



# Evidence reviews - September 2022

Evidence review

Published: 7 September 2022

[www.nice.org.uk](http://www.nice.org.uk)

The following documents contain the evidence that was used to develop the 2022 recommendations:

- [Information and support needs of people who have self-harmed](#)
- [Information and support needs of families and carers of people who have self-harmed](#)
- [Consent, confidentiality and safeguarding](#)
- [Involving family and carers in the management of people who have self-harmed](#)
- [Assessment in non-specialist settings](#)
- [Assessment in specialist settings](#)
- [Risk assessment and formulation](#)
- [Admission to hospital](#)
- [Initial aftercare](#)
- [Psychological and psychosocial interventions](#)
- [Pharmacological interventions](#)
- [Harm minimisation strategies](#)
- [Therapeutic risk-taking strategies](#)
- [Supporting people to be safe after self-harm](#)
- [Safer prescribing](#)
- [Skills required by staff in specialist settings](#)
- [Supervision required for staff in specialist mental health settings](#)
- [Skills required by staff in non-specialist settings](#)
- [Supervision required for staff in non-specialist settings](#)
- [Models of care for people who have self-harmed](#)

## Supplements

- [Methods](#)
- [Glossary](#) (definitions of terms used throughout the evidence reviews)