

## Social, emotional and mental wellbeing in primary and secondary education - Public Health Advisory Committee meeting 6

**Date:** 14<sup>th</sup> December 2020

**Location:** Virtual Meeting via Zoom

**Minutes:** Final

<b>Committee members present:</b>		
David Croisdale-Appleby ( <b>PHAC Chair</b> )		(Present for all items)
Janis Baird ( <b>Core member</b> )		(Present for all items)
Ross Cowan ( <b>Core member</b> )		(Present for all items)
Hiten Dodhia ( <b>Core member</b> )		(Present for items 2-7)
Rose Durban ( <b>Core member</b> )		(Present for all items)
Eileen Kaner ( <b>Core member</b> )		(Present for all items)
Patrick Saunders ( <b>Core member</b> )		(Present for all items)
Lily Yao ( <b>Core member</b> )		(Present for all items)
Susan Otitì ( <b>Topic expert member</b> )		(Present for all items)
Penny Sykes ( <b>Topic expert member</b> )		(Present for all items)
Michael Wigelsworth ( <b>Topic expert member</b> )		(Present for items 2-6)
Francesca Woods ( <b>Topic expert member</b> )		(Present for all items)

<b>NICE In attendance:</b>		
Sarah Willett	Associate Director	(Present for all items)
Lise Elliott	Programme Manager	(Present for all items)
Hugh McGuire	Technical Adviser	(Present for all items)
Giacomo De Guisa	Technical Analyst	(Present for all items)
Debra Hunter	Project Manager	(Present for all items)
Adam O'Keefe	Project Manager	(Present for all items)
Keona Bennett	Administrator	(Present for all items)
Victoria Axe	Guideline Commissioning Manager	(Present for all items)
Lesley Owen	Technical Adviser – HE	(Present for all items)
Rosalee Mason	Meetings in Public Coordinator	(Present for all items)
Mat Taylor	Health Economist, York Health Economics Consortium	(Present for items 1-4)
Erin Barker	Health Economist, York Health Economics Consortium	(Present for items 1-4)
Laura Coote	Health Economist, York Health Economics Consortium	(Present for items 1-4)

<b>Apologies:</b>	
Jasmine Murphy	<b>Core member</b>
Lyndsey Brown	<b>Topic expert</b>
Rebecca Harris	<b>Topic expert</b>
Sallyann Sutton	<b>Topic expert</b>
Claire Robson	<b>Public Health England Topic Adviser / Non-voting member</b>
Gareth Murphy	<b>Business Analyst</b>

## 1. Welcome, apologies, introductions and objectives

The Chair welcomed the Committee members and attendees to the meeting. The Chair apologised for the delayed start and explained that this was due to discussion between the committee and the NICE team regarding the approach taken to address the effects of the COVID-19 pandemic during development of the guideline.

The Chair asked those present to introduce themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed the matter under discussion and asked everyone to verbally declare any new conflicts of interest. The following new interests were declared:

<b>Name</b>	<b>Role</b>	<b>Declarations of Interest, date declared</b>	<b>Type of interest</b>	<b>Decision taken</b>
David Croisdale-Appleby	Committee Chair	Member of the Advisory Board for the NIHR East of England ARC	Direct-non-financial professional and personal	Declare and participate Rationale: interest is non-specific
Eileen Kaner	Core Member	Campbell R, Jago R, Kidger J, deVocht F, Kaner E, van Sluijs E, Fairbrother H, Williams J, Womack J, Newsome C, Thomas K, Strong S. South-west School Health	Indirect - financial	Declare and participate Rationale: Open declaration is sufficient mitigation

		Research Network (SW-SHRN) – Creation of a network to characterise and improve adolescent mental health and well-being. NIHR SPHR Phase 2, 2020-22. £449,297		
Eileen Kaner	Core Member	Wolfe I, Kaner E, Forman J, McGovern R, Taylor Robinson D, Fox-Rushby J, Howard L, Boulding H, Baginsky M, Allard A, Hackett S, Fleming K, Mental Health and Substance use in Children and Families Experiencing Adversity or Overcoming Adverse Childhood Experiences (ORACLE). NIHR Policy Research Programme, PRP (ST-01-30), 2020-25. £1,470,122	Indirect - financial	Declare and participate  Rationale: Open declaration is sufficient mitigation
Eileen Kaner	Core Member	Spencer L, McGovern R, Kaner E. A qualitative exploration of 14 to 17-year old adolescents' views of early and preventative mental health	Direct –non-financial professional and personal	Declare and participate - subject to review at each committee meeting and the matter under

		support in schools. Journal of Public Health 2020 (In press).		consideration Rationale: despite being a specific interest this has not been identified in searches to date. This decision will be reviewed following the completion of each literature search.
Eileen Kaner	Core Member	Tinner L, Kaner E, Garnett C, Mitchell S, Hickman M, Campbell R, MacArthur. Qualitative evaluation of a web-based digital intervention to prevent and reduce excessive alcohol use and harm among young people age 14-15 years: A 'Think-Aloud' study. Journal of Medical Internet Research 2020 (In press).	Direct –non-financial professional and personal	Declare and participate Rationale: interest is non-specific

The Chair noted that the interests declared nor those previously declared did not prevent the attendees from fully participating in the meeting.

**3. Minutes from the previous meeting**

It was noted that the date of the next meeting listed in the minutes of the previous meeting had since changed. The minutes were accepted as an accurate record.

**4. Health economics**

The Chair introduced Matthew Taylor & Erin Barker of York Health Economics Consortium; Lesley Owen, Technical Adviser (HE), NICE who presented the available cost-effectiveness evidence for Review Questions 3 (12 studies) and 5 (1 study). They discussed their proposed approach to the modelling work.

**5. Review Question 3 What universal classroom-based interventions to promote social, emotional and mental wellbeing in children in primary education are effective and cost effective?**

The Chair introduced James Jagroo, Senior Technical Analyst who presented the evidence identified on Universal interventions to promote good social and emotional wellbeing.

**6. Review question 3 - Committee discussion of the evidence and drafting of recommendations**

James Jagroo led a committee discussion of the findings and recommendations were drafted.

**7. Summary of the day and next steps**

The Chair summarised the discussion from the day, thanked the committee and confirmed that meeting 7 will begin with the continuation of item 6.

**Social, emotional and mental wellbeing in primary and secondary education -  
Public Health Advisory Committee meeting 7**

**Date:** 15<sup>th</sup> December 2020

**Location:** Virtual Meeting via Zoom

**Minutes:** Final

<b>Committee members present:</b>		
David Croisdale-Appleby ( <b>PHAC Chair</b> )		(Present for items 1-5)
Janis Baird ( <b>Core member</b> )		(Present for all items)
Ross Cowan ( <b>Core member</b> )		(Present for all items)
Hiten Dodhia ( <b>Core member</b> )		(Present for all items)
Rose Durban ( <b>Core member</b> )		(Present for all items)
Patrick Saunders ( <b>Core member</b> )		(Present for all items)
Lily Yao ( <b>Core member</b> )		(Present for all items)
Susan Otitu ( <b>Topic expert member</b> )		(Present for all items)
Sallyann Sutton ( <b>Topic expert member</b> )		(Present for all items)
Penny Sykes ( <b>Topic expert member</b> )		(Present for all items)
Michael Wigelsworth ( <b>Topic expert member</b> )		(Present for items 4-7)
Francesca Woods ( <b>Topic expert member</b> )		(Present for all items)
Claire Robson ( <b>Public Health England Topic Adviser / Non-voting member</b> )		(Present for all items)

<b>NICE In attendance:</b>		
Sarah Willett	Associate Director	(Present for all items)
Lise Elliott	Programme Manager	(Present for items 4-7)
Hugh McGuire	Technical Adviser	(Present for all items)
Giacomo De Guisa	Technical Analyst	(Present for all items)
Debra Hunter	Project Manager	(Present for all items)
Adam O'Keefe	Project Manager	(Present for all items)
Keona Bennett	Administrator	(Present for all items)
Gareth Murphy	Business Analyst	(Present for all items)
Rosalee Mason	Meetings in Public Coordinator	(Present for all items)
Mark Rasburn	Senior Public Involvement Adviser	(Present for item 4)
Ola Demkowicz	University of Manchester	(Present for item 4)
Alexandra Hennessey	University of Manchester	(Present for item 4)

<b>Apologies:</b>	
Eileen Kaner	<b>Core member</b>
Jasmine Murphy	<b>Core member</b>
Lyndsey Brown	<b>Topic expert</b>
Rebecca Harris	<b>Topic expert</b>
Victoria Axe	<b>Guideline Commissioning Manager</b>
Lesley Owen	<b>Technical Adviser – HE</b>

<b>1. Welcome, apologies, introductions and objectives</b>
<p>The Chair welcomed the Committee members and attendees to the meeting and asked those present to introduce themselves.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>
<b>2. Confirmation of matter under discussion, and declarations of interest</b>
<p>The Chair confirmed the matter under discussion and asked everyone to verbally declare any new conflicts of interest. No new interests were declared.</p> <p>The Chair noted that the interests previously declared did not prevent the attendees from fully participating in the meeting.</p>
<b>3. Review question 3 - Committee discussion of the evidence and drafting of recommendations</b>
<p>The Chair introduced James Jagroo, Senior Technical Analyst and Hugh McGuire, Technical Adviser who reviewed and revised with the committee, the recommendations drafted the previous day for review question 3.</p>
<b>4. Engagement with children and young people - Presentations, discussion and questions</b>
<p>The Chair introduced Ola Demkowicz and Alexandra Hennessey of University of Manchester as members of the team engaged in conducting focus groups with children and young people to assist in development of the guideline. Ola and Alex outlined their plans for the focus groups, discussed with the committee and answered questions.</p>
<b>5. Review Question 6.1 What are effective and cost-effective interventions to support the social, emotional and mental wellbeing of children during periods of transition (such as between schools, life stages or due to traumatic events)?</b>
<p>Hugh McGuire, Technical Adviser presented additional evidence identified for the</p>

Transitions review question presented at a previous meeting.

**6. Review Question 6.1 - Committee discussion of the evidence and drafting of recommendations**

Janis Baird Chaired the committee from this item.

James Jagroo, Senior Technical Analyst, and Hugh McGuire, Technical Adviser, lead a committee discussion with the findings and recommendations were revised appropriately.

**7. Summary of the day and next steps**

Janis Baird, Vice-Chair, summarised the discussion from the day, thanked the committee and confirmed the meetings are scheduled for 29 January & 1 February 2021.