

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 1**

Date: 27th February 2020

Location Broadway House (EEF) Tothill Street, London. SW1H 9NQ

Minutes: Final

Committee members present:	
Jeremy Isaacs (Chair)	Present for notes 1-11
Nav Kapur (Topic Advisor)	Present for notes 1-11
Gemma Trainor	Present for notes 1-11
Janet Youd	Present for notes 1-11
Alex Thomson	Present for notes 1-11
Harriet Fletcher	Present for notes 1-11
Sarah Adams	Present for notes 1-11
Karen Lascelles	Present for notes 1-11
Amanda Wildgoose	Present for notes 1-11
Rory O'Connor	Present for notes 1-3
Faraz Mughal	Present for notes 1-11
Jay Halbert	Present for notes 1-11
Fiona Burton	Present for notes 1-11
Abdullah Kraam	Present for notes 1-11
Lucy Chambers (Co-opted member)	Present for notes 1-11
Angela Childs	Present for notes 1-11
Jason Adams (Co-opted member)	Present for notes 1-9
Deborah Line (Co-opted member)	Present for notes 1-11
Caroline Harroe (Co-opted member)	Present for notes 1-11
Liam Clarke (Co-opted member)	Present for notes 1-11
Amanda Lee (Co-opted member)	Present for notes 1-11
Sarah Rae (Lay member)	Present for notes 1-11

In attendance:		
Katherine Andrea	NGA Guideline Lead	Present for notes 1-11
Melissa Bolessa	NGA Project Manager	Present for notes 1-11
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-11
Laura O'Shea	NGA Systematic Reviewer	Present for notes 8-11
Ben Purchase	NGA Health Economist	Present for notes 2-11
Steve Pilling	NGA Clinical Advisor	Present for notes 1-9

Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1-11
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Observing:

Rachel Connolly	NGA Business Administrator	Present for notes 1-11
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Apologies:

Julia Cons (Lay member)
Sarah Stockton (NGA Senior Information Scientist)

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 1st guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting, which included introducing the NGA team, committee members introducing themselves and introducing the guideline development process, agreeing the review questions and developing the guideline's first two protocols.

2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

3. Minutes of the last meeting

N/A

4. Presentations

Morning presentations

The Chair introduced Clifford Middleton, NICE Guideline Commissioning Manager, who gave a presentation on 'Introduction to NICE guidelines'. Clifford Middleton took questions from the group. The Chair thanked Clifford for his presentation.

The Chair introduced Katherine Andrea, NGA Guideline Lead, who gave a presentation on 'Introduction to the NGA and guideline process'. Katherine Andrea took questions from the group. The Chair thanked Katherine for her presentation.

The Chair introduced Katherine Andrea, NGA Guideline Lead, who gave a presentation on Declarations of interest. Katherine Andrea took questions from the group. The Chair thanked Katherine for her presentation.

The Chair introduced Nav Kapur, Topic Advisor, who gave a presentation on the Guideline scope. Nav Kapur took questions from the group. The Chair thanked Nav for his presentation.

Following this, there was a questions and answers session led by the NGA team.

Afternoon presentations

The Chair introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer, who gave presentation on Review questions and protocols. Mia Schmidt-Hansen took questions from the group. The Chair thanked Mia for her presentation.

Mia Schmidt-Hansen, NGA Senior Systematic Reviewer, presented the committee with the first protocol. The Committee discussed and finalised the protocol for draft review question 3.3. What are the benefits and harms associated with admission to acute general hospital for people who have self-harmed but are medically fit for discharge? The committee were given the opportunity to ask questions.

The Chair introduced Laura O'Shea, NGA Systematic Reviewer, who presented the committee with the second protocol. The Committee discussed the protocol for draft review question 5.1 What are the components of effective follow-up for people who have self-harmed? The committee were given the opportunity to ask questions.

The Chair introduced Melissa Bolessa, NGA Project Manager, who gave a short presentation on the NGA' end of the financial year. Melissa Bolessa took questions from the group. The Chair thanked Melissa for her presentation.

5. Questions and discussion

The committee discussed topic groups.

The committee asks questions on relevant declarations of interests they should be declaring.

The committee asks questions about the Co-opted members role and which meetings they need to attend.

The Committee discussed and finalised the protocol for draft review question 3.3. What are the benefits and harms associated with admission to acute general hospital for people who have self-harmed but are medically fit for discharge?

6. Any other business

The committee were advised that they would discuss the rest of protocol 5.1 at the next meeting.

The committee were reminded that the next meeting would be held at the new RCOG offices in London.