

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 15**

Date: 20 May 2022
Location Virtual meeting via Zoom
Minutes: Final

Committee members present:	
Jeremy Isaacs	Present for notes 1-9
Nav Kapur	Present for notes 1-9
Harriet Fletcher	Present for notes 2-4
Fiona Burton	Present for notes 1-9
Jason Adams	Present for notes 1-9
Alex Thomson	Present for notes 4-9
Gemma Trainor	Present for notes 2-9
Karen Lascelles	Present for notes 1-9
Lucy Chambers	Present for notes 2-9
Faraz Mughal	Present for notes 1-5
Rory O'Connor	Present for notes 1-9
Liam Clarke	Present for notes 1-5
Sarah Rae	Present for notes 1-9
Jemma Cook	Present for notes 1-9

In attendance:		
Melissa Bolessa	NICE Project Manager	Present for notes 1-9
Nathan Bromham	NICE Senior Systematic Reviewer	Present for notes 1-9
Rachel Connolly	NICE Systematic Reviewer	Present for notes 1-9
Steve Pilling	NICE Clinical advisor	Present for notes 2-6
Clifford Middleton	NICE Commissioning manager	Present for notes 1-9
Angela Bennett	NICE Guideline Lead	Present for notes 1-9
Ifigeneia Mavranouzouli	NICE Senior Economist	Present for notes 1-9
Sarah Palombella	NICE Lead Contents Editor	Present for notes 1-9
Rebecca Boucher	NICE Observer	Present for notes 1-9
Bethan Dorsett	NICE Observer	Present for notes 1-9

Apologies:
Amanda Lee
Abdullah Kraam
Janet Youd
Amanda Wildgoose
Julia Cons
Ang Childs
Jay Halbert
Sarah Adams
Caroline Harroe
Adam Storrow

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members the 15th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received and are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was self-harm.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Karen Lascelles	Mental Health Nurse, Oxford Health NHS Foundation Trust	Co-author of a clinically focused paper discussing suicide risk assessment, formulation and management. Due for submission to journal w/c 9 May	Non-financial professional/personal interest	Declare and participate Agreed by GL and Chair Rationale: despite this being a specific interest, the balance of risks is such that there is no need

		2022		to withdraw as paper has not been included in guideline evidence base
<p>The Chair and a senior member of the Developer’s team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>				
<p>3. Minutes of the last meeting</p>				
<p>The minutes from the last meeting were approved and accurate, no amendments were made.</p>				
<p>4. Presentations</p>				
<p><u>Morning and afternoon presentations</u></p> <p>The committee meeting consisted of a discussion on Interventions for self-harm (Document 4), which was led by Angela Bennett, NICE Guideline Lead, Rachel Connolly, NICE Systematic Reviewer and Ifigeneia Mavranezouli, NICE Senior Economist.</p> <p>Topics that were covered:</p> <ul style="list-style-type: none"> • Changes to recommendation on CBT-based therapies • Queries about resource implications • Extra sensitivity analysis requested in health economic model • Changes to recommendation on DBT-A • Clarifying who can deliver interventions • Queries about resource implications • Changes to recommendation on safety-plans 				
<p>5. Questions and discussion</p>				
<p>There were no serious concerns raised at the meeting by the Lay members.</p> <p>The Committee discussed the stakeholder comments and given the opportunity to ask questions.</p>				
<p>6. Any other business</p>				
<p>None</p>				