. Any other business**

The Chair summarised the discussion from the day, thanked the committee and confirmed that PHAC 5 will take place on 18 May 2020.