

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 11**

Date: 22nd July 2021

Location Virtual meeting via Zoom

Minutes: Final

Committee members present:	
Jeremy Isaacs	Present for notes 1-9
Harriet Fletcher	Present for notes 1-9
Fiona Burton	Present for notes 1-9
Abdullah Kraam	Present for notes 2-4, 6-9
Amanda Wildgoose	Present for notes 1-9
Faraz Mughal	Present for notes 1-4, 6-9
Jay Halbert	Present for notes 1-9
Alex Thomson	Present for notes 1-9
Gemma Trainor	Present for notes 1-9
Sarah Adams	Present for notes 1-9
Caroline Harroe	Present for notes 1-9
Lucy Chambers	Present for notes 2-4, 6-9
Amanda Lee	Present for notes 1-9
Deborah Line	Present for notes 1-9
Liam Clarke	Present for notes 1-9
Jason Adams	Present for notes 1-9
Sarah Rae	Present for notes 1-9
Julia Cons	Present for notes 1-9

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1-9
Katherine Andrea	NGA Guideline Lead	Present for notes 1-9
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-9
Claire Maynard	NGA Systematic Reviewer	Present for notes 1-9
Ferruccio Pelone	NGA Health Economist	Present for notes 1-9
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1-6
Steve Pilling	NGA Clinical Advisor	Present for notes 3-9
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1-9
Dr Linda Grainger	NICE Senior Digital Editor	Present for notes 1-9

Apologies:
Nav Kapur
Karen Lascelles (GC member)
Rory O'Connor (GC member)
Janet Youd (GC member)
Angela Childs (GC member)
Jemma Cook (Lay member)
Sarah Palombella (NICE Lead Content Editor)

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members the 11th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.</p> <p>The Chair informed the Committee of the apologies received and are noted above.</p> <p>The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.</p> <p>The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.</p>
2. Confirmation of matter under discussion, and declarations of interest
<p>GC members were asked to submit any new declarations to the Project Manager after the meeting. No new declarations of interests were made.</p>
3. Minutes of the last meeting
<p>The minutes from the last meeting were approved and accurate, no amendments were made.</p>
4. Presentations
<p><u>Morning presentations</u></p> <p>The Chair introduced Dr Linda Grainger, NICE Senior Digital Editor who gave a presentation to the committee on the NICE Pathways. Linda Grainger took questions from the group and asked volunteers to contact her directly via e-mail. The Chair thanked Linda for her presentation.</p> <p>The Chair introduced Rachel Connolly, NGA Systematic Reviewers who gave a presentation on Review question 7.2, <i>What is the effectiveness of therapeutic risk-taking strategies for people who have self-harmed?</i></p> <p>Rachel Connolly took questions from the group. The Chair thanked Rachel for her</p>

presentation.

The Chair introduced Nathan Bromham, NGA Senior Systematic Reviewer who gave a presentation on Review question 2.3, What are the most effective models of care for people who have self-harmed? The presentation consisted of the Clinical evidence, Cost effectiveness evidence and drafting recommendations based on this. Nathan Bromham took questions from the group. The Chair thanked Nathan for his presentation.

Afternoon presentations

The Chair introduced Ferruccio Pelone, NGA Economist who gave a presentation on the Health Economics for Review question 5.2, *What psychological and psychosocial interventions (including safety plans and electronic health-based interventions) are effective for people who have self-harmed?* Ferruccio Pelone took questions from the group. The Chair thanked Ferruccio for his presentation.

The Chair, Jeremy Isaacs and Katherine Andrea, NGA Guideline Lead spoke to the group to Review and edit recommendations for the following: 2.1 – Brief recap of the evidence, 2.2 and 3.1 – Education.

5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no serious concerns raised at the meeting by the Lay members.

The Committee discussed each presentation in relation to this guideline and given the opportunity to ask questions.

During the presentation of Review question 2.3, the Clinical evidence and Cost effectiveness evidence was discussed with the committee.

The Committee reviewed and edited recommendations for reviews: 2.1 – Brief recap of the evidence, 2.2 and 3.1 – Education.

Update searches were discussed with the committee.

6. Any other business

None