

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 4**

Date: 13th October 2020

Location Virtual meeting via Zoom

Minutes: Final

Committee members present:	
Jeremy Isaacs (Chair)	Present for notes 1-9
Nav Kapur (Topic Advisor)	Present for notes 1-9
Gemma Trainor	Present for notes 1-9
Janet Youd	Present for notes 1-9
Alex Thomson	Present for notes 1-9
Harriet Fletcher	Present for notes 2-5 and 7-9
Sarah Adams	Present for notes 1-9
Karen Lascelles	Present for notes 1-9
Amanda Wildgoose	Present for notes 1-9
Jay Halbert	Present for notes 1-9
Fiona Burton	Present for notes 4-9
Abdullah Kraam	Present for notes 2-9
Angela Childs	Present for notes 1-9
Faraz Mughal	Present for notes 1-9
Caroline Harroe (Co-opted member)	Present for notes 1-9
Lucy Chambers (Co-opted member)	Present for notes 1-9
Jason Adams (Co-opted member)	Present for notes 1-9
Liam Clarke (Co-opted member)	Present for notes 1-9
Sarah Rae (Lay member)	Present for notes 1-5 and 8-9
Julia Cons (Lay member)	Present for notes 1-9
Jemma Cook (Lay member)	Present for notes 1-9

In attendance:		
Katherine Andrea	NGA Guideline Lead	Present for notes 1-9
Melissa Bolessa	NGA Project Manager	Present for notes 1-9
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-9
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-9
Ferruccio Pelone	NGA Health Economist	Present for notes 1-9
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 2-9

Sarah Stockton	NGA Senior Information Scientist	Present for notes 1-9
Sarah Palombella	NICE Lead Content Editor	Present for notes 1-9
Steve Pilling	NGA Clinical Advisor	Present for notes 1-5 and 8-9
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1-4

Apologies:

Amanda Lee (Co-opted member)

Angela Childs

Rory O'Connor

Deborah Line (Co-opted member)

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 4th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.

The Chair informed the Committee of the apologies received, which are noted above.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.

2. Confirmation of matter under discussion, and declarations of interest

GC members were asked to submit any new declarations to the Project Manager after the meeting.

3. Minutes of the last meeting

The minutes from the last meeting were approved and accurate, no amendments were made.

4. Presentations

Morning presentations

The Chair introduced Sarah Palombella, NICE Lead Contents editor who presented to the committee about her role on the guideline.

Sarah took questions from the group. The Chair thanked Sarah for her presentation.

The Chair introduced Rachel Connolly, NGA Systematic Reviewer who led a protocol discussion on review question *3.3 What are the benefits and harms associated with admission to acute general hospital for people who have self-harmed who no longer require any physical care?*

The Chair also introduced Ferruccio Pelone, NGA Health Economist and Ifigeneia Mavranezouli, NGA Senior Health Economist who also discussed the review question 3.3 and spoke to the committee about the Health economic evidence.

Rachel Connolly, Ferruccio Pelone and Ifigeneia Mavranezouli took questions from the group. The Chair thanked Rachel, Ferruccio and Ifigeneia for their presentations and contributions.

After a short morning break, the Chair Jeremy Isaacs led discussions with the committee on review protocol 3.3, referring to the drafted recommendations previously started in a Topic Group meetings and drafted recommendations with the whole committee.

The Chair also introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer and Rachel Connolly, NGA Systematic Reviewer presented the protocol discussions on review questions *8.1 What skills are required for staff in specialist mental health settings who assess and treat people who have self-harmed?* and *8.2 What supervision is required for staff in specialist mental health settings who assess and treat people who have self-harmed?*

Afternoon presentations

The Chair also introduced Mia Schmidt-Hansen, NGA Senior Systematic Reviewer and Rachel Connolly, NGA Systematic Reviewer presented the protocol discussions on review questions *8.3 What skills are required for staff in non-specialist settings who assess and treat people who have self-harmed?* and *8.4 What supervision is required for staff in non-specialist settings who assess and treat people who have self-harmed?*

5. Questions and discussion

Katherine Andrea led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

The committee asked questions on relevant declarations of interests they should be declaring.

The Committee discussed and finalised the protocols for draft review questions 8.1,

8.2, 8.3 and 8.4.

All protocols to be sent to NICE to be signed off.

6. Any other business

The committee were reminded that the next meeting would be held virtually.