

**Self Harm: assessment, management and preventing recurrence
Guideline Committee Meeting 8**

Date: 16th March 20201
Location Virtual meeting via Zoom
Minutes: Final

Committee members present:	
Jeremy Isaacs (Chair)	Present for notes 1-9
Nav Kapur (Topic Advisor)	Present for notes 1-9
Gemma Trainor	Present for notes 1-9
Janet Youd	Present for notes 1-9
Harriet Fletcher	Present for notes 2-9
Sarah Adams	Present for notes 1-9
Karen Lascelles	Present for notes 2-9
Jay Halbert	Present for notes 2-9
Fiona Burton	Present for notes 2-9
Abdullah Kraam	Present for notes 2-9
Rory O'Connor	Present for notes 2-9
Amanda Wildgoose	Present for notes 1-9
Faraz Mughal	Present for notes 2-9
Jason Adams (Co-opted member)	Present for notes 1-9
Angela Childs (Co-opted member)	Present for notes 1-9
Liam Clarke (Co-opted GC member)	Present for notes 1-9
Caroline Harroe (Co-opted GC member)	Present for notes 1-9
Lucy Chambers (Co-opted GC member)	Present for notes 1-9
Sarah Rae (Lay member)	Present for notes 2-9
Julia Cons (Lay member)	Present for notes 2-9
Jemma Cook (Lay member)	Present for notes 1-9

In attendance:		
Melissa Bolessa	NGA Project Manager	Present for notes 1-9
Katherine Andrea	NGA Guideline Lead	Present for notes 1-9
Mia Schmidt-Hansen	NGA Senior Systematic Reviewer	Present for notes 1-4
Rachel Connolly	NGA Systematic Reviewer	Present for notes 1-9
Ferruccio Pelone	NGA Health Economist	Present for notes 1-9
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1-6
Sarah Palombella	NICE Lead Content Editor	Present for notes 6-9
Keith Hawton	Cochrane team	Present for notes 1-2

Katrina Witt	Cochrane team	Present for notes 1-2
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Apologies:
Amanda Lee (Co-opted GC member)
Alex Thomson (GC member)
Deborah Line (Co-opted GC member)
Steve Pilling (NGA)
Clifford Middleton (NICE)

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the 8th guideline committee meeting on Self Harm: assessment, management and preventing recurrence.</p> <p>The Chair informed the Committee of the apologies received, which are noted above.</p> <p>The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.</p> <p>The Chair outlined the objectives of the meeting and discussed the meeting etiquette for the virtual meeting.</p>
2. Confirmation of matter under discussion, and declarations of interest
<p>GC members were asked to submit any new declarations to the Project Manager after the meeting.</p>
3. Minutes of the last meeting
<p>The minutes from the last meeting were approved and accurate, no amendments were made.</p>
4. Presentations
<p><u>Morning presentations</u></p> <p>The Chair introduced Keith Hawton and Katrina Witt from the Cochrane team who gave a presentation on 2 Cochrane reviews that addressed the review questions for</p>

5.2 and 5.3.

Keith Hawton and Katrina Witt took questions from the group. The Chair thanked Keith and Katrina for presenting their Cochrane reviews to the guideline committee.

The Chair introduced Ferruccio Pelone, NGA Health Economist who presented the Health Economists for Review question 5.2 What psychological and psychosocial interventions (including safety plans and electronic health-based interventions) are effective for people who have self-harmed?

Ferruccio Pelone took questions from the group. The Chair thanked Ferruccio for his work on this review.

The Chair alongside the Guideline Lead Katherine Andrea then guided the committee through drafting the recommendations for review questions 5.2 and 5.3.

Afternoon presentations

After Lunch the Chair introduced Katherine Andrea, NGA Guideline Lead who guided the Committee with drafting recommendations for Review question 3.1, How should assessment for people who have self-harmed be undertaken in non-specialist settings, such as: primary care, social care, community pharmacy, ambulances, emergency departments (by non-specialist staff), schools, colleges and universities, the criminal justice system and immigration removal centres, acute general hospitals?

5. Questions and discussion

The Chair Jeremy Isaacs led the Lay member concerns agenda item, there were no concerns raised at the meeting by the Lay members.

The Committee discussed each presentation in relation to this guideline and were given the opportunity to ask questions.

The Committee drafted recommendations for review questions 5.2 and 5.3.

The Chair gave a final reminder to the Committee to submit any claim forms and fees before the NGA's End of the final year deadline at the end of March.

6. Any other business

None